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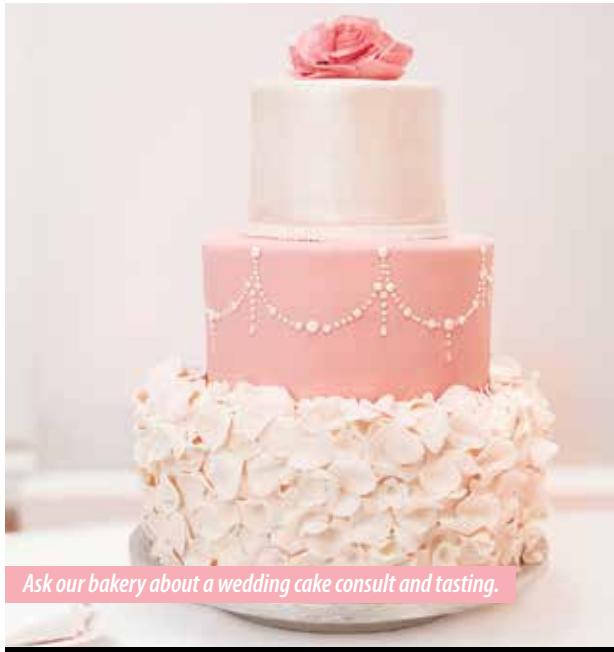

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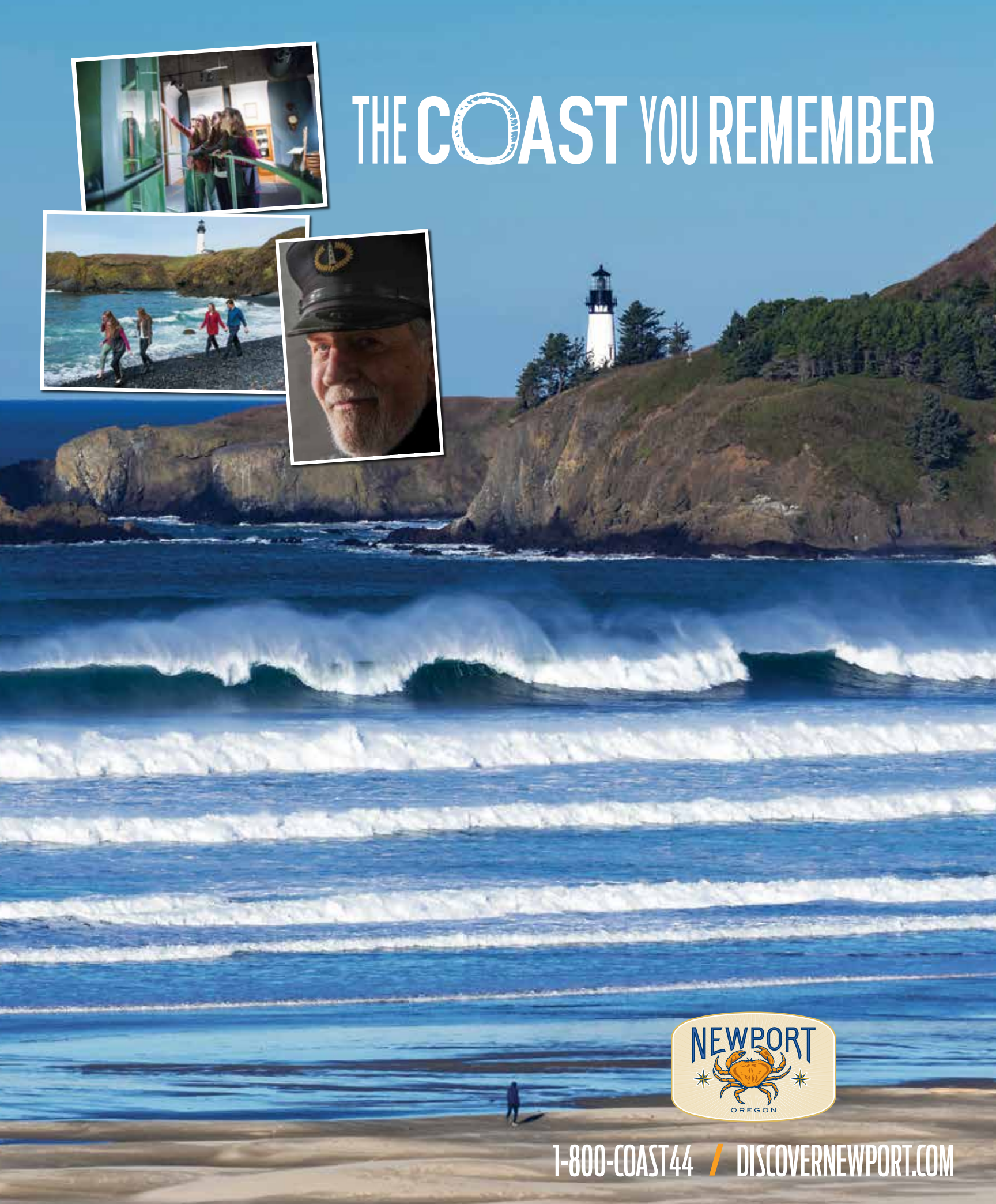
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Dogwood Cocktail Cabin staff raise a glass to their selection as Best Girl's Night Out and Best Late Night. See the rest of the Readers' Choice winners beginning on page 82.

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PHOTO BY STEVE TAGUE

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We double-dog dare you to find a neighborhood that's more in step with Bend.

Think you can come across a finer collection of luxurious single-family homes than Tartan Druim? See if it gives you all the amenities of Tetherow Resort with easy access to Phil's Trailhead, public schools and downtown Bend. Make sure it offers spacious home sites with breathtaking views of the Cascades and Tetherow golf course. Oh, and don't forget about the Tartan Druim neighborhood park. Give up? Then hightail it over to Tartan Druim today.

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WORDS *and* PICTURES

MONA DALY

Mona Daly is a freelance illustrator who has enjoyed living in Bend the past twelve years. Mona attended the Laguna Beach School of Art in high school and went on to study at Occidental College and the Art Center College of Design in Los Angeles. Her influences are diverse, from textile and fashion design to modern architecture. She loves to incorporate her passion for color and pattern into her illustrations. In this issue, she illustrated the portraits for a featured article on legacy businesses in Bend (p. 90). Find more of her work at MONADALY.COM

CAM DAVIS

Cam Davis is a freelance writer with a passion for travel and outdoor adventure who has been exploring the trails around Bend since 1991. For this issue, he reported on friend and stroke survivor Geoff Babb (p. 75) who has developed an off-road wheelchair capable of opening new adventures in the outdoors for the differently abled. Davis's friendship with Geoff and Yvonne Babb blossomed about eight years ago when Davis's eldest daughter and one of Babb's twin sons were "in a relationship" (according to Facebook). While the kids ultimately unfriended, Davis's relationship with the Babbs has only gotten stronger as a marketing consultant and occasional AdvenChair driver.

LEE LEWIS HUSK

Like Karrie Trowbridge of HGTV's upcoming series, "Mom & Me," who told Lee Lewis Husk she felt she'd won the lottery (p. 63), Lee felt the same about this issue. In writing about Rick Bartow, she fell in love with an artist who is perhaps better known outside Oregon than in his home state and who is sadly no longer with us. His contemporary Native artwork will spin your head around (p. 121). And while browsing Art in the High Desert this past summer, Lee saw extraordinary woodwork by Thom Marchionna, who brings a high-tech design aesthetic from Apple, and the skills and love of woodworking from his father (p. 69).

TREVOR LYDEN

Trevor Lyden hails from Juneau, Alaska, but for the last six years has called Bend home. In 2017 he graduated from OSU-Cascades with a degree in tourism and outdoor leadership. When he's not shooting photos, Trevor is shooting rapids in his kayak, bombing trails on his mountain bike or snowboarding the backcountry slopes around Central Oregon. Trevor likes shooting action photography because it allows him to capture fast-paced extreme sports in a brief moment in time. In this issue, Trevor hit the ice with writer Ted Taylor for an inside look at life in Bend's D-League (p. 96).

STEVE TAGUE

Steve studied at the Art Center College of Design in Pasadena, California and worked for many years in NYC, shooting out of helicopters, inside museums and through martini glasses. He's part artist, part MacGyver—always game for engineering the perfect light and problem solving to get the shot. If he weren't a photographer he'd probably be professional wrestler. Luckily, he's a photographer. In this issue, Steve photographed the winners of our inaugural Readers' Choice Awards at the Tower Theatre (p. 82).

TED TAYLOR

Since moving to Bend eighteen years ago, Ted Taylor has downhill skied, Nordic skied and snowboarded. He's raced mountain bikes and cyclocross. He's played rec league softball, soccer, basketball and volleyball. He even gave ultimate Frisbee a shot. But he'd never ice skated and certainly never tried playing hockey—until he was asked to do both for this issue by signing up for the adult development hockey league, a rag tag bunch of late bloomers who are proving that you're never too old to learn something new (p. 96). Ted is an award-winning journalist with experience in newsrooms here in Bend as well as Colorado, Arkansas and Nebraska.

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FROM *the* PUBLISHERS

Happy New Year!

A fresh year brings a new beginning. It's a chance to reflect on what has passed, to look ahead to what is to come, and to be grateful and present with where we are today.

At Oregon Media, we have much to celebrate. To start, we are incredibly grateful to have such a talented team surrounding us. Our staff bring creativity, craft and inspiration to life in our print and digital publications every day. From the pages of the regional travel guides we produce to the stories in each issue of *Bend Magazine* to the interactive online content our readers so enjoy, their skills are what make our company thrive.

2018 was the best year yet for Oregon Media. Because of such a loyal readership, supportive advertisers and our engaged community, *Bend Magazine* moved from a quarterly to a bi-monthly schedule. We feel so honored to spotlight our amazing region and the people who make this one of the best places to live on Earth.

Last summer, we moved our offices to downtown Bend. The space we now occupy is new to us, but not new to Bend. The 80-year-old yellow stucco building is the former home of Bend Mayor William Baer, and is the perfect place to serve as headquarters for *Bend Magazine*. We invite you to come and visit us on Mirror Pond.

With 2018 behind us, we're looking ahead to 2019, and we can't wait! The most thrilling news is that we're launching a new publication this spring. *Bend Home + Design Magazine* will feature the most exciting home and architecture trends in Central Oregon and talented regional professionals and craftspeople to inspire readers with practical ideas and reliable advice to transform their homes and create their dreams. *Bend Magazine* subscribers will receive *Bend Home + Design Magazine* in their mailbox, and you can also look for this publication around town.

We exist to celebrate the best of Bend and of Oregon, and in this issue, we do just that. We polled the community and you responded. The first annual *Bend Magazine* Readers' Choice results are revealed in these pages. From pancakes to cocktails, sushi to pizza, downward dog to moonlit canoeing, the businesses selected by our readers put their heart and soul into offering you the very best of everything Central Oregon.

Also in this issue, find stories about the best cross-country skiing routes, both close to town and farther afield. Some of Bend's long-standing family-owned businesses are also featured in our story "Living Legacies." Read about après ski eats, a new mural, an old ski lodge and much more.

Happy 2019 to all of our readers. We appreciate you and look forward to continuing to celebrate the life and times of Bend, Oregon.

Thanks for reading,
Heather and Ross Johnson, *Publishers*

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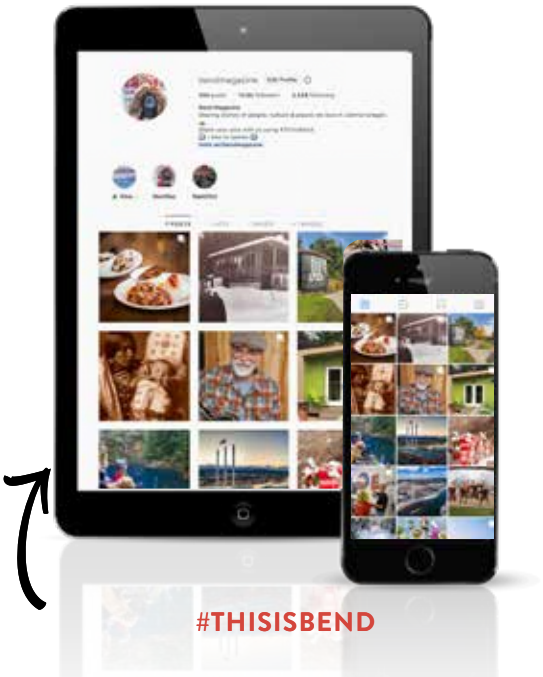

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Shasta the golden retreiver found themselves some early-season snow stoke at Mount Bachelor. Owner @jczopek tagged #ThisIsBend and will be recieving a one-year subscription for *Bend Magazine*. Tag your favorite photographs of Central Oregon for a chance to be featured in our magazine and on our social media.

FIND MORE PHOTOS FROM "LIFE IN THE D-LEAGUE"

Thanks to the long lens and quick shutter of photographer Trevor Lyden, we had more pictures than pages for our feature story on Bend's adult ice hockey D-League (p. 96). Lyden snapped dozens of images that capture the spirit of a growing group of adult players participating in a beginners-only league. On-ice shots and behind the scene images show the small triumphs and tribulations of these players. Read the story, then go online to see more images at BENDMAGAZINE.COM/D-LEAGUE-PHOTOS

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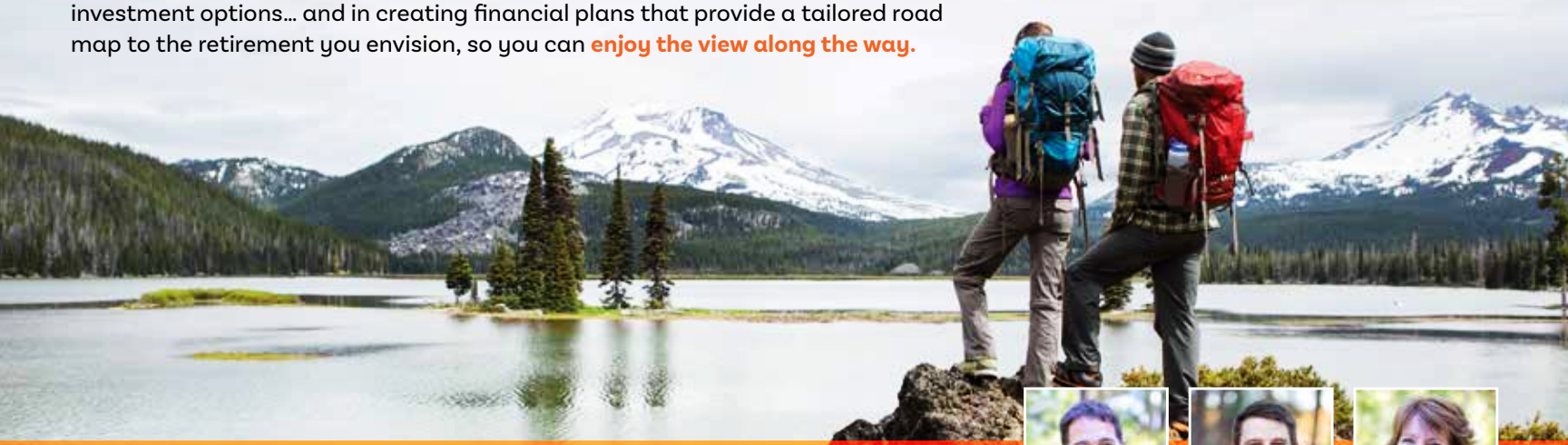

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Waste Not

GAZING OUT ON THE NATIVE GRASSES bending gently in the wind as a red-winged blackbird announces itself noisily, a visitor to the Crooker River Wetlands can be forgiven if the first thing that comes to mind isn't sewage. But that's exactly what Prineville city engineers had in mind when they started work here several years ago on a project that combined waste water treatment with river restoration. The result is a 120-acre plot that is part wildlife preserve, part classroom and a functioning water treatment system that effectively doubled the city of Prineville's waste water treatment capacity. The project, which is located off the O'Neil Highway, has now been recognized by the Environmental Protection Agency and the National Association of Clean Water Agencies (NACWA) as an example of how to provide creative solutions to water treatment problems. The latest feather in Prineville's cap came in November when the NACWA awarded the city of Prineville National Environmental Achievement Award.

Front Deck ■ *bend*

■ ***environment***

Plastic Bags Out in Bend

Beginning next summer, you'll want to double check that you packed reusable bags before you hit the grocery store. As of July 1, Bend grocery stores will be prohibited from providing the ubiquitous single-use plastic bags to customers at check out. The Bend city council voted in December to adopt the bag ban after months of debate and discussion. Stores can still provide plastic bags for items like bulk foods and produce. The ban also doesn't extend to things like bags for takeout food. In place of disposable plastic bags, grocers will offer traditional paper bags. However, those will cost shoppers an additional 10 cents per bag. Mayor elect Sally Russell said the bag ban is a step in the right direction for the city of Bend, which joins several other Oregon cities that have prohibited the use of plastic grocery bags. Those cities include, Corvallis, Eugene, Portland and Salem. "We are not leading here, we are following," Russell said at the council meeting.

■ ***land use***

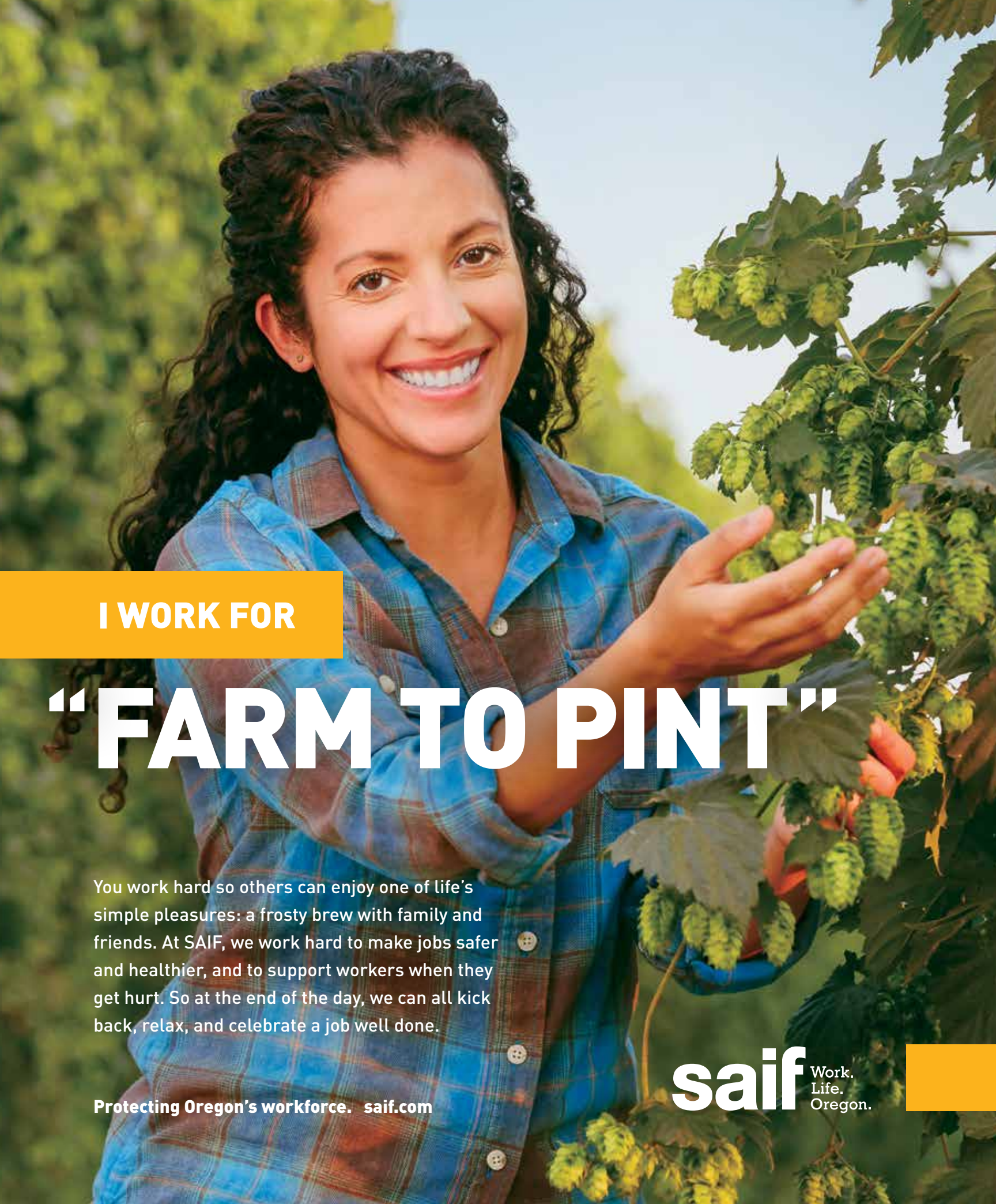
Affordable Housing Planned

There may not be a silver bullet for Bend's lack of affordable housing, but an eastside Bend project that will add almost 400 units of below-market-rate housing is taking a shot at the problem. The public-private venture is slated for a roughly 35-acre parcel near Bear Creek Road and Highway 20. Construction of the homes is expected to begin in roughly two years and be completed by 2025. The project is part of a state-led pilot program that allows the city of Bend to fast-track the land though the development hurdles, which includes a typically lengthy process to annex the tract into the city. The state will work with the city to streamline that process, while the developer will focus on the construction of the affordable housing units, which includes 185 homes and apartments that will be offered exclusively to individuals and families making less than the area's median income, which is roughly $40,000 annually. The project will include some commercial development along Highway 20 as well as a six-acre park that will serve as a centerpiece of the development.

■ ***education***

New School Boundaries on the Horizon

If you're a Bend-La Pine student or parent, don't get too comfortable in your current digs. Population growth and a wave of corresponding new school construction at the elementary and high school level have the district redrawing school attendance boundaries beginning next fall. Elementary students on Bend's north side will be those most immediately affected when a new elementary school opens on the northeast side near Cooley and O.B. Riley Roads. The 600-student building will pull students from both High Lakes and Lava Ridge elementaries but will have ripple effects across the entire city as boundaries are adjusted. Three different options were floated to the public in December with school superintendent Shay Mickelson expected to make a final decision early in the new year. Elementary students aren't the only ones doing a building shuffle. The district will be redrawing middle school and high school attendance boundaries next year with a new building slated to open fall 2021 in southeast Bend. BEND.K12.OR.US/BOUNDARIES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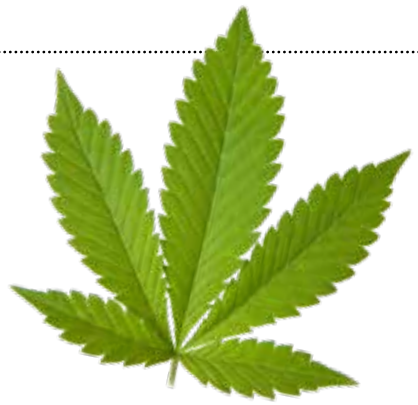
Front Deck ■ *central oregon*

■ ***redmond***

Developer Seeks More Cash for Hotel Remodel

A proposal to reopen the historic Redmond Hotel could be stalled indefinitely if the city isn't able to provide more public funding for the building's renovation, according to the hotel owner. Ken Cruse, CEO of Alpha Wave that purchased the property two years ago, said unforeseen construction costs, which include electrical and fire safety improvements have pushed the estimated $3 million remodel to more than $7 million. The reopening of the hotel is seen as a key to the revitalization of downtown Redmond and could bring as much as $3 million annually to other downtown businesses, according to the city's redevelopment arm. If completed as planned, the hotel would reopen with forty-eight rooms and a rooftop bar. The hotel last welcomed guests in 2005. The city has already provided a $670,000 forgivable loan to the project. The developer is asking the city to increase that to $3.5 million to cover the cost gap.



■ ***sisters***

Pot Retail Ban Passed

If you're looking to refill a vape pen or wanting to grab some adult gummies when coming or going from Central Oregon, don't bother stopping in Sisters. You won't find those products or any other marijuana-related items among the quilt shops and bakeries in this Western-themed town after Sisters voters rejected in November a proposal to allow marijuana businesses within city limits. Sisters joins Redmond in prohibiting pot shops within its city limits. The vote is an about-face for Sisters residents who had voted in favor of legalizing recreational marijuana at the state level in 2014. While voters said "no" to pot establishments on main street, they approved a three percent tax on any future marijuana-related sales. That could come into play if the ban is reversed or federal drug policy changes.

■ ***warm springs***

Tribe Looks to Innnovate With Incubator

Faced with closure of two major employers over the past twenty-four months, the Confederated Tribes of Warm Springs is getting creative about how to grow the dwindling job base on the reservation. But instead of trying to woo another big industry, the tribe is betting that thinking small could payoff big. To do that, the tribe's economic development arm is planning to create a small business incubator, something that you might expect to find in Bend or Redmond, but a first for the reservation where casinos and timber businesses have been the primary employers for the reservation's roughly 5,000 residents. The business incubator aims to create entrepreneurs rather than just employees. A historic commissary building that once served as Bureau of Indian Affairs food distribution center will serve as the home for the enterprise. The building would be subdivided to house a dozen or so startup businesses, as well as educational and support services. So far, the tribe has raised $600,000 in grants and investments to fund the project, more than half of what is needed to renovate the building. The tribe hopes to open the incubator by 2020.

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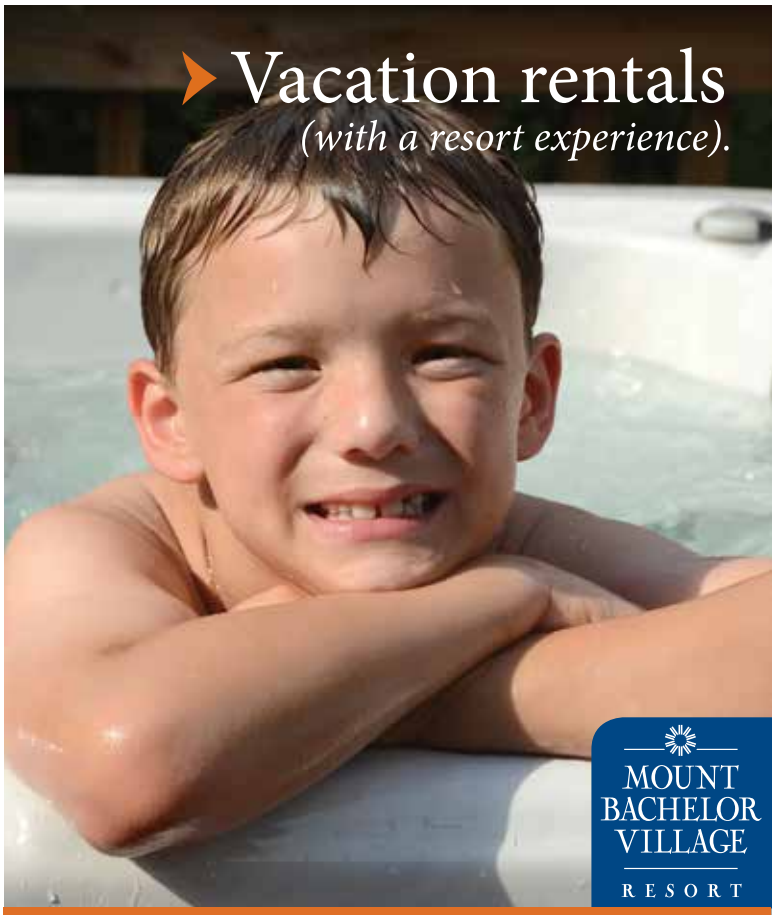

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ADVENTURE

Kick up your Heels

Cross-country skiing is an invigorating way to visit the wintry woods this season.

PHOTO RICHARD BACON

The sun glints through the boughs of the pines and firs in the forest surrounding you, making the snow sparkle beneath your skis. Your muscles burn as you work up a sweat, perfecting your form in the process. Cross-country skiing is a great alternative to alpine skiing. Depending on your passions, Nordic skiing can be a peaceful glide, a skills challenge, a great workout, a creative way to reach a destination or an all-day adventure. Try these three ideas to get into the woods on skis this winter. — *Kim Cooper Findling*

Swampy Lakes Sno-Park

Afternoon Adventure

SWAMPY LAKES, WANOGA, AND MEISSNER SNO-PARKS

Sure, Bend's proximity to Mount Bachelor is a major benefit to life in Central Oregon. But great cross-country skiing is even closer to town at a trio of snowparks: Swampy Lakes, Wanoga and Meissner.

Virginia Meissner Sno-Park is the first you'll encounter on Cascade Lakes Highway. A mere thirteen miles from downtown Bend and you'll be clipping into your skis and gliding through a magically wintry alpine forest. Volunteers with the nonprofit Meissner Nordic groom forty-kilometers of skate skiing and classic skiing trails that vary in length and degree of difficulty. The warming hut is the community gathering place—a spot to rest, snack and chat with other skiers.

Just up the road is Wanoga Sno-Park, one of the most popular winter recreation areas off Cascade Lakes Highway for its sledding hill. Wanoga is also the place to take your furry friend. As one of only a few sno-parks open to dogs, Wanoga is your destination for skijoring or just taking Fido out for a romp in the snow. There are groomed trails for skate skiers as well as ungroomed trails for classic Nordic skiers here as well. Designated trails for fat bikers and snowmobilers are in the park, and snowshoers share trails with skiers. Glide along on short and relatively flat loops, great for those who are new to Nordic skiing.

Of all the parks, Swampy Lakes Sno-Park is where to find solitude. Venture deep into the woods and you might just find yourself all alone. There is nothing like the silence and cold of a winter day, with only the shush-shush of your own skis to sing to you on a journey of your choosing. The Swede Shelter—one of three warming huts at Swampy—offers views from the ridgetop down into Tumalo Creek below that are outstanding on a clear day.

PHOTO RICHARD BACON

LEFT Cascade Lakes Highway in winter.
BELOW Elk Lake's all terrain snow-cat.

Out and Back

ELK LAKE FULL MOON DINNERS

Even in Central Oregon, snow play isn't for everyone. Some folks prefer to be indoors when winter settles into the region. Others just need an extra incentive to get outside and enjoy the season. If you're seeking a thrill, Elk Lake Resort might just be the impetus for a moonlight adventure capped by a four-course dinner at the resort's cozy lakeside lodge. This year, the resort rolls out a new winter program that combines a full-moon ski into Elk Lake with a chef-prepared prix fixe menu, capped by a snowcat return ride under the same silvery moonlight.

Park your car at Dutchman Flat, from which the party departs at 6 p.m. for the two-hour ski into the resort. Dress in layers; it's easy to work up a sweat on an extended cross-country excursion, particularly if you're a novice. Pack a headlamp, though you may not need it given the natural illumination of the full moon reflecting on a blanket of snow. Follow Cascade Lakes Highway (closed to all vehicle traffic in winter months) on a fresh layer of groomed corduroy past Todd Lake around the backside of Sparks Lake and into Elk Lake Resort, a four-season basecamp that in winter serves as an outpost for snowmobilers, backcountry skiers and solitude seekers.

Dust off your jackets and park your skis outside the door in a nod to the snow-loving Scandinavian settlers who first came to Central Oregon to work the forest and sawmills. Don't linger long, for a warm drink, or maybe just a stiff one, awaits inside the historic lodge that bustles with activity in the summer but transforms into an Old World dining hall in the winter months, complete with communal cheer and the camaraderie forged by the shared experience. For the full moon events, the dinner includes appetizers, main course and a dessert. When you've eaten and drank your fill, load yourself and your gear into the waiting snowcat and rumble back to Dutchmen to complete the journey.

The resort has scheduled dinners through the 2019 winter season to coincide with full moons, including January 20, February 19 and March 20. Reservations required. ELKLAKERESORT.COM

LEARN TO CROSS-COUNTRY SKI

XC Oregon hosts its annual Learn to XC Ski Day on January 13, 2019. Clinics take place at 1, 1:30 and 2 p.m. and will teach traditional Nordic skiing as well as skate skiing. The event is free and open to all levels. MEISSNERNORDIC.ORG

Mt. Bachelor hosts cross-country skiing lessons every day at the Nordic Center. The one-hour lessons take place five times a day from the lodge, beginning at 9 a.m. They are available on a first come, first served basis and available for anyone six years and older. Prices range from $55 to $80, depending on age and ski rentals. MTBACHELOR.COM

Hoodoo Ski Area offers one-and-a-half hour lessons by appointment. They range from $35 to $50, depending on age and ski rentals. SKIHOODOO.COM

For those interested in skate skiing, Pine Mountain Sports offers clinics through its Pine University Program and Mt. Bachelor Sports Education Foundation (MBSEF). Meet at Pine Mountain Sports in Bend, then you'll ride up as a group and learn to skate ski from an MBSEF instructor. The class is $35, and ski rentals cost $25. Lessons take place through February. PINEMOUNTAINSPORTS.COM

PHOTO RIGHT SCHOONY PHOTOGRAPHY

Weekend Retreat

UNION CREEK RESORT AND CRATER LAKE

A lush, wintry landscape surrounds you. Douglas fir, spruce and cedar hang overhead in a sheltering canopy over Highway 62, west of Crater Lake, on one of the prettiest scenic drives in the state of Oregon. Blink and you'll miss Union Creek Resort, but those in the know never miss a chance to take a break here, at least for a slice of Beckie's famous pie. This winter, make a longer stop by booking a rustic cabin and making a weekend of it.

Union Creek Resort was built in the 1920s, and the cozy getaway retains a sense of going back in time. The collection of cabins sheltered in the forest near the narrow channel of the upper Rogue River are a peaceful retreat. Beckie's serves homestyle breakfast, lunch and dinner in a log cabin that's listed on the National Historic Register—and don't forget about that pie, which comes in a dozen flavors.

Even better, from Union Creek Resort you'll find easy access to some of Oregon's most epic—and outrageously scenic—cross-country skiing. It's only twenty-four miles to the rim of Crater Lake via the south entrance, which is the only route kept clear of snow for vehicles in the wintertime. Reach the rim and put on your skis. Glide the trail a short ways or a long ways, depending on your stamina and how many times you stop to gape at that incredible bowl of blue water contrasted by white snow. Return to the resort for hot chocolate and some time in front of the fire. Perfection achieved.

Union Creek Resort is a two-hour drive south of Bend. See UNIONCREEKRESORT.COM B

Crater Lake National Park

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OREGON COAST

A Salty Winter's Feast

Road trip to the beach this season for storms and eating.

WRITTEN BY **KIM COOPER FINDLING**

Winter in Central Oregon is gorgeous, but sometimes the ocean calls you away from the mountains for a weekend getaway. Four hours west and you're in the land of sand, sea and salty air. At the beach, the flavors of the ocean, forest and farm come together under the skilled hands of local chefs to create delicious foods and crafted beverages. At the beach, don't practice restraint. Taste everything. Here's our suggested coastal foodie tour weekend itinerary.

Begin with a Friday night pint of pale ale at Astoria's **Buoy Beer Company**, housed in a 100-year-old warehouse on piers overlooking the Columbia River. Dinner is at the **Astoria Bistro and Coffeehouse**, where the halibut tacos are fresh and the ambiance vintage Americana. Grab an ice cream cone for dessert at **Frite and Scoop**, to the sounds of the sea lions barking on the waterfront.

Saturday brunch is in Manzanita at **Yolk**, where you might linger over eggs benedict or fresh tuna salad long enough to make it to happy hour, offered with class at **MacGregor's Whiskey Bar** down the street. Craft cocktails and a menu of more than 200 brown liquors are offered in this locals'-favorite gathering place with a fire pit out front.

Grab some chowder for the road at **Buttercup Ice Creams and Chowders** in Nehalem, where freshly made seafood soups range from Thai to Indian to good old-fashioned clam chowder. Your dinner destination is **Local Ocean Seafood** on Newport's bayfront. Grab a crab po' boy sandwich with crunchy French fries and a Willamette

ABOVE Local Ocean in Newport launched as a fresh fish market, and evolved into one of the Oregon Coast's most delicious restaurants. RIGHT Shark Bites in Coos Bay is another seafood market/restaurant hybrid. Eat in or take your fresh crab home with you.

PHOTOS TOP AND MIDDLE JUSTIN BAILIE

Shark Bites

Astoria Bistro

Buoy Brewing

Drift Inn

Redfish

Local Ocean Seafood

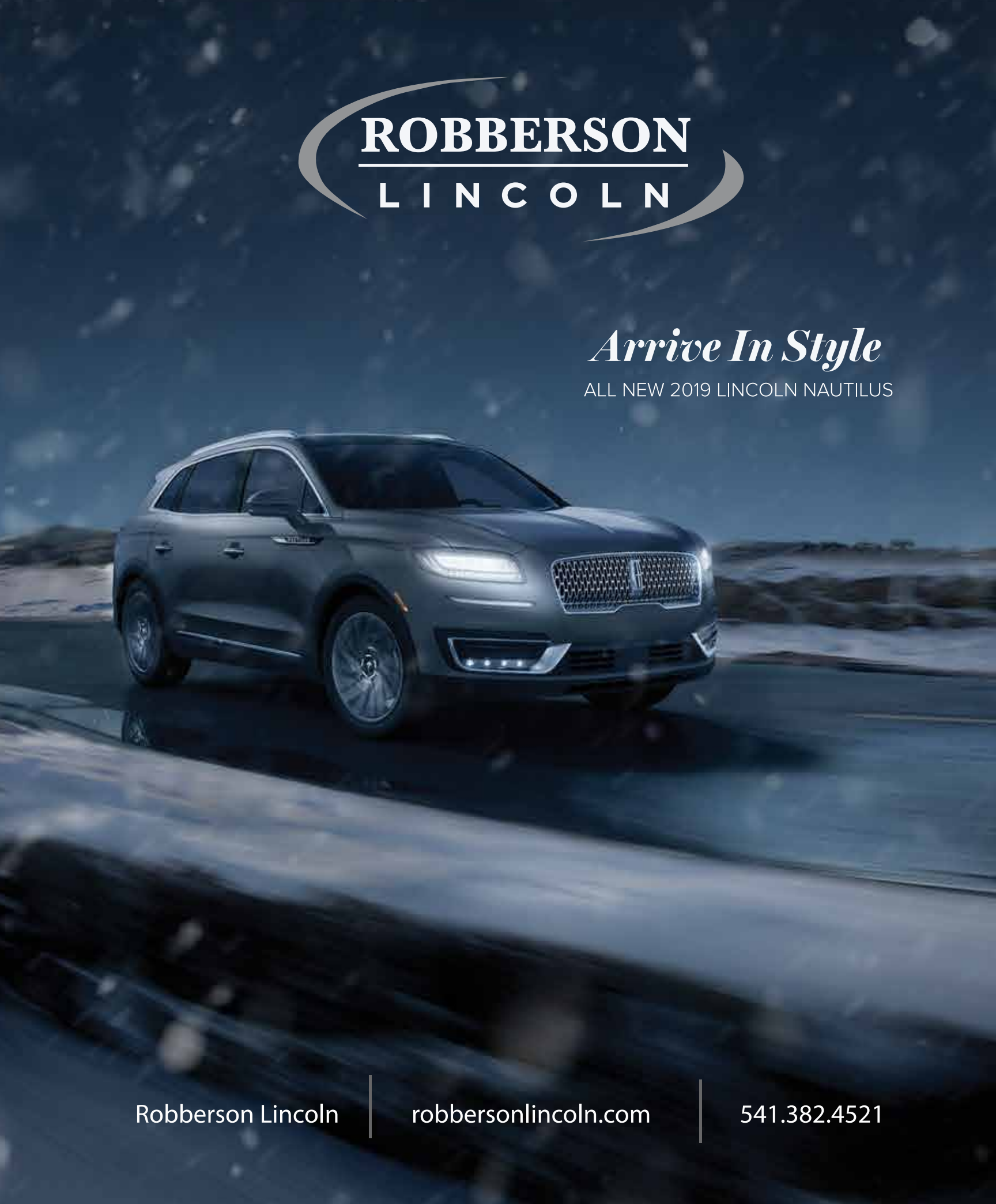
Valley pinot gris, or perhaps the supremely fresh grilled albacore tuna kabobs are more your style.

Grab Sunday breakfast at the **Drift Inn**, on the highway in Yachats. Live music and divine seafood dishes light up this place at night, but breakfast brings crepes, eggs benedict, or clam and eggs to your plate. Blown glass light fixtures and umbrellas (open and hung from the ceiling) mark the Drift Inn, which has a long and salty history as a dive bar that you can read about on the back of the menu.

Sunday lunch is in downtown Coos Bay at **Shark Bites**, which features locally sourced seafood including Coos Bay oysters and Dungeness crab cakes, surrounded by traditional coastal décor of driftwood and surfboards on the wall.

Your gastronomical tour concludes in Port Orford with dinner at the renowned **Redfish** restaurant, perched on a cliff with a panoramic view of the beach. The black cod primavera comes with local vegetables. The sun setting over the ocean is 100 percent local, too, and just as satisfying as the amazing meals you've enjoyed all weekend.

PHOTOS JUSTIN BAILIE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ATHLETE

Dan Simoneau at the 1988 Olympics

NORDIC SKIING

Dan Simoneau

On the mend from heart surgery, a former Olympian and local Nordic coach is ready to get back on the snow.

WRITTEN BY **DALTON CHAREST**

Dan Simoneau has spent most of his life with two skis attached to his feet. Whether he was slicing snow in the granite hills of New England or competing on the cross-country skiing world stage in the Swiss Alps, his resumé tells the story of a life dedicated skiing.

Simoneau, who serves as the Mt. Bachelor Sports Education Foundation (MBSEF) Nordic ski director, underwent triple-bypass heart surgery in September. For a man whose life was predicated on fitness, it was a shock. After cycling around Crater Lake in September 2018 with his MBSEF team roller-skiing in tow, something didn't quite feel right.

"I'd stand up, take a deep breath, and my wife would be worried," said Simoneau. "I just felt like crap and we discovered I had a significantly high calcium score that was building up plaque in my arteries."

He was soon diagnosed with Type-2 diabetes. Upon the diagnosis, it was discovered that he possessed a genetic heart condition. Within days he was in the operating room undergoing surgery. Now on the mend, Simoneau is looking forward with the same determination that led him to three Olympic games in 1980s.

A native of Livermore Falls, Maine, Simoneau first visited Oregon in the 1970s to train for the cross-country World Championships. He fell in love with the ease of access and alpine glaciers and enrolled at the University of Oregon. His skiing career led him to compete in multiple world championships and represent the United States in three separate Olympics in 1980, 1984 and 1988. Although, he didn't technically compete in the 1980 games, arriving at Lake Placid as an alternate, he was on-hand for one of the biggest upsets in sports history when the United States hockey team beat the Soviet Union in the game that came to be known as the "Miracle On Ice."

After developing muscle compartment syndrome in his legs and requiring surgery, he retired from professional racing following the '88 Olympic games in Calgary. He moved on from the competitive side of the sport and began a career on the business side, joining the team at Fischer Sports and relocating to Massachusetts.

But the mountains called him back to his adopted home, and Simoneau returned to Central Oregon in 2003 where he began coaching with MBSEF while exercising a little of his own competitive juices by claiming three Pole Pedal Paddle individual titles.

He became the MBSEF Nordic program director in 2008. For the last decade he has watched his athletes grow from beginners into collegiate, national and international competitors. Fast forward to 2018 and Simoneau can lay claim to numerous athletes that have received college scholarships. This year fourteen MBSEF skiers are heading to the prestigious U.S. Nationals, a proving ground for future Olympians.

"When you [see] someone succeed because of hard work, perseverance, and because they showed up, it's really, really cool," said Simoneau.

Thanks to a full recovery from triple-bypass heart surgery, Simoneau is back doing what he loves—skiing in his free time and coaching and mentoring in the rest of it. He might be hoping for the next winter Olympics miracle, maybe one with a storyline that leads back to his adopted hometown. But at this point it's about more than gold or silver. It's about helping young men and women achieve their dreams, whatever they might be, he said.

"I've gotten more aspirational with what I see us doing," said Simoneau. "There's a sign on my door that says, 'We are the sum of the decisions we make.' It's things like that help me remember that it's not just about skiing. It's about what you teach beyond skiing."

PHOTO LEFT BOB WOODWARD

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EVENTS

Oregon WinterFest

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PHOTO BRIAN BECKER

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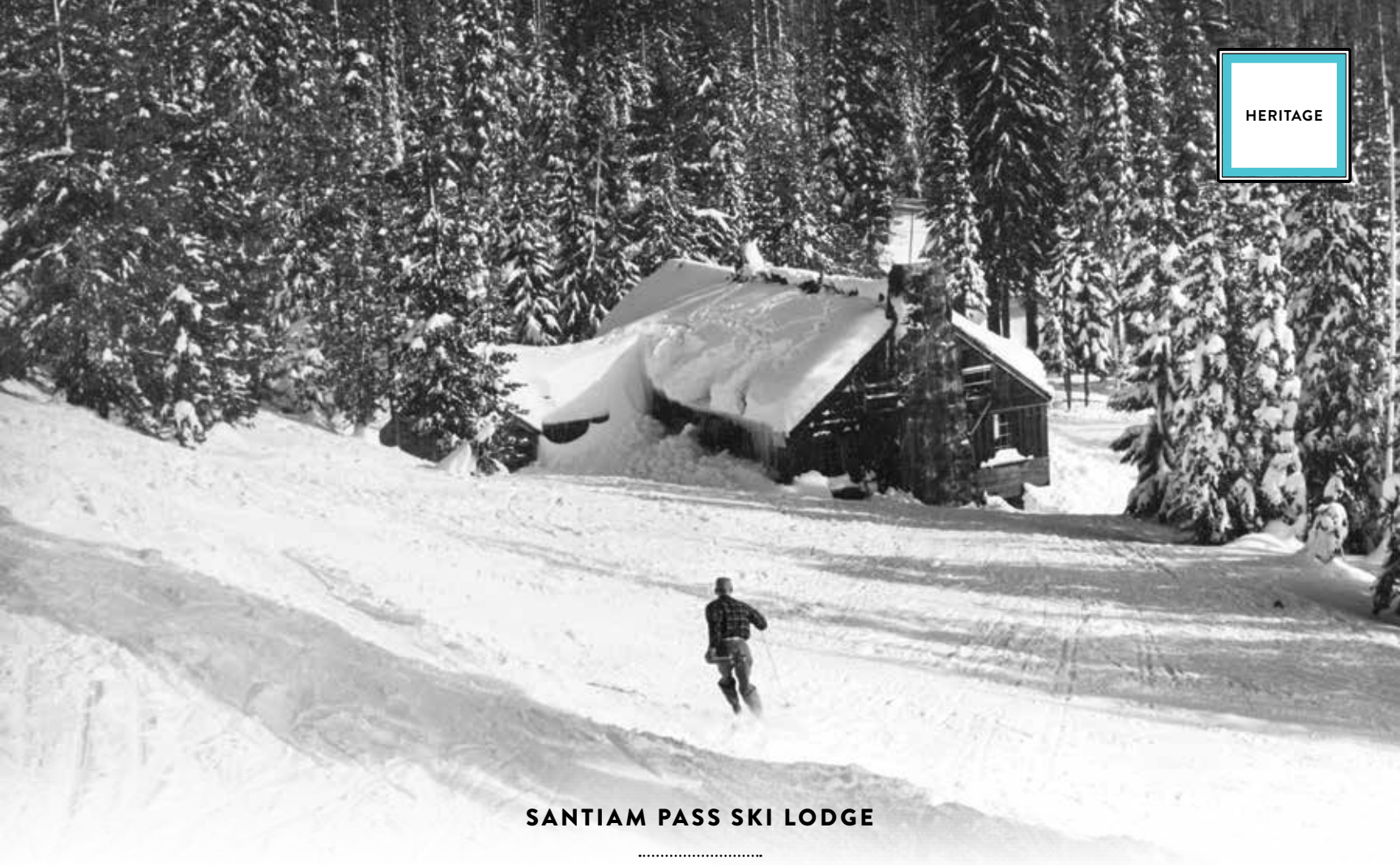


SANTIAM PASS SKI LODGE

This Old Lodge

A historic but neglected ski lodge gets a new lease on life thanks to the dedication of one Oregon couple.

WRITTEN BY **BRONTE DOD**

Dwight Sheets' first memory of the Santiam Pass Ski Lodge is of being a child, standing inside the lodge and looking around at the seventy-five windows, feeling like he was outside. It's a memory that has stuck with him for decades even as the iconic lodge slipped into disrepair.

After seeing the building sit vacant for three decades, Dwight and his wife, Susan, made the restoration of the lodge a personal mission. Today, the massive task of revitalizing the long-neglected lodge is looking less like a pipedream. In November of 2018, the lodge was added to the National Register of Historic Places. It's a designation that has taken decades of work, and, along with recognizing the significance of the lodge, will help with the costs of the renovation in tax credits.

The lodge was built as a Civilian Conservation Corps project in 1940, just a year after Hoodoo Ski Area began operating. It had a rope tow, overnight lodging and was popular with skiers, but Hoodoo took off because it was more easily accessible from the road.

By the 1950s, it had been turned over to the Presbyterian church and used as a retreat center for the next three decades. In 1986, the church opted not to renew its permit, and the lodge was boarded up. No one came forward to claim the lodge, so it sat empty. But it wasn't forgotten.

In 1989, Catherine Lindberg, an archeologist for the Willamette National Forest, began the work of getting the lodge on the National Register of Historic Places, cementing its place in Oregon history. It was also key to securing its future thanks to the protection and benefits afforded such places. She wrote an evaluation of the lodge, detailing much of its history and recounting stories from the skiers and travelers who had experienced it in the 1940s and 1950s.

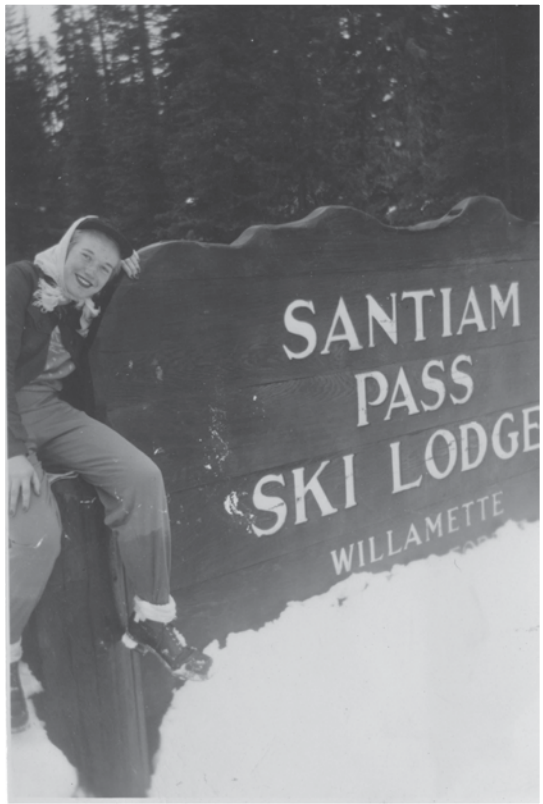
In 2000, some internal support structure was added to keep the aging lodge from collapsing, but still no one showed interest in taking on the lodge. In 2003, the lodge was almost lost. The B&B Complex Fires burned more than 90,000 acres of the Cascade Range and threatened the lodge, but a team of community members and

A SNOWY RETREAT

LEFT A historic photo of the Santiam Pass Ski Lodge in full winter glory.

BELOW LEFT Dwight and Susan Sheets with one of their children, Noah, who is helping with the non-profit to raise funding for the lodge.

BELOW RIGHT The historic sign for the lodge.



wildland firefighters wrapped the Santiam Pass Ski Lodge in Kevlar, cut a fireline around the perimeter and were able to save it even as the forest around it burned.

And while clearly many cared about the lodge, no one was ready to take up its revitalization as a cause. That is until Dwight and Susan Sheets toured the lodge with a ranger in 2016. Dwight, a former college professor, and Susan, a former music teacher, decided they wanted to take on the restoration project and revive the lodge for the public. They'll be operating the lodge under a special use permit that was given to them in January of 2018. They formed a nonprofit, Friends of Santiam Pass Ski Lodge, to raise funds for the project, which they estimate will cost up to $3 million.

Darren Cross is the McKenzie National Forest district ranger and is aiding the Sheets during the restoration project. "I give them a lot of credit for taking this on in the public interest," said Cross. "It's a unique and important site for [the Forest Service]."

Cross said the Santiam Pass Ski Lodge is at a location that will draw people year-round who are visiting Hoodoo Ski Area, Ray Benson Sno-Park, Big Lake and the Santiam Off Highway Vehicle Area.

With the permit in hand and some funding secured, Dwight and Susan can start the renovation, beginning with restoring the iconic windows that captured Dwight's imagination as a young man. They will also remove some of the outer additions that were added after it was built, restoring the original architecture of the lodge.

Dwight and Susan envision the lodge as a rest stop along Santiam Pass as well as a destination for cultural events. They plan to add new ADA restrooms ("Something that's really needed as you travel along the pass," said Susan) along with a cafe with snacks, desserts, drinks and maybe a gift shop. In the winter, the area is used by snowshoers and cross-country skiers, and the Sheetses expect that the lodge will still be used as a warming hut. The main level upstairs will be an event space, and they are hoping to draw music and arts events.

"The thing that stood out for both of us, is we wanted it to be enjoyed by as many people as possible," said Dwight.

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— Timea Eckerdt

AERIAL YOGA

Elevate Your Fitness Routine

Aerial yoga can decrease risk factors for heart disease, improve your flexibility and is just plain fun.

WRITTEN BY **BRONTE DOD**

I'd wager that your New Year's resolution has to do with health, something like running three miles every day, cutting out gluten or drinking less beer. That's pretty standard, but a growing population of Central Oregonians will be starting their new year by turning the traditional workout on its head, or at least its horizontal axis with "aerial" yoga, a mashup between traditional floor-based yoga and silk aerials.

While aerial yoga has been trending in the health and fitness world for a few years, the benefits aren't a passing fad. A 2016 study from the American Council on Exercise found that "a single session of aerial yoga offered participants many of the benefits associated with low- to moderate-intensity aerobic exercise like brisk walking or leisurely cycling" and "[a]fter the six week program, participants displayed measurable reductions in some common risk factors for cardiovascular heart disease."

While the term aerial might conjure visions of Olympic snowboarders or Chinese acrobats, the reality is that you don't need to have Olympic strength or circus coordination to assimilate. Even me, a goes-on-walks and sometimes-makes-it-to-yoga person, could handle aerial yoga. (My one pro-tip would be to not eat dinner beforehand.) The silk hammock, an admittedly intimidating piece of workout equipment, can withstand up to 3,000 pounds. Yogis can sit, stand, twirl and hang in and on the fabric without fear of falling, but it's a mental battle as much as it is physical.

Timea Eckerdt is a certified yoga instructor with Tula Movement Arts, a yoga and massage studio in NorthWest Crossing that opened in 2017. An instructor since 2013, Eckerdt tried aerial yoga and "instantly fell in love with the silks," she said. "It felt really supportive."

Aerial yoga is an extension of Vinyasa and Hatha yoga, where the silks add leverage to stretch muscles and then support inversions. Eckerdt said that it can be a much more accessible form of yoga. "With the silks, anyone can go upside down," said Ekerdt. "There's a woman who's in her seventies, and she finds it more supportive, easier and accessible."

The postures, aided by the silks, can increase strength and flexibility and are a good reset after a day at the office. "It's a great counterbalance of our daily lives and all the things we do that mess up our bodies, like sitting all day," said Eckerdt.

Tula Movement Arts offers daily classes of aerial yoga. Visit TULAMOVEMENTARTS.COM *for more information.*

PHOTOS ALEX JORDAN

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EDUCATION

The Office Group

Nonprofit counseling group helps at-risk students prepare for post-high school life

WRITTEN BY **PENNY NAKAMURA**

Brad Kent tutors a student

Three years ago, Dustin Follett was a 17-year-old junior and two-sport athlete at Summit High School—everything was seemingly going according to plan. There was just one problem: there was no plan. Follet, like many of his peers, hadn't thought beyond his high school years. None of his family had graduated college so the path forward was particularly unclear.

It was right around the time that Follett discovered The Office Group, an off-campus counseling service aimed at helping students facing social, economic and other obstacles navigate the transition between high school and adult life by ensuring they graduate high school and are prepared for the next phase, whatever that might be.

Fast forward three years and Follett is a computer science major at Eastern Oregon University and excited about what the future holds for him. He says before The Office Group, he never thought college was an option for him.

"I can honestly say, with 100 percent certainty, I wouldn't be here without The Office Group's help," explained Follett over the phone, as he finished his classes for the day. "They helped me prep for the SAT exams, my family could never have afforded a private SAT prep course, and they coached me with my college application essays. Also, they drove me to visit different college campuses, even one out of state."

Success stories like this are not uncommon for the four-year-old counseling nonprofit that locals Brad and Melissa Kent started with Summit head football coach Corben Hyatt and his wife Kristal.

Brad and Melissa approached the Hyatts about helping them start The Office Group in March of 2014, and by July of that year, they had recruited ten students. Since then The Office Group has grown every year. To manage numbers, they now require prospective students to receive a nomination from a teacher, counselor or coach before they can apply. Currently, thirty students from five different local high schools in Central Oregon are represented at The Office Group.

Hyatt says working at The Office Group was a natural fit, since as a coach he had to make sure his football players were academically eligible to play. Even now, it's Hyatt who holds The Office Group students accountable. He makes sure they're going to classes, and he checks in with them about their exams and grades.

Follett also credits Hyatt and the Kents for finding extra college funds to help pay his tuition at EOU, and it was The Office Group that helped his family wade through the myriad of complex federal tuition aid requirements.

Both the Hyatts and the Kents say the Office Group couldn't do it without their faithful cadre of forty volunteers, who help with everything from homework to college and career counseling. So far, sixty-nine students have gone through The Office Group program and they're represented at thirteen different colleges and universities on the West Coast, with one earning admission into the Air Force Academy and two others who opted to enlist in the Marines and Navy.

Brad and Melissa Kent and Corben and Kristal Hyatt

"What we're trying to do is level the playing field and give them the resources [to] be successful."
— Corben Hyatt

"What we're trying to do is level the playing field and give them the resources, so they can be successful. That may be college, it may be the trades or military. We want them to have options and put them on a successful path post-high school," Hyatt said.

PHOTOS ALEX JORDAN

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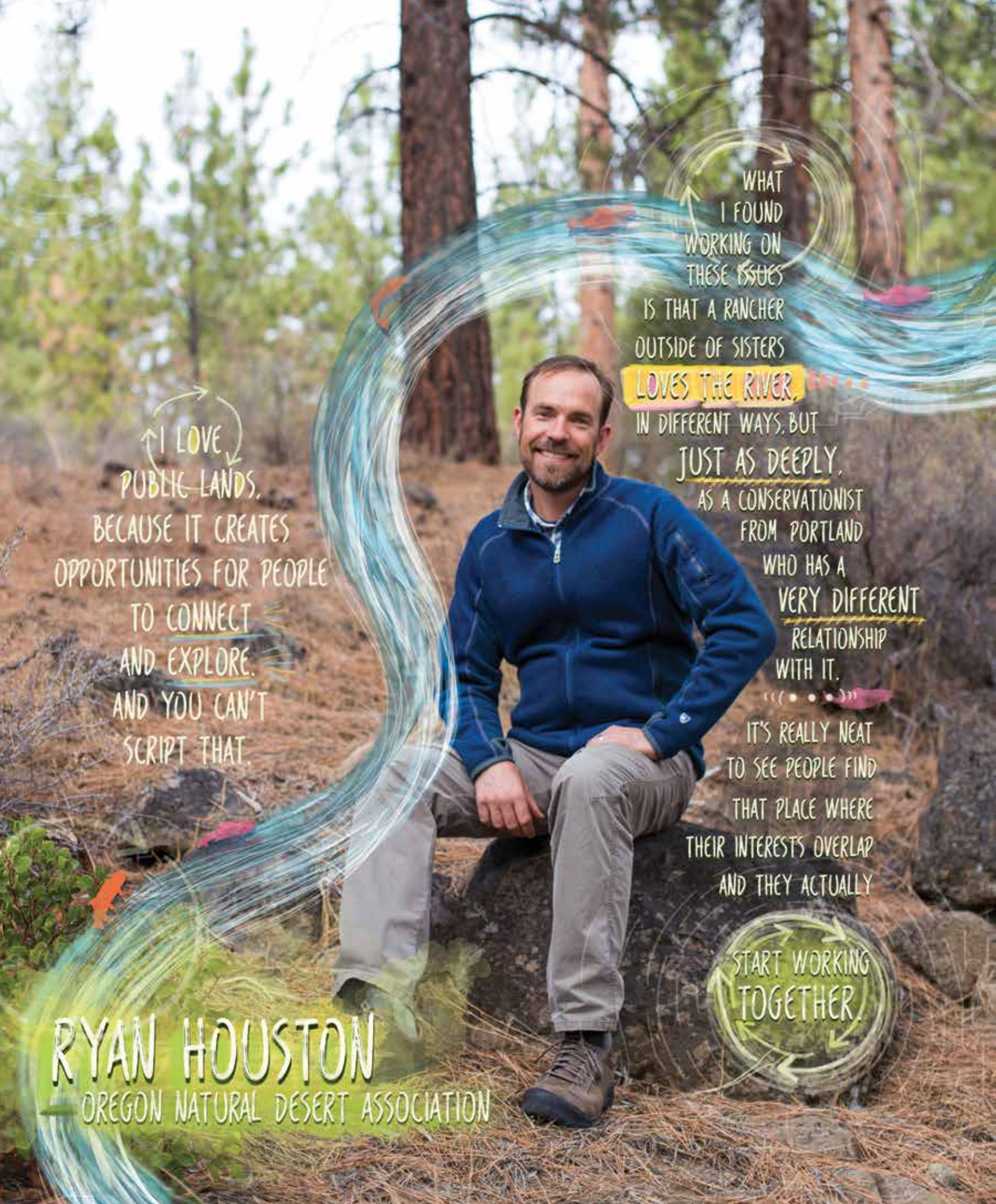
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WHAT I FOUND WORKING ON THESE ISSUES IS THAT A RANCHER OUTSIDE OF SISTERS LOVES THE RIVER, IN DIFFERENT WAYS, BUT JUST AS DEEPLY, AS A CONSERVATIONIST FROM PORTLAND WHO HAS A VERY DIFFERENT RELATIONSHIP WITH IT.
IT'S REALLY NEAT TO SEE PEOPLE FIND THAT PLACE WHERE THEIR INTERESTS OVERLAP AND THEY ACTUALLY START WORKING TOGETHER.
RYAN HOUSTON
OREGON NATURAL DESERT ASSOCIATION

Ryan Houston, the recently named executive director of the Oregon Natural Desert Association (ONDA) describes himself as a westerner. "I like the wide open spaces and the big sky of the West," he said. He spent almost two decades leading the Upper Deschutes Watershed Council, finding common ground between public and private interest to protect and restore the Deschutes River. Houston said he feels fortunate to join ONDA, a nonprofit dedicated to the preservation of Oregon's desert. Here, Houston talks about his desert education, finding common ground for environmental conservation and why public lands matter in Oregon.

GETTING *to* KNOW Ryan Houston

INTERVIEW BY **BRONTE DOD**

ARTWORK BY **TEAFLY**

On a Desert Education

Unlike most folks who grew up in San Diego and went to the ocean any chance they got, when I had free time, I turned toward the desert. When you head out of San Diego and over the mountains, it's a lot like Oregon, where suddenly the wide open desert appears. My earliest exploration was with my older brother. And I had some science teachers in middle school who were interested in introducing people to the natural world. They opened the door, which helped me develop my interest in ecology, biology and the desert. When you apply all that to conservation values and a love of environmental protection, it all sort of fits together.

On Science and Conservation

I always loved the natural world. I've always had an interest in conservation. To me, my career has been this combination of a love of science and a desire to engage and make the world a better place for the things I care about. What I learned very quickly is that science is one thing, but when it comes to actually achieving conservation objectives or making a difference in environmental issues, it's a lot more than science. It's people, politics, economics, collaboration. It's relationships and coalition-building. Fundamentally that diversity of elements is what's interesting about it. I don't just want to sit in a room and do science. I don't just want to sit in a room and do the legal work. But trying to pull it all together is fascinating.

On Finding Common Ground

Especially in today's political environment, it would be easy to conclude that there's just no common ground between different political interests. What I found working on these issues is that a rancher outside of Sisters loves the river, in different ways, but just as deeply, as a conservationist from Portland who has a very different relationship with it. One may vote Republican and one may vote Democrat, but when you look you can find a space where their interests overlap. That's not always possible, but it's inspiring because it reminds me that we have a lot more in common than what divides us.

On Finding Hope in Small Wins

Part of the challenge of the environmental or conservation field is that it's littered with all sorts of depressing stories. The pieces that inspire me are the small wins where you actually see measures of progress. Out in Whychus Creek, salmon and steelhead are coming back for the first time in fifty years because of the reintroduction effort that was started in the 2000s. There's probably a day in 2019, where you and I could go out there and see one. We're at small numbers—five, three, eight, but they're actually there. Those are big deals. To think that in this time period, we can actually make those kinds of changes, that's really inspiring.

On The Next Generation

The most rewarding thing for me as a parent is being out in the open spaces and watching my kids explore their world. In early July I took my 10-year-old girl and my 13-year-old boy out in the desert east of Steens Mountain for eight days of just bumming around. We fished in the rivers and we hiked. One day, we drove in this dirt road to an area with a unique geothermal hot springs. As we got out of the car, the kids were looking around and there was this beautiful veneer of small pebbles across the landscape. Both of them got down on their hands and knees, and I think we spent two hours crawling around and checking out the rocks. Just that freedom is the kind of experience that I like to create for them. That's why I love public lands, because it creates opportunities for people to connect and explore. And you can't script that. B

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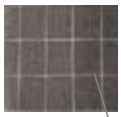

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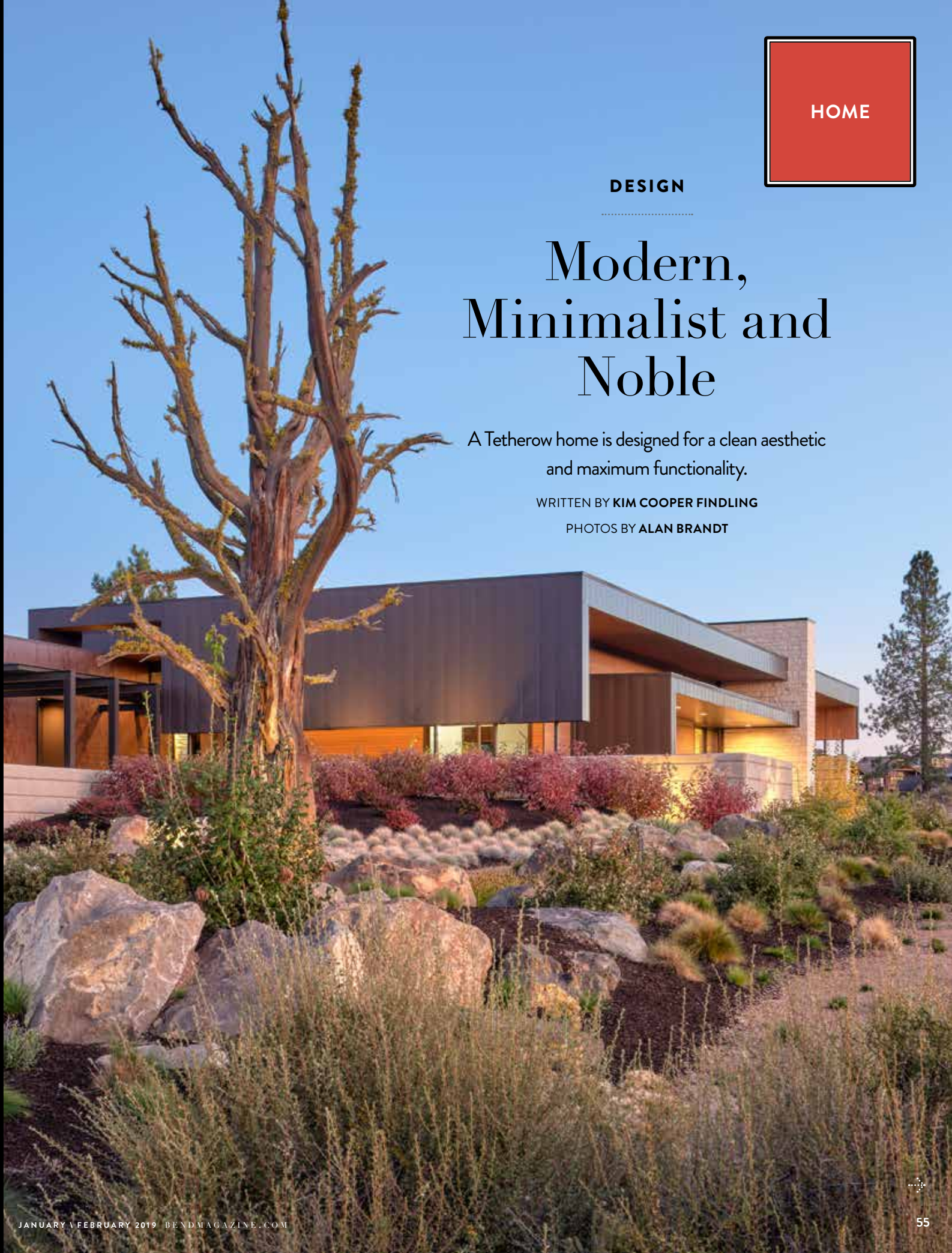

HOME

DESIGN

Modern, Minimalist and Noble

A Tetherow home is designed for a clean aesthetic and maximum functionality.

WRITTEN BY **KIM COOPER FINDLING**

PHOTOS BY **ALAN BRANDT**

TOP The courtyard is completely surrounded by the house, offering privacy, light and a seasonally changing artscape.

LEFT The stairwell is strung on ceiling to floor cables, limiting sight barriers.

ABOVE The Noble's "Lucky Pig" sits by the entry way as a mascot representing the couple's longstanding relationship with good luck pigs, which appear in their lives in all shapes and sizes.

Mary and Greg Noble were some of the first buyers in the Bend luxury development Tetherow. In 2007, they purchased a lot on the 17th hole of the golf course, which sat on the rolling landscape between the west side of Bend and the national forest, boasted views of the Cascade mountains and offered plenty of room for the modern home the couple envisioned. Mary and Greg were both nearing the end of thirty-plus-year careers with Boeing and were eager to leave the Seattle area for Bend, which they'd visited on ski vacations for many years.

But as it turned out, they would have to wait. The economy stumbled and the Great Recession settled in, postponing their retirement. Still, though they knew a move to Bend was likely years away, they reached out to Bend architect Eric Meglasson and started a conversation about the home they desired. That conversation went on for many years, until the Nobles were finally able to break ground in 2013.

MINIMILIST PHILOSOPHY

Open sightlines, muted colors that match the natural environment and simple features mark the Noble house design aesthetic.

LEFT The master bathroom on the second floor continues in the clean style and neutral colors of the home.

ABOVE A second space off the kitchen offers a sink, extra storage and the advantage of an additional dishwasher.

Meglasson said that the home, completed in 2015, would not be what it is if it weren't for that lengthy delay. "During that time frame, I really got to know Mary and Greg," he said. Meglasson even visited their Seattle home, seeing the ways in which they lived and posing questions about how that might be improved. Meanwhile, numerous site analyses were completed on the Tetherow lot to determine the best placement and orientation of the home. When go-time arrived, "we designed the house on the first pass," said Meglasson. "I learned that the longer you stew on a project, the quicker the design process goes."

The 3,300-square-foot two-level home that resulted is contemporary minimalist in style and yet long on livability and functionality. A primary feature is an interior courtyard completely surrounded by the house, which provides privacy as well as an aesthetic focal point that changes all year. "It's outside, but feels as if it's inside the house," said Mary. "In the winter, it's very interesting as snow falls and drifts into the courtyard." Planters and boulders sit on a surface comprised of pavers and nearly black stones, and a single fir tree provides a Zen-like touch.

The courtyard also contributes light to the interior of the home, as do the many exterior floor-to-ceiling windows. "Coming from Seattle, we really wanted the light," said Mary. Large white tiles comprise the flooring, which incorporates a radiant heat system. Quartz countertops are also in light colors. The natural stone of the living room's expansive fireplace mimics almost exactly the color of the pumice pit, the signature feature of Tetherow's 17th hole, visible just outdoors. Throughout the home, materials are metal, concrete and ceramic—"all highly durable and low maintenance, yet still with a sense of warmth," said Meglasson.

A particularly dramatic feature is the interior stairwell. Because Mary wanted the home to be "transparent," with few visual barriers, a unique approach was necessary for the stairwell. Cables were strung ceiling to floor, with enough tension to support the stairs. The eye passes through the cables to reveal views of the courtyard. "It was quite a challenge to string, but the result is dramatic," said Meglasson. "It has a veil effect depending on how light falls on it."

Throughout the home, simple but highly functional features dominate. Mary credits her husband Greg—who has a graphic design degree and worked in design for Boeing—with the vision for many of these design concepts. The flat screen television rises from a built in cabinet, and can swivel

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LEFT Architect Eric Meglasson, left, with homeowners Greg and Mary Noble, at the home they designed together.

to be kitchen-facing or living room-facing. Closets along the main hallway are nearly invisible, behind a seamless line of wood paneling opened by the touch of a hand. Along that stretch is a powder room, also all but hidden behind continuous paneling. In a bedroom closet, a full-length mirror is installed on a mechanism which allows it to be unfolded from within. A table is similarly unfolded from a wall panel. "I'm much more traditional, but I came to appreciate his aesthetic," said Mary.

The home has two master bedrooms, one upstairs and one down. Currently, Greg's mother resides downstairs. But the couple envisions a time when they will move to the main floor themselves. Two other rooms are flexible—one mainly an office, but easily converted to a temporary bedroom. The other an art/yoga studio which functions as a guest room as well.

The exterior landscape was important to Mary. Each side of the house offers a slightly different view. "I like a continuous hardscape, so that you can walk all the way around the house without your feet getting yucky." Natural landscaping includes manzanita and bunchgrass. A few old snags invite visits from great horned owls and hummingbirds. A water feature and various seating arrangements expand the livability of the home.

In the twelve years since the Nobles purchased their lot, much has changed in the Tetherow landscape. The economy is strong again, and many homes have been built around the Noble house. But that's okay with Mary and Greg. Aside from proximity to Mt. Bachelor and views of the Cascade Range, one priority for them when they were deciding where to live was that that be around other people. "Coming from Seattle, we knew no one in Bend," said Greg. "We wanted to live in a community. This is just perfect for us." B

Resources

Architect: Eric Meglasson

Builder: Matt Jura at High Timber Construction

Design: Jeannie Legum of Legum Design

Furnishings: Furnish

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MAKEOVERS

Mom Knows Best

A Bend mother-son duo could be HGTV's next makeover hit with a new Bend-based show set to debut in 2019.

WRITTEN BY **LEE LEWIS HUSK**

With a sparkling personality and a natural ease on camera, Karrie Trowbridge of Bend is parlaying a home remodeling and design business into something that could become an ongoing series on HGTV.

A pilot show that aired in August 2017 rated well enough for HGTV to enlist Trowbridge and her son, Tristan, the oldest of three sons, to produce six additional episodes titled "Mom & Me." The network is planning to air them in early 2019. If they gain traction, the Trowbridges could be signed up for thirteen more episodes. Owned by Discovery, Inc., HGTV broadcasts home improvement programming to millions of viewers through cable and satellite channels.

They're definitely riding the crest of HGTV's second wave of programming aimed at a younger demographic, the Gen X and Y viewers who are starting to buy their first homes. Petite and blond, Karrie is a youthful 42. Tristan, at just 22, believes he may be one of the youngest remodelers on HGTV. "They ended up liking me," he said. "With us in its lineup, the network can reach out to a younger demographic. It's a new niche."

Like many success stories, the Trowbridges' foray into television started with an unlikely event. Karrie had been fixing up and selling homes for more than a decade when a local investor hired her in 2015 to renovate and prepare six foreclosed Central Oregon homes for resale. She posted a before and after shot of one of the remodeled kitchens on

DYNAMIC DUO

Karrie Trowbridge's Instagram posts drew the attention of HGTV talent scouts. A pilot TV show co-starring her son, Tristan, soon followed. The first season of "Mom & Me" debuts in January on the network, with the duo undertaking a whirlwind schedule of home remodel projects in Central Oregon.

Instagram. It caught the eye of a production company, which began informal auditions on Skype to see whether she and Tristan might be the next undiscovered talent for HGTV. The company, Essential Quail Television, liked what it saw and shot a "sizzle reel," a four-minute video, to pitch the Trowbridges to HGTV.

"I feel like I've won the lottery, and I didn't even purchase a ticket," Karrie said. "We weren't looking to do this. I've since learned that tons of people are always pitching their ideas to the network with hopes of landing a show. The thought never occurred to me that this could happen to us."

"There's a magic that happens with them on screen, and that's why they've made it this far," said Patrick Trowbridge, Karrie's husband and Tristan's father. "After shooting the pilot, they got better and better."

The Trowbridge's Bend home makeover narrative is more than just a made for TV plot. They have been living this story for almost two decades. The family moved to Bend in 2000 with hopes of buying their first home. They slept in a tent for two months while searching for the perfect starter home. Although that didn't pan out right away, they eventually bought a 1923 Craftsman near Newport Market. "It was in terrible shape," Karrie recalled. "We did the work ourselves and when the remodel was finished, I thought, 'Ooh, I want to do more of this work'."

Thus began a cycle of buying, fixing up and selling, with Patrick serving as real estate guru and Karrie as general contractor. "I love what I do," Karrie said. "It's almost like a sickness. The worse the house, the more I love it."

After the pilot aired, HGTV began casting for homeowners in Central Oregon willing to turn over their homes to Karrie and

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"Making a beautiful space to live in is never going to go out of style." — Patrick Trowbridge

TASTEMAKERS

Karrie Trowbridge and son Tristan work out the details of their remodel plan. The duo completed six extensive remodels around Central Oregon for an HGTV pilot series that will debut in January.

Tristan. Those chosen had to commit at least $60,000 to pay for their home remodel and move out for six weeks while the Trowbridges worked their magic. "People trusted me with their home, even though it was for a reality TV show," said Karrie. "My number one goal was to ensure that the client was happy with the results."

Because of the high cost of filming, the six homes had to be completed within ten weeks. "It was extremely stressful," Karrie said, adding that she designed each renovation, enlisted client input, coordinated contractors and was on camera with Tristan.

Under normal circumstances, each of the homes would have taken six months to finish. But Karrie was able to hire local subcontractors and had a project manager, Peter Carmichael, to facilitate the fast pace.

"The tight deadlines, high pressure and the stress, especially for my mom, brought us together," Tristan said. "When it got really hard, we were there for each other."

A film producer was on set to direct interviews between mother and son. Their banter is good natured, with Karrie respecting Tristan's input. "He's so supportive, plus he's got a great design eye," she said. "We like to bounce around ideas that we think the client is going to love."

The Trowbridges hope they can continue making shows for HGTV, but if that doesn't happen, they'll still be out pounding nails and transforming client homes. "Making a beautiful space to live in is never going to go out of style," said husband Patrick.

PHOTOS ALEX JORDAN

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WOODWORKING

Thom Marchionna

Handcrafting "insanely great" furniture from childhood experience and high-tech design

WRITTEN BY **LEE LEWIS HUSK**

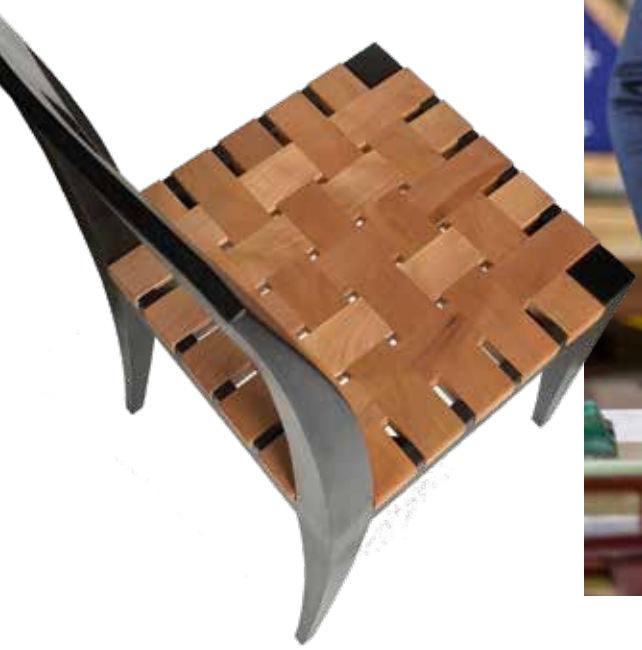
An irresistible impulse to examine, admire and even run one's hands over the wood is all part of experiencing Thom Marchionna's furniture for the first time. An African mahogany coffee table is slit down the middle in wavy, book-matched grain, joined across the gap by contrasting square accents. If set on its end, the table could qualify as wall art. The seat of a chair gives the illusion of being made of woven leather but is, in fact, sturdy cherry.

All his pieces—from tables, chairs, dining room sets, doors and boxes—blend soft, beveled edges and organic contours with hard geometric lines in unique, modern designs. "I spend a lot of time refining, playing with proportion, simplifying lines, matching grain and getting it to harmonize throughout the piece," he said. "Paying close attention to using the wood in the best possible way is my way of honoring a tree and giving it a new life for generations."

Marchionna spent his early childhood in western Pennsylvania, the son of a cabinet and woodmaker. "Dad picked me after school, took me to his shop, gave me scrap wood, a hammer and nails, and let me do what I wanted." The family later moved to the San Francisco area in the 1960s where his father built apartments and custom homes.

The younger Marchionna framed houses during college summers, installed cabinets, expanded houses, built fences, decks and took an interest in furniture. "[Woodworking] became a necessary pastime," he said.

PHOTO BOTTOM ALEX JORDAN



SECOND ACT

CENTER Previously a designer and creative director, Thom Marchionna started a second career crafting fine furniture in Bend.

INSET LEFT The seat of a chair gives the illusion of being made of woven leather but is, in fact, sturdy cherry.

INSET BELOW An African mahogany coffee table is slit down the middle in wavy, book-matched grain, joined across the gap by contrasting square accents. reminiscent of Gustav Klimt's "The Kiss."

His design aesthetic that elevates simplicity as the ultimate sophistication came from an entirely different direction. In 1986, Marchionna was working at an ad agency in Los Gatos when he got a call from Apple Computer offering him a job.

"I wasn't sure. I had a five-year-old son and a mortgage. I was drawn by the salary and Apple's insistence on great design," he said. "It turned out to be an eight-year PhD course in design. It was an environment for powerful simplicity where less was more and an insistence on making things insanely great." He became a senior creative director who managed dozens of people and designed print and marketing communications for Apple.

"Apple changed people's lives for the better, especially in adaptive technology, and allowed the ordinary to become the extraordinary," he said. But competitive market forces in the 1990s altered Apple's focus, causing it to pull back from the founding spirit. "Over time, much of the joy [of the work] receded as well," he said.

He left Apple in 1993, working as a creative on his own and in ad agencies in Silicon Valley and Portland. For the next two decades, his work paralleled the ups and downs of the high-tech industry.

By 2016, he was ready to pivot out of the agency world to working with his hands. He chose a familiar medium: wood. He moved his family to Central Oregon for the same reason that many others come here. "I saw that Bend had 290 days of sunshine, it was a small town, had good food and the people were nice," he said.

Today Marchionna spends his "second act," as he calls it, in a soaring warehouse on Bend's northeast side handcrafting furniture under the name Able Fine Woodworking and using traditional joinery methods. The space is filled with wood he collects from Hardwood Industries in Bend, and Crosscut Hardwoods and Goby Walnut, both in Portland, along with clamps, design sketches, prototypes of furniture under construction, saws, sanders and all the necessary tools to make commissioned pieces costing from hundreds to thousands of dollars for a growing list of clients.

"It's design and execution for people who want something they'll cherish and pass on," he said. Some might even say Apple's original mission of "insanely great" can be appreciated in the handiwork of one former employee. B

PHOTO CENTER ALEX JORDAN

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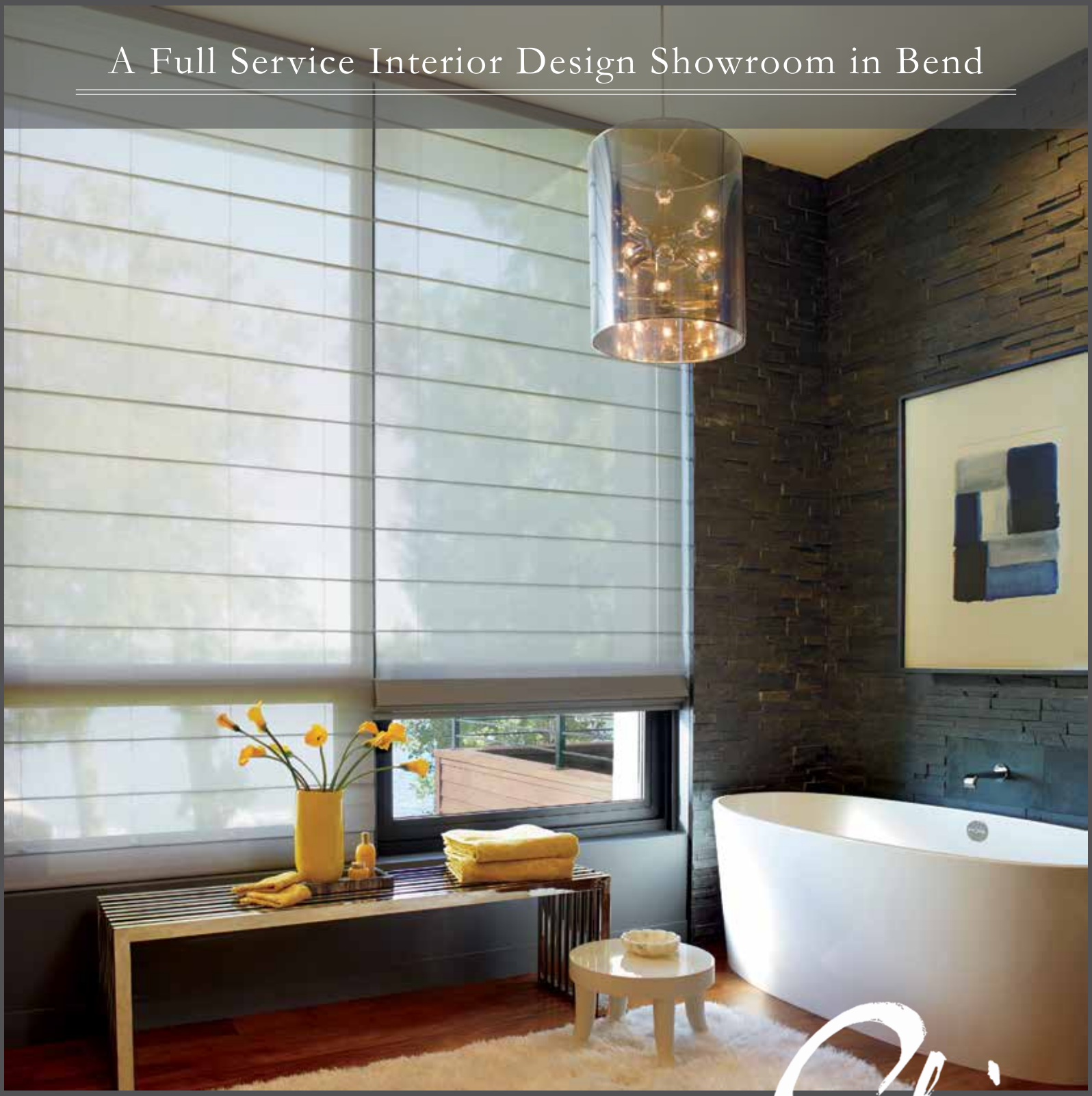

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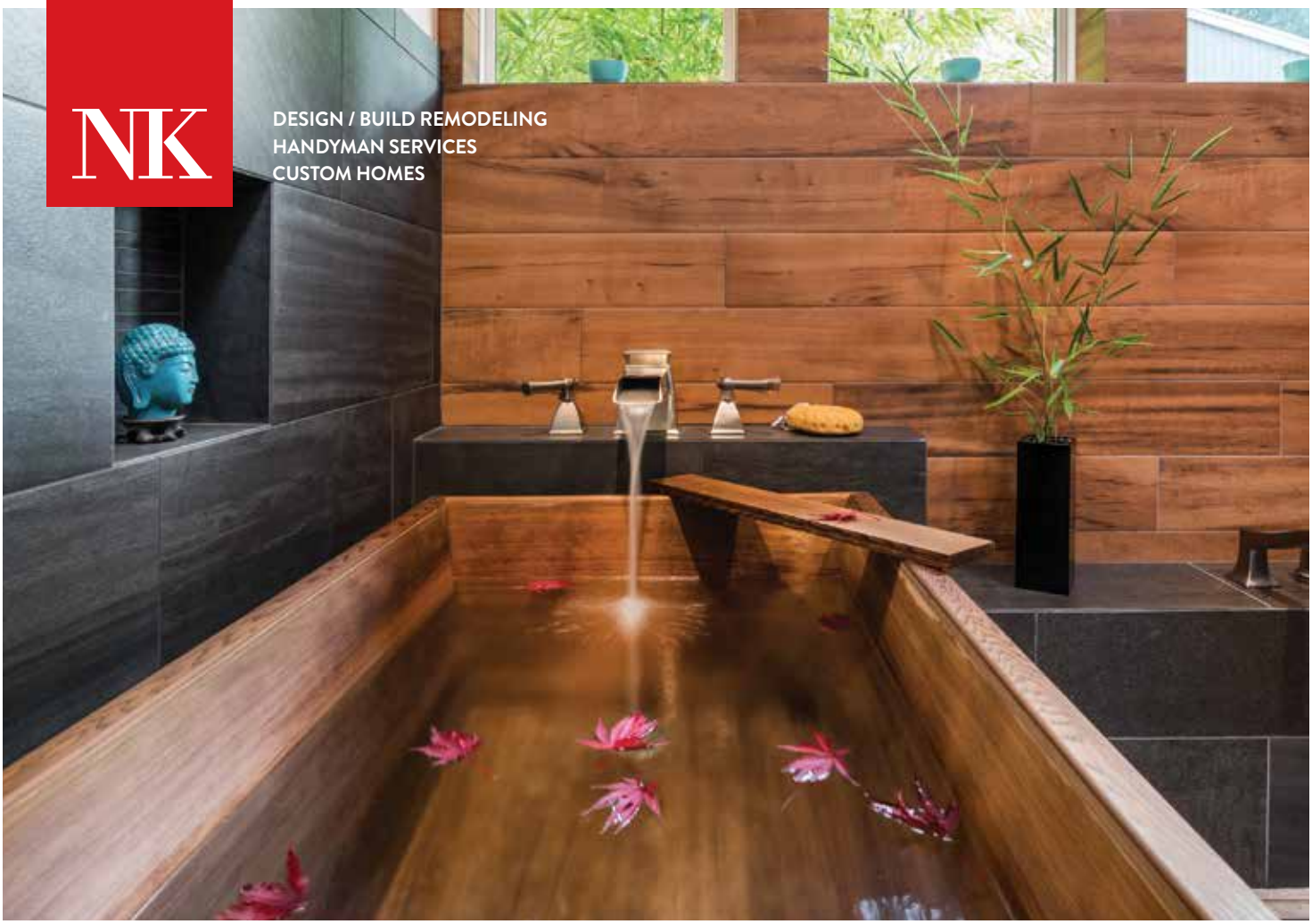

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INNOVATION

Roll With It

Geoff Babb's all-terrain wheelchair is designed to go out of bounds.

WRITTEN BY **CAM DAVIS**

PHOTOS BY **MICHELLE SIMMONS**

In September 2016, almost eleven years after suffering a near-fatal brain-stem stroke, Geoff Babb sat in his modified wheelchair at the Bright Angel trailhead with his family and a group of friends. Given the path that he had traveled to reach that point, a wheelchair journey into the belly of the Grand Canyon didn't seem far-fetched.

An avid backpacker, climber and mountain biker before his life-changing stroke, Babb wasn't content to surrender his outdoor lifestyle because of his limited mobility. Determined to get back into the wild places that inspired him, he soon realized that his enjoyment of the outdoors with friends was limited not so much by his legs, but the frailties of his wheelchair.

"Normal wheelchairs just can't cut it in the wilderness," said Babb. "To get off the beaten path, I needed something that was much more durable and versatile than anything out there. That's how the AdvenChair was born."

Babb, a fire ecologist for the BLM, began developing the all-terrain AdvenChair several years ago with the help of Dale Neubauer, a friend and helicopter mechanic. Together they created a human-powered vehicle with mountain bike tires, a detachable front wheel, a rear handle bar with dual disc brakes, and a harness that would allow a team of up to four people to push, pull and guide Babb up and down rugged trails, as well as over sand and snow.

"To get off the beaten path, I needed something that was much more durable and versatile than anything out there. That's how the AdvenChair was born."

— Geoff Babb

"What drove me to work with Geoff was his incredible perseverance, optimism and positive drive," said Neubauer. "When you spend time around someone like that, the last thing you'd want to do is hold him back."

Initially, Babb's stroke therapy included sit-skiing with Oregon Adaptive Sports and visits to Healing Reins Therapeutic Riding Center, which gave him the idea to trek with friends into the Grand Canyon via pack mule. But when the wait for a permit and other

LEFT Babb on a test run in December near Bend.
ABOVE The re-engineered AdvenChair 2.0.

logistics got in the way of a trip in September of 2016, he decided to put his AdvenChair to the test instead.

Despite surviving rugged trails at Mount Bachelor and Smith Rock State Park, as well as at Mount Rainier, Crater Lake and Glacier national parks, the AdvenChair ultimately succumbed to a broken axle sheath two miles down the Bright Angel Trail.

"The pounding of the wheels over dozens of water bars was just too much," explained Babb.

The break sent Babb and his team back to the drawing board to strengthen the AdvenChair.

"The structural failure of the axle assembly allowed us to start with a clean slate," said Neubauer. "Geoff came up with the idea of blending the attributes of a sit-ski with high-grade aluminum mountain bike components, including beefier twenty-seven-and-a-half inch wheels, that led us to an entirely new hybrid design."

After receiving encouragement at Bend's Venture Out Conference in October of 2017, Babb was preparing an IndieGoGo campaign to help produce prototypes of Version 2.0, when he encountered a significant bump in the road. On November 10, 2017, he had a second stroke—twelve years to the day after his first one.

"The chances of surviving a brain-stem stroke are about ten percent," said Geoff's wife Yvonne. "I knew getting him back from another one at age 60 would be pretty miraculous. But he looked at me from his hospital bed the next day and confidently murmured, 'Not our first rodeo'."

Despite doctor's predictions, Babb relearned how to swallow and eat solid food all over again, and emerged more determined than ever to bring the AdvenChair 2.0 to reality, not just for himself, but for the nearly 15 million people nationwide suffering from limited mobility, and highly limiting wheelchairs.

Oregon Adaptive Sports Executive Director, Pat Addabbo, sees tremendous potential on a global scale.

"As a program provider, the things I look for are adjustability for different sizes and abilities of people, ease of assistance by staff/volunteers and durability," he says. "The AdvenChair fits all of these. It will surely fill a need in the adaptive recreation industry."

Babb's fellow Oregon Adaptive Sports skier Kirk Petersen, who is paralyzed from the waist down, is anxious to test the new chair.

"The chair is going to do wonders for getting people like myself to remote places," says Petersen. "We don't want to be stuck in the house watching TV. We want to be doing the same things everyone else wants to be doing outside. We just need a little help."

Perhaps not surprisingly, Babb chose November 10, 2018 as the day to launch his fundraising campaign to help build and test several prototypes. With funding through his website (advenchair.com), his goal is to begin selling chairs in 2019, and ultimately, to see them in use throughout the country, so people can share their stories online.

"Having access to nature and solitude does wonders for the mind and body," said Babb. "Whether venturing to the bottom of the Grand Canyon or not, we hope to provide some very rewarding journeys." B

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The Feel-Good Time

ALL THINGS MUST COME TO AN END, but if you're waiting for the arrival of the next great recession to take the sting out of home prices or a tight labor market, you could be waiting a while longer. That was the message delivered by a panel of economists this past fall in Bend that included former state economist Tom Potiowsky and Josh Lehner, senior economist at the state Office of Economic Analysis.

While all signs point to continued economic growth across the state, including Central Oregon, business owners and investors should expect to see a slight slowdown, as the labor market reaches full employment and federal fiscal policies, including rising interest rates trickle down to the local level.

"Once you reach this point in the business cycle labor markets are tight, and it's difficult to grow much faster. The expectation for 2019 is a slowing of the economy," Potiowsky said.

In places like Bend where population growth is key to economic growth, there are already signs of a slight slowdown. In-migration, which brings both investment and innovation is already slowing, in Central Oregon and Bend.

"When the rest of the country isn't doing well, the grass really is greener in Bend. But people tend to stay put when there's an economic expansion," Potiowsky said.

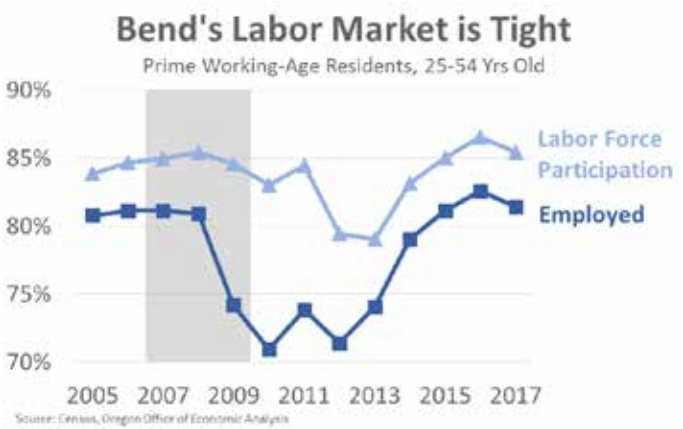
He cited the increasingly tight labor market and rising housing costs as two growth-limiting variables in Bend and Central Oregon in 2019. The region is also subject to the ups and downs of the larger economy, and there are growing number of questions about the ability to sustain the prolonged expansion as well as specific policy challenges, said Potiowsky. President Trump's trade policies and the prospect of a trade war with China as well as the waning impact of tax cuts are potential drags on long-term growth.

"The low-hanging fruit of growth is gone in a mature expansion," Lehner wrote in his December report to the Oregon legislature.

However, Lehner said he expects the state's economic momentum to carry through 2019. That growth has fueled record inflation-adjusted income gains for Oregonians, Lehner said.

"The feel-good part of the economy is clearly here," Lehner wrote.

— *Eric Flowers*



BY THE NUMBERS

ILLUSTRATION BRENDAN LOSCAR

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ATTORNEY

Jennifer Clifton

When big law firms shied away from the fast-growing cannabis industry, one Bend lawyer jumped in to fill the void.

INTERVIEW BY **ERIC FLOWERS**

Not so long ago, the only legal advice pot growers needed was of the criminal variety, but since Oregon voters legalized recreational marijuana in 2014, the cannabis industry has been booming. Legal cannabis operators now need advice on tax laws, government compliance and corporate structuring. In Deschutes County many turn to Jennifer Clifton, a civil attorney who specializes in cannabis law. We sat down with Clifton to talk about the evolution of the industry in Oregon.

How did you make the jump to cannabis consulting and legal work?
I noticed that most of the cannabis entrepreneurs when [cannabis] went legal recreationally were going to criminal lawyers, and my background was corporate transactional law. I thought it was the perfect opportunity. I did transactional law for ten years in California before coming up here, so I had a ton of experience during the dot-com boom taking companies public and doing private equity transactions and all that. I saw this as a niche opportunity because a lot of the big [law] firms hadn't gotten involved yet because of the liability issues.

How did you determine what services your clients would need?
The services provided are like any other startup company, basic entity formation from a legal perspective and they need securities law work because they are bringing in money from people. So that's what you would do with any other company, but there are also issues relating to compliance with the OLCC

[Oregon Liquor Control Commission] and navigating all the different issues that come up because they are a cannabis company. They can't get traditional banking or financing. As a result, the way we would set up the entity structure upfront became very customized for addressing the needs of the cannabis companies.

What were the typical things you were dealing with in those first few months?
It started with getting things in writing. You need to get an operating agreement or a partnership agreement and you need to get it in writing. Of the clients that I saw who came in from previously being in the business, there are [only] a few who are actually going to make it. It's a whole different industry. It has definitely changed.

There seems to have been a bit of a gold rush mentality around legalization. What was that like for you as a service provider?
It was a little scary, honestly. I was scared about the federal Controlled Substance Act. I was concerned also about money laundering laws and RICO charges and things like that. So when I first decided to get into it, I was a little bit scared. Then I opened a [business] bank account and had five different bank accounts shut down.

What's the current state of the Cannabis Industry in Central Oregon?
We have twelve [OLCC licensed] operators right now in Deschutes County but the numbers keep whittling down. I see this with people coming into the market who are like, "Oh, we are going to put all this money in for my son to grow weed. And he's going to make it big in the cannabis business." Nope. It's a bloodbath out there. The margins are minute right now with the oversupply. Now you have sophisticated business people who are well capitalized. Those are the ones who are actually going to make it. We are seeing a lot of consolidation now. Seventy percent consolidation is what we are expecting again in Oregon this year. B

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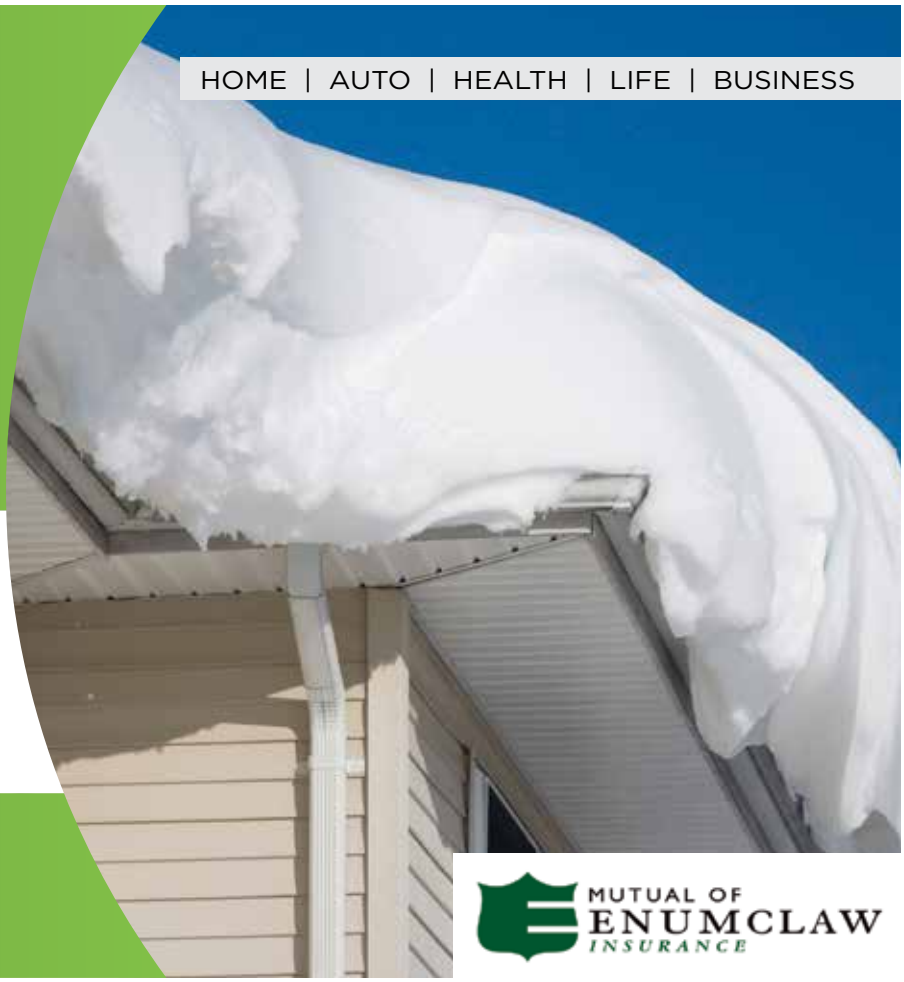

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- Economic Development for Central Oregon
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2018 READERS' Choice WINNER

AND THE WINNER IS...

PHOTOS BY **STEVE TAGUE**

OUR READERS WEIGH IN ON THE BEST IN DINING, DRINKS, ENTERTAINMENT AND MORE.

It's our mission here at *Bend Magazine* to bring you the best of Bend and Central Oregon the whole year round. We spend a lot of time and effort capturing the most interesting people, places, ideas and more. In a sense, every issue that we make can be considered a "Best Of" edition. The difference this time is that we turned the decision making over to you. This issue has the distinction of being our inaugural Readers' Choice Awards. If participation is any measure of your interest, it was off the charts. In total almost 25,000 votes were cast across all categories. The process took several months for us to complete, beginning with a round of preliminary nominations back in October. Those initial votes determined our finalists, though we kept all categories open for write-in nominations. A final round of voting was held in November. Despite the volume of participation, some of the votes were achingly close—a testament to the wealth of great options available around the region when it comes to entertainment. Thanks to all of you who participated in the balloting. We had a great time watching the results pour in. We know you'll recognize many of these names, but hopefully you'll find a few new ideas as well. Congratulations to all our winners, you are the toast of the town. Might we suggest you raise a glass of champagne to the good work you do and to our readers who recognized the effort.

BEST HAPPY HOUR
Pine Tavern

The Pine Tavern isn't so much a restaurant as an institution in Bend. Complete with signature ponderosa pines that jut through the center of the dining room, the Pine Tavern has been part of the fabric of Bend's dining and downtown for nearly a century. It has welcomed loggers, mill owners, debutants and dignitaries. It also happens to be a great watering hole. The restaurant's cozy lounge offers, a welcoming spot to belly up the oak bar. It's the reason that *Bend Magazine* readers selected Pine Tavern as their top happy hour spot in Central Oregon—well that and the incredible value on food and drinks. Small bites and shareable snacks start at $2.95 and go up to $4.95. There are also specials on well drinks and drafts and the obligatory PBR tall boy ($2.50). Happy hours are weekdays 3 to 6 p.m., noon to 5 p.m. on Saturday and throughout the day on Sunday.

BEST PIZZA

Pizza Mondo

When it comes to Readers' Choice Awards and pizza, it seems there is only one choice, Pizza Mondo. The downtown Bend pizza nook has become a veritable institution by serving up amazingly consistent and creative pies, delivered in a hip atmosphere that bustles with urban energy. It's been this way since founders John Picarazzi and Steve Koch opened Pizza Mondo in 1996. Other pizza joints have come and mostly gone, but Mondo remains an essential part of Bend's dining scene—no matter how you slice it.

BEST COFFEE
Backporch Coffee Roasters

Dave Beach is quick to acknowledge the number of choices that consumers in Bend have when it comes to choosing a cup of coffee. It's the reason why as the owner of Backporch Coffee Roasters, Beach puts as much emphasis on customers as coffee beans. "It can't just be product, because there are a lot of good cups of coffee out there. It's about relationships that are made over the counter," said Beach.

BEST

BURGER
Dandy's Drive-In

TACOS
El Sancho

BREAKFAST
McKay Cottage

LOCAL BREWERY
Crux Fermentation Project

FOOD CART
Brown Owl

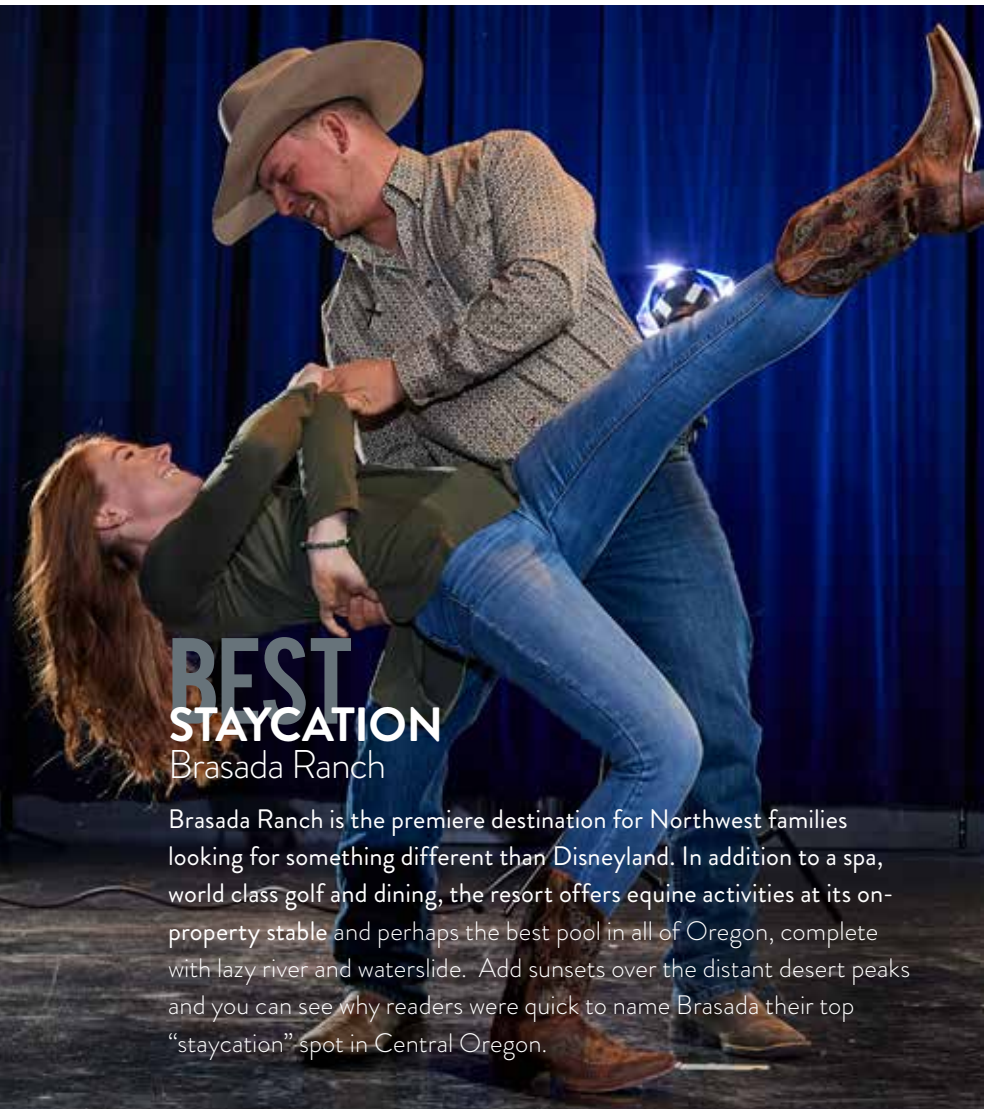
BAKERY
The Sparrow Bakery

BEST SUSHI
5 Fusion & Sushi Bar

Over the last decade, 5 Fusion has provided a menu of consistent delights, but chef Joe Kim, a James Beard nominated chef, said variety and experimentation are key to 5 Fusion's success. Kim prepares ten to twelve specials a day to keep things fresh. It's not all about the food, however. He credits meticulous service at the front of house for 5 Fusion's popularity, something that has lasted in the ten years of 5 Fusion.

BEST SPA
Anjou Spa

About a year ago, Anjou Spa reopened in a new location after a fire destroyed its previous building in downtown Bend. The move turned into a rejuvenation of sorts for the spa, said owner Jenna Walden. They adjusted the spa menu with feedback from customers and employees. "We really want to make 'spa' more approachable," said Walden.



BEST STAYCATION
Brasada Ranch

Brasada Ranch is the premiere destination for Northwest families looking for something different than Disneyland. In addition to a spa, world class golf and dining, the resort offers equine activities at its on-property stable and perhaps the best pool in all of Oregon, complete with lazy river and waterslide. Add sunsets over the distant desert peaks and you can see why readers were quick to name Brasada their top "staycation" spot in Central Oregon.

BEST

WINE LIST
Zydeco Kitchen & Cocktails

RESTAURANT
Zydeco Kitchen & Cocktails

BLOODY MARY
Victorian Cafe

BEST JEWELRY STORE
Silverado Jewelry Gallery

WOMEN'S CLOTHING
Vanilla Urban Threads

OUTDOOR GEAR
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FURNITURE AND DECOR
Lark Mountain Modern

TRIVIA
Silver Moon's Trivia on the Moon

LADIES' NIGHT OUT
The Dogwood Cocktail Cabin

LATE NIGHT
The Dogwood Cocktail Cabin

DATE NIGHT
Ariana Restaurant

LIVE MUSIC VENUE
Les Schwab Amphitheater

HIKE
Deschutes River Trail

BEST
YOGA STUDIO
Yoga Lab

"When people walk through the doors of Yoga Lab, they feel like they've traveled somewhere different—to a place that makes you feel like you really are in a sanctuary," said Rebecca Bell, one of the owners of The Yoga Lab in Bend. That feeling is just one of the ways that The Yoga Lab is set apart from other studios in Bend. Founded by Bell, Aleta Adams and Ulla Lundgren, The Yoga Lab offers more than two dozen yoga classes a week in a variety of styles.

BEST

BIKE SHOP
Hutch's Bicycles

Hutch's Bicycles is Bend's oldest bike store. The shop, founded in Eugene in the 1920s, expanded in Bend in 1981 with Eugene transplant and longtime Hutch's employee Jim Lewis at the helm. The rest, as they say, is history. Said Hutch's Petie Thom of the store's enduring popularity, "We are cyclists first and we know how happy riding a bike can make someone. We want to help share that passion with our customers." Hutch's offers bicycle sales, rentals, service and car rack systems from three Central Oregon locations—two in Bend and one in Redmond.

PUBLIC PLAY GOLF COURSE
Widgi Creek Golf Club

SWIMMING SPOT
Elk Lake

PLACE FOR A WORKOUT
Juniper Swim & Fitness Center

SALON
Lemon Drop

BEST FESTIVAL
4th of July Parade

BEST INDOOR ENTERTAINMENT
Tower Theatre

BEST PLACE TO HANG OUT WITH FRIENDS
Floating the River

BEST ART GALLERY
Red Chair Gallery

Located in the historic O'Kane building, Red Chair features art and contemporary craft from local artists. "Nine years ago, a number of local artists and artisans were in need of a place to be together," said Managing Partner Rita Neely Dunlavy. "We are a gallery for everyone, owned and operated by Central Oregon artists. We're dedicated to keeping up the good work."

BEST TOUR COMPANY
Wanderlust Tours

Since its founding in 1993, Wanderlust has been on the forefront of local ecotourism. The company pioneered canoe paddle tours on the Cascade Lakes in summer and moonlight snowshoe tours in winter using a model that emphasizes sustainability, accessibility and inclusion. It's an approach that is less about conquering the outdoors and more about harmonizing with it. **"We try to be as sustainable as possible. It's a huge part of what we do on our tours—how we plan them out, where we send people and what we discuss when we're there," said Brooke Perkins, marketing manager. "Rather than just having fun and playing in the snow—and we do have a lot of fun—that education aspect is a really important part of what we do."** B

Newport Market

Rudy and Debbie Dory have brought daughter Lauren into the fold at the popular west side grocery.

Built to Last

FIVE CENTRAL OREGON BUSINESSES PREPARE FOR THE NEXT GENERATION OF LEADERS

WRITTEN BY **CATHY CARROLL**

ILLUSTRATIONS BY **MONA DALY**

Here's a little secret among longtime locals: Central Oregon's quality of life is more than just proximity to mountains. The region's livability is as much about the people who live here as where we live. For decades local businesses, many of which trace their roots to Bend's earliest days, have led the way, embedding a strong tradition of civic and philanthropic duty into their daily operations. These core values are central to many local companies, and in some, have carried over from one generation to the next, enduring everything from the Great Depression and the collapse of Bend's timber economy to modern recessions and national financial woes.

Here are the stories of a few, from some of the oldest to some more recent, all of which are poised for the next generation to continue exemplifying the values that has made Bend what it is today.

Newport Avenue Market

WHEN SHE'D TURNED 16, Lauren G.R. Johnson applied at Newport Avenue Market to be a courtesy clerk, bagging groceries, a job that in the late 1990s was called "box boy." She moved up to donut fryer, then checker.

"Everybody has a first job that's really about getting the foundation of showing up on time, with a clean uniform, doing what you're told and when," said Johnson, 44. "I had great people mentoring me in good customer service." There was an added wrinkle—those department managers knew that one day she might be their boss.

Johnson's parents, Rudy and Debbie Dory, store owners since 1991, were slowly transforming the conventional market into a specialty store, with both of their children working there as teenagers, but Debbie didn't think either of her children would step into their shoes.

Lauren left Bend for two decades to be a flight attendant, work the front desk at a public relations firm in Portland, and to be at home raising her daughter there as well as in Texas and Vancouver, Washington. About eight years ago, she came back to the family business. A top priority was its nearly 100 employees, which still included some who'd trained her as a teenager.

"With the difficulty of the business and the continuing increase of expenses, I wanted to look after employees, and one of the best ways was to be employee-owned, which allows them to retire at some point and be a viable, important part of the community," said Johnson, the market's CEO. She and her parents had talked about it for years, but the market had to generate enough sales to justify the expense.

"We wanted to continue our legacy in the community and reward employees who make us who we are," she said. They made the store employee-owned in 2014.

"Lauren was away for twenty years, and I didn't think she'd be coming back, but she did," said Debbie Dory. "She'd always been here for annual meetings, so she always had her finger in the pie, so to speak, and remembered a whole lot more than I'd thought she would, not being in Bend, and it has been an excellent thing. It's always nice when you have fresh ideas. For one, our store is a very fun place, it's not a typical grocery store."

Miller Lumber Company

IT'S 1929, ALONG THE Deschutes River in Bend, and 10-year-old William E. Miller is feeding draft horses. They'll be hooked up to go to the Shevlin-Hixon mill on the opposite bank and distribute lumber throughout Central Oregon. It's a daily chore that the boy does for his father, Harry A. (Ham) Miller, who'd come to Bend from Wisconsin and founded the Miller Lumber Company in 1911. Later, William will ride his horse to the Kenwood School, five blocks from his home.

By 1944, a day such as this would seem like paradise to him. A U.S. Navy fighter pilot, he was shot down over the Pacific, stranded at sea for three days, then on a deserted island for eighteen more days before fishermen would find him and hide him from the enemy until he was rescued three months later, just after Christmas.

When he got home, he returned to Stanford University and earned a bachelor's degree and M.B.A., before joining his father back at the family business. Today, Charley Miller, the decorated war hero's son, runs the company. He and his seven siblings also worked at the company while growing up. Like his father, he left Bend to go to college and was called up for service, albeit of a different sort.

"I went off to Oregon State University [in Corvallis] in 1980, and things were pretty bad in 1980 in Central Oregon," said Miller, 56.

> **"There's lots of pleasure and satisfaction in guiding the community in the right direction."**

"Most of us left, not expecting to come back."

The great recession had hit the nation, and at the same time, the local timber industry was collapsing. "I came back in '85, mainly because the business was in trouble—not that I was going to save it, but I was sure going to help," he said.

Hard work, lean operations and creativity got them through it. His father had given him advice that he still follows, and that Miller believes was shaped by his father's war experience. "He was always forward thinking," said Miller, who became company president in 2001, the year his father died. "You learn from the past, but don't dwell on it."

Miller learned about civic and philanthropic work from his father and grandfather, too. Harry Miller was a founding member of the Bend Chamber of Commerce in 1926, and helped found Central Oregon Community College in 1949. The two elder Millers each served as Bend mayor, and on many nonprofit boards as well as contributing to hundreds of causes, he said.

"Being active in the community is important," said the chief of the thirty-employee company, which includes his sister, Constance Marshall, chief financial officer, and his brother, Harry C. Miller, vice president. "There's lots of pleasure and satisfaction in guiding the community in the right direction." The family has fifteen in its fourth generation and one may choose the family business as a career path, Charley Miller said, "but we don't want to force it ... otherwise, we have great staff here."

Eberhard's Dairy Products

IT WAS THE LATE 1940S when a twentysomething immigrant who spoke no English got off the train in Redmond to find a job. He'd seen the Swift & Company cream buying station from the train and knew how to make butter, so he thought he'd try his luck. By 1951, that Swiss immigrant, John Eberhard, had bought the company, which purchased cream from local dairy farmers and sold it to the community.

By 1964, Nelda and John Eberhard's three sons, John, Bob and Richard Eberhard, were running the company, Eberhard's Dairy Products, expanding it to produce milk, chocolate milk, whipping cream, cottage cheese, ice cream and more. Jack and Richard had retired by 2005, and Bob Eberhard carried on nearly until he died at age 82, in 2017.

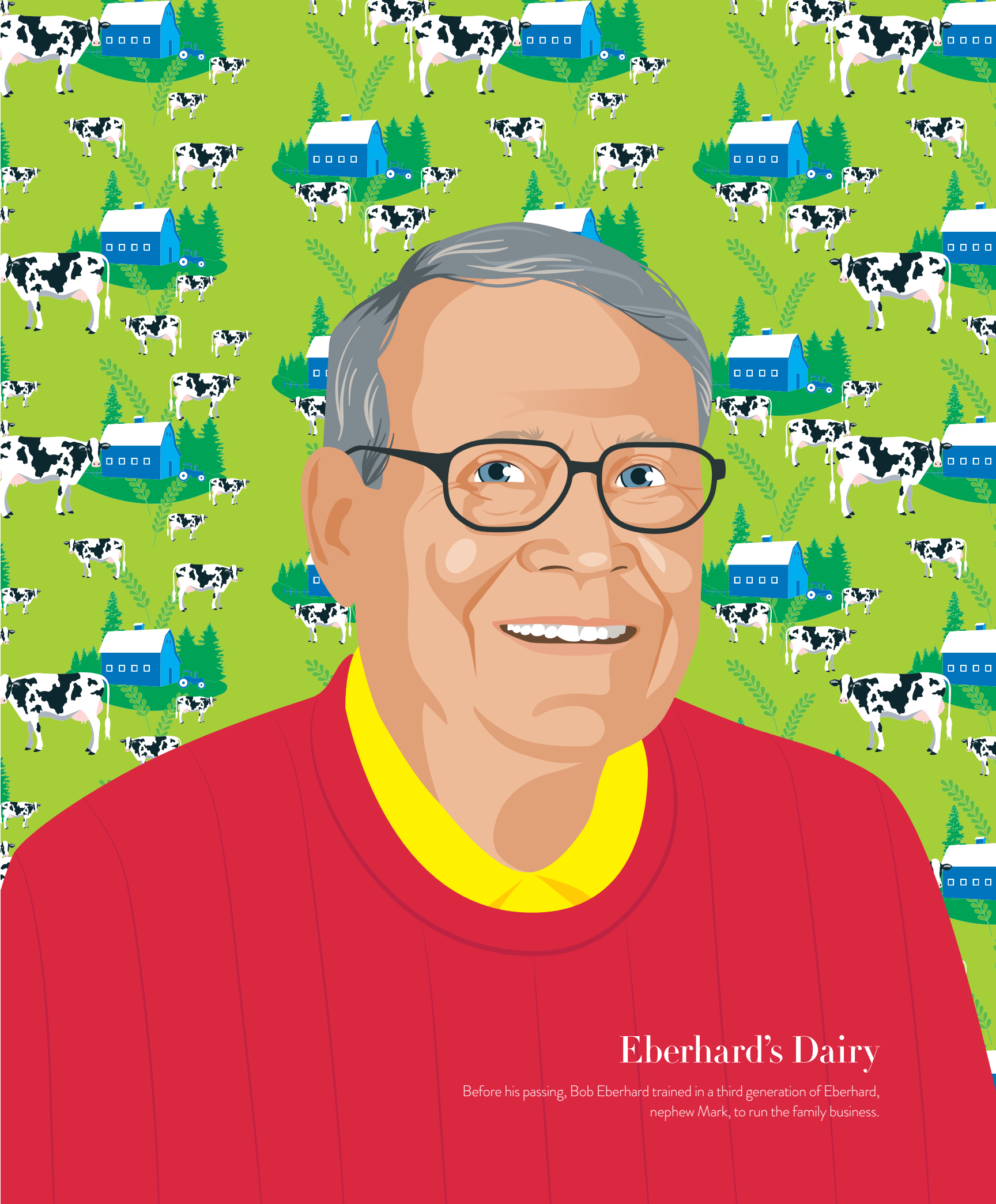
Today, the founder's grandson, Mark Eberhard, 55, is at the helm as company president. In many ways, he's been training for the job nearly all his life. Starting at age 10, he and his five brothers and sisters were involved in the business. They started out bagging ice.

"When I was 14, my grandfather taught me how to make butter," he said. "That was his passion and got him where he was, and today we do it the same way—with a different churn, but with the same style."

Every summer they'd be at the Redmond dairy, helping. "At Redmond High School, I played sports, basketball, but I still worked, it was just ingrained in you—that's what you do." He values the life lessons and business sense he learned from his grandfather and father (both John or "Jack") and "how to hold people accountable and hold yourself accountable."

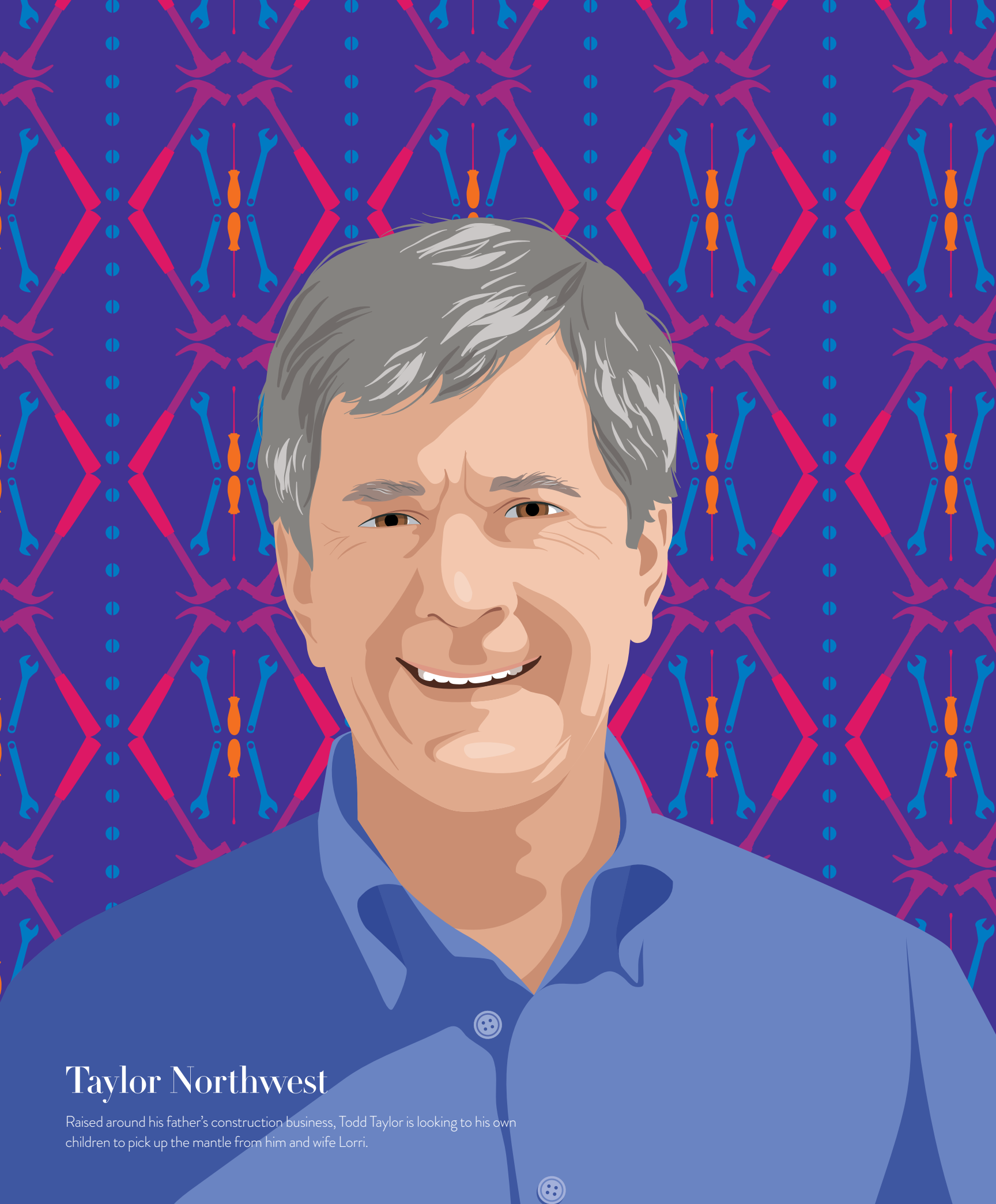
Twelve years ago, Mark Eberhard became general manager and his Uncle Bob mentored him in sales, helping him develop relationships with customers. When the economic crisis of 2008 hit though, he looked for partners in other markets and began creating ice cream for Seattle-based Haggen foods.

Through the generations, three core family-business values endure. No matter who has been at the helm, the Eberhard's brand is associated with supporting local businesses whenever possible, treating their fifty-seven employees well, and donating to local nonprofits, from schools and veterans' services to musical events, Eberhard said. A fourth generation is involved, too. His daughters, Emily Holston, 26, runs Eberhard's quality control department and Maddie Kirby, 27, runs the company's social media from the East Coast.



Eberhard's Dairy

Before his passing, Bob Eberhard trained in a third generation of Eberhard, nephew Mark, to run the family business.



Taylor Northwest

Raised around his father's construction business, Todd Taylor is looking to his own children to pick up the mantle from him and wife Lorri.

Taylor Northwest

HAP TAYLOR AND SONS was a big name in construction in Central Oregon in the 1980s and '90s, with one of those sons, Todd Taylor, continuing to dominate in that sector here today. He and his wife, Lorri, have run Taylor Northwest, a heavy construction contractor and commercial development company in Bend since 2008.

Although the Taylor company name is well known locally, Todd Taylor believes the behind-the-scenes influences of his mother and grandmother were crucial in the family businesses' longevity and success. It began in the '60s, with Hap Taylor, now 81, working in construction here through the '70s, on projects such as Black Butte Ranch and Sunriver resorts. He formed his own company, and by 1987, had added "and Sons" onto the name.

The family sold that enterprise to Knife River in 1998, and Todd Taylor was its regional president overseeing Oregon, Washington and Idaho for the decade before he and Lorri launched Taylor Northwest.

"One thing that's really important to me and Lorri, and she is truly my equal in life, is that growing up, you can't underestimate how important my mom was in process. My dad had the name, and my mom was a huge influence on doing the right thing," he said. For decades, his mom, Sandy Taylor, 79, worked with many nonprofits, including one providing meals for people in need, which she still does today, or donating her time as an interior decorator.

Sandy would get the family company to donate labor and equipment for community projects. In the 1960s, Bend Parks' legendary leader Vince Genna would routinely recruit local businesses including Hap Taylor's to help get local parks and ball fields built.

"Early on, we recognized we could use those tools philanthropically as well," said Todd Taylor. The company's 170 employees get satisfaction from it, too, whether it's making an exhibit trail accessible to wheelchairs at the High Desert Museum or doing structural work for J Bar J Youth Services.

"It's just part of being in business in Bend and being a community member in Bend," he said. "A lot of people give in a lot of ways, and our way may just be more visible because we have big equipment ... tools that most people don't have."

The Taylors expect their children to carry on the company's tradition of community service—should they continue to prove their passion for the work, he said. Their son, Joe Hap Taylor, 25, and daughter, Abigail, 22, are interested in the commercial development side of the business and are meeting their parents' criteria of pursuing a master's degree in a related field. Both are in the real estate finance program at Portland State University.

"They must present passion and desire to be a part of it and put in the energy, as Lorri and I as owners, and the rest of the employees have," Taylor said.

Saxon's Fine Jewelers

IN 1983, BEND'S timber industry was dying, and downtown was dusty, desolate and depressed. Most people wouldn't have thought it a good time to move here to start a jewelry store. But Ron Henderson had a truck, jewelers' tools and his fiancé, Annette, when he came here to open Saxon's Fine Jewelers.

Henderson, 60, discovered jewelry making in high school in Klamath Falls, shortly after moving there. His father had a lung illness caused by years of working in a nuclear plant in Livermore, California, and needed clean air. A high school jewelry-making teacher recognized Henderson's talent and encouraged him to pursue it.

Without the money to send him to college, Henderson's father bought him professional jewelry-making tools and paid for an apprenticeship with a jewelry manufacturer.

"It was in high school when he set his sights on Bend," said Henderson's daughter, Natasha Henderson, who manages Saxon's. "He always knew Bend would be something, and he was willing to gamble on it."

Natasha, 36, recalled that during the 1980s, to build his business, he'd spend weeks at a time at his shop, sleeping there and eating food from cans. Saxon's grew, with farmers and ranchers from around the region coming to Henderson when they were ready to propose marriage or celebrate family milestones. Henderson devoted time to Rotary, served on the board of Central Oregon Community College, and supported the High Desert Museum and other local nonprofits.

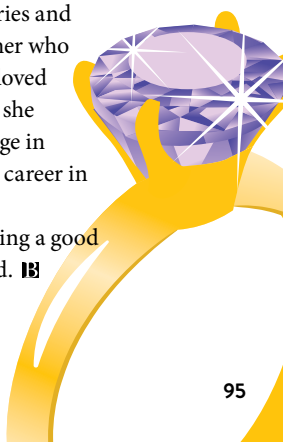
"I hope to continue the legacy, being a good steward of where you live."

The family had just returned from a business trip to Thailand in 2004 when a catastrophic tsunami killed thousands there. It was Christmas, and Henderson had just finished his annual rounds portraying Santa. He began calling vendors and friends, raising $1 million to support relief efforts.

"It plain and simple feels good to give to someone who is in need and might not have had the opportunities that we have had," Ron Henderson said. "It helps to introduce you to people that you might not have had contact with otherwise, and opens doors to continued friendships."

Along the way, the Hendersons and Saxon's co-owner Bruce Plummer have developed longstanding relationships with customers, knowing their wedding anniversaries and children's birthdays. It was Plummer who reminded Natasha how much she loved that. It's what lured her back, after she had graduated from Linfield College in McMinnville and was trying out a career in banking.

"I hope to continue the legacy, being a good steward of where you live," she said. B



HOCKEY TOWN?

BEND MIGHT NOT YET BE A REAL HOCKEY TOWN, BUT DON'T TELL THAT TO THE GROWING RANKS OF D-LEAGUE PLAYERS

WRITTEN BY TED TAYLOR
PHOTOS BY TREVOR LYDEN

AS THE SCOREBOARD CLOCK HITS HIGH NOON on a warm Tuesday in November, several hockey players weave between each other and flip wrist shots toward an empty net at the Pavilion in Bend.

A few focus on agility as they skate between orange cones near the bench. And some pair up to practice passing, pushing the puck back and forth and concentrating on hitting their partner's stick on the tape. This dedicated group works on their fundamentals while most people their age work on their lunch.

Could the extra ice time help one of them become the next great American hockey player?

Not likely.

Well, for starters, most of this ragged bunch is probably in their early to mid-40s and have to be back at work after an hour of breathing heavily and sweating heavily under all their gear.

A few are retired and the mid-day hockey is just helping them pass the time until there's enough snow to ski on. And some, like me, maybe just tried ice skating for the first time a week ago and are still trying to figure it out.

While Bend is not yet a hockey town, there is a small group of adult hockey players here who grew up with the sport. Excellent skaters and pinpoint snipers from the wing who maybe, just maybe, could have been something more than amateurs. This story isn't about them.

Instead, this is about the marginally-skilled, constantly sore who have more enthusiasm than experience. They are grown-up hockey players new to the sport and eager to strap on the skates and pads for competition, camaraderie and cold beers. Many of them find themselves in the Deschutes League, aka the Development League, aka the "D" league.

The men and women of the D-League are a minority among Bend's hockey players, but their ranks are growing as fast as any other segment of the hockey population. Last year the D-League had two teams. This year it has six.

Ryan Buccola, a Bend real estate agent and second-year D-Leaguer is one of the league's biggest ambassadors. A place he never expected to be. Two years ago, Buccola's on-ice experience consisted of family outings to the rinks at Sunriver and Seventh Mountain Resort. But once his 11-year-old son proclaimed that hockey would be his sport and that he planned to join the local traveling team, the Bend Rapids, dad wasn't far behind.

"I'm 42 and played soccer all my life and love the competition," he said. "I wanted to learn something new, so I just signed up."

This year, Buccola is one of the team captains for the Flames, one of the six, sixteen-player D-League teams that play on Monday nights.

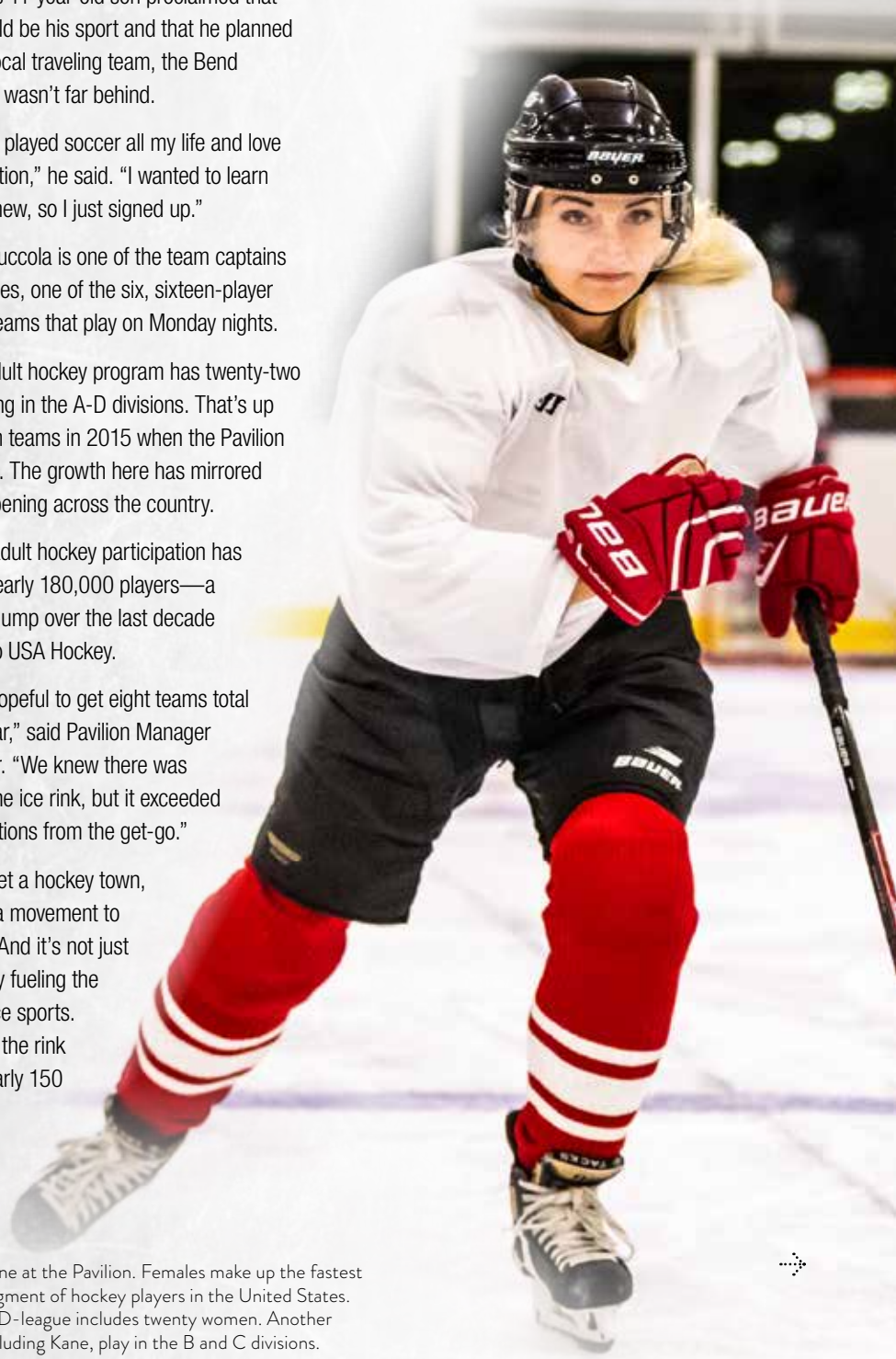
In all, the adult hockey program has twenty-two teams playing in the A-D divisions. That's up from sixteen teams in 2015 when the Pavilion first opened. The growth here has mirrored what's happening across the country.

Nationally, adult hockey participation has soared to nearly 180,000 players—a 53 percent jump over the last decade according to USA Hockey.

"We were hopeful to get eight teams total that first year," said Pavilion Manager Kevin Collier. "We knew there was interest in the ice rink, but it exceeded our expectations from the get-go."

Bend isn't yet a hockey town, but there's a movement to make it so. And it's not just adult hockey fueling the interest in ice sports. A year after the rink opened, nearly 150 youth hockey players fielded fourteen teams. This year the program has nearly 250 players and twenty teams.

Show up at 5:30 a.m. and you'll find one of the Bend Rapids club teams, the cream of the local crop of young hockey talent



Colleen Kane at the Pavilion. Females make up the fastest growing segment of hockey players in the United States. This year's D-league includes twenty women. Another twenty, including Kane, play in the B and C divisions.

getting in some practice before school. (It's one of the few times that the team can book ice due to the popularity of the rink and the challenge of scheduling around school start and release times.)

Show up mid-morning and you'll be able to see some talented figure skaters dancing and spinning in the middle of the rink.

Swing by after 7:30 p.m. on Monday night and it's a different story. Monday is D-League night in Bend. Three back-to-back games of moderately paced and modestly skilled hockey. The D-League is the Bad News Bears of adult hockey. A league full of Washington Generals and no Harlem Globetrotters. A senior version of the Mighty Ducks before Gordon Bombay showed up. More spunk than skill. In fact, for several players in the league, the first game of the current season, which began in November, was the first time they'd ever played organized hockey.

The inexperience is evident, sometimes with comical implications.

At one point during the league's first game of the year, there were three players down on the ice at the same time while two others appeared to be hugging (but more likely trying to keep each other from falling) in front of the goal.

But just a couple of minutes later, one of the more skilled players broke free with the puck and made an actual hockey move—a nifty toe-drag to his forehand, putting the puck into the back of the net.

It's true many of the players are new to the sport, but the D-League teams this year also feature several who could probably be playing up in the C-League. That's not necessarily a bad thing. Having some experienced and skilled players on the ice tends to elevate the play in general—the old adage that a rising tide floats all boats apparently applies even when the water is frozen.

It also helps that the league provides coaches—two per team, in fact. And while there aren't any organized practices for the teams, the coaches take a lot of time during the game to impart some wisdom to players on the bench.

Rory Howatt's been volunteer coaching kids and adults since the Pavilion opened. A native of Eastern Canada, the 66-year-old said since many of the adults are new to the sport, they're more willing to listen and learn. But they often get frustrated because their athletic abilities don't always immediately translate to success on the ice.

The author making his ice debut in a vintage North Stars jersey.

NOTHING TO LOSE

Joining the D league was never part of the plan, until it was.

When my editor pitched the D-League story to me, he suggested I not only write it, but join the league.

Hockey is just about the only sport I'd not ever played. I was always a fan, knew some of the rules and always thought it'd be cool to try. The only problem being that I didn't know how to ice skate, one of the main skills necessary to the sport of ice hockey.

Don't worry about that, my editor told me. You'll figure it out.

So in my 45-year-old brain I summoned my 12-year-old self, I embarked on the quickest method I know in which to excel at a new sport: 1) buy all the gear 2) watch some YouTube videos about how to put on the new gear 3) watch some YouTube videos about how to play the new sport and 4) play the new sport.

An hour after buying a pair of CCM hockey skates from Dick's Sporting Goods, I went straight to the Pavilion to try them out.

I gingerly stepped out on the ice and a nice man wearing a hockey jersey asked if I was new to the sport (full well knowing the answer).

"Yep," I said proudly. "Never even skated before."

He kindly told me to turn around and get off the ice before I hurt myself. Apparently, hockey skates need to be sharpened to work properly and they don't come out of the box ready to play. Consider that lesson number one in my crash course on hockey.

The course continued with me taking the ice the next day (on newly sharpened skates) during adult stick time—the first time I'd held a hockey stick. A skills and drills course followed a couple nights later and, eventually, my first D-League hockey game just after Thanksgiving—a game in which we lost 9-6. I also spent

"We have to encourage them and remind them that hockey is a tough sport," he said. "You're required to have athletic ability, reflexes and speed and you're doing it on a blade of steel that's 3/8th of an inch wide. You have to take your time and you have to practice."

"Practice" happens during lunch hour stick time offerings and the formalized skills and drills sessions that happen late on Friday nights. It's a hockey boot camp of sorts for die-hard beginners willing trade date night, family night or whatever for a few more hours on the ice.

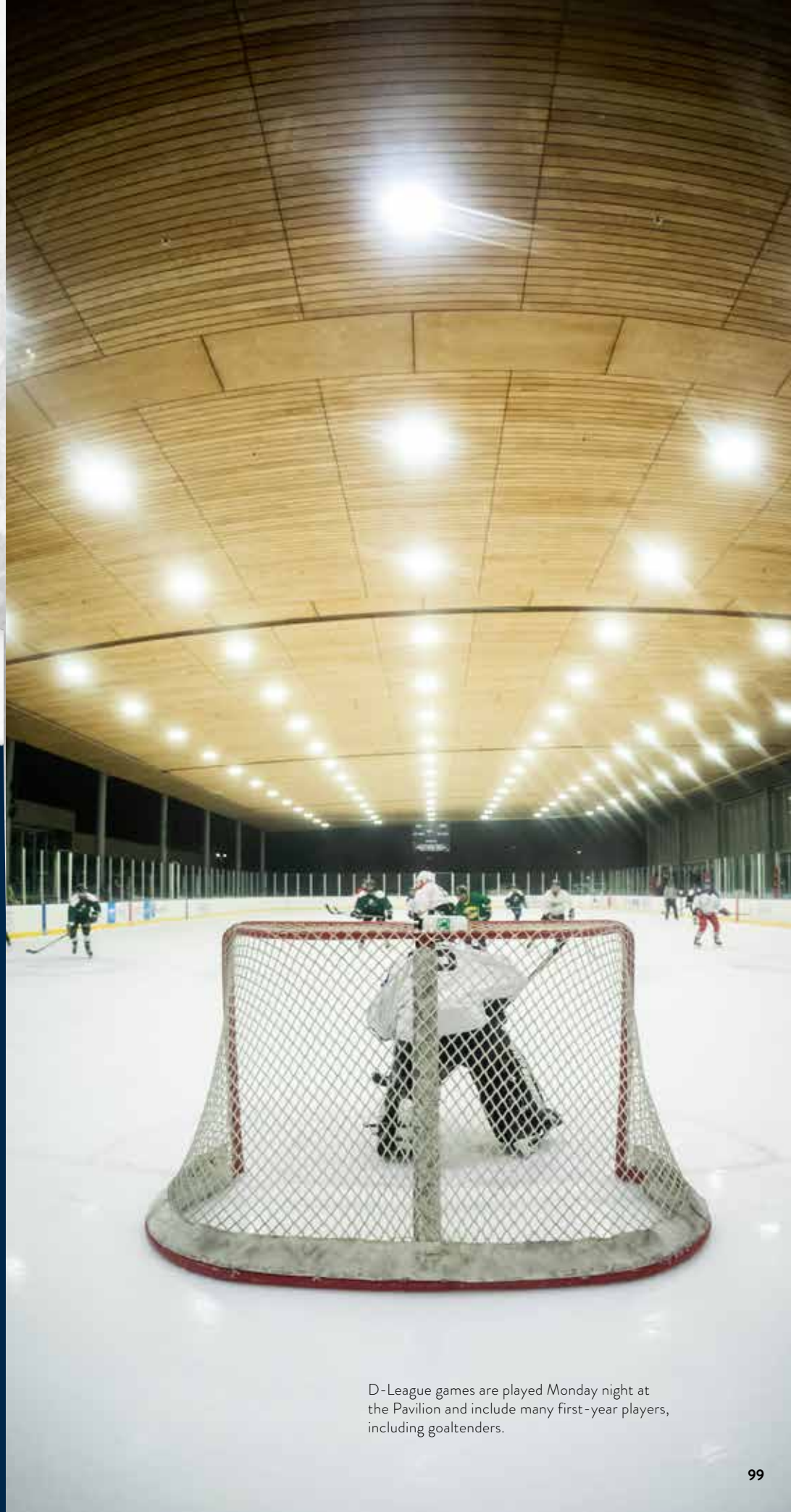
A handful of coaches run the players through skating, shooting, passing and game situation drills, taking time to correct mistakes and shout words of encouragement for a job well done.

two minutes in the penalty box for tripping — not because I have goon tendencies but because I grabbed another player while trying to prevent myself from falling.

The learning curve is steep, but amazingly fun. Addictively fun. Watching Mercyhurst vs. Union College women's hockey to pick up some pointers kind of fun.

There's something about strapping on pads and a jersey with the fellas in the locker room that makes you feel exactly like a kid again. And even though I'd never played the sport before, it just felt right stepping out onto the ice holding a new stick and taking a whack at a puck toward the net. I was hooked and it gave me a reason to look forward to winter, having hung up my snowboard several years ago.

Hall-of-Famer Wayne Gretzky once famously said you miss 100 percent of the shots you never take. I might very well miss 100 percent of the shots I actually ***do*** take this season, but every time I get out on the ice I'll have already scored a goal. — *Ted Taylor*



D-League games are played Monday night at the Pavilion and include many first-year players, including goaltenders.

There's a lot of falling and sprawling and more fumbled passes than completed connections.

It's not just late nights, it's also early mornings for players like Buccola who will return to the rink for their kids' practice before sunrise the next morning. On a recent night D-league goalie Travis White brought his travel camper to a Monday night game so he could overnight near the rink. White lives in Madras and his son is a goaltender for the Bend Rapids 12 and under team. It was easier to camp in Bend than the finish his game and drive back to Madras only to return a few hours later for his son's 5:30 a.m. practice.

These are the kinds of sacrifices that lead even season players to give up the game. So the question is why? Why stay up late when others are ensconced in warm covers? Why struggle? Ask a few in the D-league the question and the answer usually comes down to "why not?"

First-year player Andy Conde's skated a lot as a kid thirty years ago and was confident the skills would return when he hit the ice. His family wasn't so sure."My wife and my kids think I'm crazy and they think I'm definitely going to get hurt," the 54-year-old said. "My kids have seen me skate at [Seventh Mountain Resort] and say, 'Dad, you can't do that'."

That's just the kind of motivation old guys like Conde and Buccola need to give the sport a try. Katie Willis has IPAs to thank for her introduction to hockey.

She showed up at the rink to watch some friends play one night a few years ago. She was greeted by a beer cart in the Pavilion lobby, but it was what was happening on the ice that intrigued her more. After the game they suggested she come out and play in the Pavilion's pick-up games.

"I had had a few beers and said, 'Yeah, sure, I'll be there'," the 37-year-old remembered with a laugh.

She showed up. And it didn't take long for her get hooked, thanks to the vibe she felt immediately after taking the ice for the first time.

"If you show up and demonstrate an interest, everyone will support you," she said. "I didn't have a single negative interaction that first time out. Nobody treated me like I didn't belong on the ice."

Last year the D-League had just a handful of women, but this season there are nearly twenty.

"The D-league is going to stand for Dames pretty soon," Willis said. "The ice is genderless. You show up and you are supported."

That sense of community is what helps hockey in Bend thrive.

"There's a really great camaraderie when you surround yourself with people who are also learning something new," Buccola said. "We're competitive, but we're also celebrating everyone. Everyone's dripping wet and fired up. We got some really great exercise, everyone gets out of the house. There's just a pretty awesome social aspect to it."

Players from the other leagues can often be found at the D-League games cheering on friends and having a beer. The D-Leaguers usually come to hang out before their game and long after their

D-League games include instruction from volunteer coaches who work with developing players on skills and tactics.

games have ended. The Silver Moon beer cart inside the Pavilion was still pouring IPAs after 11 p.m. when the last game of the night finished up on a recent Monday night.

"The Bend hockey community is relatively small when compared to other areas in the country," said Rick Marshall, one of the D-League coaches. "We only have one rink so people really get to know one another and it has created an atmosphere of camaraderie that you don't find in places that have larger leagues or multiple rinks."

Marshall retired from the Army in 2017 and watched with interest from Afghanistan as Bend mulled the idea of a hockey rink. The Connecticut native had chosen to retire here and thought his days of playing hockey were over.

Once the Pavilion was built, Marshall was all in, joining the adult league, working with the youth teams and coaching the adults.

During the first period of his first game of the year behind the bench, Marshall wasn't shy about providing some good-natured ribbing.

"This is lazy hockey!" he shouted toward the ice. "You play harder during pick-up games."

But as soon as the offending line was back on the bench, he was smiling and offering encouragement.

"I enjoy it because I love the game of hockey and I like being around players who are excited to learn and get better," he said. "The best part of it all is seeing the players get better and being there to high five them when they make a good play."

Buccola might be new to the sport, but like with any athletic endeavor there's a desire to improve.

"I'm terrible," he said. "I started at nothing and I've learned to skate backward, pivot and several different shots. I'm at the stage of my hockey career that every time I go out I get better and that's really fun."

After his first year in the league last year, Buccola and some buddies went to a hockey camp in Las Vegas to hone their skills.

"It's a good thing to move up and get challenged and get beat a little bit," he said. "I hope I end up in the C League so I can continue to improve."

There's also an interesting social experiment component to it all, bringing adults together in an uncomfortable environment and asking them to succeed together as a group.

"We put kids in team sports for a reason, to learn all those skills you want them to develop in a team sport," Willis said. "As an adult are you in any less of a need for that cache of skills? Be uncomfortable, be engaged, show up, deal with a challenge. It's just amazing."

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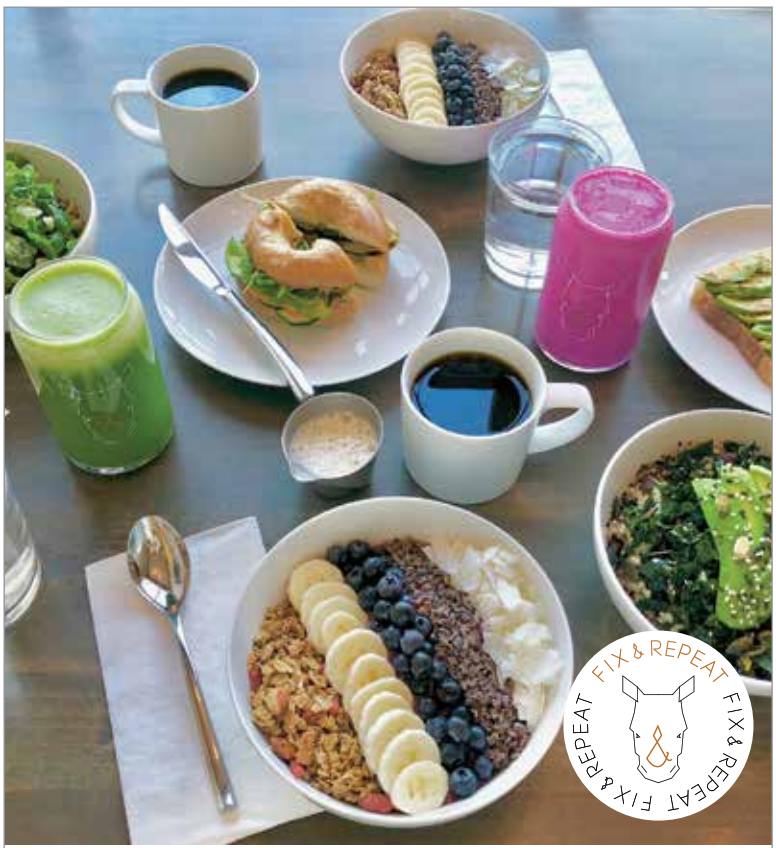

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APRÉS SKI

Kick off your boots, cozy up to a crackling fire and warm up after your winter adventures.

EDITED BY **ERIC FLOWERS** PHOTOS BY **ALEX JORDAN**

Thanks to our skiing ancestors in the European Alps for coining the phrase "après ski" and instituting one of the best parts of winter recreation: the after party. A warm plate of comfort food and a tall pint are the ultimate reward after a day of adventure, but the après ski scene is as much about the atmosphere as appetizers. In Central Oregon, with the mountains just a short drive away from town, you're never too far from a warm fire to thaw your frozen toes after a day in the snow. For your next post-powder gathering, shortlist some of these pubs and patios around the region to relax and refuel for the next day's adventures.

River Pig Saloon

WHEN YOU'RE LOOKING FOR A SPOT to knock the snow off your boots after a long day of mountain play, don't overlook one of the newcomers to the scene, River Pig Saloon. This upstart watering hole with a Portland pedigree feels right at home in Bend where owner Ramzy Hattar has settled into the Box Factory in style. A throwback Western-themed bar wraps around the center of the room affording visitors a view of the multiple televisions where you're likely to find a Ducks, Blazers or Timbers game playing. Behind the bar a life-sized stuffed Bison watches over the proceedings. Upstairs a loft allows for a semi-private gathering space and serves as an elevated stage for live music. The piece de resistance though isn't inside the thoughtfully designed saloon, it's outside where Hattar commissioned Orion Forge's Hunter Dahlberg to build one-of-a-kind galvanized steel hearth complete with wrought iron doors and a smoke alleviating chimney. It's a perfect venue for gathering on a winter afternoon around the handful of tables on the sidewalk facing Arizona Ave. Once you get yourself comfortable, order a round of the friend pickle chips, sliced dill pickles, rolled in cornmeal batter and deep fried to delightful perfection. If you're appetite is as big as a buffalo, order the bison burger, a lean cut of ground American bison on a duck fat infused bun from Jackson's corner. Wash it all down with River Pig Pilsner from Backwoods Brewery and pass the pickle chips.

Twisted River Tavern

SOME OF US OLD TIMERS MAY STILL BE TEMPTED to call it the Owl's Nest, but by whatever moniker, the bar in the Sunriver Lodge is a classic destination to gather with friends at the end of a winter's day. A remodel a few years back updated the interior to a modern sheen, as well as justified a name change, but the moody ambiance and chance to tuck up next to the fireplace with your friends and a bevvy remain intact. Order a Millionaire's Coffee or a Chocolate Martini alongside some duck nuggets or fried pickles and kick back to watch the sun slip behind South Sister. A terrific happy hour is offered seven days a week, covering extended hours on Saturday and Sunday, beginning at 11:30 a.m. A full menu draws on some of the flavors of the finer-dining next door at Carson's American Kitchen. Your children and underage friends are welcome here, too. Make a night of it—Twisted River is open late.

10 Barrel Brewing

WHEN THE THEN-UPSTART 10 BARREL BREWING opened its flagship pub in 2010 nobody could have predicted the company's meteoric rise, opening pubs in Boise and Portland and its ultimate sale to the international brewing mega corporation, InBev. While there have been many changes, including the opening of a second larger pub on Bend's east side at 10 Barrel's corporate headquarters, a few things have remained constants. One of them is the neighborhood vibe that presides over the flagship pub on Galveston, where locals and visitors alike gather year-round on the open-air patio, huddling around a crackling wood fire that is stoked with regularity. It's one of the best places in town to strike up a conversation with a stranger or kick back with old friends. The prime location makes 10 Barrel a coveted location for an après ski layover. Assuming that you can find parking on the bustling Galveston corridor, you'll be rewarded with a huge selection of taps, including small-batch and pub-only beers. Pair those with some of 10 Barrel's pub grub and you've got the makings of a great post mountain pit stop. 10 Barrel's pizza and burgers are the staple of this menu, but a great apres ski dish is one that can be shared. For that, you can't go wrong with the guilt-inducing flavorfest that is the steak and gorgonzola nachos. A staple of the menu over the past eight years, the dish is an inspired variation on traditional nachos, offering guests the option of either house-made Cajun chips or fries as the foundation. From there add a liberal dose of gorgonzola, ground steak and chopped applewood bacon, topped with four cheese sauce. If you're looking to make up some lost calories on the mountain, look no further.

Brother Jon's Public House

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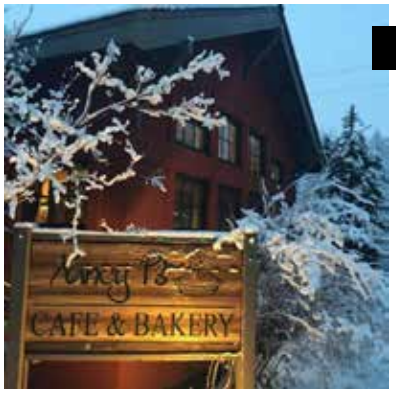

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Courtney and Amy Wright

Burmese Pork and Golden Juice

CUISINE

On the Bright Side

Couple embraces healthful cuisine and yoga without sacrificing flavor at Sunny Yoga Kitchen

WRITTEN BY **CATHY CARROLL**

It's about 4 p.m. in NorthWest Crossing, and Sunny Yoga Kitchen is closed after lunch, but the aroma of pork, sesame oil and chilis, just beginning to braise in a hot pan, has wafted onto the sidewalk of this tidy, planned neighborhood. The fragrance is headily distracting. If this were a cartoon, passersby would be levitating, their noses gliding along the entrancing, vapor tendrils.

There's a knock on the door. A woman asks if the eatery-yoga-studio offers gluten- and dairy-free dishes. Chef Amy Wright explains that the menu is entirely gluten-free, and she favors using avocado, nut cheeses, cashews and nutritional yeast as a cheese alternative. She shuts the door and returns her attention to the pork, which she has marinated for two days in an amino-acid packed protein concentrate from soybeans.

Beyond the kitchen, barely bigger than a Eurovan, the rest of the 1,000 square feet seats twenty. Hours before, Vinyasa yoga students were exploring rhythmic, moving meditation on the smooth wooden floor. Given the establishment's big-picture goal—to build a thriving community by helping people strengthen their minds and bodies through yoga and fresh, nourishing food—one might expect this endeavor to be heavy on the passion, light on the palate. Think again.

"I appreciate it when people are excited that this is not typical, yoga-inspired food," said Wright. "People try it and are surprised. They expect it to be a little more on the 'crunchy side' or 'ski bum' side. We want to be different, but not afraid of being ourselves."

Wright's partner in the business and in marriage is Courtney Wright, who performs a work trifecta: yoga teacher, prep cook and server. They met in 2008, the day Amy reported for her first day as a server at Restaurant Muramoto in Madison, Wisconsin, and Courtney was tasked with training her. Within two weeks, Amy was managing the enduringly popular sushi and Asian-fusion spot in the food-focused city. Chef Shinji Muramoto's influence on Amy is evident in Sunny Yoga's Shinji salad of cabbage, peppers, arugula, cilantro, sesame seeds and vinaigrette.

Her fluency in Asian flavors was built atop the culinary foundation she'd developed from 2000 to 2007 at the acclaimed Zuni Café in San Francisco, famous for chef Judy Rodgers' evolving hybrid of Eurocentric

PHOTOS ALEX JORDAN

HOLISTIC HEALTH

LEFT Sunny Yoga Studio class in session.

BOTTOM Courtney Wright adds Ablis CBD oil to the Golden Juice elixir.

PHOTO TOP ADAM MCKIBBEN, BOTTOM ALEX JORDAN

cuisine. During that time, the café and Rodgers won several James Beard awards, including outstanding restaurant in the country in 2003, and outstanding chef in 2004.

Amy, a liaison between floor staff, management and Rodgers, took it all in. "When you work somewhere for so long, you tend to learn everything," she said. "It's where I got my chops."

In 2012, Amy moved with Courtney to Portland, where Amy helped chef Vitaly Paley and his team open Imperial Restaurant and Portland Penny Diner in the Hotel Lucia, downtown. Courtney was teaching yoga and serving at nationally recognized chef Jenn Louis' restaurant, Lincoln. The Wrights frequented Yoga Pearl, which sparked the idea to open a restaurant-yoga studio.

Both snowboarders, they fell in love with Bend, moved here in 2013, and opened their business in 2014. They were grateful that it was popular, but Amy found herself working 100-hour weeks. The stress contributed to an inner ear infection and a crippling, five-day bout of vertigo.

"It was the first time in twenty-seven years of working that I'd called in sick, and it was to my own restaurant," said Amy, who learned that she was allergic to dairy, a contributor to ear and throat problems.

The following year, Courtney had surgery to remove her thyroid after a cancer diagnosis. "It was another huge sign to not drown ourselves in work," Amy said. "Instead of expanding and hiring more people, we decided to [stop] doing dinner, and focus on lunch and having more energy to nourish and rest ourselves."

They cut sugar from everything on the menu ("except for the Burmese pork, because it's so amazing," Amy said). For everything else, Amy raves about monk fruit sweetener.

Like other healthy alternatives that also pack great flavor, such as liquid aminos as a substitute for tamari, monk fruit sweetener is significantly more expensive, but Amy believes it's worth it. She hopes it gains popularity, which also will help bring the price down.

The Wrights are also proponents of using locally made Ablis CBD oils in their juices. Derived from hemp, the oil has no THC, and thus no psychotropic effects. Amy endorses it as a healthful way to manage the pain of being on her feet all day in the kitchen.

They discovered the oil after Max Bendis, national sales director of Ablis, became a fan of the Wrights' food, especially the Burmese pork and the golden juice: carrot, orange, local turmeric and ginger over ice.

Bendis said, "They are two of my favorite people in Bend, they are so awesome, so nice and have really good food."

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RICK BARTOW

Native Son

Iconic Oregon artist's work arrives at the High Desert Museum for an extended exhibition

WRITTEN BY **LEE LEWIS HUSK**

A rare treat awaits visitors to the High Desert Museum when an exhibit by Rick Bartow, an internationally recognized American artist with deep roots in Oregon, opens January 26. Organized by the Jordan Schnitzer Museum of Art, University of Oregon, the retrospective, "Rick Bartow: Things You Know But Cannot Explain," brings four decades of Bartow's powerful, gripping, and sometimes humorous drawings, paintings, prints and sculptures to his home state after traveling to nine other American museums.

Bartow was a lifelong resident of Newport where he was born in 1946 and died in 2016. His mother was white, and his father a Wiyot Indian of the Mad River Tribe of northern California. This dual heritage greatly influenced his art.

WORKING ARTIST

TOP The late Rick Bartow's work is on display this winter at the High Desert Museum in partnership with the U of O.

BOTTOM A Vietnam veteran, Bartow carried the scars of war with him throughout his adult life and expressed them freely in his art.

RICK BARTOW: THE JOY AND AGONY OF LIFE THROUGH CONTEMPORARY NATIVE ART

Where: The High Desert Museum
When: January 26 – April 7
Cost: Included with admission.

"Rick worked from an intercultural position, embracing both," said Charles Froelick, a friend and owner of the Froelick Gallery in Portland. "He was at the forefront of intersectional identity, and yet his work was simply about being human."

Another lasting influence came from his experience in Vietnam. The Army drafted him in 1969 after he graduated from Western Oregon University. While in Vietnam he worked as a teletype operator and played music for dying and wounded soldiers, earning a Bronze Star for his service. But he came home broken from what he'd seen.

"I had buried a lot of monsters with alcoholism and drug abuse and when they started getting out of the box, I lost the lid and couldn't put it back," Bartow told *Cultural Survival* magazine in 2007. That struggle is reflected in Bartow's gripping work. In fact, the exhibit takes its name from a graphic-on-paper drawing of a tortured figure, mouth open in horror, with a hand seeming to reach outside its paper prison. He completed this painting in 1979, the same year he sought help from an elder of the Siletz Reservation and got sober.

"There's a lot of intense emotion in his artwork," said Froelick. "I was asked many times whether the artist was a sad or angry person. People were afraid to meet him," he recalled. "I'd have to laugh because Rick was a most delightful person, mild mannered and very gentle."

Bartow's work took off after 1985 when William Jamison of Jamison/Thomas Gallery in Portland offered him a solo exhibit. Following Jamison's death in 1995, he joined the Froelick Gallery and by 1997, he was among twelve Native artists who contributed sculptures for display in the Jacqueline Kennedy Garden at the White House.

In 2012, he carved a pair of twenty-foot poles from a 400-year-old red cedar. He topped one pole with a bear, the other with a raven. The two, titled "We Were Always Here," stand at the entrance to the Smithsonian's National Museum of the American Indian and overlooking the National Mall.

He had a lifelong fascination with animals and the stories told in all cultures about them that manifested in his artwork. His paintings and drawings often contain a human head on an animal or animal features on humans in the seamlessness of life. "He was equal parts observant, irreverent, scholarly and goofy, and constantly intrigued by the connectivity between humans, other animal and the spirit realm," according to his longtime friend and companion, Erin Tormey. "The nexus was endlessly inspiring to him."

He was a guitarist and singer, and performed around the Northwest. In Newport he was known as a generous man who donated his work to charity events, played music at benefits and at local venues with his band, the Backseat Drivers. The group also appeared at the Sisters Folk Festival.

"He was excited by life and inspired by its complexities—the poetic, the dark and the joyful mysteries," recalled Froelick. "His work didn't have a political agenda, and that's why I believe it's so powerful and impactful. He simply expressed his art from his own genuine sense of self, and that's why he's so respected and why people keep writing about him. His worldview was highly elevated but had plain spoken directness that made it so searing."

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Photo Exhibit Is a Rare Glimpse

In this era of instant, easy and oh-so-prolific digital photography, it's hard to imagine a time when taking a single photograph took significant effort, serious equipment, ample time and a good deal of skill. "Fragile Legacy," a photography exhibit hosted at the Deschutes Historical Museum through March, features early images of Bend made from original, large-format glass plate negatives dating back to the early 1900s. The photos were taken by a handful of photographers working for the Elite Studios of Bend between 1908 and 1930. The studio was last owned by Roy Van Vleet, who maintained the studio's collection long after the Great Depression forced the close of his business. His son, Wilmer Van Vleet, donated the 100-year-old materials to the Deschutes Historical Society in 2007. Retired Central Oregon Community College photography professor George Jolokai developed the prints for this exhibit. The images of early Bend lifestyle, agriculture, logging and lumber camps, portraits and community scenes evoke places both lost and still familiar, including the Reid School, opened in 1914, which now houses the Deschutes Historical Museum, at which the exhibit is displayed. The exhibit will be on display through March.

■ ***theater***

Redmond Theater Revival

Downtown Redmond has a new gift: Odem Theater Pub. It's a locals' hangout in the front bar and restaurant with a fun menu of pub food and twenty beers and three ciders on tap. In the back there are two comfortable theaters offering first-run (or close) movies where they will bring you food and drinks while seated.

In 1937, Milton and Fossie Odem purchased the old Mannheimer's building that had been home to a dry goods store that closed during the great depression and opened the Odem. In 1947, they remodeled and built an iconic sign, which stood over the Odem until it closed in the 1970s. The new owners made their sign out of the original letters that had not been displayed for more than forty years. It is a great addition to the community and bound to be a big hit.

MUSIC

JANUARY

12 John Sebastian | *Tower Theatre*
13 Garcia People's and Howlin Rain | *Volcanic Theatre Pub*
20 Blackfoot Gypsies and Yawpers | *Volcanic Theatre Pub*
21 Mother Mother | *Volcanic Theatre Pub*
23 The Infamous Stringdusters with Midnight North | *Midtown Ballroom*
30 AM Clouds and Mother Hips | *Volcanic Theatre Pub*
31 JJ Grey & Mofro with The Commonheart | *Midtown Ballroom*

FEBRUARY

1 Big Sandy, Cascade Crescendo and Delta Bombers | *Volcanic Theatre Pub*
4 The Record Company | *Tower Theatre*
6 Turkauz with Object Heavy | *Domino Room/Midtown Ballroom*
15 Everly Brothers Experience with Zmed Brothers | *Tower Theatre*
17 Turkauz with Object Heavy | *Domino Room/Midtown Ballroom*
26 The Irish Rovers | *Tower Theatre*

John Sebastian (right) with David Grisman. Sebastian was a founding member of Lovin' Spoonful and appears at the Tower Theatre Jan. 12.

RICK BARTOW

Things You Know But Cannot Explain

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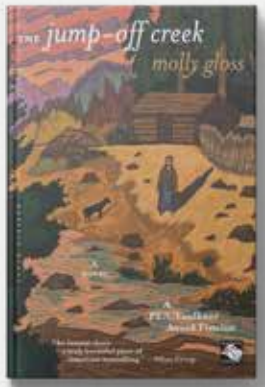

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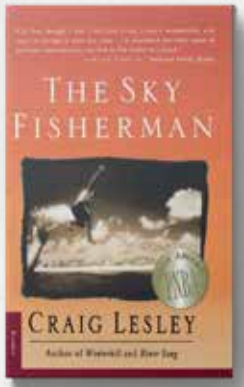

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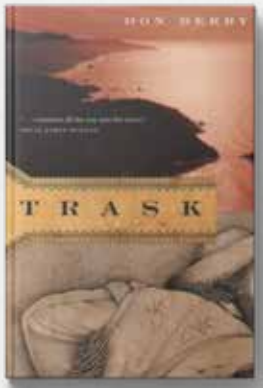

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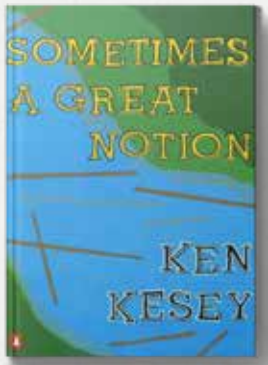

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> *Truth doesn't run on time like a commuter train, though time may run on truth. And the Scenes Gone By and the Scenes to Come flow blending together in the sea-green deep while Now spreads in circles on the surface. So don't sweat it. For focus simply move a few inches back or forward. And once more...look.*
> *— Ken Kesey*

1 ***The Jump-off Creek*** **by Molly Gloss**

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2 ***Martin Marten:*** **A Novel by Brian Doyle**

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3 ***The Sky Fisherman*** ***by*** **Craig Lesley**

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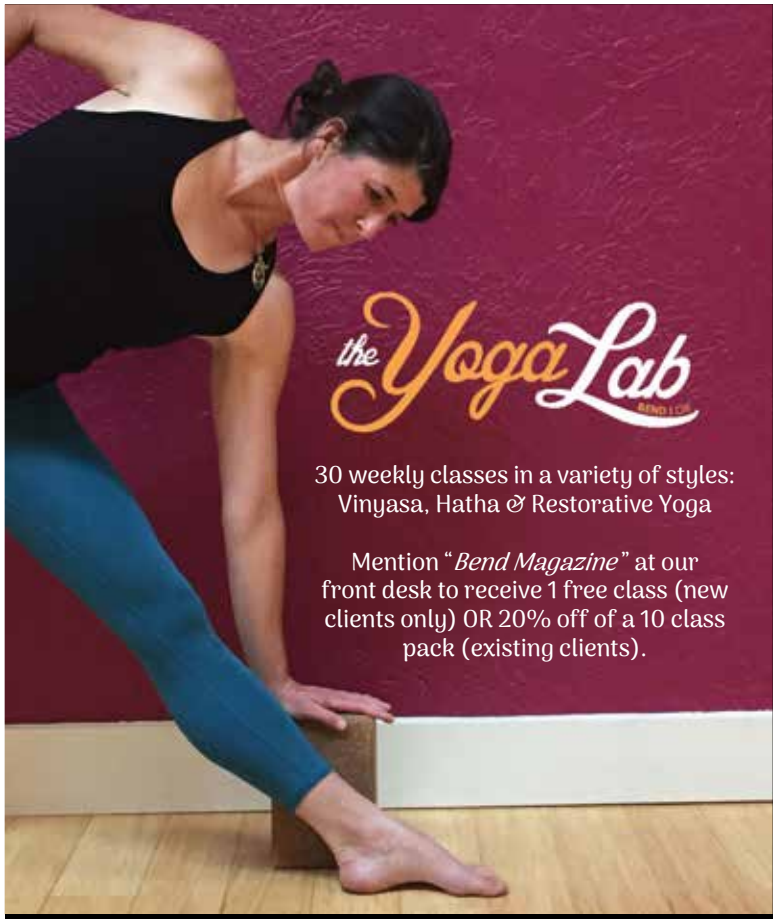
4 ***Trask*** **by Don Berry**

Based on the real-life mountain man Elbridge Trask and his relationships with the tribal people of the Tillamook area. Historical fiction at its finest.

5 ***Sometimes a Great Notion*** **by Ken Kesey**

This Oregon classic also makes my list of Great American Novels. This epic story of the Stamper family and a logging strike in a coastal town is truly a must-read for Oregonians. It's not easy, but it's worth it.



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Back Deck ■ *datebook*

JANUARY

11-12

BEND

JAZZ AT THE OXFORD: KAT EDMONSON

Singer-songwriter Kat Edmonson has been the jazz crossover darling for the last decade. Edmonson takes over Jazz at the Oxford for the weekend with three performances of music that she calls "vintage pop," influenced by the likes of Fred Astaire, Rita Hayworth and Cole Porter.

OXFORDHOTELBEND.COM

12

BEND

CASCADE WEDDING SHOW

If you're planning a wedding in 2019, you don't want to miss out on the Cascade Wedding Show. Local vendors and businesses will be at the expo at the Riverhouse on the Deschutes to answer all questions about planning a wedding in Central Oregon. There are also great prizes and raffles, including a honeymoon getaway.

CASCADEWEDDINGSHOW.COM

12

BEND

HIGH GRAVITY BREWFEST

Twenty breweries, forty beers, one day. The Bend Ale Festival in NorthWest Crossing begins with a half-marathon or 10k race and ends with great live music from local bands. $20 gets you a mug and ten tasting tokens.

BENDALEFESTIVAL.COM

19

BEND

BEND BOULDER BASH

Bend Boulder Bash is the region's premier indoor rock climbing competition. Hosted each year by the Bend Rock Gym, competitors test their skills at a range of problems. Bend Rock Gym provides lots of swag for competitors and finalists compete for a cash prize.

BENDROCKGYM.COM

25

BEND

RUBBISH RENEWED FASHION SHOW

One person's trash is another person's fashion statement. Each year, the Rubbish Renewed Fashion Show showcases recycled runway fashion creations from local students and artists. The items are sold at auction with proceeds dedicated to REALMS Magnet School.

RUBBISHRENEWED.COM

25-2/2

BEND

WEST SIDE STORY

Don't miss your chance to see one of the most popular musicals of the 20th century. West Side Story, written by musical greats Arthur Laurents, Leonard Bernstein and Stephen Sondheim, is a modern retelling of "Romeo and Juliet" in 1950s New York. Local company Thoroughly Modern Productions will produce the musical with talented local performers.

TOWERTHEATRE.ORG

26

PRINEVILLE, REDMOND, SISTERS

MUSIC IN PUBLIC PLACES SERIES

Each year, the Central Oregon Symphony partners with the Deschutes and Crook County libraries for free classical music performances. Quartets and duos from local performers will play at the Prineville, Redmond and Sisters libraries at 2 p.m. as well as Wille Hall in Bend.

COSYMPHONY.COM

15-20

DIAMOND LAKE

SNOWMOBILERS' CONVENTION

The forty-seventh annual Oregon State Snowmobilers Convention will be hosted by Diamond Lake Resort this year. There will be guided trail rides in the region that includes Mount Bailey, Mount Theisen and Crater Lake as well as hosted social events, outdoor workshops and more.

OREGONSNOW.ORG

Back Deck ■ *datebook*

FEBRUARY

7-9

BEND

A CAPELLA FESTIVAL

A capella performers will be taking over Bend for one weekend this month. The competition brings high school, collegiate and adult a capella groups for a weekend of competitions and workshops. Deke Sharon, known as the father of modern-day a capella, will also be at the festival.

BENDACAPELLAFESTIVAL.COM

8-9

BEND

JAZZ AT THE OXFORD: PAUL TAYLOR

Saxophonist Paul Taylor will be the featured performer at February's Jazz at the Oxford weekend held at The Oxford Hotel. He has more than ten albums under his belt and has hit the Top 10 of the Billboard Jazz Albums chart.

OXFORDHOTELBEND.COM

2

SUNRIVER

K-9 KEG PULL

This one's for the dogs. At the Sunriver Brewing K-9 Keg Pull, dogs race on a 150-foot snow runway towing an empty keg based on their weight. The event takes place in the courtyard at the Village at Sunriver and will have prizes for the top dogs.

VILLAGEATSUNRIVER.COM

9

SANTIAM PASS

HOODOO WINTER CARNIVAL

Spend the day at Hoodoo Ski Area in Sisters. There will be free, fun and family-friendly activities to take part in all day with events like Frisbee golf, a pie-eating contest, a snow-sculpture contest and more. The Winter Carnival is a forty-year tradition that ends with fireworks on the ski hill.

SKIHOODOO.COM

14

BEND

OPERAGANZA

Central Oregon has a thriving opera community thanks to OperaBend. The annual gala Operaganza is an evening to support the organization, including its 2019 performance of "Don Giovanni," an opera by Mozart. The evening includes dinner and drinks and entertainment from the upcoming opera season by local opera performers.

OPERABEND.ORG

15-17

BEND

OREGON WINTERFEST

Celebrate the season at Oregon WinterFest. Held at the Old Mill District, this three-day festival includes local businesses, the popular rail jam and ice sculpting contests, activities for kids and live music capping off each night.

OREGONWINTERFEST.COM

21

BEND

AUTHOR! AUTHOR!: COLUM MCCANN

Irish author Colum McCann will be in Bend to talk about his writing and books. McCann has authored six novels, including the popular title *Let The Great World Spin* and is a regular contributor to magazines such as *The New Yorker, The New York Times Magazine* and *The Paris Review.*

DPLFOUNDATION.ORG

23-24

CULVER

EAGLE WATCH

The Eagle Watch is an annual tradition and natural phenomenon. Head to the Round Butte Overlook Park for a two-days of free, family-friendly activities to learn more about the annual gathering of bald eagles at Lake Billy Chinook. Park rangers will be there with a birds of prey exhibit. The event also includes performances from the local Quartz Creek dancers and drummers.

OREGONSTATEPARKS.ORG

22

BEND

TASTE OF THE TOWN

Benefitting the scholarship program at Central Oregon Community College, Taste of the Town is a culinary event that features bites and sips from the best Central Oregon restaurants. There will also be live music from Precious Byrd and a raffle with prizes and experiences to win.

COCC.EDU

23

BEND

ZWICKELMANIA

Zwickelmania is a one-day event where the craft breweries around Central Oregon open their doors to free tours and events to celebrate all things beer. Meet the brewers, learn about the process, and try some new and exciting beers on tap.

OREGONCRAFTBEER.ORG

MILEPOST 1

It's not just how far you've come. It's where you go from here.

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www.milepost1bend.com

1. Rick Samco, Becky Johnson, Lori Elkins, Marcia Morgan at the Chamber Music Gala. **2.** James Neilson, Rima Kizans, Andis Kizans at the Chamber Music Gala. **3.** Joe and Jane Bassallo at the Capital Christmas Tree visit to Bend. **4.** Lexi Rafail at the Capital Christmas Tree visit to Bend. **5.** Kristie Wild and Kristi Russ at the MBSEF Snowball. **6.** Teegan Lowe and Jason Montoya at the MBSEF Snowball. **7.** Eric Holmer, Nils Eriksson, Steve Lowe and Kent Towlerton at the MBSEF Snowball.

MIDDLE THREE PHOTOS JILL ROSELL

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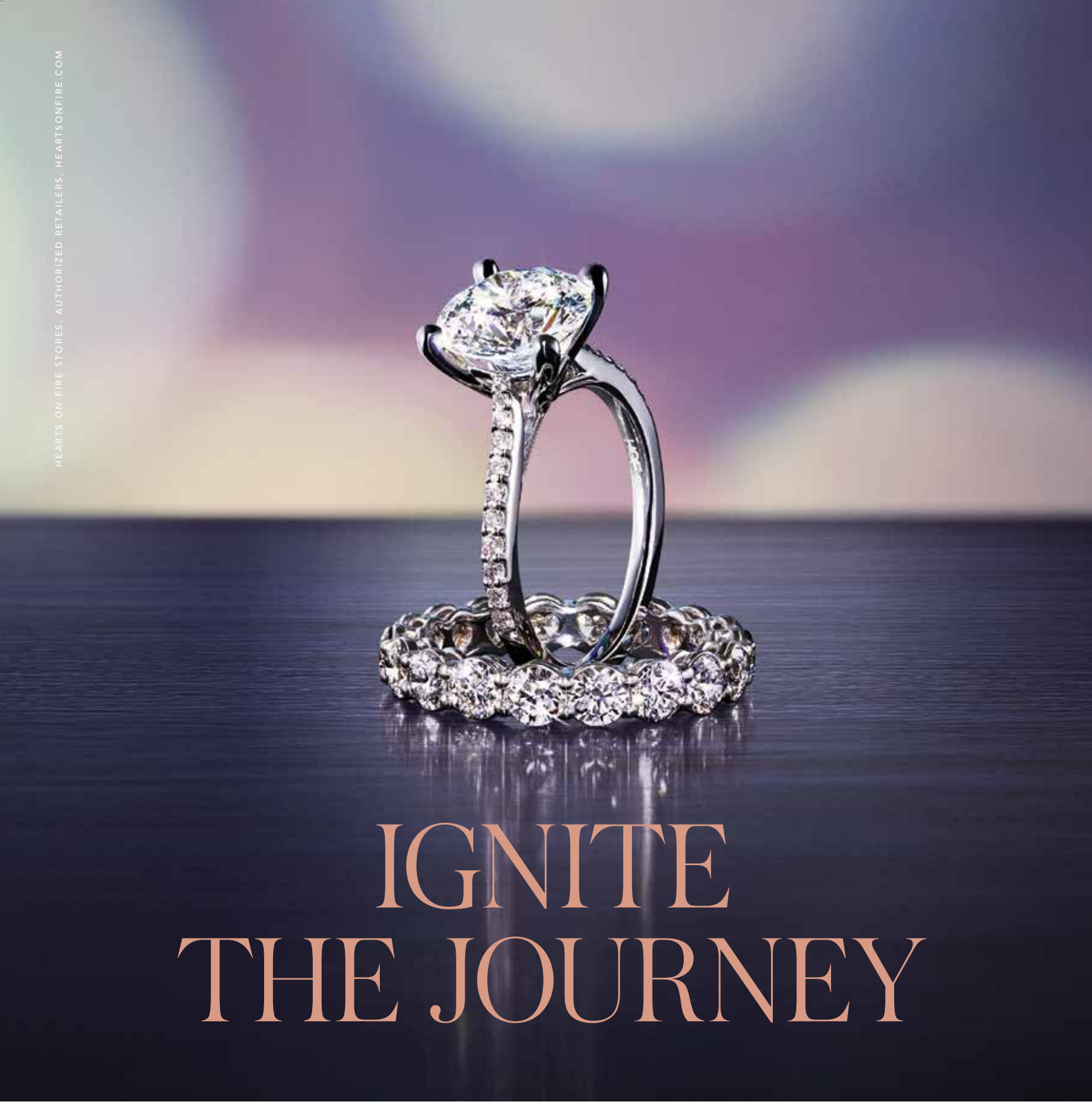
BEHIND THE SCENES

It's easy to get a little overly dramatic in a setting like the Tower Theatre where we gathered our winners in November to shoot photos for the Readers' Choice Awards. This image found our Best Breakfast winner (McKay Cottage) hamming it up with our Best Taco champ (El Sancho). No animals were harmed in the making of this image, though a few eggs were cracked. A big congratulations again to all our winners and a big thanks to the Tower for giving us free rein over the hallowed performing hall.



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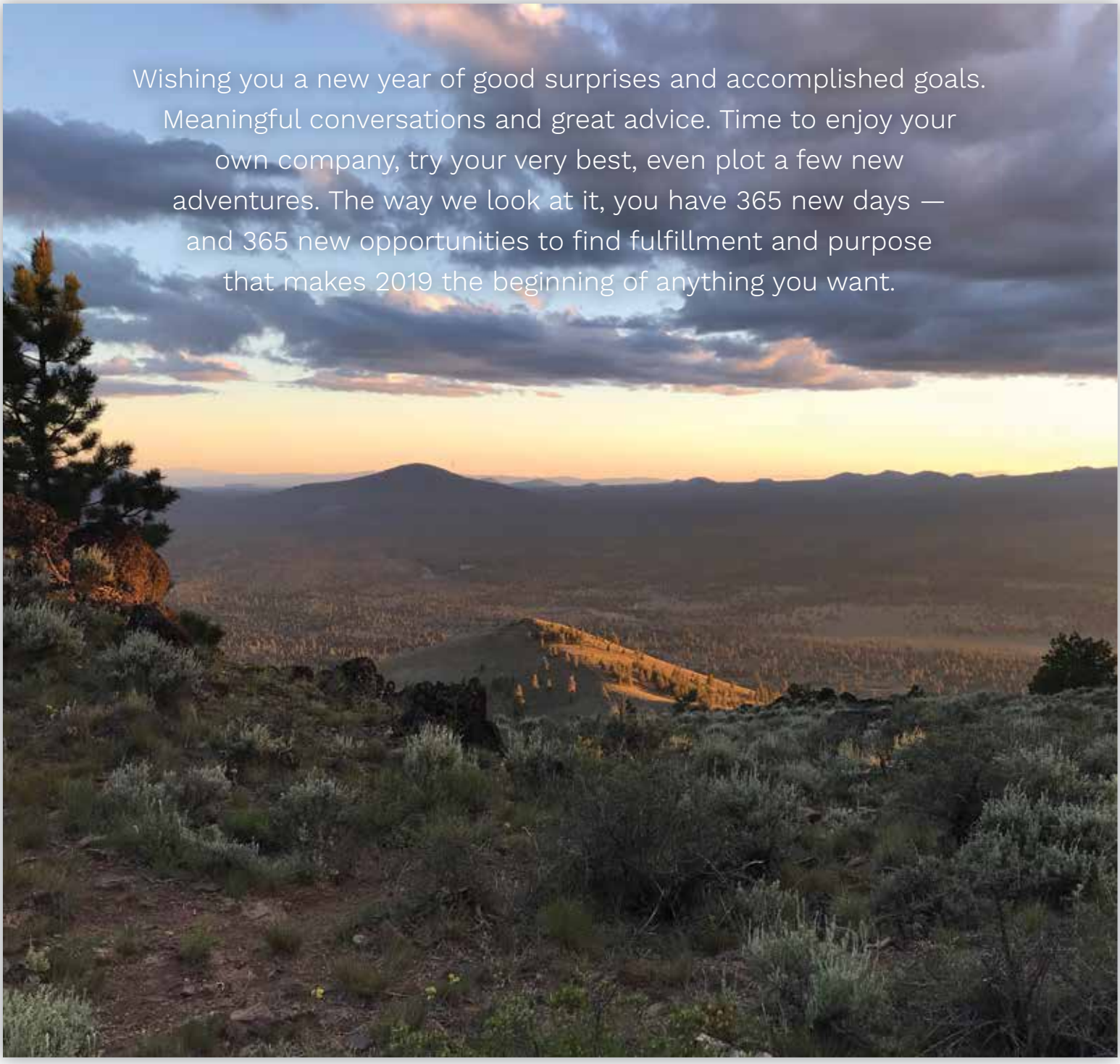

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