

CENTRAL OREGON LIFE & STYLE

# BEND

Magazine

THE  
*Season to*  
GIVE

HOW TO *help* OUR COMMUNITY THIS YEAR

**DUTCH OVEN  
COOKING**

*Comfort* FOOD FOR THE FAMILY

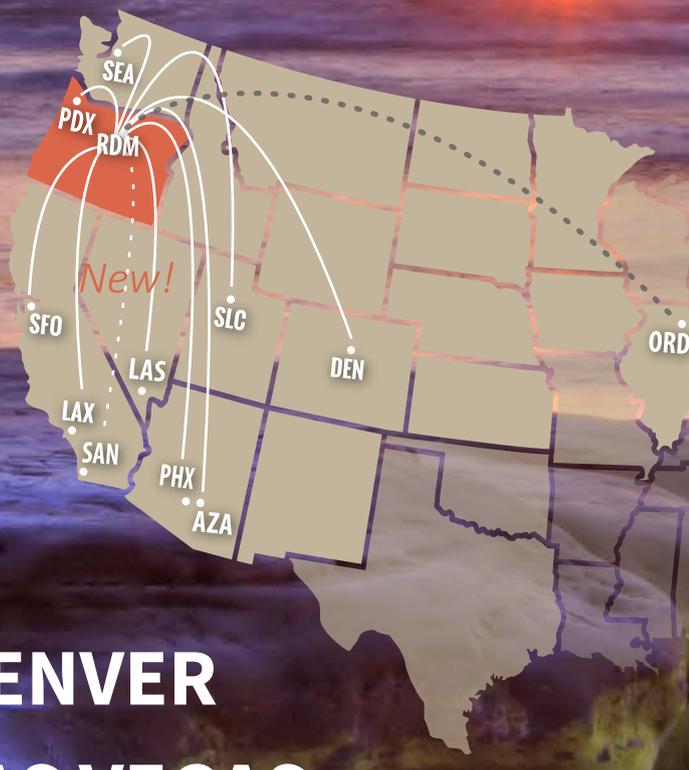
**HOLIDAY TRADITIONS**  
CUT YOUR OWN *Christmas* TREE

*Gift Guide,  
Pendleton blanket  
page 33*



Redmond Municipal Airport Now Offers Direct Air Service to

# RDM DIRECT SAN



Redmond Municipal Airport (RDM) is a full service commercial airport conveniently located in the heart of Central Oregon. Now American & United Airlines offer daily RDM to LAX nonstop flights. Our newly expanded, state-of-the-art terminal features free high-speed wi-fi, onsite national rental car agencies, affordable parking, Kid-Port play area and best of all short lines. Serving the Central Oregon communities of Redmond, Bend, La Pine, Madras, Prineville, Sisters & Sunriver.

**DENVER**

**LAS VEGAS**

**LOS ANGELES**

**PHOENIX**

**PORTLAND**

**MESA**

**SEATTLE**

**SALT LAKE CITY**

**SAN DIEGO**

**SAN FRANCISCO**

CENTRAL OREGON'S COMMERCIAL AIRPORT



VISIT US ONLINE AT [WWW.FLYRDM.COM](http://WWW.FLYRDM.COM)

Air Service Provided by:



**Built to  
WORK.  
Born to  
PLAY.**



 **TUNDRA**

With a lineage that goes back more than 50 years Toyota trucks have come to define the word "tough." And there are few things tougher than the Toyota Tundra full-size pickup. So whether you're looking to haul lumber to the worksite or simply haul through the campsite, there's a Tundra built just for you. They say that true strength endures, and we're here to prove it. **Let's get to work.**

Visit your local Toyota Dealer

**KENDALL**  
**TOYOTA of BEND**

61430 S Hwy 97 | Bend, OR 97702  
855-981-5569



Prototypes shown with options. Off-roading is inherently dangerous. Abusive use may result in bodily harm or vehicle damage. Wear seatbelts at all times and do not allow passengers in cargo area.

CHOOSE YOUR

REBELLION



RISE

OBSESSIVE CRAFTSMANSHIP  
CROWNED WITH INDULGENT  
DETAILS.



NOIR

SCULPTED ELEGANCE MEETS  
MINIMALIST ALLURE.

JENNAIR™



JOHNSON BROTHERS  
— APPLIANCES —

Progressive by nature.

Outstanding expertise and selection.

541/382-6223

LOCAL. DIFFERENT. BETTER.

[jbbend.com](http://jbbend.com)



# Home for the HOLIDAYS

This year, make the holidays at home extra special with incredible foods, local selections and freshly made choices. Be it a casual evening by the fire, a family dinner or finding the perfect locally made gift, your Market of Choice has all the options needed to make this holiday fun, delicious and special.

Visit [holiday.marketofchoice.com](http://holiday.marketofchoice.com) for details or visit your local Market to explore all the options.



[holiday.marketofchoice.com](http://holiday.marketofchoice.com)



## MARKET OF CHOICE®

ASHLAND | BEND | CORVALLIS | EUGENE | PORTLAND | WEST LINN

# WHERE EXTRAORDINARY IS THE NORM



541 389 4245

- DESIGN & DRAFTING
- CONSTRUCTION
- REMODEL
- INTERIOR DESIGN
- FINE CABINENTRY
- DOOR SYSTEMS

CCB#149151



"It is rare that you would choose the builder before you purchase the lot, but we felt that the input of Norman Building & Design would be beneficial from the very start. We were not disappointed. From the lot selection to the design concept, all the way through the construction process, your team of professionals provided us with creative ideas and a residence that stands out in our community above all other with its award-winning design - a home we are exceptionally proud of owning."

- David & Linda Greiner



— Meet loanDepot —

# YOUR TRUSTED MORTGAGE LENDER

## IN BEND, OREGON

Our local knowledge and expertise combined with loanDepot's innovative technology, product suite, and low interest rates are what differentiates us from the competition. We will guide you through the loan process quickly and efficiently!

#5

LARGEST  
RETAIL  
LENDER

\$165B+   
FUNDED SINCE 2010

300+   
LOAN PROGRAMS

\$100B+   
REFINANCES FUNDED SINCE 2010

CONTACT US TODAY FOR ANY OF YOUR HOME FINANCING NEEDS!

**BEND BRANCH**

**(541) 678-6320**

[www.loanDepot.com/bend-or](http://www.loanDepot.com/bend-or)

44 NW Irving Avenue | Bend, Oregon 97701

**loanDepot**<sup>®</sup>  
NMLS#174457







# OUTPLAY THE REST.

**UNLOCK ACCESS TO  
THE NW'S LARGEST  
PLAYGROUND —**

Come explore the sixth-largest ski resort in North America offering 4,323 acres of skiable terrain and the only 360° summit experience in the Northwest. Come play - Opening day on December 7th.

**Mt**  
  
**Bachelor**

Visit [MTBACHELOR.COM](https://MTBACHELOR.COM) for more information.



**Cascade Heating**

**& SPECIALTIES, INC**

SERVING CENTRAL OREGON SINCE 1970

**MAKING YOU  
OUR PRIORITY  
FOR THE LAST  
50 YEARS**



**SCHEDULE YOUR SEASONAL  
MAINTENANCE TODAY!**

**CALL US AT 541-382-8483**

**OR VISIT [WWW.CASCADEHEAT.COM](http://WWW.CASCADEHEAT.COM)**



**TRANE<sup>®</sup>**

*It's Hard To Stop A Trane.<sup>®</sup>*

GET EVERYTHING\* YOU SEE HERE AT

# LA-Z-BOY

\*Kristen Bell  
not included



Everyone knows that La-Z-Boy makes great recliners, but you might be surprised to discover that we also make stylish sofas, ottomans, loveseats, and so much more. At La-Z-Boy, you can get everything you need to furnish your perfect home, except for Kristen Bell, of course.

**LA-Z-BOY**  
FURNITURE GALLERIES®

*Live life Comfortably.®*

455 N E WINDY KNOLLS DR. • BEND, OR 97701

la-z-boy.com/bend ©2019 La-Z-Boy Incorporated



## SNOWSHOEING

Grab the gear, learn the tricks and hit the trail. Snowshoeing gets you out into the wintry woods without too much trouble and skill. It's truly fun for the whole family!

WRITTEN BY DAMIAN FAGAN

# TABLE *of* CONTENTS

*Features*

*November \ December 2020*

74

### DO GOOD

Central Oregon is teeming with nonprofit organizations working every day to make our lives better. Read about some of them in this feature, alongside tips for giving back this year and every year.

WRITTEN BY KIM COOPER FINDLING

92

### GOING DUTCH

Dutch oven cooking will make your holiday table tasty, savory and oh so pretty this season. Pick up tips here for cooking in the oven like a pro, with recipe suggestions too.

WRITTEN BY KAILEY FISICARO



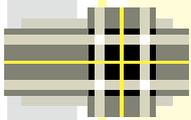
### ON THE COVER

Walking in a winter wonderland.

PHOTO BY CAVAN IMAGES /

ALAMY STOCK PHOTO

PHOTO RICHARD BACON



**TARTAN DRUIM**

[www.tartandruim.com](http://www.tartandruim.com)



## Room to roam.

Find yourself a world apart and close to all you love. At Tartan Druum, each luxurious home is situated on a spacious site with unspoiled mountain views. Miles of preserved land beckon you out your door to enjoy nearby snow play, biking and more.

Roam even closer to home and you'll find Tartan Place, the community park designed for lingering with family and neighbors around barbecues, fire pits and acres of lush lawn. Explore. Breathe. Dwell. There's room for you here.

*Starting in the low \$1,700,000s.*

Brokers: Stephanie Ruiz 541.948.5196  
Jordan Grandlund 541.420.1559

Cascade | Sotheby's  
INTERNATIONAL REALTY

# TABLE of CONTENTS *November \ December 2020*



# 37

**HAPPY AT THE HOT SPRINGS**  
Take a late fall day trip to soak in one of Oregon's most delightful hot springs within a day's drive of Bend.

## *Departments*

# 37

### **EXPLORE**

Road trip to hot springs | Cut your own Christmas tree

# 51

### **COMMUNITY**

Travis Ehrenstrom's songs in "Our Creative States" | Project Recover finds MIA's

# 58

### **HOME**

Home for the holidays on Mirror Pond | Classy mud rooms

# 69

### **VENTURES**

Choose a new houseplant in the Old Mill | Riff Coffee grows its advisory board

# 92

### **PALATE**

Dutch ovens are hot | Ingredient Studio helps you cook at home | Sip a hot toddy at the classic Pine Tavern

# 25

## *Front Deck*

**BEND & CO NEWS** OSU-Cascades continues sustainable expansion | LaPine gets an archery range | Mt. Bachelor plans for season **CRAFT BREWING** New beers from Bend Brewing and Wild Ride

# 105

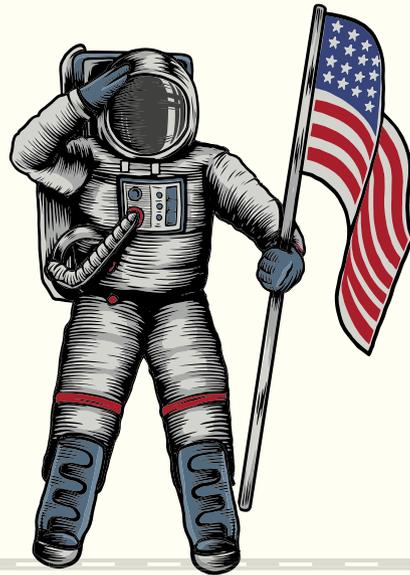
## *Back Deck*

**ART BEAT** Modern art by Richard Yozamp **BOOKS** Katy Yoder captures Black Butte Ranch **CULTURE** High Desert Music Collective | Built Oregon

## *Also in this issue*

- 16 Contributors
- 20 Editor's Letter
- 22 Connect with Us
- 112 #bendgivesback

# NASA. Apollo 11. You.



Your place in history starts right here.

And you don't have to make a trip around the moon to discover it. Claim your stake at Discovery West, a mixed-use community alive with the spirit of exploration, with nearby schools, parks, trails, shopping and more. This once in a lifetime opportunity is just waiting for you.

Discover your own personal space at [discoverywestbend.com](http://discoverywestbend.com) or visit our Discovery Pod at the corner of Skyline Ranch Road and Celilo Lane.



**DISCOVERY  
WEST**

# WORDS *and* PICTURES



## • LUCAS ALBERG

• Lucas Alberg is a native Kansan who ventured west after college in pursuit of outdoor adventure in the mountains. Finding his happy place, he soon combined his creative pursuits with his new home. Lucas currently works for a Bend-based outdoor company and published his first book, *Trail Running Bend*, through Wilderness Press in 2016. Since moving to Oregon in 2001, Lucas hasn't stopped smiling. For this issue, he wrote about Christmas tree hunting with his family (pg. 45).

## DAMIAN FAGAN

Damian Fagan is an outdoor enthusiast, freelance writer, naturalist guide and snowshoe instructor for Central Oregon Community College's Continuing Education program. He has published numerous natural history articles and two wildflower field guides, *Canyon Country Wildflowers* and *Wildflowers of Oregon* with Falcon Press Publishing. He enjoys breaking trail and is often heard tooting for owls as he snowshoes at night through the forest. He lives in Bend with his wife, Raven. For this issue, he wrote about winter snowshoeing adventures (pg. 84).



## • KAILEY FISICARO

• Kailey Fisicaro has been a journalist and professional writer for the past eight years, starting when she worked as a reporter while earning her degree in communication studies from California State University, Stanislaus as a first generation graduate. As a storyteller working in journalism, marketing and public relations for private and public organizations, Kailey's ultimate goal has always been to share who people are and why they do what they do. In her free time, she enjoys cooking, weaving, listening to podcasts and getting out in Central Oregon to enjoy its festivals and natural beauty. For this issue, Kailey cooked up the scoop on Dutch oven cooking (pg. 92).

## ALEX JORDAN

Alex Jordan grew up in the Willamette Valley and knew photography was going to be her passion the moment she picked up a camera and stepped into a dark room in high school. She earned a fine art degree from the University of Oregon, and joined Oregon Media as the photo editor and staff photographer in 2016. Alex's passion for exploring new places leads her all around the state and beyond, usually with her best friend and golden retriever, Bella, along for the ride. She loves living in Bend near the Deschutes River, and you might catch her at a local brewery on the weekends. Alex photographed Dutch oven cooking for this issue (pg. 92).



## • TOBY NOLAN

• Toby Nolan is a freelance photographer based in Bend. Born in Dublin, Ireland, Nolan has spent the past fifteen years working primarily in the adventure tourism industry, from fly-fishing guide to sea kayak guide, boat captain to lodge manager. Toby has lived and worked in Ireland, South Africa, Malawi, Kenya, Canada, New Zealand, Alaska and Oregon. From the early years in the dark room to today, photography has been a constant. He shoots commercially for a wide variety of clients plus many of his favorite magazines and publications. In this issue, he captured the plant shop Somewhere That's Green (pg. 69).

## STEVE TAGUE

Steve studied at the Art Center College of Design in Pasadena, California and worked for many years in New York City, shooting out of helicopters, inside museums and through martini glasses. He's part artist, part MacGyver—always game for engineering the perfect light and problem solving to get the shot. If he weren't a photographer he'd probably be professional wrestler. Luckily, he's a photographer. In this issue, Tague captured the lovely Tudor dressed for Christmas on Mirror Pond for our home feature (pg. 58).





## A MORTGAGE IS A BIG DECISION. WE'RE HERE TO LEND A HAND.

The right mortgage choices are an important part of your financial growth.



Find out why we have more 5-star Google reviews than any other Central Oregon originator.

Shaun and Cheryl Kent, Team Kent Mortgage Loans  
– serving you is our pleasure.

**541-815-6596 | [TEAMKENTLOANS.COM](https://TEAMKENTLOANS.COM)**



Shaun Kent, Team Kent Mortgage Loans | Senior Mortgage Loan Officer NMLS #255566  
Landmark Professional Mortgage Company, NMLS #399162, OR ML-5038



# WE BELIEVE IN MAGIC



We believe in the magic of marshmallows,  
the poof of powdered sugar, and  
the strength of a child's sense of wonder.  
We believe in festive feasts, evergreen wreaths,  
and rocking that holiday sweater.  
We believe in good cheer and great beer.  
We believe you'll love all that awaits you this  
season at Newport Avenue Market.

**Newport**  
Avenue Market  
AN EMPLOYEE OWNED COMPANY

NOT YOUR USUAL MARKET

541.382.3940 | [newportavemarket.com](http://newportavemarket.com)

## BEND Magazine

### *Publishers*

HEATHER HUSTON JOHNSON  
ROSS JOHNSON

### *Editorial*

*Editor in Chief* KIM COOPER FINDLING  
*Managing Editor* TERESA RISTOW  
*Staff Writer* NOAH NELSON  
*Copy Editor* STEPHANIE BOYLE MAYS

### *Design*

*Creative Director* TIFFANY PAULIN  
*Art Director* KELLY ALEXANDER  
*Associate Creative Director and Photo Editor* ALEX JORDAN  
*Production Assistant* JEREMIAH CRISP

### *Account Executives*

SUSAN CROW, SAGE GRIPEKOVEN, RONNIE HARRELSON

### *Digital*

*Digital Manager* HEATHER RENEE WONG  
*Web Development* ZACK JENKS - LITEHOUSE TECH

### *Audience Development*

*Circulation Manager* AMARA SPITTLER  
*Newsstand Consultant* ALAN CENTOFANTE

### *Contributing Writers*

JON ABERNATHY, LUCAS ALBERG, DAMIAN FAGAN,  
KAILEY FISICARO, SARA FREEDMAN, LEE LEWIS HUSK,  
GREGG MORRIS, MATT WASTRADOWSKI

### *Contributing Photographers*

RICHARD BACON, MICHAEL BLOCK, ALEX JORDAN, TOBY NOLAN,  
STEVE TAGUE, NATE WYETH

OREGON MEDIA

PUBLISHING • MARKETING

### **PUBLISHED BY OREGON MEDIA**

*Chief Executive Officer* HEATHER HUSTON JOHNSON  
*President* ROSS JOHNSON  
*Office Manager* HEATHER RENEE WONG  
*Corporate Communications* CLAUDIA JOHNSON  
*Facilities* BRIAN LEAHY

OREGON MEDIA, LLC  
974 NW RIVERSIDE BLVD. BEND, OREGON 97703  
OREGON-MEDIA.COM  
Follow *Bend Magazine*  
FACEBOOK.COM/BENDMAGAZINE  
INSTAGRAM: @BENDMAGAZINE TWITTER: @BENDMAG  
BENDMAGAZINE.COM  
Subscriptions  
BENDMAGAZINE.COM/SUBSCRIBE

All rights reserved. No part of this publication may be reproduced or transmitted in any form or by any means, electronically or mechanically, including photocopy, recording or any information storage and retrieval system, without the express written permission of Oregon Media. Articles and photographs appearing in Bend Magazine may not be reproduced in whole or in part without the express written consent of the publisher. Bend Magazine and Oregon Media are not responsible for the return of unsolicited materials. The views and opinions expressed in these articles are not necessarily those of Bend Magazine, Oregon Media or its employees, staff or management.

*Proudly printed in Oregon.*



**HEALTHY FOOD. AWESOME GEAR. A LOCAL GURU.**

**WHATEVER IT IS.  
YOU'LL FIND IT AT**



BPE is Central Oregon's first choice for all your pet's needs.  
We are as local as it gets, but that doesn't mean you have to compromise.

Free same day delivery, a care-free return policy and the most knowledgeable and friendly staff around. There's a reason we've been here since 1993. Stop in today!

**FREE DELIVERY • DOG WASH • EAST & WEST LOCATIONS • 9A-6P**

# FROM *the* EDITOR



## Look for the Helpers

There are a remarkable number of people in this community working solely to make it better. That was my takeaway after interviewing over a dozen nonprofit organization directors for this issue. From work for humans, animals or the environment; our children, the arts or social justice, these leaders spend their days raising money, creating initiatives and taking action to strengthen weak points in our community. Following them are thousands more—staff and volunteers who further good work every day.

As we reach the conclusion of what can only be described as a challenging year, I took great heart in the chance to talk to those who continue to fight for positive change. Our conversations reminded me that so much of life rises from where you choose to look. Our focus translates to our experience. What we see, we are. “Look for the helpers,” said Fred Rogers. And here they are, all around us.

With this issue, we invite you, our valued readers, to think about how you can become one of the helpers. Whether you’ve lived in Central Oregon your whole life or moved here last Wednesday, you are a part of this community. Our story “Do Good” offers tips on how to choose your cause and get involved on a large or small scale. Each director I spoke with named fundraising as a top challenge, most especially during this tough year. But right on the heels of money, each named awareness as an ongoing hurdle. Simply communicating that they exist and what they do—to donors, to stakeholders, to those they serve—is a daily challenge. Both of these challenges offer opportunities to you, the helper. Donate money, if you can. Otherwise, give the gift of your time and energy. Learn about our community organizations, volunteer, spread the word and help facilitate the connections that our nonprofits rely on to do the good that they do.

Our end-of-year issue is chock full of additional delights to round out your year. Need some fresh air in the snowy outdoors? Pick up tips on cutting your own Christmas tree, visit hot springs within a day’s drive, or strap on some snowshoes and traipse into the woods with our how-to feature story. Gaze upon one of Bend’s most classic homes on Drake Park dressed up for the holidays in our Home feature. Slip over to the Pine Tavern to sip on a hot toddy, and then shop local for holiday gifts downtown and in the Old Mill District, finishing up with a visit to the amazing, lush live plant store Somewhere That’s Green. Back at home, pop your holiday roast in the Dutch oven, and as it slow-bakes, curl up by the fire with author Katy Graves Yoder’s new book celebrating Black Butte Ranch’s 50th anniversary, while songs play by local musician Travis Ehrenstrom, who was inspired to create a new album by a cross-country RV trip.

We wish you a peaceful, grateful, lovely holiday season, and cheers to a kinder, gentler 2021 for us all.

Kim Cooper Findling, *editor in chief*

# Did you know Subaru has luxury?

Three Rows. Seats 7 or 8.



**Oregon's Oldest Subaru Dealer**  
Family Owned Since 1937

**Call** 877-266-3821 **Visit** 2060 NE Hwy 20, Bend **Click** [www.SubaruofBend.com](http://www.SubaruofBend.com)

**The 2021 Subaru Ascent.** The biggest Subaru SUV ever with room for up to 8 passengers. Choice of second-row captain's chairs or bench seating. Standard EyeSight® Driver Assist Technology, 15 and standard Symmetrical All-Wheel Drive + up to 27 mpg.\*



CONNECT WITH US

*Give Back to Bend  
 this Holiday Season*

**Pledge for  
 the Wild**



Visitors and locals alike enjoy world-class outdoor activities Bend, Oregon has to offer. Bend is a proud member of Pledge for the Wild, a group of mountain towns supporting responsible tourism in wild places. Pledge for the Wild is committed to sharing responsible tourism tips, while helping those who are passionate about nature conservation give back to local nonprofits.

IN PARTNERSHIP WITH VISIT BEND, FOR EVERY  
 SUBSCRIPTION TO BEND MAGAZINE, WE WILL DONATE  
 \$5 TO THE PLEDGE FOR THE WILD CAMPAIGN.



Head over to [bendmagazine.com/subscribe](https://bendmagazine.com/subscribe)  
 and enter promo code: **WILD4BEND**

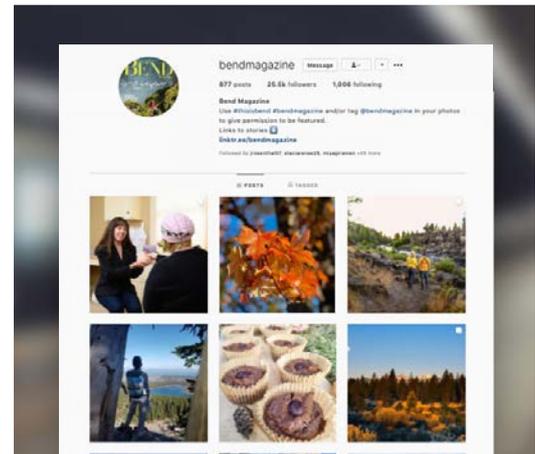
FIND OUT MORE AT  
[VISITBEND.COM/PLEDGE-FOR-THE-WILD](https://VISITBEND.COM/PLEDGE-FOR-THE-WILD)

*Giveaways*

**WIN BIG AT THE  
 OLD MILL DISTRICT**

ONE LUCKY WINNER WILL  
 RECEIVE A GIFT CERTIFICATE  
 TO SHOP FOR ALL OF THEIR  
 HOLIDAY NEEDS!

VISIT OUR WEBSITE TO ENTER  
[bendmagazine.com/category/  
 giveaways](https://bendmagazine.com/category/giveaways)



**#BENDMAGAZINE**

Whether you're visiting breweries on the Ale Trail, exploring a new trail or catching a backyard sunset, share your moment with us by tagging your photos with #BENDMAGAZINE to show what fuels your love for Central Oregon.





**ONE LOCATION  
MULTIPLE DESTINATIONS**



**Bend Awards  
& Ad Specialties**

*Trivia  
Antiques*  
& Collectibles



BUY \* SELL \* TRADE

**R.H.C. SELECTIONS**  
FINE WINE

ACROSS FROM LES SCHWAB ON FRANKLIN  
AMPLE CUSTOMER PARKING

**FEATURING**

**LES NEWMAN'S  
QUALITY OUTDOOR WEAR**

(541) 318-4868





A SHORT WALK FROM THE CITY.

MARRIOTT.COM/RDMFI 541-318-1747

**Fairfield**  
BY MARRIOTT

**TOWNEPLACE  
SUITES**  
BY MARRIOTT

EXPERIENCE THE MAGIC.

**BEND, OREGON**

THE OUTDOOR PLAYGROUND IS WAITING.

MARRIOTT.COM/RDMTS 541-382-5006



IN THE SHADOW OF MT. BACHELOR.



FROM ALL OF US AT  
**BENDBROADBAND**



**THANK YOU**

FOR YOUR BUSINESS

Best wishes for a happy  
& healthy holiday season.

INTERNET | TV | PHONE



bendbroadband  
A TDS COMPANY

bendbroadband.com

# Front Deck *new & next*

BEND BUZZ + NEWS + BREWING

## EDUCATION

# Learning Boost

**NEW EDUCATIONAL PROGRAMMING IN THE SCIENCE, ARTS, LITERACY AND OTHER SUBJECTS** will soon be available to as many as 2,000 families in Central Oregon, as part of a collaboration between the High Desert Museum and Deschutes Public Library System. The two organizations in September picked up a \$373,413 Institute of Museum and Library Services grant to create programs and resources for those most impacted in the region by the COVID-19 pandemic. The groups will work together to offer collaborative, family-centered programs designed to advance STEM (science, technology, engineering and math) learning, literacy and the social-emotional skills necessary for academic and career success among pre-K-12 students. Part of the grant will be used to pay for tablets with data plans for families to access the new offerings. The programs will also facilitate longer-term engagement for users with museum and library resources online.

The funding comes from the \$2.2 trillion CARES Act, the federal economic stabilization legislation signed into law in March. The IMLS received \$50 million in emergency funding to help museums and libraries meet the needs of the communities they serve, and the museum and the library were awarded joint monies after a competitive process. “We know that great things are possible when we work together, and this grant is a testament to that,” said Library Director Todd Dunkelberg. See [HIGHDESERTMUSEUM.ORG](http://HIGHDESERTMUSEUM.ORG) AND [DESCHUTESLIBRARY.ORG](http://DESCHUTESLIBRARY.ORG).

PHOTO TODD CAREY

# Front Deck ■ *bend/central oregon*

## ■ *higher ed*

### OSU-Cascades Expansion Leverages Sustainable Building Design, Geothermal Energy

In the year since construction began to expand the Oregon State University-Cascades campus, sheer cliffs of a 100-foot deep former pumice mine have been transformed into gradual slopes, and the structure of a second campus academic building has emerged. A study by campus planners confirmed a major sustainable energy source—a ground water based geo-exchange system that will connect to an aquifer 500-feet beneath the campus surface for year-round heating and cooling of campus buildings. The first building to utilize the geo-exchange energy system is currently under construction. The 50,000 square-foot, net zero energy-ready academic building will incorporate cross-laminated timber, which is increasingly considered a viable alternative to materials like concrete or steel. Timber materials for the building were sustainably harvested and produced from Pacific Northwest forests, according to mass timber experts involved with the project.

“With its innovative design and construction features, OSU-Cascades’ second academic building is our ‘North Star’ for sustainability” said Kelly Sparks, associate vice president for finance and strategic planning. “The building sets a standard for sustainability and will help us meet the bold expectations laid out in the campus’s long-range development plan.” That plan outlines goals for a net zero energy, waste and water campus and outlines a roadmap for developing a 128-acre campus over several decades near the city center to serve 3,000 to 5,000 students.

The 2018 Oregon State Legislature authorized funding to construct the second academic building and donors contributed \$10 million to match state funding. The total cost of the new building, including site preparation and the first phase of onsite infrastructure for the expansion is \$49 million. The building is anticipated to open in fall 2021. For more information, visit [OSUCASCADES.EDU/EXPANSION](http://OSUCASCADES.EDU/EXPANSION).



## ■ *recreation*

### La Pine’s New Archery Range

Oregon’s newest public archery range—one of only a few in the state—recently opened to the public in La Pine. The range will come in handy for the Three Rivers Archers, a group first formed five years ago when a handful of La Pine students took up the activity as a way to be ethical hunters and conservationists. A curriculum was created, and the program’s popularity took off—so much so that schools in Nevada, Montana and Washington adopted it for their own archery programs. These young La

Pine archers became the Three Rivers Archers, and went on to both compete in and win national championships. With the popularity of the program growing so quickly, it became clear that the team needed a permanent home to hone their craft. This was the birth of the Kelly Young Memorial Park Archery Range. In the spirit of community and learning, the range is completely open to the public, requires no membership to use and even offers free or low-cost classes for people of all ages looking to learn how to shoot a bow safely and accurately. While the range is now fully operational, leaders behind the effort spent more than two years getting the necessary approvals to open the range, which is close to La Pine High School.

## ■ *skiing*

### ‘Back to Basics’ at Mt. Bachelor

Things will feel a little different this year when Central Oregon’s largest ski area, Mt. Bachelor, opens to the public. The resort plans to debut new protocols and operating procedures in an effort to make visiting more pandemic-friendly. Rather than planning for a busy Thanksgiving holiday opening like the resort normally aims for, Bachelor will instead open (if the snow gods are good to us, of course) on December 7. All three base areas will open, in an effort to spread out the skiers who visit and allow for as much social distancing as possible on the mountain. The first four days on the mountain will be passholders only, and single-day tickets will be limited when they become available. Passholders should keep an eye on the forecast and plan their visits in advance, as car reservations will be required each day, to help the resort track visitation levels. Though some indoor, on mountain services will be offered, skiers and snowboarders will mostly be based out of their cars, for “booting up, warming up and refueling up,” according to a letter to customers from Mt. Bachelor President John McLeod in late summer. McLeod called it a “back to basics” experience that will be consistent with the early days of Mt. Bachelor.



**Signature**  
**STAY, PLAY & GATHER AGAIN**



With \$3 million in renovations, our newly revamped, boutique hotel features an open air lobby with 8 brews on tap, outdoor patio with fire tables, and a food truck right on site. All guest rooms open to the outdoors.

**RECONNECT WITH YOUR TEAM, IT'S FREE**

Reserve a complimentary gathering space through year end. Our indoor/outdoor spaces are perfect for happy hours, celebrations, and casual receptions.

**RESERVATIONS 541.382.7011**

1415 N.E. Third Street Bend OR 97701 | 541.382.7011  
 @SignatureBend | signaturebend@redlion.com



**HOLLY PERZYNSKI**

Principal Broker / Realtor®  
 Accredited Buyer's Representative  
 Pricing Strategy Advisor

My goal is to create a homebuying experience that ensures you are comfortable, happy and hopeful the moment you decide to move to Bend.

**BENDRELOCATION.COM**



photo by Fredriksson

**Bend's #1 Climbing Shop & Outdoor Retailer**

**XC Ski, Backcountry Ski/AT, Tele Rentals and Sales  
 Snowshoe Rentals and Sales  
 Outdoor Footwear for Any Adventure**

834 NW Colorado Ave, Bend, OR 97703  
 (541) 388-0688 | mountainsupplybend.com

**T TOTAL** (541) 241-4393 | holly@bendrelocation.com  
 REAL ESTATE GROUP 2900 NW Clearwater Drive, Suite 320 | Bend, OR 97703

# Front Deck ■ *brewing*

WRITTEN BY JON ABERNATHY

## ■ *what's brewing*

### Three Questions with Robin Johnson of Deschutes Brewery

**DESCHUTES BREWERY OPENED ITS DOWNTOWN BREWPUB IN 1988**, introducing iconic beers such as Black Butte Porter, Mirror Pond Pale Ale and many others. When Deschutes built its production brewery off of Colorado Boulevard in 1993, it left the pub system open to create specialty pub-only brews, and to serve as a lab for new recipe development.

The Pub brewery has been headed up by Assistant Brewmaster Robin Johnson for the past five years (Johnson has been with Deschutes for ten). He

has creative freedom in crafting beers, and depending on the time of year, he typically brews six to eight times per month to keep the taps flowing.

We reached out to Johnson with several questions to learn more.

**Do you get to create your own recipes, and if so, how often do you do that?**

I get to brew a great combination of pub classics, beers we're looking to scale up and get customer feedback on, and brews of my own design. I'd say recipes of my own design and creation account for about 40 percent of the brews here.

**Do you have any favorite beers that you've created over the years?**

Absolutely! I'm a huge fan of Rauchbier and really love the Rauch-O-Marx Lager that I

created a couple years back. I'm also really proud of some of the fruited beers I've created here including Raspberry Sorbet Ale, Pineapple/Key Lime Gose and Earl Grey IPA.

**This time of year is Jubelale season, which is always a big favorite! Besides Jubel, what are your favorite holiday/winter styles of beer to drink?**

Jubelale is definitely a favorite of mine! Well before I worked for Deschutes, that beer was an absolute must in the fall. The holidays are always a good time to break out those rich malty beer styles like doppelbock, barleywine, or Scotch ale. Slow sippers that'll warm you up during the cold nights are as good as a warm blanket! I love the complexity and depth of character those beers display.



## ■ *on tap*

### Bend Brewing Releases Sno'd In Winter Ale

**IN CENTRAL OREGON, IS THERE A BETTER WINTER COMBINATION THAN SKIING AND BEER?** Whether it's praying for snow with the release of 10 Barrel Brewing's Pray For Snow Winter Ale, picking up your Hoodoo season pass with Three Creeks Brewing, or après ski beers at Cascade Lakes Lodge, we love to pair pow with bräu.

In that same vein, Bend Brewing Company is releasing its annual winter ale, Sno'd In, on draft and in cans for the season. Sno'd In is a collaboration with local ski and snowboard manufacturer SnoPlanks; the brewery worked with SnoPlanks to create a sessionable winter IPA with a piney hop flavor to evoke snow-covered pine forests.

The beer delivers on that promise, with aroma notes of spicy evergreens and grapefruit zest, and a flavor rich with luscious, toasted bread crust and rock candy to balance the hoppy bitterness. It's a beer that should definitely be on hand as you gear up for the mountain.

## ■ *canned*

### Wild Ride Expands Its Canning Options

**IF YOU'VE NOTICED MORE BEERS FROM WILD RIDE BREWING** on the shelves lately, you're not imagining things: the Redmond brewery recently purchased a dedicated canning line, allowing it to grow its retail footprint beyond bottles and 12-ounce cans.

"This will allow us to expand some packaging products into 16-ounce and 19.2-ounce (cans)," said head brewer Mike "Curly" White. The initial larger-format releases are Nut Crusher Peanut Butter Porter and Juicy Gorilla Snax IPA, both in 16-ounce cans. "We also are planning on doing some 19.2-ounce varietals but don't have a release time frame right now."



The new line fills forty to fifty cans per minute, and replaces the mobile canning company that Wild Ride had been using for its 12-ounce cans. The brewery will continue to bottle its beer as well. With the additional formats you'll soon be seeing even more options to drink these tasty brews in the coming months.



Introducing

# 17 New Private Offices at The Collective NWX

Available late fall 2020, starting at **only \$695!**

1-4 person office suites available with the following amenities:

- First floor location | 24/7 access
- Gigabit ethernet and WI-FI internet
- Electric height adjustable desks | Task lighting
- Built in storage | Ergonomic Steelcase chairs
- Coworking community benefits including a beautiful outdoor patio, cafe, and conference rooms

Reserve your office today at [work-collective.com](http://work-collective.com)



The Collective NWX is committed to providing a workspace to reconnect in a safe and healthy coworking environment.

## Wishing You and Yours the Very Best This Holiday Season



CARRIE DITULLIO



Call Carrie to  
Experience the  
BEST in  
Local Real Estate  
Knowledge,  
Marketing,  
Communication  
and RESULTS!

Certified Negotiator | Seller's Representative  
Buyer's Broker | 25+ Years in Bend

541.280.0992



**HEDLEY WILLIAMS**  
Sr. Home Loan Specialist  
NMLS- 897549  
354 SW Upper Terrace Ste 101  
Bend, OR 97702  
541.280.7285  
hedley.williams@  
churchillmortgage.com

CALL FOR A FREE QUOTE!  
GET PRE-APPROVED TODAY!



ELEV8

POWERED BY



@HedleyWilliams NMLS 897549

NMLS ID: 897549; Company NMLS ID: 1591 ([www.nmlsconsumeraccess.org](http://www.nmlsconsumeraccess.org)); Branch ID: 1845414; OR-897549; 354 SW Upper Terrace Drive Ste 101, Bend, Oregon 97702-1575; All other states, Churchill Mortgage Corporation Churchill Mortgage is an Equal Housing Lender.



SERVING OREGON

OVER **73** YEARS



BERTAZZONI



INTRODUCING BERTAZZONI  
AT STANDARD TV & APPLIANCE.

GET A LUXURY PREMIUM KITCHEN PACKAGE FOR UNDER \$6000!

**Standard** TV & APPLIANCE

MAKE YOUR DREAM KITCHEN A REALITY WITH STANDARD TV & APPLIANCE, LARGEST LOCALLY OWNED APPLIANCE COMPANY. YOUR #1 SOURCE FOR YOUR APPLIANCE AND MATTRESS NEEDS.

BEST SERVICE. BEST SELECTION. BEST PEOPLE.

[STANDARDTVANDAPPLIANCE.COM](http://STANDARDTVANDAPPLIANCE.COM)

BEND  
63736 PARAMOUNT DRIVE

BEAVERTON  
3600 SW HALL BLVD

PORTLAND  
5240 SE 82ND AVENUE  
1205 NE 33RD AVENUE

# Gift Guide

FOR THE

# Holidays



## SHOP **LOCAL** THIS HOLIDAY SEASON

Local businesses and shops sell a variety of goods made by artisan makers from the region and beyond. When you're holiday shopping this year, skip the big box stores and give the gift of Central Oregon. Whether you're looking for local spirits, the latest gear for adventure-hounds or handmade sweet treats, these gifts will delight everyone on your list.



**JACK + MILLIE**

The perfect gift for the distinguished gentleman in your life. Barbour gloves, beanie & scarf set made from supple leather with a rib-knit cuff and fleece lining for warmth, these gloves also offer a studded wrist strap for the perfect fit. Matching ribbed scarf and beanie hat. Complete it with Winter by Desein featuring notes of blue spruce, black cardamom, forest pine and french lavender.

**929 NW WALL ST., BEND  
(541) 797-6741  
JACKANDMILLIE.COM**



**THE WORKHOUSE**

The Workhouse features unique gifts exclusively from Oregon Artists, Artisans and Makers like this Cocktail Combo- hand blown glass tumblers and pitcher from Little Tomato Glass and mixers from Portland Syrup- the perfect combo of taste and elegance enjoying the Holidays at home and in style. For the fun to the utterly fantastic, shop The Workhouse this season.

**50 SE SCOTT ST #6, BEND  
(541) 241-2754  
THEWORKHOUSEBEND.COM**

**VOLTAIRE CYCLES OF CENTRAL OREGON**

Evolve Skate Boards, Imoving Scooters, Segway Ninebot Scooters, and your heart's content of Electric Mobility Conveyance options.

**2755 NW CROSSING, SUITE 113, BEND  
(844) 394-3809  
VCCOREGON.COM**



**ATHLETIC CLUB OF BEND**

2020 has been quite a year but it can be one of new beginnings. The Athletic Club of Bend offers a variety of settings to create healthy habits and achieve your goals. With our educated professionals, we are confident we can assist you to become the best version of yourself. Call us today and mention "BendMag" for more details.

**61615 ATHLETIC CLUB DR., BEND  
(541) 385-3062  
ATHLETICCLUBOFBEND.COM**



**CRATER LAKE SPIRITS**

Two gift packs of Crater Lake Spirits' award-winning gin, vodka & whiskey. 1 is an Advent Calendar style selection of 50ml bottles of all the vodkas. The other, a 6-bottle sample pack of Crater Lake's core distilled spirits.

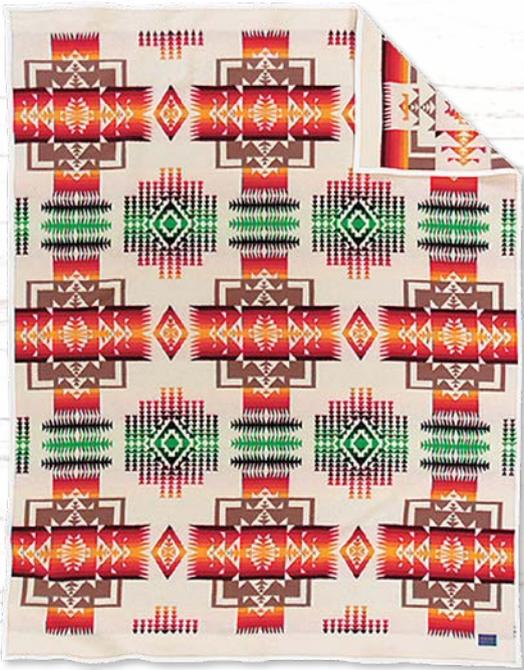
**19330 PINEHURST RD., BEND  
(541) 318-0200  
CRATERLAKESPIRITS.COM**

**POMEGRANATE HOME & GARDEN**

One for me; one for you. Great gifts from Pomegranate take entertaining to the next level. The handmade, hand-hammered copper scoop and Boston cocktail shaker will make any mixologist happy. Wrap up "Paris Cocktails" for innovative drink ideas, and top it off with a gorgeous live-edge charcuterie board large enough to hold all your favorite appetizers.

**120 NE BEND RIVER MALL DR., BEND  
(541) 383-3713  
POMEGRANATE-HOME.COM**





**PENDLETON**

Designed early in the 1920s, the Chief Joseph design continues to be one of the oldest and most popular ongoing blankets produced by Pendleton Woolen Mills. It commemorates the heroism of one of the Northwest's greatest Nez Perce warriors, Chief Joseph. Its design is balanced with arrowheads symbolizing bravery and pointing in all directions of Mother Earth.

61334 S HWY 97 SUITE 200, BEND  
(541) 383-7142  
PENDLETON-USA.COM



**HOLM MADE TOFFEE CO.**

The Holm family has been crafting artisan toffee for over 30 years. Every batch is handmade utilizing Oregon hazelnuts and ingredients sourced from around the PNW. In our cozy commercial kitchen in mid-town we create 8+ varieties of unique and award winning toffee. And with no gluten, soy or corn syrup...it's "Happiness. Plain & Simple." BENDMAG20 for 20% off online.

1234 NE 1ST ST., BEND  
(541) 610-3173  
HOLMMADETOFFEE.COM



**LES NEWMANS QUALITY FOOTWEAR AND CLOTHING**

The Down Cruiser Vest combines the warmth of modern down with Filson's water-resistant, tough-as-nails Cover Cloth shell. It's one of the most rugged vests in Filson's collection, with handsome looks and durability that could survive the Yukon. Layer it over a flannel or sweater for a getup that'll last you well into the winter.

126 NE FRANKLIN AVE., BEND  
(541) 318-4868



**LEARNING EXPRESS TOYS OF BEND**

This year, we are excited to offer the Toniebox line here at Learning Express Toys of Bend. The Toniebox is a screen-free, imagination building digital experience that plays stories, songs, and more. This season, receive one free Tonie with the purchase of a Toniebox. While supplies last.

61334 S HIGHWAY 97 #320, BEND  
(541) 389-2447  
LEARNINGEXPRESS.COM/BEND

**BRONWEN JEWELRY**

Delicate & durable artisan jewelry designed for active women and handcrafted in Bend! Shop our new downtown boutique featuring our beautiful jewelry plus many other curated gifts for the woman who values handcrafted products you can't find anywhere else. This year we have a dazzling selection of our signature best selling pom pom hats she's sure to love!

124 NW MINNESOTA AVE., BEND, (541) 647-4509  
BRONWENJEWELRY.COM





**SAXON'S FINE JEWELERS**

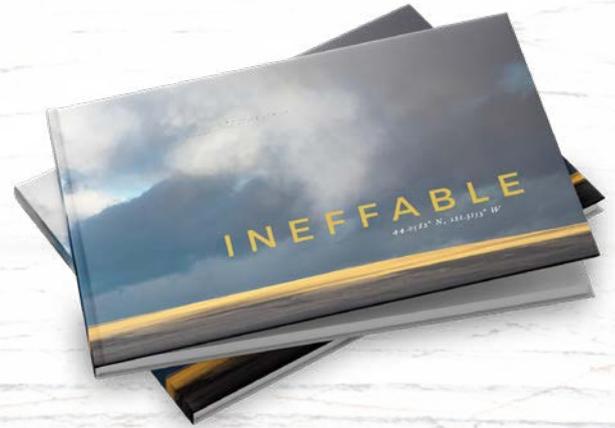
Rock Your Stack. Daringly mix-and-match metals, stones and styles with our signature Stackable Rings to express your uniqueness with a one-of-a-kind ring combination.

3298 SW POWERHOUSE DR.  
#110, BEND  
(541) 389-6655  
SAXONSFINEJEWELERS.COM

**INEFFABLE - A BEND PHOTO BOOK**

Ineffable is a creative collaboration between local Bend photographers and Visit Bend. This annual publication showcases images captured over the past year in and around Bend, displaying our breathtaking landscapes, mountain town urban settings, and those moments that make us human. By purchasing this book, you support local artists and our wild places through Pledge for the Wild.

750 NW LAVA ROAD SUITE 160., BEND  
(541) 382-8048  
VISITBEND.COM/INEFFABLE



**DOVETAILS FURNITURE**

66" Signature Mission Desk. A classic mission design shown in quartersawn white oak. It is also available in walnut, cherry, hickory and maple. As with all our items we will build to fit your space!

20525 COOLEY RD., BEND  
(541) 382-3006  
DOVETAILSFURNITURE.COM

**FJÄLLRÄVEN BEND**

It was on a severely cold night in the early 70s, on the barren Abisko plateau in Sweden's far north, that Åke Nordin, founder of Fjällräven, decided that he never wanted to feel cold ever again. And thus, he created the Expedition Down Jacket.

Introducing the 1974 Expedition Series, keeping you warm on all your winter adventures. See you out there.

830 NW WALL ST., BEND  
(541) 241-7063  
FJALLRAVEN.COM



**HAND CARVED SOY CANDLE**

Hand crafted in Oregon, this three wick candle is poured using the highest quality and cleanest pure vegetable based soy wax available today. Infused with natural essential oils. Non-GMO and no added phthalates or dyes. Receive a free candle when you subscribe to three years of Bend Magazine using code GIFT3!

BENDMAGAZINE.COM/SUBSCRIBE

**AREA RUG CONNECTION**

Trendy bucket style purse made with colorful woven recycled silk. These are made from silk scraps which create beautiful variations. Lined inside with long shoulder strap. Cards beautifully made with handmade paper displaying a small hand batiked painting on the front. Each is a piece of art in itself. Assorted designs. Each card individually wrapped with an envelope. Sold separately.

201 SE 2ND ST., BEND  
(541) 383-9013  
AREARUGCONNECTION.COM





**JOHN PAUL DESIGNS**

Handmade wearable art. Made with hammer & anvil, file & saw like artisans of old. Every blow revealing textures that can only come from hand forging metals into perfect imperfection. Super sweet gifts of love for your special someone. Find us a few doors down from Deschutes Brewery.

1006 NW BOND ST., BEND  
(541) 318-5645  
JOHNPALDESIGNS.COM



**JU-BEE-LEE**

The Mercury Glass Cypress & Fir Boxed Gift Set. Cypress & Fir is a fine fragrance with notes of frosted fir needle, white eucalyptus, and crushed pine cone to bring the aroma of a fresh forest into your home. Includes three, 2 oz. mercury glass candles.

903 NW WALL ST STE 110, BEND  
(541) 678-5651  
JU-BEE-LEE.COM



**MERRYWEATHER**

A reclaimed Turkish rug turned into a pillow will add some great texture and color to your home. Finish your room off with the warmth of a 5 votive candle holder. Let us help you find the perfect gift this Holiday Season for your family and friends. Merryweather | Home . Gift . Design

550 SW INDUSTRIAL WAY  
SUITE 180, BEND  
(541) 410-4063  
MERRYWEATHER.SHOP



**BOL & GORDON PIANO CO**

Fill your home this Holiday Season with the warm European tones of a PERZINA piano. You will enjoy the delicate “bell like” treble, and the powerful bass. There are several colors from which to choose. PERZINA will help you make this time of year extra special!

200 NE GREENWOOD AVE. #1A, BEND  
(541) 323-0171  
BOLANDGORDONPIANO.COM



**SPINDRIFT  
DOG GEAR**

Here you go! Gear that’s designed & built right here in Bend. It doesn’t get more local than Spindrift. Soft neoprene lining, reflective piping and ultra durable climbing webbing means years of fun on the trails and the pride that comes with supporting local. From Smith Rock to Shevlin and beyond, get out there and play every day with Spindrift!

420 NE WINDY  
KNOLLS DR., BEND  
(458) 256-0777  
SPINDRIFT.DOG

**ATHLETIC CLUB OF BEND**

The Massage Department at ACB offers a wide variety of healing mind and body services for injury prevention, pain management, stress relief, and self care. With several experienced therapists, we can accommodate you, family and friends in a safe and serene environment. Gift cards are available for the perfect gift. Call us today and mention “BendMag” for more details.

6165 ATHLETIC CLUB DR., BEND  
(541) 385-3062  
ATHLETICCLUBOFBEND.COM





# Windermere

REAL ESTATE

WINDERMERE CENTRAL OREGON REAL ESTATE

"HOME OF THE FINEST REAL ESTATE PROFESSIONALS IN CENTRAL OREGON"

ALL IN, FOR YOU.



**Mike Gordon**  
MANAGING  
PRINCIPAL BROKER  
Redmond/Madras offices



**Dave Feagans**  
MANAGING  
PRINCIPAL BROKER  
Bend/Sunriver Offices



**Bill Kammerer**  
Broker  
541-410-1200  
Bend Office



**Diana Barker**  
Principal Broker  
541-480-7777  
Redmond Office



**Linda Williams**  
Principal Broker  
541-241-8880  
Bend Office



**Gail Rogers**  
Broker  
541-604-1649  
Redmond Office



**Clair Sagiv**  
Broker  
541-390-2328  
Bend Office



**Angela Boothroyd**  
Broker  
541-410-2572  
Redmond Office



**Michelle Martinez**  
Broker  
503-451-8806  
Bend Office



**Barbara Myers**  
Principal Broker  
541-480-7183  
Redmond Office



**Cheryl Tanler**  
Broker  
541-410-7434  
Redmond Office



**Mike Tucker**  
Broker  
503-939-6155  
Bend Office



**Kariann Box**  
Broker  
541-350-3055  
Redmond Office



**Gary Diefenderfer**  
Broker  
541-480-2620  
Redmond Office



**Debbie Hershey**  
Broker  
541-420-5170  
Redmond Office



**Bonnie Staley**  
Broker  
541-420-2827  
Bend Office

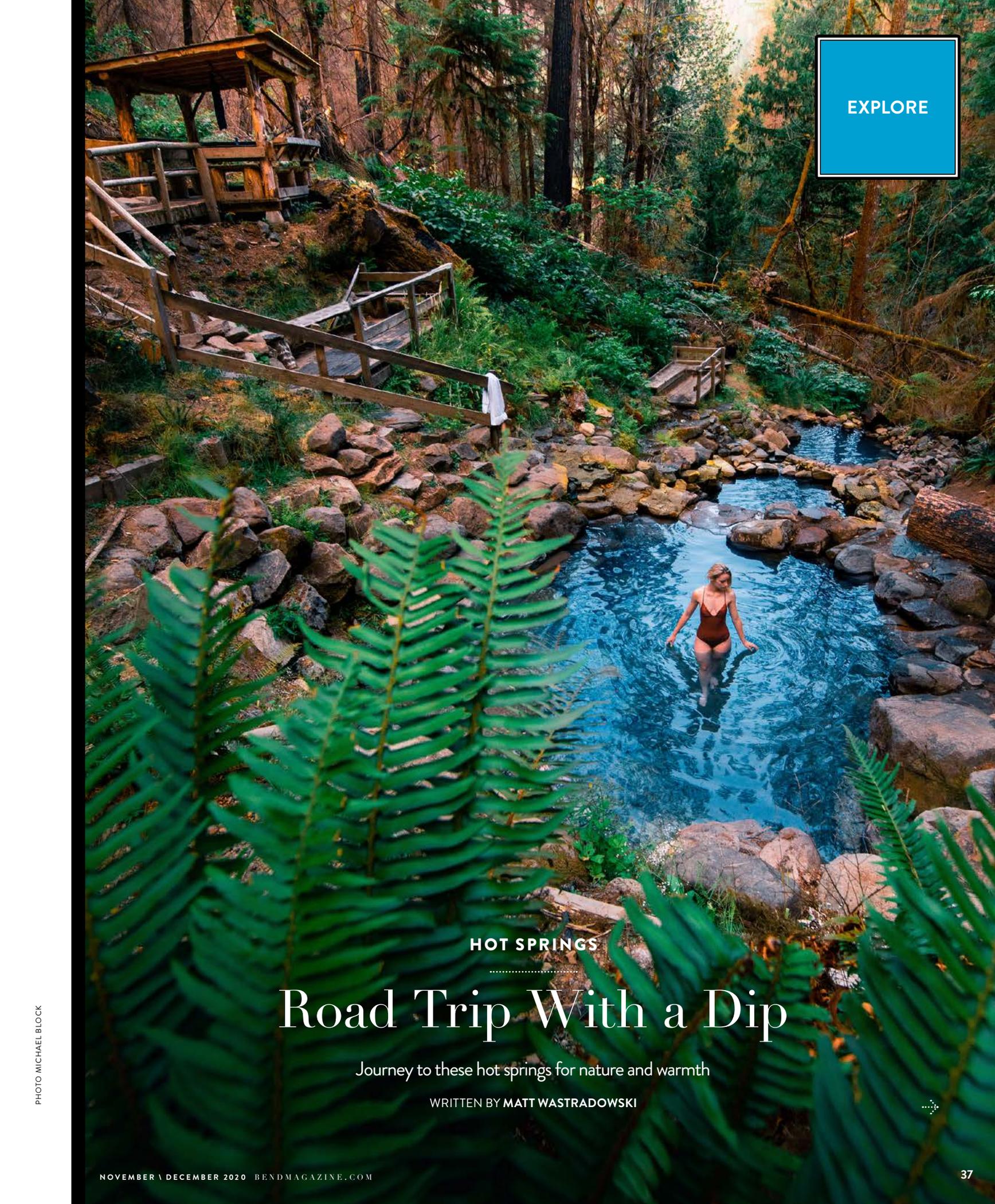


Windermere  
REAL ESTATE

Premier  
PROPERTIES



Windermere  
COMMERCIAL



EXPLORE

HOT SPRINGS

# Road Trip With a Dip

Journey to these hot springs for nature and warmth

WRITTEN BY MATT WASTRADOWSKI



In Oregon, no two hot springs are truly alike. Some sit surrounded by old-growth forests, like something from a fairytale, while others are the cornerstones of rural resorts in the far reaches of the state.

Millions of years of geothermal activity under our state's surface made our beloved hot springs possible, and those steaming pools are today a destination for visitors looking to rest and refresh.

With winter on the way, here are four of our favorite hot spring adventures for stripping down and warming up within a morning's drive of Bend.



## Terwilliger (COUGAR) HOT SPRINGS

Perhaps the most popular hot springs in all of Oregon, Terwilliger Hot Springs sits just shy of two hours west of Bend in the heart of the Cascade Range. A quick, quarter-mile-long trail cuts through an old-growth forest before arriving at the magical site. Six pools are arranged in a step ladder-like fashion, with temperatures ranging from 85°F in the lowest pool to 112°F in the topmost pool. The temperature variance and number of pools makes Terwilliger a popular stop for groups of all sizes.

Also known as Cougar Hot Springs, the pools at Terwilliger are clothing optional, but nudity is not permitted within eyesight of nearby Forest Road 19 (Aufderheide Drive). The pools are only open sunrise to sunset, and are closed 8 a.m. to noon on Thursdays for cleaning. Forest Road 19 is not maintained in winter, and may be covered in snow and ice after inclement weather.

**If You Go:** Forest Road 19, Rainbow, 541-822-3381, [fs.usda.gov](https://fs.usda.gov), \$7 day-use fee, \$66 for an annual pass



PHOTOS ALEX JORDAN

## Umpqua HOT SPRINGS

Oregon's most Instagrammed hot springs? That title likely goes to Umpqua Hot Springs, perched 150 feet above the North Umpqua River roughly two hours southwest of Bend. Soakers must endure a steep 0.3-mile-long hike before arriving at the popular pools, which jut out from a rock face and are supplied with water that ranges from 100°F to 115°F. One of the pools is covered by a wooden structure, while the lower pools—filled with cooler, murkier water—offer a bird's-eye view of the North Umpqua River.

The springs are open sunrise to sunset daily. The gate to Umpqua Hot Springs is frequently closed in winter which may add an additional 1.5 miles of hiking in each direction; the U.S. Forest Service can offer updates on whether the gate is open or closed at any given time.

**If You Go:** Forest Road 3401, Roseburg, 541-498-2531, [fs.usda.gov](https://fs.usda.gov), \$5 day-use fee.



## KNOW BEFORE YOU GO

Soaking demands a bit more planning than “which bathing suit to pack.” Keep these tips in mind for a safe, enjoyable soaking experience.

**Check road and trail conditions:** Many hot springs are in remote areas where snow and ice can close roads all winter long, and downed trees can impede travel in fall and spring. Visit [tripcheck.com](http://tripcheck.com) for information on road conditions, and check with the appropriate land manager (such as the U.S. Forest Service) on the status of trails to hot springs on undeveloped land.

**Leave the soap at home:** Soap doesn't break down on its own and can pollute water systems—even biodegradable soap.

**Go easy on the booze:** By their very nature, hot springs dehydrate the body—which only exacerbates the impacts of alcohol. To stay safe and healthy, save that IPA for after your soak. Besides, alcohol isn't actually allowed at undeveloped sites. (And leave the glass bottles back in the car.)

**Pack out what you pack in:** Many of Oregon's hot springs are in undeveloped, forested areas. Help preserve the natural beauty by packing out whatever you pack in, trash and all.

**Time your trip well:** Friday evenings and Saturday afternoons are among the busiest times at hot springs—and may lead to longer wait times or a wilder scene. If possible, try for an off-peak time—like weekday afternoons or midweek evenings—for a quieter experience.

## Belknap HOT SPRINGS

The soothing pools at Belknap Hot Springs aren't technically hot springs; rather, they're spring-fed pools of hot mineral water. But the healing atmosphere and relaxed nature of the pools nevertheless offer an escape from the modern world without sacrificing modern amenities.

Belknap sits along the McKenzie River and hosts two pools—one reserved for overnight guests, the other open to walk-in

visitors. (Bathing suits are required in both pools.) Beyond the pools, Belknap offers well-manicured gardens and overnight accommodations including lodge rooms, cabins, RV sites and tent sites, all just one-and-a-half hours west of Bend.

**If You Go:** 59296 N. Belknap Hot Springs Road, McKenzie Bridge, 541-822-3512, [belknaphotsprings.com](http://belknaphotsprings.com), \$110-185 for lodge rooms, \$135-550 for cabins, \$35-40 for RV sites, \$30 for tent sites, \$8 per hour for walk-in soakers.



# the pavilion let's skate

COVERED  
OUTDOOR  
ICE RINK

Ice skating and sports shine in the heart of Bend!  
Come skate at The Pavilion - Central Oregon's  
only NHL-sized ice rink.

Check online schedules for the following:

- Open Skate
- "Cheap Skates"
- Hockey Lessons
- Holiday Skate
- Skating Lessons
- Hockey Skills & Drills
- Family Skate
- Curling

p. (541) 389-7588  
1001 SW Bradbury Way  
For schedules,  
fees and more, visit  
[thepavilioninbend.com](http://thepavilioninbend.com)



*play for life*



SUMMIT  
MEDICAL  
GROUP  
OREGON

## I love my doc.

Good health is essential, now more than ever. The dangers of unmanaged or undetected health conditions can pose a great risk. That's why Summit Medical Group Oregon is here. Our Primary Care providers are experts at what makes your body work - and work better. **I love my community. I love my lifestyle. I love my doc.**



Dr. Stratton

541-382-4900 | [smgoregon.com](http://smgoregon.com)

PRIMARY CARE

NOW SCHEDULING NEW PATIENTS FOR SAFE IN-PERSON OR TELEMEDICINE VISITS

## Southeastern Oregon HOT SPRINGS

A trio of developed hot springs sit in southeastern Oregon. The first, two-and-a-half hours southeast of Bend, is **Crane Hot Springs**. The resort hosts ten cabins, a few houses, and tent and RV sites for rent in the sagebrush sea of Oregon's high desert. There, guests can soak in a cedar-enclosed bathhouse (fed with a natural hot water tap that accommodates desired temperature) and in a seven-foot-deep, open-air pond that runs roughly 101°F. The newest building boasts a private patio with private soaking tub. Day-use is not permitted; guests must stay at least two nights to use the resorts' facilities.

**If You Go:** Crane Hot Springs: 59315 Highway 78, Burns, 541-493-2312, cranehotsprings.com.

Farther south sits **Alvord Hot Springs** at the edge of the Alvord Desert. The privately owned outfit hosts two concrete pools fed by water that comes out of the ground at 170°F—and which is, naturally, cooled when mixed into the soaking pools. The experience is soothing at all times, but is especially majestic under the starry night skies endemic to the region. Alvord Hot Springs hosts several bunkhouses and campsites; overnight guests can use the hot springs 24 hours per day, while day-use soakers are welcome during normal business hours.

**If You Go:** Alvord Hot Springs: Fields-Denio Road, Princeton, 541-589-2282, alvordhotsprings.com, day use \$10.

Just two hours south of Bend is **Summer Lake Hot Springs**, with a collection of classic and new cabins, camping and RV sites for soakers. Three outdoor pools are at varying temperatures; the indoor pool is just right for family swims.

**If You Go:** Summer Lake Hot Springs: Highway 31, Paisley, 541-943-3931, summerlakehotsprings.com, day use \$10. **B**



Alvord Hot Springs



ELIZABETH CHAMBERS  
CELLAR

TUESDAY – SUNDAY | 11:00AM – 4:00PM

ELIZABETHCHAMBERSCELLAR.COM | 503-412-9765

*Silvan Ridge*  
WINERY

OPEN DAILY 12-5 PM

*Reservations encouraged but not required*

SILVANRIDGE.COM | 541-345-1945



Oceana  
Designs OR  
*Imagine the possibilities*

WWW.OCEANADESIGNSOR.COM



OVER 25 YEARS OF EXQUISITE CRAFTSMANSHIP SERVICE

GRANITE

MARBLE

QUARTZ

SHOWROOM • 335 SE JACKSON ST, REDMOND • 541-668-6801

# RENE ESCOBAR

— TRUNK SHOW —  
DECEMBER 2-6



# JAMIE JOSEPH

— TRUNK SHOW —  
DECEMBER 11-13



**Silverado**  
JEWELRY GALLERY

1001 NW Wall Street, Bend, OR 97703  
541.330.7457 SilveradoGallery.com  

Private appointments available upon request.



**WE  
ARE  
HERE**



anti-trafficking  
project

**helping victims  
become survivors**

*We Are*

**J BAR J YOUTH SERVICES**

[www.at-project.org](http://www.at-project.org)

541-647-0658

National Hotline:

888-373-7888



PHOTO CAVAN IMAGES / ALAMY STOCK PHOTO

HOLIDAY

# A Tree of One's Own

Create tradition and fun with a family Christmas tree cutting outing

WRITTEN BY LUCAS ALBERG



The winter holidays are ripe with tradition. While some are better forgotten (a certain aunt's fruitcake, perhaps?), others elicit that warm glow and special memory that make this time of year a cherished one.

For my family, cutting down a Christmas tree is our beloved holiday tradition. Loading up the family truckster, plowing through snow on a forest road and searching for that ever elusive, perfect tree is something we look forward to each year. Though the tree may be the end goal, it's just one part of what makes this tradition worth repeating. The outing itself is the real present, as well as the memories made while tromping around in snowy woods.

If you're new to cutting down your own tree, Central Oregon is a great place to start. National forests surround us, making it accessible and easy. With a simple permit purchase and a little planning, you could be adding a new tradition to your family.

Before the hunt begins, spend some time preparing to ensure success. This is key, especially if you have little ones in tow. Dress warmly, bring layers, and have a few extras in the car just in case—you never know when you might need them. Warm drinks for the journey are a must (hot cocoa and spiked apple cider is our go-to) and hot food for the return, such as a hearty soup or chili. Scope out some locations on your map beforehand so you're not aimlessly wandering snowy



PHOTO BOTTOM CAVAN IMAGES / ALAMY STOCK PHOTO, TOP LUCAS ALBERG





For the best and freshest flowers in Bend, Donner Flower Shop has exactly what you're looking for!

LOCATED AT  
605 NEWPORT AVENUE

DONNERFLOWER.COM

# NELSON TILE & STONE



FAUCETS AND HARDWARE

BACKSPLASH TILE

QUARTZ COUNTERS

FARMHOUSE SINK

CABINETS

**CUSTOM KITCHENS & BATHS  
MADE FOR 2020**

**COME VISIT OUR SHOWROOM AT:**

1875 NE DIVISION ST | BEND, OR 97701

541-389-2759

NELSONTILEANDSTONE.COM

## Lava Terrace Cellars

Local Wine From Local Vines.  
Deschutes County, Oregon

Join us on our adventure as we explore the magic and beauty of our land to forage a new path in Oregon's viticulture and winemaking history.

As a **Wine Club Member** you will be invited to our November Wine Just In Time for the Holidays Party, as well as receive our newsletter with invites to wine tastings as well as wine discounts.

lavaterracecellars.com  
(541) 280-9935



Sunset Magazine - Silver Awards  
2017 Lava Terrace Cellars Marechal Foch  
2018 Lava Terrace Cellars La Crescent





forest roads, and be sure to bring an actual printed map since cell service can be spotty in areas. As always, it's also a good idea to have emergency supplies in the car as a safeguard.

Having an idea of what type of tree you're looking for will help point you in the right direction. Douglas fir, white fir, incense cedar, lodgepole pine and ponderosa pine are all tucked away if you know where to look. According to the National Forest Service, pine trees are prevalent around lower elevations near Bend and Sisters and on south and western facing slopes around Prineville, while the thicker, full-bodied fir trees and cedars can be found at higher elevations in Bend and Sisters or on northern and eastern slopes near Prineville.

Grab a \$5 tree permit from any Forest Service office in Central Oregon or from a number of retail locations (such as any Central Oregon Bi-Mart store). Permits are good for one tree only, and trees should only be cut down on national forest lands. When grabbing a permit, ask for an accompanying tree map that provides some clues as to where to look for the various types of trees and remember to choose a tree at least 200 feet from main roads or 300 feet from any body of water. Before departing, grab everything you need to both take the tree down properly (handsaw or hatchet) as well as transport it home (tarp, rope or tie-down straps).

When you arrive and set out on your quest, keep in mind it takes time to find a tree that's just the right height (trees should be under twelve feet tall) and symmetrical. Each year we think we've spotted the perfect conifer only to discover a sizable gap or thin branches on the other side. Don't get discouraged—the most important part is having fun. Pepper in a snowball fight or two, make a snowman with a funny face for the next family to discover, or simply stand as still as you can and take in the pristine, beautiful quiet of a winter's day in the woods.

Whether your perfect tree is worthy of a Hallmark card or more in line with Charlie Brown, it's about the fun and experience—because that's what makes a tradition worth repeating. **B**



## KNOW YOUR TREE

### THE PROS AND CONS OF LOCAL CONIFERS



#### Douglas Fir

**Pros:** The most common Christmas tree sold in the U.S., Doug firs are a lovely tree with beautiful, soft, blue-green needles and sweet fragrance.

**Cons:** Not the best for heavy ornaments.



#### White Fir

**Pros:** Similar to a Doug fir with a slightly whiter needle and a hint of citrus.

**Cons:** Not the best for heavy ornaments.



#### Incense Cedar

**Pros:** Aromatic, lasts longer than fir or pine and foliage makes excellent wreaths.

**Cons:** Very different appearance than fir or pine, not as stately.



#### Lodgepole Pine

**Pros:** A wonderful pine scent with soft needles and stronger branches for heavier ornaments.

**Cons:** Branches point upwards, which can mean awkward ornament hanging. This one is the classic Charlie Brown Christmas tree.



#### Ponderosa Pine

**Pros:** Strong piney scent, soft needles and sturdy branches for heavier ornaments.

**Cons:** Similar to the Lodgepole with upward pointing branches and less of a portrait-worthy feel.

YOUR HEALTH. OUR FOCUS.



## Schedule your mammogram appointment as if your life depended on it.

Because it just might.

---

**A 30-minute appointment** could save your life. Early detection improves breast cancer survival, and new screening techniques allow doctors to detect up to 40% more invasive breast cancers than before.

**Central Oregon Radiology Associates (CORA)** is the region's only Breast Center of Excellence, the highest level of accreditation available. We offer the most comprehensive breast imaging care in Central and Eastern Oregon, fellowship-and sub-specialty-trained physicians who specialize in women's imaging and breast cancer screening, and fast, convenient appointments.

**Make your mammogram appointment today.** It just might save your life.





# Let me introduce you.

“Construction has begun on our new 12-bed Hospice House. And we have launched a \$6 million capital campaign to help build this new home for hospice. Let me introduce you to our Campaign Council!” – Eric Alexander, President & CEO

Thank you Cynthia Bassett, Peter Boehm MD, Neil Bryant, Jim Crowell, Sandy Garner, Ron Hanson MD, Ronnie Harrelson, Teresa Hogue, Steve Kornfeld MD, Suzanne Lafky, Jeff Martin, Norwyn Newby MD, Shelley Ransom, Courtney Stevens, Clella Thomas, Angela Vanderpool, Bill Willitts, and Karen Wolfe.

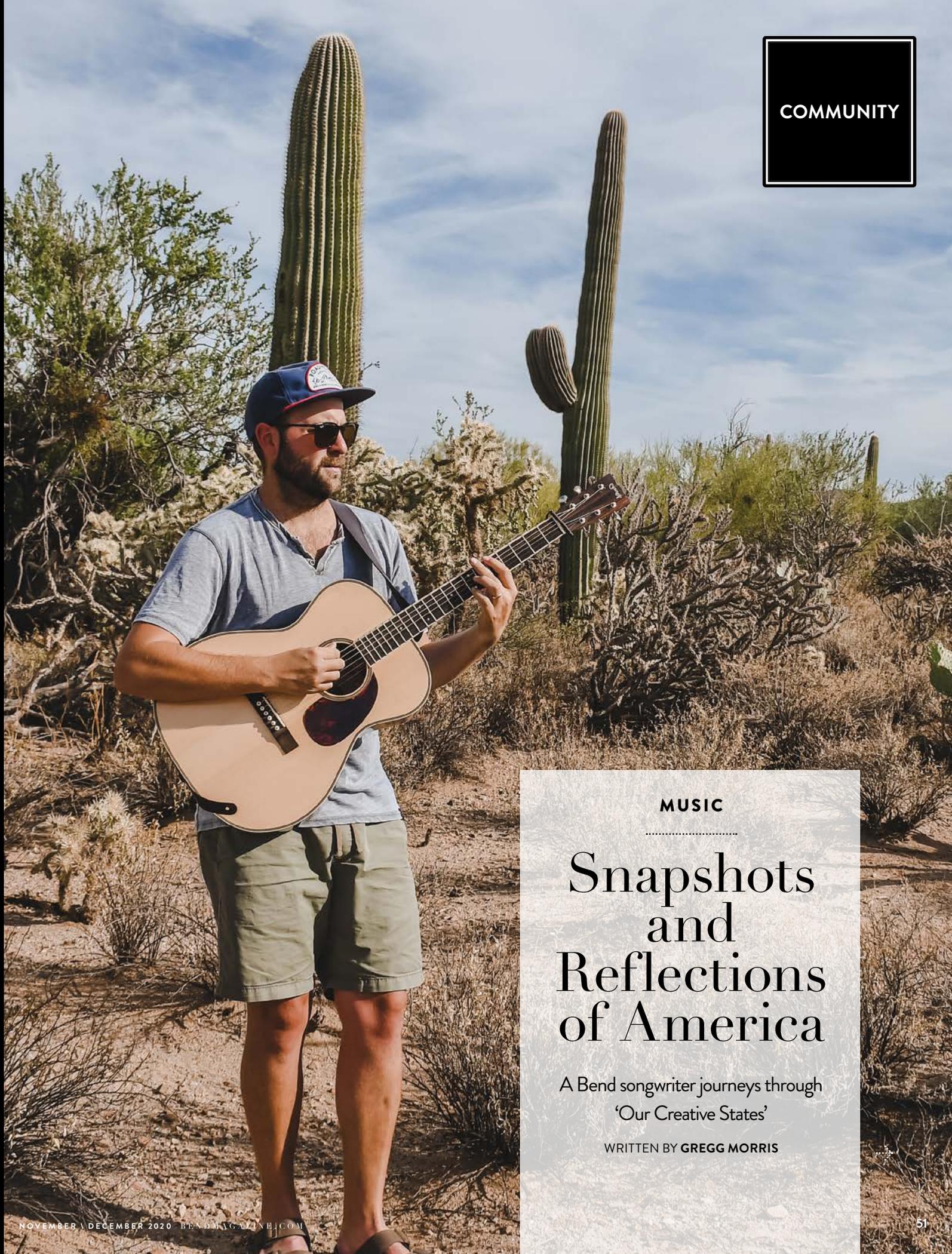
If you resonate with this project and would like to join the Council, let's talk!

Watch our video & learn more at [PartnersBend.org/campaign](https://PartnersBend.org/campaign)  
(541) 706-1335 | [NewHospiceHouse@PartnersBend.org](mailto:NewHospiceHouse@PartnersBend.org)



**Partners In Care**

Hospice | Hospice House | Home Health | Transitions | Palliative Care | Grief Support



COMMUNITY

MUSIC

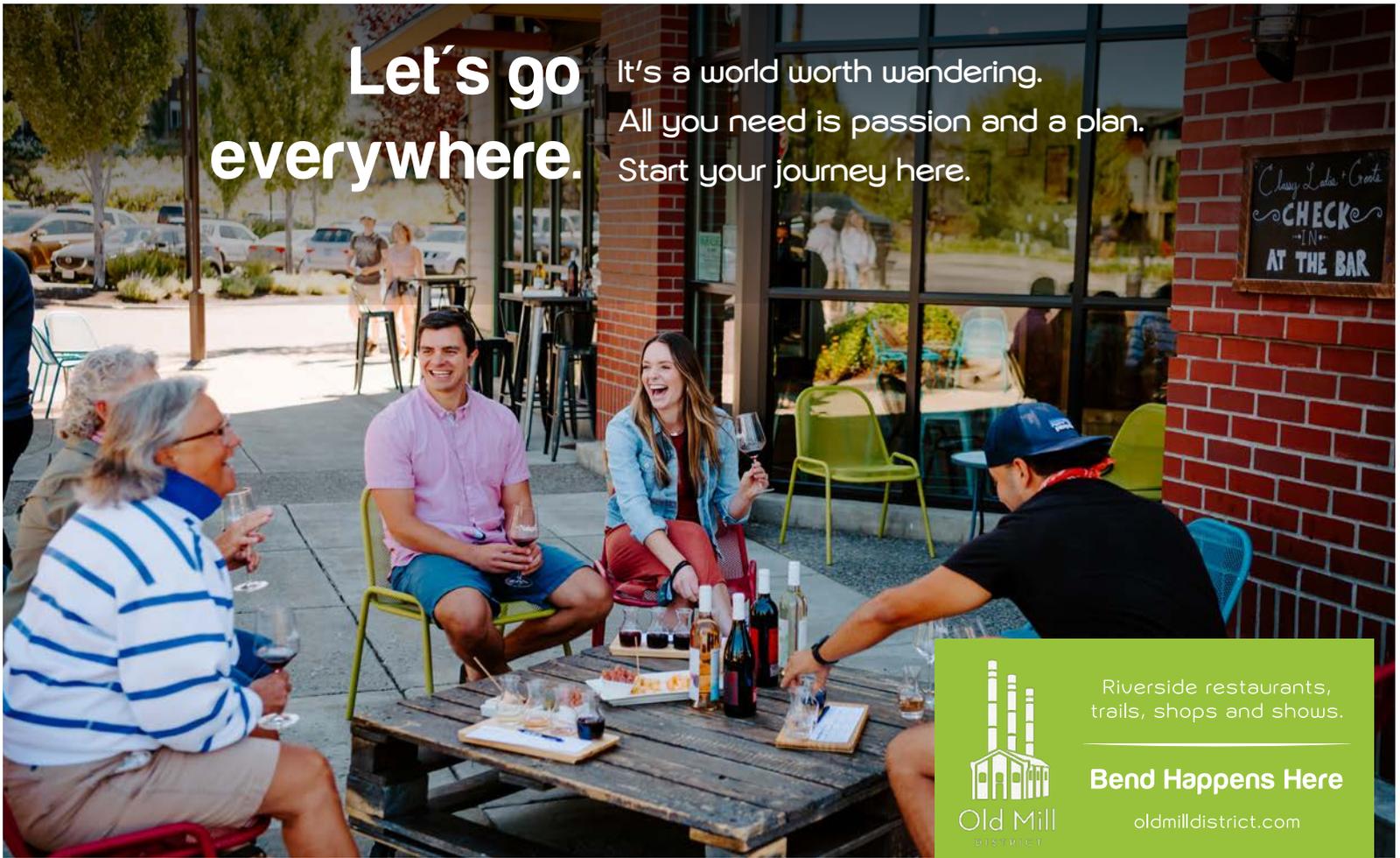
# Snapshots and Reflections of America

A Bend songwriter journeys through  
'Our Creative States'

WRITTEN BY GREGG MORRIS

Let's go  
everywhere.

It's a world worth wandering.  
All you need is passion and a plan.  
Start your journey here.



Riverside restaurants,  
trails, shops and shows.

**Bend Happens Here**

[oldmilldistrict.com](http://oldmilldistrict.com)

Because beautiful  
smiles are part of  
healthy lifestyles.



JEFF JOHNSON DDS, KATHERINE STAHRR DDS  
& SAM ELCOIK DMD

901 NW Carlon Ave Suite 1, Bend 97703  
541-389-1884  
[BENDDENTALGROUP.COM](http://BENDDENTALGROUP.COM)



Two months and a thousand miles from Oregon, Travis Ehrenstrom and his wife Courtney Bruguier leaned against the front grill of their RV and stared at the dark green bushes contrasting the bright red rocks of Colorado's Mesa Verde National Park. As the wind blew steadily out of the canyon and through the vista parking area, the weary travelers came to a realization: the RV life was more than just driving lonely highways, hiking far off trails and drinking craft beers. Though this epiphany had snuck up on them, the pair had officially accepted a road warrior lifestyle in tune with those who traveled alongside them and, in this case, the ancestral pueblo people who had walked this very place 4,000 years before them. "Learning about the history of our country and the land before we were even a country was extremely fulfilling," explained a nostalgic Ehrenstrom. "Each day's new experiences made each month seem like a year."

In April of 2019, Pacific Northwest singer-songwriter Ehrenstrom left the comfortable confines of his Bend, Oregon, life to find the common attributes of all Americans and translate those discoveries through song. Though he enjoyed crafting his Americana sound with his eponymous band back home, he couldn't escape the desire of truly knowing what it meant to be an American. So, he and his

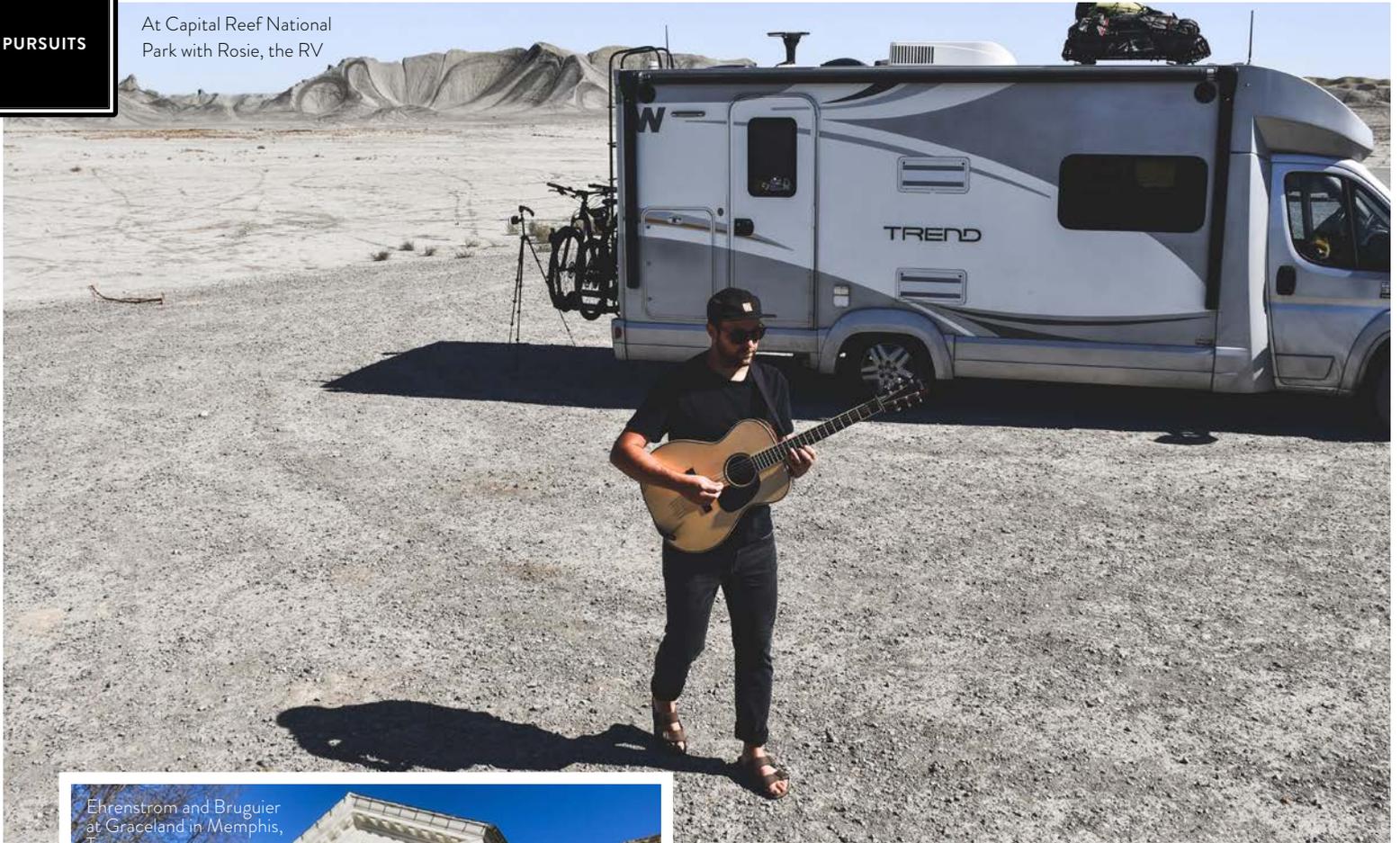
*"Learning about the history of our country and the land before we were even a country was extremely fulfilling."*

wife traded their home for Rosie, a 2014 Winnebago Trend RV, and boarded their five-ton future with two small dogs and a cat.

Their trip was decidedly the envy of most of his friends, but it was not without a few bumps in the road. The pair had recently turned 30, sold their northeast Bend home, and made up their minds to downsize their belongings to fit in their silver and black embodiment of freedom—the motorhome which Ehrenstrom forgot to plug in to charge the night before they left.

Once on the road, life became a little less rocky. Armed with a Cannon OM guitar, a Breedlove mandolin, a 12-key midi keyboard and small recording workstation, Ehrenstrom got to work in

At Capital Reef National Park with Rosie, the RV



Ehrenstrom and Bruguier at Graceland in Memphis, Tennessee



chronicling the country through writing a song for each visited state, or “Our Creative States,” as the project is known.

“As the journey progressed, I became aware that these songs were evolving into not only snapshots of other people in other lands, but reflections of myself in these places,” Ehrenstrom said.

By criss-crossing the country, Ehrenstrom absorbed America’s stories and weaved them into his songs’ lyrics and melodies. While traversing up and down California’s Pacific coastline, he wrote in the song “Bombay Beach Club,” “freedom is a funny thing, the more you lose the more you gain.”

Some experiences—such as pickin’ bluegrass mandolin on a North Carolina hillside or late-night Louisiana creole lessons—strengthened Ehrenstrom’s musicianship, while others gave him a

deeper understanding of our country’s history that is sure to surface in his songwriting for years to come. His journey found him debating immigration policies with folks in West Texas and visiting with the ghosts of blues pioneer Robert Johnson and civil rights icon Medgar Evers in Mississippi.

While walking the hallowed grounds of South Carolina’s Fort Sumter, battle site of the American Civil War’s beginning, Ehrenstrom wrote in “Beginning of the Day,” “in the last of the storm that stands before me, when the scars from a war begin to fade, the only direction isn’t forward, but you know even then it’s to change.”

“Where we are from and where we go shapes us,” explained Ehrenstrom. “Seeing people’s connection to their surroundings reminded me of my own appreciation of Central Oregon’s mountains, lakes and rivers. The journey through this vast country is one that I will be forever grateful to have as a memory.”

After a year on the road, Ehrenstrom and Bruguier cut their travels short to welcome their first child into their family, but plan on visiting the twelve states they missed once the country welcomes travel again. Until then, Ehrenstrom is slowly releasing his songs through his Patreon website and recently created a magazine of song lyrics and photos from the first part of their trip. You can catch the Travis Ehrenstrom Band as well as Ehrenstrom performing solo throughout the Pacific Northwest as live music slowly becomes mainstream again. **B**

Find Ehrenstrom’s music at [TRAVISEHRENSTROM.COM](http://TRAVISEHRENSTROM.COM) or [PATREON.COM/TRAVISEHRENSTROM](http://PATREON.COM/TRAVISEHRENSTROM).



## BEND ANXIETY CLINIC

Based in Central Oregon's high desert within sight of the beautiful Deschutes River, we offer evidence-based, cognitive behavioral, and exposure therapy treatments for anxiety and depression. We focus on symptom reduction and relief so our patients are able to begin rebuilding their lives, while simultaneously gaining insight through therapeutic relationships with our providers.

We believe in therapy that works.

### We Treat...

- Anxiety Disorders & Phobias
- Body Dysmorphic Disorder
- Hoarding
- Obsessive Compulsive Disorder
- Panic Disorders
- Hypochondriasis
- Trichotillomania
- Attention Deficit Disorder
- Posttraumatic Stress Disorder
- Mood Disorders

777 NW Wall St  
Suite 302  
Bend, OR 97703

Phone: 541.668.6015  
Fax: 541.668.6016



*Forever home with your pet...*

## Safe Inside the Boundary

CALL TODAY FOR A FREE CONSULTATION

# Invisible Fence® Brand

Invisible Fence of Central Oregon

Phone: 541-389-8557 | centraloregon@invisiblefence.com

©2019 Radio Systems Corp. All Rights Reserved.



# Now offering VIRTUAL VISITS



New and current patients welcome



Primary care and specialty appointments available

[stcharleshealthcare.org/VirtualVisits](https://stcharleshealthcare.org/VirtualVisits)

St. Charles  
HEALTH SYSTEM

# The Center STRONG



Being in the building trade since the early 1980's I was no stranger to aches and pains, but when my shoulder pain started keeping me up at night, I went to The Center. I had surgery on my rotator cuff and the whole process was so easy. Immediately after the surgery I felt less pain in my shoulder, and now it is better than new. Read the rest of Mark's story at [TheCenterOregon.com](http://TheCenterOregon.com).  
*Find your strength here.*



**THE CENTER**  
ORTHOPEDIC & NEUROSURGICAL  
CARE & RESEARCH

*Make an appointment today.*

541.382.3344 [TheCenterOregon.com](http://TheCenterOregon.com)



## MEET OUR MIDWIVES

With a special focus on women's health, childbirth education, and health education, our growing team of nurse-midwife nurse practitioners are currently supporting women in our community and welcoming patients in Bend.

**Bree Herndon, DNP, CNM, ARNP**  
**Ciara Thomson-Barnett, CNM, WHNP**  
**Katie Farnsworth, CNM**

Call for your appointment today!



**EAST CASCADE  
WOMEN'S GROUP**

[eastcascadewomensgroup.com](http://eastcascadewomensgroup.com) | (541) 389-3300

OUR CLINIC IS NOW OFFERING VIRTUAL VISITS



Derek Abbey,  
Project Recover CEO

*“We really develop  
a relationship with  
the person that we’re  
searching for.”*

VETERANS

# Project Recover

Finding closure for families of military MIAs

WRITTEN BY KAILEY FISICARO

**M**issing in action, or MIA. It’s a military designation many of us know in meaning but may have never considered in impact. The reality is that for families and friends of service members missing in action, there’s often no closure to provide solace about the lost loved one.

Of the 81,900 Americans missing in action, more than 72,000 are missing from World War II. As this year marks the 75th anniversary of the end of World War II, many of the spouses, siblings and friends of those MIA service members are now gone.

But that grief—and the hope for resolution—are often carried on from generation to generation, explained Derek Abbey, a Bend resident and president and CEO of Project Recover. Project Recover is a nonprofit dedicated to finding and repatriating Americans missing in action since World War II.

Project Recover seeks to provide what many family members and loved ones of Americans MIA need most: answers. “It starts with research,” Abbey said. “We do continuous research year-round, and we’ve established a database. We have more than 500 cases associated with about 3,000 Americans.”

Oregon still has 977 service members missing in action, including sixteen individuals from Bend alone. Central Oregon has contributed greatly to the military, said Abbey, who himself served twenty-three years in the United States Marine Corps. Project Recover has conducted missions from World War II to Desert Storm, in eighteen different countries around the world.

Each year, Project Recover decides which missions to carry out. A lead historian on staff with Project Recover is the catalyst for the organization’s work. By analyzing historical records, reports and more, he can begin identifying potential missions, many of which take place underwater.

Project Recover often tries to focus on regions associated with multiple MIAs to increase the likelihood of success, but sometimes its missions focus on one person. Once Project Recover identifies a site for a mission, they thoroughly document the area with archaeologists, Abbey said. “We gather anything and everything we can, any report, any witness statement,” Abbey said. “We really develop a relationship with the person who we’re searching for.”

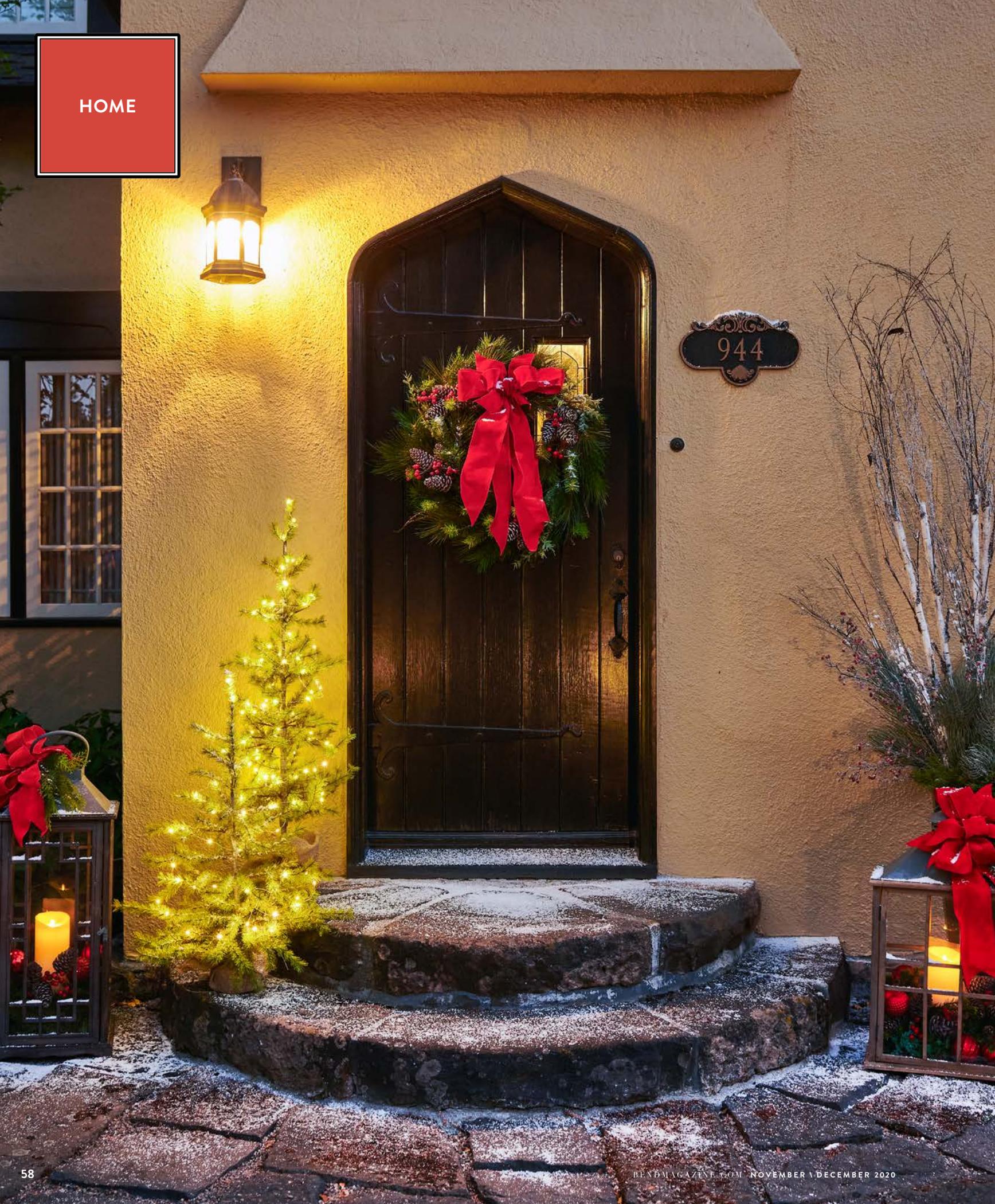
When remains are recovered, they’re repatriated to the United States, usually first to Hawaii or Nebraska where the U.S. Department of Defense’s labs are located to identify found remains and artifacts. “When you witness the repatriation of the MIA to these families, it’s indescribable,” Abbey said.

In American culture, it’s common to hold a memorial or funeral to honor a lost loved one. When someone is MIA, their family is left without that. Instead they’re stuck waiting, and wondering, and there are even often stories passed down about how a loved one missing in action went on living somewhere out there, Abbey explained.

There is a sense of resolution for loved ones once the details of the MIA, sometimes shrouded in myth, are laid to rest. Questions are answered. “People may think they can’t have an impact, I used to think that way, but they can,” Abbey said. “We are having a tangible impact on returning missing Americans home.”

Since its start as a small grassroots effort in 1993, Project Recover has located more than 150 MIAs. “Ultimately it has a healing impact on us as a nation, as we participated in these wars as a collective,” Abbey said. “These individuals sacrificed when they fought and lost their lives. It’s amazing to see the impact it has on these communities for them to be returned home. It’s exactly what our nation needs right now. Something to come together over.” **IB**

HOME



## TRADITIONS

# A Mirror Pond Christmas

A modern holiday in a Bend historic district

WRITTEN BY **LEE LEWIS HUSK**

PHOTOS BY **STEVE TAGUE**

HOLIDAY DECOR BY **DONNER FLOWER SHOP**

As the holidays roll around, even those who live in contemporary dwellings may be dreaming of a Dickens Christmas with pine boughs on a wood fireplace mantle and a Santa's sleigh and eight not-so-tiny reindeer in the front yard.

In Bend's historic downtown neighborhood, it's easy to imagine celebrating an old-fashioned holiday in homes constructed by the city's elite between 1910 and 1954 in Craftsman bungalow, Colonial, English cottage and Tudor styles. With Drake Park and the Deschutes River as a communal gathering spot, the old section of town was and remains a center stage for holiday festivities like the Bend Christmas Parade and Jingle Bell Run (both canceled this year due to the coronavirus) and the community tree lighting ceremony.

Since Charlene and Ned Dempsey became residents of the Drake Park Neighborhood Historic District, they've created their own holiday traditions in the English Tudor home they bought in 1995 on Riverside Boulevard. One of a few Tudors in the city, it was built in 1926 by Bend's first eye doctor, Fred Lieuallen, and remained in his family for the next seventy years. The home embodied typical Tudor features such as two stories under steeply pitched roofs, a light-colored stucco exterior with dark trim and windows with small panes of glass; the interior included arched doorways and lathe and plaster walls.

"We had been hoping to find something along the river, especially near the pond," Ned said. "We felt fortunate to acquire the older Tudor even though we would be looking at much needed TLC and upgrades."



Ned and Charlene Dempsey





## DONNER FLOWER SHOP

The Dempsey home on Mirror Pond was decorated for the holidays for our photo shoot by the professionals at Donner Flower Shop. One of Bend's oldest businesses, the family-owned Donner Flower Shop has been serving Bend since 1911, offering full service floral arrangements, local delivery and home decor. Visit their historical shop at 605 NW Newport Avenue in Bend during the holiday season for decorating inspiration, like the Christmas tree and floral arrangements pictured here, as well as fantastic gift-giving ideas. You may also visit [DONNERFLOWER.COM](http://DONNERFLOWER.COM).



## ACQUIRING A LOCAL TREASURE

Both Dempseys possessed skills necessary to restore and upgrade the original structure. Ned is a civil and environmental engineer who moved to Central Oregon in 1973, designing infrastructure on Black Butte Ranch and later Bend's first wastewater system. In 1974, he founded Century West Engineering and built it into a regional engineering company with offices in Washington, Idaho, Nevada and California. He sold the company to the employees in 2014.

Charlene worked in the hospitality industry as a corporate travel planner and traveled extensively throughout the Pacific Rim and East Coast of the United States. She left that job to obtain a degree in interior design from the Art Institute of Portland and worked for years helping clients re-do their own homes, and was also the lead designer on the 2004 Tower Theatre renovation.

Until they bought the Tudor, the couple, who married in 1984, split time between Bend's Awbrey Butte and Portland's Marine Drive where they had a houseboat, and navigated the Columbia River in Charlene's classic 1949 Chris Craft 19-foot wood runabout. "Moving away from the water to live in the desert was a real challenge," Charlene recalled. "I was always looking for something on the river."

## AND THE MAKEOVER BEGAN

The couple moved into the 2,400-square-foot Tudor a few months after they purchased it. "We loved it despite its having had no renovations or repairs since it was built," Charlene said. "We especially loved the Moorish-style four-center arch doorways throughout."



Your Re-Roof

Specialists!



- Composition
- Metal • Tile • New Construction • Maintenance
- 24 Hour Emergency Service
- "Green" Roofs
- PVC/TPO Flat Roofs
- Snow Removal
- Continuous Gutters

"Raising the Standard"



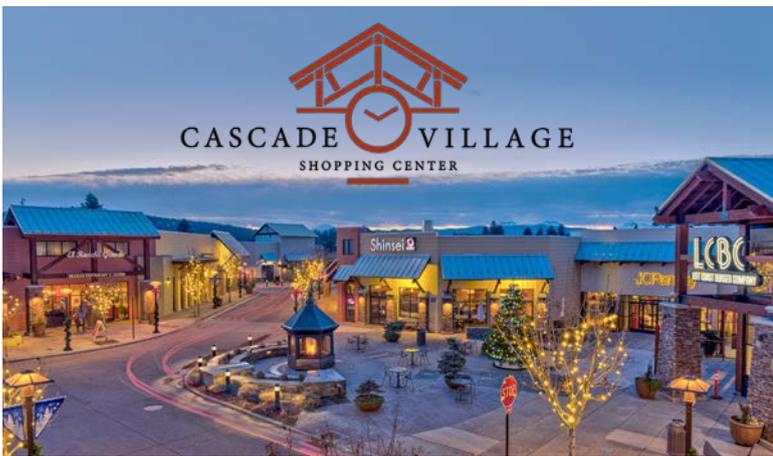
541.647.1060



PAYMENT OPTIONS AVAILABLE OAC

CCB#187751

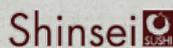
nwqualityroofing.com



CASCADE VILLAGE SHOPPING CENTER

Happy Holidays

FROM CASCADE VILLAGE SHOPPING CENTER RESTAURANTS



63455 N HWY 97, BEND, OR 97703 | SHOPCASCADEVILLAGE.COM



Emerald

Diamond

Rare Agate

the Jewel SISTERS, OR

541-549-9388  
www.thejewelonline.com



Silver



Hand Carved Sterling  
Natural Gold Nuggets



Hand Carved Bowls



Architectural Alabaster & Lighting



Oregon Sunstone

Fine Minerals & Fossils



A holiday table in the wine cellar staged by Donner Flower and including the Dempsey's favorite red holiday dishes.





*“We find that company like to roam into the various rooms, especially the wine cellar. The individual rooms also allow space for eclectic collections from our travel.”*

The renovation focused on maintaining the style and integrity of the house. They kept the floor plan largely intact, including individual rooms instead of opening the kitchen, dining and living rooms into one large space. “We find that company like to roam into the various rooms, especially the wine cellar. The individual rooms also allow space for eclectic collections from our travel,” she said referring to the forty-eight countries they’ve visited over the years.

They began the makeover with the arduous task of cleaning and stripping away years of neglect. “We were somewhat dazed,” Charlene remembered. “We removed curtains and carpets that had absorbed years of cigarette smoke.” They faced weeks of scraping many layers of oil-painted wallpaper from every wall in the house. With his engineering background, Ned spearheaded upgrades in electrical wiring, heating systems, plumbing and insulation.

They removed a useless Model A garage and built a retaining wall off the alley to stem water seepage into the basement from the sloped lot. A wrought-iron gate welcomes visitors to a private courtyard filled with heirloom roses from the original owner and a riot of perennials and seasonal flowers lovingly tended by Charlene.

They added a sunroom (aka greenhouse) where the former garage stood and cut a wall in the stucco to make a doorway to the kitchen. The exterior wall of the sunroom incorporates a keepsake stone that Ned salvaged from the Pilot Butte Inn after its demolition in 1973. The glass-sided sunroom also opens into the garden sanctuary with high ivy-covered walls, the couple’s favorite space. Charlene has a particular affinity for Italy and says the carefree style of the garden is more Italian than English.

Other changes included removal of a breakfast nook to create a powder room downstairs and enlarging the size of the master bedroom and bath upstairs by taking out a child’s nursery.

A bonus they hadn’t planned when they bought the home: the two-foot thick stone foundation walls could double as a wine cellar, with a constant temperature perfect for storing their favorite Oregon pinot noir and pinot gris, and Italian reds. “The addition of the wine room in the basement has its own special draw for occasional entertaining,” Ned noted. They converted a Moorish-style door into a table for setting out hors d’oeuvres and sometimes a light holiday meal.

Now in their twenty-fifth year in the home, the Dempseys love walking to nearby restaurants and shops, and through the neighborhood. “I like the energy of downtown,” Ned said.

At the holidays, they cook a turkey and set a table complete with Waterford crystal goblets brought back from trips to Ireland and cherished Christmas dishes. And in the afterglow of an evening well spent, the reflection of twinkling holiday lights on the Deschutes River are the perfect nightcap. **IB**



Lola  
by Regency

1335 NW Galveston Ave.  
Bend, OR • 541.389.3770  
EastlakeFraming.com

EASTLAKE  
FRAMING LLC



CIRCA

*Interiors*

Turning Houses

Into Homes

Since

1991



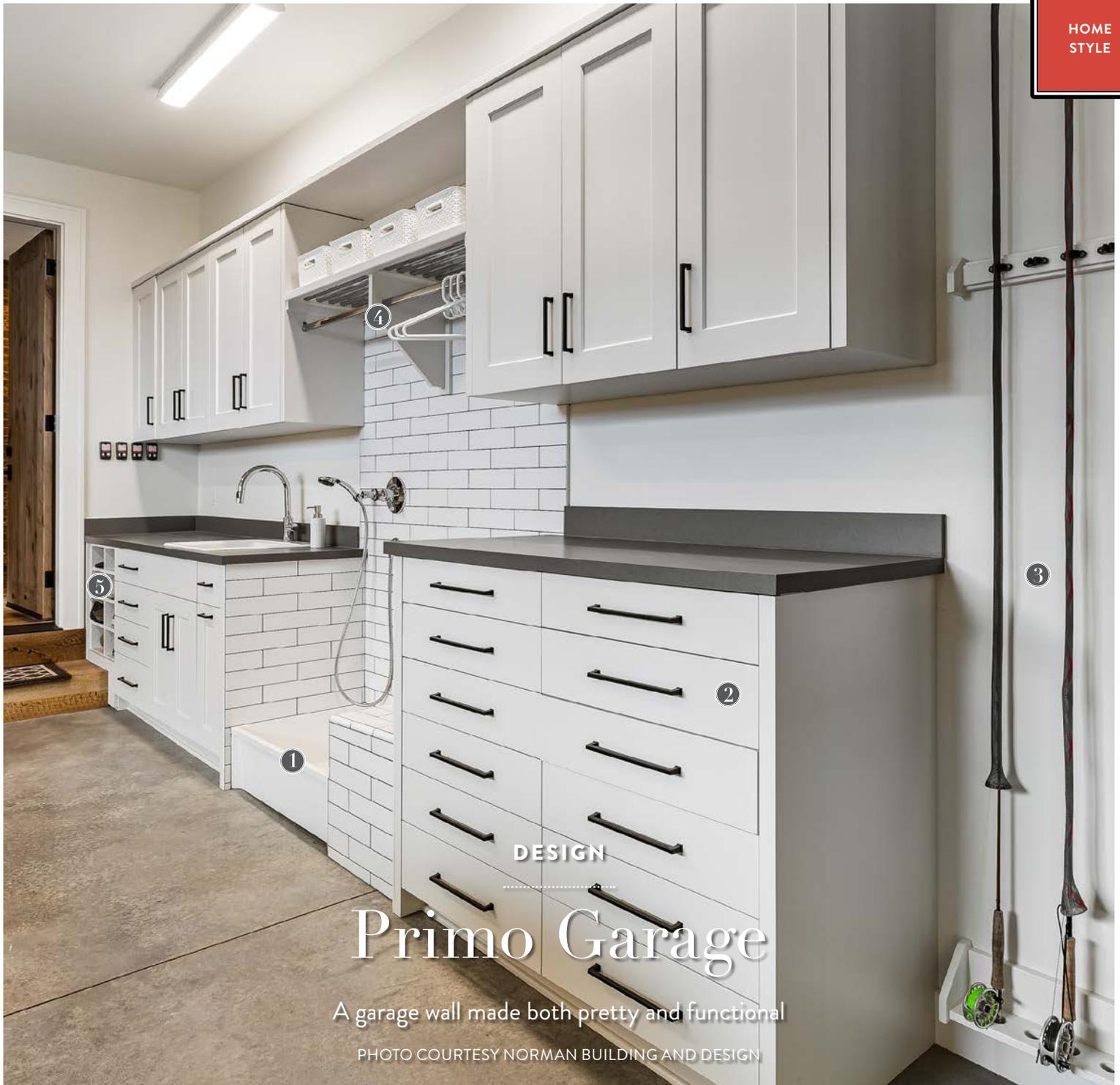
(541) 383-1440 | WWW.CIRCAINTERIOR.COM | BEND, OREGON



Healthy Climate Solutions™ from Lennox work with your home comfort system to make your indoor air as clean and comfortable as it can possibly be. When your home's air is clean, your family can breathe and feel better.

Call your local indoor air quality experts at Tri County Climate Control for more information.

TRICOUNTYCLIMATE.COM  
(541) 323-2665 | 132 NE FRANKLIN AVE | BEND, OR 97701



DESIGN

# Primo Garage

A garage wall made both pretty and functional

PHOTO COURTESY NORMAN BUILDING AND DESIGN

**N**orman Building and Design is one of Bend's best and most established building companies. Jim Norman founded the business back in 1977, bringing a holistic approach to home design and construction. Today, the company has 20 artisans on staff to handle every step of the custom home building process for clients. For this project, the homeowners' desires for a next-level garage wall were met, and then some. Take inspiration where you wish from this efficient, highly functional wall and get that garage organized this winter. **18**

- ① Warm water wash station for pets, golf clubs and muddy kids can also serve as a perfect solution for deep-watering hanging baskets and potted plants.
- ② The attractive white cabinetry creates versatile storage for all recreation, pet, gardening and DIY supplies with abundant counter space for projects such as tuning skis in the winter, or tying flies to use to hook a native trout.
- ③ The specialized fly fishing rod holder keeps tips up, lines untangled and all rods at the ready for when the fishing heats up on the Metolius.
- ④ A convenient closet rod is in place to hang waders, wet winter coats and the occasional dog sweater after a winter romp in the snow, over the low sink to catch wayward drips.
- ⑤ A shoe cubby is placed right by the entrance into the house for a last minute tuckaway of those messy shoes before heading indoors.

# SWEET SUCCESS

The perfect recipe for Goody's included small business financing from Summit Bank. Give us a call and get a taste of how we can help your business.



## SUMMITBANK

560 SW Columbia Street in Bend  
541-317-8000  
www.SBKO.bank



Goody's Owner Ryan Smith



## We've got you covered. Even when you're buried.

The next time "Snowmageddon" whitens your doorstep, your rooftop and everything else in sight, rest assured that Century Insurance will have you covered (dare we say it?) like a blanket.



- BUSINESS
- HOME
- AUTO
- HEALTH
- LIFE



*When things are at their worst, we're at our best.*

541-693-8500 | 1-800-599-2387  
572 SW Bluff Dr. Ste 100 Bend, Oregon  
www.CenturyIns.com



PLANTS

# Somewhere That's Green

Bend's new plant store is a horticulturist's dreamland

WRITTEN BY TERESA RISTOW | PHOTOS BY TOBY NOLAN



John Kish, owner of Somewhere That's Green



The owner of Bend's whimsical new plant shop, Somewhere That's Green, has had a passion for plants blossoming since he was a child growing up in Philomath, a small town near Corvallis. In elementary school, John Kish planted seeds and brought his own crosspollinated plants in for show and tell. In high school, he bonded with a plant science teacher and dove headfirst into a project restoring the region's prairie ecosystem. And in college at Oregon State University, he worked on a project fighting the gall virus from harming grapevines while studying sustainable and ecological horticulture.

By the time he was 21, Kish's love of plants was playing out in New York City, where he was busy keeping 5,000 holiday poinsettia plants thriving at Rockefeller Center. "I was the interior landscaper, there to install and maintain the plants," Kish said. But it wasn't plant life that brought Kish to the city—he was part of a demanding Broadway conservatory nurturing another passion, theater. When his 18-hour days with instructors and classmates were done, he would hurry over to Rockefeller Plaza to begin tending to the plants. Long days balancing horticulture and theater until 1 a.m.



Kish with Matt Marson, co-owner and Kish's fiancé (left), and store employee, Daniel Young (right).



didn't last, and soon Kish was working at bars and coffee shops, with horticulture as only a hobby.

After a few years in the city, Kish traveled to Ecuador with a group called Dramatic Adventure Theater. He would get to see the Amazon, while visiting an impoverished village, running a theater production during the visit and re-awakening his love of nature. "Seeing the Amazon was always a dream of mine," Kish said. "After the trip, he was ready to return to Oregon.

Kish bounced between Bend and Portland over the next few years, getting involved in theater, including at Cascades Theatrical Company in Bend and by starting his own production company, Topsoil Theatrics. Meanwhile, a dream of someday opening his own plant business was quickly becoming more vivid. Things started modestly—he acquired plants and sold them at pop-up shops within other stores, starting at Revolver during a First Friday in late 2018, and expanding with markets and coffee shops. By last summer he had moved into Bend's DIYcave makerspace with the budding business, Somewhere That's Green, a name from a song in Little Shop of Horrors. Kish's Topsoil Theatrics had a production of the

musical slated for May, but the pandemic shut things down two weeks into rehearsals.

With theater on hold, Kish focused on selling plants, and amid COVID-19 his customer base was quickly expanding. He launched a plant gifting program called "Purposeful Plants" allowing customers to gift plants for delivery to others in town, and planned a fun drag-queen-themed live class on repotting plants, acting as his alter-ego, Fertile Liza. This summer, with the plant business outgrowing DIYcave, Kish took an opportunity to move into a space on Powerhouse Drive in the Old Mill District. In a ten-day span, Kish along with Matt Marson (Kish's fiancé and new co-owner), Kish's father and others quickly revamped the space, building shelves for pottery and moving in more than 500 species of plants. By early July, they were open for business in the new location.

The new shop is cozy and imaginative, packed with plants large and small and a wall of pottery from local ceramicists, including Cook's Pottery in La Pine. Tote bags bear Kish's favorite plant, the giant rhubarb, which he also sports a tattoo of on his left forearm. The shop stocks four main plant varieties: topicals, arids including

succulents and cactus, aquatics and air plants (no soil).

When customers purchase a new plant from Somewhere That's Green, they're also buying insight from Kish, Marson and two other staff members, Daniel Young and Jonathan Stockman. Staff will help repot plants into ceramic containers, drill drainage holes and offer to help in the future if the plant ever struggles. "We want you to be successful," Kish said. In addition to selling plants, Kish is a plant consultant of sorts, making in-home visits to assess lighting and space, and offering recommendations for which plants would thrive in Central Oregon homes.

As new customers trickle in daily, Kish is feeling grateful for the shop's word-of-mouth success and the future. Ongoing workshops are planned (only some are taught in drag), as well as plant swaps and the possibility of other events aimed at bringing people together around their passion for plants. "Plants bring peace and growth," said Kish, who is quick to tout the benefits of getting your hands dirty and tending to a plant, watching it grow. "There's something really rewarding about it." **B**



# SKJERSAA GROUP



### Jason Boone

Principal Broker, CRIS

### Mollie Hogan

Principal Broker, CRS

### Terry Skjersaa

Principal Broker, CRS

### Cole Billings

Broker

**THE SKJERSAA GROUP** Deeply rooted in our community, our local expertise and market knowledge are unprecedented. **The Skjersaa Group** is the best resource for your real estate needs and beyond.

[www.SkjersaaGroup.com](http://www.SkjersaaGroup.com) | 541.383.1426

1033 NW Newport Avenue | Bend, Oregon 97703



The Skjersaa Group contributes at least 1% of revenue to charities & non-profits.

OREGON STATE LICENSEES

# ZIVNEY FINANCIAL GROUP

## REACH YOUR PEAK

*Retirement. Independence.  
A fully-planned future.  
Whatever your goals, consider us a  
committed partner.*

**LINDA ZIVNEY, CRPC® REGISTERED PRINCIPAL**

[www.zivneyfinancialgroup.com](http://www.zivneyfinancialgroup.com) | (541)330-7590 | 25 NW Irving Avenue, Bend OR 97703

SECURITIES OFFERED THROUGH RAYMOND JAMES FINANCIAL SERVICES, INC. MEMBER FINRA/SIPC. INVESTMENT ADVISORY SERVICES ARE OFFERED THROUGH RAYMOND JAMES FINANCIAL SERVICES ADVISORS, INC. ZIVNEY FINANCIAL, LLC IS NOT A REGISTERED BROKER/DEALER AND IS INDEPENDENT OF RAYMOND JAMES FINANCIAL SERVICES.

## SOCIAL EQUITY

# Riff Wants to Change the World

Vernon Davis of Riff Coffee's Advisory Board

INTERVIEW BY KIM COOPER FINDLING

**T**his summer, the Bend-based coffee company Riff Cold Brewed added former Super Bowl champion Vernon Davis to its advisory board. Davis, a fifteen-year NFL veteran turned entrepreneur, who over the past few years has aligned himself with several purpose-driven companies, engaged with Riff after being inspired by the company's strong sense of purpose, aligned values, and commitment to positive and social environmental impact. Davis will focus on helping the Riff team build brand awareness, develop new product innovations and further strengthen its commitment to social equity and inclusion.

**It's ambitious to hear that a coffee company intends to have a positive social and environmental impact. Can coffee change the world?**

Most coffee drinkers are unaware that coffee "beans" are actually seeds from the fruit of the coffee plant. For every 25 billion pounds of coffee bean processed for export, around 100 billion pounds of coffee fruit, processed as a byproduct, goes to waste. This mass of coffee fruit is dumped in waterways, where its sugar content destroys the ecosystem, or is sent to landfills, where it sits and produces an amount of methane gas equivalent to 36 million metric tons of CO<sub>2</sub>.

Riff saw this as a challenge and set out to find a solution. Riff's mission has been to repurpose coffee fruit into an all-natural sparkling energy drink, Alter Ego. Not only does Alter Ego help the environment by reducing coffee fruit waste, the addition of coffee fruit processing has a large positive impact on struggling coffee farmers socially and economically. Requiring no additional crops or investments, coffee



farmers may be able to virtually double their income and potentially create more employment opportunities.

**What are a few efforts Riff is making or plans to make to strengthen the company's commitment to social equity and inclusion?**

Bolstering its advisory board—whose members possess experience and expertise spanning across food and beverage, CPG, beer, retail, distribution, consumer insight and high tech—was an integral step in dedicating more time and energy to honest conversations and developing a model based on a more profound commitment. Together we will put together the perfect plan to empower the world through humility and wisdom.

**What is one thing you think any organization or company could do today to improve their stance on social equity and inclusion?**

You can improve social equity by always putting others first. It's always about the consumer. Allowing them to feel the love. Make the world feel like they're a part of what you're building.

**Anything Riff is up to on the local front? Will you be visiting Bend yourself in the near future?**

In late March, as a show of appreciation for their extraordinary commitment and dedication in this challenging COVID era, Riff began donating its cold brewed coffee and Alter Ego products to frontline healthcare workers at St. Charles Medical Center. Most recently, in an effort to provide refreshment and needed extra energy, Riff began donating cases of Alter Ego to the firefighters battling the onslaught of wildfires throughout the West.

Along with Riff co-founder and CEO Paul Evers, I have been invited to make a presentation at this year's Bend Venture Conference in October, during which we will share the story of our partnership with a focus on my passion for entrepreneurship.

**If you had a magic wand, what is one change you would make in the world today?**

I would bring together all genres of people and form a team that goes out and helps equally all people who are in need and in despair.

**What is your personal favorite Riff drink?**

I can't get enough of Riff's Alter Ego (named for being coffee's lesser-known counterpart). It's a plant-based sparkling energy drink that I drink every day! 🍷



**GIVE BACK,  
GET INVOLVED AND  
HELP OTHERS  
FOR A STRONGER  
COMMUNITY—  
AND A STRONGER YOU**

WRITTEN BY **KIM COOPER FINDLING**

**IT'S UNANIMOUS—2020 HAS BEEN A DOOZY.** There isn't one among us who hasn't felt the weight of hardship, helplessness and despair once or twice this year. What helps? Helping. That's a proven fact. When we give back, help out, and do good, we feel more positive. Better yet, the more each of us helps, the stronger our community grows. Giving is a self-fulfilling prophecy of goodness.

There are hundreds of worthy causes all around us. What's yours? Start big, start small, do what you can, when you can—but in the new year, vow to get involved and be one of the helpers as we move forward into 2021. Central Oregon, we're better together.

## HOW TO CHOOSE A CAUSE

With so many worthy causes to support, making a decision about where to get involved can be overwhelming. How do I choose just one? And what if I choose wrong? Shelley Irwin of Volunteer Central Oregon suggests starting with your “why.” She said, “What are you hoping to achieve? Are you wanting to share your expertise or are you looking for something new? Do you wish to build experience for a resume, or are you freshly retired and wanting to keep busy?” Here are a few more tips to help you decide where to put your time, energy and dollars in the nonprofit landscape.

**WHAT PULLS AT YOUR HEARTSTRINGS?** Find your nonprofit passion category. When you read something in the news about an important issue or cause, what grabs your attention the most? Children? Animals? Veterans? The environment? Food insecurity? Homelessness? Follow your heart to determine the cause that you can take personally.

**FIND A PERSONAL CONNECTION.** Talk to your friends, coworkers or people you admire who do give-back work. Find out what they do and how. Is there someone in your circle doing work in your passion area? Sometimes a personal introduction to an organization can make the work you might do there instantly more meaningful.

**DO SOME RESEARCH.** First, find out what organizations are doing work in your passion area. Then, take some time to delve into the nitty gritty. Not all nonprofits are created equally. How much of the annual budget actually goes to the cause? What are the true impacts of the work being done? You’ll feel better in the long run if you invest in an organization that puts its money where its mouth is.

**CONSIDER STAYING LOCAL.** There are millions of meaningful causes to support around the globe, but consider choosing a cause close to home. In some cases, the bigger the nonprofit, the less you see your money at work. Sticking with local organizations tackling local problems can not only make a more significant difference, it puts you in a better position to see the impact of your efforts up close—right down to face to face encounters with the people you help.

**DON'T SEIZE UP.** Still not sure what to support? Just choose a cause and start small. Donate a few dollars or a few hours and see how it feels. Supporting worthy causes is your choice—you can change your mind at any point. Be open to the winding path approach—you never know where it’s going to lead or who you might meet along the way.

## VOLUNTEER CENTRAL OREGON

### ONE-STOP SHOPPING FOR VOLUNTEERISM

What if you could visit one website, with a searchable database, to discover volunteer opportunities around you and sort for what interests you? That’s exactly what Volunteer Central Oregon is. Operated under the umbrella of the nonprofit Better Together, Volunteer Central Oregon connects volunteers with opportunities in Crook, Deschutes and Jefferson counties, as well as the Confederated Tribes of Warm Springs. “We host the regional volunteer database [volunteercentraloregon.org](http://volunteercentraloregon.org), which includes more than 200 local organizations and nearly 400 opportunities,” explained project manager Shelley Irwin. “These opportunities accommodate wide-ranging interests and are searchable in our database. Our site connects volunteers with both one-time and ongoing opportunities to serve in the community, so it really is a one-stop shop for exploring community service.”

Irwin’s position gives her unique perspective on the overall volunteer landscape in Central Oregon. The good news? Around here, we’re involved. “I’m going to sound like a cheerleader here, but Central Oregon’s devotion to serving the community is so inspiring. The efforts that volunteers go to in order to ensure that our community is supported is amazing. Other communities may have more flashy volunteer campaigns, but here in Central Oregon, we just get down to do the good work.”

There are as many motivations to get involved as there are people, she said. “Maybe they want to be a part of the solution to problems in our community, they want to help and give back, they want to feel like they are contributing to a better world.”

Even with a vigorous volunteer community, the need is still strong, especially in the era of COVID-19. “There is so much need for support out there,” Irwin said. “In looking at our data, the top categories are children and youth followed by the environment and then in third place, animals. Mentorship of young people stands out to me, and I think of organizations like Big Brothers Big Sisters, Central Oregon Partnerships for Youth, Heart of Oregon Corps, Camp Fire and Aspire programs at high schools, just to name a few.”

In the past twelve months, the Volunteer Central Oregon website received over 70,000 views—many of which led to people helping people. In Irwin’s perfect world, every single Central Oregonian who is able would be involved in our community. “Figure out the type of volunteering that will make your heart sing, and make it a priority in your life,” she said. “We are all busy, and making space for the needs of others honestly gives us more space for ourselves.”

See [VOLUNTEERCENTRALOREGON.ORG](http://VOLUNTEERCENTRALOREGON.ORG).



# Local HEROES

WE ROUNDED UP THE LEADERS OF SOME OF CENTRAL OREGON'S NONPROFIT ORGANIZATIONS TO ASK THEM THEIR NEEDS, CHALLENGES, SUCCESSES AND THE IMPACT OF 2020 ON THEM AND THOSE THEY SERVE.

## PARTNERS IN CARE

### MARLENE CARLSON, DIRECTOR OF DEVELOPMENT & COMMUNICATIONS

Partners In Care is an independent, local healthcare organization best known for hospice care delivered in private homes, care facilities and at Hospice House. With nearly 200 staff and more than 150 specially trained volunteers, PIC also has a Home Health program, a non-medical Transitions program, palliative care and grief support services.

#### *What is your impact and on what population?*

People living within a 10,000 square mile region of Central Oregon—men, women, children, veterans, rich and poor, insured or not. Partners In Care is certified by Medicare and Medicaid and private insurance covers nearly all expenses.

#### *What are people surprised to learn about Partners In Care?*

We care for people well before there is a terminal diagnosis, as they recover from

illness at home, and all the way through to the end of their lives, as well as provide grief support for a year or more following a death. Another surprising fact is that Hospice House is one of only three such hospice inpatient facilities in the state of Oregon, and the only one east of the Cascade mountains.



## YOUTHLINE

### MELISSA BUTTERFIELD, ASSISTANT DIRECTOR OF YOUTHLINE — CENTRAL OREGON SATELLITE

YouthLine is a free, confidential, teen-to-teen crisis, help and support line. Youth volunteers answer calls, texts, online chats and emails seven days a week—no crisis is too big or too small.

#### *What would people be surprised to know about your organization?*

Teens are actually answering the contacts and supporting peers their own age. These amazing young people do a level of work that is often comparable to licensed clinicians. They are hard-working, caring, articulate, empathic and passionate about mental health and changing the narrative around suicide.

#### *Tell us about a recent accomplishment that you are proud of.*

A viral TikTok was posted by a teen who suggested us as a resource. In under 24 hours our volume of contacts rose exponentially, bringing us to our new record of texts received and teens reached at once. Watching the positive impact of social media happen in real time and our teen volunteers rising to the challenge was amazing to see.



## DESCHUTES RIVER CONSERVANCY

### RON NELSON, EXECUTIVE DIRECTOR

Founded in 1996 as a collaborative, multi-stakeholder organization, the Deschutes River Conservancy exists to restore streamflow and improve water quality in the Deschutes basin.

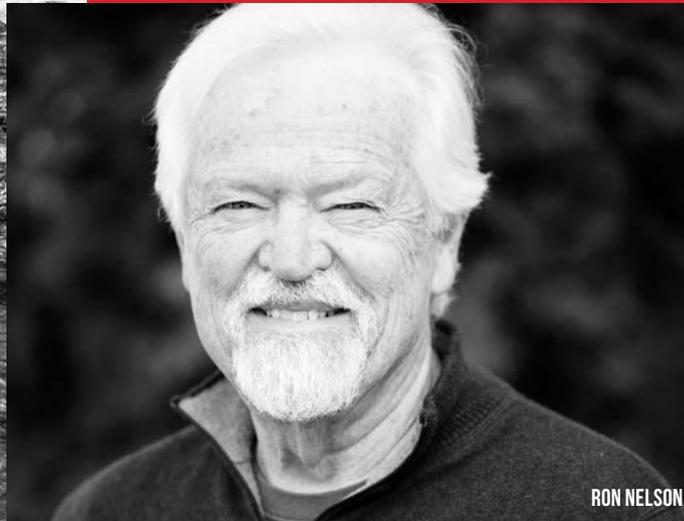
#### *What is your organization's impact and on what population?*

The DRC was founded twenty-five years ago with the sole purpose of achieving collaboration and consensus across social and economic lines within the entire basin. We're here to improve the water quality and link the

river with the community, and our impact is on everyone who has an interest in the river, whether for beauty or recreation, farming or other economic benefit.

#### *What is the most significant impact COVID-19 has had on your organization?*

The pandemic has kept us from getting together personally with our local partners and funders. We have good, strong relationships within our basin community, but we have not been able to find an adequate replacement for in-person collaboration.



**“TO SURVIVE AS A NONPROFIT, AN ORGANIZATION MUST BE VIGILANT, CONNECTED WITH THE COMMUNITY AND ADAPT TO CHANGING CONDITIONS.”**

**RON NELSON, DESCHUTES RIVER CONSERVANCY**



# Local HEROES

## LATINO COMMUNITY ASSOCIATION

### BRAD PORTERFIELD, EXECUTIVE DIRECTOR

LCA exists to empower Latino and immigrant families to thrive, creating opportunities for advancement and building bridges that unite and strengthen us all. By advocating, interpreting and providing services, more than 10,000 Central Oregon Latinos benefited from a whole-family service model last year.

*Tell us about a recent accomplishment that you are proud of.*

We are very proud that we were able to adjust quickly to the safety requirements of COVID-19 and specifically to address the financial needs of immigrant workers and their families who were excluded from unemployment benefits and CARES Act stimulus payments. We have been able to help distribute nearly \$1.5 million to our immigrant families in Central Oregon who would have otherwise been completely left out of relief efforts.

*What are your key volunteer opportunities?*

One of the best opportunities to volunteer with LCA is tutoring English. The main barrier to advancement for immigrants in the U.S. is language. Other ways to volunteer include translation and office help, especially if you're bilingual, and community outreach.



BRAD PORTERFIELD



SABRINA SLUSSER



## HUMANE SOCIETY OF CENTRAL OREGON

### SABRINA SLUSSER, EXECUTIVE DIRECTOR

HSCO strengthens the human-animal bond by advocating and compassionately caring for animals, through a variety of programs and services including sheltering and providing medical care for vulnerable animals, spaying and neutering, and feeding pets.

*What is your organization's impact and on what population?*

I don't think there is a segment of the population we don't have an impact on unless it is someone who just isn't into animals. The joy and comfort of owning a pet, especially during COVID times, definitely has its benefits as research is showing.

*What are your key volunteer opportunities?*

We are really down volunteer hours at the Thrift Store. These volunteers tend to be older and a higher risk population. We are recruiting "family pods" to come in and work together helping sort, clean and test things from clothes to electronics and sporting goods.

## THE TOWER THEATRE

### RAY SOLLEY, EXECUTIVE DIRECTOR

The Tower Theatre is a historic building anchoring downtown that houses Central Oregon's leading performing arts organization, providing cultural and

educational programs that make essential contributions to the region's lifestyle and strength of community.

#### *What is the most significant impact COVID-19 has had on your organization?*

For a group that is used to entertaining 60,000 people a year, to come to stop is a shock to the system. Our challenge has been to find creative ways to work within restrictions and requirements. If we are in the creative services business and can't find a way to work creatively, then maybe we weren't as creative as we thought we were.

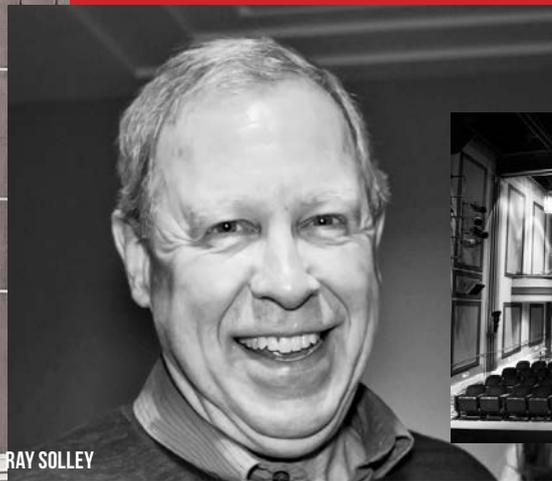
#### *Tell us about a recent accomplishment that you are proud of.*

Being a small town and small theater allowed us to try new things, small things.

After COVID closures, we first used our marquee to celebrate local graduating classes to provide a sense of community. Eventually we opened up for the weekend showcases, slowly and safely accommodating forty to eighty people to see a show and have an evening out.

#### *What do you need most at this time?*

People who share the belief that the performing arts can transform community and can bring issues and education to the forefront in ways that no other art form can. Performance is one of the easiest ways to share issues like diversity that strike deep in people's emotions. Theater turns this into an experience and a memory.



RAY SOLLEY



**“THERE ARE A HUGE NUMBER OF NONPROFIT ORGANIZATIONS IN CENTRAL OREGON, WHICH I THINK SPEAKS TO THE GENEROSITY OF THE COMMUNITY.”**

**RAY SOLLEY, TOWER THEATRE**

# Local HEROES

## DESCHUTES CHILDREN'S FOUNDATION

### AMY WARD, EXECUTIVE DIRECTOR

Deschutes Children's Foundation provides its partners—all nonprofits that serve children—with free facility management and drastically reduced-rate classroom and office space, relieving them of the burden of facility overhead and allowing them to focus on caring for more than 20,000 of our community's most vulnerable citizens each year.



#### *What would people be surprised to know about your organization?*

We started in 1990 with the Rosie Bareis campus in Bend, but now we are county-wide with four different locations in Bend, Redmond and La Pine. We save \$800,000 a year for our partners by allowing them to work from one of our locations.

#### *Tell us about a recent accomplishment that you are proud of.*

We created a totally new fundraiser to adapt to COVID-19, called Riddles: Creative Community Problem Solving. Donors received

a meal delivered to their home by a volunteer. With the meal came one of six different puzzles created by a local artist, which revealed a clue. Participants shared the clues via social media to discover more clues, to solve a riddle together. The event supported local restaurants and nonprofits, while encouraging problem solving as a community.



## MOSAIC MEDICAL

### ELAINE KNOBB-SEASHOLTZ, DIRECTOR - STRATEGY AND DEVELOPMENT

Mosaic Medical is a nonprofit community health center that serves Central Oregonians regardless of life circumstances. Integrated health services are offered and never influenced by how much money patients make, what language they speak or the status of their insurance coverage.

#### *What would people be surprised to know about your organization?*

Mosaic was founded in Prineville in 2002 by a group of concerned citizens who saw the need for a clinic that would serve anyone. We're a nonprofit and have been since day one, but we do bill insurance companies and receive federal monies. We have 375 staff members and serve 27,000 people a year.

#### *What is your organization's biggest challenge?*

Currently, our challenge is providing continued support for patients' ongoing health needs while there is still societal hesitancy to access medical visits. Foregoing immunizations for children, flu vaccines, diabetes check-ups, etc., will make individual and community health worse in the future, both for COVID risk and general health risk.



## SAVING GRACE

### CASSI MACQUEEN, EXECUTIVE DIRECTOR

Saving Grace offers safety, hope and healing to survivors of intimate partner violence and sexual assault and engages Central Oregon to build life free from violence.

***What is the most significant impact COVID-19 has had on your organization?***

Over the past five months we've really seen how the pandemic has intensified needs

of those we serve. The impacts of isolating at home, school closures and financial pressures have led to a spike in domestic violence. Our emergency shelter has increased in volume and we've managed to stay open throughout the pandemic.

***What would people be surprised to know about your organization?***

We've been serving Central Oregon for

40 years. Saving Grace's shelter opened in 1990 and was one of the first six shelters in the U.S. for domestic violence and sexual assault. One in four women will experience intimate partner violence or sexual assault. But we serve a wide range of those affected by intimate partner violence—men, women, people of all ages. Domestic violence does not discriminate and neither do we.



CASSI MACQUEEN

**“DURING THIS PANDEMIC IT’S BEEN SO EVIDENT THAT THERE IS SO MUCH GOOD HERE IN CENTRAL OREGON.”**

**CASSI MACQUEEN, SAVING GRACE**



# Local HEROES

## THE SHIELD

### DAN ANDERSON, CO-FOUNDER

The Shield protects the mental health of Central Oregon Veterans and First Responders by making specialized counseling services easily available to this unique population. We eliminate the five key barriers: awareness, availability, timeliness, confidentiality, cost.

#### *What is your organization's impact and on what population?*

There are more than 20,000 veterans and first responders in Central Oregon, and research indicates that approximately 40 percent of these important members of our community are currently in need or will someday need mental health support.

#### *What is the most significant impact COVID-19 has had on your organization?*

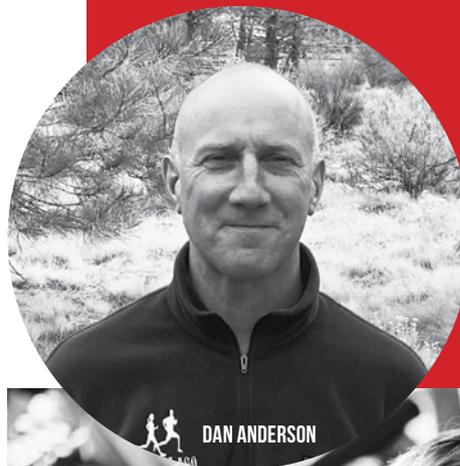
Like everyone, our clients are affected by the financial impact of the pandemic to their families, concerns about family members becoming ill, and the isolation that comes with quarantine and social distancing measures. Unlike everyone else, our first responder clients are impacted by continuing to serve the public, which puts them at higher risk for infection, and by being exposed to the public when many individuals in our community are not at their best due to additional stressors from COVID-19. Consequently, the demand for our services has increased significantly.

#### *What is your organization's biggest challenge?*

Mental health is a difficult topic for some people which can make increasing community awareness challenging. What many fail to recognize is that engaging in counseling services on a proactive, preventative basis can keep individuals healthy and prevent serious problems down the road.

**"WHAT WE NEED MORE THAN EVER IS LOCAL  
COMMUNITY AWARENESS AND SUPPORT."**

**DAN ANDERSON, THE SHIELD**



# LOOK FOR THE HAPPY, HEALTHY HELPERS

## THE POWER OF HELPING ISN'T JUST FOR THOSE YOU HELP

"If I sit around, I cry, so I decided to get off my butt and go help today." So said Oregon resident Tim Thoren in the first days of the devastating fires that tore through Oregon this September. Thoren spent many days at the evacuee site in Springfield, helping those displaced by the Holiday Farm Fire along the McKenzie River.

His thoughts speak to his own personal motivation, but also get at the heart of a deeper truth that psychologists have long understood—helping others helps us, too. Giving time or money can invoke feelings of gratitude and happiness. Scientists believe that altruistic behavior releases endorphins in the brain, producing the positive feeling known as the "helper's high." The National Institutes of Health have found that when people give to charities, it activates regions of the brain associated with pleasure, social connection and trust, creating a "warm glow" effect.

Helping can even boost your health. One reason giving may improve physical health and longevity is that it helps decrease stress, which is associated with a variety of health problems. Last but not least, giving brings us together, promoting cooperation and social connection. When we step in and help, we remember that we are part of a larger community, and others are encouraged to do so as well. That was Thoren's experience at the evacuee center in September. "It was a heartwarming and heartbreaking day," he said. "I got to see the power of my community and lead other volunteers, which was amazing."

## FIVE WAYS TO HELP TODAY

Worried that making a difference will take more time, energy or resources than you have? Not true. Here are a handful of ways to make an impact before next weekend.

### 1 GET INFORMED

Sign up for a monthly newsletter from your favorite organization, follow their social media channels, or read up on their latest accomplishments.

### 2 GIVE MONEY

Find the "donate" link on an organization's website and use it. Know that unrestricted dollars help an organization more than project-based dollars. Sign up for small monthly donations, an annual membership or a multi-year pledge. All financial donations to certified nonprofit organizations are tax-deductible.

### 3 SPREAD THE WORD

Often, an organization's biggest hurdle is just letting people know they exist. Share a social media post, video or website link about a worthy cause, talk about its actions with friends, and think of ways to help link the organization with the people it serves. Simple communication can have impact.

### 4 DONATE GOODS

Many organizations have wish lists for specific donated items. A few nonprofits run their own thrift stores. Seek out needs and make a special shopping trip or gather gently used items of your own to pass along.

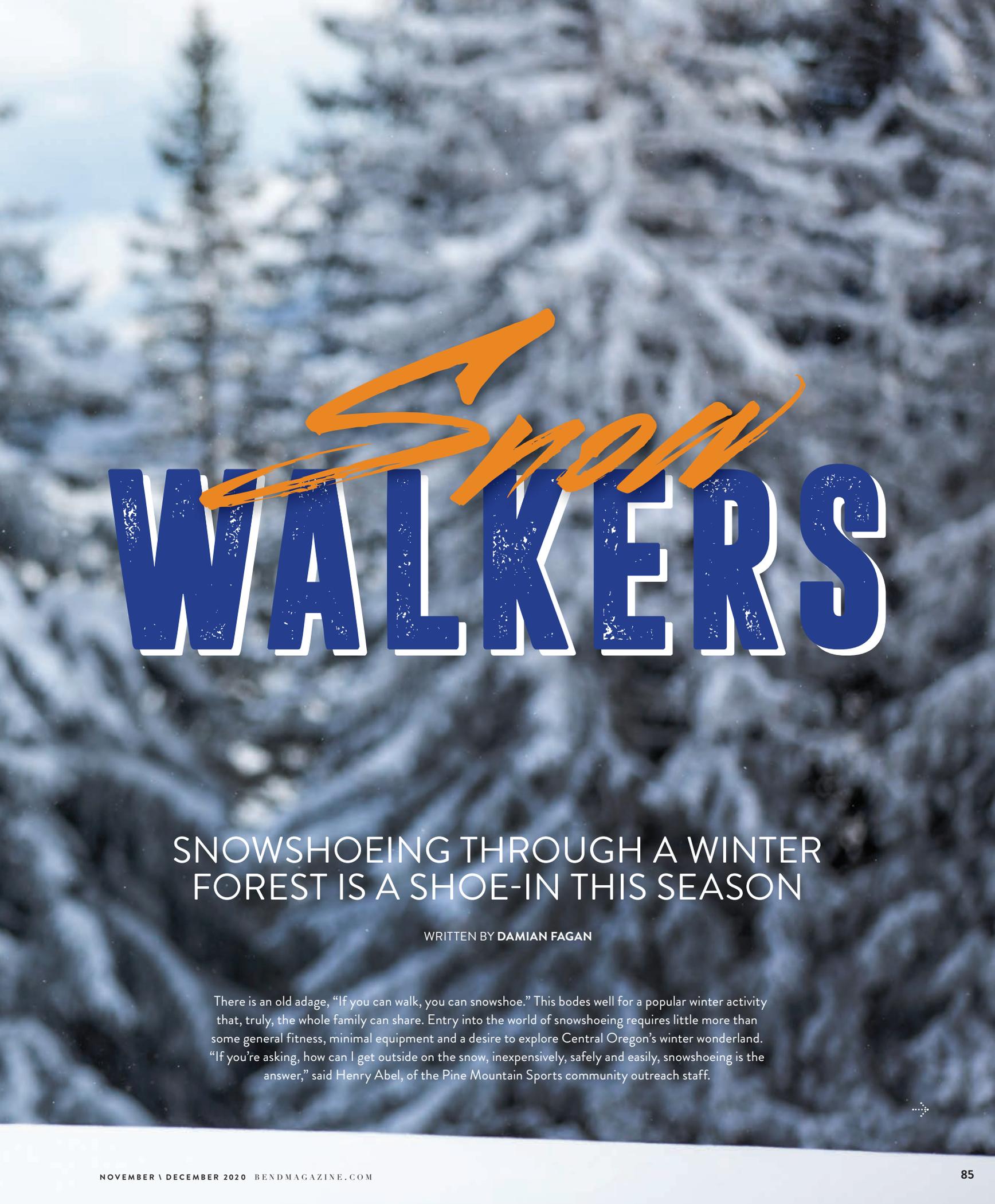
### 5 VOLUNTEER

Take the first step to donate time to a local organization. Call or check the website for volunteer opportunities. Not up for a long-term commitment? Often organizations need volunteers for one-day events, like fundraisers, or one-time projects, like painting their building. Find something that works for you and your schedule.

### 6 SHARE SKILLS

Perhaps you are a skilled copywriter or web developer. Maybe you can share expertise with contracts or legal documents. Do you take amazing photographs? Love to create social media posts? Most nonprofits need all of these services from time to time. Sharing your talents as in-kind services saves them money. ■





# SNOW WALKERS

SNOWSHOEING THROUGH A WINTER  
FOREST IS A SHOE-IN THIS SEASON

WRITTEN BY DAMIAN FAGAN

There is an old adage, “If you can walk, you can snowshoe.” This bodes well for a popular winter activity that, truly, the whole family can share. Entry into the world of snowshoeing requires little more than some general fitness, minimal equipment and a desire to explore Central Oregon’s winter wonderland. “If you’re asking, how can I get outside on the snow, inexpensively, safely and easily, snowshoeing is the answer,” said Henry Abel, of the Pine Mountain Sports community outreach staff.



# BRIEF HISTORY OF THE SHOE

Thousands of years ago our Neolithic ancestors traversed across snowy landscapes in search of game or shelter. Tired of post-holing through the snow, some archaic individual came up with the idea of binding slabs of wood or thick bark to his or her feet with leather. The oldest known snowshoe was found by an Italian cartographer in 2003 while mapping the Gurgler Eisjoch glacier at an elevation of 10,280 feet in the Dolomites. The oval-shaped, birch wood frame still had pieces of natural cordage attached and carbon-dating placed the snowshoe's age at around 5,800 years old.

From there, snowshoe evolution has led us to ergonomic 'shoes made of lightweight materials such as tubular aluminum frames, neoprene or plastic decking, and easy-to-use bindings. Heck, you can even get snowshoes sporting a Michelin tire tread.

So, if you're thinking about taking down those vintage wooden Alaskan snowshoes with the rawhide webbing hanging above the fireplace mantle, don't do it. They are cumbersome and challenging to wear—great for the historic Alaskans, maybe, but these days we can do a lot better.



## GEARING UP

Snowshoes are meant to provide floatation on the snow. This doesn't mean you won't sink somewhat into fresh snow, but you won't end up post-holing like you would without them.

As snowshoeing is an easy-entry winter activity, there isn't much need for lessons or fancy gear. First-time snowshoers might want to consider renting snowshoes and poles. If you're looking to buy snowshoes, visit an area outdoor gear store such as REI or Pine Mountain Sports to chat with an expert, because there are numerous options available.



## WHAT TO WEAR

Similar to hiking, snowshoeing offers an outdoor aerobic workout. "I tell my beginner groups that on a good day, snowshoeing is twice as hard as hiking," said Leslie Olsen, outdoor recreation leader for Bend Park & Recreation District. "It's a great way to get in a workout while seeing a beautiful landscape." As with any outdoor activity, Olsen encourages folks to be prepared and know their limits. "Being prepared is like wearing a seat belt. You're glad to have it on the one time you need it." Dress in layers to add or subtract clothes and utilize microfleece and non-cotton clothing for its insulating value and comfort. Waterproof boots, pants and a shell also offer protection from the elements.

"You're probably going to start out cold then warm up quickly," added Abel of Pine Mountain, so having a daypack to stuff extra clothes into, along with some water and snacks, is a good idea.





PHOTO ALEX JORDAN

## I'M IN. WHERE DO I BEGIN?

The beauty of snowshoeing is that as long as there is enough snow, you can literally go anywhere: city parks, neighborhoods or up to the mountains.

We can all thank Jim Davis (1926-2014), a doctor who retired in Bend, for establishing snowshoe trails at sno-parks along the Cascade Lakes Highway starting in the early 2000s. "In the winter, Jim would take his map and compass to avoid snowshoeing on the ski trails," said Fred DeCook, retired Bend resident who, along with others, helped Davis set up the initial trails. "He started to find that people were following his tracks, so Jim went to the Forest Service and asked if he could put in some dedicated snowshoe trails." With the Forest Service's OK, Davis and his group of volunteers flagged routes that the Forest Service would then vet and approve as a trail. After approval, the crew installed trail markers—blue diamonds with a snowshoer icon—with aluminum nails. Today, Central Oregon Nordic Club volunteers provide stewardship along 23.5 miles of snowshoe trails in cooperation with the Forest Service.



# VIRGINIA MEISSNER SNO-PARK

Located 15 miles from Bend along the Cascades Lake Highway, this sno-park was named in honor of Virginia Meissner, a long-time Central Oregon resident who taught cross-country skiing and introduced many people to the outdoor wonders of the area. Originally known as the Tangent area, this is the first sno-park winter enthusiasts encounter on the road to Mount Bachelor.

The Ponderosa Loop is 3 miles long and follows the rolling terrain through ponderosa and grand fir forests to the Meissner warming shelter, which is a perfect spot to enjoy a snack or lunch or to howl at the full moon.



## SWAMPY LAKES SNO-PARK

A few miles above Meissner Sno-Park is Swampy Lakes Sno-Park. Often less crowded than Meissner, this area offers two great snowshoe destinations: Swampy Lakes Shelter and the Nordeen Shelter, named after local legendary ski pioneer Emil Nordeen (1890-1986).

The Swampy Lakes loop starts at the trailhead sign and travels west towards Swampy Lakes. This trail has rolling terrain, passes through mixed conifers, and leads to the new Swampy Shelter which was built in 2016 (the old one was leaning too far left, seriously). The Porcupine Loop is 3.5 miles long, and if you're up for a cardio burn, take the Telemark Butte alternate route on your return trip for a 4.25-mile-long loop.

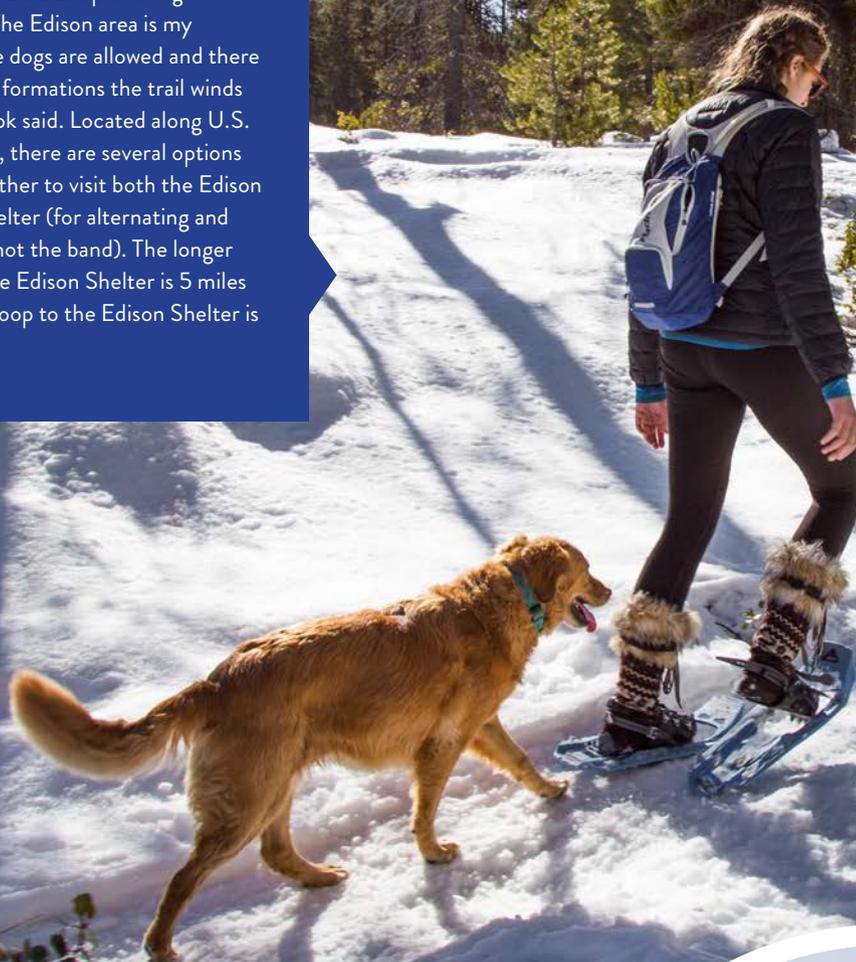
The Nordeen Shelter trail also begins at the trailhead and heads east through lodgepole pine stands and open meadows before ending at the shelter. Part out-and-back, part loop, the 4.75-mile-long trail is relatively level most of the way. There are views of the rocky face of Paulina Peak in Newberry Volcanic National Monument from the shelter.

PHOTO LEFT RICHARD BACON, TOP CAVANI IMAGES / ALAMY STOCK PHOTO



## EDISON SNO-PARK

This sno-park includes some “electric” routes such as the Direct Current Trail, Tesla Trail, Light Bulb Loop and High Voltage Trail. “The Edison area is my favorite because dogs are allowed and there are a lot of rock formations the trail winds around,” DeCook said. Located along U.S. Forest Road 45, there are several options to tie trails together to visit both the Edison and AC/DC Shelter (for alternating and direct current, not the band). The longer Tesla Loop to the Edison Shelter is 5 miles and the Short Loop to the Edison Shelter is 3 miles long.



## TODD LAKE

Two trailheads lead to Todd Lake. Many snowshoers prefer starting at the Mt. Bachelor Nordic Center and, after obtaining a free corridor pass, ‘shoeing down the Common Corridor instead of parking at the Dutchman Flat Sno-Park and navigating through snowmobile traffic. The trail to Todd Lake traverses through a magnificent old growth mountain hemlock forest. After a fresh snow, some of the younger trees sport headdresses of snow which give them a gnome-like appearance. After descending to Todd Meadow, the trail winds along the outlet for Todd Lake which, depending upon snow depth, may have a fluted appearance as the creek becomes entrenched within walls of snow. Expect visiting Canada jays to swoop in on any unprotected sandwich or snack. Loop is 3.75 miles.





## SKYLINER SNO-PARK

This sno-park is located 19 miles from Bend along Skyliner Road and offers a couple of options to reach Tumalo Falls. To make the 6.0-mile loop, follow the Tumalo Creek trail to the falls and return via the closed road or just snowshoe out and back on the closed Tumalo Falls Road. The 100-foot-high Tumalo Falls may be framed by ice as it plunges over a basalt ledge.

## GUIDED ADVENTURES

In addition to Bend Park & Recreation District, Wanderlust Tours offers a variety of family-friendly guided snowshoe outings, including some at night. "As a human species, we often overlook that the forest holds incredible richness once darkness sets over the forest canopy," said Dave Nissen, owner of Wanderlust Tours. In particular, their Bonfire on the Snow trips are unforgettable, as participants explore an old growth forest under a canopy of stars, then refuel around a glowing bonfire with drinks and treats before meandering their way back to the van. So many trails, so little time.



### PRO TIPS

- A sno-park permit is required November 1 to April 30 for parking at a sno-park. Annual or day pass options are available, and the pass helps support plowing and restrooms.
- Sno-parks on the north side of the Cascade Lakes Highway are closed to dogs but sno-parks on the south side are open to dogs.
- Obtain a free corridor trail pass at the Mt. Bachelor Nordic Center for the Common Corridor and remember to stay off the groomed trails.
- Be prepared. Bring the ten essentials, extra batteries for your headlamp if snowshoeing at night, and always let someone know where you are headed.
- Zip your cellphone pocket closed before creating a snow angel.
- Phone batteries may lose charge in the cold, so consider bringing the waterproof/tearproof Bend Area Trails map by Adventure Maps as a backup, or as a primary for us old schoolers out there. **B**

PHOTO FACING PAGE RICHARD BACON, THIS PAGETOP BRAD BAILEY, BOTTOM ALEX JORDAN

PALATE



OVEN-BAKED

# A DUTCH OVEN *Holiday*

Expand your repertoire with Dutch oven cooking

WRITTEN BY KAILEY FISICARO | PHOTOS BY ALEX JORDAN

DISHES PREPARED BY KELLY ALEXANDER, HEATHER RENEE WONG, KAILEY FISICARO

The Dutch oven has been around since the 1700s, but the classic cooking vessel has exploded in popularity in recent years. Look around and Dutch ovens will catch your eye everywhere. You'll see them recommended in recipes, staged on stovetops in stylish kitchens in Instagram posts, and viewed as a must-have registry item by couples who love to cook.

For cooks who love the "low and slow" method, a Dutch oven evokes a sense of well-insulated, evenly cooked joy. These old-fashioned lidded cooking pots are usually made of cast iron, offering the benefits of temperature control and of long, slow cooking.

One of the most enticing features of Dutch ovens is their versatility. They're amazing for recipes that use a combination of cooking methods, so that you can proceed through sautéing garlic until just fragrant, to browning meat, adding sauce and pasta, bringing to a boil and layering on cheese to finish cooking in the oven.



Serious Eats' Classic Sage and Sausage Stuffing



## PUTTING THE “DUTCH” IN *Dutch Oven*

Pots similar to Dutch ovens have long been used by people around the world. It's why you'll find recipes from so many cultures that require a thick, well-insulated pot for low and slow cooking. Origin stories vary about how use of the modern Dutch oven spread, but there is agreement about how the cast iron oven earned the “Dutch” designation.

History shows people in the Netherlands cooked in pots made with a special technique of casting metal in sand. Today, the coveted Dutch oven brand Le Creuset still uses sand in its metal casting process, according to the website [The Kitchn](http://TheKitchn.com).

The renewed interest in these centuries-old kitchen accessories comes at a time when many Americans are trying to slow down cooking again. For decades now, we've been in a hurry in the kitchen, feeling the need to make things quick, easy, disposable and shelf-stable. While a can of sauce or store-bought stew may be nice to have in a pinch, there's something to be said for recipes that are still quite simple, but fresh and truly homemade. That's the line of thinking for Matt Perry, owner of Bend's Savory Spice Shop franchise.

“A slow cooker or Crock-Pot is basically the newer version of the Dutch oven,” Perry said. “You can leave it without leaving fire on in your house.”

But with so many people staying in and working from home through the pandemic, he added, more people are comfortable turning back to slow cooking in a Dutch oven because they can keep an eye on things.

Dutch ovens are a great vehicle for some delicious recipes on the stovetop, in the oven or even over a campfire. In addition to the versatility mentioned above, they're a kitchen item to be treasured, as they can last a lifetime. A blender you get in your twenties might not see you through college, but a well-cared-for Dutch oven can take you through decades of holiday brunches and dinners.

Perry has had a Le Creuset Dutch oven for about ten years and uses it often to make a Savory Spice Shop pot roast recipe, Thai coconut curry soup, chili and other foods. Le

No-knead bread from the cookbook  
*Half Baked Harvest Super Simple*





Creuset Dutch ovens are one of the brands lauded for their ability to last generations. And there's just something about using a Dutch oven that makes cooking that much more special.

If you're already the proud owner of a Dutch oven, you're well aware of just how rewarding it is to cook with one.

"It's just a nice way to cook that has pretty simple steps where the result makes you feel like you're a really good cook," Perry said.

During the holidays, in addition to braising roasts or other meats as a main course, Perry said he's sure to make mulled cider in his Le Creuset every year. Part of what makes cooking with Dutch ovens feel so impressive is the way delicious scents are sure to emanate from them.

## TESTING YOUR DUTCH OVEN THIS

### *Holiday Season*

If you're looking to put your Dutch oven's flexibility to the test, Half Baked Harvest's one pot spicy pesto cheese baked rigatoni is a great place to start. This recipe shows off all your Dutch oven can do from sautéing to baking, and the dishwasher in your house (person or machine) will get a little pleasure out of being able to ignore the direction to transfer to a baking dish "if needed." Looking for other one-pot masterpieces? Take advantage of your Dutch oven during the holidays with these crowd-pleasing recipes full of flavor and seasonal joy:

- Ree Drummond's Perfect Pot Roast
- Gimme Some Oven No Knead Bread
- La Cocina de Leslie's Mole Dulce
- Williams Sonoma Homemade Cinnamon Rolls
- Bowl of Delicious Whole Roast Chicken
- Saveur Classic Jewish Brisket
- The Kitchn Slow Cooker Spiked Mulled Cider
- Serious Eats' Classic Sage and Sausage Stuffing



The Kitchn Slow Cooker Spiked Mulled Cider



—  
**BACKPORCH  
 COFFEE  
 ROASTERS**  
 —

70  
 SW  
 Century

706  
 NE  
 Greenwood

1052  
 NW  
 Newport

# RIMROCK GALLERY

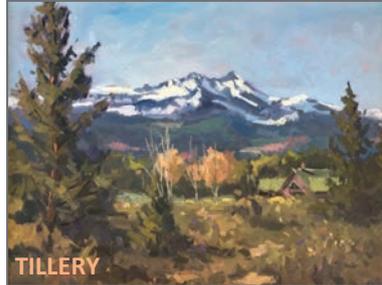
rimrockgallery.com



HOMSHER



THOMPSON



TILLERY



LINDWOOD



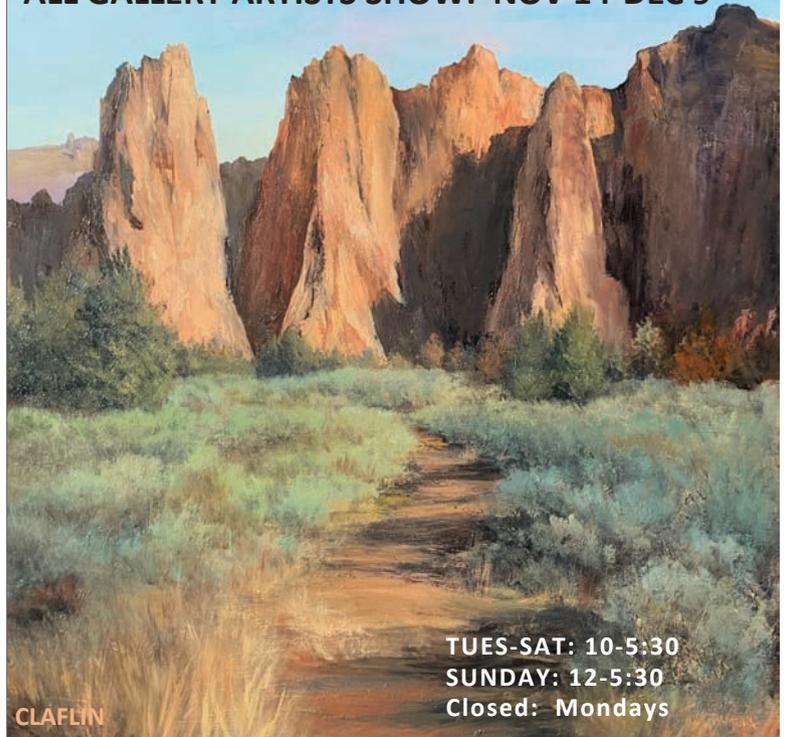
SAUNDERS



HALL

**CHRISTMAS SMALL WORKS: DEC 12-JAN 6**

**ALL GALLERY ARTISTS SHOW: NOV 14-DEC 9**



CLAFLIN

TUES-SAT: 10-5:30  
 SUNDAY: 12-5:30  
 Closed: Mondays

*John Paul Designs*  
 JOHN PAUL DESIGNS.COM

SIGNATURE SERIES & CUSTOM DESIGN  
 1006 NW BOND ST. • BEND • 541-318-5645

info@rimrockgallery.com 541-903-5565  
 405A NW 3RD STREET PRINEVILLE OR 97754



Ree Drummond's Perfect Pot Roast

## FINDING THE *Dutch Oven* FOR YOU

If a Dutch oven is still on your holiday wish list and not yet in your kitchen, follow this list to consider what exactly you're hoping to get out of it before choosing from one of the many brands available. A quick search will show, Dutch ovens can get pricey. But many cookware lines, including ones by celebrities, have come out with excellent options at much more affordable prices.

**Use:** What recipes do I want to use and how big does my Dutch oven need to be for those?

**Temperature range:** What temperature range is necessary for the recipes I'll cook?

**Aesthetic:** What look do I want?

**Enamel:** Does an enamel finish matter for what I'm cooking?

**Life expectancy:** How long do I want my Dutch oven to last?

**Cost:** What's my budget?

Once you have these questions answered, you're likely to find a Dutch oven that checks off most everything on your list.

"It's a great way to take a piece of meat or vegetables, and you can put so many flavors in and let it meld it together for hours," Perry said. "That's ideal for flavor. You think about historically the types of food we love from different cultures, like curries or Mexican moles, or chili from around here, it's all about low and slow pots with liquid, meat and vegetables, and the longer they cook the better those flavors get."

At Savory Spice Shop they offer a spice set called "one pot wonders" that works well for low and slow cooking—whether that's in a Dutch oven or an electric slow cooker.

As the public's recent obsession with bread-baking has shown us, Dutch ovens are also an amazing conveyor for homemade no-knead or sourdough loaves. According to the King Arthur Baking Company, the secret is the steam that the insulated, lidded Dutch oven traps inside. Steam is key to a wonderful bread crust, and what makes cinnamon rolls made in a Dutch oven an absolute delight, especially as a holiday morning treat for a full house.

Dutch ovens offer us a time-tested way to complete many of the cooking traditions we love around the holidays: taking our time making a meal, filling the house with the smell of rich savory or sweet flavors and having the ability to feed a crowd with something warm and made with heart. **B**



COME TO THE  
**THE PHOENIX**  
 RESTAURANT  
 FOR  
**HOLIDAY DINING**

**THANKSGIVING DAY**  
 SPECIAL PRIX FIXE MENU

**CHRISTMAS EVE**

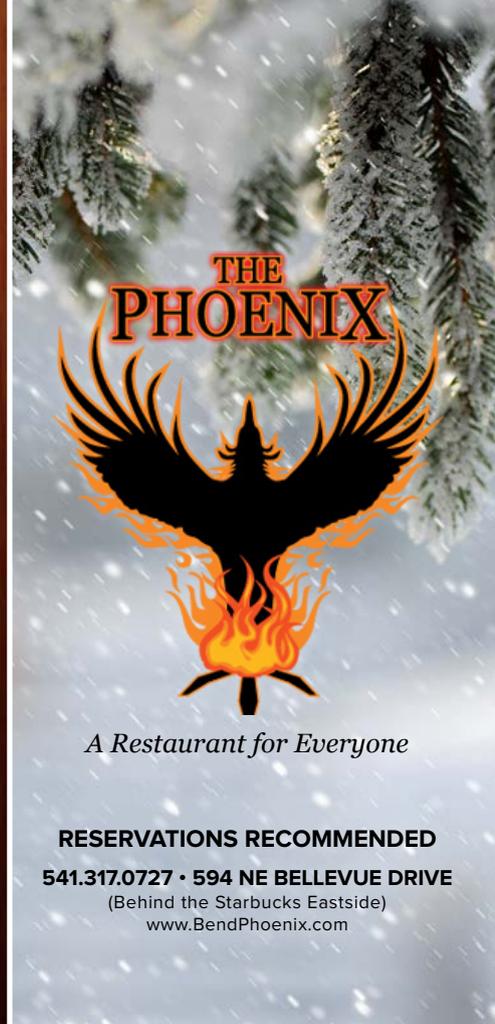
**CHRISTMAS DAY**

**NEW YEAR'S EVE**

**NEW YEAR'S DAY**  
 CLOSED

**RESTAURANT OPEN**  
**SUN - THURS 11:30AM - 8PM**  
**FRI - SAT 11:30AM - 9PM**

**LOUNGE OPEN EVERYDAY**  
**11:30AM - 9PM**



*A Restaurant for Everyone*

**RESERVATIONS RECOMMENDED**  
**541.317.0727 • 594 NE BELLEVUE DRIVE**  
 (Behind the Starbucks Eastside)  
[www.BendPhoenix.com](http://www.BendPhoenix.com)

*Book your next party by phone or online*

[www.bowtiegateringbend.com](http://www.bowtiegateringbend.com)

541.241.8711

CHEFS

# Ingredient Studio

This duo helps you create culinary masterpieces in your kitchen

WRITTEN BY TERESA RISTOW



Pasta alla chitarra

This holiday season, the best tasting meal you serve at home might be something you create personally in your own kitchen. Or it might be fixed by professionals who have worked at the Food Network or cooked alongside Jacques Pépin and Bobby Flay. With a call to Bend's Ingredient Studio, either is possible.

Ingredient Studio is the culinary brainchild of Candy Argondizza and Marité Acosta, an accomplished pair of female chefs who moved to Bend from New York City in 2017, after years of visiting Central Oregon. Together the couple offers in (your) home cooking lessons,



Candy Argondizza and Marité Acosta

*“We really like to cater [our services] to each person’s experiences or interests, and that I think makes it unique.”*



LOCAL  
FLAVOR

Perfect chicken

cooking parties and private chef services, guaranteeing delicious meals served at your own table whenever you book them, or gift their services to a friend or family member.

“When we moved here, we saw an opportunity to do what we love,” Argondizza said. “I’ve been cooking for years and teaching, and to combine the two into our own business was exciting.” Ingredient Studio’s services are tailored to each customer and can cover specific cuisine or skill building for chefs with varying abilities. “We really like to cater it to each person’s experiences or interests, and that I think makes it unique,” Acosta said. “The education goes beyond just the cooking. The idea really is to tailor it, and give them skills beyond the stove.”

Both Argondizza and Acosta have a lifelong passion for cooking, and their own paths converged more than twenty-three years ago in New York City, long before they’d ever visited Central Oregon. Both culinary professionals at the time, they were introduced by a mutual acquaintance—their gym trainer. After meeting, they continued to live the city life and build upon their impressive resumes in the culinary world.

Acosta spent her time working at the Food Network and Cooking Channel, where she focused on recipe testing and development, often helping with important behind-the-scenes decision making and information gathering. “On *Iron Chef America* I was stationed in a control room that looked down over the set and would call out anything that was going on using any number of the unique ingredients that the chefs were working with,” she said. “The producers

then feed that information to the host, Alton Brown, who would immediately incorporate the ingredient and some details or history about it to the audience.”

Meanwhile, Argondizza was busy leading kitchens in highly regarded New York restaurants, working alongside some of the industry’s best chefs, including Bobby Flay, Jacques Pépin, Alice Waters, Dan Barber and David Chang. In 2000, she took a role teaching at the International Culinary Center, where she served as Vice President of Culinary & Pastry Arts for seventeen years. She was named Culinary Teacher of the Year by the prestigious International Association of Culinary Professionals and has mentored students and instructors alike.

“Our world was all culinary all day back in New York,” said Acosta, who explained that after years of coming from New York to Central Oregon to visit friends, the couple had fallen in love with the area, and by 2017 were ready for a cross-country move to make it their home. “We loved our lives in New York City, but we were ready for another chapter and a better work-life balance,” Argondizza said.

After moving, they quickly got to work launching Ingredient Studio, with plans to offer lessons, personal chef services and a hybrid option, where customers participate in a portion of the cooking and then let the chefs take over. The services are personalized, and after a lesson, Argondizza and Acosta make themselves available in the future to answer cooking questions. “We let them know they now have access to asking us any question any time, going forward,” Acosta said.



Candy teaches a lesson in gnocchi making

Business has been steady over the past three years, and although things slowed down with the pandemic, the duo hopes to keep busy through the holidays with private chef services and small lessons. They also have plans to again offer larger cooking parties in the future. Ingredient Studio also offers gift certificates, and Argondizza and Acosta said a lesson or series of lessons makes a great gift for the chef in someone’s life. “It’s an experience, but it’s also a life skill,” Acosta said. The lessons are appropriate for just about anyone, from parents and children to aspiring chefs, to those just looking to improve technique or perfect a certain type of cuisine. There’s really no downside to gifting someone the experience of becoming a better cook. Because, as Argondizza said, “it’s the gift that keeps on giving.” ■

## Winter Warmer

A HOT TODDY WITH A TWIST FOR THE HOLIDAYS

The Pine Tavern is one of the oldest restaurants in Bend, and a favorite during the winter holidays. After a morning of shopping downtown, I always take my niece there for lunch—just like my mom took me, and her mom took her. The wood-paneled walls are decked in festive greenery and sparkly white lights, families dress up a little bit more than Bend casual, and in the dining room you can stare at the old Ponderosa pine trees growing up through the roof and classic Bend photos on the wall and remember those who came before you who stared at those trees and photos, too. It's a special place.

I asked bar manager Lucas Neff what people like to order on cold winter days and his answer was simple—the Pine Tavern Hot Toddy. “When people come in during the winter, they want to warm up,” he said. So he created a twist on the whiskey toddy—using green chartreuse liquor to give it more of an herbaceous note than medicinal. Green chartreuse is made from hundreds of herbs, plants and flowers by French monks who have been making the liqueur since 1737. “The herbal flavor really works with the citrus and sweetness of both the honey and orgeat,” Neff said. Add spicy bourbon, hot water and a cinnamon stick, and you can bring a little of that Pine Tavern magic home.

— Sara Freedman

### PINE TAVERN HOT TODDY

1.75 ounces of Easy Rider bourbon (Hood River Distillers)  
1 teaspoon green chartreuse  
.5 ounce lemon juice  
1 Tablespoon honey  
2 teaspoons orgeat

Add all ingredients to glass, add hot water and stir. Garnish with lemon wheel, cinnamon stick and star anise. B



# EAT EXPLORE CENTRAL OREGON

Many restaurants across Oregon reopened this summer in some capacity, allowing guests to dine in by following social distancing guidelines and safety protocols. Most dining establishments also remain open for takeout and delivery, and would love to receive your order. As always, buying a gift card is a great way to support your favorite local restaurants any time of the year. Contact individual restaurants for details.



## PIZZA MONDO

Pizza Mondo, a longtime locals' favorite, has been serving award winning pizza from its landmark downtown Bend location since 1996. By the slice or whole pie. Take-out and delivery available. Seasonal pizzas, fresh salads and NW craft beer.

811 NW Wall St., Bend  
(541) 330-9093  
PIZZAMONDOBEND.COM



## PHO VIET CAFÉ

Vietnamese standards like pho & noodle bowls are served in a modest, relaxed space. Now serving Bun Bo Hue/ Spicy Lemongrass Base Pho Noodle Soup! Open Christmas day, join us to celebrate!

1326 NE 3rd St., Bend  
(541) 382-2929  
PHOVIETANDCAFE.COM



## KEBABA

From its Westside Bend location, Kebaba offers a unique, award winning take on modern Middle Eastern food. Serving fresh and delicious kebabs, salads, hummus, falafel and much more. Special diet friendly. Patio garden seating available.

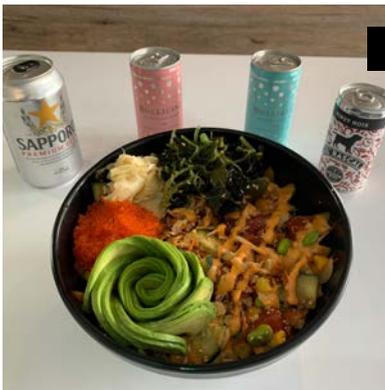
1004 NW Newport Ave., Bend  
(541) 318-6224  
KEBABA.COM



## PFLÜCKE

Prost to the Holidays at pflücke Grillhaus & Biergarten! Come pfrölic & pfeast on German & local fare and cheer with haus smoked meats & pickled delights. Now serving the best new breakfast in town! Spacious patio and open air dining room.

2747 NW Crossing Dr., Bend  
(541) 241-0224  
PFLUCKE.COM



## POKE ROW

At Poke Row, our focus is on fresh and healthy food, in a cozy, casual environment. A poke bowl is essentially deconstructed sushi, put together just the way you like! Voted Best Local Bowl by The Source. Come visit us in NWX!

2735 NW Crossing Dr. #105., Bend  
(541) 306-6796  
POKEROW.COM



## PHO HOUSE

Pho House specializes in gourmet Vietnamese cuisine using only the finest, fresh ingredients. Top notch pho made with utmost authenticity, and friendly service. Take out, delivery through DoorDash, and curbside. Be pho-filled!

1604 S. HWY 97 Suite 9, Redmond  
(541) 526-5474  
PHOHOUSEREDMOND.COM



## ACTIVE CULTURE

Enjoy a healthy breakfast, lunch or dinner on our patio. Sip on a smoothie, shake, glass of wine or beer on tap. Burritos, bowls, salads, wraps and so much more! Or use our free delivery anywhere in Bend! Download our app or order online.

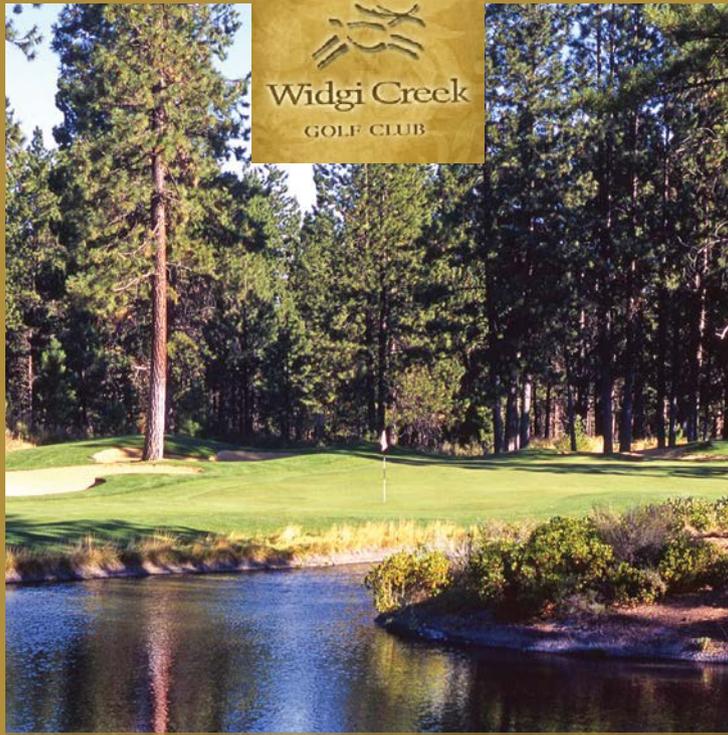
285 NW Riverside Blvd., Bend  
(541) 241-2926  
ACTIVECULTURECAFE.COM



## BETHLYN'S GLOBAL FUSION

Unique restaurant concept to crave your taste buds we are bringing recipes around the world under one roof. From Ethiopian to Thailand to Mexico. It accommodate all diets. Healthy, carnivore, vegan, gluten free and worldly flavors.

1075 NW Newport Ave, Bend  
(541) 617-0513  
BETHLYNSGLOBALFUSION.COM



CENTRAL OREGON'S FAVORITE  
PUBLIC GOLF COURSE

541.382.4449 • widgi.com • Bend, OR

# Summer Lake Hot Springs

*A Healing Retreat*

Paisley, Oregon

*Come Experience the Energy of Nature!*

Geothermally Heated Cabins

Hot Mineral Baths

541-943-3931



2 Hours SE of Bend • [www.summerlakehotsprings.com](http://www.summerlakehotsprings.com)

# THE ATHLETIC CLUB OF BEND



## Club Amenities

- Indoor/Outdoor Pools
- Seven Tennis Courts
- Two Weight Rooms
- Four Cardio Spaces
- Included Outdoor Classes
- 130,000 sq/ft on 25 Acres

Check Out our New Free-Weights Weightroom!  
Schedule a Tour Online Today,  
On-site & Virtual Tours Available.

(541) 385-3062



*Commit to Yourself.  
We're Committed to You*

[athleticclubofbend.com](http://athleticclubofbend.com)

# Back Deck *art & events*

ART + FILM + CULTURE



Richard Yozamp in front of his mural at Miyagi Ramen

PAINTING

## Pop Artist

Native son Richard James Yozamp brings street art home

WRITTEN BY LEE LEWIS HUSK

PHOTO ALEX JORDAN, WARDROBE COURTESY OF REVIVAL VINTAGE BEND, PANTS BELONG TO ARTIST, NECKLACE COURTESY OF PLANET HOMESLICE



**R**ichard James Yozamp pours another layer of house paint over a dead tree limb embedded in a concrete bucket in his garage studio. When finished, the sculpture will be part of his collection of “Bucket Trees” that he will place around town for people to enjoy and take home for free. “Everyone understands twigs,” said the Bend native, who recently returned to Central Oregon after immersing himself in street art in Southern California and apprenticing with masters in silk-screen T-shirts and pop-art prints.

The 2007 Summit High School graduate headed to Montana State University planning to major in art, but disliked the art school and switched instead to a business and marketing degree. He didn’t give up his dream of becoming an artist, though. “I painted abstracts by pouring paint onto a canvas in the party room of my fraternity,” he recalled. “I had eight large paintings and recruited eight sorority sisters to use their hair dryers to finish them in time for the student art show. I priced them cheap. They sold out quickly.”

## OPPOSITE PAGE

Yozamp's vision of Three Fingered Jack.

## CLOCKWISE FROM

**LEFT** Yozamp in front of the Bo's Falafel Bar mural he painted; "Bucket Tree," part of an upcoming public art project; Mt. Bachelor in paint, Yozamp-style.



After college, he moved to Ocean Beach, California, in 2012, surfing every day and working at James Gang T-shirt shop learning silk screening, color theory, photoshop and design. While there, he heard that Shane Bowden, a neo expressionist pop artist, was looking for an assistant. The Australian's bold, vibrant and often provocative prints reminiscent of Andy Warhol and Robert Rauschenberg had a following in the art world. At one point, Bowden owned galleries in the United States, Canada and Asia.

"I went to meet him at his La Jolla gallery, and he told me, 'You're starting Monday morning. You'd better be ready,'" Yozamp recalled. "I get there, and he tells me to make a four-by-four-foot silk screen of a Chanel (perfume) bottle. That's an industrial size. I worked for him for four years, pumping out art, as many as 136 silk-screen paintings in one day. Until then, I didn't know you could make a living doing art.

"He mentored me, and after a year of hardcore boot camp, I was painting forty to fifty hours a week," he said. "I started selling my own work in galleries as a 'ghost painter' under his name and brand. At 25, I was making really good money and managing his whole operation and opened up eight galleries for him."

When Bowden went to Italy in 2017 and didn't return, Yozamp locked up the galleries. "I looked for work for several months, sold my own work and did small gigs," he said. "I was directionless, but with the foundation Shane gave me, I was ready to become my own artist."

His dad, Jim Yozamp, found him a job in marketing and sales in Bend in 2018. The younger Yozamp gave corporate life his full attention until he realized it wasn't for him. "I was ready to get back into the studio and get creative," he said. "The art followed me to Bend, and I got an order from Krave and Kulture, a high-end fashion and curated pop-art business in Palm Springs, for sixty paintings under my own signature."

In addition to the Bucket Tree sculptures of dried bushes and dead branches, his studio had several large canvases ready for painting, made of heavy material he buys at Joann fabric store. "I love going to

Joann's and using my 50 percent off coupons," he said and laughed. Although he's mostly done silk-screened paintings in the past, he's more focused now on hand painting his subject matter, which often includes mountains or trails he hikes in Central Oregon.

Yozamp also brought home a love of contemporary street art and mural painting. "I ran around San Diego at 2 a.m., zip tying cardboard cutouts to different parts of buildings, fences and street signs—about 100 different pieces at a time and a new series every week or two," he said. "The subject matter included babies doing adult things, like reading the LA Times, drinking Starbucks or texting and driving a child's Mercedes SUV electric toy car."

Since returning to Bend, he's painted murals at Bo's Falafel Bar and Miyagi Ramen, and is in talks for other commissioned, large-scale public murals around Bend in 2021. He's also had shows at Outside In equipment store, Dump City Dumplings and Revolvr Menswear.

At 31, Yozamp is a fresh face on the local art scene. Expect to see more of his work around town. Visit him by searching @yozamp on Instagram. **IB**

*Yozamp's newest exhibit, including classic views of Central Oregon Cascade lakes and mountains in natural fibers, will hang at Found Natural Goods opening December 4 and running through the month.*



## Winter starts here.

You do not have to go to the ends of the earth to get away from it all. Make your escape to Sisters Country. Plan your next visit at [sisterscountry.com](http://sisterscountry.com).



The  
**SISTERS**  
Country

SISTERS AREA CHAMBER OF COMMERCE  
866.549.0252 [www.SistersCountry.com](http://www.SistersCountry.com)

## GIFT BOOKS

# There is a Place

Sisters author marks the golden anniversary of beloved  
Black Butte Ranch

WRITTEN BY KAILEY FISICARO

In the new 50th anniversary book *Black Butte Ranch: There is a Place*, author Kathryn Graves Yoder's love for the resort located north of Sisters spills over to readers. Through essays about the ranch's history, natural beauty, residents and the people who've kept the ranch running, Yoder's affection extends into a reverence for the land Black Butte Ranch was built on, which of course has a history far older than the resort's 1970 opening date.

In the eighty-eight-page coffee table book, rich photos accompany the essays to portray Black Butte Ranch as the people who hold it close know it. There is a constant nod to legacy within the book, as many homes, experiences and memories are passed down between generations at Black Butte Ranch. And yet the book, like the ranch, welcomes newcomers to explore, too.

Yoder, a Sisters resident, herself holds tight ties to the ranch's beginning. Her father, the late Robert "Bob" Muir Graves, a landscape architect who specialized in golf courses, designed Big Meadow at Black Butte Ranch, which is why Yoder's mother, Mimi Graves, wrote the book's introduction. "I was able to, from the time I was a little kid, watch the ranch evolve," Yoder said. "A large portion of it was considered a swamp, which the Brooks Resources folks very thoughtfully transformed."

Within the book, Yoder highlights how the Brooks Resources Corporation, which acquired and developed the area into Black Butte Ranch, was in many ways ahead of its time in its approach to construction. Tying into the book's legacy motif are themes of stewardship, land management and a deep appreciation for nature.

Yoder's first essay details the history of

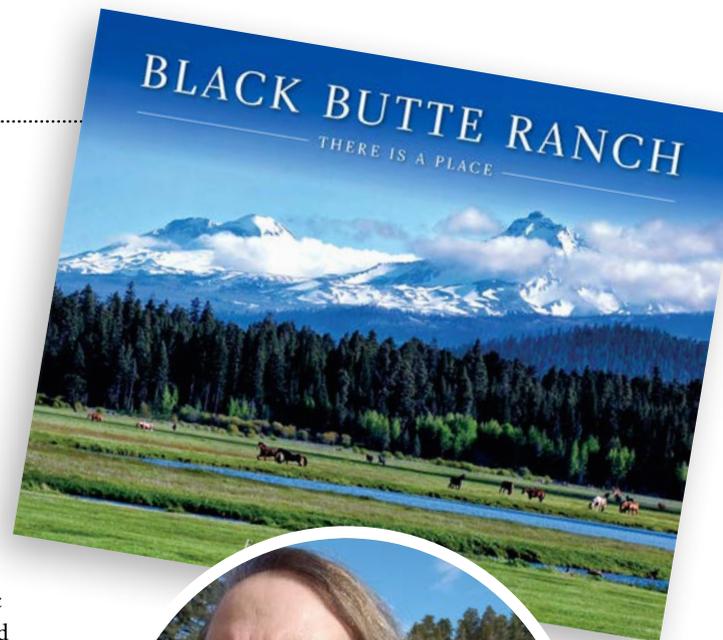
the ranch and the land, from its geologic beginnings, to the first people who called it home, the Northern Paiute nation. It was important to Yoder to tell the history of the land going back to its first inhabitants. In the book we hear from Wilson Wewa, a leading authority on Northern Paiute oral history, a Warm Springs elder and great-great grandson of Chief Paulina, for whom Paulina Springs and other local landmarks are named. "It's a history that needs to be acknowledged and respected," Yoder said.

In its modern history, Black Butte Ranch was often regarded as a hidden gem. Yoder spoke with the Brooks Resources team who started the ranch including Bob Harrison, Mike Hollern and Bill Smith, uncovering how the ranch's first marketing campaign led by Smith took advantage of that "hidden gem" idea. Instead of focusing their spending on big advertising campaigns, the corporation invested in the ranch and relied a lot on word of mouth.

"The phrase Bill used is that 'we just focused on celebrating the generosity of place,'" Yoder said. "The place just speaks for itself. There's such a generosity of beauty."

There's a significant generosity of the ranch within the larger community, too, Yoder said. In addition to being the City of Sisters' largest employer, Black Butte Ranch makes donations to organizations like Sisters School District each year. "Everybody that I interviewed had such a deep connection to the place, and they do a lot of volunteering to keep it clean and healthy and accessible for everyone," Yoder said. "It's a place that's very welcoming."

On the day of Yoder's interview with *Bend Magazine*, she was heading to the ranch later that day, in honor of what would have been her father's



Kathryn Graves Yoder

*"The place just speaks for itself. There's such a generosity of beauty."*

90th birthday. She and her family planned to lunch at Robert's Pub, named for her dad.

"It's very ... I still catch my breath when I turn around and look at Black Butte and the Cascade Range there," Yoder said.

The essence of what makes Black Butte Ranch special, as captured within the book, will appeal not only to ranch residents but to history enthusiasts, nature lovers and explorers searching for a vacation destination. This coffee table book is a wonderful holiday gift. **B**

Black Butte Ranch: There is a Place, essays by Kathryn Graves Yoder, is available for sale at Paulina Springs Books, Black Butte Ranch and online at [BLACKBUTTERANCHSTORE.COM](http://BLACKBUTTERANCHSTORE.COM)

## ■ culture

### Relief for Central Oregon's Cultural Groups

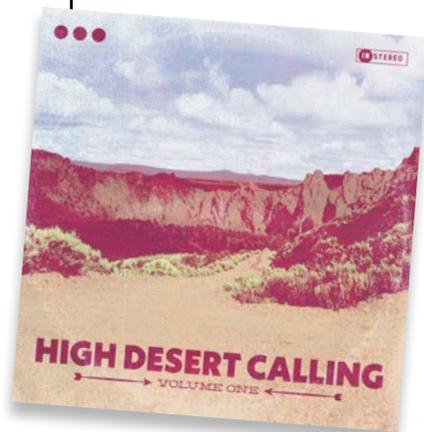
Nearly \$1 million in COVID-19 relief funds are being distributed via grants to Central Oregon cultural organizations, giving those groups a leg up after a financially challenging spring and summer. The grants are part of statewide funding approved by the Oregon Legislature in July and dispersed throughout the state by the Cultural Trust for Oregon and its county and tribal coalitions. The grants, which will go to twenty-five recipients in Central Oregon, are to help offset financial losses organizations faced because of the pandemic, when public health orders required the cancellation of events and programming. Many awardees were foundations and organizations forced to close their doors in the spring, cancel events or forgo programs and offerings that usually raised money and helped sustain their efforts. The most significant grant in Central Oregon was nearly \$280,000 for the Tower Theatre Foundation, which cancelled countless shows and events at downtown Bend's Tower Theatre. Other recipients include the Sisters Folk Festival, BendFilm and The Deschutes County Historical Society. CULTURALTRUST.ORG.

## ■ music

### New Collective for Local Music

The High Desert Music Collective is a new, Central Oregon-based organization founded to support local musicians and strengthen the music scene in the region.

HDMC connects artists with one another so that they can learn from each other as well as support each other's craft. One of the collective's first projects was a High Desert Calling, a music stream compilation



## ■ photography

### Local Vet Wins Photo Award

She'd entered the contest many times before and even made it into the top 100 a time or two. This year, Sue Dougherty won first place. The Bend veterinarian and professional photographer took the Audubon Award top prize for best picture in the professional photographer category for 2019.

More than 1,800 photographers submit photos to the contest each year. Dougherty's fantastic image was chosen out of more than

6,000 photos. She captured the image on a trip to the Galapagos Islands in Ecuador, a place renowned for wildlife. Her shot is of a Magnificent Frigatebird, caught as the sun sets in stunning glory. "I am certainly very excited for the recognition and the validation," Dougherty said. "Photography is a passion and an art form as well as a technical pursuit feeding both my left and right brain."

Dougherty shoots under the business name Offleash Photography and her work is on display and for sale at Red Chair Gallery in downtown Bend, where she is a member artist. "My goal as a wildlife photographer is to continue to capture moments of wild magic and to keep stoking awareness of the importance of protecting nature. It is so important to me to bring images of the natural world to other people to spur appreciation and knowledge of how interrelated we all are on this planet." See OFFLEASHPHOTOGRAPHY.NET.



of fifty-five artists available for free to listen to online at [highdesertmusiccollective.com](http://highdesertmusiccollective.com). The collective partnered with Bend Roots and Central Oregon Recording on the project, and it was aimed at empowering both new artists and veterans through promotion and support. Most recently, HDMC launched a new membership program for both musicians and fans of music. As a member of the musician membership program called Founding Artists, you become a leader in the local music scene, pledging to support your fellow artists by attending their shows, fighting for fair pay across the board and making your voices heard at their bi-annual meetings. If you don't play an instrument or sing, that is OK. You can still join as a community member and support the local music scene. You also gain access to exclusive content and discounts on purchases with the community member membership. See [HIGHDESERTMUSICCOLLECTIVE.COM](http://HIGHDESERTMUSICCOLLECTIVE.COM).

# Back Deck ■ art & culture



## ■ exhibit

### The Image Hunter

One of the newest exhibitions at the High Desert Museum south of Bend explores the work of 19th century ornithologist and painter John James Audubon, as seen through the eyes of Hitnes, a modern-day muralist and illustrator. Audubon (1785-1851) is known for traveling North America in the early 1800s, capturing watercolor illustrations of 435 birds in their

habitats, creating his opus, *The Birds of America*. Centuries later, the book is still considered among the best ornithological works of its time, and has inspired many others, including Italian artist Hitnes. After viewing Audubon's work at the New York Historical Society in 2011, Hitnes embarked on a three-month journey across fifteen states, retracing Audubon's steps and creating murals and etchings along the way. Like Audubon, Hitnes focused on capturing

the essence of birds through the art, with a bird's behavior a key element of each piece. The High Desert Museum's exhibition, "The Image Hunter: On the Trail of John James Audubon," features shadow boxes, sketchbooks, miniature etchings and ephemera from Hitnes' travels. The exhibition kicked off at the museum in October and runs through January 31. For more information, visit [HIGHDESERTMUSEUM.ORG](http://HIGHDESERTMUSEUM.ORG).

## ■ creators

### Built Oregon Marketplace

A new online marketplace aims to connect Oregonians with local producers and creators, particularly businesses that are owned by Black, Indigenous and other people of color, members of the LGBTQIA+ community, women and those living in rural areas. Created by the nonprofit Built Oregon, the marketplace aims to connect Oregon business owners with customers, including here in Central Oregon. The pandemic has increased a digital divide that affects the ability for some businesses to gain access to customers, and this marketplace hopes to address this issue of inequality.

Also, there is a large demand among consumers for local producers, as more people are realizing the importance of shopping local and supporting their own community. The Built Oregon Marketplace hopes to connect these consumers with the local products they want, while also helping elevate equity and opportunity for so many Oregon producers and business owners. Although the marketplace was not designed specifically to help small businesses survive during COVID-19, their timing could not be better, as it has become challenging for many small producers to reach consumers. The Built Oregon Marketplace could be a potential answer to some of these issues. [BUILTOREGON.SHOP](http://BUILTOREGON.SHOP).



# BEND VOLUNTEERS

In correlation with our feature on local nonprofit organizations and people doing good and giving back, *Bend Magazine* rounded up photos of local volunteers hard at work for their favorite organizations. What will you donate your time to in 2021?



**1.** Mosaic Mobile Community Clinic with staff left to right: Mobile Outreach Coordinator Casey Sadahiro, System Clinic Manager Kylan Pendleton, Chief Operating Officer Carla Stevens and Development Coordinator Angela Saraceno. **2.** Mosaic Clinical Educator Ariel Monteau, RN, CNS, MSN, sorts through piles of handmade masks donated to Mosaic at the beginning of the pandemic. **3.** A Partners in Care volunteer at a booth. **4.** Partners in Care Board Chair, Suzanne Lafky, at the groundbreaking for the new center. **5.** A volunteer with the Human Society of Central Oregon reading to a cat as part of the Tales for Tails program. **6.** Volunteers at last year's annual RiverFeast, a fundraiser for Deschutes River Conservancy.



A home with a heritage.

What makes a house a home? The traditions you carry with you from place to place. When you call 1925 home, a rich back story is already waiting for you. Bend's golf heritage began at the Bend Golf Club a hundred years ago, and its 10th fairway is where you'll find 1925's stunning collection of thoroughly modern townhomes.

Created in the Arrowood Development tradition of blending style and quality, each space has been thoughtfully appointed and beautifully designed for your active lifestyle, with single-level plans that make the living easy. This is where you play, dream, embrace the old and the new.

1925. A century in the making – available to you today.  
Priced from \$729,750.



TOWNHOMES

1925townhomes.com

Brokers:  
**Stephanie Ruiz** 541.948.5196 | **Jordan Grandlund** 541.420.1559

Cascade | **Sotheby's**  
INTERNATIONAL REALTY

**BEND  
GIVES  
BACK**



1



2



3



4



5

1. Volunteers at The Tower Theatre this past summer. 2. Volunteer at The Tower Theatre box office. 3. A surgery volunteer at the Human Society of Central Oregon's Bend Spay and Neuter Clinic. 4. A volunteer organizes HOPE food shelves for the Human Society of Central Oregon. 5. Volunteers at the Humane Society of Central Oregon Thrift Store.

HEARTS ON FIRE STORES, AUTHORIZED RETAILERS, HEARTSONFIRE.COM

# Saxon's

FINE JEWELERS



**HEARTS ON FIRE<sup>®</sup>**

THE WORLD'S MOST PERFECTLY CUT DIAMOND<sup>®</sup>

Of all the things we've learned in our business over the years, the most important is taking care of — and showing up — for those around us. If anything, we've doubled down on that commitment during challenging times. At ASI, it's the real bonds we've built with clients, families, friends and neighbors that gives us purpose and makes the work we do extra meaningful.

So, we really want to know how you're doing.

How are  
you doing?

We want to know if we can help. If you're anxious about your investments, wonder if you're doing what's right for your finances, or even if you want to help our community, you'll find resources on our website — and a place to ask questions.



**Wealth Management**

Serving the Pacific Northwest | [asiwealthmanagement.com](http://asiwealthmanagement.com) | 800.377.1449