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GUIDE

CENTRAL OREGON LIFE & STYLE

BEND

Magazine



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Campfire
COOKING

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BACKPACKING



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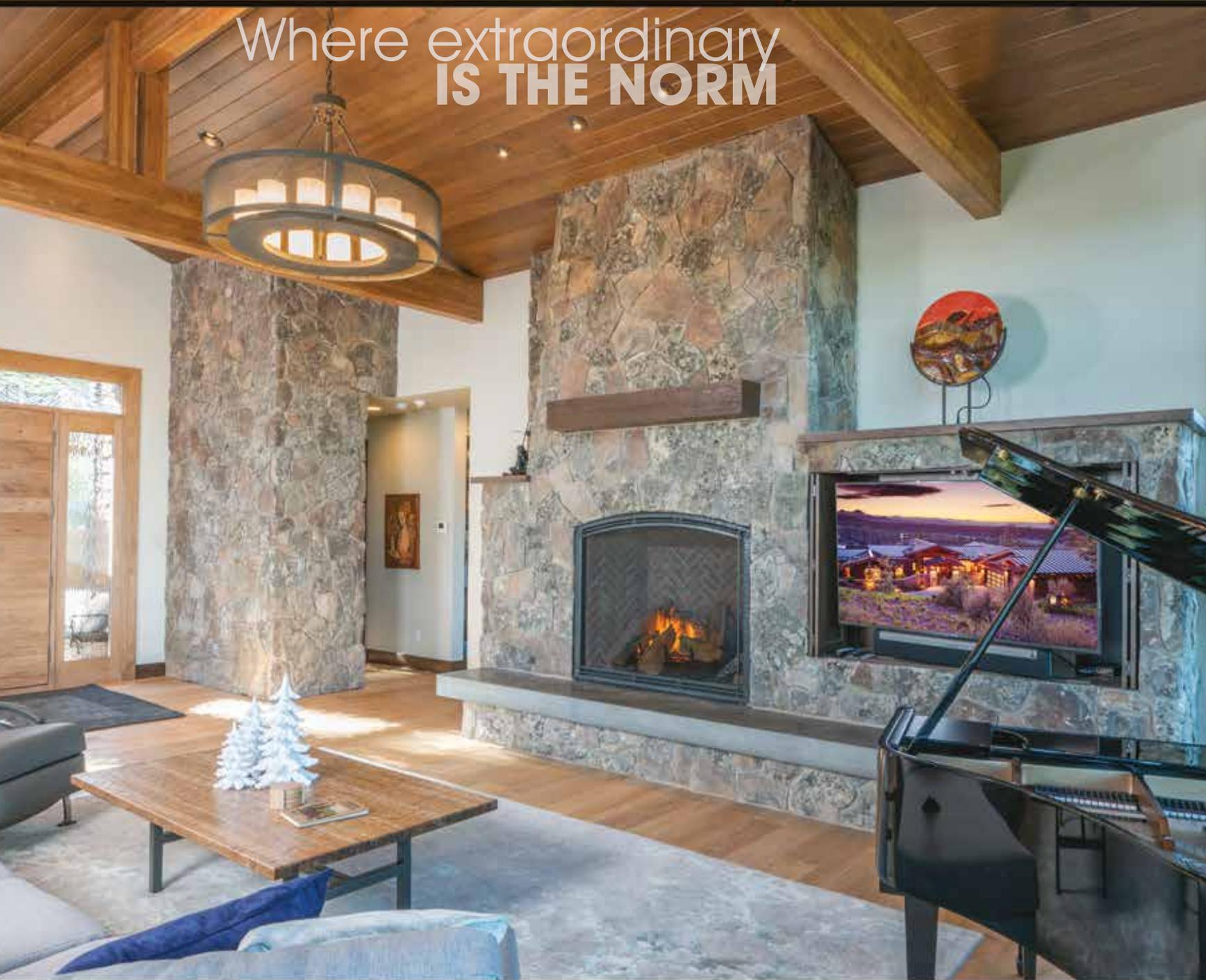


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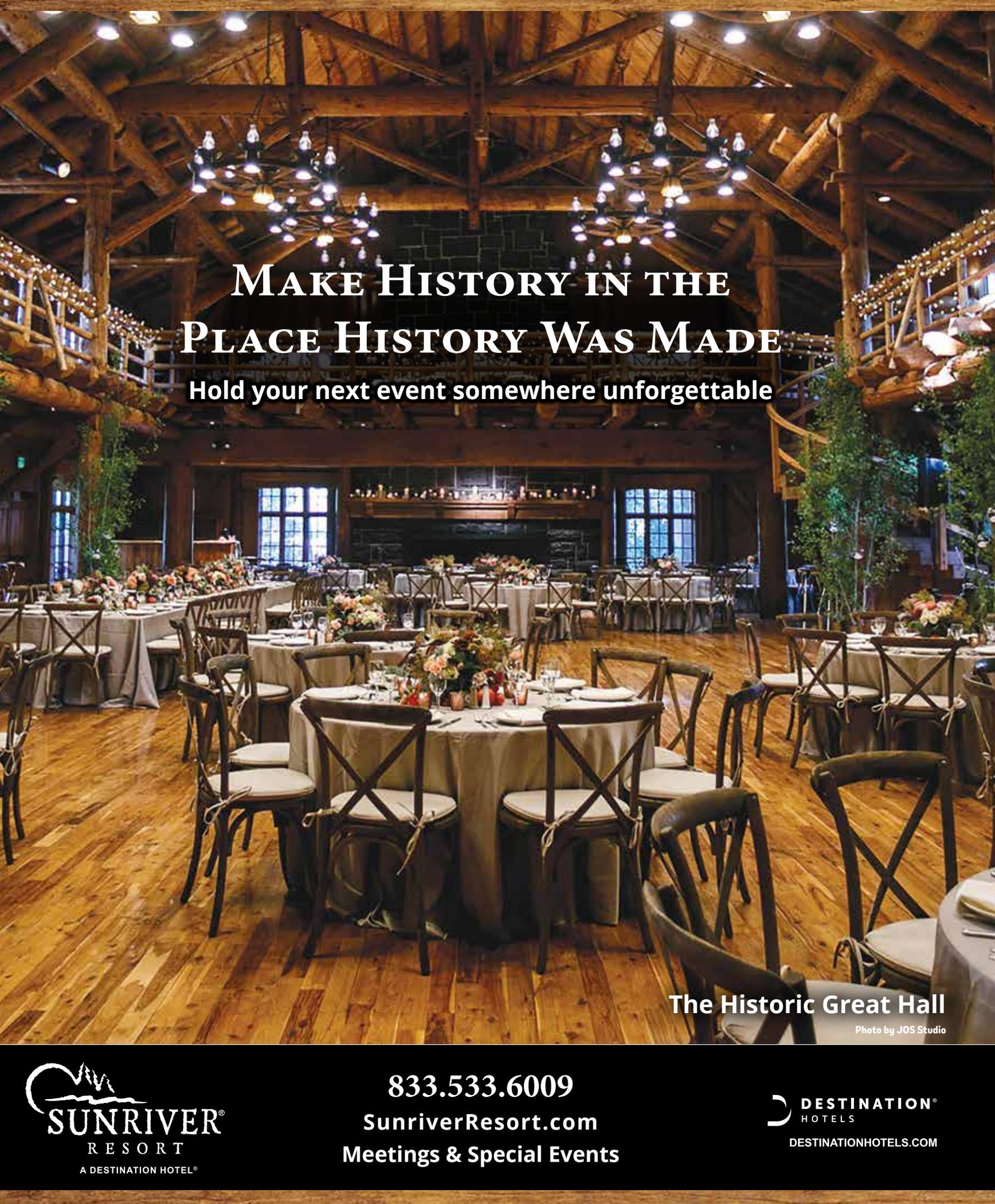


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WILD AT HEART

The best camping and glamping around Central Oregon from must-have gear to family-friendly adventures.

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WRITTEN BY CATIE JOYCE BULAY

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An iconic high desert bird is at the center of a political controversy over public lands in the American West.

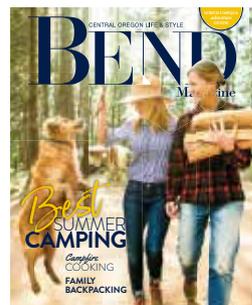
WRITTEN BY BRONTE DOD

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SUMMER CAMPING 101

We make it easy to plan your family's Central Oregon camping trips this summer.

EDITED BY ERIC FLOWERS



ON THE COVER

Camping on the Deschutes River at Wyeth Campground in La Pine.

PHOTO BY STEVE TAGUE

PHOTO STEVE TAGUE



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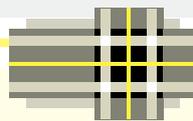
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WORDS *and* PICTURES



• LUCAS ALBERG

- Lucas Alberg is a native Kansan who ventured West after college in pursuit of outdoor adventure in the mountains. Finding his happy place, he soon combined his creative pursuits with his new home.
- Lucas currently works for a Bend-based outdoor company and published his first book, *Trail Running Bend*, through Wilderness Press in 2016. Since moving to Oregon in 2001, Lucas hasn't stopped smiling. In this issue, Lucas went on a microadventure in the Cascade Mountains and wrote about sneaking in time for adventures after work (p. 33).

CATIE JOYCE-BULAY

An East Coast transplant, Catie Joyce-Bulay first fell in love with Oregon while attending grad school at the University of Oregon, then all over again ten years later when she returned to the West Coast to hike the Pacific Crest Trail with her husband. Always in search of her next PNW adventure, she currently lives in Walla Walla, Wash. where she writes about travel, hiking and craft ingredients for a variety of publications. In this issue, Catie wrote about the “trail angels” of the Pacific Crest Trail (p. 92) that feed hungry hikers on their journey through Oregon and Washington. Connect with her on Instagram @catesway



• MEGAN OLIVER

- It never occurred to Megan Oliver that her affinity for group camping trips would come full circle with her writing career, but that moment has arrived in our summer camping guide (p. 110). When she's not dancing at a string music festival or wondering how to get the smell of campfire smoke out of her clothes and her dogs' fur, she writes and edits. Megan has written for a dozen media outlets and worked as an editor for *Bend Magazine*, *Cascade Living*, the annual guides of Eastern Oregon's and Central Oregon's visitor associations, *1859 - Oregon's Magazine* and *OnTrak* for Amtrak Cascades.

ARIAN STEVENS

Growing up in the foothills between Yosemite and Tahoe, Arian Stevens was spoiled by the awesomeness of the outdoors. Fresh out of high school and having no clue what he wanted to do, Arian happened to take a photography class and found his passion. Back then, in every river he photographed he imagined how much cooler the image would be if there were someone fishing it. Combining the two, he added a fly rod and a few fishing buddies to his arsenal and decided to move where there was a bit more water to cover. In this issue, find Arian's shots of fly fishing the North Umpqua (p. 48).



• STEVE TAGUE

- Steve studied at the Art Center College of Design in Pasadena, California and worked for many years in NYC, shooting out of helicopters, inside museums and through martini glasses.
- He's part artist, part MacGyver—always game for engineering the perfect light and problem solving to get the shot. If he weren't a photographer he'd probably be professional wrestler. Luckily, he's a photographer. In this issue, Steve photographed the scenes for our summer camping guide (p. 104) and our cover shot.

NATE WYETH

Nate is an adventure photographer and graphic designer living in Bend who, like most Bendites, prefers to spend as much time as possible outside. He can often be found riding around on Bend's prized singletrack, hiking, paddling with his wife and golden retriever or recounting the day's adventures over a beer—preferably also outside. In this issue, he documented Lucas Alberg's microadventure at Sparks Lake (p. 33).





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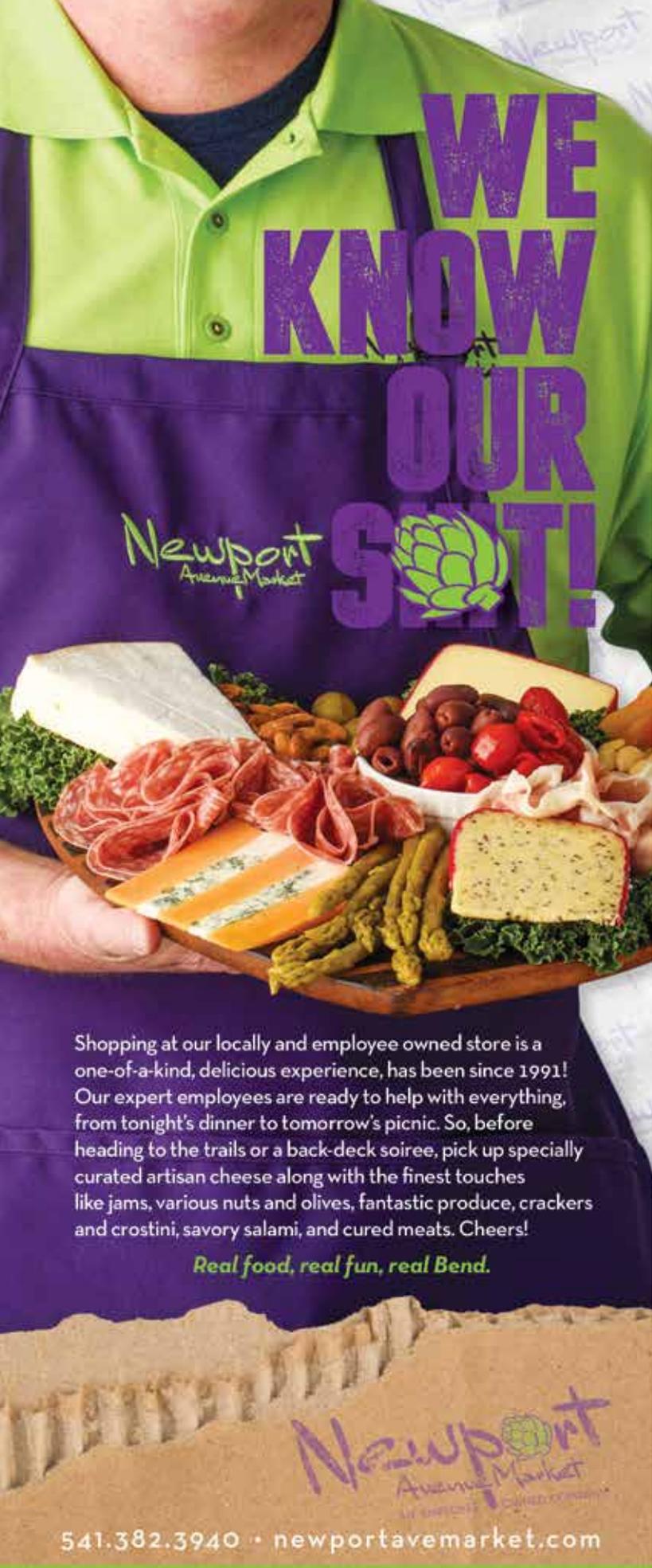
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FROM *the* EDITOR



It's time to unplug and unwind.

Camping isn't just an outing around here. It's a way of life. Witness the exodus of airstreams, pop-up trailers and fishing boats on a Friday afternoon around Bend and you get the sense that the entire city is packing up and heading for the lakes and the mountains. We get it. The lure of a crackling campfire and a star-filled evening sky is enough to pull even the most dedicated cubicle warrior away from a keyboard. Not much happens around here either on Friday afternoons between early June and early September, when camping and boating season peaks. We wouldn't have it any other way.

With that in mind we dedicated much of this issue to celebrating camping and the outdoor lifestyle around Central Oregon.

Our summer camping guide (p. 104) dives into our favorite pastime from multiple angles. We found a few ways to beat the heat with the shoreside camping at some of our favorite mountain lake destinations, focusing on places that hold plenty of opportunity for exploration and recreation, including fishing, mountain biking and hiking. We also zeroed in on family friendly adventures with a focus on low-impact hikes to overnight destinations—a great way to introduce kids to backcountry backpacking without overtaxing young legs and attention spans. Because everything is better with friends, or at least it's supposed to be, we included a list of tips and hacks from our own group camping expert and professional organizer Megan Oliver, who has perfected the art of the group spreadsheet and multi-family meal planning. We've also included the requisite gear guide, a host of new products to round out your adventure in style and comfort. Speaking of meals, we've dedicated several pages (p. 114) to helping you elevate your camping menu, with mouth watering recipes for gourmet camp-friendly foods courtesy of local gastronomist and food blogger Linda Ly, who has just published *The New Camp Cookbook*, what may very well be the definitive book on camp cooking. (If we've whet your appetite, go to BENDMAGAZINE.COM for a chance to enter to win a copy.)

Staying on our theme of outdoor adventure and exploration, first-time contributor and avid hiker Catie Joyce Bulay takes into the colorful culture of the Pacific Crest Trail hiking community (p. 92). Catie, a PCT veteran herself, explores the world of Trail Angels, volunteers who form web of support for PCT hikers. Angels make a habit of altruism, helping perfect strangers with a little bit of trail magic at the end of a long day. We found another group of dedicated volunteers working a remote corner of southeastern Oregon in an attempt to protect an iconic species in decline. Associate editor Bronte Dod headed to the outback to document their efforts and the larger plight of the greater sage grouse, which has seen its numbers shrink across the intermountain west (p. 98). From burgers to backcountry hikes and gravel bikes, we had a lot of fun putting this issue together. We believe it reflects the best of Central's places and personalities. And, yes, we know that's it's also really pretty. But don't be afraid to take it with you on your next adventure. If it ends up tattered, dog eared and shared around the campsite, we'll consider that a job well done. Thanks for reading,

Thanks for reading,
Eric Flowers, *editor in chief*

Beyond the Surface



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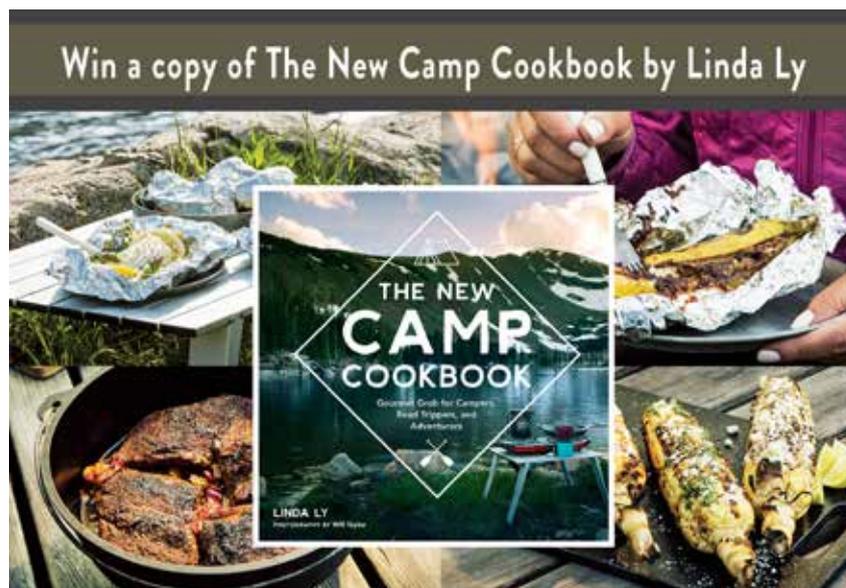
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CASCADE SUNRISE

Kyle Schenk (@bendflyguy) won our #ThisisBend contest with this gorgeous shot from a Cascade lake's sunrise. It just goes to show, the early bird gets the worm, and in this case, a free subscription to *Bend Magazine*.

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CYCLING

Ochoco Gravel Roubaix

A gravel-grinding bike race highlights
Prineville as the region's cycling mecca.

DON'T TELL THE COWBOYS, but there's a new style of saddle coming into vogue in Prineville these days. Yes, this cowboy town is trading in its spurs and Stetson hats for spandex and squeeze bottles—at least that's the idea as the town welcomes the annual Ochoco Gravel Roubaix bike race on August 18. Modeled after the popular European gran fondo races, the Ochoco Gravel Roubaix is part competitive race and part bike tour, wrapped up in a come-one-come-all philosophy that emphasizes camaraderie and a celebration of off-road biking culture. The race begins and ends at the Crook County Fairgrounds and features forty-five and eighty-mile loops that follow a mix of gravel and paved roads in the nearby Ochoco National Forest. The race is followed by an epic finish line party. Overall men's and women's winners will take home their weight in beer as a grand prize thanks to Deschutes Brewery, which is sponsoring the event along with Prineville's Good Bike Co. The finish line party is free, open to the public and features food and music.

PHOTO GOOD BIKE CO. LLC

school

A New Elementary School for Bend's North Side

Bend will have a new elementary school come fall 2019. A groundbreaking ceremony for the yet-unnamed school was held on June 11 at the school site, the corner of O.B. Riley and Cooley roads in north-central Bend. Architecturally modeled after Bend's

southeast side Silver Rail Elementary, which opened in 2015, the two-story design has twenty-four classrooms, an open commons and cafeteria area, a dedicated gym, collaborative spaces for instruction and will accommodate 600 students.

Funding came from a construction bond, overwhelmingly passed by voters in 2017, that allowed for the construction of two new schools as well as many maintenance and building projects, security and safety improvements and upgrades to technology. In addition

to the new elementary school, plans and construction are underway for a new high school on Bend's southeast side. That school is set to open as early as 2021. The new schools address Bend's steady population growth and enrollment increases over the last two decades, which have led to public school overcrowding.



parks

More Parks, Trails on the Horizon for Bend

While the City of Bend plans for more urban development, Bend Park and Recreation District is making its own plan for the next decade. In May, the District released its draft comprehensive plan conceived in the last two years with input from more than 3,000 community members.

Guiding the next decade of parks, trails and indoor recreation facilities in the city as its population skyrockets, the comprehensive plan will prioritize more park space and better access to trails, as well the utilization of trails for not only recreation, but also for commuting.

Bend currently has 3,035 acres of parks and seventy miles of trails maintained by Park and Recreation. The comprehensive plan aims to add an additional sixty-three miles of trails and 170 acres of parks. It also provides a list of projects that would be completed by 2028, including replacing the pool at Juniper Swim and Fitness Center, adding trails and trailheads to the canal piping project off Brookswood Avenue and adding more acres to already-existing parks like Riverbend Park.

"District residents have been a great resource for ideas and knowledge about the community and this input was invaluable as we prepared the comprehensive plan draft," said Michelle Healy, Planning and Park Services Director in a press release. "At this stage, we welcome review of the plan to ensure it reflects the priorities of our community." Park and Recreation expects the board to adopt the plan by the end of the summer. Read the plan and comment at BENDPARKSANDREC.ORG.



development

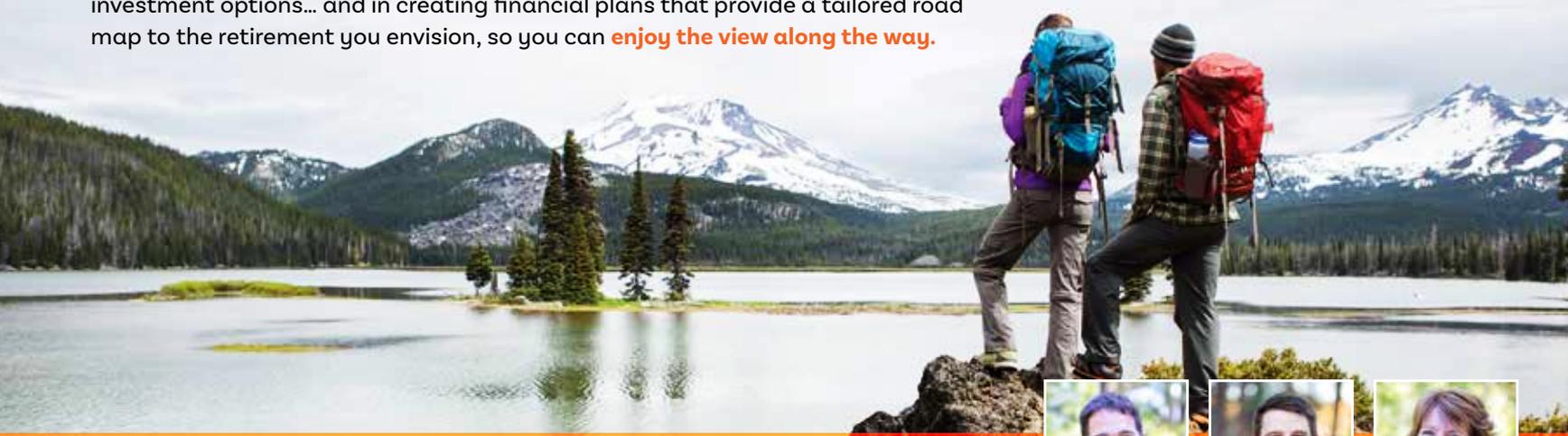
Six-story Mixed-use Building Planned for West Side

The heavy snowfall and serious storms of the Central Oregon winter of 2016-2017 had many impacts, one of which was the collapse of the roof of the former Ray's Food Place on Bend's west side. The store had sat empty since its closure in 2013, after the parent company declared bankruptcy.

Now, plans are underway for a new project for the site, and it isn't another grocery store. A six-story, 191,064-square-foot mixed-use building has been approved by the City of Bend to occupy the site at the corner of Simpson Avenue and SW Century Drive. Local company BLRB Architects has been hired to design the project, which will include 203 residential units as well as ground floor commercial space, three food cart pads, open space and community amenities. Pending permits, construction may start as early as the end of 2018 and the project is estimated to take fourteen months to complete.

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■ **highway**

Highway 97 Traffic Prompts Safety Talk

Rapid population growth in Bend and Redmond combined with the area's booming tourism business has highway managers looking at ways to improve safety and traffic flow on Highway 97 on a fifteen-mile stretch between Central Oregon's two largest cities. Options being considered for the highway include constructing some type of extended median, construction of frontage roads, and other measures designed to reduce the number of left-hand turns that expose drivers to dangerous crossing maneuvers and tempt motorists to take risks, which they are increasingly doing as traffic windows grow shorter and less frequent. According to the Oregon Department of Transportation there have been 130 auto accidents in the last five years on the highway between Bend and Redmond. The crashes correspond to a steady rise in traffic in the area, which has increased by an estimated 20 percent in just the past three years, according to the agency.



■ **redmond**

Redmond Sues Arborist Over Tree-taking

An overzealous arborist has cost the city of Redmond a centerpiece of its planned Centennial Park expansion near Redmond's city hall. According to a lawsuit filed by the city, a private contractor mistakenly cut down a 40-year-old blue spruce tree at the park, which the city was planning to use as its community Christmas tree. The tree was cut down after an employee of Bend's Fagen Tree Service working in Redmond went to the wrong location and mistakenly identified the tree as one slated for removal by a customer at a different location. That tree is located roughly three blocks away from the tree felled at Centennial Park, where the city has plans to create a large civic plaza adjacent to city hall. The tree was an important part of the site, according to the city, which has sued Fagen and is seeking roughly \$60,000 in damages after failing to reach a settlement with the company.

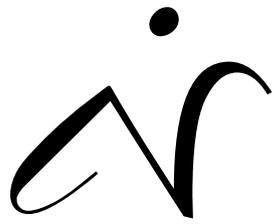
■ **outdoors**

C.O. Wilderness Quota Mulled

A push to curtail overuse of several popular wilderness areas in Oregon's Central Cascades, including the Three Sisters Wilderness and Mount Jefferson Wilderness, could result in a limited entry or lottery-style system to determine who gets to access these popular backcountry hiking and camping destinations. The U.S. Forest Service has proposed several alternatives for managing access, including maintaining the status quo that poses no restrictions on the number of people who can make day or overnight visits to these areas. However, officials have indicated that approach is no longer sustainable and unlikely to continue due to concerns about the impact of visitor traffic

on these areas, which also include the Waldo Lake, Mount Washington and Diamond Peak wilderness areas. In total, these areas comprise more than half a million acres of federally designated wilderness that includes high alpine lakes, meadows and glacier-tipped peaks. The inherent beauty is one of the major draws for visitors, but finding solitude, one of the major attractions, has grown increasingly difficult for hikers and campers. According to the agency's own assessment, visitor traffic has more than doubled in the Three Sisters Wilderness area in the past five years. The Forest Service expects to release a draft decision later this summer followed by a round of public comment, with a final decision expected this fall.





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Front Deck ■ *brewing*

WRITTEN BY JON ABERNATHY

■ *what's brewing?*

3 Questions for Boneyard's Tony Lawrence

BONEYARD BEER OPENED in 2010 and quickly made a name for itself as a hop powerhouse, best known for RPM IPA, which has consistently remained one of Oregon's top-selling and most popular India pale ales. With two brewing locations and a new pub, Boneyard has come a long way in only eight years. Throughout, owner and brewmaster Tony Lawrence has kept perspective.

Congrats on all the success you've had with Boneyard over the years and on the pub! How does it feel to have become one of Oregon's most popular breweries?

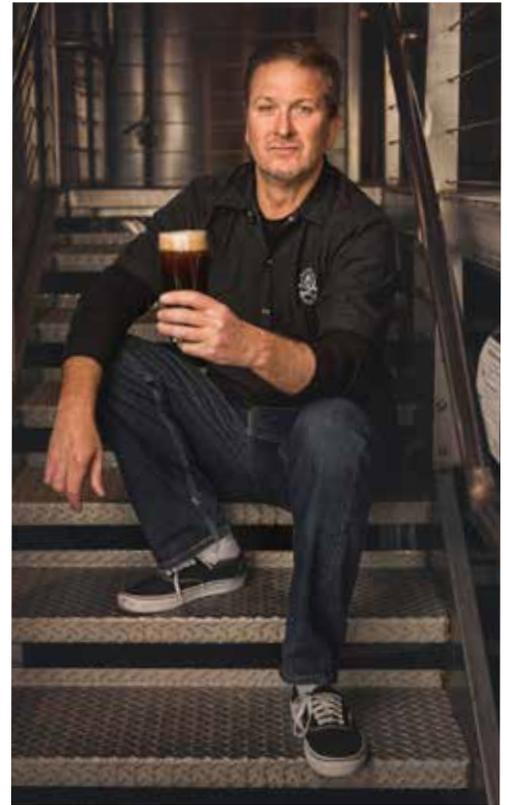
It's great, of course, thank you. Things come and go, so we're working very hard to keep Boneyard products tasty and exciting. It's the consumers who make or break a brand, so we will try to make high quality liquids for them and let the chips fall where they may. There are so many good products and breweries in Central Oregon, so it's not easy to get recognized and stay relevant.

Boneyard is best known for RPM IPA and other aggressively hop-forward ales, but what's the most unusual beer you've brewed and are most proud of?

That's always changing for me. I'm always looking to be influenced by others. The game is changing so fast now it's hard to keep up with everything. Currently, our mixed fermentation project is by far what makes me proud. It took almost four years to get the beers to the table. We may have been a little late to the wild and sours but we're here now.

What's your favorite beer/style to drink during the heat of the summer? Aside from the well-documented Busch Light!

Haha, I have moved on from the beer you mentioned, although I'm still a huge fan of light, clean and crisp lagers, craft brewery derived or not. I'm also enjoying many saison variations the last couple years.



Summer Brings Fresh Brews, Classic Events

July is **Oregon Craft Beer Month**, as celebrated by the Oregon Brewers Guild, the organization that promotes the state's independent brewing industry. That means thirty-one days of special events, new beer releases, tapings, tastings and more will be celebrated statewide, culminating in the 31st annual Oregon Brewers Festival in Portland during the last full weekend of July. Closer to home, **Bend Brewfest** returns to the Les Schwab Amphitheater this August, featuring seventy breweries and cider makers pouring their tastiest libations over the course of three days from Thursday, August 16 through Saturday, August 18. Last, but certainly not least, is the **Little Woody**. Bend's biggest little beer festival returns for its annual Labor Day weekend appearance at the Deschutes Historical Society in downtown Bend. Expect to sample big, barrel-aged beers in an always festive atmosphere with music and food vendors to supplement the tasting event.



Bend Brewfest

What's in a Name? Atlas Becomes Avid Hard Cider

Bend's Atlas Hard Cider recently changed its name to Avid Hard Cider to avoid potential trademark conflict with Atlas Brew Works of Washington, D.C. Such disputes have become more common in the brewing industry as the number of breweries and cider makers across the United States has proliferated; the Brewers Association reports that there are currently more than 6,300 breweries in operation. Atlas-cum-Avid is set to open a restaurant in the heart of Portland's Pearl District in July, expanding upon its Oregon footprint which already consists of the Old Mill Marketplace tasting room and its Washington Square Mall taproom in Tigard.

PHOTO TOP: JEFF KENNEDY



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TENTATIVE SCHEDULE

Thursday, AUG 9

Futurity Practice
Classic Challenge Open - 1st Go

Friday, AUG 10

Futurity Open - 1st Go
Derby Open - 1st Go

Saturday, AUG 11

Classic Challenge Open - 2nd Go
Derby Open - 2nd Go

Sunday, AUG 12

Futurity Open - 2nd Go
Derby IM Open - FINALS
\$5,000 Added
Classic Challenge IM Open - FINALS
\$5,000 Added

Monday, AUG 13

Derby Open - FINALS
\$15,000 Added
Futurity IM Open - FINALS
\$7,500 Added
Classic Challenge Open - FINALS
\$15,000 Added
Futurity Open - FINALS
\$25,000 Added

Tuesday, AUG 14

Classic Challenge Lmt'd NP
\$1,000 Added
Derby UnAm
Futurity NP - 1st Go
Classic Challenge NP - 1st Go
Derby Lmt'd NP
\$1,000 Added

Wednesday, AUG 15

Classic Challenge NP - 2nd Go
Derby NP - 1st Go
Futurity NP - 2nd Go
Classic Challenge \$50K AM
\$1,000 Added
Derby \$50K AM
\$1,000 Added

Thursday, AUG 16

Derby NP - 2nd Go
Classic Challenge UnAm
Coyote Rock Ranch Amateur Shootout
Derby UnAm - FINALS
\$3,000 Added
Classic Challenge NP - FINALS
\$5,000 Added

Friday, AUG 17

NCHA Weekend Show
\$3,500 Added
Derby NP - FINALS
\$5,000 Added
Futurity NP - FINALS
\$5,000 Added
Classic Challenge UnAm - FINALS
\$3,000 Added
Coyote Rock Ranch Amateur Shootout - FINALS
\$15,000 Added

Saturday, AUG 18

NCHA Weekend Show
\$3,500 Added

Sunday, AUG 19

NCHA Weekend Show
\$3,500 Added

Stall Deadline

JUL 20

Entry Deadline

AUG 1

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Summer Reading

Five new and recommended books to read this summer.

WRITTEN BY BRONTE DOD

1 *Red Clocks* by Leni Zumas

Five women grapple with the meaning of motherhood and identity in *Red Clocks*, a novel from Portland-based writer Leni Zumas. Set in the near-future on a small fishing town on the Oregon Coast, *Red Clocks* feels eerily relevant to today's political climate.

2 *Idaho* by Emily Ruskovich

You could read this debut novel for the prose alone, which is poetic and beautiful. *Idaho* initially felt like a mystery, but the story is quickly revealed, and we're left with characters dealing with the loss of family, memory and time.

3 *Heart Berries* by Terese Marie Mailhot

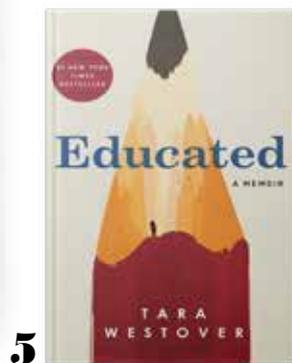
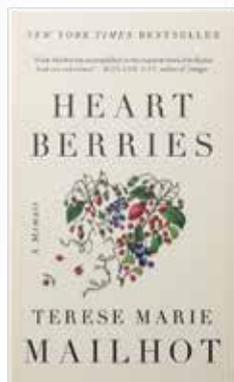
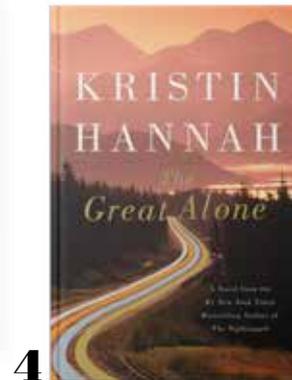
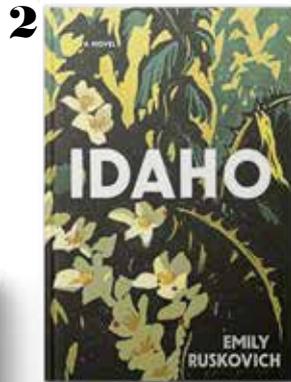
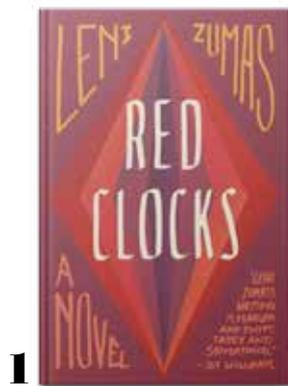
Heart Berries takes you deep into the mind of Terese Marie Mailhot, who grew up in Seabird Island First Nation reservation in British Columbia. Her honest and raw writing forces you to reckon with the nature of memory and the repercussions of trauma.

4 *The Great Alone* by Kristin Hannah

A girl comes of age in the 1980s on a wild island in Alaska, watching her parents unhealthy relationship and learning about love from a boy she meets. The novel's tension builds alongside the impending Alaskan winter, coming to a boil in a test of what it means to be a survivor.

5 *Educated* by Tara Westover

Born into a Mormon survivalist family in rural Idaho and having never been to school, Tara Westover tells the gripping story of how she managed to educate herself and work her way through a PhD at elite schools, all while trying to keep a relationship with her family.



“Choices, numberless as grains of sand, had layered and compressed, coalescing into sediment, then into rock, until all was set in stone.”
— Tara Westover, *Educated*

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EXPLORE

GETAWAYS

Central Oregon
MICROADVENTURES

TRUNCATED ITINERARIES LONG ON FUN
FOR THOSE SHORT ON TIME

WRITTEN BY LUCAS ALBERG PHOTOS BY NATE WYETH

EXPLORE



South Sister and Broken Top are mirrored on the surface of Sparks Lake.

MICROADVENTURE Tips

- Choose your day wisely. Pick an evening when you don't have early calls or meetings the next morning.
- Early summer reigns supreme. Take advantage of the longer summer days for more daylight.
- Pack the night before. (I usually do this after the kids fall asleep.)
- Gas up beforehand. Stops after work cut into precious outdoor time.
- Comfort trumps weight. You're not going far on a microadventure—bring your comfy camp setup and leave the ultralight gear behind.
- Don't forget the coffee. Even bad coffee in the outdoors tastes great.
- Go easy on the beers. You do have to work the next day, after all.
- Get up early. Give yourself plenty of time to tear down camp and get back to your car.

On a recent Tuesday afternoon, I hopped in my car outfitted that morning with my trusty old canoe and camping gear and picked up my friend and photographer Nate Wyeth. Just over an hour later, we were dipping the Old Town Seranac (built for comfort, definitely not for speed) in the calm waters of Sparks Lake, a shimmering jewel in a string of lakes just off the Cascade Lakes Scenic Highway twenty-five miles west of Bend. For the next twelve hours, we were going to sneak in a midweek “microadventure.”

A handful of years ago, a friend and frequent adventure buddy introduced me to the idea of a microadventure. The concept of a weeknight outing that takes place between the hours of 5 p.m. and 9 a.m. immediately struck a resonant chord with me. After all, I live in Bend, a location known for quick access to the outdoors, wide variety of recreation opportunities and adventure tourism.

The introduction was sent by way of a video created by British adventurer, explorer and writer Alastair Humphreys. The goal, Humphreys states, is to encourage people to get outside and out of their comfort zone to a place they've never been. More specifically, a microadventure is one that is close, accessible, simple, short and easy. For a young father with a busy work schedule, lots of side projects and hobbies, this seemed to be a perfect fit.

“Above all, adventure is about energy, enthusiasm, ambition, open-mindedness and curiosity,” said Humphreys in his video. “You don't have to have huge adventures all the time: I accept that we all have to pragmatically juggle our ‘real lives’ too. You can have a small adventure. A microadventure.”

Humphreys chronicled his year of microadventures nearly seven years ago, but the concept quickly gained steam in the United States. Fueled by the power of social media, the hashtag #microadventure has more than 90,000 tags and counting on the popular photo-sharing social network Instagram.

My first real microadventure was five years ago. Since then, I've had dozens of them ranging from bikepacking up to a forest shelter to backpacking a few miles into the woods for a spectacular weeknight showing of the Persied meteor shower. Most recently, though, I decided to rediscover the trip that began my own personal microadventure odyssey, a canoe camp at the beautiful and alluring Sparks Lake in Central Oregon.

Now I'll admit that I'm guilty here of breaking one of Humphrey's rules of microadventures: “Do what you normally do not do, and go somewhere you've never been.” Some places are worth repeating, however, and after finding the perfect camping site during the first weeknight trip in 2013, I decided I was okay with one asterisk on my microadventure resume.

As we glided over the pristine waters on a brilliantly sunny evening, we felt like we were cheating the weekend. The beauty of Sparks Lake is no secret to residents of Central Oregon, and on any given weekend day there is nary a parking spot in the sizable lot around the boat ramp. The workweek is a different story, and we found ourselves one of only a handful of people enjoying the waters on a beautiful evening. *Continued on page 38*



GET STARTED

FIVE EASY MICROADVENTURES AROUND BEND

1

CANOE CAMP AT SPARKS LAKE

Start: 26 miles west of Bend at Sparks Lake (boat ramp)

Canoe: Head toward the south end of the lake for campsites with open mountain views or explore one of the fingers for a more secluded site

Payoff: Nothing beats a calm, glassy paddle in the early morning when most of the world is sleeping

2

BACKPACK TO LUCKY LAKE

Start: 38 miles west of Bend at Lucky Lake Trailhead

Hike: An easy 1.4 miles one way to the lake

Payoff: A nice wooded lake perfect for warm evening swims and a leisurely morning exit

3

BACKPACK TO MORaine LAKE

Start: 27 miles west of Bend at The Green Lakes Trailhead

Hike: A gradual 5-mile hike along a waterfall laden creek

Payoff: South Sister right in front of you makes for a nice breakfast setup

4

BIKEPACK UP TUMALO CREEK

Start: In Bend, directly from your office

Bike: Head west on Skyliner Road and turn right on Forest Road 4606 (Brooks Scanlon Logging Road) for approximately 2.5 miles. Turn left on Tumalo Creek Road (if you cross Mrazek Trail, you've gone too far) and bike until you find a nice spot along the ridgeline

Payoff: Open views of the Cascades (plus a downhill return in the morning)

5

RAIN PLAN: BIKEPACK TO TUMALO STATE PARK YURTS (RESERVE AHEAD OF TIME)

Start: In Bend, directly from your office

Bike: Depending on your starting location, take either Johnson Road or O.B. Riley Road a handful of miles

Payoff: Biking in the rain isn't so bad if you have a warm spot to dry off afterward. Plus, your friends or family can be there waiting with dinner and beer.

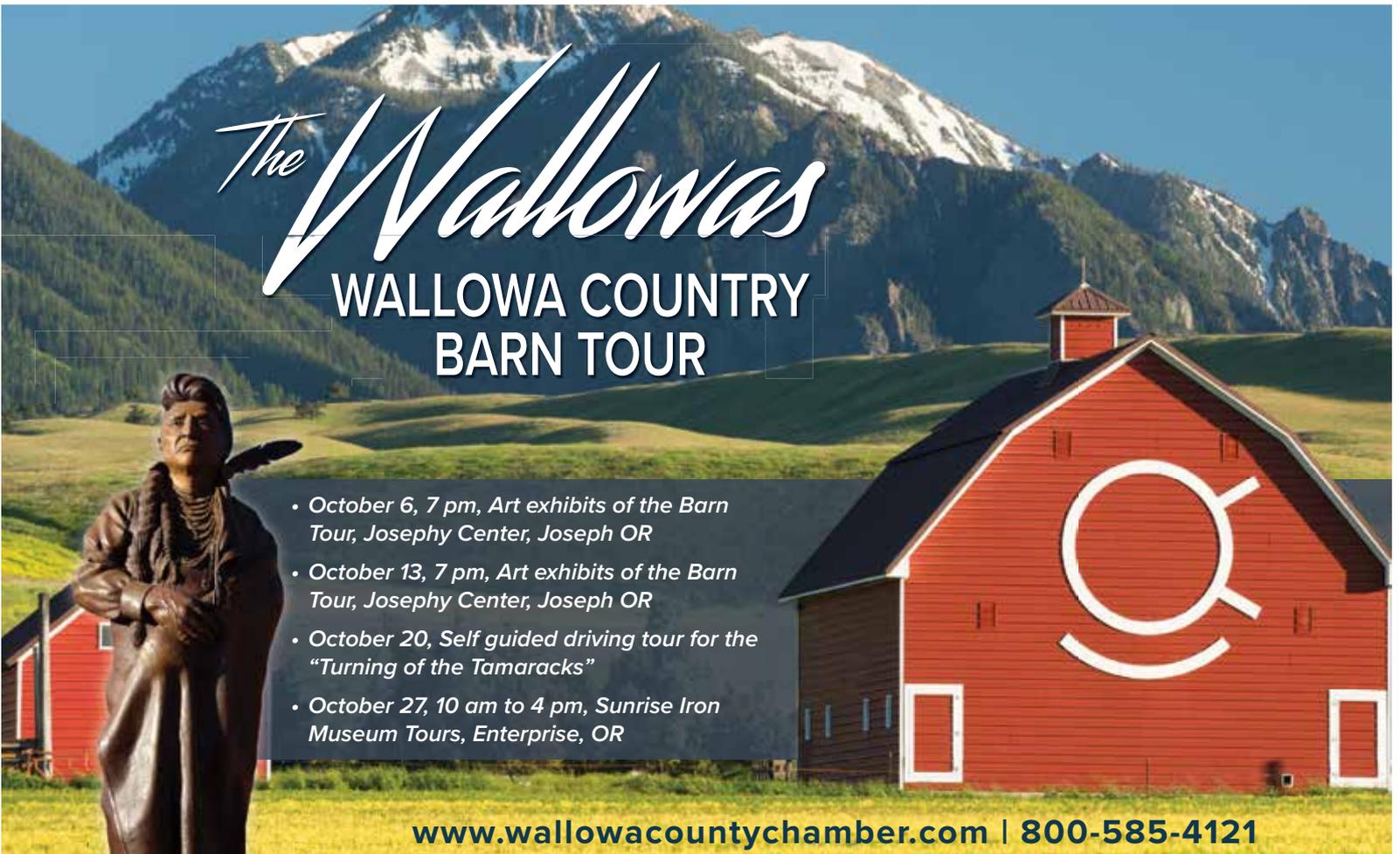


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As we silently congratulated ourselves on our microadventure choice, we took in the views of the looming mountains in front of us. Still snowcapped South Sister shone in the crepuscular light, and Broken Top stood gallantly beside on the western horizon. Soon enough, we berthed the canoe behind a facade of lava rock and found one of many seemingly perfect spots to make camp and settle down to watch the sunset over the lake.

Words simply can't describe some moments in nature. When the right combination of factors align, a warm contentedness washes over you, and you simply count yourself lucky that you are where you are in that particular moment in time. Sparks Lake in perfect light on a beautiful summer evening is one of these moments. For Wyeth, an accomplished photographer and avid nature seeker, this moment couldn't be clearer as he grinned ear to ear while setting up his shots.

"Oregon is filled with so many spectacular places and so many are right at our fingertips," said Wyeth. "Microadventures were made for this state."

As the sun went down, we settled in, ate a quick meal and put on jackets for one last outing. Though it was now well past dusk, the calm, clear waters on a full-moonlit night begged for one more chapter in this weeknight outing. We slid the canoe into water, cracked open a couple of cold beers and idly paddled around the perimeter of the lake enjoying the summer night. We discovered we were one of only three groups camping on the lake.

The next morning, we rose with the sun and drank our coffee on the rocky ledge overlooking the water. The high desert air had a crispness about it, only hinting toward the warmer temperatures yet to come later in the day. Packing up our gear, we tried keeping our minds on the scenery around us and not on the workday ahead.

As we pulled back into town around 8:30 a.m., we still felt an energy from the microadventure. Being able to pull off a weeknight camping excursion and still make it to work before 9 a.m. feels like a mistress to your regular nine-to-five day. Though it's your own time, it seems like you're somehow cheating the workweek. And maybe you are. But your boss never needs to know. **■**



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YOUTH SPORTS

Running on Empty

Expert advice on avoiding overtraining youth in sports and how to stop pressure parenting.

WRITTEN BY CATHY CARROLL

It's summer, when epic bike rides and trail runs beckon. For young athletes it also means fall team sports are just around the corner. For some parents it means a push to position their child as a future varsity athlete, a scholarship winner or even a pro. The notion of the child athlete as a prodigy is not just a Bend phenomenon. There's growing evidence that many parents are pushing their kids sooner and harder when it comes to sports. But one local parent, who's also an internationally recognized expert in biomechanics, is urging parents to remember that kids aren't professional athletes, and we shouldn't train them that way.

Jay Dicharry is the author of *Anatomy for Runners* and consults for the U.S. Air Force, USA Track and Field and footwear companies, leveraging his research on the causes of overuse injuries. He has a 10-year-old daughter, a 6-year-old son and is director of the REP Lab in Bend.

"Just because you're playing soccer at age 10 doesn't mean you're going to get a college scholarship. Maybe you'll wind up playing baseball or tennis," he said. "We should be focused on building lifelong athletes, rather than district wins."

To do this, Dicharry emphasized a seemingly old-school notion,

particularly for girls age 8 to 10 and boys age 9 to 11—the value of simply going out to play.

"The aim is diversity," he said. "Have them do a wide variety of things. It doesn't need to be coached, it can be pickup soccer in the neighborhood. You don't need a world-class caliber coach to play basketball."

The aim is to be consistently athletic. Research has shown that childhood obesity is not related to genetics or income. "It's one thing—the distance from your house to a playground. Kids need an outlet to expend energy. [After age 2,] they need one hour daily, not a \$400-a-month program. Just be active."

When girls are age 15 to 18 and boys age 17 to 19, that's the time to instill a training ethic and commitment. High school students should be able to experience playing three or four different sports and specialize in one when they're age 19 or 20, when they're ready to handle serious training, Dicharry said, but that doesn't mesh with societal structures around sports and scholarships.

"Success is having your own knees at age 60 and still loving sports," said Dicharry. ■

PHOTO JILL ROSELL

The Play: Making Kid-Centered Sports Goals

①

Build an appreciation for sport. Some kids identify with pressure, some with social aspects and some with skill challenge. Find out what's appealing and take that focus.

②

Refocus how you talk to your kids about sports. Keep the focus on what's important to them, and give them positive feedback for it.

③

Kids aren't watching from sidelines, they are watching through their eyes. Ask what was the most fun thing about the game. "Where do you think you stood out?" Find out where they are.

④

Foster a love for athleticism, whatever form it may take, so kids are intrinsically motivated, not extrinsically motivated. When parents try to force it, there's always pushback.

... it's just a miracle



Born at 26 weeks, baby Neil Harrison's chances of survival were slim.

Pediatricians at St. Charles Bend told Neil's mom, Deborah, they had never saved a baby his size. But they were committed to doing their best. It was 1982.

Now 36, Neil's survival is a tribute to the trailblazing medical providers throughout St. Charles' 100-year history.

"To this day, it's just a miracle," Deborah said.

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CLIMBING

Summit Dreams

In 2015, Anna Soens, a 29-year-old wildlife biologist from Idaho, had been planning to climb Mount Hood with her dad when she free-fell thirty feet while climbing indoors and was left partially paralyzed from the waist down. This May, she and her dad set out fulfill their goal and summit the peak together.

WRITTEN BY ANNA SOENS PHOTOS BY LAUREN DANILEK



There had been no guarantees when we set off for the summit of Mount Hood, which towers above the rest of Oregon at 11,250 feet. As my dad and I kicked exhausted steps into the ice just below the top, the rest of our team cheered from above. Glimpsing the true summit as we emerged from the narrow chute called the Pearly Gates was the first moment I was sure that we were going to make it. Two years earlier, doctors told me that I'd never walk again, let alone climb a mountain.

A week before Christmas in 2015, I accidentally failed to clip in while rock climbing solo at a gym in Portland and free-fell more than thirty feet to the ground. The impact pulverized my lowest thoracic vertebrae and left me with paralysis from the waist down.

A few days after my fall, I slowly thumbed through a copy of Bill Mulee's

Mt. Hood Climber's Guide. I jacketed the book in a festive sleeve and scribbled "Dad" across its surface. For a brief moment I allowed my daydreams to indulge visions of climbing Hood, something my dad and I had been planning to do together the following spring. When I opened my eyes, a stark hospital room brought me back to a suffocating reality. My world was much different now.

Amid surgeries to repair my back and a shattered wrist, Christmas Day arrived and my family squeezed into my hospital room in an effort to carry on our holiday traditions. Our stack of presents dwindled until just one remained. As I handed it to my dad, I tried to explain that I had bought the book a long time ago. That even though I fell, and even if it took an extra year or two, we would still reach the iconic peak together. That even though they could only really twitch right now, my legs would



ALPINE ASCENT

ABOVE A handful of the thirteen people that summited Hood with Soens and her dad, carrying gear and assisting with the climb.

RIGHT Soens's climbing team sets up basecamp on Mount Hood at 9,600 feet.



faithfully carry me down trails and up mountainsides again. But of all those things that I tried to say, the only thing I managed to utter was a tear-filled, "I'm sorry."

I spent a year after my accident relearning how to do everything from putting on shoes to driving a car. I questioned my identity, which was linked to remote landscapes that I could no longer reach. I wondered about my future, given a past that was built on perpetual movement. I learned how to approach and accomplish old tasks differently and slowly built strength in muscles that were neurologically impaired and atrophied from the two months lying in hospitals. Restoring my independence, confidence and hunger for big things, which I rely on to chase lofty dreams like climbing Hood, required outsider perspective and experience.

Through friends, I found Oregon Adaptive Sports (OAS), a nonprofit based in Bend. They got me on an adaptive mountain bike for the first time, returned me to Smith Rock to climb and took me from the bunny hills to my first black diamond runs in a monoski (a molded seat mounted to a single ski that allows me to ski while seated). My closest friends can now be found within OAS's community of adventure chasers, and through them, I've reclaimed the identity that was radically shaken when I fell.

While I spend the majority of my time in a wheelchair for practicality and efficiency, I can walk short distances with leg braces, crutches and a gait that resembles Frankenstein's monster. But my knees that once hauled packs of ropes and climbing gear up gnarly talus fields can no longer bend against gravity. My leg braces disguise the fact that my calves and ankles are silent, ready for messages from my brain that my spinal cord can no longer relay. Still, climbing Mount Hood remained a dream that never quite died.

Our marathon effort to reach Oregon's tallest peak began a full year ago—organizing, training, fundraising and developing specialized gear for an ascent with little precedent. It's been two and a half years since my vow to climb Hood was renewed from a hospital bed, more in desperate longing than as a sincere promise. But that vow persisted through broken bones, damaged nerves and an uncertain future, and this spring that promise finally made it to the slopes of Mount Hood where it belongs.

In late May, with thirteen enthusiastic friends recruited to haul my monoski and other gear, we set off from Timberline Lodge to attempt Hood's popular South Side Route. Alternating between using specially-designed crutches and crawling on hands and feet, my progress was slow

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AN UNRIVALED PERCH

LEFT Soens and her dad at the summit of Mount Hood in late May.

BELOW Soens worked with instructors from Oregon Adaptive Sports in Bend to train for the climb.



“We had already accomplished what we both had doubted was possible. We were on Hood together despite everything.”

but steady. Nearing our basecamp at 9,600 feet, my 70-year-old father confessed surprise at how thin he found the air and how much effort he was exerting. As the sun set above the clouds and winds steadily gained strength, we pitched our village of tents, shared a pot of curry and hunkered in our nylon shelters for the night.

Summit day dawned. We rolled out of our tents and continued upward with thawing excitement in unyielding wind. Affected by the altitude and a heavy pack, my dad’s pace slowed and his breaks became more frequent and desperate. When we got to the crevasse just below 11,000 feet, he sat on a mound of snow and tearfully whispered in my ear that he wasn’t going to make it. He had worked out hours a day, six days a week for a year leading up to the climb. He had done everything he could. But he had been climbing at his max for hours and the steepest section was still ahead.

I hugged him tight and told him that it didn’t matter. We had already accomplished what we both had doubted was possible. We were on Hood together despite everything.

He was silent for a moment, then his breathing abruptly calmed. He stood up and said he was going to keep climbing. I questioned him, but a stubbornness in him, that I recognize within myself, steeled him. We continued on, me haplessly bear-crawling and him with an exhausted but determined shuffle.

We could hear the cheers of our team as we emerged from the infamous Pearly Gates and trudged our way up the final slope to the summit. We made it. On May 29, my dad and I, surrounded by friends, stood on the top of Hood together, overlooking the far corners of Oregon from an unrivaled perch. From our high vista, mountain peaks beckoned across the horizon. ■

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FISH ON

The North Umpqua River attracts anglers with a thirty-mile stretch that is only open to fly fishing.

DESTINATION

River Song

Rugged and remote, North Umpqua Valley offers endless opportunities for exploration.

WRITTEN BY ERIC FLOWERS

The story of the North Umpqua Valley begins and ends with a river. In between are chapters filled with stories of rugged exploration and boundless recreation, bookended by tumbling waterfalls, percolating hot springs and singletrack trails that cling to mountainsides and carve through hidden valleys. Then there is the river itself that bubbles from deep beneath the jagged floor of the Mount Thielsen Wilderness high atop Southern Oregon's Cascade Range. It emerges clear and cold, plunging headlong toward the ocean through an ancient forest that still harbors a few secrets. On its way, it will gather countless small streams, tributaries that stretch like liquid capillaries into the vast forest of old growth Douglas fir and cedar trees.

For millennia the rivers and forests have sustained a reclusive and

resourceful population. Native Americans made this valley their home long before the first explorers came to North America. They hunted deer and elk in the surrounding forests, gathered migrating salmon and steelhead from the clear blue pools of the North Umpqua in the shadow of Mount Mazama, long before it erupted to form Crater Lake. The first European settlers would arrive later, drawn by the same bounty and sheltered beauty of a place so remote that the first paved road wouldn't be laid down until the mid-1960s. Even today, cell phones are largely useless in the North Umpqua Valley. The remote nature of this place is one of its charms. In a hyperconnected world, unplugging on a visit to the North Umpqua isn't just a recommendation—it's a prerequisite.



On the Water

OF ALL THE WAYS to experience and explore the North Umpqua River, whitewater rafting and kayaking has to be the most thrilling—in a white knuckle, screams-of-joy kind of way. While the North Umpqua doesn't offer the remote, overnight extended adventures that have made its sister river, the nearby Rogue, an international rafting attraction, the jaw-dropping scenery, plunging chutes and sheer volume of whitewater make a day on the North Umpqua a must-do for any adventure-minded tourist looking for the full experience. While there are local shuttles available for kayakers and DIY rafters, the river is not a place for novices. Numerous Class III and IV rapids as well as logs and boulders make it a run best left to experts and experienced paddlers. For the rest of us, there are multiple whitewater guide services that operate out of nearby Roseburg as well as Bend, including Sun Country Tours, which shuttles guests from Bend to the Umpqua and back in the span of a day.

Hook, Line, Sinker

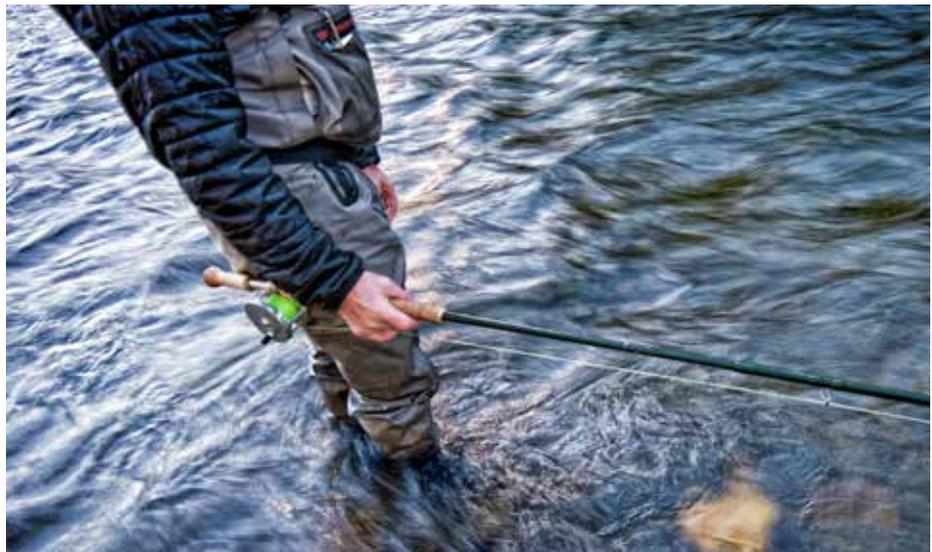
THE NORTH UMPQUA is in many ways ground zero for Northwest steelhead fly fishing, a sport that has been elevated to a kind of aesthetic art in places like the Steamboat Inn, where an entire room is dedicated to the sport's literature and lore. The thread picks up early in the 19th century when pulp novelist and fishing fanatic Zane Grey set up his fishing camp opposite of what is now the Steamboat Inn, above a long gravel bar below Steamboat Creek. It was here that Grey, a prolific author, spent several summers chasing the fabled summer steelhead during the dawn hours and writing his serial Western novels on the banks of the river in the afternoon. Today, thousands of anglers make an annual pilgrimage in hopes of intercepting one of these seemingly sacred fish on their spawning journey. It's no small feat. Steelhead are known as the fish of a thousand casts. And



ROD AND WHEEL

LEFT Mountain bikers flock to the seventy-eight mile North Umpqua Trail.

BELOW The North Umpqua is ground zero for steelhead fly fishing.



that's if you know what you're doing. Assuming you don't, there are several guides that work the thirty-mile, fly fishing-only section of the river around the Steamboat. The Inn offers a nice selection of hand-tied flies and can help arrange guided trips.

Trail Tales

THE NORTH UMPQUA TRAIL is the most recent addition to the region's list of draws for recreation seekers, having been completed in 1997. It consists of a dozen segments stretching from Maidu Lake, the source of the North Umpqua river, to Swiftwater Recreation Park and Deadline Falls near

the small town of Glide, where hikers and bikers can pause to watch salmon and steelhead navigate the churning falls in feats of aerial acrobatics. All told, the trail stretches roughly seventy-eight miles, climbing and diving through the valley's many side canyons and forested arteries. On its way, the trail drops some 4,500 feet, making it a largely one-way trail for bikers not blessed with legs of Lance Armstrong. Thankfully, several businesses offer shuttles as well as guided trips for those who believe that trail sections with names like Dread and Terror are best navigated with some expert assistance. Oregon Mountain Guides, based in nearby Idleyld Park, offers guided tours as well as shuttles and support.

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ICONIC STOPS

LEFT The historic Steamboat Inn is known for being a gathering place for North Umpqua's anglers.

BELOW A half-mile trail takes you to a viewpoint overlooking Toketee Falls.

Riverside History

WHILE MOST RAFTERS and anglers opt for one of the many campgrounds that dot the banks of the North Umpqua, those looking for something more refined have a few options. First and foremost is the historic Steamboat Inn. The inn has been the center of civic and commercial life in the upper valley for more than half a century. The low-slung lodge and surrounding cabins sit on a picturesque bluff that noses into a sharp bend in the river, overlooking a series of braided falls just below the confluence of Steamboat Creek, the major tributary to the North Umpqua and a once bustling gold mining claim. Rooms range from suites with kitchenettes and private decks overlooking the river to small cottages adjacent to the Inn, as well as several more cabins across the river where Zane Grey's fish camp once resided.

New owners Melinda and Travis Woodward have maintained the Steamboat's reputation for great food, which is served up in a historic dining room under pictures of North Umpqua legends like Jack Hemingway and the late Dan Callaghan, who chronicled the river's many moods in countless photos. In the middle of the room, below a display of fly rods suspended from the timber rafters, a single solid fir table stretches nearly the length of the room; historically, the table served as the communal gathering place for the evening meal. The table remains, but Melinda and Travis have done away with the "Fisherman's Dinner" single-seating concept in favor of a more conventional approach that allows diners to come and go at their convenience, which Melinda said works better for families and fisherman, most of whom are on the water in the evening until dark. They have also extended the off-season chef dinner series that pairs Oregon wineries with prominent chefs from around the state for an evening of riverside dining with emphasis on Oregon ingredients. **B**



OTHER ATTRACTIONS

Black diamond mountain bike trails and whitewater rafting aren't necessarily suited for the whole family. But that's not all that the North Umpqua has to offer. Those interested in a more low-impact day can take a **self-guided waterfall tour** that features half a dozen falls, ranging from the dramatic (Watson Falls plunges more than 270-feet) to the sublime. For those feeling a little more adventurous, **Umpqua Hot Springs** near Toketee Ranger Station is a popular destination. **Big Bend Pool** on Steamboat Creek is another great option for families. Here you can find a window into the world of the elusive summer steelhead that stack in a deep blue pool waiting for nature's cue to move farther upstream. Hundreds of steelhead can be seen here idling in the clear pool. While there is plenty to keep you busy for days, if not weeks, within the valley, the area is also a popular jumping off spot for **Crater Lake National Park**. Nearby **Diamond Lake Resort** also offers a nice diversion for families who want a more traditional day at the beach, complete with pedal boats and ice cream cones.

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BEND'S ORIGINAL UTILITY GUY

ABOVE Vince Genna's work positioned Bend as a city with a premier parks program.

RIGHT A major league prospect prior to the war, Genna never lost his love of baseball.



VINCE GENNA

A Diamond in the Rough

How baseball and a bold Italian launched Bend's nationally acclaimed parks district.

WRITTEN BY CATHY CARROLL

On a summer evening at Vince Genna Stadium, the high desert sun pounding behind third base, the steam of hot dogs wafting, the crack of a bat punctuating the balmy night, one might ponder the venue's namesake and conclude that his influence began and ended at home plate. It's true that baseball brought the headstrong Italian to Bend, back when it was a mill town in the shadow of Bachelor Butte. But Genna contributed much more than the baseball diamond that carries his name. His work over decades shaped Bend's nationally recognized parks and trails system, setting the stage for a recreation revolution that has elevated this city to one of the West's best places to live and play.

From neighborhood parks to ballfields and urban trails, you don't have to look far to see Genna's lasting impression. It began in 1954, when Genna was gaining notoriety for coaching Little League and amateur baseball teams to state and regional championships in Salem. Local lumber baron Leonard Lundgren wanted that for Bend, so he convinced Genna to move here with his wife and two sons and paid to fund an assistant recreation manager position for the city.

Genna, a Washington state native and master sergeant who'd been awarded the Bronze Star Medal for his service in the U.S. Army

Air Force during World War II, charged into the role, on a mission to leverage every volunteer and civic resource within reach. He was promoted to recreation director, did volunteer improvement projects around the city with the Junior Chamber of Commerce and coached Bend's American Legion junior baseball team to the state title in 1958. Six years later, the city combined its Park and Recreation departments with Genna as its director. Like a talent scout working the minor leagues, Genna had an eye on every piece of prime city and county land that he could wrangle for a city park, especially ones suited for ball fields.

"He was the ultimate scrounger," said Bruce Ronning, the district's former director of planning and development. "He would twist arms, beg, borrow and steal to get his projects done."

For instance, one day in 1972, Genna was waiting in city hall for a meeting with the new city manager, Art Johnson. He was looking at a color-coded zoning map, and he got a green felt marker and drew where he thought the parks should be, essentially rezoning the city with a parks first mandate. Based on his creative edits, he got a local contractor and even the Deschutes County Public Works department to start building Ponderosa Park, said Paul Stell, who worked with Genna for thirty-one years, before retiring in 2012.



“The city, they figured it out,” he said. “It was almost complete when Art called Vince into his office and said, ‘Alright, you pulled a fast one here,’ and Vince pulled out a letter of resignation and said, ‘I’ll be gone if you want me gone,’ and Art said, ‘No way.’”

That year, the 3,500-seat baseball stadium, called Municipal Ball Park, was renamed for Genna.

He’d once told Stell what made him get up in the morning. “His favorite thing was to see a kid on his bike with a mitt on and holding a baseball bat, riding to go

A LASTING LEGACY

ABOVE The Stadium bearing Genna’s name on a perfect summer evening.

LEFT Genna’s stint in the Army Air Force interrupted a promising baseball career.

play with his buddies,” said Stell. “That’s what drove him—providing opportunities for young people was what it was all about for him.”

Jim Crowell of Bend was a centerfielder on Genna’s American Legion amateur baseball team in Bend in 1954 while attending Bend High School. He recalled that

Genna’s dream had been to play shortstop for a major league baseball team, but in 1942 his contract to play for the New York Yankees arrived along with his draft notice. During the war, Genna injured his shoulder, dashing his chances of hitting the big league.

“Vince was a dang good player ... that’s what happened to young guys then—their dreams were interrupted,” Crowell said. That didn’t disrupt his passion for the game. “He didn’t make players love

baseball, they loved it because of Vince. He treated us so well, and inspired us, if you will, with his incredible love for this game. He conveyed that to everyone on the team. We would’ve run through concrete walls if he’d asked us to.”

Wayne Smith worked with Genna for thirty-one years, retiring as district director of recreation in 2011. “You had to earn his respect and trust,” said Smith. He recalled having had the distinction of being fired by Genna—twice. The first time, over an issue with the pool, and the second time “for getting in his face” about accusing a district employee unjustly, he said. Smith went to work the next morning, and Genna acted as if nothing had happened.

“He had a big heart for kids and would do anything for them,” said Smith. “He was ruthless, domineering, aggressive and intimidated others, all in the interest of building the district. Vince made the district a powerhouse by hiring good people to take it to the level it is today.”

Genna oversaw the parks department for more than thirty years and died at age 86 in 2007. Today, the Bend Park & Recreation District has more than 2,700 acres of land, including eighty-one parks and seventy miles of trails. ■



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HAPPY.

TOUR GUIDE

MAN OF MOTION

ART ADVOCATE

GREASE ON THE SKID

HAPPY NAVIGATOR

JOHN FLANNERY

BOX FACTORY / MAY 2018

BEND
SINCE 1998

John Flannery is in the business of helping people navigate Bend and has been for almost twenty years. Even if you don't know Flannery, you've probably seen him over the years, shuttling customers in his pedal cab or zipping around in his Green Energy charter bus, entertaining clients with a stream-of-consciousness monologue over his PA system. Flannery traded the pedal cab and bus for Bend Tour Company, an adventure and cultural tourism business. His latest venture emphasizes what Flannery has been great at: sharing his love of all things Bend with a captive audience. Flannery launched the original roundabout art tour in his Green Energy shuttle days and remains a vocal proponent of Bend's arts scene, advocating for people to "create with gumption."

GETTING *to* KNOW John Flannery

INTERVIEW AND ARTWORK BY TEAFLY

On Finding Himself

Bend basically came from wanting a town I knew I could commit to. I wanted a town that had some amenities, but I also wanted a town I could grow with. At that time, 1998, it was a community where you didn't have to cross five highways to go outside, a community where I could find something to do besides being a bartender. I wanted to no longer be the guy getting people schnoekered. That was when I started my bus (The Green Energy Transportation and Tour) taking people home once they did get schnoekered!

On Change and Growth

I think people don't understand that like any town, you can be part of the community beyond just living here. There is opportunity still for people to do what they want to do in the way they want to do it, but they need to create with gumption. If you are going to be here, please be a part of it. Bend has grown out of what it was and there is no going back, sadly. But we wouldn't be the community we are without this development. The development has brought us great things like the High Desert Museum or the BendFilm Festival. The side I appreciate now, is the art community. Being on the Bend Cultural Commission, seeing people have a passion to support cultural aspects of this community rather than just the mountain bike trails or hiking trails, is really cool.

On Supporting Art

Art has passion behind it, history behind it. And for our community, there is a huge value there. I try to show on the tour that this is not just a town that went from resource extraction to recreation

extraction, but rather there is so much more here. Whether it is professional artists or amateur artists, there is so much art everywhere, you pass it every day and even if you are not conscious of passing it, you feel it. It's important and valuable to making our community happy. As we grow, I just hope people continue to support it.

On Finding Balance

Everybody values different things. Over the years, I have had to change how I am involved with the community. I have a kid now and I felt selfish, at first, not being so involved with things in town, but then I realized if I didn't put my energy into my kid, he is going to grow up and be an asshole! So that is where a lot of my focus goes these days. One day my son asked me, "Why do we involve ourselves in things that have nothing to do with us?" and I explained, "Flannerys have always been a little grease on the skid, helping the world move along." It's not always altruistic—it does benefit us for things to go smoothly. It's just a matter of keeping the world happier.

On Giving Direction

I get flack from someone I work with that I talk on the phone too much. Go figure, I'm a chatty Charlie! But, it has two purposes. One is to answer questions and the second is to cut off further questions, so they don't need to call back. And wanting to make people feel welcome. A lot of my day is seeing people who look lost and engaging them and helping them get directions. There is nothing my kid hates more than when we see someone who looks lost. Because I'm like, "Hey, here's our chance. Let's see what they need!" And he is like, "Can't we just go to the playground?" But, even if someone walks in our door and they aren't looking for us, I just want them to land somewhere happy. ■



MENTORSHIP MODEL

Sarah Harmon (left) is a paid mentor with Friends of the Children and spends about four hours a week with youth, including Angelina (right), in the long-term mentorship program.

FRIENDS OF THE CHILDREN

A Friend in Need

Mentorship program takes an individual approach to ending poverty.

WRITTEN BY **ERIC FLOWERS**

It's been more than half a century since the sociologist and anthropologist Oscar Lewis first put forward a theory of cyclical poverty, a notion that the causes and symptoms of economic and social struggle could and would be passed down from parents to children, no different than blue or eyes or brown hair.

Even in the mid-1960s it was a radical notion in a country that had been spoon-fed stories of rugged individualism and bootstrap billionaires. Poverty as some sort of intractable trait that can trump intelligence and self-motivation runs counter to the very bedrock of the American ideal that all are created equal and that ours is a land of opportunity for all. Today, we have more evidence than ever that poverty is the cause and the symptom of circumstances that are often beyond an individual's control. So how do we disrupt such a seemingly intractable force? It's a question that has dogged policy makers for the better part of a century and one that weighed on the mind of Duncan Campbell, an Oregon

businessman and philanthropist, who counted himself among the lucky few who managed to escape a life of poverty and neglect.

Campbell, who chronicled his own journey in his book *The Art of Being There*, graduated from college at the University of Oregon, earned a law degree and went on to amass a fortune managing timberlands around the Northwest. Two decades ago Campbell applied his business mind and his financial resources to an effort that took a different approach to the problem. Campbell decided to take a micro approach to a macro problem. Rather than focus on numbers and statistics, Campbell decided to focus on actual people.

The organization born from that idea, Friends of the Children, is now celebrating two decades of work and has grown from a single Portland chapter to fifteen states. In October, Campbell, a part-time resident of Sisters, helped to launch the first Central Oregon chapter, with four staff members and three "friends," paid adult mentors who spend about four hours a week with at-risk kids who have been identified by

parents, social workers and Friends staff who spend weeks monitoring and observing students at school. Parents are involved from the outset and those who participate are asked to sign up for a long-term commitment that introduces a mentor employed by Friends of the Children into the children's lives. Those who enroll sign up for a twelve-year engagement that includes roughly four hours of contact each week between the mentor and student.

In Bend, roughly two dozen students are now participating in the program. The students' backgrounds are varied; some are in the foster care system, some are in single-parent households struggling to make ends meet. This year, all of the participants attend either Ensworth Elementary or Bear Creek Elementary in Bend or the Redmond Early Learning Center. The idea is that children thrive when given the proper role models and a reliable support network. Mentors like Sarah Harmon sign up for a minimum three-year commitment and spend time in the classroom with their student "friends." They also spend a couple of hours each week on weekend outings and one-on-one with the students at the Friends clubhouse where kids are offered snacks, a place to play games or just relax. Harmon who has worked in the outdoor leadership and child development field for more than a decade, including with Outward Bound, said she was drawn to a model that put so much emphasis on changing kids lives for the better.

"There are so many people who want to be there for all of these kids. Knowing that we are here too [for the kids] is comforting to a lot of people," said Harmon. **B**



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SCHOOL SAFETY

Making Change Happen

Lauren Hough, 17, is one of the nation's youth leading the charge against gun violence in schools.

INTERVIEW BY BRONTE DOD

Lauren Hough was traveling around Bend with her classmates doing a singing Valentine program when the news came out about the mass shooting at Stoneman Douglas High School in Parkland, Florida. Though she wouldn't describe herself as an activist, she had been involved in multiple social activism movements during her time as a student at Bend Senior High School. After the shooting, Hough, a senior, teamed up with students at her school and other student leaders in the region to organize the school walkouts protesting gun violence and the March For Our Lives. Hough talked to Bend Magazine about being a student in the age of mass shootings and what local students are asking of Bend's and Central Oregon's leaders.

When I was in school, we didn't have those notifications on our phones, and we often didn't hear about the news until we got home. What it's like to get this news while you're in school, and unfortunately, in a time when these events are all too common?

I've grown up in a generation that's inundated with constant messaging, and it can be a big struggle to turn that off. The Parkland shooting in particular didn't fully hit me until I was driving to school the next morning, and there was an NPR segment about it that had one of the parents of one of the victims speaking. I don't know if it was just NPR magic, but something about that hit me, and I just broke down. I thought, "This is not okay at all. This is heartbreaking."

What goes into planning a walkout, and how did you make it happen?

We were able to collaborate with some fellow activists at Summit High School and World Muse, to gather ideas and support leading up



Heather Barclay and Lauren Hough (right)

to the walkout. What we ultimately manifested was a seventeen minute long performance including seventeen readings of Parkland victims' bios, and two speeches written by two amazing BSH senior girls. It was way bigger than we expected and many speculated that around half of Bend High walked out. It was raining the day of the walkout, so we met in Bend High's common area. We had a small stage set up with microphones, and we filled the room. It was really impactful because it was my peers. The respect that everyone gave at that moment surpassed anything I could have thought of. Also, the support we had from our administration was really surprising to me. They allowed us to pass out orange pins for our teachers to wear in solidarity, and the school had stickers available for all of them.

Are you looking for any specific changes in Bend-La Pine Schools?

I think that there are some safety measures that Bend-La Pine Schools needs to take. One that seems fairly simple to me is that the doors should lock from the inside. Most of the doors don't currently. Where I draw my line on school safety is that I don't want schools to feel like prisons. I don't really believe in having all of the doors locked with one access point. Additionally, something I think we really need, and Oregon fails as a state in this, is mental health. It's related to school shootings, but more about school environments in general.

What do you want people to know about the work high school students are doing for this movement?

Not to underestimate the power of a high schooler's voice, or anyone's voice for that matter. I'd like to share how thankful I am for the community support in all this. Bend surpassed the support that other teenagers received. I feel like my opinions are always really valued, and that's something that people my age don't generally get. A lot of really strong women in particular have been supportive in every way.

How do you keep people and students engaged in this activism while it's not prevalent in the news cycle?

I think that's a conversation that the people who are leading this movement continue to question and discuss. One thing I think will always be making a difference is voting. It can be as simple as you show up and vote for people who are going to be there actively trying to change things. Getting younger people registered to vote and out to vote is going to be huge. One of the beauties of this movement is that it got younger students inspired and involved in the change-making processes. ■

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DWELLINGS

The Sum of its Parts

Time, travel and experience combine to create a unique home overlooking the Deschutes.

WRITTEN BY **STEPHANIE BOYLE MAYS** PHOTOS BY **MIKE ALBRIGHT**



When then-Portland couple Randy and Lynn started eyeing a second home to eventually retire to more than a decade ago, they fell in love with a view. The house, on the other hand, needed more than a little work. A rickety A-frame perched on a picturesque canyon, the home survived twelve more years as their part-time residence in Central Oregon while they maintained lives and careers in Portland. But when the windows started leaking water, the couple knew it was time to start over from the ground up.

“It was like a three-story waterfall,” said Lynn, recalling a particularly strong rainstorm that prompted nearly all the windows to fail. Windows weren’t the only problem. The quirky A-frame design was not conducive to their lifestyle or tastes.

“It was not a house for growing old in,” said Lynn. “But we bought it for the location,” added her husband Randy of the house and eighteen-acre site overlooking the Deschutes. (The couple asked that their surname not be used to preserve their privacy.)

Working with Bend-based architect Scott Gilbride and general contractor Bryan Jolly, the couple first had the A-frame demolished and then quickly started construction under an unusually tight schedule designed to minimize noise pollution that could disturb some resident golden eagles, a federally protected bird whose breeding patterns are easily disrupted.

“We had to have the building up and the envelope enclosed in about four months before the nesting season began,” explained Jolly.



SOUTH-BY-PACIFIC NORTHWEST

Southwest-style inspiration meets the Pacific Northwest in this flat-roofed home with a color palette designed to mimic its surroundings.





Lynn who, as a military brat, was raised in Albuquerque and Libya, had originally wanted a Southwest-style home complete with portal (porch cover), vigas (exterior beams) and kiva (a small, rounded fireplace). “I’d been designing this house in my head since I was 15 years old,” she said, “but thankfully Scott talked me out of that. It just would not have worked here.”

Instead Gilbride reinterpreted the Southwest style into a Pacific Northwest modern design with a flat-roofed, horizontal stucco structure that, like its Southwest counterparts, is designed in the same hues and materials as the surrounding area and has a layout intended to interact with the outdoors. “It needed to land softly on the site,” said Gilbride. “That site is ridiculously gorgeous.”

The neutral stucco and stone not only help the home blend into its site but also let the location remain the star. “The house was built to support the view,” explained Randy.

The neutral palette and materials continue inside the 2,600-square-foot, two-bedroom, two-bath home using natural colors as well as stone and wood. (Beams in the living room ceiling were repurposed from the old A-frame.) Inside, the couple had specified they wanted an open and informal ambiance that would be easy to live in and easy to care for. Large windows let in the view; tile floors are a practical nod to Lynn’s Southwest influences. The only flight of stairs leads to Randy’s home office, and the expansive kitchen is open to the dining and living area.

The neutral palette also provides a perfect foil to the couple’s world-wide range of inherited or discovered possessions that include



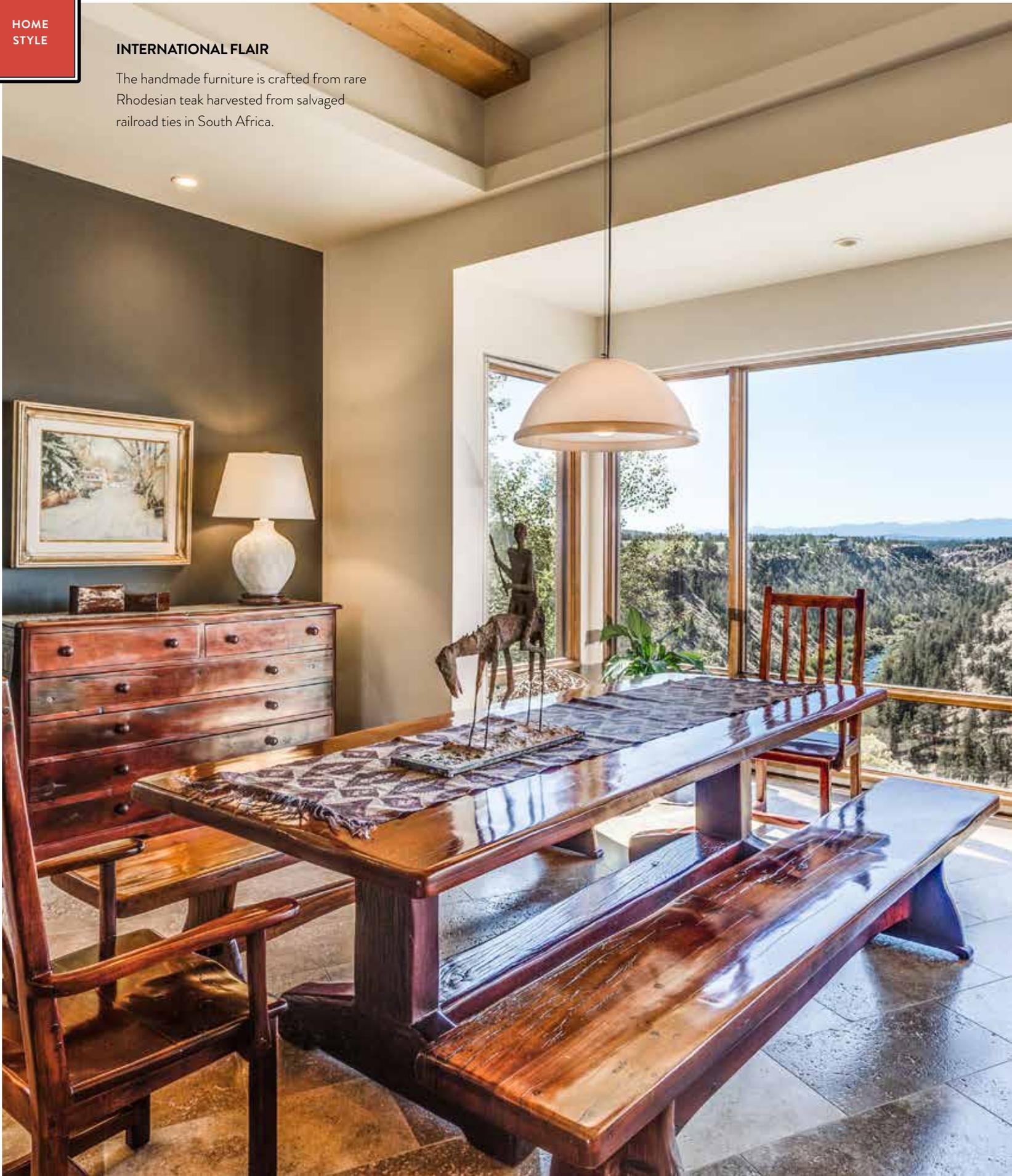
FUNCTIONAL LUXURY

TOP The couple intentionally designed open and informal living spaces that would be easy to live in and easy to care for.

BOTTOM Natural colors as well as wood cabinets and stone floors add to the Southwest-inspired Pacific Northwest design.

INTERNATIONAL FLAIR

The handmade furniture is crafted from rare Rhodesian teak harvested from salvaged railroad ties in South Africa.



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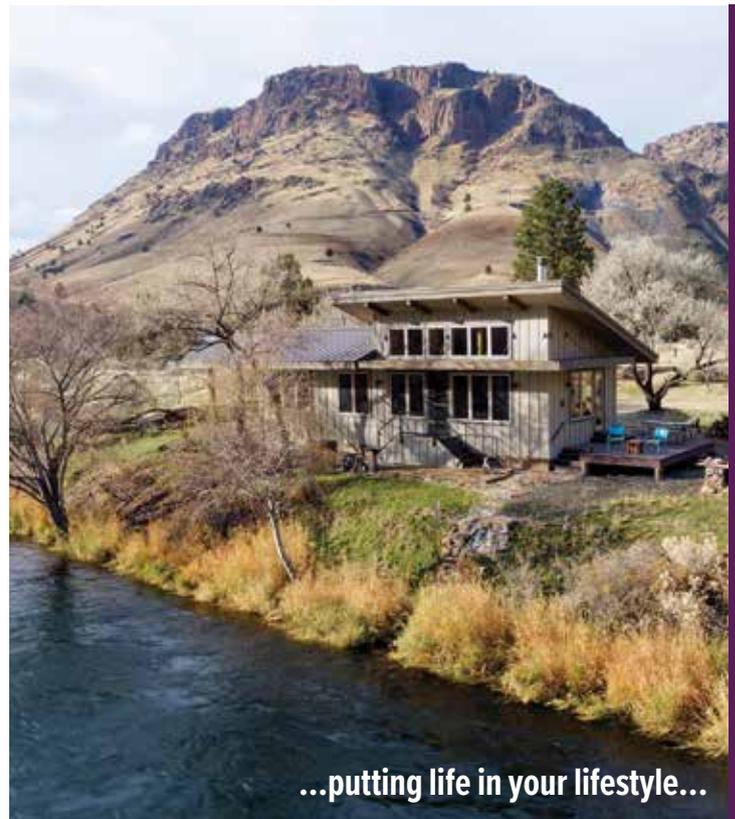


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KEEPING CHARACTER

The natural wood beams were repurposed from the original A-frame cabin that was on the property.



a lighting fixture from Libya, artwork from Africa, Navajo rugs and Hopi kachina dolls from the American Southwest and furniture that Randy discovered while on a business trip in South Africa. The handmade furniture is crafted from rare Rhodesian teak harvested from salvaged railroad ties in South Africa. Randy and Lynn's collection includes a Rhodesian teak dining room table, bench and chairs as well as various other tables around the home.

The home and the couple's collections

were further threaded together by interior designer Scott Brown of J.S. Brown Interiors, who added such elements as a massive wood door from India that serves as a piece of oversize art on the back patio and objets d'art elsewhere that unify building materials and the owners' tastes.

Weaving together the site, their collections and their history, the couple created a home that blends seamlessly into an iconic desert landscape, creating a unique retreat designed to stand the test of time. **B**

Resources

Architect: Scott Gilbride | Scott Gilbride Architect Inc. | SCOTTGILBRIDE.COM | 541-388-3768

Appliances: Basco Builder's Appliance Supply Company | BASCOAPPLIANCES.COM | 503-226-9235

Contractor: Bryan Jolly | STONEKNIVES@GMAIL.COM | 541-419-6661

Design: Scott Brown | J. S. Brown Design | JSBROWNDISIGN.NET | 541-350-7122

Landscape: William Blair, Landmark Landscaping | landmarklandscaping.net | 541-420-1770



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ADIRONDACK SEATING

3. Wasco artisan Kevin Kaseberg repurposes wine and whiskey barrels into Adirondack chairs that are equal parts seat and conversation piece. Chairs with a touch of pink in the grain started as wine casks, while those with a tanner hue started as whiskey barrels. Both rockers (\$385) and stationary (\$350) Adirondack chairs are sold | Kevin Kaseberg | OLDWOODNBARRELS.COM

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LANDSCAPES

Terrestrial Transformation

A Broken Top homeowner goes in for a radical redesign, with a little help.

WRITTEN BY LEE LEWIS HUSK

For years yards were synonymous with lawns. That's changing as more people are extending their relaxation and entertainment space beyond the four walls of their home. So how do you transform a backyard from space to a place? That takes a little magic.

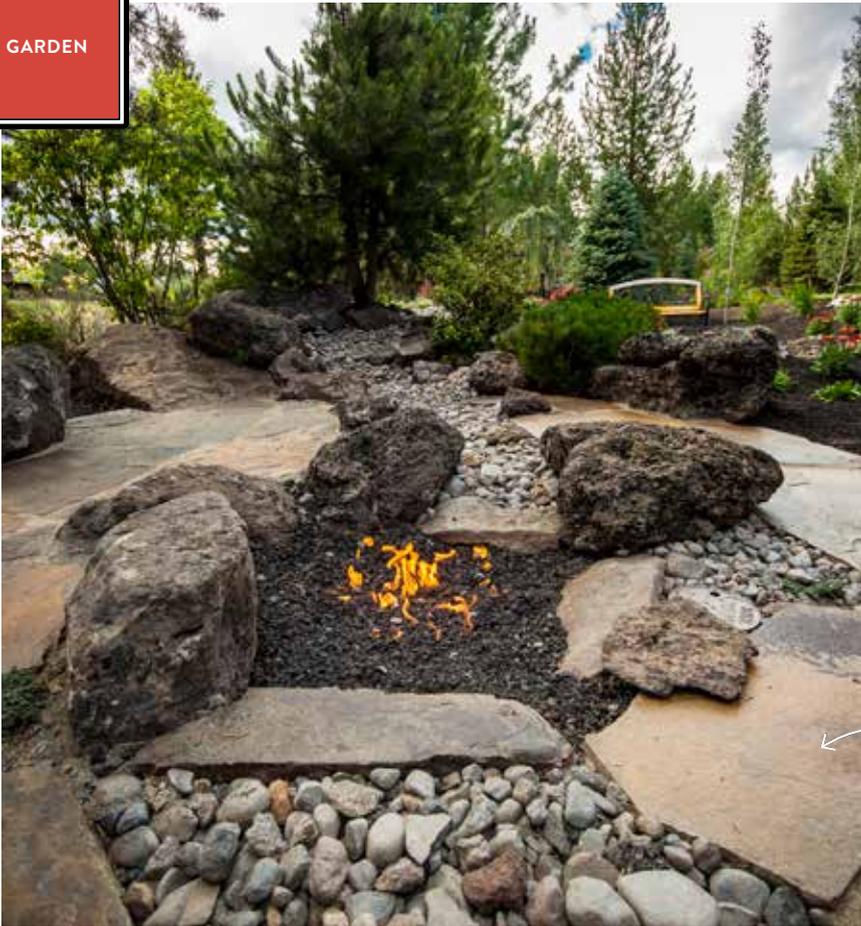
For homeowner Paul Nicholas, magic happened when he found landscape designer Suzanne Day Audette to work with him on transforming the backyard in ways that would complement the Broken Top home's architecture and divvy up space according to activities and visual preferences.

"When I bought the house, the outside didn't seem that welcoming," said Nicholas. The yard backs up to the golf course and originally had a lawn without much else of interest, except what he calls a



LEADING THE WAY

A path of wandering stones leads visitors around the side of the house to a woodland garden of serviceberry, vine maple and rhododendron.



OUTDOOR LIVING

LEFT A natural gas firepit is built into the ground.

TOP Low-water use plants add pops of color and dimension to the space.

BOTTOM The sitting area is covered, allowing for use in multiple seasons.

“bad water feature.” He felt that removal of the grass and water feature would be more thoughtful of water usage and compatible with the desertscape. He had no specific ideas when he hired Audette, other than to build the backyard around activities he and his family enjoy and also incorporate hardscapes for people with mobility challenges.

To find the right designer, Nicholas bypassed several landscaping firms that saw his project as not much more than a patio. Newport Ave. Landscaping, which would eventually do the work on the yard, put him in touch with Audette for her vision and concepts. “Suzanne and I bonded instantly over art, ideas and outcomes,” he said. “Having a designer with a masters degree in landscape architecture with a sensitivity about who and how the space would be used made all the difference.”

Both Audette and Nicholas agreed that a dominating theme would be to contrast the human-made environment with the chaos of nature. This meant that the outdoor space would start with a formal patio to reflect the formal interior of the home, and then become more chaotic in meandering paths, a

dry creek bed that replaced the water feature, and xeriscape (low water use) plants, shrubs and trees. “As you journey farther from the home, formalities start to disappear and disorderly nature takes over,” said Audette.

They also added a unique and difficult-to-accomplish fire feature set into the ground where it blends into the dry creek bed. “This is a pretty radical design for Broken Top,” Audette said of the many requirements they had to navigate to build it. Like other high-end developments in wildfire zones, Broken Top allows only gas-fueled fire features and asks homeowners to clear low-hanging limbs and use noncombustible rocks. In addition, Nicholas had to hook into the natural-gas line in his home rather than at the barbecue or propane tank. The cost of running a line from a home can range from hundreds to thousand dollars, according to Audette.

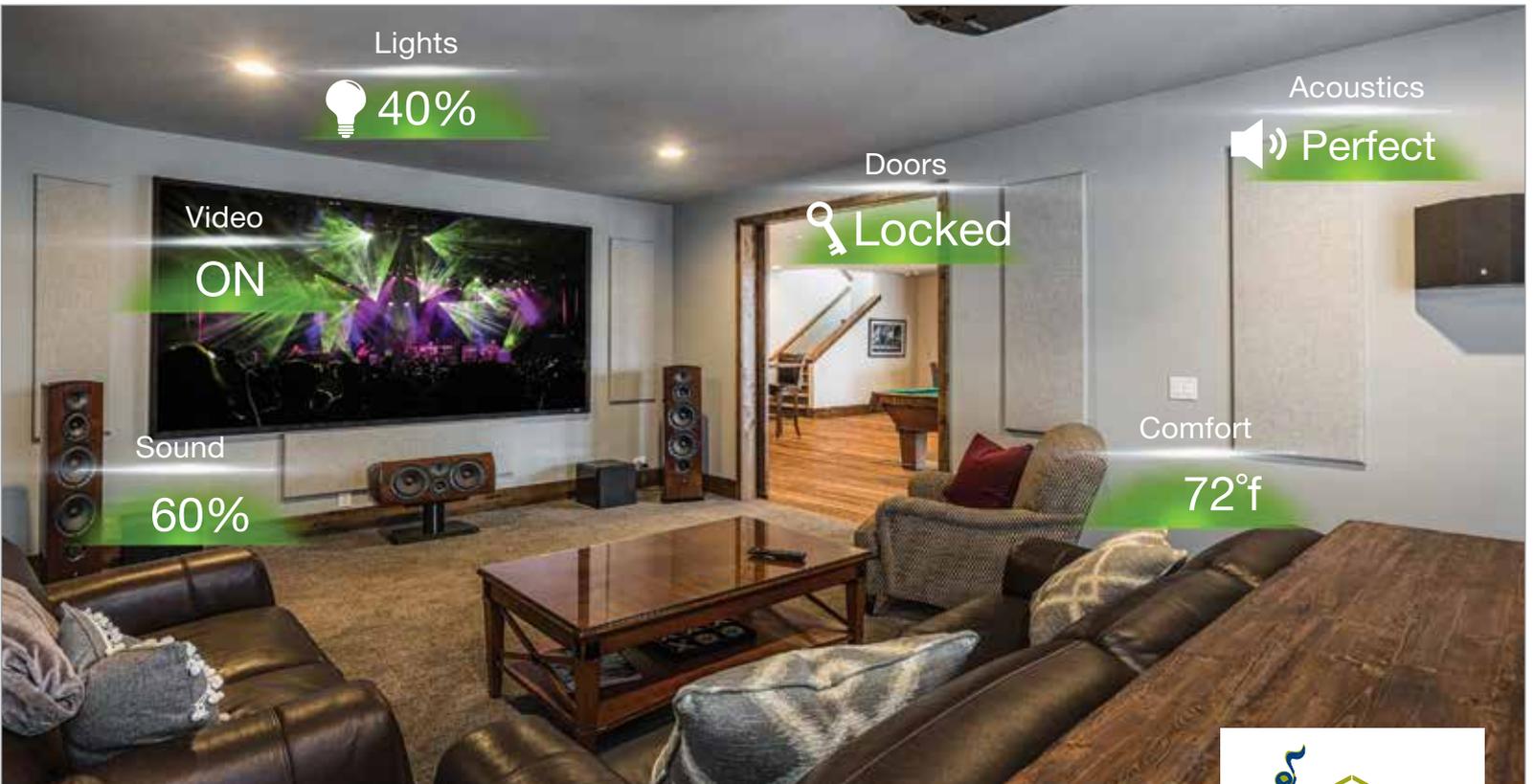
Nicholas believes the cost was worth it. When turned on at night—a feat accomplished by moving a couple of rocks aside to run the controls—the flames form a ring like a campfire. The gentle warming makes it great for a summer evening, he said.

Besides the firepit, the outdoor design

includes a covered and built-in barbecue, refrigerator, counter and bar stools. There’s a meditation bench at the edge of the property and a table for playing cards. When the weather is too hot or cold, the covered patio just outside sliding doors provides a comfortable shelter for sitting and enjoying the yard away from the weather.

Nicholas, who works in informational technology, likes to paint large, bold and colorful paintings. In the perennial beds, Audette said she took cues from “the explosion of color in Paul’s paintings,” incorporating things like Paprika yarrow, Russian sage, daylilies, Shenandoah switch grass and blanket flower. A path of wandering stones leads visitors around the side of the house to a woodland garden of serviceberry, vine maple and rhododendron.

For Nicholas, the transformation from an ordinary backyard to a place where magic happens is complete. On many summer nights, he can be found grilling and entertaining outside and getting comfy around his unique firepit. ■



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Erin Latham

JEWELRY

“I Must Have That Sparkly”

EML Sparklies reminds the women of Central Oregon that earrings always fit.

WRITTEN BY **KIM COOPER FINDLING** PHOTOS BY **ALEX JORDAN**

Erin Latham made her first piece of jewelry before she'd finished middle school. “I had a school dance to go to, and I didn't want to buy my jewelry,” she recalled. “So I made a simple necklace to go with my black dress. That's what started everything.”

Latham is the creative force and woman-power behind EML Sparklies, a Bend-based jewelry business that specializes in large-scale hoop earrings featuring natural gemstone beads. She makes necklaces and bracelets, too, incorporating mixed metals and beads from opals to labradorite to rose quartz.

Her creative journey may have begun in her hometown, Grants Pass, where she spent the first eighteen years of her life, but Latham didn't start seriously making and selling her work until about six years ago. “I started selling jewelry to pay for my beads,” she said. “I called it my self-sustaining hobby.”

In the early days, buyers were colleagues at St. Charles Medical

Center, where Latham works full-time as an x-ray technician. Word of mouth about her work spread, and people began tracking her down in the halls. “They'd ask, ‘Are you the earring girl?’” she said.

She soon leased a booth in a Bend collective shop, a step towards formalizing a business. Latham and her mother had a longstanding joke, inspired by a scene in the children's film *The Secret of NIMH*: while out shopping, one would declare: “I must have that sparkly.” The joke plus her initials became her endeavor's name. Today, EML Sparklies is available at Hello Sunshine in the Old Mill District, Clementine in downtown Bend and White Buffalo in Madras.

Commercial access to her creations hasn't stopped people from chasing her down in person. “I was at First Friday recently and someone tried to buy the earrings off of my head,” Latham laughed.

This kind of personal connection that can develop between Latham and her customers is what she especially loves about her side





FINAL TOUCH

TOP Erin Latham wears a brass heart bracelet she designed.

MIDDLE Earrings are Latham's favorite pieces to make because of their versatility.

BOTTOM Clementine and Hello Sunshine in Bend and White Buffalo in Madras all carry EML Sparklies.



business. "I love helping people feel pretty," she said. Earrings are her favorite creation because they are so varied and versatile. "Earrings make you smile, they make you feel good. You can wear earrings in any season with any outfits."

Latham makes all her products on the living room floor of the home she shares with her fourteen-year-old son, pounding out metal forms on an iron railroad tie, mostly late at night. "It's loud," she said. "Luckily he's a sound sleeper." All her work is in brass or stainless steel, with semi-precious stones providing the sparkle. "My absolute favorite is labradorite," she said. "It's very dynamic in different colors and goes with everything."

The colors and shapes of natural stones are her inspiration, as is the process and evolving techniques of making jewelry. "As I am making something, I take the concept and deconstruct it," she said. "I think of new ways to twist it." Designs evolve over time; many of her newer earrings have hinges to provide a pleasant swing. "I love kinetics."

Latham came to Bend eighteen years ago to complete her final year of training as an x-ray technician at St. Charles and has been here ever since. Today, in addition to her duties as a tech, she also works as a clinical coordinator, supervising students from Oregon Institute of Technology in Klamath Falls who have come to Bend to train on the job as she did. "I have three students at a time working full-time under me," she said. "I love making it a positive experience for them. I'm their advocate, cheerleader and giver of tough love when they need it. I love watching the year unfold for them and seeing how far they come from start to finish."

Latham's day job is a lot of responsibility, which is what makes it even more rewarding to go home at night and make pretty things for people to wear. "That someone chooses to spend their disposable income on something I sat on my living room floor and made with so much love—it's very personal and gratifying." ■

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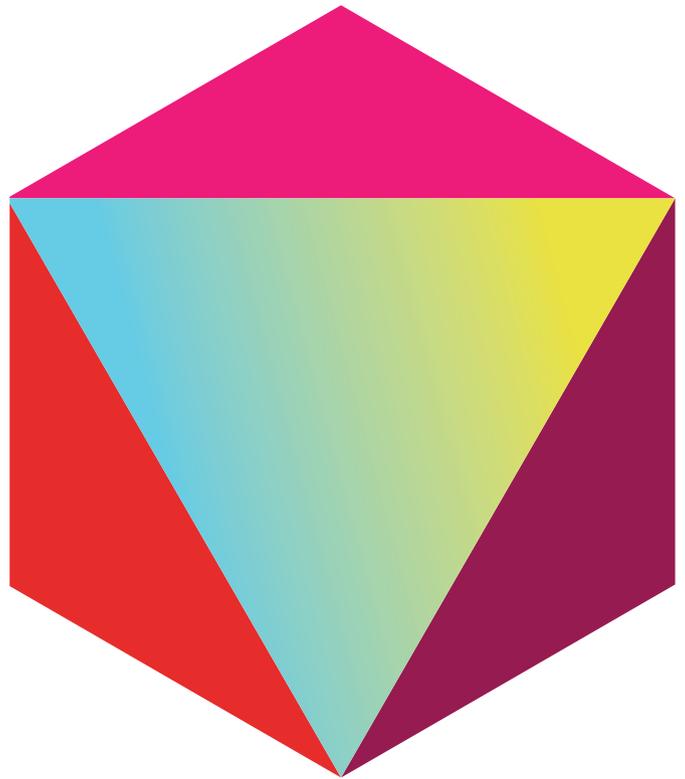
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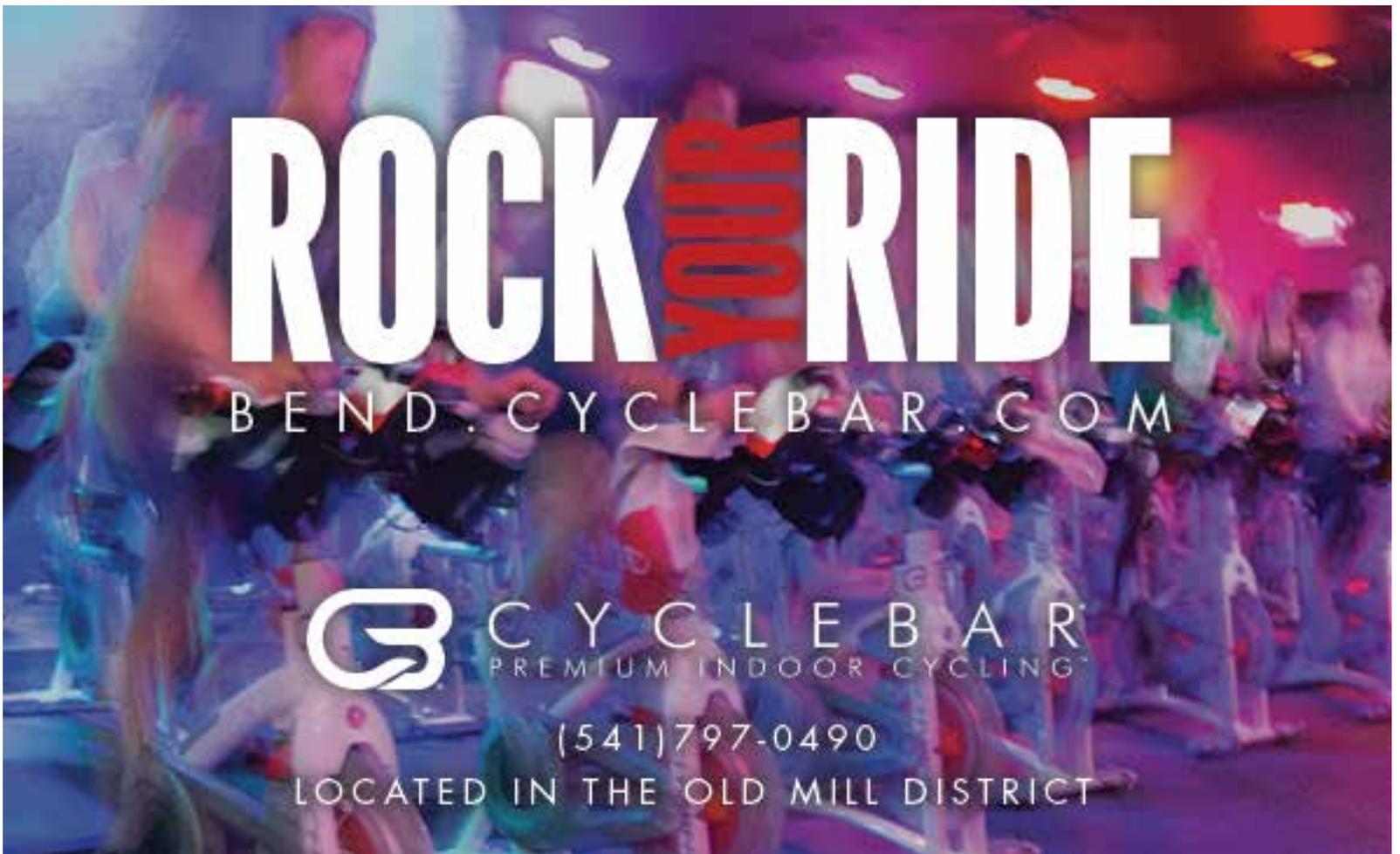
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CULINARY

Getting Saucy With Red Duck Foods

An organic condiment company based in Bend and Portland aims to become a national brand.

WRITTEN BY KELLY KEARSLEY



“We want our company to have delicious products, but we also want everything to be done the right way.”
— Karen Bonner

Six years ago, Karen Bonner met up with two of her classmates from the University of Oregon’s MBA program at Rennie’s, a beloved restaurant and bar near campus. They were brainstorming business ideas for a project for their entrepreneurship class, and the trio’s attention turned to the ketchup on the table.

“We started talking about condiments and why you would pour a bottle of high fructose

corn syrup on really delicious, consciously sourced food,” Bonner said. The group landed on the idea of an organic condiment company, which they aptly named Red Duck Foods (the color of ketchup plus their school mascot).

Now Red Duck’s eleven condiments—which have extended far beyond ketchup—are sold around the world. The company, based in Bend and Portland, also launched



three taco sauces earlier this year; the sauces will debut across all Whole Foods stores in August.

A SCHOOL PROJECT WITH LEGS

While still at UO, Bonner and her project partners, Shannon Oliver and Jess Hilbert, began tinkering with ketchup recipes in their kitchens. “We’d take it to classes when we’d present the idea and people told us they’d buy it right then,” she said.

Producing the condiments was a group effort—the trio would make the ketchups in a rented commercial kitchen, then hand ladle it into bottles. Their friends and family were fans, but they knew they were on to something after they ran a successful Kickstarter campaign in May 2013. The campaign raised \$25,525 and was supported by more than 600 people around the world.

By the time the women graduated with

their MBAs the following month, their three flavors of organic ketchup were available in Eugene stores. At that point, Bonner, who now lives in Bend, faced a choice—to pursue this fledging startup or move on with her original career plans. She ended up turning down a job offer at Intel and passing up a PhD program to follow the condiment experiment. “We were really excited about the opportunity to build something from the ground up,” said Bonner, who is Red Duck’s chief financial officer.

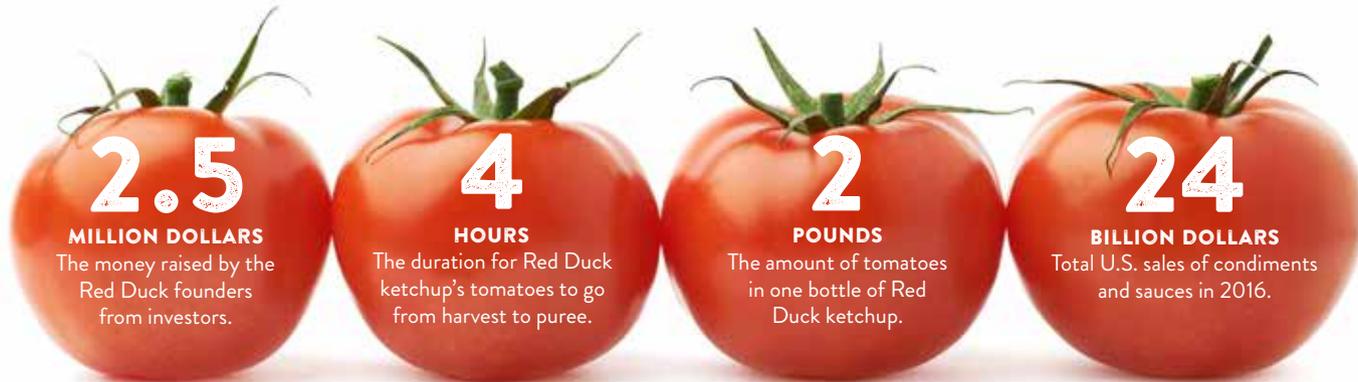
A NATIONAL BRAND

Red Duck continued to grow, with the founders initially driving around the state, their trunks filled with ketchup bottles that they personally delivered to stores. Bonner noted that a few key milestones put them on track to create a much bigger brand. For

instance, Red Duck was picked up by two national, natural food distributors, which allowed them to introduce their products to more places—and stop delivering themselves. They also got into the Bend Whole Foods store about four years ago, and the manager there championed their brand to other locations in the region.

More recently, the company also became a certified B Corp, a recognition of Red Duck’s commitment to environmentally and socially responsible business practices. “We want our company to have delicious products, but we also want everything to be done the right way,” said Bonner.

Looking forward, the founders anticipate that Red Duck will continue to grow, adding products and expanding their availability. “We want to build our brand recognition to the point where we’re the preferred sauce in everyone’s refrigerator,” said Bonner. ■





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Skye and Julie Burket



Keeping it Local

BEND-BASED CLOTHING LINE CELEBRATES THE OUTDOOR LIFESTYLE

Julie and Skye Burket aren't the average mother and daughter team. When they paired up to create Livin' Bend Clotheslines, they made sure that a portion of the profits would support causes they care about, like Parkinson's research and local nonprofit Family Access Network. The pair's Livin' Bend Clotheslines celebrates Central Oregon's active lifestyle in a line of colorful t-shirts, hoodies, hats, disc golf supplies and more.

The company has its roots in the duo's shared passion for outdoor exploration. The original idea to create bumper stickers and logos quickly evolved into clothing designs that embrace locals' love of the outdoors, snowboarding and skiing, mountain biking, dogs and craft beer.

"We were just driving home in the car after a long trip and I remember saying to Skye, 'Let's just do Bend,'" said Julie. "We started talking about all these funny slogans and logo ideas and how to create some products that really reflected

what it meant to live in Central Oregon with all of the outdoor diversity here."

Julie's experience as the owner of a local Right at Home franchise provides the creative marketing backbone Livin' Bend Clotheslines needs. Meanwhile, Skye comes up with most of the designs, fabrics and new product ideas.

"There's a lot of young people moving here who like to be active, get out and have a good time in their community," said Skye. She added that her designs are well suited to the Bend lifestyle of being outdoorsy, paddle boarding, hiking, fishing, beer and most recently marijuana.

Some of Livin' Bend Clotheslines best-selling items are a long-sleeve black "Trek Trails and Ales" t-shirts and "Smith Rocks" trucker hats. Other favorites include a "Good Eats Beer Treats" short-sleeve tee and a "Shred" beanie and snowboarding sweatshirt inspired by Skye's boyfriend, local pro snowboarder and two-time Olympian, Kent Callister. The company also features several cannabis-related designs and a rainbow LGBTQ baseball jersey focused on spreading a message of diversity throughout the Bend community.

Livin' Bend Clotheslines plans to continue "spreading the stoke" of what life in Bend is all about by adding more products to its line throughout the year. — Dalton Charest

No Power, No Problem

ZAMP SOLAR TACKLES THE PERENNIAL CHALLENGE OF BATTERY LONGEVITY

A weekend in the great outdoors doesn't have to mean forgoing little luxuries like cold drinks and electric lights. But anyone who has attempted an extended off-grid excursion with a camper trailer knows the battle of the battery. Enter Bend's Zamp Solar, a fast-growing start-up that is determined to leave no camper stranded in the dark.

Zamp's story began in 2010 when the company rolled out its first solar battery charging products. Unlike most other commercial electronics makers, Zamp decided to bet on a domestic manufacturing approach for its solar-powered battery charging systems, which are assembled locally in Bend. The gamble paid off. The company has grown to fifty employees and earlier

this year, Zamp was acquired by PulseTech Products Corp. of Southlake, Texas. The companies together are now staged for growth, with Zamp keeping its headquarters in Bend and benefiting from PulseTech's technology.

Founded in 1994, PulseTech builds battery maintenance and charging systems that are used by the military as well as offering numerous commercial and residential applications. That consumer base, plus its technical expertise, will give Zamp a competitive boost, according to Zamp's COO Conor Miller. He said Zamp found a niche in the growing solar industry with its core business centered on the off-grid market, particularly in camping trailers and RVs, in which

battery life is a constant issue.

In the meantime, Zamp's mission has been to remain as local as possible, from sourcing materials to expanding the business locally with plans to grow the workforce following the recent acquisition. "We're charging full steam ahead," said Miller. — Bronte Dod



PHOTO TOP ALEX JORDAN, BOTTOM BENJAMIN EDWARDS

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Moving on Up RESIDENTIAL DEVELOPER WEIGHS GROUNDBREAKING MIXED-USE PROJECT IN BEND'S CENTRAL DISTRICT

Much has changed in Bend since the Brooks-Scanlon company opened its iconic sawmill on the banks of the Deschutes River in 1916. A century later, little remains of the once hulking mill, but the company that helped chart the course of Bend's development remains active.

Brooks Resources, the real estate development company that evolved from the mill, pioneered some of the region's resort and mixed-use developments, including the popular NorthWest Crossing neighborhood. Recently, the company announced it had purchased the former Murray and Holt car dealership, a 1.8-acre property sandwiched between downtown Bend and Third Street. While the company hasn't released specific plans, CEO Kirk Schueler has said that Brooks is weighing an urban style redevelopment that could include a mix of housing and retail. We asked Schueler what's next for his company.

Bend has grown up quite a bit in the last fifteen years. How has this affected the housing market and your approach to meeting the changing needs of the market?

While our overall strategy is to continue developing mixed-use neighborhoods, this site may provide us with an opportunity to serve a broader population of residents. We have not finalized any plans yet, but a mixed-use residential building is one of the possibilities we are considering.

Brooks is known for its single-family home and neighborhood projects like NorthWest Crossing, which has been a winning formula. What interested you in an urban mixed-use project?

As large tracts of undeveloped land within the city limits and UGB have become more scarce, Brooks's strategic goals have been expanded to include the development of income properties to hold and manage. While we have already made some significant investments with partners in traditional income properties within NorthWest Crossing, the 181 Franklin site represented an opportunity for us to add a mixed-use building to our holdings.

Third Street has always been viewed as a commercial versus a residential district. Do you see that being a hurdle—changing people's perception of where we can live?

In our opinion with the addition of residential uses in the Bend Central District, which includes Third Street, it will become one of the most mixed-use neighborhoods in Bend. The district already includes a large variety of retail outlets, food and beverage establishments, medical and dental offices and many other services used on a daily basis. — Eric Flowers

Kirk Schueler at the new property



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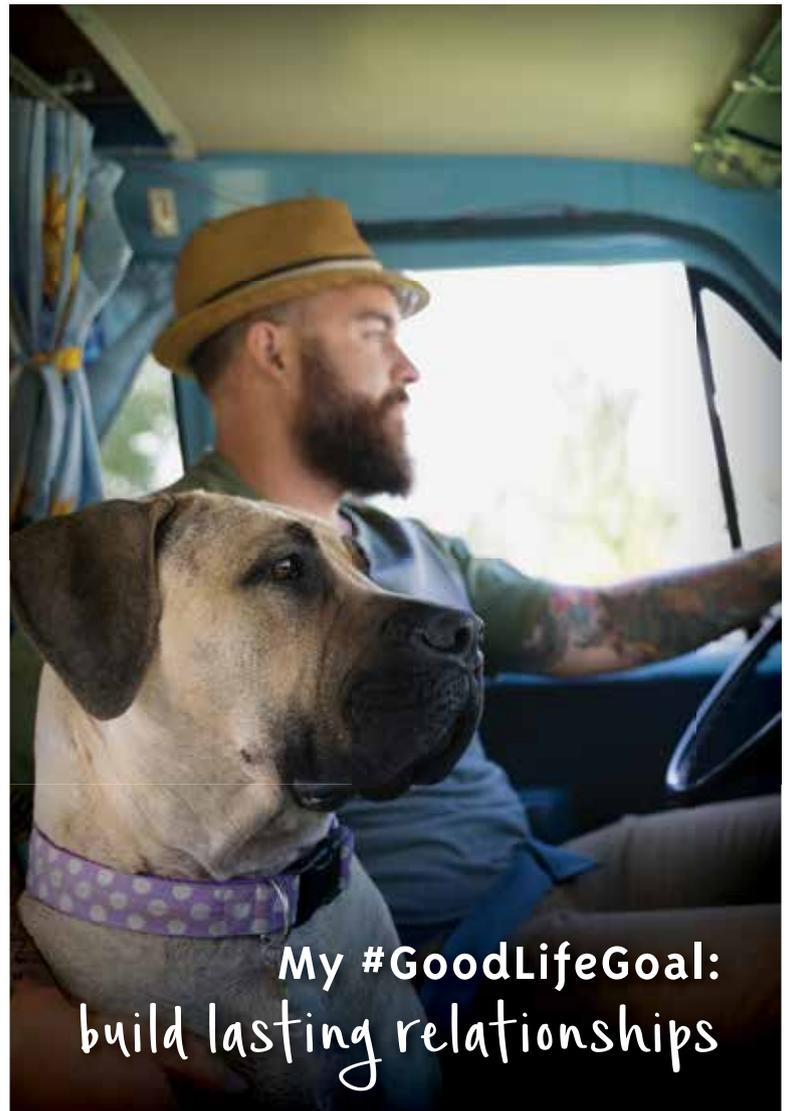
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BANKING

Gary O'Connell

Summit Bank has been recognized in the Top 100 places to work in Oregon two years running. Gary O'Connell, the Senior Vice President and Central Oregon Market President of Summit Bank, tells us why Summit has such high employee retention rates and how it works with local businesses to provide jobs in the community.

INTERVIEW BY HANNA MERZBACH

Summit Bank was first conceived in Eugene in 2004 by local business investors looking to better serve the community's needs. Summit established a second location in Bend in 2015 and, complete with both GoodLife and Humm Kombucha on tap, has more than adapted to the Bend lifestyle. After working in commercial banking in Central Oregon for fifteen years, Gary O'Connell, 43, was thrilled to leave the world of 1-800 phone numbers behind and help form Summit's Bend branch. He sat down with Bend Magazine to talk about the importance of employee empowerment, banking local and more.

Summit has been recognized in the Top 100 places to work in Oregon for the last two years. Obviously your employees are happy here. What are you doing to create that environment?

We feel the best workplace environment is where our colleagues want to be here and nobody feels like they have to be here. There's a great deal of empowerment. We're smaller than most banks in this industry, so we are able to be a little bit more flexible in our workplace, in our benefits and in our hours. The financial success has been attractive, but the way that works is we have colleagues who want to be here who are driving that success.

Summit Bank was conceived and launched in Eugene in 2004. What attracted Summit to the Central Oregon market?

A few years ago we started looking at the Central Oregon market and [during the recession] there were eight or more banks that were bought or left the market. So, we



recognized the community banking market was really underserved in Central Oregon and we thought there was a great opening for us to come in and expand our business model that we had started in Eugene. That means being local, being accessible, not having 1-800 numbers and making people feel welcome when they come in. The next largest bank is over thirty times bigger than we are. So, we feel like there's a lot of runway to grow because we are relatively smaller.

Small banks are the backbone of any healthy local economy. What's Summit's lending philosophy?

Our lending philosophy is focused on lending to companies that provide jobs. Small businesses provide seven out of ten jobs in America, which is roughly the same in Central Oregon. It's fun to help businesses and get to understand them, so we can help

them grow and provide more jobs. We've heard time and time again from business owners that they want a bank relationship where the bankers understand their business and they can go talk to them when they need to discuss something important.

Congress recently acted to soften some of the Dodd-Frank rules that were enacted post-financial crisis a decade ago. How is that decision going to impact your business?

Probably only marginally. The reason the impact won't be as great is because as a smaller bank, we think very carefully about not trying to be everything to everybody. We also don't engage in some of the most heavily regulated lines of business in banking that Dodd-Frank regulates. What we are really looking at more than the Dodd-Frank would be changes to the regulations calling for increased capital requirements, which is the amount of funding and equity a bank needs to put into its operation that's required by the regulators.

What's the most rewarding part about your work and Summit's role?

The most rewarding part is being empowered to make decisions in a way that allows us to be more responsive to clients. I love the work and I love the industry, but I don't want to be part of an organization that sends clients to 1-800 phone numbers or call centers and sends their credit applications to areas outside of the market. It's very important for us to be accessible and transparent to our clients and it's very rewarding that our business model allows us to do that. **■**

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(TRAIL) ANGELS IN OUR MIDST

WRITTEN BY CATIE JOYCE BULAY



The author and her husband in the northern Cascade Range at mile 2,600 of the Pacific Crest Trail.

In 2015 my husband and I quit

our jobs in Maine to hike the 2,658-mile long Pacific Crest Trail (PCT), a route that winds along the spine of the Sierra and Cascade Mountains from the Mexico border to Canada. It's the equivalent of walking from New York City to Miami and back again—if the entire route ran across the top of a mountain range and spanned a desert.

The PCT is a journey that is both grueling and transformational. It's also one that many choose to do alone, either for personal or logistical reasons. But few complete it without a little help from friends and strangers—small acts of kindness that the PCT tribe dubs “trail magic.” Trail magic occurs anytime someone helps a hiker out. That person is often called a trail angel. For some, giving back to the trail is more than a spontaneous gesture, it's a ritual.

“Trail magic happens all the time,” said Mark Larabee, Pacific Crest Trail Association associate director of communications and marketing. “It can be anything from a ride to the store to a bag of kiwis left for hikers. It's very spontaneous and comes from people wanting to give back. It kind of renews your faith in humanity.”

Setting out to hike from Mexico to Canada alongside thousands of other hikers was a life-changing experience for me. Afterward, despite the hunger, shin splints, monster-sized blisters, exhaustion, boredom and bee stings, we found ourselves longing for the trail, but with a relocation to Washington and new jobs, the logistics of another long-distance hike didn't fit into our life. That's when we decided to make a little magic of our own.

So, one weekend in July, when we predicted a hiker bubble would be passing through, we loaded up our Corolla with a little propane grill and enough food and drinks to feed a small army and headed into the Willamette National Forest to Charlton Lake, about fifty miles southwest of Bend.

HUNGRY, HUNGRY HIKERS

Charlton is one of the many alpine lakes dotting the Oregon stretch of trail. It's remote enough for trail magic to remain a surprise, but its primitive campsites were accessible by forest road, with a parking lot close enough to haul coolers from.

It was also a spot where we had received trail magic of our own in 2015 from a group of weekend campers. We had politely set up camp away from the group, so as not to disturb their festivities with our stench, and were about to dig into our dinner of cheese and peanut butter tortillas when one of them brought over pulled pork sandwiches, an avocado, cucumber and watermelon salad and two Rolling Rocks.



Trail crews make the Pacific Crest Trail better for everyone who hikes the famous route.



After hiking a twenty-mile day, eating the fresh and home-cooked food while gazing out onto the glassy lake tasted like heaven. I think we ate our regular dinners too, because, well, hiker hunger.

Nathan “Bamboo” Voeg (everyone who thru-hikes picks a trail name that they go by while they’re on the trail), a thru-hiker from Montana whom we fed, said hiker hunger is “hunger that hits you after you have been on-trail for a month or so.” Voeg rolled into our trail magic camp in the late afternoon, proceeded to eat about three hamburgers, countless hot dogs and sodas and stayed for breakfast the next day, entertaining us with his stories of the trail. “You do not turn down food offered to you when you have achieved hiker hunger,” said Voeg, who is tackling the 3,100-mile Continental Divide Trail, which runs from Mexico to Canada through the Colorado Rockies, this year.

We had around forty hikers come through, grilled up sixty hamburgers, thirty-two hot dogs and two veggie burgers, and doled out forty-eight cans of fruity soda, seventy-two beers, two bags of apples, four family-size bags of potato chips, Sour Patch Kids, baby carrots and baked goods I had been making and freezing all summer—basically everything we craved as hikers.

AN ANGELIC LEGACY

Trail angels evolved naturally from the trail. No one really knows their exact origins, but they probably started first on the older Appalachian Trail, which spans 2,200 miles from Georgia to Maine, and later migrated to the PCT, which was first conceived of in 1926 but wasn’t officially completed until 1993.

Trail angels come in all shapes and sizes. They can brighten the spirits of a hiker on a tough day with something as simple as a jar of pickles anonymously left beside the trail, or maybe the angel is a little boy on a day hike with his father who shares his fruit rollup. They often provide a practical and necessary service like a ride into town. And every once in a while, an angel will provide some truly miraculous magic.

“You can do it once or make a lifestyle of it,” said Todd “Burning Man” Galewski, who hiked the trail in 2007 until he got snowed in at Bend, was offered a good job and never left. He received some memorable trail magic that year, like coming to a road crossing in the Mojave Desert where someone was making root beer floats for hikers, but the most memorable he credits to Scout and Frodo (aka Barney and Sandy Mann), legendary angels who have been welcoming hikers into their San Diego home for years. Galewski stayed with them before starting the trail, like many hikers (more than 900 in 2017) and had a chance encounter with them later on.



Local trail crossings and hiker hang-outs

- **Santiam Pass Trailhead**, on US 20. A parking lot makes for easy trail access.
- **McKenzie Pass Trailhead**, on OR 242. Camp at nearby Lava Camp Lake.
- **Elk Lake Resort**, on FS 46, a mile from the PCT. A popular spot for hikers to stay, shower and pick up resupply boxes.

“Scout saved my life,” he said. He described how he had become so sick he could no longer hike when Scout and Frodo came upon him by chance while they were hiking in King’s Canyon, California. While the couple took a break on the way back to their car to chat with some friends, Galewski continued hiking to the trailhead, since he was going much slower. Delirious, he missed a switchback and stepped off-trail. When the Manns didn’t see him at their car, they turned around to search for him. Scout finally noticed faint footprints and found him dehydrated and unconscious in a field, with what he later found out at the hospital was giardia (an infection contracted from drinking contaminated water) and the flu.

The two stay in touch. “Scout came up to visit me and my family in Bend,” said Galewski. “We have a lifelong bond. He feels very responsible for my life.”

If you were lost in the woods near Bend, it was local trail angel Lloyd Gust you called. A world-traveled hiker with a deep familiarity of the region’s trails, Gust provided trail magic in the form of rides and much more for over ten years, until he was no longer able to at age 84.

“The unique thing about him was that he was the type of guy that when you’d call and say, ‘I’m lost,’ he’d say, ‘That’s good, that makes two of us. Look to the east and tell me what you’re looking at, now look to the west, the north, the south. Oh, I know where you are. Go to your right, there’s a little trail that will take you to the trailhead and I’ll be there to pick you up,’” said Brian “Uber Ducky” Douglass, Gust’s friend and personal

assistant, who took over for him five years ago.

“Lloyd used to tell stories of getting woken up in the middle of the night by hikers calling who were really sick or injured,” said Cat Addison, another local trail angel.

Gust passed away four years ago and Douglass has been carrying on, giving rides to hikers, and has organized a group of a dozen or so mostly retired locals to help. “Gray beards, gray hair—that’s what they get,” said Douglass, who is retired from a career in public service. He’s not a hiker but saw the need for the service. He and his group of angels pick up hikers at the three main trailheads and bring them to the post office, grocery store or REI, suggest affordable places to stay and take them back to the trail the next day.

Last year was an exceptionally challenging year for hikers due to a deep snowpack in California’s Sierra Nevada mountains and wildfires closing down most of the trail in Oregon and Washington, making trail angels even more important. The fires left many hikers stranded in Bend, which is when Woody Keen, “Nibbles,” a retired trail planner and builder, began trail angeling by driving hikers around the wildfires in the Sisters Wilderness Area.

“I learned of trail angel work, posted my name up for help and started getting all kinds of requests for shuttle assistance,” said Keen, a trail runner who does volunteer trail maintenance and education through the PCTA. “I am retired so have free time, a large truck that can haul lots of hikers and packs, and am pretty familiar with sections of trail through this area.”



Hiker Heaven in Agua Dulce, California at mile 454.5 on the PCT and home of the famous Trail Angels, Donna and Jeff Saufley. Every spring they devote their lives to the PCT hikers and convert their garage to storage for mail drops for hikers.



THE TRAIL PROVIDES

There's a saying on these long-distance trails—"The trail provides"—a testament to both the unexpected magic of strangers and the free spirit successful hikers need to embrace. That's not to say hikers aren't prepared. They often spend months figuring out their food supplies, use maps and water reports to find viable water sources and never count on trail magic.

The Pacific Crest Trail Association warns hikers not to rely on trail angels or water caches. "Being self-reliant is part of long-distance hiking," said Larabee, who has section-hiked large portions of the PCT. "It's kind of the antithesis of relying on trail magic and trail angels."

"If you plan on it or can count on it, it isn't nearly as magical," said Voeg.

The PCTA doesn't want to stop trail angels, "but at the same time we want them to be responsible for what they put out there," he said. "We tell people if you're bringing food out, stay with the cooler and hand it out then bring back everything you brought in."

Addison or "Catdog," who has thru-hiked both the Appalachian Trail and PCT, used to put a cooler out at Santiam Pass with chocolate chip cookies and sodas that she would restock every weekend, but stopped after a bear got to it.

"We're really pushing Leave No Trace—being sensitive to the landscape and wildlife," said Larabee. "Lots of people with good intentions leave coolers out and they turn into basically garbage, and our trail crews are cleaning them up."

These days Addison will offer hikers rides, but her primary way of giving back to the trail is trail work. She is certified through the PCTA and assigned a section of trail to maintain, taking a group of women out with her each year.

For Addison and many other angels, giving back to the trail any way they can brings them closer to something they love. Addison said she feels a little twinge of sadness during the springs when she is not planning a big hike, but others are departing on their epic journeys, whether on the PCT, Continental Divide or Appalachian Trail. Next year, she plans to hike the Colorado section of the CDT. In the meantime, she will keep working on her angel wings.

"Once you do something like this you feel so empowered, you just want to do it again." ■

*Trying on a pair of wings?
Here are tips*

Always pack it in, pack it out and don't leave food unattended.

Bring foods that thru-hikers wouldn't normally be able to carry with them and be prepared to collect any trash created by wrappers.

"Offering something like fruit or a heavy item that isn't easily carried or accessible on-trail is always a hit," said PCT thru-hiker Nathan Voeg.

Consider volunteering with a trail crew. pcta.org/volunteer



BIRD'S EYE



VIEW

WRITTEN BY BRONTE DOD

The little bird causing a big stir



IN 2015, THE AMERICAN WEST REACHED AN UNPRECEDENTED ENVIRONMENTAL COMPROMISE TO PROTECT THE GREATER SAGE GROUSE, A HIGH DESERT BIRD WITH A DRASTICALLY DECLINING POPULATION. TWO YEARS LATER, THE RUG WAS PULLED OUT FROM THAT PLAN, LEAVING AN ENVIRONMENTAL COMMUNITY FUMING AND THE SMALL BIRD'S FATE IN QUESTION.

I looked out the back window of the truck and could see the last stars were still out. Below them, a faint outline of the mountains that surrounded us appeared in the distance. It was a little before 6 a.m. on an early spring day, and four of us were driving in a pickup truck along the winding frozen gravel roads of Hart Mountain National Antelope Refuge in Southeastern Oregon. Another passenger, Pam, was counting down the miles on our GPS so the driver, her husband Chris, would know when to slow down. Through a series of miscommunications due to a lack of sleep, minimal coffee and sheer darkness, we were late getting through the Bureau of Land Management gate and still had a little more than five miles to drive to our stopping point, all before starting the mile-long hike through rugged sagebrush country to find our destination before first light.

After reaching our stop, we bundled in layers of wool, puffy jackets and hats, quickly hopped out of the truck and started the trek. Headlamps on and heads down, we navigated the frosted sagebrush, grass and rocks. I risked a few glances of the first hint of light creeping up over Beatys Butte in the distance, careful not to take my eyes off the ground for too long. Following our GPS, we hiked along a rock ridge, then scrambled up it and over, before the last quarter-mile over the lava rocks. Finally, Chris stopped and set down his scope. We

confirmed our location in hushed voices around the GPS, then took a moment to marvel at the sunrise and the 360-degree view of golden grass that tumbles over what is called the sagebrush sea. We brought our binoculars to our eyes and started scanning about 200 yards ahead. Sarah spotted the trademark white chest puffing up and down, then the unmistakable spiked and fanned feathers. A sage grouse. Then another bird is spotted. And another. We reached the lek. And I finally witnessed the thousands of years old mating ritual exclusive to the high desert.

We were far enough away for the sage grouse not to notice us watching. Unbeknownst to the sage grouse, much of the American West is also watching the small bird right now, as it is at the epicenter of a political controversy over public lands that spans across the high desert.

RITE OF SPRING

Chris and Pam Scranton are both retired teachers and have lived in Madras for twenty-two years. They saw the greater sage grouse for the first time in Millican, about twenty miles east of Bend, in 1995.



They would stop there on their way to Eastern Oregon with their children to see the sage grouse at their leks each year. “Nobody was there, just us,” said Pam. “It felt like a rite of spring.”

From the Swedish verb meaning “to play,” a lek is sage grouse mating ground, usually found in a specific habitat in sagebrush country. Pam, Chris and their three children would watch the sage grouse, about the size of a large chicken, “display,” the scientific word for the puffed chests and fanned feathers strut that the male sage grouse do to impress females and, ideally, breed.

Chris said they saw about fifty males displaying the first time they went. Over the years, as word got out and more people arrived each spring to watch, the bird numbers dwindled as people got too close and the sage grouse stopped returning. “It’s not because [visitors] wanted to disturb them, I just don’t think they understood,” said Chris. Soon, due to the habitat disturbance, as well as other changes to the sagebrush steppe, the lek was gone. “It was rather sad to see it decline to the point of nothing.”

Chris and Pam were two of twelve volunteers on a three-day trip to count sage grouse in Hart Mountain with the Oregon Natural Desert Association (ONDA), a Bend-based nonprofit that works on public land and conservation issues east of the Cascades. The conservation of sage grouse is one of those issues, and one that, three years ago, had largely been resolved, or at least was on its way to be.

FOWL POLITICS

The Millican situation was unique because the leks were close to the highway and easily accessible to the public, but it is also a microcosm of what has happened to sage grouse across their historic range. It’s been a decades-long saga that has pushed them to the brink of extinction and to the forefront of a political battle over the intersection of private interest and public lands.

In 2015, a landmark environmental compromise was reached by almost every interest group, government agency and nonprofit that has a stake in public land throughout the eleven Western states. It was an unprecedented moment for wildlife conservation, said Paul Henson, the State Supervisor of U.S. Fish and Wildlife in Oregon. Henson has been involved with sage grouse almost the entirety his twenty-five years with the government agency in charge of habitat and wildlife monitoring.

The sage grouse saga began ten years earlier in 2005, when the sage grouse populations across the West were low enough for conservation groups to petition for the ground-nesting birds to be added to the Endangered Species List. The listing would have added broad protections for the species across the Western states where it is still found, but that was opposed by an alliance of farmers, ranchers and Western politicians. After a review, U.S. Fish and Wildlife determined a listing wasn’t warranted, but the agency “recognized that there was certain conservation concerns for sage grouse and sagebrush habitat that needed to be addressed,” said Henson.

That decision was challenged by the environmental community, and between 2010 and 2015 a new management plan was created to address



the threats to the species. “In Oregon and the other ten states, everyone rolled up their sleeves with sincere and good faith effort and developed plans at a federal level and the state level,” said Henson. Private landowners also played a key role in developing the plans, as a portion of sage grouse habitat is on ranches throughout the West. At the end of it all in 2015, then Secretary of the Interior Sally Jewell recommended that the species did not merit an endangered species listing—if the plans were carried out. Though this sage grouse plan was not perfect, as I would be told countless times, it was considered a win for everyone involved, and for the sage grouse. Oregon Governor Kate Brown adopted Oregon’s version of the plan. After the celebrations faded, the work began and the sage grouse plan moved forward into implementation.

Then in the fall of 2017 things began to unravel. Ryan Zinke, a square-jawed former University of Oregon football player and Navy SEAL turned Montana congressman was appointed as Secretary of the Interior by the Trump administration. An avid outdoorsman who had been endorsed by several environmental groups earlier in his political career, Zinke was charged with reviewing some of conservation plans rolled out during the Obama administration. Zinke wasted no time. He soon announced that the sage grouse plans, and a decade of work, would be reviewed and potentially amended. It came on the heels of Zinke’s plan to shrink several national monuments in the West such as Bears Ears in Utah and Cascade-Siskiyou in Southern Oregon, with the potential for increased mineral and resource extraction.

You could almost hear the collective sigh that reverberated across the West.

THE BIRD IS THE WORD

About six months later, I arrived at Hart Mountain, a four-hour drive from Bend, in the afternoon on a clear day, though the smattering of snow on the roads reminded me that our late winter was far from over, despite the calendar inching forward. The wildlife refuge was established in 1936 to protect the American pronghorn, which gallop across the range in herds, but it shelters countless more species that have since declined in other spaces across the West. Part of its success is its sheer size. At 422 square miles, Hart offers critical habitat that spans from buttes to playa lakes to wide expanses of sagebrush and protects hundreds of plants and animals, including sage grouse.

I walked into the Oregon Department Fish and Wildlife bunkhouse to find the group of volunteers gathered. The sparse bunkhouse was a recent addition to the refuge, which has a handful of other offices and cottages from the 1930s, built to house seasonal wildlife biologists doing data collection and volunteer groups like ONDA. The tone of the trip was largely excited, perhaps a little uncertain. Some, like Pam and Chris, had experienced counting sage grouse before. Others in

their twenties trying to break into a wilderness career were there to gain field experience. There were avid birders and outdoorsmen, and a couple retired science teachers. We were there to count sage grouse leks for a weekend, data that ODFW would use and report. It’s an easy enough task, save for the 4 a.m. alarms and frigid temperatures.

Sarah Imholt, 40, joined the trip. She’s a librarian at Oregon State University and described herself as a “bird person.” This trip was the first time she saw a sage grouse lek. “I got too excited and couldn’t do any counting for awhile,” she said after coming back from the first morning of data collection. “You can hear them making the glooping sounds. They’re just puffing their chests out and their tails are totally fanned out. They’re moving like little tanks, just struttin’ around.”

The greater sage grouse fits in well with sagebrush landscape. Their dark feathers stretch to their feet, and their white and brown speckled tails spike up in contrast to the yellow bunches of grass. The white chests, distinctly a feature of the males, puff up and make a sound like large drops of water when they fill up with air, and the grouse will sometimes bump their chests into each other while sparring at the leks to impress females.

“Sage grouse lekking behavior is one of the most magnificent natural phenomena we have in Southeastern Oregon,” said Lee Foster, the sage grouse conservation coordinator for Oregon Department of Fish and Wildlife (ODFW). Sage grouse leks are important because the birds return to them year after year for generations. “There’s a lek in Idaho that goes back eighty years. Some of those older leks have indications that Native Americans were hunting those leks,” said Foster.

One of the reasons sage grouse have become the poster child for sagebrush conservation is that their leks, set in wide open spaces on the ground among sagebrush, make them easy to spot and their populations easy to monitor. It also makes them susceptible to natural predators like ravens, golden eagles, bobcats and coyotes. “They really face every predator out there,” said Foster. Sage grouse also need certain grasses native to sagebrush country as well as large swaths of uninterrupted habitat because they migrate between those areas, with a range in Oregon that has been documented at up to thirty miles.

This is all to say that a variety of factors need to combine and work in harmony for sage grouse to thrive. If sage grouse are thriving, it’s a good indication that the 350 other species, animal or plant, that inhabit sagebrush country are thriving and the ecosystem is healthy. But as the high desert in the West has been infiltrated and exploited, new threats have arisen, and sage grouse are far from thriving.

HOME ON THE RANGE

There are currently fewer than 500,000 sage grouse in the West, down from an estimated 16 million before the decline began in the mid-20th century. That’s a 97 percent decline in just a little over half a century. The primary reason is a dwindling habitat due to a trio of





factors that all play into each other: invasive annual grasses, the encroaching juniper on lower elevation areas and wildfire.

Those three factors have contributed to the overall decline of the sagebrush ecosystem. Of the pre-settlement 153 million acres of sagebrush steppe, 106 million acres currently exist. Home to more than 350 species of flora and fauna, the high desert country is a vast landscape of varieties of sagebrush and sage grouse, but also wildflowers, American pronghorn, golden eagles, pygmy rabbits, coyotes, juniper and more. The ecosystem's decline is pinpointed on overgrazing and introduced species of plants like cheatgrass that combined allow for more frequent and devastating wildfires. It's considered one of the most imperiled ecosystems in North America, according to U.S. Fish and Wildlife.

The 2015 sage grouse management plan wouldn't have reversed the decline of the sagebrush steppe, but it would have helped to preserve what remains. For some in the conservation community the plan didn't go far enough. "In the end, it was a marginally acceptable package of political compromises on what is effectively a scientific effort to do species conservation," said Dan Morse, the conservation director of ONDA.

Zinke's announcement essentially put the conservation plans in limbo and was especially upsetting to groups like ONDA. "The plan that came out in 2015 was far from perfect," said Morse. "From our perspective there were things that could have been stronger for sage grouse conservation, but that if it were implemented rigorously and quickly, then it might be adequate for conserving a species. When these more recent plans to re-amend the sage grouse plan came out, we were very disappointed and frustrated that effectively the deal that had been reached was being re-negotiated by certain interests." In Oregon, much of the negotiations were with landowners and ranchers in Southeastern Oregon who rely on public lands to graze their cattle.

Tom Sharp is the president-elect of the Oregon Cattlemen's Association and has worked on the sage grouse issue for almost a decade providing conservation efforts on private lands, particularly in southeastern Oregon. For ranchers, the stakes in coming to a compromise about sage grouse and preventing a listing were high. "If we thought what happened to the timber industry in the 1980s was bad," said Sharp, referring to the controversy over the Northern Spotted Owl Endangered Species listing, "well, it would be an order of magnitude greater with the sage grouse listing."

Sharp acknowledged that the ranchers were somewhat reluctant to forge an agreement with the federal government over the plans, but were largely on board to avoid a listing. The oft-cited mantra was, "What's good for the bird is good for the herd."



TOP A male and female greater sage grouse. The male sage grouse are easily spotted among the flora in sagebrush country, with the signature white chests puffing up and down as they strut back and forth displaying at the lek to impress females.

BOTTOM The group of volunteers with ONDA who spent an early spring weekend counting sage grouse at Hart Mountain National Antelope Refuge.



Andrew Shields, a wildlife biologist for Roaring Springs Ranch in southeastern Oregon, echoed Sharp's statements. "Ranchers push back on some of these plans," said Shields. "It's not because they don't like sage grouse or healthy rangeland, it's because they're so tied to the land and they care deeply about the land and wildlife, and a lot of the time, the things they've done work. That's why there's sage grouse there."

In early May, the BLM released the draft environmental impact statement for sage grouse management and habitat. Overall, there were minimal changes to Oregon's sage grouse conservation plan. In Oregon, a total of 22,000 acres, an area roughly the size of the city of Bend, previously designated as research natural areas, would be open for livestock grazing. From an environmentalist perspective, it fared better than other states such as Nevada, Wyoming and Idaho, which now may face more oil and gas drilling potential, development identified as a key threat to sage grouse. The BLM is accepting public comments until August 2 on the plan.

The proposed amendments are welcomed by Oregon's cattle industry. "We believe that a reconsideration to amend these federal plans is necessary based on new science that came out that says properly managed livestock grazing is not a threat to sage grouse but can be compatible or beneficial to sage grouse species," said Sharp. Not everyone agrees that grazing can be a benefit to sage grouse, but most scientists say that grazing, done properly, doesn't have to interfere with sage grouse populations.

Given that the sage grouse is a rangewide species, meaning that its habitat crosses state lines, the federal consistency of the sage grouse management plan was integral to the success of the bird. These amendments coming state by state threaten that. "[The federal plan] has a degree of consistency across the range," said Morse. "If we decrease that consistency, we are doing what science tells us not to do."

Conservationists are already pushing back. In late April, environmental groups sued the current administration for allegedly ignoring sage grouse protection policies and selling oil and gas leases in 475 square miles in Montana, Wyoming, Utah and Nevada. If the administration continues to prioritize energy development to the point that threatens more habitat on public land, it wouldn't be surprising to see more lawsuits in the future.

AT THE HART OF IT

In Oregon, where there is less pressure to develop gas leases, the partnerships have more or less remained intact. Henson at U.S. Fish and Wildlife pointed out while the the political back and forth is common, the people on the ground keep moving forward. "The biggest message is even through an election and through some of the other

challenges we've had like the Malheur occupation, where there was a lot of emotion and political acrimony, the partnership in Oregon for sage grouse conservation has remained really strong."

Camped out in the pre-dawn hours on Hart Mountain, waiting patiently for an elusive bird to appear from the darkness, the politics of the sage grouse fight can feel a world away.

"The fundamental reason [I joined this trip] is I spend a lot of time outdoors. It's an important part of my life. The landscape, the things on this landscape—I value it. I want people to value it," said Sam Miller, a retired science teacher from Eugene. "I don't want to get too political here. I'm trying to find a way to say it without flames coming out of my mouth," he continued while we were talking at Hart Mountain. "Our votes matter because ultimately that translates to the leadership we either have, or don't have, and the direction that leadership takes. If we care about these kinds of places, then we need to make sure we support people who have that point of view."

If sage grouse populations don't return, it doesn't mean that just another species of bird is lost. It means the sagebrush steppe—an entire ecosystem—has been lost. It means that millions of acres of high desert country have become vulnerable to the epic wildfires that have the potential to devastate the landscape, homes, economies and cities. It's a lot of weight on the wings of one bird.

Witnessing sage grouse at the lek "feels really lucky," said Imholt. "[Sage grouse] have been doing this for God knows how many thousands of years and they're still doing it even though we're screwing everything up around them." At Hart Mountain at least, "this little sphere of existence is right, and these little birds are doing what they are supposed to do," she said.

We woke up on the last morning to five inches of snow on the ground and a bluebird sky. By the time my group had reached the last lek, the birds there had already moved on, perhaps flushed out by the coyote we spotted in the distance. There was still evidence of their dance written on the snow—light touches of wings moving around in circles and patterns left behind in the last snowfall of the season where their feathers had dragged. The sage grouse would probably return to the lek to do their dance again the next morning, and hopefully their next generation would return the following spring. Our only job is to give them the space to continue and the chance to keep coming back. ■



SUMMER CAMPING

EDITED BY ERIC FLOWERS

guide

Hubba Hubba NX 2-Person Backpacking Tent
MSR, \$400

Aura 50 AQ Backpack
OSPREY, \$240

PHOTO STEVE TAGUE

Models: Rebecca Charlton, Faith Butsch and Michelle Tullis.
Gear courtesy of Mountain Supply, Sand Lily Home, Ruffwear and HydroFlask.

THERE'S NO BETTER WAY to enjoy Central Oregon's outdoor splendor than to pack up for a long weekend and immerse yourself in it completely. Whether car camping at one of the nearby high lakes, rafting a river with friends or exploring deep in the backcountry wilderness, camping allows us to celebrate life unplugged. Whatever your pleasure, our summer camping guide pays homage to our shared passion for the natural world. If you need a few ideas to get started, we're here to help with group camping hacks, family-friendly backcountry adventures and all the gear to get you there and back. Now get out there and explore. — Eric Flowers

Top-Out Hoody
RAB, \$100

Float Coat
RUFFWEAR, \$80

MiniMo Stove
JETBOIL, \$135

Mantis Chair
ALITE, \$125

Oasis Thermos
HYDROFLASK, \$125

"Camping is Intents" Mug
FOSTER & RYE, \$17

BEAT THE HEAT

Our favorite *lakefront* destinations for the summer season

Written by **Eric Flowers**

When it comes to lakes, Oregon is no land of 10,000. According to the state's official count, our lake tally stands at 1,400—not bad, but not Minnesota. However, what Oregon lacks in quantity we make up for in quality and diversity. Central Oregon is particularly blessed when it comes to still-water destinations, offering everything from sprawling reservoirs hemmed by towering canyons to pristine high alpine lakes and even a dormant volcano destination. Whether you are after world-class fishing, hot springs or just seeking a slice of solitude, there is a shore-side campsite waiting for you in Central Oregon. Here are some of our favorite destinations based on whatever floats your boat.

Benson Lake is at the end of a family-friendly hike and is a good backpacking spot for beginners.



PACK A PADDLE

Let's get this out of the way first. There are no bad places for an evening paddle in Central Oregon—at least none that we know of. But some places just seem to have been made for slipping your canoe, kayak or paddleboard into the water at sunset and gliding across the surface as the evening glow embraces the fading day.



Lava and Little Lava Lake

The source of the Deschutes River, Little Lava Lake is one of more than half a dozen waterbodies on the Cascades Lakes Highway, southwest of Bend. A small campground with fifteen spaces is well maintained, but also heavily used. Those who do get a spot have prime access to paddling on this alpine lake that offers views of Mount Bachelor and other nearby peaks. The adjacent Lava Lake Campground offers additional camping and access to the larger of the two lakes, which is known for its excellent trout fishing.

Waldo Lake

Located between Bend and Eugene, Waldo Lake is one of Oregon's largest lakes and one of the clearest in the Northwest, with visibility up to 100 feet below the surface on a calm day. A ban on gasoline motors and a speed limit of ten miles per hour for electric motors makes this lake a serene destination. Three campgrounds serve visitors, most of whom tend to wait until after the mosquito season peaks in June and early July before visiting. A popular singletrack mountain bike trail circumscribes that lake making this a popular spot for pedalers as well as paddlers.

Hosmer Lake

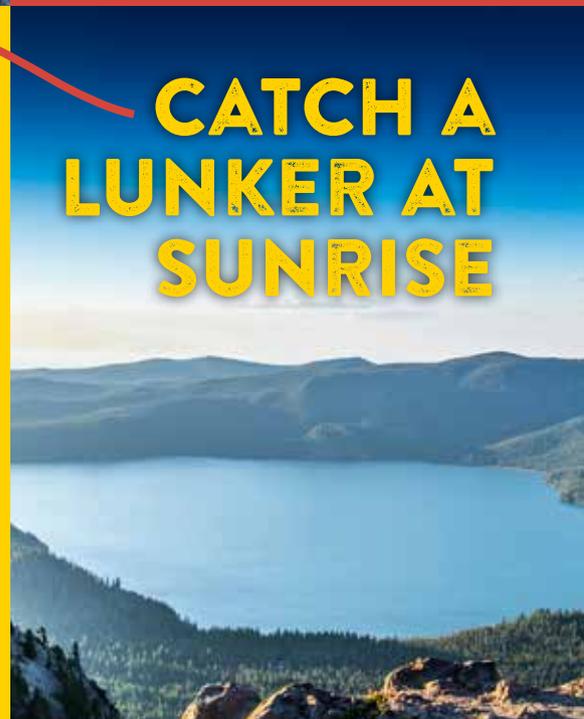
Not far from Lave and Little Lava Lake is Hosmer Lake, another paddler's paradise with a small campground that makes a great basecamp for a weekend near the water. Veteran paddlers know that the way to experience Hosmer is by crossing the main lake and entering a serpentine channel that connects to an upper lake where visitors can drift against a dramatic backdrop of nearby Mount Bachelor.



East Lake and Paulina Lakes

The Newberry National Volcanic Monument boasts two resorts and a bevy of recreation in the most unlikely of places: the belly of a dormant volcano. Paulina Lake offers multiple campgrounds as well as resort cabin and boat rentals and a shot at trophy brown trout (the previous state record was caught here). On the opposite side of the caldera, East Lake has camping along the southern and eastern shore. A large pumice beach at Cinder Butte Campground is a popular destination for families and offers easy access to the lake and its abundant trout and kokanee salmon. Undeveloped hot springs can be found on the shores of both lakes, including a popular soaking spot just a short walk from the East Lake Resort.

CATCH A LUNKER AT SUNRISE



BACKCOUNTRY LIGHT

Written by **Kim Cooper Findling**

Sometimes you just want a taste of camping the backcountry. Maybe a simple hike into the woods, a single overnight under the stars, coffee and breakfast by a lake and then a return home. Easy one-night backpack trips are good for the family, the beginner or those of us who don't have quite the same spring in our step that we once did. Try one of these three trips for a sleepover in the woods this summer season.

TEDDY LAKE

Teddy Lake is off easily accessed Cascade Lakes Highway, but it's one of the more lightly trafficked trails in the area. The lake is about four miles from the Winopee Trailhead at Cultus Lake, 39 miles west of Bend on Highway 46. Choose a campsite in the trees just above the lake, take a swim before dark and then enjoy the seclusion as the sun sets over the mountain.

LITTLE THREE CREEK LAKE

Three Creek Lake is tucked at the base of the Cascade Range and Tam McArthur Rim, accessed from Sisters on the west side of the mountains. It's known for an alpine ecosystem, clear blue waters and rocky beaches. Little Three Creek Lake is a short hike from Three Creek Lake, perfect for an easy backpack outing. Start your hike at the Driftwood Campground entrance at Three Creek Lake, sixteen miles west of Sisters via Forest Service Road 16. The trail to Little Three Creek Lake is 1.3 miles. Set up camp and take out the fishing pole for some evening trout fishing.

SISTERS MIRROR LAKE

A favorite off of Cascade Lakes Highway is the trail to Sisters Mirror Lake, which connects to the Pacific Crest Trail and offers many variations in length from an out-and-back to a loop. Set forth from the Sisters Mirror Lake trailhead, thirty miles west of Bend on Highway 46. The hike features glimpses of lava flows, a forest of mountain hemlock, small streams and peekaboo views of South Sister. Set up camp at Sisters Mirror Lake, a shallow pool set in a large meadow, or one of the many smaller lakes that surround it, all near the intersection with the Pacific Crest Trail. Sisters Mirror Lake is 6.6 miles round trip.

EASY DAY HIKES FOR THE FAMILY

Tumalo Creek at the top of Skyliner Road

The beauty of Tumalo Creek is its proximity to town, its multiple cascades along the creek, the wildflower meadow at the top, and the fact that you can hike a little bit of the trail or a lot. Set forth and turn around when you're tired.

Six Lakes Trail to Doris Lake off Cascade Lakes Highway

Ditch the crowds at the popular hiking trails and head to Six Lakes Trail which offers access to six different lakes. The trail to Doris Lake makes a nice day hike at less than six miles round trip.

Canyon Creek Meadows in the Mount Jefferson Wilderness

This easy, spectacular hike features wildflowers and ends with Three Fingred Jack right over your head. Jack Creek Road off of Santiam Pass leads you to this 4.5-mile loop.



PHOTO ALISA HAYES, OPPOSITE PAGE RICHARD BACON



Canyon Creek Meadows in the Mount Jefferson Wilderness offers an easy 4.5-mile loop hike.

TEAM HAPPY CAMPER

Insights from a *group camping* junkie

Written by **Megan Oliver**

Group camping is my jam. Isn't that a lot of work, they ask. Not really, I respond. With some advance planning and Google Drive spreadsheets, you can avoid the game of Subaru-packing Tetris or last-minute, fifty-item grocery runs. When everyone pitches in, everyone wins. I coordinate a stress-free annual trip to my remote mountain hometown for a few dozen friends coming from across a tri-state area as well as an annual pilgrimage to 4 Peaks with my string-music-loving, camping family of ten-plus. Here are some next-level hacks our crew has honed over the years.

GROUP CAMPING HACKS & TIPS

DIVISION OF LABOR

Wherever you put down stakes, the menu du jour will elevate the locale. To master group meals insert a little technology in the planning stage with a group spreadsheet that can be shared and edited in real time. Plan for two family-style meals per day: breakfast (more likely brunch at festivals) and dinner. In the meal portion of your spreadsheet, each family or two- to three-person subgroup signs up to cook an a.m. or p.m. meal on one day. Remember to include a column for meal theme. (It takes the olé right out of the festivities if you eat tacos four out of six nights.)

KITCHEN PATROL

A stellar kitchen setup is clutch. The ideal dish system includes two large-yet-shallow plastic bins set on a long folding table. Put campsuds in one bin. Fill each with warm water from a solar shower. Air dry dishware on a microfiber towel. And, please, pack a sponge with a scouring pad. As with cooking responsibilities, consider rotating dish duty to ensure equity.

GO GREEN

Don't leave the food pyramid behind when you leave civilization. Bodies still need vegetables. Flexible plastic cutting boards and one great chopping knife go a long way. You can show them how it's really done by chopping, bagging and freezing fresh veggies in advance.

KEEP YOUR COOL

Ice takes up precious cooler space. Instead, put dry ice in the bottom of each cooler. You *must* then add a layer of cardboard or the food will get freezer burn. The day before departure, put all the beer that is over six percent ABV in your freezer. (Physics prevents high-alcohol beer from exploding and the cold brews will supplement the dry ice.)

LET THERE BE LIGHT

People are clumsy. Ten solar lights placed strategically around camp can prevent twice as many expletives being hurled at tent stakes, logs, coolers, etc. Do the math.

CLAIM YOUR SPACE

A great camp is more than just location; it's also what you do with your temporary home. Insert some personality into your camp with a DIY Living Room.

1. GRAB SOME SHADE

Set up two pop-up shade structures side by side. Functionally, the pop-ups provide respite from midday sun or shelter from the occasional rain shower.

2. ADD A DISCO VIBE

String battery operated LED lights around your space for some late-night mood lighting.

3. CUT THE RUG

Cover the ground under your shade structure with some tastefully mismatched, second-hand area rugs. For additional shade and décor bonus points, hang a colorful tapestry wall. It'll really tie the space together.

4. USE SIGN LANGUAGE

Hang a whiteboard inside for some old school, analog communication. "Heading to side stage at 3:30!" Or just use it to play some late-night Pictionary.

ON THE ROCKS

Locally inspired *camp cocktails* that are light on ingredients and big on taste

Written by **Megan Oliver**

Enhance the intoxicating splendor of mountain air with our simple camp cocktails, tailored to pack a punch while keeping your pack light. Get ready to kick back in a nylon folding chair, cup-and-coozy in hand, and relax.

AND VOILÀ

We're pretty sure this is why Jetboils were invented.

1½ oz. Crater Lake Hazelnut Espresso vodka

1 packet Voilà instant gourmet coffee

6-8 oz. hot water

Combine all ingredients. Stir.

MOUNTAIN MAN-TINI

The official drink of James (or Jane) Bond's Bend holidays.

3 oz. BackDrop vodka

Dry Vermouth

Olives

Pour a splash of dry vermouth in cup. Swish around, coating entire cup with the rinse. Pour out excess. Add vodka and olive juice to taste. Stir.

Tip: Use Oloves brand olives, which come individually portioned and sealed in foil packaging.

CRACKLING NIGHTCAP

Why yes, the stars are sprinkling cinnamon and someone did swaddle you in Gore-tex.

1 part Oregon Spirit Distillers Bottled in Bond Bourbon

1 part Sinfire

Premix at home. Pass around campfire.

ON A LIMB GIMLET

Your campfire singalongs may get a little pitchy after two of these babies.

2 oz. Cascade Alchemy Aged Oregon gin

1 oz. Clear Creek Distillery Douglas Fir brandy

1 oz. grapefruit simple syrup

½ oz. lime juice

Combine all ingredients. Stir.



ELEVATE NATURE'S CHARM WITH *creature comforts*

Written by **Megan Oliver**

4 glamping destinations to book now

KAH-NEE-TA RESORT AND SPA

Folkloric tales will flow when the tipi is aglow. With a firepit and room to sleep ten, the tipis at Kah-Nee-Ta offer a family-friendly experience steeped in culture. Reservations include mini golf and access to the hot springs pool—the makings of an excellent kid's birthday trip. *\$107/night for two people, fees apply for each additional person* | KAHNEETA.COM

PANACEA AT THE CANYON

Luxury tent lodging provides more than a photo op. At Panacea, optional upgrades to an already plush glamping experience include spa treatments and wellness sessions. Relax in the lounging pool or cozy up in plush robes next to the gas fireplace in your tent. Wood floors, ensuite bathrooms, organic linens and down comforters complete this tranquil picture. *\$350/night for two people* | PANACEARESORT.COM

COVE PALISADES RESORT

Offering possibly the only houseboats this side of the Willamette, Cove Palisades Resort rents floating lodging on Lake Billy Chinook. Boat sizes vary, with the largest accommodating sixteen guests. Entertain friends while cruising around the reservoir in style. Sunbathe on the boat's rooftop deck, take a kayak tour or participate in motorized water sports. *Starting at \$1,100 per night, 3-night minimum* | COVEPALISADESRESORT.COM

ELK LAKE RESORT

Tucked in the woods off Cascade Lakes Highway, Elk Lake Resort draws visitors for its prime location on one of the region's favorite lakes for boating, swimming, camping and more. The new Glamping Tents provide everything for an elevated camping experience under the stars. *\$99/night for four people with a 2-night minimum* | ELKLAKERESORT.NET

The new tents at Elk Lake Resort come equipped with furniture and bedding, so you can come back from a day of adventures and relax.

Camp is
Where
you Park it



CASCADIATENTS.COM
PHOTO: @FLOCKABURRRD



Dutch Oven Beer-Braised Baby Back Ribs.
Recipe on page 116.

RECIPES

Camp Cooking Like A Pro

Linda Ly, author of *The New Camp Cookbook*, shares her secrets and recipes for letting the food take center stage on your camping trips this summer.



Recipes excerpted from *The New Camp Cookbook*, published by Voyageur Press, an imprint of Quarto Publishing.

Linda Ly and her husband, along with their toddler, love to take overnight road trips with “no plans, no schedule,” Ly said. “If there’s a squiggly road we see on a map, we’ll tend to take that instead of an interstate or highway.” Ly is the chef and blogger behind Garden Betty, a website devoted to slow cooking and minimal living, and she recently moved to Bend with her family. Their summer adventures across the West were the inspiration for *The New Camp Cookbook*, a collection of more than 100 recipes to be cooked and enjoyed outside. Though the recipes, which range from savory breakfasts on a skillet to foil-baked dishes over a fire, may seem daunting for a weekend camping trip, Ly insists that they are all easy to prepare away from the convenience of a kitchen. She includes hacks and tips throughout the book to make the cooking process easier, and created the recipes using as few dishes as possible to keep cleanup fast so you can get back to enjoying your trip. Created for car camping—Ly’s family motto is, “If it fits, bring it”—these recipes will elevate any camp meal. — Bronte Dod





SWEET POTATO, APPLE AND PANCETTA HASH

Makes 4 Servings

“This autumn-inspired breakfast adds a little flair to the basic bacon-and-potato hash by marrying pancetta and sweet potatoes for a dish that’s deeper yet more delicate in flavor. You can vary the texture and taste by experimenting with different varieties of sweet potatoes (such as Japanese sweet potatoes, which have hints of chestnut) and apples (ranging from sweet to tart). To make more servings (or if you just really like eggs), simply make more wells in the final step of the recipe.”

6 oz. pancetta, cut into small dice	1 tsp. red pepper flakes
1 small yellow onion, finely chopped	½ tsp. kosher salt
2 medium apples, cored and cut into ½-in. dice (about 1 lb.)	¼ tsp. ground black pepper
2 tbsp. olive oil	2 cups packed baby spinach
2 large sweet potatoes, peeled and cut into ½-in. dice (about 2 ½ lbs.)	4 large eggs

Heat a large skillet over medium-high heat. Add the pancetta and cook until browned and crispy, 5 to 8 minutes, stirring occasionally. Transfer the pancetta to a large plate, reserving the fat in the skillet. Let the fat reheat for about 1 minute. Add the onion and cook until it starts to turn translucent, 2 to 3 minutes. Stir in the apples and cook until golden brown, 3 to 5 minutes. Transfer the onion and apples to the plate of pancetta.

Reheat the skillet and lightly coat the bottom with the oil. Add the sweet potatoes in a single layer and cook undisturbed until browned on the bottom, about 5 minutes. Sprinkle the red pepper flakes, salt, and pepper on top and continue cooking, stirring occasionally, for 8 to 10 minutes, or until the sweet potatoes are tender.

Return the pancetta, onion, and apples to the skillet and stir to combine. Add the spinach and cook until wilted, 2 to 3 minutes. Using a spoon, make four deep wells in the mixture. Crack an egg into each well, cover the skillet, and cook until the yolks are just set, 8 to 10 minutes. (If you like your yolks less runny, poach for a few additional minutes.)

DUTCH OVEN BEER-BRAISED BABY BACK RIBS

Makes 4 Servings

“If you like fall-off-the-bone, melt-in-your-mouth ribs with a bit of heat to them, this recipe deserves a turn in your regular rotation in camp. It’s got two great things going for it: a simple rub of savory spices and an easy pour of your favorite beer. As for what kind of beer, well, I’ll leave that up to you (and your cooler supply), but I’m partial to dark ales for the distinct roasted flavor they bring to the dish. Start this recipe as soon as you return from your midday hike, let it simmer for a couple of hours, then clink a few bottles and toast to a day well spent.”

For the Ribs

2 tbsp. packed brown sugar
 2 tbsp. smoked paprika
 1 tbsp. kosher salt
 1 tsp. ground black pepper
 1 tsp. garlic powder
 1 tsp. ground cayenne pepper
 ¼ cup Dijon mustard
 3½ to 4 pounds baby back pork ribs, silver skin removed, rack cut into 4 equal sections
 Note: Baby back pork ribs are also called pork loin back ribs.

For the Braise

Olive oil spray
 2 large bell peppers, cored and sliced
 1 large yellow onion, sliced
 1 cup beer
 2 tbsp. cider vinegar

At Home

To make the dry rub for the ribs, combine the sugar, paprika, salt, pepper, garlic powder, and cayenne pepper in a small bowl.

Spread the mustard evenly on both sides of the ribs, followed by a generous coating of the dry rub. Don’t be afraid to use all the rub; these ribs can take it. Transfer the ribs to a resealable plastic bag, squeeze out the excess air, and chill for at least 1 hour and up to 24 hours.

In Camp

Prepare a mound of wood coals, hardwood lump charcoal, or charcoal briquettes. Move about a quart’s worth of coals to the cooking pit and arrange them in a ring.

To make the braise, lightly spray a dutch oven with oil and heat it over the coals. Scatter the bell peppers and onion in the oven and arrange the ribs on top in a single layer. Pour in the beer and vinegar, cover, and place 1 ½ rings of coals on the lid.

Bake over medium heat for about 2 hours, until the ribs are caramelized, the ends of the bones protrude, and a fork easily penetrates the meat. Replenish the coals as needed to maintain medium heat and rotate the oven and lid every 30 minutes for even cooking.

If you like your ribs wet, transfer the ribs and vegetables to a serving dish when they’re done and cover loosely with foil. Move all the coals underneath the over in a full spread and bring the liquid to a rapid simmer. Cook until the liquid reduces slightly into a thick sauce.

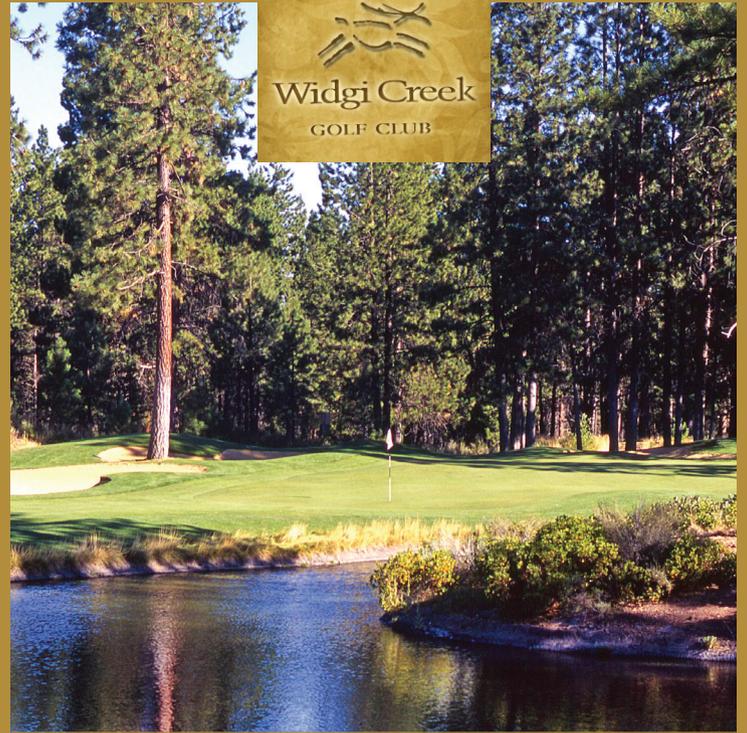
Serve the ribs with a few spoonfuls of sauce on top and a side of braised vegetables.



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COAL-BAKED BANANA BOATS

Makes 4 Servings

“These melty, mouthwatering treats are a camping tradition for my crew. When the fire is starting to wane and we’re yearning for a midnight snack, we put a few of these foil packs on the glowing hot embers. The bananas turn so creamy that it’s almost like eating a chocolaty peanut butter and banana soufflé. They’re also completely customizable and our banana boats differ slightly each time, depending on what we remember to buy or pack. To start your own tradition, create a ‘build your own’ banana boat bar and let your friends concoct their own campfire dessert.”

4 medium bananas
½ cup peanut butter
½ cup chocolate chips
½ cup chopped pecans

Prepare a bed of glowing hot coals in a fire pit.

With the peels still on, split each banana in half, stopping just before you slice through to the bottom. Fill each banana “boat” with equal portions of the peanut butter, chocolate chips, and pecans. Wrap each banana boat tightly with aluminum foil and place the packets directly on top of the hot coals. Cook for about 10 minutes, until the bananas are soft and the chocolate chips are melted.

These banana boats are good with just about anything—try topping them with walnuts, marshmallows, almond butter, peanut butter chips, caramel sauce, or crushed graham crackers (you know, the ones sitting in the bottom of the box that nobody wants for a s’more). B

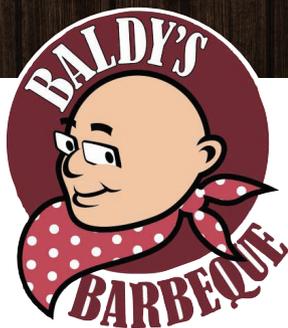


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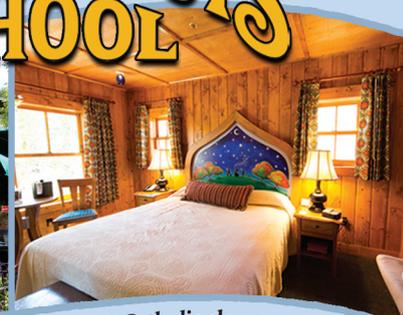
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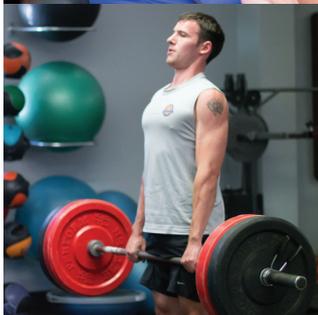
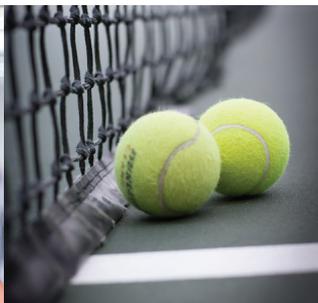
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Come Sail Away

AFTER TRAVELING the world as professional chefs on private yachts, Betsy McDonald and Jaclyn Perez were looking for a port to call home. The pair appears to have found it in downtown Bend where they recently opened The Lemon Tree, a sidewalk-style cafe with a menu inspired by the owners' travels. Lemon Tree serves breakfast and lunch with dishes that range from familiar (eggs Benedict) to exotic (Tunisian style poached eggs). While grounded in Northwest ingredients, the menu is sprinkled with international influences that speak to the owners' worldly palates.

"We traveled around the world on boats," said McDonald. "Maybe today we're in Barcelona and tomorrow we're in Saint-Tropez and three days after that we could be in the south of Italy. So, we were always sourcing whatever was local. We wanted to bring a little bit of that to this operation."

The eclectic menu incorporates a variety of flavors and styles, serving everything from nasi goreng, the national dish of Indonesia to shakshuka, a Tunisian dish.

With dishes like this, along with sidewalk seating reminiscent of Parisian cafes, The Lemon Tree creates an atmosphere that transports customers across the world with each bite. The Lemon Tree also offers full menus for dessert, cocktails, wine and beer. — *Hanna Merzbach*



One Pub to Rule Them All

THIS SUMMER, Boneyard Beer finally opens its long-awaited pub, located in the former Shanghai Garden Chinese restaurant space on Division Street just north of Revere Avenue. First announced in 2015, the project was held up by building permits and other construction-related issues but is now expected to open in early July. Pub manager Jon Avella said the pub will contain a main bar with taps, plus a cocktail lounge with beer and mixed drinks. "Outside of our core beers such as RPM,

Diablo Rojo and Bone-A-Fide, most of our taps will be rotational with one or two guest taps flowing too," said Avella.

In typical Boneyard fashion, the menu will be a statement of culinary defiance that turns the normal brew-pub model on its head with a focus on Asian-Hispanic fusion dishes. "We will not offer a burger, pizza or French fries," said Avella. Boneyard beers will be incorporated into the menu, such as a chili made with Suge Knight Imperial Stout and Fuego Rojo beer cheese. Expect an emphasis on fermented foods as well, such as house-made sauerkraut, kimchi and pickles. — *Jon Abernathy*

IMBIBE

Sangría Mexicana

LOS AGAVES MEXICAN GRILL

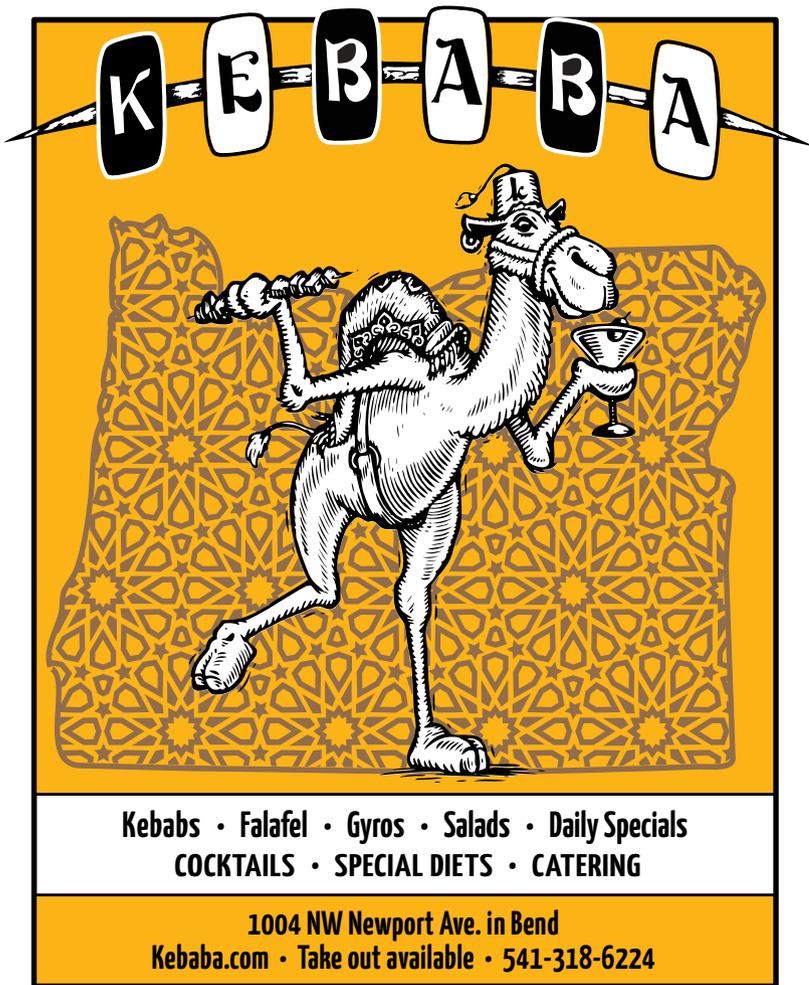
Summertime is a fiesta marathon at Los Agaves Mexican Grill in Sisters. Owner Jimmy Fernandez said, "When the sunshine is out, people like to get crazy and this is the place to go." For seven years, the popular grill has kept Fernandez, a longtime restaurateur, and his team "busy but smiling." Los Agaves recently released a new menu and brought in a line of organic tequilas. Fernandez likes his recipes fresh—and boozy. He said his sangría is best when made by the pitcher, so this recipe should satiate four people. — *Megan Oliver*

SANGRÍA MEXICANA

- 1 bottle grenache wine
- 6 oz. brandy, such as Grand Marnier
- 3 oz. each of orange, apple, and pineapple juices
- Orange, apple, and strawberry slices (roughly chopped)
- Splash soda water

Mix wine, brandy and juices in a pitcher. Refrigerate overnight. To serve: Rub rim of a goblet with lime, then dip in sugar. Fill glass with fresh fruit and ice. Pour into goblet. Top with a splash of soda water. ¡Salud!





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EDITED BY KIM COOPER FINDLING PHOTOS BY ALEX JORDAN

WALK DOWN YOUR STREET on any given summer evening and the scents of burgers on the grill waft in the breeze. Warm weather just makes us want to eat beef, cooked to perfection and wedged between two halves of a bun with all sorts of condiments piled on too. If you're not in the mood to grill up your own feast, Bend is rich with burger options. From burgers with beers, to burgers in your car, to meatless burgers, we've got you covered.

*Brother Jon's Fire Marshal
burger brings the heat.*



BURGERS AND *Brew* TOP PUB BURGERS WITH BEER PAIRINGS

You can acquire an excellent craft beer anywhere in Bend, but that perfect juicy burger to go with your pint ... that's more elusive. Just about every pub in town offers a burger. But not all pub burgers are created equal. My favorite is found at the Pour House Grill. The menu at this south-Bend pub is famous for smoked meats and generous portions. The Pour House's Signature Burger is grass-fed house ground brisket and chuck, perfectly grilled to medium. Add anything from pulled pork to pickled jalapenos to a fried egg on top, and eat it up with a side of French fries, tater tots, mac salad or coleslaw. Beer pairing: Sunriver Brewing's Fuzztail Hefeweizen.

— Kim Cooper Findling

Pour House Grill
61276 S. Hwy. 97, Bend

Brother Jon's Public House
1227 Galveston St., Bend
BroJo's nails solid pub food accompanied with a long, frequently changing tap list in a casual, friendly location. Try the Fire Marshal Burger: two patties with bacon, pepper jack, habanero cheese sauce, pepperoncinis and roasted jalapeños. Beer pairing: Double Mountain Vaporizor Ale

The Hideaway Tavern
939 SE 2nd St., Bend
The Hideaway is a sports bar sheltering some of Bend's best food. Try the Hideaway Burger on a Big Ed's Texas toast bun. Beer pairing: Forget the craft brew—now's your chance for a Pabst Blue Ribbon on tap.

Deschutes Brewery
1044 NW Bond St., Bend
The original Bend pub, Deschutes Brewery sports a signature burger made with a barley beef patty topped with pepper jack cheese on a brioche bun. Beer pairing: Black Butte Porter.

The Row
61240 Skyline Ranch Rd., Bend
The Bleu Diamond burger at the Row, topped with maple bacon and bleu cheese, practically has its own local fan club. Beer Pairing: The Bleu Diamond is served with IPAoli, so you'd better make it a Bend Brewing Co. Elk Lake IPA.

The Big Kahuna burger at the Pour House includes ham and pineapple.



Nostalgia, WITH A SIDE OF FRIES

BEST DRIVE-IN BURGERS

The beauty of the drive-in burger lies in its simplicity. Beef patty with melted cheddar cheese, onion, lettuce, tomato, maybe a pickle or two and some fry sauce between two potato buns. It's nothing fancy, but that's not the point. A drive-in burger is the kind of burger you crave on a road trip, or after a long hike and a dip in lake. Central Oregon has a stellar lineup of classic drive-in burgers. But Sno-Cap in Sisters, that iconic white, 50s-style building on the corner of the Western town, takes the prize, if only because the fresh milkshakes alongside it are truly the perfect pairings for a meal that tastes like childhood with each bite.

— Bronte Dod

Sno-Cap

380 W Cascade Ave., Sisters

Dandy's

1334 NE 3rd St., Bend

Dandy's may win in the charm category alone, with the servers meeting you at your car on roller skates.

Jody's

807 SW 14th St., Redmond

Jody's is best in the summer, as there's no indoor seating, but it's one of the best burgers you can get in Redmond.

Tastee Treet

493 NE 3rd St., Prineville

Tastee Treet is old school Americana at its finest. The neon signs outside make it look like it hasn't changed since it opened, and thank goodness the hand-cut fries haven't either.

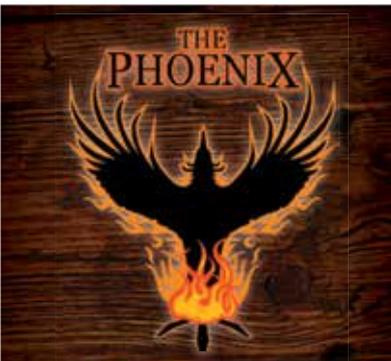
Pilot Butte

917 NE Greenwood Ave., Bend

If you're looking for the most bang for your buck, head to Pilot Butte, where the handmade burger is one of the largest in town.

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Where's THE BEEF?

TOP BURGERS NOT FROM COWS

Even the most devout carnivore among us occasionally needs a break from the beef. Luckily local restaurants have heard the call and diners can find a meatless burger option nearly anywhere. But Next Level Burger on Bend's west side is in first place for best non-cow-derived burgers. Boasting 100 percent plant-based burgers, Next Level has ten burgers on the menu, none of them sourced from animals. Quinoa, mushrooms, black beans and more make up the meat of these patties, which can be topped with a variety of delicious additions. Add a side of baked or deep-fried potatoes, three bean chili or sautéed kale, and nosh away to your guilt-free content. — *Kim Cooper Findling*

Next Level Burger

70 SW Century Dr., Suite 120, Bend

Wild Oregon Foods

61334 S. Hwy 97, Suite 360, Bend

Wild Oregon Foods specializes in locally-sourced food. Their bison burger comes from regional buffalo with special sauce and Tillamook cheddar on a Big Ed's potato bun.

McMenamins Old St. Francis School

700 NW Bond St., Bend

At Bend's McMenamins location, the expedition elk burger is topped with coffee-bacon jam, black garlic aioli and white cheddar on a sesame brioche bun.

Bethlyn's Global Fusion

1075 NW Newport Ave., Bend

Bethlyn's takes the usual dishes and gives them an international twist. This restaurant's version of a seared salmon sandwich is Vietnamese, with cabbage, pickled onion, crushed peanuts and sweet chili sauce. **B**

Next Level Burger takes meatless over the top with The Animal "burger."



RANCH

Staking Their Claim

Unlikely duo pioneers an artisan beef and pork concept in Tumalo

WRITTEN BY ERIC FLOWERS

There are no big iron gates at the entrance to the driveway that leads to Pioneer Ranch. There is no archway displaying the ranch's brand. You won't even find a horse on this thirty-acre property tucked between Bend and Sisters. What you will find is a herd of beef cattle lolling in a pasture framed by the Three Sisters mountains. The cows, a mix of beef cattle breeds, are the backbone of Pioneer's booming artisan beef business. They are also the test subjects in owner Evan Moran's ongoing quest to create the perfect steak.

Rewind to 2014. Moran, a pharmacist by trade, had recently relocated his family to Bend from the Fresno area. Moran was working at the Bend Rite Aid pharmacy and living on Bend's west side when he started toying with the idea of buying some property and playing farmer. "It was really just to get out of town," said Moran, during a recent tour of his property. "We went from one-third of an acre to thirty acres."

Moran acquired five pigs within a few months after the move in 2015. At the same time, Moran had been developing a friendship with Beau Beach, the gregarious owner of Bom Dia coffee on College Way near Central Oregon Community College, where Moran would regularly stop in for a cup of joe. Beach is the product of a Cottage Grove logging family and grew up close to the land. A natural entrepreneur, Beach worked briefly in emergency services before realizing he was more suited to running a business than an ambulance.

Moran was going through a similar mid-career reevaluation when the two struck up a friendship. The duo started casually throwing business ideas around. Moran's new property seemed like the perfect incubator for an artisan ranch concept. Moran would provide the land and handle the animal science. Beach would provide the entrepreneurial spark needed to differentiate Pioneer Ranch from the rest of the pack. With a handshake the business was born.

Just two years later, the operation has taken off. Pioneer Ranch is up to a population of nearly 100 beef cattle this year. The hog operation has outgrown a former horse corral and is set to move off-site to land leased from a neighbor. Customers meanwhile are lining up for



Beau Beach and Evan Moran

Pioneer Ranch's products, which are available in boxes of selected cuts of beef and/or pork through Pioneer's website and available for pick-up at Bom Dia.

The key is flavor. The secret, said Beach, is a combination of breed and feed. When it comes to beef, the two believe they have hit on the perfect formula that relies on a traditional grass-fed pasture approach combined with a multistep grain-finish process that employs spent grains from local brewers and Bend Distillery. Pioneer takes a similar approach with its pigs, believing that good flavor can be developed. That has also allowed them to use non-traditional breeds, such as Berkshire pigs, one of the staples of Pioneer's herd.

Beach credits Pioneer's rapid growth in part to the unique product, but also Central Oregon's conscientious consumers. "Bend is all about being local and being educated," he said.

The response has Beach and Moran working long hours to meet demand, but it's a good kind of busy. "It's growing so much faster than we expected. Our business plan is changing on a daily basis," said Beach.

Moran and Beach have big plans for the brand, for sure. In the meantime, you can sample their products as hamburgers, kebobs and more at regular tasting events at Bom Dia, where Beach is hosting a barbecue the first Wednesday of the month throughout the summer. You can also find them at the Tumalo Coffeehouse on Tuesdays, where they will be offering meals and selling their signature Pioneer Ranch select meat boxes. Pioneer will also be at all the requisite festivals, including Munch and Music, Bite of Bend and Bend Summer Festival. ■



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EVENTS

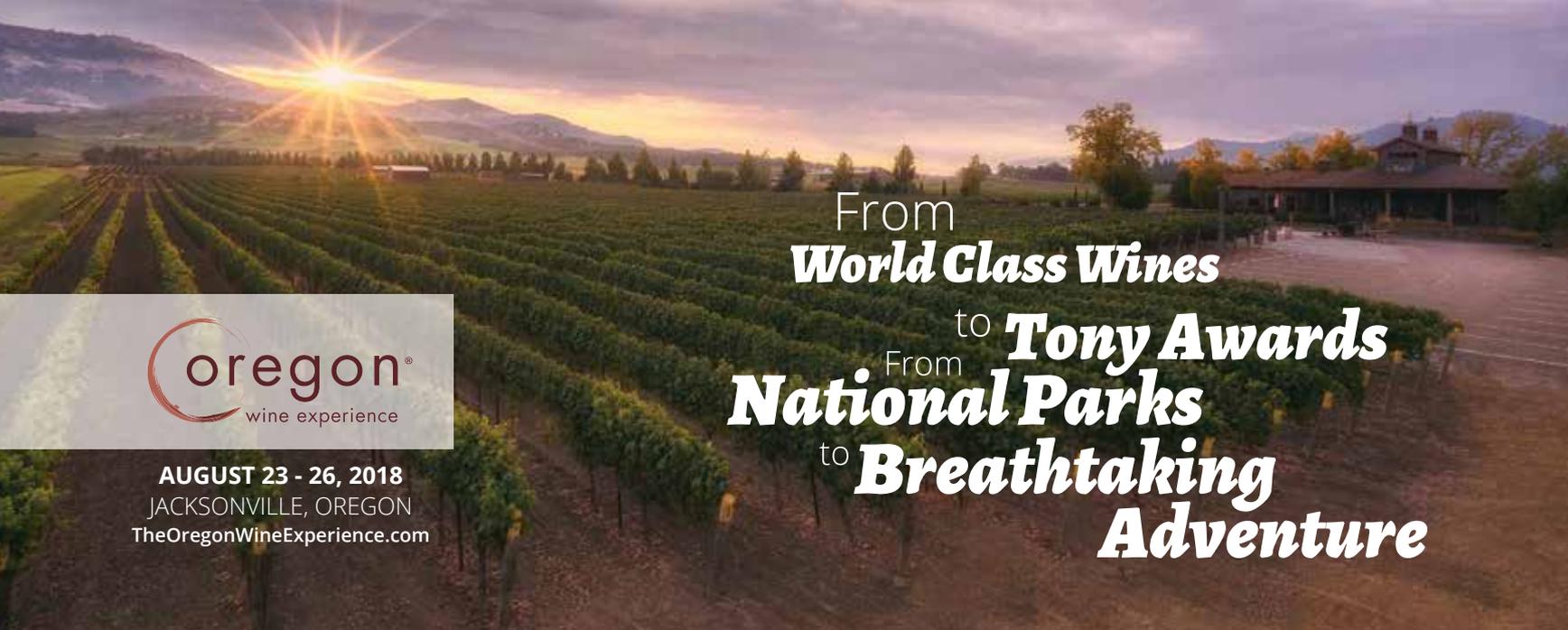
Breezing Along

A summer weekend celebrates the art and science of hot air ballooning.

TAKE TO THE AIR. Every summer, the magical elegance of hot air balloons fills the sky over Bend. The three-day Balloons Over Bend kicks off this year on July 27 with the Night Glow at dusk, a chance to relax in the grass and see colorful balloons lit in Riverbend Park. Each early morning of the event, the same balloons take to the sky. Arrive at the park at 6 a.m. to watch them launch or sign up for a ride of your own, or simply gape at the sky from wherever you are in town. The concurrent Children's Festival runs Saturday and Sunday, with more than sixty activities for the kids to enjoy. The event benefits Saving Grace's domestic violence services.

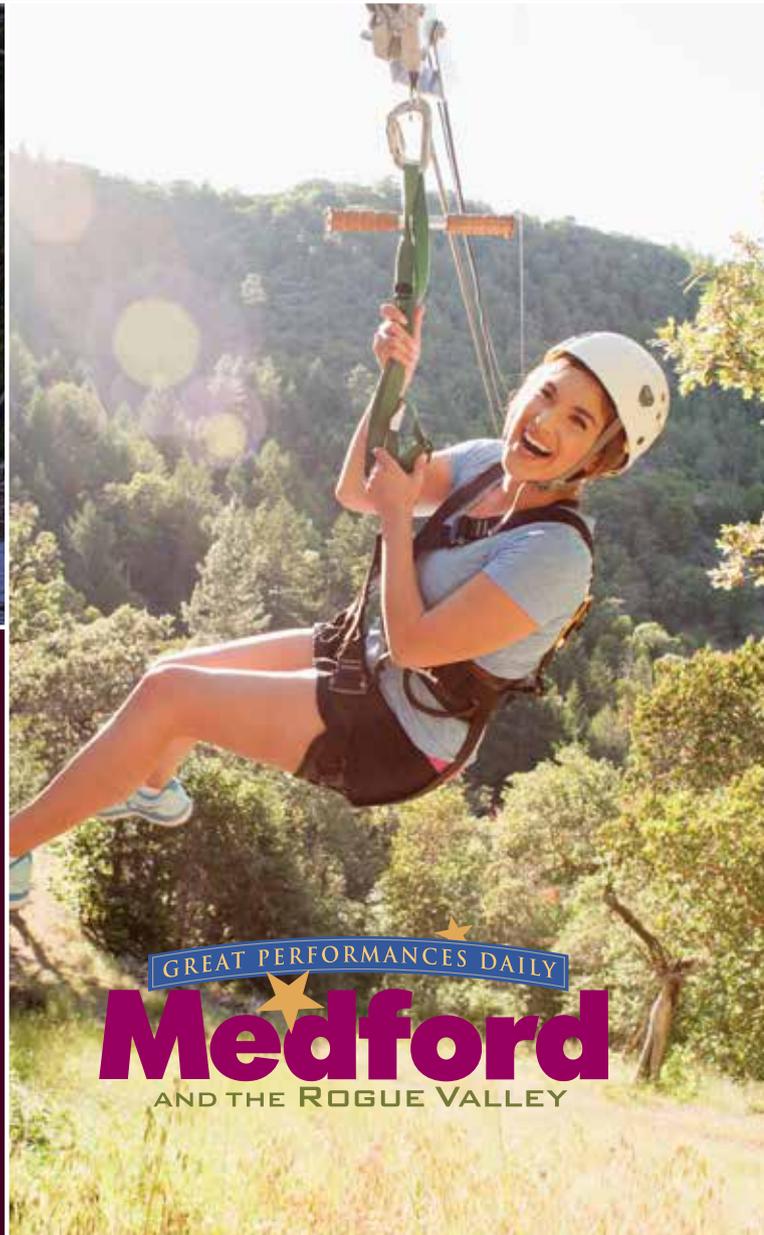


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ART

Hot off the Press

Bill Cravis's dual installations subvert the status quo.

WRITTEN BY LEE LEWIS HUSK PHOTOS BY HEAVEN MCARTHUR

In a small gallery hidden away in the maze of the Central Oregon Community College campus is an exhibit with a big impact. Artist and instructor Bill Cravis created two separate installations in the Pence Gallery designed to be experienced.

The front half of the exhibit, Reality! Season One, evokes Andy Warhol's 1962 Campbell's soup can paintings. The work is stark, repetitive, minimalist and controversial like Warhol's pop art was when he challenged traditions of fine art in the '60s.

"This is art that is immersive," explained Cravis. "This is art that

you walk into and interact with. It's not passive."

Cravis made thirteen firetruck red boxes to display white ceramic coffee mugs. The boxes and mugs start huge—the mugs are large enough to hold a carafe of coffee—then diminish as the viewer moves around the room, eventually becoming dollhouse-sized. Each white mug is emblazoned in black with a single banner headline from *The New York Times*, starting with January 20, 2017, the day of Donald Trump's inauguration. A significant number of headlines are about the Trump presidency. The last tiny mug is dated January 19, 2018.





MODERN METAPHORS

TOP Reality! Season One is a new immersive art exhibit by Bill Cravis.

BOTTOM LEFT Cravis said Bend's art scene needs a 21st century beat.

BOTTOM RIGHT Each mug was handmade and painted with a different headline.



Visitors tempted to pick up a mug may do so carefully.

"A lot of my work is satirical, like a jab," he said. "But this is more objective. The primary metaphor is of something big and disturbing that begins shrinking until it becomes trivial. For me it's very personal."

Reality! Season One started with Cravis's self-reflection of drinking coffee each day while reading or listening to news reports of suicide bombings, school shootings, environmental catastrophes and global tragedies. The overlap of "something so pleasurable with something so disturbing in the news" led to the installation, he said.

After her second visit to the show, COCC theater student Aislin Goldrick said, "It's funny but kind of sad and depressing. These are all things that Trump said. The mugs with texts are simplistic and powerful, and the sheer quantity of them fills the room."

In the back half of the gallery, Cravis finds his satirical voice in Happy Campers, which consists of four video monitors that loop sequences of people singing "Row, Row, Row Your Boat" in their cars. Cravis started the project while living in Minnesota before coming to COCC to launch 3D Design and Sculpture programs in 2012. He finished the installation this year during an artist residency at

Caldera in Sisters.

In Minnesota, he recruited about 120 individuals to sit in their cars and sing while he videotaped them. Because the participants were isolated without the benefit of hearing each other's voices, the result is an uncomfortable dissonance. The image of traffic jams and solitary drivers "trapped in their hulking automobiles, bumper to bumper adrift in a sea of other solitary drivers, is a grand display of frustrated individuals getting nowhere," he wrote of the exhibit. Outside the car windows is an eerie red, fiery glow that contrasts with the voices singing "life is but a dream."

In a way, Cravis has created an installation that challenges the Central Oregon art community, which he feels is missing a contemporary beat. "It's a place that hasn't yet embraced 21st century art forms," he said. "Sometimes I feel like I don't belong here. I'm not making art objects as commodities to be passively consumed. I want my art to disrupt the status quo." ■

The installation opened in May and runs through July 31. Hours are 11 a.m. to 5 p.m., Wednesday, Thursday and Friday and by appointment.



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WRITTEN BY DALTON CHAREST

LOCAL ARTIST

Karen Eland pours a little more into her craft

WALKING THROUGH PAINTER Karen Eland's art studio, there are a series of pieces that feel both familiar and unique.

Eland recreates popular masterpieces with a twist. Rather than using oil or water-based paint, she uses only beer or coffee. And so, we have "The Drinker" and "Mona Latte."

Eland moved to Bend in 2008 as an already accomplished painter using coffee as a medium. Living in the U.S. city with the most breweries per capita, it didn't take Eland long to incorporate beer into her artwork. We sat down with Eland at her Workhouse studio in Bend to talk about the intersection of beer styles and brush strokes.

How did you transition from being a beer and coffee drinker to turning this into art?

I thought of the idea of painting "Mona Lisa" with a coffee cup and it was just kind of a cheesy fun thing to do that I called "Mona Latte" and it worked! It set me off onto all the different spoofs you can do of famous pieces and then my own ideas. I got around to beer realizing its similarities by doing a version of "The Thinker" which I called "The Drinker."

What's the process look like in converting beer into a painting medium?

I found that the more I just kind of let the beer dry up in a bowl, then the darker it is when it evaporates out of the water so it's thicker almost like the consistency of acrylic paint. I don't have to mix in any painting mediums or any of that. If the paper can absorb more layers it will just keep getting darker.

What's your beer of choice when you're doing your work?

Whichever beer I want to taste first! I definitely have to use a porter or stout. That usually finds its way onto my palette.

Your work has taken you to places all over the world, particularly Europe. What were some things you were doing out there?

I went to England to paint an ad for a beer company there. It's an English beer called Cobra that's meant to go with curry. They said I could paint with curry spices and beer mixed together. That ended up looking really different than all my other stuff!



What's your process look like every time you sit down and paint?

I like to sit down and have a drink of whatever the beer I'm painting with. I'll take a sip of that and have my candle set up with some music or a story that helps me zone in without being distracted.

What do you hope to convey most to people through your work?

That art is fun. You can have fun with life and experiment with things and if you like something, do that thing! KARENELANDART.COM

ART IN THE HIGH DESERT

Art Town USA (at least for three summer days)

BEND IS BIKE TOWN, Beer Town and according to some Dog Town, USA. But Art Town? Well, given the proliferation of art studios and creative collectives, it might not be such a stretch. It's also home to one of



the Northwest's premier juried art shows.

Art in the High Desert is bringing more than 115 nationally acclaimed artists to the banks of the Deschutes River in the Old Mill District from August 24 to 26 for the eleventh straight year.

Ranked among the country's top ten fine art fairs by the Art Fair Sourcebook, Art in the High Desert is a labor of love for co-founders Dave and Carla Fox, who produce the free event as a sort of counterweight to all the kitschy craft art found at the region's innumerable "festivals" and street fairs.

"This is about good visual arts," said Carla. "This is a show for artists, run by artists."

Art genres range anywhere from prints, sculpture, jewelry, paintings and more. Jurors select from more than 700 different artists applications from all over the country and Canada. The event draws thousands who come to browse the art, buy and collect, and see the range of artists and mediums. ARTINTHEHIGHDESERT.COM

PHOTO TOP: CAITLIN EDDOLLS



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4

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LAPINEFRONTIERDAYS.ORG

4

BEND

PET PARADE

Forget the fireworks, the best event in Bend on Fourth of July is the Pet Parade. Watch the region's pets walk, crawl, hop or slither through downtown Bend. Then head to the Old Fashion Festival at Drake Park.

BENDPARKSANDREC.ORG



6-8

FOSSIL

WHEELER COUNTY BLUEGRASS FESTIVAL

Bluegrass connoisseurs won't want to miss the Wheeler County Bluegrass Festival held in Fossil. The annual show brings out bluegrass bands to entertain throughout the weekend and hosts other activities and events for families.

WHEELERCOUNTYBLUEGRASS.ORG

6-8

LA PINE

LA PINE RODEO

Kids and families will enjoy the La Pine Rodeo, where you can watch rodeo performances with everything from bull riding to mutton busting. Country artist Aaron Watson will be headlining the kickoff concert on June 29.

LAPINERODEO.COM

13-15

BEND

SUMMER FESTIVAL

During the day, find local vendors with fine arts, handmade goods, local food and drinks and more. On Friday and Saturday nights, stay late for the live music, which always draws a crowd.

BENDSUMMERFESTIVAL.COM

14

SISTERS

SISTERS QUILT SHOW

A week of activities surrounds the annual Sisters Quilt Show, which draws textile artists from around the state and beyond to see the colorful display of quilts that take over Sisters for a day.

SISTERSOUTDOORQUILTSHOW.ORG

27-28

MADRAS

JEFFERSON COUNTY FAIR & RODEO

Classic rodeo competitions take place Friday and Saturday evenings, but there are lots of events and activities throughout the days to keep kids and family busy.

MADRASCHAMBER.COM

19-21

BEND

CORK & BARREL

This three-day festival showcases some of the region's best wineries from around the state, and this year will also bring winemakers from Sonoma, for an upscale food and wine tasting event benefiting the KIDS Center.

CORKANDBARREL.ORG



27-29

BEND

BALLOONS OVER BEND

Witness hot air balloons rise with the sun, or stay at the festival late to watch them glow in the night. Balloons Over Bend is a three-day festival designed for kids and families.

BALLOONSOVERBEND.COM

27-29

NEWBERRY EVENT MUSIC & ARTS FESTIVAL

Don't miss this music festival in La Pine, a benefit for Defeat MS. The festival in the woods at the Diamondstone Guest Lodges will have more than twenty bands throughout the weekend. It's a family-friendly festival full of activities everyone will enjoy.

NEWBERRYEVENT.COM



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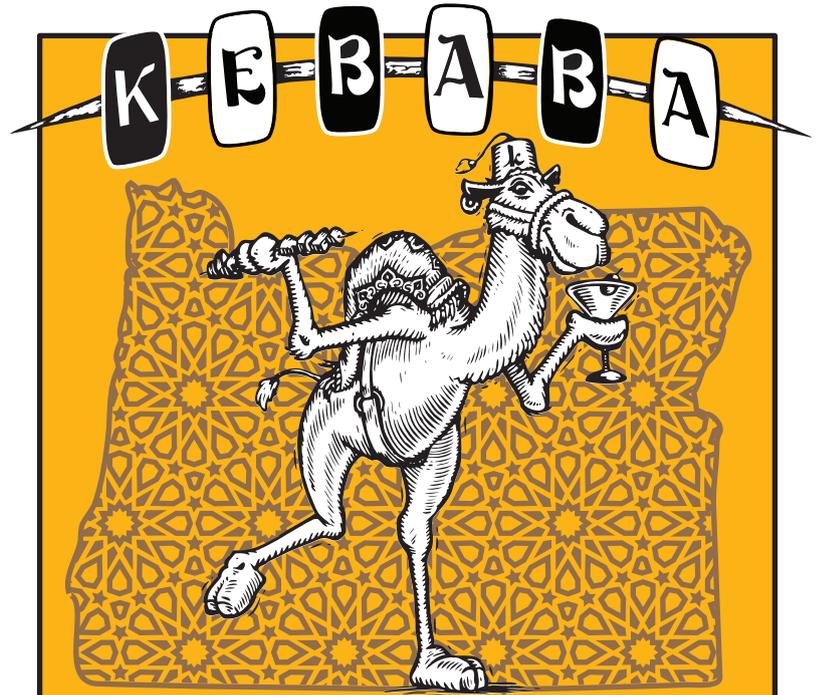
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AUGUST

3-4

SISTERS

RHYTHM & BREWS FESTIVAL

A new festival comes to Sisters this summer. The Rhythm & Brews Festival will be a two-day music event with craft brews and live music from John Mayall, Nikki Hill, Curtis Selgado, Hillstomp and more.

SISTERSRHYTHMANDBREWS.COM

10-22

SUNRIVER

SUNRIVER MUSIC FESTIVAL

Each year, world-class musicians come to Sunriver for a series of classical music performances in August. There are a variety of concerts to watch, as well as masterclasses and open rehearsals.

SUNRIVERMUSIC.ORG

10-12

SUNRIVER

SUNRIVER ART FAIR

The annual fine art fair brings dozens of professional artists to Sunriver for a three-day outdoor gallery. There will also be live music, local vendors, and an arts and crafts area for kids.

SUNRIVERARTFAIR.ORG

16-18

BEND

BEND BREWFEST

If you only make it to one festival this summer, make it Brewfest. One of the largest beer festivals in the region brings more than 200 craft brews and ciders to town for a three-day tasting event and party drawing thousands of visitors.

BENDBREWFEST.COM

1-5

REDMOND

DESCHUTES COUNTY FAIR & RODEO

One of the region's largest events turns ninety-nine this year. Find carnival rides, games, rodeo performances and concerts from national country music acts, including Big & Rich, Grand Funk Railroad and Gary Allen.

EXPO.DESCHUTES.ORG

17

BEND

MUNCH AND MOVIES

Take the family to the park for a movie. Pack a picnic and set up on the lawn to watch a family-friendly show under the stars.

NORTHWESTCROSSING.COM

24-25

BEND

THEATER IN THE PARK

The long-running Shakespeare in the Park event has now broadened its playbill. This is the inaugural year of Theater in the Park, with "Jesus Christ Superstar" as the main act.

THEATERBEND.COM

11

TUMALO

BIGSTOCK BEND

Bigstock Bend is a one-day music event and the largest fundraiser for Oregon Adaptive Sports. Bruce Hornsby & The Noisemakers are the headlining act for this popular festival, sponsored by Pine Tavern.

BENDMAGAZINE.COM/BIGSTOCK-BEND

24-26

BEND

ART IN THE HIGH DESERT

Central Oregon's premier fine arts event draws thousands of artists and art connoisseurs to the Old Mill District for a three-day outdoor event. Find a variety of contemporary art for sale from international as well as local artists.

ARTINTHEHIGHDESERT.COM

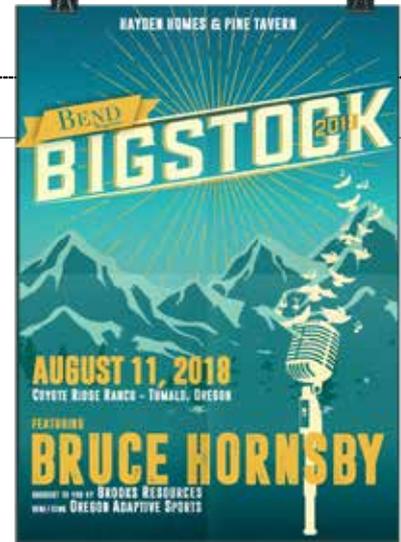
24-25

MADRAS

THE AIRSHOW OF THE CASCADES

More than just vintage and modern plans will be on display at Airshow of the Cascades. The event has a car and motorcycle show, live music, local vendors, and activities for kids and families.

CASCADEAIRSHOW.COM



SCENE
& HEARD



JILL ROSELL IS A BEND LIFESTYLE AND PORTRAIT PHOTOGRAPHER AND CREATOR OF "I LOVE BEND, OR". AS BEND MAGAZINE'S EVENTS AMBASSADOR, JILL IS AVAILABLE TO PHOTOGRAPH SELECT HAPPENINGS AROUND CENTRAL OREGON. YOU CAN REACH HER AT, JILL@BENDMAGAZINE.COM



JILL ROSELL
PHOTOGRAPHY

1. Sally Russell, Anne-Marie Daggett, Stephanie McNeil, Jill Rosell and Maeve Perle at Pole Pedal Paddle. 2. Karen Cammack and Sally Russell at Pole Pedal Paddle. 3. Lew Hollander at Pole Pedal Paddle. 4. Stacy Desmond, Taylor Mahony and Jason Wiener at BendTech Happy Hour. 5. Matt and West Abrams at BendTech Happy Hour. 6. Shelly and Shawn Buche at Riverfest. 7. Noelle Fredland and Brent Joseph at Riverfest.



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1. Kevin Wright, Alana Hughson, Teresa O'Neill, Petra Hackworth and Geoff Lacher at the Oregon Governor's Conference on Tourism. Photo by Central Oregon Film Office. 2. Scott Bricker and Todd Davidson at the Oregon Governor's Conference on Tourism. Photo by Central Oregon Film Office. 3. Lori Ray, Myria Bury, Dana Whitelaw and Graham Zimmerman at the High Desert Museum. 4. Vanessa Tobolski, Travis Ulrich, Emma Ulrich, Emily Hepp, Meghan Detwiler, Gavin Hepp, Cheyne Detwiler and Matt Tobolskir at the Ripples fundraiser for the Deschutes Children's Foundation. Photo by Amanda Photographic. 5. Eric Haynie, Marissa Carruth and Chris Ritzenthaler at the Ripples fundraiser for the Deschutes Children's Foundation. Photo by Amanda Photographic.

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ABOVE & BEYOND



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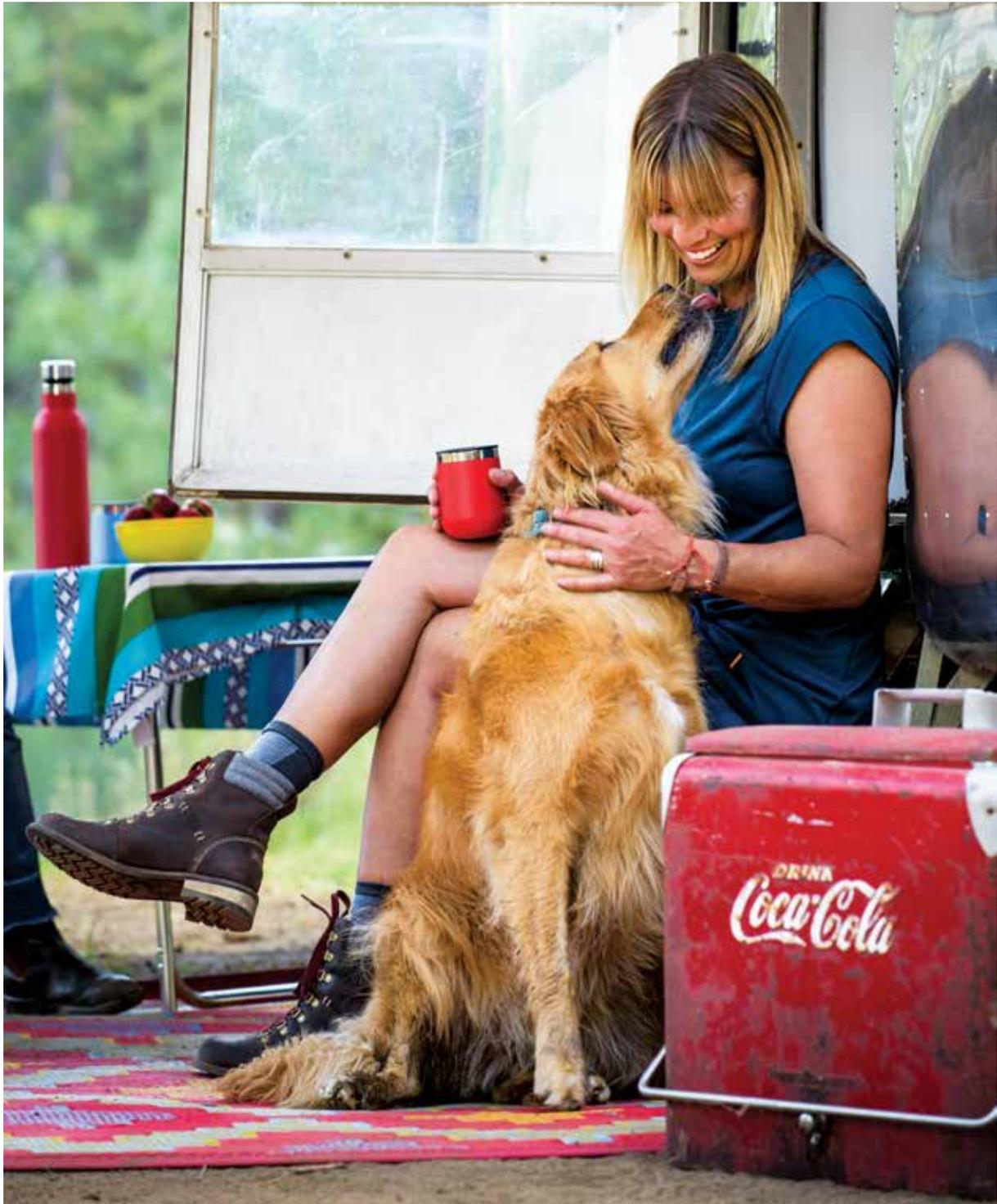
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PHOTO STEVE TAGUE



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Treaty of the Middle Columbia River Tribes and Bands*



JUNE 21ST - NOVEMBER 3RD

FROM LEFT - GEORGE MEACHEM, ISAAC MCKINLEY, CHARLEY MCKINLEY, NATHAN HEATH, JACKSON CULPS



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