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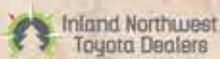


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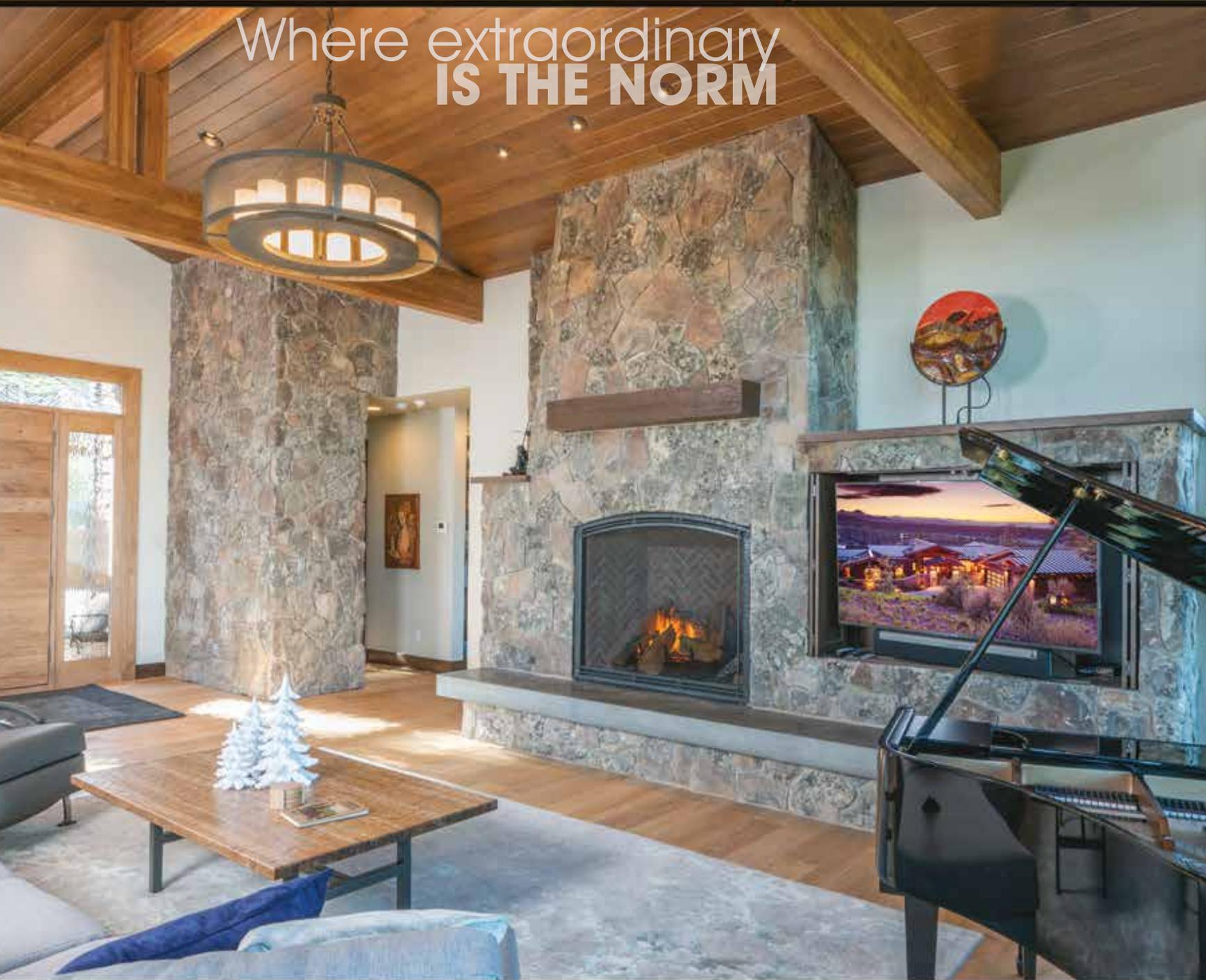
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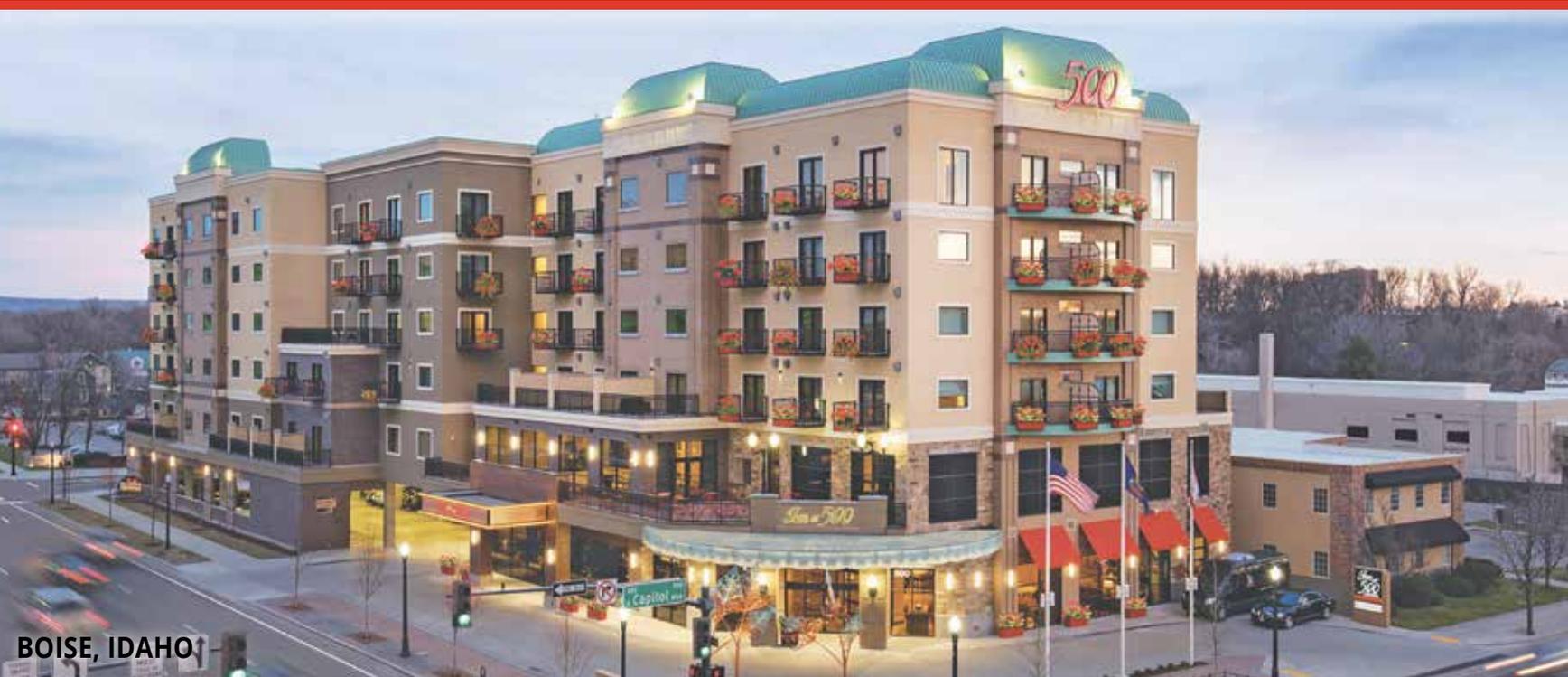


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**UNBROKEN SPIRIT**  
*Central Oregon's equine community doesn't agree on much, but it can agree on finding a way to save a retired racehorse.*

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WRITTEN BY TIFFANY PAULIN

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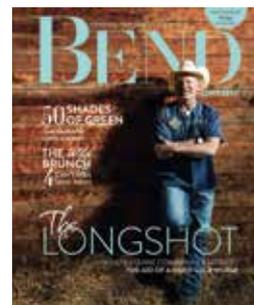
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**THE ARTIST AND THE BARN**

After thirty years cultivating Central Oregon's arts community, Kathy Deggendorfer takes on her biggest project yet: transforming a historic ranch into a center for arts and sciences.

WRITTEN BY CATHY CARROLL



**ON THE COVER**

Dr. Patrick Young, a renegade horse veterinarian, leans against a barn at Rafter J Ranch in Bend.

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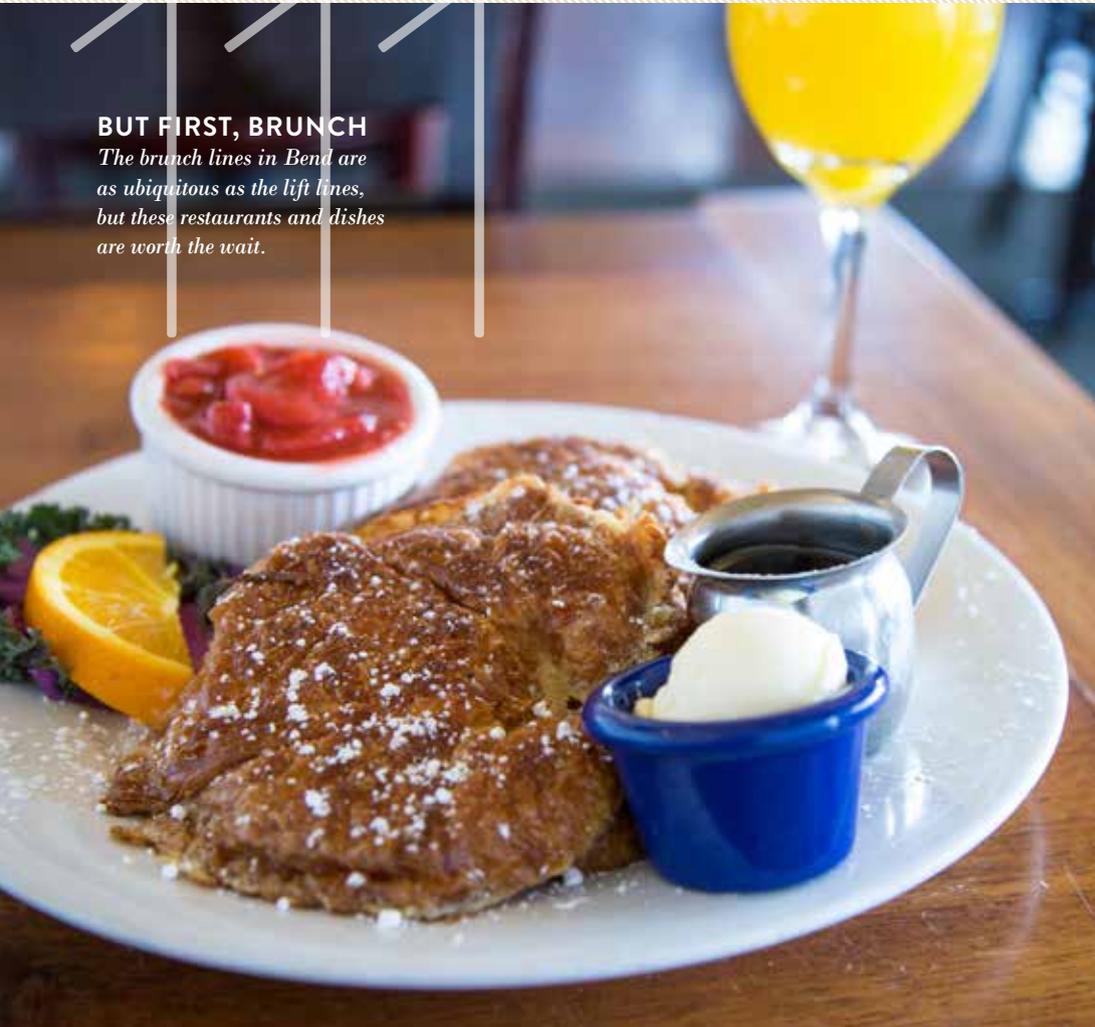
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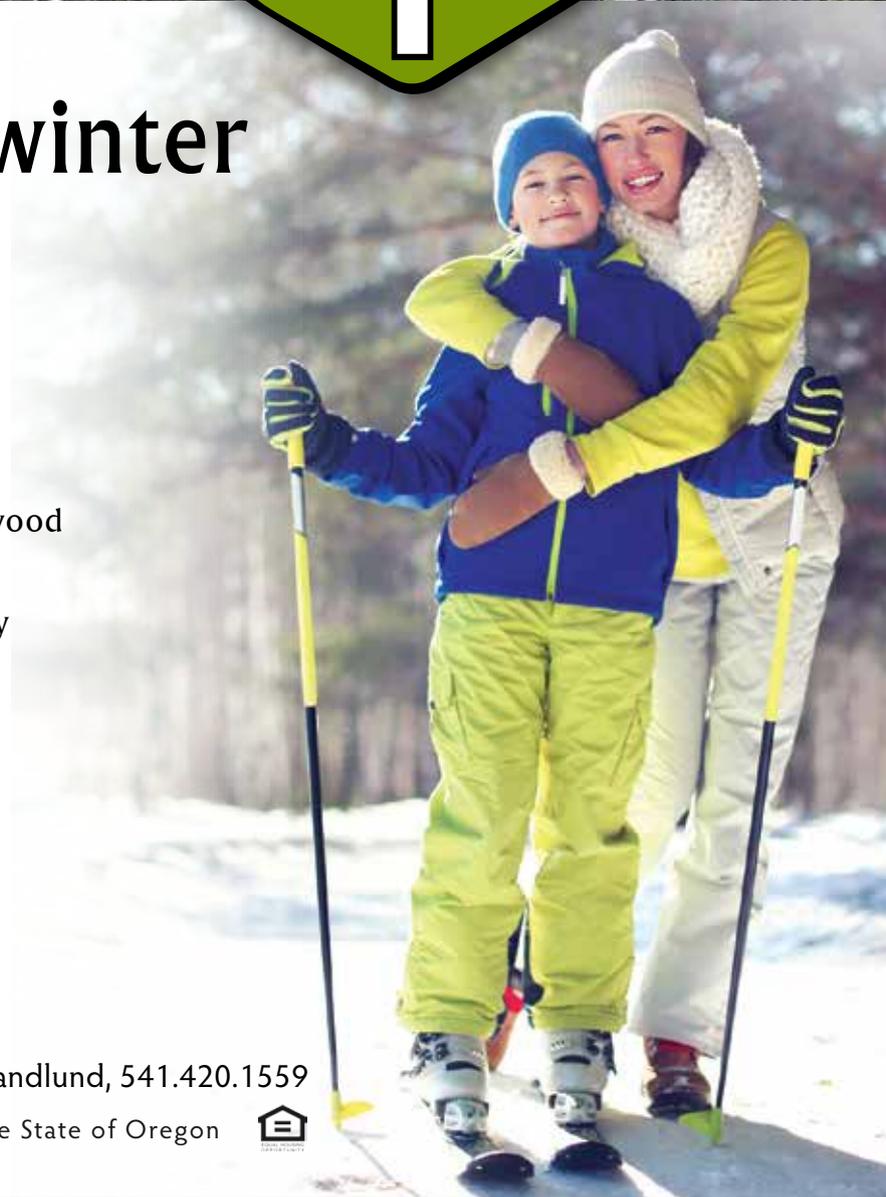
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# WORDS *and* PICTURES



## • JON ABERNATHY

• Jon Abernathy wrote *Bend Beer: A History of Brewing in Central Oregon* and has been blogging about craft beer for more than a decade—and drinking and homebrewing it for far longer. In 2004, Jon launched “The Brew Site,” a blog dedicated to all things beer and brewing. The blog is the longest-running American beer blog, and has documented the change and rapid growth that has characterized the Bend and Central Oregon brewing scene. In this issue, Jon interviewed Sunriver Brewing Company’s Brett Thomas (p. 29). Follow Jon at [THEBREWSITE.COM](http://THEBREWSITE.COM)

## KATY BRYCE

Katy Bryce moved to Bend in 1997 to live right in between the lush temperate forests of the Cascade Mountains and the wide sage-covered plateaus of the high desert. She’s the author of *Mountain Bike Bend: 46 Select Singletrack Routes* and is a freelance writer with a keen eye on travel, outdoors, cycling, adventure, environment and community. She and her husband, Chris, dig any adventure that includes being off the beaten track, mountain biking, surfing and eating tacos in Oregon and all over the world. In this issue, Katy toured three sustainable homes in Bend (p. 66).



## • MIGHTY CREATURE CO

• Mighty Creature Co is the creative collaboration between local photographers Ryan Cleary and Adam McKibben. Sharing a passion for Bend life and story-driven imagery, the two joined forces in 2016 and have been creating imagery for local, national and global brands ever since. In this issue, Ryan and Adam photographed the feature story “Saving Norris” (p. 92), traveling to barns and ranches across Central Oregon to capture the region’s equine community. They also photographed two sustainable homes in Bend for the Green section (p. 65).

## TEAFLY PETERSON

Teafly Peterson landed in Bend fifteen years ago and has found it very difficult to leave, although she certainly has tried. An illustrator, performer and poet, she often uses her work to engage people on a variety of issues from protecting the environment to human rights. In this issue, Teafly interviewed entrepreneur and activist Sara Wiener (p. 62). When she is not off chasing trains, you can find her in her studio at The Workhouse on SE Scott Street. She is the one with marker all over her hands.



## • JILL ROSELL

• Jill grew up in New Zealand and after university lived and traveled around the globe. In 2000 she called Bend home. Jill is known for her passion for photography and love for Bend. She is the creator of the brand “I Love Bend, OR” and has a successful lifestyle and portrait business. When she doesn’t have her camera in her hands or isn’t out playing in the outdoors, she is raising her two teen Bendites. In this issue, Jill photographed George Morris, the innovative chef at downtown Bend’s new steakhouse Bos Taurus (p. 117). See more of her work at [JILLROSELLPHOTOGRAPHY.COM](http://JILLROSELLPHOTOGRAPHY.COM)

## GRAHAM ZIMMERMAN

Graham Zimmerman is a multi-disciplined expert who excels in the wild corners of the world, having climbed new routes in the Pakistani Karakoram, shot films on the volcanoes of the Atacama desert, and run complex logistics in the wilds of Ethiopia. As a filmmaker, he has worked with brands and organizations including REI, Outdoor Research and Outside TV. As an alpinist he has won prestigious awards in New Zealand and the United States for first ascents on four continents. Born in New Zealand, Graham is now based in Bend. In this issue, he shared his epic shots of climbing at Smith Rock (p. 100).



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# FROM *the* EDITOR



## Explore Boldly, Tread Lightly

It seems not a week goes by that Bend and Central Oregon don't end up on the front pages of another national publication, whether it's *The New York Times* attempting to quantify Facebook's impact on Prineville or *Outside* magazine chronicling Bend's trail running scene. It all adds up to greater attention and interest in our region. That has translated into another surge in population growth and the requisite hand-wringing over how to capitalize on the influx of money and talent into our region

while maintaining the things that made Central Oregon great in the first place.

Bend city planners and elected officials are wrestling with this question right now, as they mull where and how to direct the next wave of residential growth in the city. Bend city councilor Nathan Boddie addressed the conundrum when we asked him about the larger issue of growth recently. Boddie, who is also running for Bend's District 54 state house seat, said the only options for stopping Bend's rapid growth are to restrict land supplies so great as to price everyone out, or to let Bend's quality of life slip so far that people stop wanting to move here. "Neither option is acceptable," Boddie said. We agree. As a publication dedicated to documenting and celebrating the best of Central Oregon, we spend a fair amount of time discussing how to responsibly promote our region. We're not the only team having this conversation. Visit Bend has invested substantial resources into an education campaign dubbed "Visit Like a Local," aimed at helping visitors to tread lightly.

The community conversation extends beyond tips on trail etiquette to the larger question of how to create a sustainable community that respects our limited resources. It's an issue that we probe from several angles in our Green section (p. 65), where we look at ways that Central Oregon's sustainability pioneers are helping to reduce their ecological footprints. We toured low and zero energy homes that harvest renewable resources. We also offer a series of simple steps and tips that most locals can use to reduce their water and power consumption, saving resources while cutting utility costs.

Of course, we left plenty of room for fun. We explore the best of the Willamette Valley's renowned wine country (p. 33). We turned our attention east for a look at the new Silvies Valley Ranch near Burns, where a native son is betting big that the region can be marketed as a different kind of golf destination resort (p. 47). Our cover story is a first for the magazine, a story focused not on a person or place, but a thing—a horse—to be specific (p. 92). Our piece chronicles the challenges faced by Norris, an ex-racehorse whose half-brother, American Pharoah, claimed the Triple Crown, yet whose own journey has been beset by health issues. Adopted by a couple from Central Oregon, Norris' slow rehabilitation has rallied members of the local horse community who are determined to give Norris a second chance.

Keep reading and we'll keep exploring, treading lightly all the way.

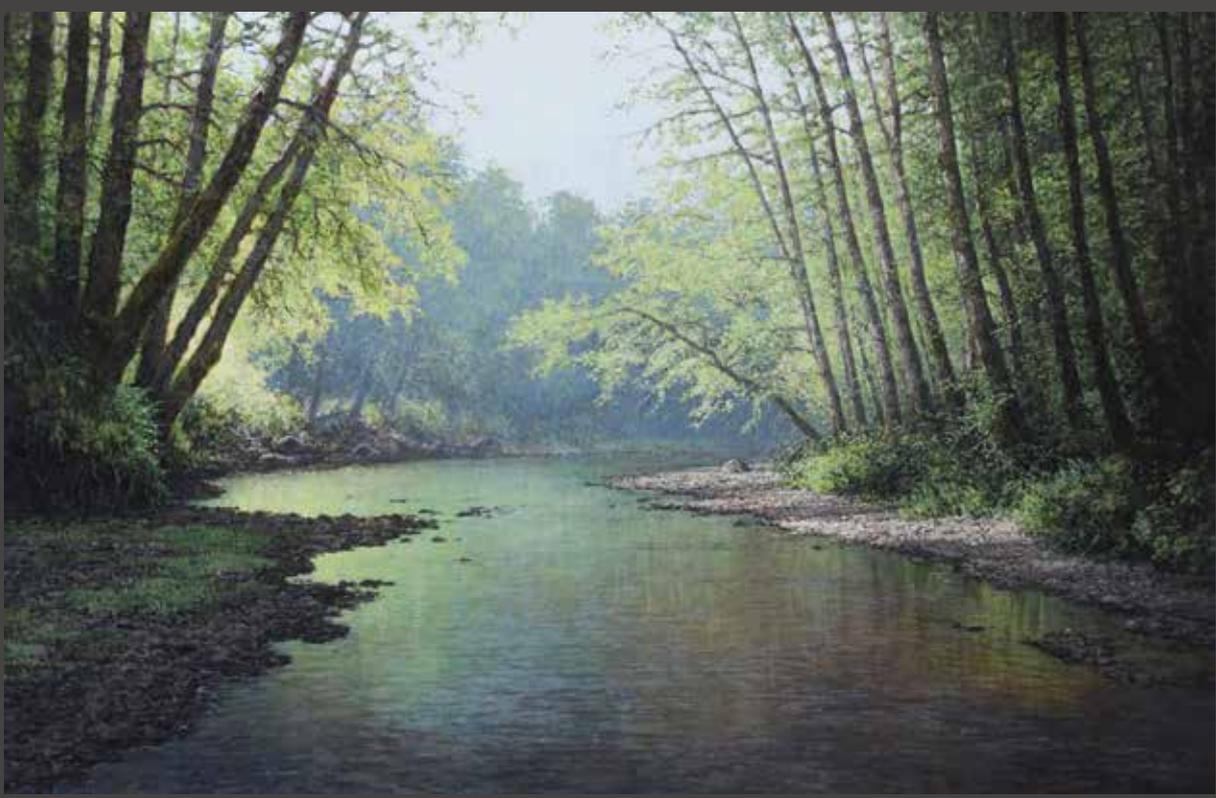
Thanks for reading,  
Eric Flowers, *editor in chief*

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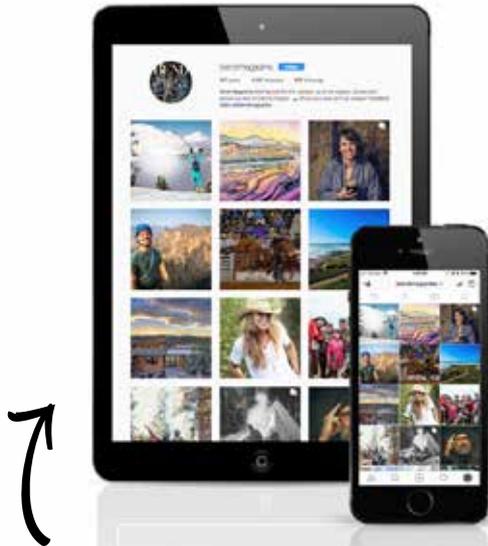


Jack Braman | Finding Peace | 24" x 36" | acrylic



Barbara Jaenicke | Approach to Mount Hood | 20" x 24" | oil

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**WHITewater RACING**

Team Bend Racing won our This is Bend contest this month with this shot of them tangling with local whitewater rapids while competing in what they call an "epic Pacific Northwest adventure race."

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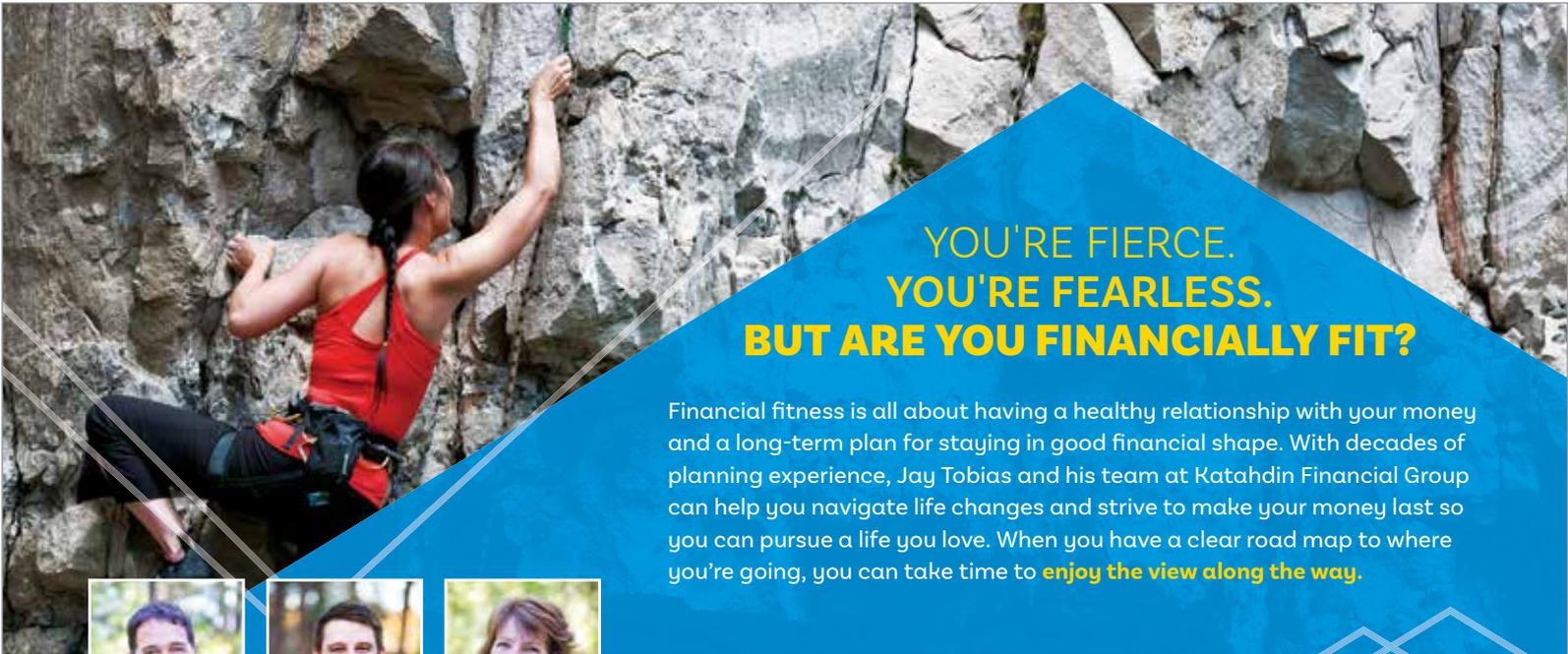
## Deschutes Turns Thirty

Celebrate the high desert's original craft brew pub at Deschutes Brewery's birthday bashes in June.

**YES, IT'S BEEN THREE DECADES** since Gary Fish and company brewed their first barrels of Black Butte Porter. They didn't know it at the time, but they were building a brand that would become the cornerstone of Central Oregon's brewing economy. The company is saying thanks to customers this spring and summer with a series of events and beer collaborations with notable former brewers like Crux's Larry Sidor and Boneyard's Tony Lawrence. Get in on the celebration at the annual back alley bash Wednesday, June 27 at the downtown pub or drop into Drake Park on Saturday, June 30 for a day of live music, food and fun.



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# Front Deck ■ bend

## ■ parks

### Southeast Park Takes Shape

For years it has served as a de facto disc golf course and DIY dog park, as well as an occasional dumping ground for trash and unwanted furniture, but a pine-dotted parcel in southeast Bend is now slated to become the city's newest regional park. Dubbed Alpenglow Park, the thirty-seven-acre swath of undeveloped land will be transformed into a multi-use community park that includes a splash pad for children, a dog agility course, trails, and climbing walls for adults and kids. Construction is expected to begin in spring 2019 with a projected 2020 debut. The park district has allocated roughly \$8 million for park construction at Alpenglow with an eye toward developing it as a park that serves fast-growing southeast Bend. The park, which is located west of 15th Street near The Bridges neighborhood, will also offer an area for bouldering and slacklining, as well as a five-acre dog park that will include the dog agility course, three miles of paved and unpaved trails, an open plaza for events and possibly food carts and a community garden.



**NATHAN BODDIE**  
City Councilor

## ■ growth

### Three Questions for Bend City Councilor Nathan Boddie

**For years the mantra in Bend has been make growth pay for growth. How is that playing out in the UGB expansion?** It's a good sound bite, but it's absolutely false. Growth never pays for itself. It's a painful, expensive and disruptive process that gets borne on the backs of people living in Bend. That's why I work hard to prioritize projects and identify development partners who can pay for projects without passing costs along to taxpayers.

**Are we doing enough to plan for the long-term future today?** No. But we're doing about as good as we possibly can with our current growth rate, which was the fourth fastest in the nation last year. We can't prevent people from moving to Bend unless we mess up the town so badly that no one wants to come here or make it so unaffordable that only the very wealthy can afford it. Neither option is acceptable.

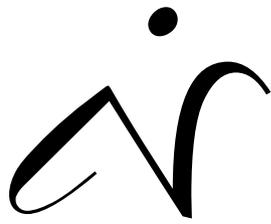
**Make one bold prediction for Bend in twenty years.** Bend will continue to grow, but future city councils will be able to point to a vibrant urban center stretching from downtown to the Old Mill filled with successful businesses and new housing.

*Editor's Note: Nathan Boddie is a candidate for Oregon House District 54.*  
[BODDIEFORBEND.ORG](http://BODDIEFORBEND.ORG)

## ■ play

### Bouncing Around the Room

For all of our outdoor opportunities, Bend is still lacking indoor options for entertainment. Enter The Trampoline Zone and Adventure Park, which is expected to open in June in northeast Bend near Cascade Indoor Sports. The three-story facility will offer a range of weather-independent activities from American Ninja-inspired obstacle courses to a multi-court "Pickleball Zone" aimed at serving the surging pickleball population. Slated to open in June, the Trampoline Zone boasts 55,000 square feet dedicated to bouncing, jousting, blasting (there is a laser tag maze) and revelry, and all the must-haves for birthdays and kid parties, including five event rooms, a full-service kitchen, and a third-story lounge that offers beer and wine for adults. The second floor is dedicated to pickleball with five permanent indoor courts that will offer a mix of league and open play. "It can't open soon enough for most people," said developer Butch Roberts, who added that he gets calls almost daily from prospective customers wanting to book an event.



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# Front Deck ■ *central oregon*

## ■ **bend**

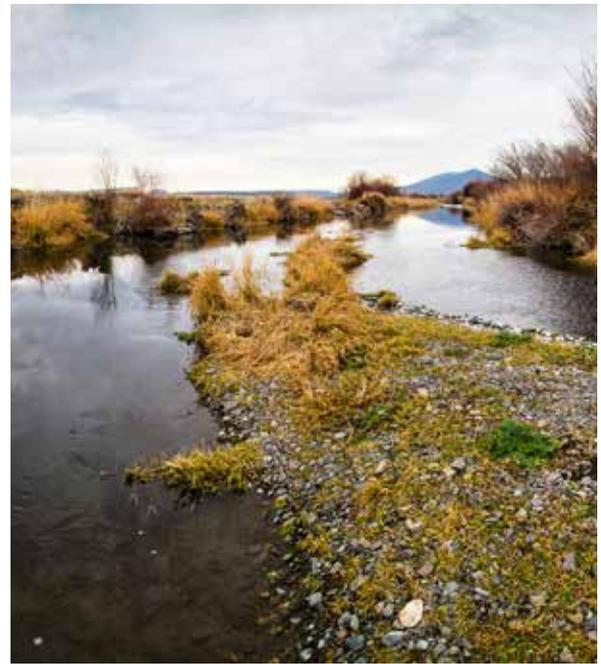
### Grant Aims to Improve Access to Local Food

High prices and lack of ready access to quality fresh foods mean many rural and low-income residents have far fewer practical choices when it comes to shopping for dinner. The problem of food access has implications beyond consumers—farmers see their potential customer base reduced when they lack access to rural markets.

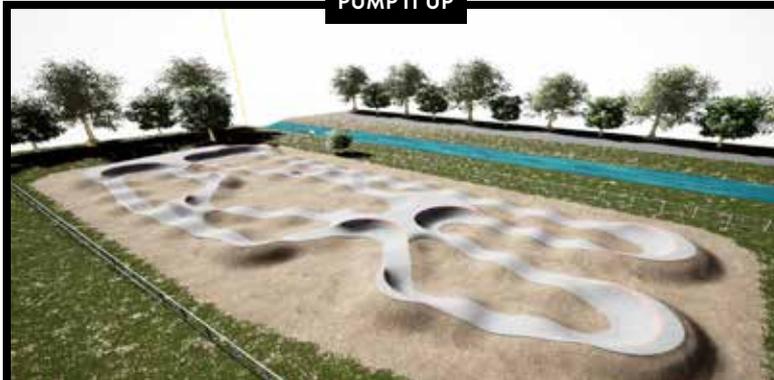
It's a problem that is being tackled nonetheless by High Desert Food and Farm Alliance (HDFFA), which was recently awarded a three-year grant to address accessibility issues in the region. The Bend-based nonprofit plans to use some of the roughly \$360,000 USDA grant to bolster the connection between farmers and rural low-income customers. At the heart of the initiative is a collaboration with Sisters-based Seed to Table that will connect farmers to food pantry customers with "ready-made local produce" bags that include fresh ingredients and recipes. HDFFA plans to work with the anti-poverty organization NeighborImpact on a mobile food truck that will help provide delivery service to outlying markets.

"People's buying habits tend to stick closer to home when they have a personal relationship with a farmer, and we support and encourage connecting the dots and building that relationship," said Jess Weiland, HDFFA's food and farm director.

HDFFA plans to conduct cooking classes in seven communities, work on food waste reduction initiatives and facilitate purchases of equipment for farmers to extend their growing season, increasing the supply of locally grown food in Central Oregon.



## PUMP IT UP



**DON'T EXPECT REDMOND** to put in a bid for the Summer X Games anytime soon, but the city looks to be the next Oregon town to add a BMX pump track to its list of recreational assets. The city's parks department is set to break ground on a 28,000-square-foot bike obstacle and trick course in June. The city has budgeted about \$250,000 for the project, which also includes design work by bike park specialists Velo Solutions. The pump track will be constructed in an underutilized portion of Homestead Park, located off Hemlock Avenue and adjacent to the COID canal. The project is the culmination of a year's worth of collaboration with local youth who lobbied the city to create a destination for BMX enthusiasts, something the city already provides for skateboarders. "They were getting a little frustrated and came to the city and said, 'We have nowhere to ride.' So, it was really easy for us to get on board," said Annie McVay, Redmond's parks division manager. McVay said she expects park development to happen quickly once the team breaks ground, with a roughly four-to-six month construction window expected. In the meantime, the pump track supporters, including the Redmond Parks Foundation, are working to raise an additional \$50,000 to cover the cost of extra features sought by riders.

## ■ **prineville**

### Preservation Education

It's one of Oregon's fastest growing cities, with a world class trout river running through the middle of town and a burgeoning tech industry. No, it's not Bend. Look east to Prineville, where the original Central Oregon city is seeing a resurgence. The town's fast-growing population has challenged planners and other stakeholders to find ways to protect and promote Prineville. The latest effort is a preservation initiative led by the Deschutes Land Trust, which announced in April that it had completed the purchase of a 152-acre parcel in Prineville that includes access to Ochoco and McKay creeks and the Crooked River. Deschutes Land Trust Executive Director Brad Chalfant said that given the city's recent rapid growth, the parcel would likely have been divided and developed sooner than later. Instead it will be repurposed as an outdoor classroom for students to learn about the local environment. "It's just sort of an extraordinary opportunity to provide a resource for one of Oregon's fastest growing communities and address water quality and habitat issues," said Chalfant. At the same time, the Land Trust will be working on an intensive restoration effort on the property to restore its connection to the rivers, including bringing back historic wetlands and fish-friendly oxbows and meanders in the stream channel.



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# Front Deck brewing

WRITTEN BY JON ABERNATHY

## what's brewing?

### 3 Questions for SRB's Brett Thomas

Since bringing beer production in-house in 2014, Sunriver Brewing Company has been turning out consistently solid, flavorful beers while winning awards locally and nationally. Head brewer Brett Thomas leads a team of talented brewers producing a wide range of styles, including a series on the cutting edge of trends, hazy IPAs.

**At Sunriver you've really embraced the hazy New England-style IPA, a style that has exploded in popularity in recent years. Why do you think the style is so appealing?**

I think it's appealing for a number of reasons. We're really getting to work with different mouthfeel components from the wheat and oats in the grist, lower levels of bitterness and higher levels of residual sweetness from the yeast selection and a brave new world of hop flavors and aromas from the varieties being used, the quantities being used and where we're using them in the process.

**You have a solid lineup of award-winning beers and a firm grasp of the classic styles, but what's the most "out there" style you've tackled?**

From recent memory, I'd say it was the ThaiPA we brewed last summer. The beer was a moderate gravity, low bitterness IPA with the addition of ginger, lime zest, kaffir lime leaves, purple basil and dragon chilis. It was certainly one of the most unique beers we've worked on and was actually really tasty.

**Going into Memorial Day to kick off the official summer season here, what are your favorite styles of beer to drink during the summer?**

Mexican Lager, Fuzztail Hefeweizen, Electric Avenue Session IPA, and a new beer that we'll be debuting at the Oregon Brewers Festival called Hugs and Flip Flops. It's a pale, hoppy wheat beer brewed with Oregon grown Amarillo hops.



▶ Jon Abernathy is *Bend Magazine's* craft brew ambassador. He is the author of *Bend Beer: A History of Brewing in Central Oregon* and creator of Central Oregon's original craft beer blog, [THEBREWSITE.COM](http://THEBREWSITE.COM).

## Beer buzz, events and news

Central Oregon Beer Week returns, with ten full days of beer events leading up to Memorial Day. Each day will feature beer tastings, new releases, brewer dinners and more. One of COBW's annual highlights includes Broken Top Bottle Shop's **Beer Geek Week**, pairing up several Central Oregon breweries with free live music each night. The celebration culminates Memorial Day weekend with the signature Single Malt and Single Hop Festival (the **SMAsh Fest**). This fest is a terrific showcase of beer's essential ingredients as well as the skills of Central Oregon brewers. Not to be missed.

Worthy Brewing continues to make progress on its downtown **Taps and Tacos** micropub on Brooks Street off Mirror Pond. The east side brewery expects to have the space open just in time for summer with a projected opening date of Memorial Day weekend. Eight taps will feature Worthy standards as well as specialties from the Heart and Soul small batch series of beers.

**10 Barrel Brewing** is making the push to transition all of its standard beers into cans—a more environmentally and recreationally friendly package than traditional twelve-ounce bottles. The brewery already offers a number of canned beers, including Pub Beer, the Crush series of sours and Trail Beer, a pale ale introduced last year. This new initiative sees Apocalypse IPA and Joe IPA joining the lineup, and Sinistor Black Ale will soon follow.

On June 27, **Deschutes Brewery** turns thirty. Deschutes has partnered with past brewmasters to brew special collaboration beers for the event, starting with Fresh Chair Northwest Pale brewed with Larry Sidor and Cam O'Connor of Crux. The release of cans, collaborations with Tony Lawrence of Boneyard Beer, John Harris of Ecliptic Brewing and more, along with the opening of a Deschutes Pub in the Portland Airport in June, highlight the brewery's three decades of accomplishments.

## Summer Beer Lineup

Summer means it's time for local breweries to roll-out their lighter session beers. Here's a preview of what you'll find in our beach cooler.

**Twilight Ale:** Deschutes has brought back its signature summer ale and the NW's original session beer for an encore appearance. Can I get a hallelujah?!

**KamaCitrus:** Guava? Blood Orange? Did someone say summer? Worthy's drinkable IPA got a mild tune-up in the off-season and is back just in time for deck lounging.

**Mountain Rescue:** GoodLife's OG pale lost a bit of its ABV when it was rebranded as a "session" ale, but none of its crisp NW flavor. The fact that it's sold in cans means that it's as trail ready as you are.





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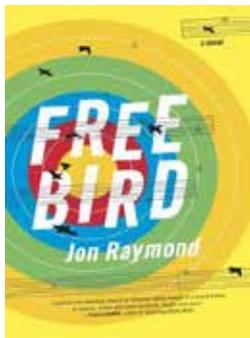


Have a suggested read or bookish event for our literary ambassador, Ellen Waterston? Email her at [WORDS@BENDMAGAZINE.COM](mailto:WORDS@BENDMAGAZINE.COM)

## READING *Refresh*

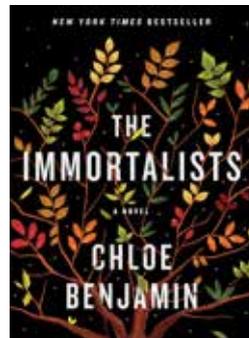
New reads for spring suggested by COCC writing instructor Jennifer Forbess.

“I’d like a poster showing two old people with stooped backs and arthritic hands and time-worn faces sitting talking, deep, deep in conversation. And the slogan would be ‘Old Age Is Not for the Young.’”



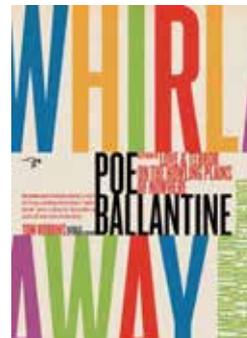
### **1** FREEBIRD by Jon Raymond

In his new novel *Freebird*, Portland-based author Jon Raymond explores the destructive influences society can have on an ordinary family. Sam, the grandfather of the Singer family, survived the Holocaust before seeking a new life in California. His son, Ben, a former Navy SEAL, deals with the repercussions of his violent military career. Sam’s daughter, Anne, trying to make a life for herself and her son, Aaron, struggles to maintain her morality in a cutthroat capitalistic environment. And Aaron, on the cusp of adulthood, seeks to find his place within a society that preys on the weak. This book is not wholly optimistic about our ability to overcome our modern social environment, but the members of the Singer family who make it through do come out stronger in the end.



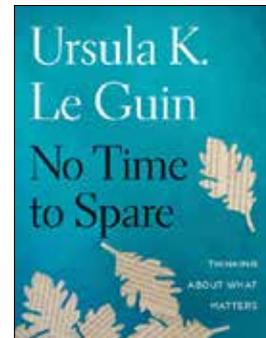
### **2** THE IMMORTALISTS by Chloe Benjamin

This book is infused with death, but not in the way of an action movie or a murder mystery. Four siblings visit a fortune teller, who predicts the dates of their deaths. The book traces the lives of the siblings as they approach and reach their prophesied date. The big question that runs through the novel is whether the dates are set in stone—independent of circumstances—or whether the dates become self-fulfilling prophecies. Do things happen to us, or do things happen because that’s what we think will happen? Is life about fate or self-determination? The book does not answer the question, and each reader might have a different take on the conclusion of this well-written and engrossing read.



### **3** WHIRLAWAY by Poe Ballantine

People can often seem on the surface to be relatively normal, but you just know there is a lot going on underneath, including, most likely, a little bit of crazy! At the beginning of the novel *Whirlaway*, protagonist Eddie Plum is an inmate of Napa State Psychiatric Hospital. Why? I’m not exactly sure. After he escapes with the help of his psychiatrist, he meets up with his friend Shelly, who sells old records to gullible Europeans for a living. After that, well, there is just no summarization that would do this story justice. Part literary novel, part mystery, part dream sequence, this is Eddie’s personal journey through the psychiatric hospitals, racetracks, garage sales and Tijuana landfills of life.



### **4** NO TIME TO SPARE by Ursula K. Le Guin

I was in my office at COCC in the middle of reading *No Time to Spare* when I learned that LeGuin had died. She is so alive in the book, and the news was shocking. *No Time to Spare* is a collection of some of LeGuin’s blog posts from 2010 to early 2016. She covers a wide range of her interests in varying essays. Her rants are especially entertaining. “Would You Please Fucking Stop,” alone, is worth the price of the book. Other favorites include, “TGAN [The Great American Novel] Again,” and “A Modest Proposal: Vegempathy,” a satirical look at our cultural values around food. I grew up with LeGuin’s books, and it’s sad to see her go. But if you are what you read, then she’s still with me, and that’s comforting.

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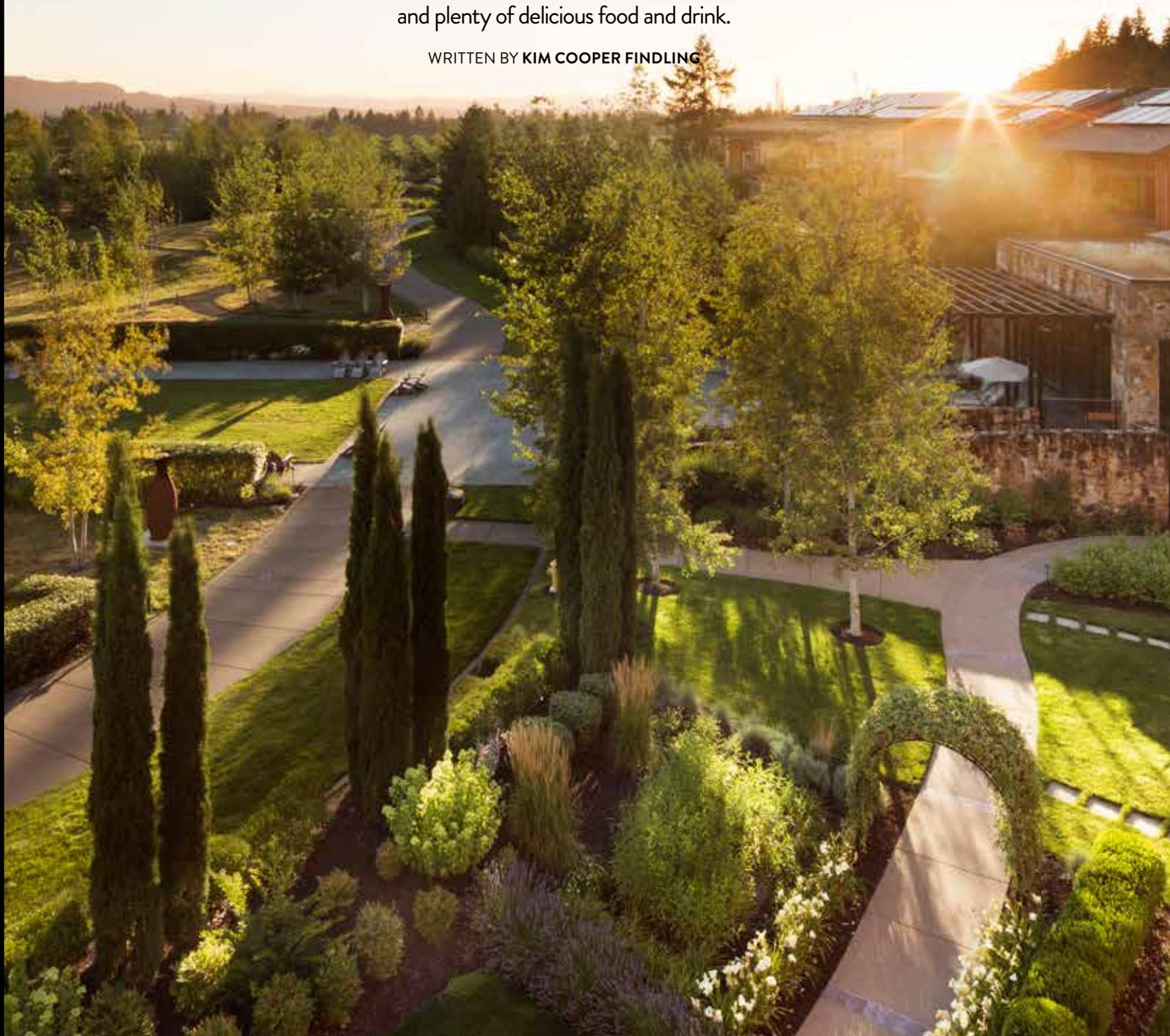
EXPLORE

GETAWAYS

# Rising From the Soil

A weekend in Willamette Valley wine country reveals deep history, a passionate community, and plenty of delicious food and drink.

WRITTEN BY KIM COOPER FINDLING





**W**e launched our weekend of wining and dining on a grassy bank of the Willamette River. It was an overcast spring day, the air damp and smelling of black cottonwood. There was no wine in sight. No gleaming glasses of award-winning pinot noir, no hand-printed flight menus, no luxurious views of vineyard estates. Just a historic pavilion, fronted by an engraved stone pillar, marking this meadow as the site where Oregon's first provisional government was formed in 1843.

Without the rich soil, there wouldn't have been a steady march of early settlers to the Willamette Valley. Without early settlers, there wouldn't have been a provisional government. Without a provisional government, there wouldn't have been an Oregon at all. Therefore, no fine Oregon pinot noir, born from the rich soil of the Willamette Valley. Turns out in Oregon's wine country, everything comes full circle. You can't pull the wine apart from the

history, or the history apart from the people.

Which was fine with us. My friend and I had come for relaxation and indulgence, but we were willing to interrupt decadence for culture and history. Each winery and restaurant, it would turn out, had a great backstory. Every Willamette Valley destination we visited wound into a tapestry of landscape, community, innovation and dreams.

## Day 1

A significant aesthetic pleasure of touring Willamette Valley wine country is simply the road trip. It's postcard-scenic here, each segment of the journey passing bucolic farms, fields readied for spring planting and stands of grand oak trees. We took in the sights with a sense of adventure as we set out on our two-day tour.

We ventured to **ROCO Winery**, outside

### WINE TRAILS

ABOVE Alexana Winery.

BOTTOM LEFT Joel Palmer House, a fine dining restaurant in Dayton.

BOTTOM RIGHT Wild mushrooms are as common as vines in the region.

of Newberg at the base of the Chehalem Mountains. Owner Rollin Soles came from Texas to make wine in Oregon in the 1980s. After crafting award-winning vintages for Argyle Winery for a few decades, he planted his own pinot noir grapes in a vineyard he christened Wits' End. We sipped on ROCO Private Stash pinot noir from a bottle bearing the winery's thunderbird logo, inspired by the petroglyphs of the Columbia Gorge.

Next on to **Alexana Winery**, where the view commanded our immediate attention. The vineyard descends over ridges and





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slopes into a misty wood, the coastal mountains poking through the cloud cover beyond. Dr. Madaiah Revana of Texas loved the great wines of Burgundy so much so that, in 2005, he sought out a place to grow grapes himself. The answer was this eighty-acre parcel outside of Newberg. The incredibly diverse and complex soils here are visually represented in the glass front of Alexana's twenty-foot-long tasting bar, which is filled with layers of earth. We sipped chardonnay and contemplated colors from light sand to a rich brown to charcoal grey, in textures from gritty to dense. This was the stuff—the origin story of everything around here.

From the soil also rise wild mushrooms, one factor that drew the Czarnecki family to Oregon from Pennsylvania in the 1990s. Bringing four generations of restaurant experience, they took up shop in the historic **Joel Palmer House**, a grand two-story home built by the co-founder of Dayton in 1857. Since, the Joel Palmer House has become one of Oregon's renowned fine dining restaurants and a purveyor of delectable dishes featuring mushrooms and other local foods. We settled into a four-course meal that included sturgeon, risotto, truffle oil, morels, lobster mushrooms and a divine white chocolate cheesecake, accompanied, of course, by Oregon wine. Chef Christopher Czarnecki paid us a tableside visit, explaining that his family and their friends still gather a majority of the mushrooms for the restaurant.

We arrived at the **Allison Inn** sated and sleepy. For years, wine country visitors had few overnight options. In 2009, Ken and Joan Austin built an incredible eighty-five-room luxury hotel in Newberg. The couple had grown up on farms in the area, ultimately founding a successful dental equipment company in their hometown. As the region captured international wine-tourism attention, they'd looked on, eventually creating lodging worthy of the most distinguished visitor. Our deluxe room offered a view of the vineyard from our own personal plush window seat.



Christopher Czarnecki, owner and executive chef at the Joel Palmer House in Dayton.



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# Day 2

We began the day in **JORY Restaurant**, the Allison's nod to both the renowned soil underfoot and Pacific Northwest farm-to-table dining. Chef Sunny Jin has his own garden onsite, and my omelet came with a petit salad as well as locally sourced maple-sausage sausage.

Was it too early to visit a winery? No, it was not. **Winderlea Vineyard** is perched outside Dundee, and its tasting room is in a glass-encased building that feels like a castle on the hill. We sampled Winderlea's small-

batch wines in a bright tasting room as Donna Morris told us how she and Bill Sweat left Boston and successful business careers behind to craft an Oregon pinot noir winery. Surrounded by vast garage door-windows boasting views across the vineyards into the valley beyond, I didn't blame her one bit.

Lunch was at **Red Hills Market**, a marketplace and restaurant I fell in love with immediately. The tall square building embodies the best kind of neighborhood gathering place, warm and inviting, smelling of delicious foods and bustling with chatter. Wood-fired pizzas, soups, salads and more farm-to-table treats are served from a busy counter. The Oregon albacore tuna melt

with local cheddar, capers and arugula hit the spot. It came as no surprise that, when we met the market's owner Jody Kropf, we learned he's an Oregon native who grew up helping his parents with their business, the Brownsville General Store, and that he was drawn right back home after culinary school in California.

## FULL DAYS, FULL POURS

TOP Wine tasting at Carlton Winemakers Studio.

MIDDLE Winderlea Vineyard in Dundee.

BOTTOM Inside the kitchen at Red Hills Market.

PHOTO BOTTOM LEFT ANDREA JOHNSON



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# Day 2 *continued*

**The Carlton Winemakers Studio** was born of collaboration and community. Twelve individual vintners produce coveted wines under one innovative roof in this modern and light space. When we were there, winemakers sat together over tasting glasses, decanters and clipboards, immersed in the tasks of the trade.

Scenic rural roads delivered us to McMinnville, where we began our tour at the **McMenamins Hotel Oregon** rooftop bar. Below us was the charming downtown and a bird's-eye view of shops, restaurants and entertainment. The hotel was built in 1905 and brought back to life in 1999 by Oregon natives Mike and Brian McMenamin, famous for their restoration of old Pacific Northwest buildings.

Tucked away in a glass storefront on a side street, we found **Thistle**, a cozy, eclectic restaurant that quickly made a name for itself with a menu that changes constantly based on available provisions from nearby farmers and ranchers. Our experience began with a cocktail called the Millionaire—rum, gin, apricot brandy and lime—poured into an antique champagne cocktail glass. At a wooden-plank table, from mismatched vintage plates, we enjoyed innovative flavors by way of oysters from Netarts, “wild weeds,” anchovies, duckling and kale.

We found our walk-up flat over the Odd Fellows Lodge. The owners of **Third Street Flats** want guests to immerse themselves in McMinnville. We had a small apartment of our own, walking distance to shops and eats, with a tidy kitchen stocked with everything we might need (read: chocolate and wine). Our “8th Flat” was decorated contemporary post-modern, in colors of indigo and white.

Quiet, lovely and comfortable, the flat made us feel as if we were local insiders. Drifting to sleep, we could dream of living right here ourselves. Perhaps we would plant a vineyard or start a farm. Maybe open a restaurant. We would put down roots, connect with a new community and create something wonderful out of the rich soils of the Willamette Valley. **IB**

Emily Howard, owner of Thistle Restaurant and Bar in McMinnville.



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## RUNNING

# Spring Trail Running

Time to lace up your sneakers and hit the trails.

With longer, warmer days and mostly clear trails, Central Oregon is a runner's paradise in spring. It's time to skip the treadmill and head outside for your running routine. We talked to the experts about the best new gear this year and what trails to add to your rotation.

## Trail recs from local expert Lucas Alberg

*Lucas Alberg is the author of Trail Running Bend and Central Oregon.*

*Follow him at @lucasalberg*

### WHYCHUS CANYON PRESERVE 7+ MILES OF TRAILS

An area carefully conserved by the Deschutes Land Trust, the Whychus Canyon Preserve has canyon views, mountain views and in the spring, plenty of wildflowers. Classic high desert flora such as balsamroot and lupine dot the steep canyon sides and provide some nice color as you run up and down nature's version of a stair workout.

### COVE PALISADES STATE PARK, TAM-A-LÁU TRAIL 7-MILE LOOP

The Tam-a-láu Trail is one of those local gems hidden in plain sight. Most Central Oregonians have probably never heard of it, let alone run on it, but should be familiar with the area. Situated atop the high plateau at Cove Palisades State Park, the trail is perfect for a spring run. Summer crowds—and heat—have yet to arrive, and you'll most likely have all the views to yourself.

### LOOKOUT MOUNTAIN 7-MILE LOOP

If it's a low-snow year like we're having this year, the wildflowers on Lookout Mountain in the Ochocos are likely to be out by late May or early June. One of my favorite loop runs, this classic seven-mile loop highlights some of the region's best flora, including balsamroot, lupine, shooting star, mountain bluebell, Indian paintbrush, larkspur and columbine.

## Must-have gear this season from Footzone

*Teague Hatfield at Bend's Footzone has outfitted thousands of local runners from weekend warriors to ultra-marathon champions. Here's what he recommends for the trail.*



### SAUCONY PEREGRINE 8

The Peregrine is the perfect blend of just enough cushion, great traction and a performance fit to take on the most technical trails.



### SALOMON SENSE RIDE

The Sense Ride combines a slightly more roomy forefoot with the iconic Salomon speed laces, plenty of cushion, and a less aggressive tread for more groomed trails.



### HOKA STINSON ATR 4

The Stinson is all about cushion and a smooth rocker with enough traction for the trail. It has a great fitting heel and more generous forefoot to keep those toes happy.



Lucas Alberg

**JAMIE BROWN****Age:** 38**Event:** PARA-TRIATHLON  
(SPRINT DIVISION)**Highlights:** TWO-TIME  
NATIONAL CHAMPION

*“I guess I have always just liked pushing myself and my limits.”*

**TRIATHLETE**

# Take It to the Limit

Para-athlete Jamie Brown on pushing through barriers

WRITTEN BY DANIEL O'NEIL

**R**un, cycle, swim—every day. That’s what it takes to stay faster than almost everyone in the world. Just ask Bend’s Jamie Brown, who has been doing this for the past eight years while climbing the ranks of the world’s best sprint triathletes.

Sprint triathletes race a truncated triathlon that includes a twenty kilometer bike leg and a five kilometer run. A multisport event, the sprint triathlon is to the Ironman what the 100-yard dash is to the mile race in track and field. It takes a special kind of athlete and a certain mindset to succeed in a race that is part endurance race and part mad dash.

“I guess I have always just liked pushing myself and my limits,” said Brown. In March, he won the continental championships, and he’s currently training for the New York City Marathon. He’s done it all without the benefit of a right leg.

Brown was born without a right fibula, but he’s never allowed it to slow him down. An early surgery set him up for a prosthetic lower leg. He started playing sports like everybody else, always competing against able-bodied athletes. Eventually, he was pitching in the Division III College World Series for Chapman University in California. “It never registered as ‘I’m the disabled kid,’” said Brown.

That kind of can-do mindset has served him well throughout his life. When he turned his focus to paratriathlon races roughly eight years ago, it didn’t take long for the results to follow. Since then he’s amassed an impressive list

of achievements at the national and international level, including gold medals on the world championship level. Athletic ability and a fiercely competitive spirit have brought him success, but Brown credits his wife, also named Jamie, for her unwavering support. “I most likely would not be able to compete at this level without her motivating and pushing me to go swim every morning.”

Later this year he’ll be in the Escape from Alcatraz triathlon, plus racing in Japan and on Australia’s Gold Coast. The ultimate goal is the Olympics. Brown narrowly missed qualifying for the last summer games in Rio de Janeiro in 2016. His recent successes have only added to his determination to qualify for the Tokyo 2020 Paralympics.

Talent and a loving spouse propel him far, but Brown’s essential strength originates in positive thought. “It doesn’t matter how many parts you’re missing,” he said. “Mind state is critical.”

Brown coaches other para-athletes, like the nation’s best (and world number two) above-the-knee amputee, Mark Barr. Jamie also works with local youth triathlon camps and is creating a team of young triathletes alongside Ironman coach Jaime Dispenza. Meanwhile, Brown and his wife lead adult fitness classes in Bend, including family-specific group workouts.

Advice from one of Bend’s top athletes? “Eat right, get sleep and allow your body to recover.” ■

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## DESTINATION

# Cowboy Golf

Silvies Valley Ranch offers a luxury golf and resort experience with a hefty dose of Eastern Oregon hospitality.

WRITTEN BY ERIC FLOWERS

Scott Campbell isn't the kind of person who does anything halfway. Campbell is the veterinarian who did for animal care what Ray Kroc did for the hamburger, turning a sleepy Portland veterinary practice into a multimillion-dollar pet hospital empire. So when Campbell, now semi-retired, returned his attention to his native Eastern Oregon, folks who knew Campbell expected that he would come up with something big. He didn't disappoint.

In late 2017, Campbell unveiled his latest venture—part luxury resort, part dude ranch and totally Oregon. Silvies Valley Ranch Retreat and Links is a 140,000-acre resort and golf destination located between Burns and John Day that ties the region's colorful ranching history with what Campbell sees as its economic future.

Campbell grew up in nearby Burns, about forty-five minutes south of Silvies Valley, not far, at least by Eastern Oregon standards. It was in

Burns that he developed his early interest in animal care, tending to horses and cattle on his family's ranching operation. Campbell's career took off in the late in 1980s when he grew his traditional veterinary practice into Banfield Pet Hospitals, a business franchise that pioneered concepts like health insurance for pets.

It's no accident that Silvies Ranch sits far from the nearest city or international airport. Campbell wanted a project that showcased the diverse geography and natural beauty of Eastern Oregon, while also addressing the persistent lack of economic investment and job opportunity in places like Burns, where unemployment remains high and wages stubbornly low. Campbell looked to Bandon, another formerly depressed town on Oregon's coast, and saw the economic transformation that followed the development of Bandon Dunes Golf Resort.

**EXPANSIVE VIEWS**

**RIGHT** The reversible 18-hole course can be set-up as two different layouts, depending on the day.

**INSET** With active sheep and cattle operations, the ranching tradition is alive at Silvies.



## Worth the Wait

**SOME SEVEN YEARS IN THE MAKING**, after a brief sneak preview last summer, the resort is now ready to debut for its first full year of operation. If you're expecting Sunriver or Black Butte Ranch, think again. Unlike those sprawling resorts, there are no roads at Silvies. Guests check in at the welcome center and transfer their belongings into golf carts, the preferred mode of transportation around the property, where gravel paths connect the communal dining hall, cabins and golf courses.

While Silvies Ranch is plenty remote (the only traffic jam we witnessed involved a massive herd of resident elk), it's also surprisingly accessible from Central Oregon. If you're traveling from Bend, it's hard to get lost. Head straight to Burns and hang a left. From there the two-lane Highway 395 climbs into the heart of the Malheur National Forest through a bulwark of massive lava rock and sandstone formations that at times pinch the road into narrow slot canyons, before climbing into a ponderosa forest that beckons exploration. Within half an hour or so, the highway drops into a broad valley where signs announce entry into the historic Silvies Valley Ranch, really a patchwork of pre-existing ranches and homestead properties that stretch into the surrounding hills to the east and west. Roadside signs direct guests along gravel roads into the ranch where they are

greeted by a proverbial welcome wagon and concierge. The check-in process is eased by a causal refreshment station with a nice craft beer selection, wine by the glass and artisan cheese. (Cocktail hours are an enshrined part of daily life at Silvies.)

While 2018 brings the debut of a spa and fitness center, you won't find a wave pool or waterslide. Instead, Campbell is betting that his unique approach to the destination golf resort will appeal to golfers who are willing to travel, sometimes across the globe, for one-of-a-kind experiences like Silvies. Designer Dan Hixson designed a "reversible golf course" that can be played as two different 18-hole layouts depending on the day. This year debuts an even wilder idea, a 7-hole, par-3 golf course dubbed McVeigh's Gauntlet. The course, more an array of tee boxes and greens, requires players to make approach shots over narrow valleys to angular greens tucked onto hillsides. If it seems like cruel joke on average handicappers, consider this punchline:

Silvies is employing trained goats to serve as caddies (the upside being that no tipping is required). There is also a short pitch-and-putt, par-3 course that offers players a taste of Silvies' signature sloped greens and the links golf tactics they require. While the golf can be challenging, the views are beyond comparison with many holes featuring elevated tee boxes that offer broad vistas over seemingly endless rolling valleys that stretch to the foot of the Blue Mountains.



## Off the Links

**SCHEDULES TYPICALLY REVOLVE** around tee times at Silvies, which leaves non-golfers plenty of time for exploration and relaxation, both of which are in abundance at the resort. In addition to golf, Silvies offers hiking, horseback riding and fishing in a man-made pond. Come July, the resort will also reveal its new spa, which includes a fitness room, lap pool, saunas, a climbing wall and spa treatments to soothe golf-weary shoulders and backs. In addition to golf and spa activities, the ranch offers off-road biking and a shooting range where guests can play Wyatt Earp



RETREAT



### RANCH LIFE

ABOVE There is plenty to enjoy beyond the fairways and greens, but relaxation is at the top of the agenda.

LEFT Silvies remains a working ranch with cattle drives a part of everyday life. Guests can get up close to this time-honored tradition during a ranch tour.

under the watchful eye of an instructor who will offer the finer points of gun safety and marksmanship. Regular cattle drives mean guests can also witness and partake in the time-honored round-up tradition.

If you'd rather just relax and take in the scenery, Silvies has you covered there, too. The cabins feature a deck-side hot tub for guests staying in the main guest room. (A lockout feature allows the cabins to be set up in multiple configurations for booking flexibility.) The cabins themselves carry the resort's Western themes and feature rustic luxury—think antler chandeliers and leather couches—with plenty of modern touches like climate-controlled wine storage and radiant heat.

If the days offer solitude, meals are an event that draw guests from around the ranch. During our stay, a single group seating offered a chance to mingle with others, making new friends while enjoying the ranch's hospitality. Guests were offered steak or chicken dinner, but the choice was clear for me as well as most of my dining companions. We were asked to select a carving knife from a deliberately mismatched selection of hunting knives that was passed around the table like a church offering plate. Once properly armed, we dug into perfectly cooked ribeye steaks with sides like mashed potatoes and roasted broccolini shared around family style.

Afterward, we migrated to the patio for a

bonfire and a last round of cocktails, watching as crackling embers drifted over our heads toward the first evening stars peeking through a fading desert sky.

In time, Campbell hopes that Silvies Ranch will draw guests from as far away as Japan and China, not just for the golf, but for a chance to immerse themselves in the Old West, or at least the idea of it. Campbell acknowledges that it will likely take several years for international travel buzz to develop around Silvies, which has only now just begun to break ground on many of its planned overnight accommodations. Given the singular and signature Western experience, he believes that they will come. In the meantime, he's got Oregon's hardcore golfers looking east and seeing green. **||**

PHOTOS THE RETREAT & LINKS AT SILVIES VALLEY RANCH



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PPP great Dennis Oliphant (right) with surf legend Gerry Lopez.



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6/16 | BEND | **LITTLE HOPPER ROOT BEER**

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## MULTISPORT

5/19 | BEND | **POLE PEDAL PADDLE**

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6/22-6/24 | SUNRIVER | **PACIFIC CREST**

### LEGEND

# Pole Pedal Paddle's Original Champion

Dennis Oliphant is a legend of the annual Pole Pedal Paddle race in Bend.

WRITTEN BY **BOB WOODWARD**

**D**ennis Oliphant started alpine skiing at age 7, was a state champion runner in high school, cross-country ski raced his way through community college and ran track at the University of Oregon.

Oliphant graduated to become a whitewater kayaker and pioneering Central Oregon outdoor adventurer. With that kind of resume it's no surprise that when presented with a multisport race that combined skiing, running and paddling, Oliphant excelled. He won the Pole Pedal Paddle's elite open division four times when the race was still an edgy free-for-all, long on sideburns and short on spandex and carbon wheels.

After moving to Bend in 1977, the year the Pole Pedal Paddle (PPP) debuted, Oliphant raced his first two PPPs as part of a two-person team with former Bend resident and Olympic combined skier Mike Devecka. "Mike couldn't make the '81 race so I said, 'What the hell, I'll just go solo,'" recalled Oliphant.

After one solo race, he decided to race in the individual category until he reached 50 years old with the goal of staying in the top ten for his age group. Mission accomplished. Oliphant, now 64, became a fixture on the leader board in the 1980s and 1990s, winning the race in '82, '83, '84 and '85. Oliphant was the first male competitor to string together a multiyear run. But success didn't come without missteps and mishaps.

There was the year that Oliphant lost his bearings among the neatly arranged rows of multicolored boats at a critical transition between the run and paddle portion of the race that sets up the final sprint to the finish. "After that, I tied a brightly colored helium balloon to my boat, so I could spot it immediately," said Oliphant.

Still, Oliphant, who also founded Sun Country Tours, was the first to assert total dominance over the one race that bridges Central Oregon's couch potatoes with its fitness freaks. ■

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## MULTISPORT

# One for All

Annual Pole Pedal Paddle combines benefit and bragging rights

**PART ENDURANCE RACE**, part costume party and community carnival, the annual Pole Pedal Paddle is Bend's signature multisport race and a rite of spring in Central Oregon. One of the few events that draws both elite athletes and weekend warriors as well as just about anyone willing to get off the sofa for a few hours, the PPP, as it is affectionately known, serves as a major fundraiser for the Mt. Bachelor Sports Education Foundation, which support the region's young cycling and snow athletes. Top finishers take home bragging rights and a coveted ceramic mug. This year's SELCO Pole Pedal Paddle will take place May 19. [PPPBEND.COM](http://PPPBEND.COM)



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### MANY LIVES

ABOVE The Redmond Hotel today. It was rebuilt in the Georgian-revival style in 1928.

RIGHT The original Hotel Redmond was built in 1906 but was destroyed by a fire in 1927.



## LANDMARK

# Living History

City partners with developers to revive historic Redmond Hotel

WRITTEN BY LEE LEWIS HUSK

For ninety years, the New Redmond Hotel stood through depression, war, boom and bust cycles of Central Oregon, changing economics and outright neglect. Now, Redmond's grande dame is getting a makeover—from top to bottom, inside and out—with the hope that she can be restored to her original splendor and prominence.

“We want an eighteen- to twenty-four-hour environment that includes living, working and staying downtown. The hotel will play a key role,” said Chuck Arnold, Redmond's economic development and urban renewal manager. He estimates that the hotel will bring in about \$2.4 million to downtown businesses in just the first year of operation.

Listed on the National Register for Historic Places, the New Redmond Hotel was built on the corner of Southwest Sixth Street and Evergreen in 1928 for \$150,000 by William and Fanny Wilson, replacing a wood hotel on the same site, which burned to the ground

in 1927. The new structure was bigger, sturdier and built to last, framed in steel and fir, and cased in brick masonry.

Bend architect Hugh Thompson designed the New Redmond Hotel in the Georgian Revival-style with touches of Art Deco. The Georgian style was based on classical Roman and Greek values of symmetry and proportion. The three-story, 43,000-square-foot hotel featured a Romanesque arched entryway, an open lobby with high beam ceilings, painted Corinthian columns, a banquet space and one of the first elevators in Central Oregon.

As the Wilsons' intended, the hotel became a gathering place for locals and travelers passing through on the adjacent Highway 97. Room rates averaged \$1.75 per night, and ads billed the hotel as the finest lodging east of the mountains.

However, records and news stories reveal alternating cycles of deterioration and renovation over the decades. It's been more than



### MODERN VIEWS

The new hotel will open in stages, with a rooftop bar slated for July.

a decade since the last guest checked out of the hotel, which ceased lodging operations in 2004. City officials and other proponents of the hotel never stopped seeing it as an anchor for downtown redevelopment and a cornerstone of long-range revitalization plans. The trick was finding the right partner to jumpstart a makeover of the building, which needed both structural and cosmetic work.

“The incredible ‘bones’ of the hotel drew us into this project,” said Bill Tremper, chief operating officer of California-based Alpha Wave Investors, LLC, which bought the hotel in 2017. “Our overall intent is to restore the hotel as a social gathering spot for the whole community,” he said, adding that the group hopes its efforts will draw other businesses to downtown.

The renovations are being financed by a \$670,000 loan from the city and Alpha Wave’s private capital. If Alpha Wave

maintains the property as a hotel for ten years, the city will forgive the loan.

“We want to bring out the age and patina of the older rooms while making sure they’re super clean,” he said. The owners will work to maintain different sizes and shapes of the forty-six rooms on the upper two levels, with nightly prices ranging from \$100 to \$150.

Street level will include a spacious new lobby with the original stone fireplace, antiques saved from the early days, a market cafe with ready-made food, a large room for hosting events and perhaps a social club.

With a commitment to sustainability, Alpha Wave plans to repurpose the original fir floors, repair lath and plaster walls, replace single-pane windows with double panes, add solar panels to the roof, install LED lighting and use tankless, on-demand water heating. “We employ efficient processes throughout our properties, from solar to water conservation to composting and minimal waste programs,” said Ken Cruse, founding partner and chief executive officer. “In doing our part in minimizing our footprint, we’re helping the communities that host us to flourish.”

A highlight of the renovations will be a greenhouse-themed rooftop bar with seating for about fifty people and 360-degree views that include Smith Rock and the Cascade Mountains. The owner will begin opening the hotel in phases, with the rooftop bar targeted for July, the street-level cafe for September and guest rooms in February 2019. **B**





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## ENVIRONMENT

# Making Her Case

Tia Hatton is one of twenty-one students suing the federal government for failing to protect the nation's youth from the effects of climate change.

INTERVIEW BY BRONTE DOD

**T**ia Hatton, 21, grew up in Bend, and like many locals, spent time with her family hiking and playing outside. In high school, she joined the cross country and Nordic ski teams. She's currently a junior at University of Oregon studying environmental science and nonprofit management. She also happens to be one of a handful of climate change student activists suing the United States government for failing to act on climate change. Hatton is one of twenty-one students in *Juliana v. United States*, a potentially landmark lawsuit put forward in 2015 by Our Children's Trust, a nonprofit based in Eugene. The case recently reached the Ninth Circuit Court of Appeals, where the three-judge panel ruled unanimously that the case can proceed in the U.S. District of Oregon, a major step forward for Hatton and other plaintiffs. Hatton talked with Bend Magazine about being involved in the lawsuit and what it takes to change the climate conversation.

**Tell us about growing up in Bend and your connection to the environment.**

Weekends during my childhood were spent outdoors. Some of my earliest outdoor memories are of being east of Bend in the high desert dust, sagebrush and juniper, as well as of walking along the Metolius River. As I grew up, I got involved in Nordic skiing and cross country. My favorite times in the outdoors are runs during the fall along the upper Deschutes past Meadow Camp. I also have fond memories of taking a break during a tough ski at Meissner, only to hear silence and feel in awe of the crisp, wintry scene around me.

**Did you ever notice changes to the region's climate or landscape?**

My senior year of high school, low snow caused Nordic practices to be cancelled or solely held at Mt. Bachelor, because of its higher elevation. The following summer, all of Oregon was in a severe drought, and the wildfire season



was bad. Those were noticeable changes, and science confirms the climate is shifting to higher average global temperatures and more extreme weather events.

**How did you get involved in Our Children's Trust?**

In the spring of 2015 I heard about a meeting for high schoolers interested in taking local action to curb the effects of climate change. That's when I got connected to Our Children's Trust YouCAN, Youth Climate Action Now. In the meeting we learned about the successful efforts of Eugene youth to ask their city council to pass a climate ordinance. That's when the other high schoolers and I decided to pursue similar actions to urge action on the part of our city council. I never ended up participating in these activities, as I moved to Eugene a few months later. Kelsey Juliana, who is the lead plaintiff on our case, emailed me asking if I wanted to

take meaningful action to stop human caused climate change by suing the U.S. government. I said yes.

**What has the experience of being involved in the lawsuit been like for you?**

I've learned about the government's long-standing knowledge of the harmful effects of increasing carbon dioxide pollution and other greenhouse gases. I've experienced the intricacies of our court system after attending multiple hearings. It's extremely powerful to hear our stories being told in front of judges and the Department of Justice lawyers. I'm passionate about the subject and the route we are taking as young people. I wish the U.S. government and global community had listened when they first realized the science and rapidly started making changes and advancing renewable energy technology. It is unfortunately a topic tied to politics. Due partly to this, there is some negativity from people who either don't believe in human-caused climate change yet, or don't care to understand the importance and necessity of the case.

**What kinds of changes would you like to see in Bend to reduce our impact on the environment?**

I'm impressed to see solar going up around the city, and I commend those who support it. The city council has adopted a climate resolution, but it isn't binding in any capacity, and there is a lot of work to be done. It's important for business owners, especially those who rely on tourism, to understand that climate change can negatively affect their business. I think it's a good step in the right direction, however, climate change is already happening, and every year without concrete action to curb emissions just means that much more carbon dioxide in the atmosphere. ■



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**BETTER TOGETHER**

# Building Bridges for Education

Better Together connects businesses, nonprofits and education services across the high desert.

**B**etter Together sees the big picture when it comes to education in Central Oregon. From “cradle to career,” the nonprofit aims to improve outcomes for students in everything from kindergarten readiness to third grade reading levels to high school graduation rates.

Founded in 2012, Better Together grew out of the High Desert Education Service District and is part of Strive Together, a network of similar organization across the country. It’s one of a growing number of organizations formed under a collective impact model, meaning that they

work on collaboration and connecting existing resources to each other. “We build systems, not programs, that better connect and align what already exists,” said Katie Condit, executive director of Better Together.

Better Together serves as a neutral facilitator and connector for nonprofits, businesses and the school district to focus on improving performance and participation in areas that serve as benchmarks for student success. “Critical to collaboration is a backbone, a neutral facilitator who can see the data. Not just the organization, but student and family

“Better Together is a big part of bringing nonprofits together to collaborate.”

data, which tells us where the need is,” said Condit. It’s often about finding ways to utilize existing resources.

More of a partnership than an organization, Better Together works toward slowly pushing the needle on important statistics for the school districts.

Condit said that Better Together is an advocate that works from all sides to ensure students are successful. “We know schools can’t do it alone, so what does it look like when the community gets behind our students?”

**BETSY WARRINER VOLUNTEER**

Betsy Warriner arrived in Central Oregon in 2003 and has been an integral force in the nonprofit community. She founded Volunteer Connect in 2004, which Better Together recently absorbed, that helps people find volunteer opportunities in the region. “The name says it all,” said Warriner. “It’s crucial that the organizations that are serving youth come together around particular issues of importance for youth to succeed. That is essential. Better Together is a big part of bringing nonprofits together to collaborate.”



PHOTO BOTTOM: JOSHUA LANGLAIS

**ABOUT BETTER TOGETHER**

Better Together is a nonprofit in Central Oregon that supports education by facilitating connections among nonprofits, businesses and the school district.

**BY THE NUMBERS**

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**SARA WIENER**

WESTSIDE, BEND / MARCH 2018

BOOTS  
LOYAL COMPANION

VINTAGE  
SARA BELLA  
GEAR!



Sara Wiener does not sit still for long. An athlete and entrepreneur, Wiener thought Bend was the ideal place to settle with her partner, Joanne, and their daughter, Bella. Recognized for her variety of businesses, first Sara Bella, then Sara Bella Upcycled and now her new project Sara Wiener Consulting, she is not one to be kept down. Whether leading the charge to provide a safe and equal place for all community members, starting the Procession of Species parade (now the Earth Day parade) or becoming a CASA volunteer, Wiener has found that the perfect grass she had been looking for has been growing here since she started her journey in Bend more than twenty years ago.

## GETTING *to* KNOW Sara Wiener

INTERVIEW AND ARTWORK BY TEAFLY

### **On Finding Community**

When I met Joanne in 1991, I didn't know what Bend was, but Joanne had come to Bend as a child to ski. We were living in Olympia, Washington and would come here on vacations and long weekends. We were training for triathlons a lot and were done with the rain. I looked in the yellow pages under the words "gay" and "Jewish" to see what type of community I would find here for both of those pieces of my life. When we got here, there were a few gay people here who were willing to talk to us, but not interested in being outed. Not that that was my plan, but we were coming here as an out couple—and pregnant! There is a Jewish community as well, but there was no temple and they met in the basement of a church. That has since changed and grown. I think we were a little bit threatening to people because we were out and not interested in any way of going into a closet just because we moved to a Central Oregon town, which was about 25,000 people at the time. So, there have been some big, big changes since we moved here.

### **On A Changing Town**

We don't have to be the pioneers anymore. I feel like we were in a lot of ways, from moving here pregnant, having a child and Joanne adopting Bella. It was the first birth by a known lesbian in town, and it was the first same-sex adoption in Deschutes County. We were very consciously wanting to make a path that would be easier for people who followed. As we were raising Bella, there was a hate crime at The Grove, a restaurant and bar. It was a big, terrible shock. We were regulars there. We loved that there was a place that was overtly gay-friendly in town. The hate crime led to a lot of changes. I was on the special committee to work on changing our Equal Rights Ordinance. That was a big deal and a bit of an eye opener. I gave testimony, and many other people gave testimony, pro and against. Someone gave testimony that the mountains were smoking because of us. I thought, "Well, thank you for that power." But it changed things.

### **On Why They Stayed**

Moving from Olympia to Bend, it really felt like we were going backwards. I hated that feeling, but at the same time, what we decided was that we were going to stay and make something of it. We stayed because we loved it here, and we made some great friends. We are not necessarily looking for people that look like us. We're just looking for good people. We are also athletes, outdoors people, major hikers, bikers (mountain and road). We skate ski, so we love the Nordic center and Meissner. We love taking our dog to Wanoga, where it's off leash for skiing. We love hiking at Smith Rock and in the Three Sisters. We're in love with the outdoors and the environment here.

### **On Starting A Small Business**

I started Sara Bella in the early '90s and named it after my grandmother because she was the most important and closest person in my life. She taught me how to sew. It's funny, I spent many years in Bend as Sara Bella—people did not know that I had a different last name. Being a small business owner for the past twenty years here in Bend, I loved being in the public eye. And being the extrovert and a manufacturer, artist, retail person, it was always important to me to be in a downtown core. I started with the fleece and then I closed when I kept getting priced out of rent. I was burnt out. Then I was working on developing a cyber cafe in a small village in Kenya. Around that time, my friend told me you could iron plastic bags. I was so enthralled with it that I went into my studio and started ironing plastic bags like crazy, and then Sara Bella Upcycled was born.

### **On Changing Careers**

I'm excited to start my new business, Sara Wiener Consulting, coaching teens on executive functioning, time management and organizational skills. I have a masters in social work with a focus on school social work, and I have a teaching degree. So, I feel like this combines all of my education and skill set with what I can do today. I am excited and nervous and not very confident, but I feel like that is the exact right place to be right now. ■



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# *To Sustainability and Beyond*

WE SPEND A LOT OF TIME celebrating the Central Oregon lifestyle. As we can all attest, the region provides us with plenty of material to highlight the benefits of living and visiting our diverse and recreation-rich home. But promoting the region also comes with a responsibility to preserve the unique place we share. It means helping educate others to tread lightly on our trails and to leave places better than we found them. That ethic doesn't begin or end at the trailhead, it extends to the way we use our precious resources, including the land beneath our feet, the water flowing from our taps and the air we breath. With that in mind we've dedicated the next dozen pages to people and ideas that are helping to make our Central Oregon community more sustainable, preserving our unique home for the next generation. From simple ideas to save energy around your home, like changing light bulbs, to sea-change concepts like net zero energy homes, we explore the many shades of green in Central Oregon. Read, share and then recycle. — Eric Flowers



# WAYS TO GO GREEN

**A retreat, a remodel and a modern infill project showcase creative approaches to sustainability.**

WRITTEN BY KATY BRYCE





Central Oregon is well-known for sweeping mountain vistas, towering stands of pine forests and clear, cold rivers, so it makes sense that our love for nature influences the way we design and build our homes. A modern retreat in the forest, a nearly 100-year-old bungalow and a Frank Lloyd Wright-inspired home all show that there's more than one way to be green.





## OLD BEND MEETS NEW MODERN

**R**ealtors often tout “location, location, location,” and when it comes to sustainability, living in a home where you can easily walk to amenities means you can drive less. Just half a block from the popular Jackson’s Corner eatery in the Old Bend neighborhood sits Doug and Kathryn Collins’s modern 2,000-square-foot home. The home was born from a desire to live in the heart of Bend so they could walk to downtown, the Deschutes River, Drake Park and the Old Mill District. “We decided to forgo the mountain views for the simplicity of walking to nearby things that we like to do,” said Doug.

The couple had several ideas that required a creative approach to the home. It had to be single-story and it had to be sited and designed so that it wouldn’t dominate the neighborhood or be visible from a block away. It also had to be environmentally friendly. Sustainable features include a 3.2-kilowatt grid-tied solar

electric system on the roof and a heat recovery ventilator, which brings fresh air into the home through an energy efficient heat exchanger. All the lights have high efficiency LED bulbs, and the landscaping consists of entirely drought resistant native plants for a low maintenance and low water use yard.

The Collinses are architectural buffs with a love for Frank Lloyd Wright designs, so local architect Eric Meglasson wove together a modern look with touches of Wright. Clerestory windows filter in natural sunlight, while still providing privacy in this dense central neighborhood. The entire home has concrete flooring with radiant heating for warmth, and simple, low maintenance finishes are found throughout the home. The fir trim, along with the cedar ceilings and art from local artists, is an intentional nod to Pacific Northwest materials and culture.



### THE WRIGHT TOUCH

**TOP** An outdoor living space includes a double-sided fireplace.

**INSET** Elements from Frank Lloyd Wright’s architecture inspired the design.

PHOTOS ALAN BRANDT





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## NATURAL ELEMENTS

Details like fir trim and cedar ceilings were an intentional nod to the Pacific Northwest.





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# A PASSIVE SOLAR HOME IN THE PINES



**W**hen Susan Worden and her husband Bill were planning to build a home in Central Oregon, Susan distinctly remembers saying to herself, “I want to feel like I’m living in the forest.” The couple also had specific goals for their home. It had to, in this order, be affordable, efficient, sustainable, have “aging in place” features and be architecturally beautiful. All those factors combined to produce a one-of-a-kind home on a forested property in the Three Rivers South area, south of Sunriver.

Designed and built by the Wordens, the house is passive solar, meaning it maximizes the sun to heat and illuminate the home. Orientated so that the south side of the home has most of the windows, the home is designed so that the warm sun filters into the home in the winter, but not in the summer. A large concrete fireplace heats the home, and the wood comes from trees cleared on the property. By sustainable, selective tree thinning around

the house and on the fifteen-acre lot, the couple already has enough wood for at least the next nine years.

Tightly sealed and well-insulated walls, ceilings and foundation, triple and quadruple paned windows, LED lighting and ultra-efficient appliances are just a handful of the features that make the home energy efficient. The Wordens were also conscientious about the materials in the home and made an effort to find local, recycled or repurposed materials. All the fill and concrete was sourced from five miles away, and noticeable throughout the home are repurposed materials such as an “upcycled” stainless steel countertop and a dining table made from bowling alley flooring.

Designed with health and longevity in mind, the home has a yoga room, an infrared sauna, and has “aging in place” features such as no stairs or steps, wide hallways and curbless showers. “We intend to live here for a long time,” Worden said with a smile. It’s easy to see why, in this south county retreat.

## UPCYCLED STYLE

**TOP** In Three Rivers South, this home was designed to maximize the sun year-round.

**INSET** The owners used local, recycled or repurposed materials throughout the house.



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## HISTORIC BUNGALOW AND NEW HOME WORK TOGETHER FOR NET ZERO ENERGY

Experts agree that when it comes to energy efficient and sustainable buildings, the holy grail is “net zero energy.” While it might sound like a lofty phrase, it’s actually a simple concept. A net zero energy home is one that creates onsite as much energy as it uses, leaving the occupants with no energy bills and a home that contributes no carbon dioxide into the atmosphere. This is usually done with a combination of renewable energy, usually from solar panels, and an extremely well-sealed, insulated and energy efficient home.

Designing and building a net zero energy home isn’t always simple to do, but Joe Emerson and Ann Brayfield have made it their mission to help people achieve net zero energy in their homes. The couple has built several net zero energy houses in Bend, and their latest project is a renovated 1926 west side Bend bungalow with a new accessory dwelling unit (ADU).

The 500-square-foot home evokes the yesteryears of Bend, when the lumber mills were churning out wood that was sent to

build houses near and far, featuring a deep bungalow-style front porch, wide-trimmed windows and old fir floors.

“The house is amazingly well built, and we discovered right away that it has good bones, so we thought it would be an interesting home to transform into a zero energy home,” said Brayfield.

A closer look at the old home reveals features such as high-efficiency windows, blown-in insulation, new wiring, and high-efficiency LED lighting and heating.

The real powerhouse of the property is the new 600-square-foot ADU that sits behind the bungalow on the cozy lot. The small roof houses a 6.4-kilowatt solar panel system that provides clean, renewable energy for both units.

Since summer 2017, the two homes together have proven to be net zero energy—a green feat for this unique property.



### NET ZERO WINS

TOP A historic bungalow was renovated to use a combination of renewable energy sources.

INSET The home kept its 20th century charm, with wide-trimmed windows and old fir floors.



DESIGN

# Tiny House, Big Difference

Mobile micro-homes don't skimp on design aesthetics and high-end features.

WRITTEN BY EMILY WOODWORTH

In 2014, mainstream America discovered the “tiny home movement” through shows like *Tiny House Hunters*, *Tiny House Nation* and *Tiny House, Big Living*. Four years later, tiny homes are still gaining popularity among builders and buyers. Part tree house, part camper trailer, so-called tiny homes come in many shapes, if not a lot of sizes. The mini cottages are typically built on camper trailer frames, offering a highly mobile residence with a bohemian feel for individuals and families who seek the comforts of home stripped down to the essentials.

Spud and MaryEsther Hooley of Bend’s Wood Iron Tiny Homes (WITH), like many in the movement, consider “tiny living” more a lifestyle than a floor plan. Before starting WITH, the Hooleys spent seventeen years on missions to impoverished countries. “For 75 percent of the world, living tiny is their only option,” explained Spud. After dwelling among those with so little, the Hooleys wanted their business to offer an alternative to American “McMansions”—something both elegant and economical. It seems many find the idea

of pared down, sustainable living attractive, particularly in Oregon where interest in tiny home living and building is among the highest in the nation, according to Google’s search data.

The Hooleys migrated into the tiny home building market almost by accident. They tried RVs and remodeled a caboose, but discovered tiny homes had a winning combination of mobility and quality. They liked the idea of building something from scratch that was high on craftsmanship but low impact, environmentally speaking. For starters, tiny homes simply require *less of everything*, fewer raw materials, less space and energy. Mobility can also add to the dwelling’s efficiency.

“You can move a tiny home seasonally into shade or sun to conserve energy,” she added. Most tiny homes feature composting toilets, and WITH’s smaller model, dubbed McKenzie, sports portable solar panels and off-grid capabilities. The Hooleys keep transit costs down during building by shopping locally. Their debut model, North Sister, features hardwood floors, a cedar shake exterior, and granite countertops from Bend businesses and cabinets from wood milled in Sisters.

They see tiny homes conserving other things, too. “You shop less. With each purchase you consider, ‘Where would I put it? Do I love it more than what I have?’ So, your income goes farther,” said MaryEsther. Although WITH exists on the higher end of the tiny house price range, the Hooleys work to balance custom home quality with affordability. “You still have to come up with a six or seven-year payment, like a car, but it is better than a thirty-year mortgage,” said Spud.

Tiny Home resident Tamara Heuser bought the North Sister model last year, after touring it at an expo. “I wasn’t planning to buy a tiny house, I just wanted ideas for my own design,” explained Heuser. She had designed a custom home and remodeled a cabin previously. Although accustomed to beautiful aesthetics, she’s also lived in 400-square-foot spaces and even a tree house. She wanted mobility with custom-home quality, and her North Sister model fit the bill.

“I don’t feel it’s about not having things,” she said. “It’s more about choosing things that I use and value. It contributes to a simpler lifestyle.”



Mary Esther and Spud Hooley,  
owners of Wood Iron Tiny  
Homes in Sisters.



## *Green Living, Red Tape*

Because tiny homes do not always fit under existing building codes, governments are moving to create building and zoning regulations. The Hooleys build their houses to RV safety standards, with fire escapes and extinguishers, and an egress window. But not all tiny home builders follow this practice. Bend has debated changes to tiny house-related codes since 2015. Currently, its restrictions are standard: Tiny homes on wheels are considered RVs, and follow the same rules. Tiny houses on foundations are allowed as Accessory Dwelling Units if they are not used as long-term residences. But with the recent proposal of a twenty-two home tiny house community in southeast Bend, it seems clear that going small is here in a big way.

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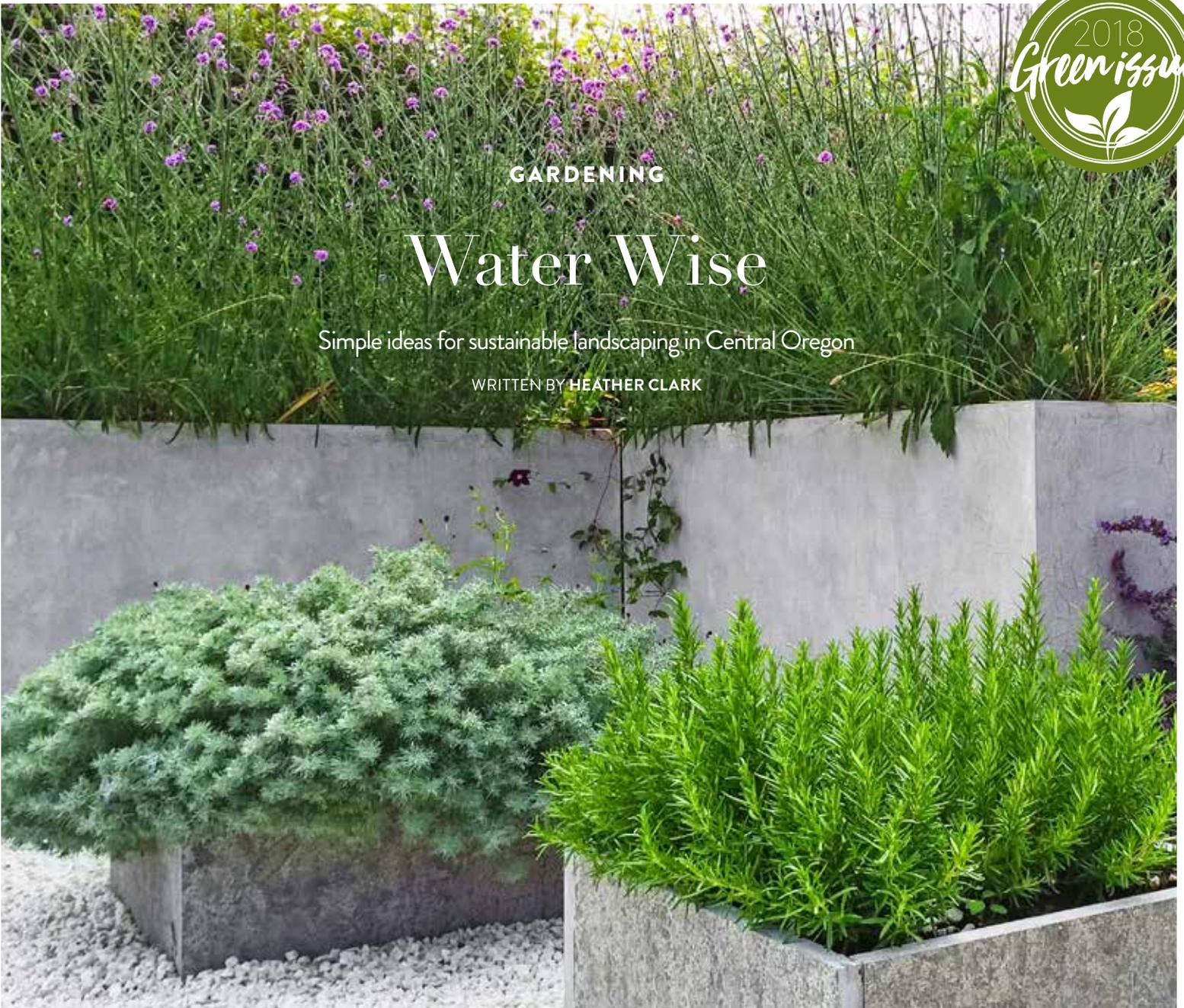
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## GARDENING

# Water Wise

Simple ideas for sustainable landscaping in Central Oregon

WRITTEN BY HEATHER CLARK



**S**ustainable landscaping in the high desert is essentially planning, planting and maintaining your outdoor space in a way that uses water judiciously. Its benefits go beyond being stewards of a limited resource. A sustainable landscape saves time, energy and money. As a general rule, you can save up to 40 percent on your water bill if you're managing your irrigation wisely.

Whether designing a new landscape or retrofitting an existing one, selecting low- to moderate-water-use plants and adhering to efficient irrigation practices are key to creating a sustainable outdoor space in our low-moisture environment, said Amy Jo Detweiler, associate professor of horticulture for the OSU Extension in Central Oregon.

In addition to proper plant selection and irrigation practices, Detweiler said that modifying the soil of plant beds is a smart way to conserve water and maintain a thriving landscape.

"Our native soils are sandy, which drain water really quickly," she

explained. "Amending the planting area with a nice organic compost helps with root establishment and keeps more moisture in the soil, which will lead to less watering."

Aim to add approximately one-third soil amendment to two-thirds of your existing soil.

Before you banish turfgrass from your landscaping plan altogether, consider this: While the traditional ratio of 90 percent turf and 10 percent beds doesn't make sense in Bend, turfgrass does have important benefits, including reducing erosion and runoff and providing a fire-resistance barrier around your home.

"In a water-efficient landscape," noted Detweiler, "put grass only where you need it, such as high-use or play areas, and then fill in with perennials, trees and shrubs, which require less moisture."

Be sure to choose a turfgrass rated for cool weather and drought tolerance.





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## STRATEGIES FOR USING WATER WISELY

### DON'T SET IT AND FORGET IT

The most efficient irrigation method is the one that's being monitored. A monitored system—whether by hand or timed/automatic—takes current weather and location (i.e., not the sidewalk) into consideration on a routine basis.

In general, Detweiler recommends that irrigators should water less at the beginning of the summer, more as it progresses and then taper off again in the fall.

One way to stay on top of irrigation management is to purchase a smart irrigation system, which responds to real-time weather conditions and forecasts, offers intelligent watering schedules and gives you control of your sprinklers from anywhere via an app.

### AVOID RUNOFF

When hardscaping an area, consider permeable pavers, which allows water to seep into the ground below. Similarly, dry river or rock beds can be positioned to collect rainwater and direct it somewhere useful, say, a plant or flower bed.

### JUST THE RIGHT AMOUNT

Grouping plants together with similar water needs into distinct beds or zones prevents overwatering plants that don't need the extra moisture. For example, group moderate water use plants in one bed and low-use plants in another. When it's time to set up your irrigation schedule, you can easily provide more water to plants that need it and less to those that don't.

### TOP IT OFF

Adding a layer of mulching materials to your plant beds helps keep moisture in, versus bare soil, which dries out quicker. Aim for a two- to five-inch layer.

# Top 5 drought-tolerant plants for Central Oregon

We asked Amy Jo Detweiler, associate horticulturist for the OSU Extension office here in Central Oregon, to share her top plant choices for a water-wise landscape. For more ideas on drought-friendly trees, shrubs and flowers well-suited to the high desert, visit a local nursery or download Detweiler's guide, *Water-wise Gardening in Central Oregon*, a publication of the OSU Extension service. When initially planted, even a native plant requires supplemental irrigation until its root system are established. In the longterm, a plant with a healthier root system requires less water.



## Crabapple

An ornamental tree that flowers in spring and produces nice fall colors. Varieties include rose, pink, red, and white.

## Serviceberry

A shrub characterized by white flowers in spring followed by red-orange fall colors.



## Penstemon

Excellent native perennial for a dry garden that comes in multiple colors. Bonus: They attract hummingbirds.

## English lavender

Highly adaptable to the high desert, with gray-green foliage and fragrant blue spikes. Plus, it is a favorite with bees. French lavender is a good option for shady areas, while Spanish lavender is not recommended.



## Sedum

A groundcover with succulent foliage that comes in shades of green to blue. Numerous drought-resistant varieties are available and are ideal for rock gardens.

# 10

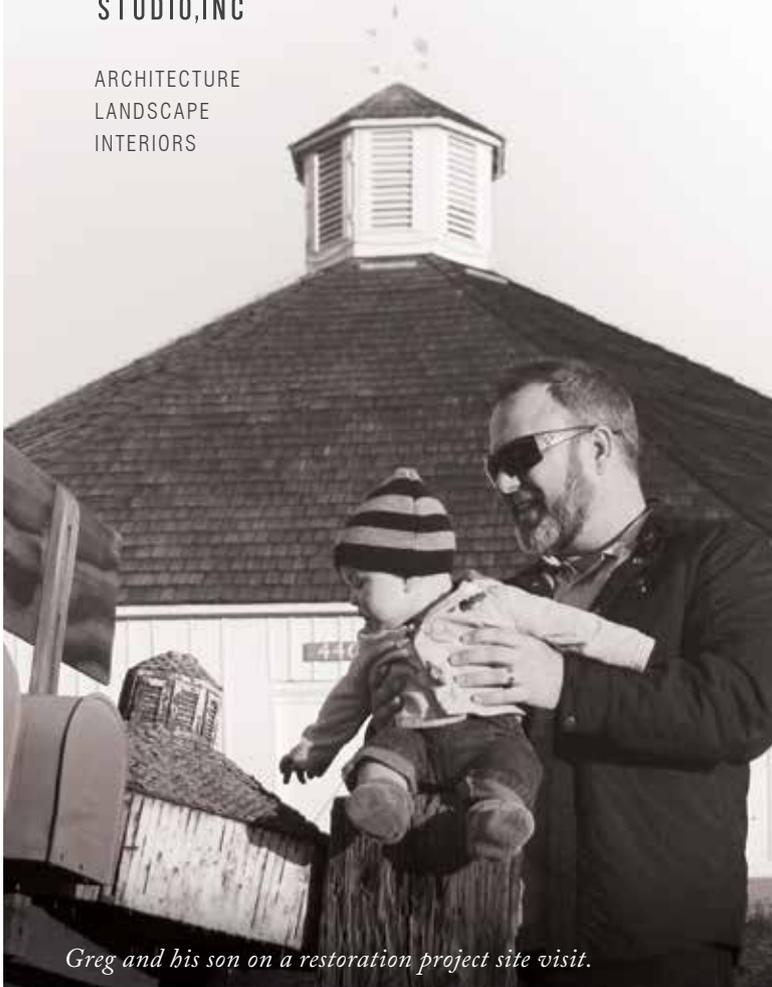
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*Greg and his son on a restoration project site visit.*

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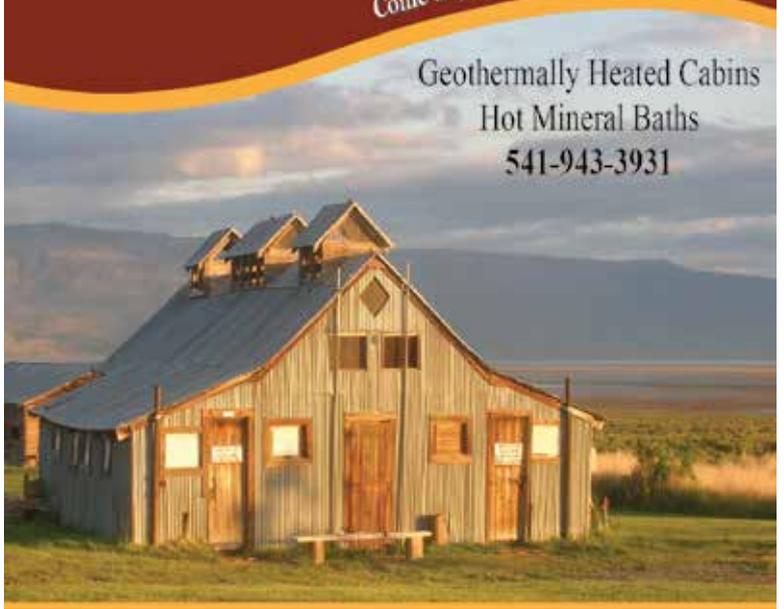
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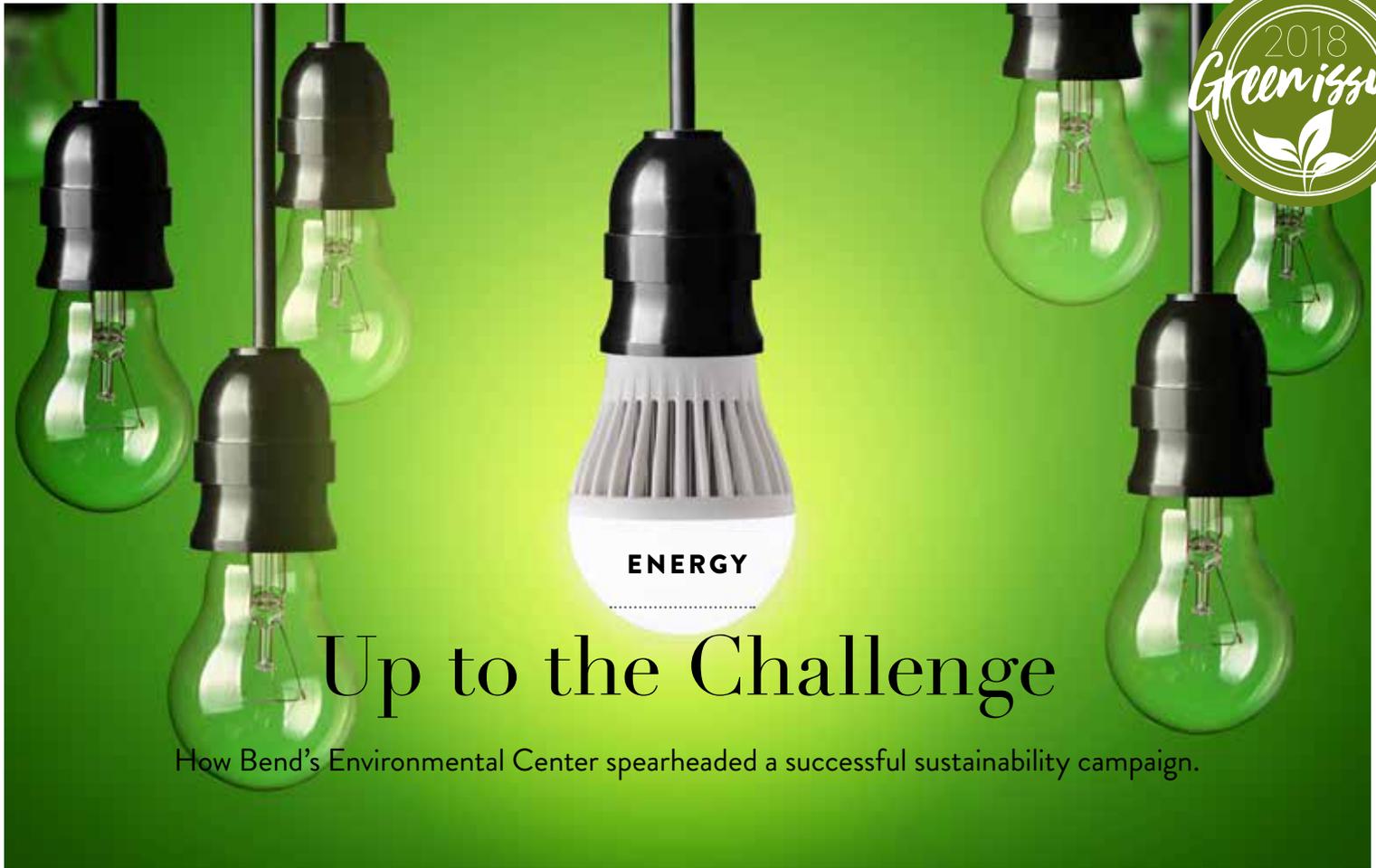
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# Up to the Challenge

How Bend's Environmental Center spearheaded a successful sustainability campaign.

**BEND WAS ONE OF FIFTY COMMUNITIES** that took part in a national energy campaign sponsored by Georgetown University between January 2015 and December 2016. Communities were challenged to come up with creative ways to significantly reduce energy demands in their hometown. The winner's received a \$5 million grant to help fund a "dream" community energy conservation project.

In Bend, the efforts were spearheaded by the Environmental Center which spent two years educating and interacting with Bend residents on energy initiatives that are estimated to have saved home and business owners millions of dollars in heating and electricity costs, while reducing the demand for natural resources.

The cornerstone of Bend's effort was a lightbulb swap and energy

efficiency audit. The program offered local homeowners up to sixteen free energy efficient light bulbs at no cost. More than 700 people signed up for the program in the first week. In just twenty-six months, Bend Energy Challenge partners installed more than 56,000 light bulbs in almost 4,000 homes.

Bend didn't win the top prize in the contest; that honor went to Fargo, N.D. However, the energy conservation strides made during the challenge spurred the Environmental Center to extend the program indefinitely while expanding to outlying communities, including La Pine, Madras and Prineville.

For more information visit, [THEENERGYCHALLENGE.ORG](http://THEENERGYCHALLENGE.ORG)

**\$11M**

Total lifetime savings of the light bulb swap initiative

**3,660**

Total water-saving fixtures installed

**56,236**

Total energy efficient bulbs installed

**16,000**

Hours of service across five AmeriCorps volunteer teams

**176,325**

Kilowatt hours saved by schools



# JUST ONE THING

## Not just another list to reduce your carbon footprint.

Here it is—another list to help you reduce your carbon footprint. How many of these lists have you skipped past or skimmed through? Just ponder this for a moment though—the act of doing just one thing. And the impact that one thing will have when an entire community takes action. When you act to reduce your energy use, you are part of something bigger than yourself. To put this in perspective: if every home in Bend were to replace just six low-efficiency light bulbs, our community would save \$2.6 million each year. How's that for making an impact? And that's just light bulbs. Here are a few things that you can do to do your part—and while you're at it, see if you can get your friends to do just one thing, too.

**1** **INSTALL EFFICIENT LED LIGHT BULBS.** Let's get you started on something easy! LED bulbs use 80 percent less energy than standard light bulbs. Get up to sixteen installed for free from The Energy Challenge.

**2** **REDUCE YOUR HOT WATER USAGE.** This one doesn't require you to buy anything. Hot water accounts for up to 20 percent of the average home's energy use, so by using less hot water, your savings can add up quickly. Think twice about how long the water is running when you're doing dishes. Consider washing your clothes in cold water. These days, most detergents are just as well-suited to be used in cold water. On top of this, you can get new high-pressure, water-saving showerheads for free when you get your free LEDs.

**3** **TURN DOWN YOUR WATER HEATER THERMOSTAT TO 120 DEGREES.** This helps your water heater work a lot less hard. Sometimes this can be tricky. The best bet is to just Google it. If you have what looks like a heavy-duty extension cord going into the top or side of your water heater, it's electric. If you see a flue or something that looks like a metal chimney, it's a gas water heater. You'll need to refine your search based on which type of water heater you have.



**4** **TAKE CONTROL OF YOUR THERMOSTAT.** Optimize your heating and cooling by making sure you're taking advantage of times when you're not home and setting your AC at a higher temperature. Remember, you only need your home to be comfortable when you're there. (Note to skeptics: energy audits have proven that it's more efficient to reheat and cool a home on demand than it is to maintain a consistent temperature.)

**5** **CONSIDER AN ELECTRIC VEHICLE.** Yes, this one's a much bigger move, but hear us out. Make sure you have all the information you need—you may find an EV fits into your life better than you may think. Stay tuned for details on workshops to learn more, Ride and Drive events to take one for a spin and special deals over the summer.  
— Lindsey Hardy

You can find out more on each of these topics and sign up for free LEDs at [THEENERGYCHALLENGE.ORG](http://THEENERGYCHALLENGE.ORG)  
*Editor's note: the author is the Environmental Center's Energy Challenge program director.*



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LIVING

# Trash Talk

How to manage—or reduce—your waste like a pro.

WRITTEN BY HEATHER CLARK

**AS THE POPULATION OF BEND** and Central Oregon continues to grow, so does the amount of waste we collectively send to the landfill. While recycling is an important step in trash management, preventing waste from occurring in the first place is the gold standard in sustainability. “We say ‘reduce, reuse, recycle’ in that order because it’s the order of importance and impact,” said Denise Rowcroft, a sustainability educator and the manager of the ReThink Waste project spearheaded by the Environmental Center of Bend. Here, we share easy-to-adopt tips to help you begin a reduce-reuse-recycle habit. And for those who want to make an even bigger impact, we offer advice on how to take your home trash management and prevention routine to the next level.

## Home Cookin'

About a quarter of the trash that enters the landfill is food waste. Once in the landfill, that food waste releases methane gas, which contributes to greenhouse gas emissions and ultimately global warming.

Composting your food scraps not only reduces methane gas emissions, but also breaks down to create a nutrient-rich soil for your garden or flower beds.

While composting is highly recommended for disposing of unused veggies and fruits—just like recycling—it’s worth taking a look at your buying habits to prevent food from needing to be composted in the first place.

It’s not just good home economics. Purchasing less means a reduction in your total carbon footprint.

“If you have a lot of fruits and veggies going bad in your fridge,” explained Rowcroft, “there is still a significant upstream environmental impact to ship that carrot grown in California on multiple trucks to Bend.”





## Reduce

The biggest impact consumers can have on the amount of trash they produce is to reduce the amount of stuff they buy in the first place.

**GET STARTED:** Just because an item is on sale or a “good deal” doesn’t mean you should buy it. Twelve apples from the warehouse store for the same price as six apples elsewhere is only a good deal if you use the “extra” half dozen before they spoil.

**GO PRO:** Change your lifestyle. “On a bigger scale,” said Rowcroft, “the best thing you can do is to live in a smaller house. The bigger the house, the more resources you’re consuming to live in that house. You can have a super green house, but if it’s 4,000 square feet, it’s got a really big impact.”

## Reuse

One of the easiest ways to reduce your daily trash impact is to replace disposables with reusables, starting with the lowest hanging fruit: water bottles, bags and mugs.

**GET STARTED:** Purchase reusable grocery bags, a travel mug and a water bottle and use them wherever you go.

**GO PRO:** Bring your own bags or containers to grocery stores that sell food in bulk. Or, bring broken items such as clothing, gear, electronics, furniture or household goods to the Environmental Center’s quarterly “Repair Cafe,” where volunteers are on hand to help fix them.

## Recycle

When sorting and separating, remember that recyclable items vary from region to region. If you’re new to Central Oregon or are visiting, be aware that you may not be able to recycle the same items here that you can elsewhere.

**GET STARTED:** Familiarize yourself with what is and is not recyclable in your curbside bin and recycle everything you can. Avoid products that aren’t recyclable or come in non-recyclable packaging.

**GO PRO:** From batteries and bicycles to fluorescent light bulbs and styrofoam packing peanuts, there are dozens of local businesses that accept more than eighty recyclable household items that are not allowed for curbside pick-up, including plastic bags.

# THINGS YOU CAN DO NOW TO REDUCE YOUR FOOD WASTE AT HOME

**1** Shop your cabinet and fridge first. This has two benefits: You avoid buying duplicates and you may discover something to add to your weekly meal plan before it goes bad.

**2** Make a plan before you buy. Creating a meal plan and shopping list in advance of your trip to the grocery store helps you purchase only what you need.

**3** Eat your leftovers. Step 1 will help you remember to follow through with Step 3.

**4** The freezer is your friend. If you don’t have a plan for a specific food item before it will spoil, freeze it for later use. Just don’t forget to “shop your freezer” on a routine basis.



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# Paul ISRAEL

Recognized by his peers as an industry leader, Paul Israel has helped pioneer Oregon's green energy movement.

INTERVIEW BY ERIC FLOWERS

**A** New Hampshire native and longtime Bend resident, Paul Israel opened Oregon's first Sunlight Solar Energy storefront in Redmond in 1997, selling RV power accessories and off-grid products. Since then the business has added offices in Connecticut, Massachusetts and Portland, Oregon and has completed more than 2,000 solar installations. Israel was recognized in 2012 as Oregon's Solar Professional of the Year by the nonprofit industry advocate Solar Oregon. He spoke with Bend Magazine about the state of the solar industry and what the future holds for renewable energy.



Paul Israel with his son

**Is Bend a good incubator for solar businesses?**

I was running a solar business in Portland and Eugene, which was before the technology was so widely spread or as accepted as it is today. So the first question I always got in the Willamette Valley was, "We don't get much sun here—does solar work?" When I came over to Bend the question was, "We have so much sunshine, shouldn't everyone be using solar?" So, for a solar business, Bend was a perfect incubator.

**Where do you see the biggest opportunities in the solar industry over the next decade and how does Sunlight Solar plan to position itself?**

We see growth happening in the larger, utility-scale projects, requiring us to have more sophisticated, financially educated employees. We also see opportunity in community solar (projects where a single solar array is owned by, or serves, multiple customers), which means understanding a law that is currently being enacted in Oregon to promote that initiative. Also, we will keep abreast of building trends, such as the use of integrated solar panels, namely solar-ready shingles that look like average shingles but generate electricity.



**What are the biggest changes and challenges facing the solar and renewable energy industry right now?**

Increasing prices. China was found to be trading unfairly and all imports into the U.S. have been slapped with a 30 percent tariff. In addition, the aluminum industry just saw a ten percent tariff. These are direct increases that have stopped cold a decade of continual price decreases. ■

## OREGON CONSUMES

AN AVERAGE OF 48  
MILLION MWH OF  
ELECTRICITY EACH YEAR.

HERE ARE THE TOP 5  
SOURCES:

40%  
HYDRO

COAL 32%

17%  
NATURAL  
GAS

6%  
WIND

3%  
NUCLEAR

Biomass, solar,  
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Source: Oregon Department of Energy  
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# SAVING NORRIS



WRITTEN BY **TIFFANY PAULIN**

PHOTOS BY **MIGHTY CREATURE CO**

THE CENTRAL OREGON EQUINE  
COMMUNITY COMES TOGETHER TO

# SAVE A RETIRED RACEHORSE

In the winter of 2012, a colt named American Pharoah was born in New Jersey. The thoroughbred spent his early life in some of the best barns in America, training to become an elite race horse. In 2015, he became the first horse to win the Triple Crown and the Breeders' Cup Classic, considered the Grand Slam in horse racing. Acclaimed for his speed, good nature and athleticism, American Pharoah became a legend, revered by the horse community and popular with the media and public.

Around the same time American Pharoah was born, his half-brother was born in another barn. They called that colt Party on the Nile. He had the same smooth stride and impressive physique as his brother as well as the same kind demeanor and hardworking personality. His career, however, ended differently. Plagued by a damaged tendon and hoof problems, all chances of becoming a star racing horse like his half-brother were gone.

It would appear that Party on the Nile was the unlucky brother.

But Party on the Nile caught a break when he caught the eye of Lisa Valenta, a Bend resident and horse enthusiast. Valenta spotted Party on the Nile at After The Races, a Pennsylvania-based nonprofit that rehabilitates thoroughbred racing horses and finds them new homes, and ideally, new careers. Valenta was searching for a thoroughbred to adopt and train as a hunter and jumper horse. She was drawn to Party on the Nile's build, and she loved the look in his eye.

"So often you're looking for one thing, and you find something else," said Valenta.

Valenta took a leap of faith. Party on the Nile left Pennsylvania in a trailer bound for Oregon. He had cleared his first post-race hurdle, avoiding the slaughterhouse in Canada or Mexico, the fate of many young failed racehorses. Instead he was welcomed by a thriving equine community that was willing to make a different kind of bet on a thoroughbred racehorse.



American Pharoah, winner of the Triple Crown and Norris' half-brother

## A New Home

Valenta wasn't sure what to call him. For months Valenta and her husband, Kevin, called him New Horse. That became Norse, and eventually, Norris. The horse had a new name and a new start, but his health issues lingered. Despite expert care, Norris's leg wasn't getting better, it was getting worse.

Lisa and Kevin own four horses and are no strangers to

horse problems. As high-performance animals, horses require a whole team of care, from farriers to the veterinary team to chiropractors to masseuses and trainers. "It's not just you, and it's not just the horse," said Valenta.

That means plenty of room for opinions and plenty of opportunity for healthy debate. The equine community is tightly knit, but not always in lock step. In this insular culture



“It was definitely a bigger problem than what they thought it would be. But I thought it was fixable. I think everything is fixable. I think I have an ‘S’ on my chest.”

– *Dr. Patrick Young*





everything from saddle fit to bits to feed is dissected and analyzed. About the only thing that the horse community can agree on is the duty to a sick animal.

“Norris wasn’t available for adoption to anyone except [someone] who had the resources, the community, to deal with these issues,” said Valenta. “Not all communities are as lucky as Bend to have as many professionals, farriers and vets that specialize in these types of issues.”

## It Takes A Village

Dr. Patrick Young is a large animal veterinarian who moved to Central Oregon from the South in 2014, bringing along his Texas drawl, cowboy hat and boots and habit of chewing tobacco. The last of ten children, seven of which are medical doctors, Young bucked tradition when he “cowboy’d” for two years on a ranch before going to vet school.

Young was one of many who rose to the occasion to help Norris. He describes himself as a mobile “horse mechanic” who travels all over Central Oregon diagnosing and treating high performance horses like Norris. “I just fix their wheels,” he said modestly.

He’s humble, but in fact Young is a specialist in equine lameness, arguably one of the most challenging diagnostic puzzles a vet can face. He carefully takes in every muscle movement, the geometry of the horse’s gait, and the speed and force of each foot fall, following up with modern diagnostic tools like x-ray, MRI and ultrasound. Young also heads a biotech company and has successfully researched and licensed a new vaccine for pigeon fever in horses. His passion for creative problem solving is exactly what Norris needed.

There’s a saying about horses that dates back to the 18th century and persists to this day: No hoof, no horse. Horses with poor feet often end up in constant pain and suffer from severe lameness. When the Valentas first called Young to look at Norris, “It was definitely a lot worse than I envisioned,” he said. “It was definitely a bigger problem than what they thought it would be. But I thought it was fixable. I think everything is fixable. I think I have an ‘S’ on my chest.”

After watching Norris and taking x-rays, Young began treating his ailments with a series of progressive treatments like corrective shoeing to reshape his hooves and cocktails of antibiotics and anti-inflammatories, “voodoo” as Young calls it jokingly, to treat the infections and abscesses that were also growing.

For weeks at a time, Lisa and Kevin had to fill a bucket with water, epsom salts and betadine, unwrap Norris’s foot and place it in the bucket, make him stand there for twenty minutes, pack the hoof with epsom salts, rewrap it, then place it in a protective boot. Norris waited patiently in his stall, healing and resting for the next round of treatments.

## A Second Chance

For most of the 20th century, thoroughbreds ruled jumping competitions. In the 1980s, though, European breeds began to take over, displacing domestic thoroughbreds. “It was hard to be competitive with those horses,” said Jeff Cook, a trainer who works with Norris. “You might go through twenty thoroughbreds to find one that truly is competitive. There’s a risk to it.”

Many thoroughbreds were left without a second career after racing, creating the risk of an excess supply of retired race horses. Recently, there have been efforts to get thoroughbreds back into the hunting and jumping competition. Cook has a soft spot for thoroughbreds like Norris, especially those in the competitive hunting and jumping world. “I love a thoroughbred, refined type, and that he is,” said Cook, who is renowned for his discipline and decades of experience training horses. He spends his entire day around horses. It’s hot and dirty work, yet Cook manages to stay as crisp and clean as when he walked in that morning.

Adding to the challenge, thoroughbred horses in particular are known for having sensitive feet due to their flat and thin soles. Foot problems can shorten a horse’s athletic career and contribute to inactivity and muscle atrophy. Those that don’t have access to quality veterinary care or resources are euthanized.

“We’re trying to encourage thoroughbreds back into our industry,” said Cook. “To this day of any of the horses I’ve seen, the best horse



“To this day, the best  
horse I’ve ever seen  
was a thoroughbred.  
A good thoroughbred  
cannot be beat.”

– *Jeff Cook*



I've ever seen was a thoroughbred. A good thoroughbred cannot be beat. They look to go to the fences, they look to go to the jump."

Jeremy Thompson is a local farrier, the guy called in to work with Norris's hooves. "He's had a lot of recovery," said Thompson. "His feet are way better than when I met him. He had no heels. He had abscesses constantly. He had issues with soundness, being able to walk out without any signs of lameness. From what I saw when he showed up at our place in the beginning of winter is 100 percent better than it was."

With corrective shoeing, Thompson is working on getting Norris' hooves to grow more naturally upright, instead of flattening out like they are prone to do. It will give him more support, which is healthier for the hoof and better suited to jumping.

Norris's tenacious personality showed through even in the initial treatments and encouraged Valenta. At one point while he was on stall rest for a month, he jumped up and over the top of his stalls without touching anything—from a standstill. An incredible feat for an almost 1,500-pound horse. It's part of what draws people to Norris and what

**“Not all communities  
are are as lucky as  
Bend to have as  
many professionals,  
farriers and vets that  
specialize in these  
types of issues.”**

*— Lisa Valenta* ➤

“From what I saw  
when he showed up  
at our place in the  
beginning of winter  
is 100 percent better  
than it was.”

— *Jeremy Thompson*





encourages the community to find solutions to his problems.

“I had some really frank discussions with Dr. Young about whether we should keep him as a sport horse or whether we should find a home for him that would be less demanding,” said Valenta. “I just keep getting encouraged to keep on with it, because he is such a nice horse, that we feel in maybe another six months to a year, he’ll be in a position to really see what he can do. It’s doable, it’s just going to take time.”

Young is also hopeful for Norris. “If we can keep that foot in alignment, that’s the key to him,” said Young. “If we can keep his wheels under him, he’ll be fine.”

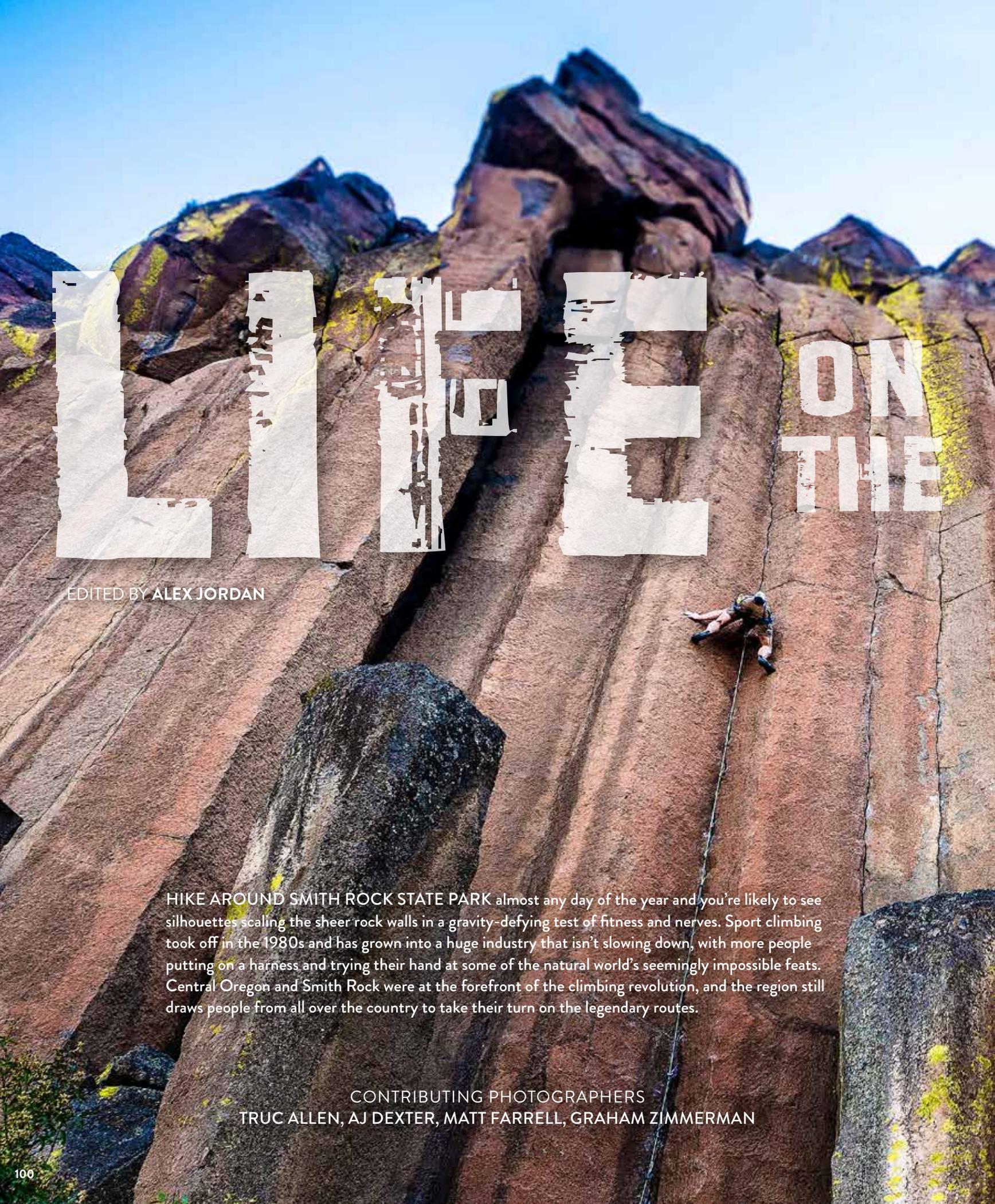
Lisa and Kevin have taken on a huge risk with Norris. If he does respond to treatment, the question remains as to whether he will be competitive. “Hopefully he’s going to really love jumping,” said Lisa. “If he doesn’t love jumping...” she trailed off for a moment looking at Norris. “He’s such a cool horse.”

At the end of January, after dozens of epsom salt soaks, antibiotics, new shoes and wedges, stall rest and numerous other therapies, Young made another barn call to assess Norris’s progress. Norris was feeling good, perhaps a little too good. His energy had been contained a little too long in a twelve-by-twelve-foot stall. Everyone has learned that when Norris decides to rear and stretch his legs, there isn’t a lot that can stop him, which is exactly what he does.

Norris slipped away from his handler and ran hell-bent for the leather, as they say, in the opposite direction. The onlookers watched attentively. Seeing a horse like Norris strut his stuff can fill you with exuberance. But with his physical limitations, it can also make you cringe, hoping he doesn’t re-injure his sensitive soles.

Young broke the silence. “He looks pretty fucking sound to me,” he said, before they all chased after Norris. **13**

Special thanks to Shevlin Stables Equine Event Center and Rafter J Ranch for allowing us to photograph on location.



# LIFE ON THE

EDITED BY ALEX JORDAN

HIKE AROUND SMITH ROCK STATE PARK almost any day of the year and you're likely to see silhouettes scaling the sheer rock walls in a gravity-defying test of fitness and nerves. Sport climbing took off in the 1980s and has grown into a huge industry that isn't slowing down, with more people putting on a harness and trying their hand at some of the natural world's seemingly impossible feats. Central Oregon and Smith Rock were at the forefront of the climbing revolution, and the region still draws people from all over the country to take their turn on the legendary routes.

CONTRIBUTING PHOTOGRAPHERS  
TRUC ALLEN, AJ DEXTER, MATT FARRELL, GRAHAM ZIMMERMAN

# TRAIL





1. Shawn Brunner ties in with a figure eight at Smith Rock State Park. By AJ Dexter.
2. Logan Carr at Smith Rock State Park. By AJ Dexter.
3. Kathy Karlo in Little Cottonwood Canyon, Utah. By Matt Farrell.
4. Quickdraws at Smith Rock State Park. By AJ Dexter.
5. Grant Ortman at Smith Rock State Park. By AJ Dexter.





WRITTEN BY CATHY CARROLL  
PHOTOS BY HEAVEN MCARTHUR

# HARVESTING *Creativity*

A SISTERS RANCH IS POISED TO CULMINATE THE DECADES  
**KATHY DEGGENDORFER** HAS DEVOTED TO FOSTERING  
AN ARTS ECONOMY FOR CENTRAL OREGON.

INSIDE ONE OF OREGON'S LAST REMAINING round barns, hand-built nearly a century ago on a Sisters ranch dating back to 1850, Kathy Deggendorfer is looking up at the elegant slope of the conical roof, supported by a swirl of wooden beams. She marvels at the craftsmanship, speculating about the Old World design origins of the space where horses had been trained for decades. A square opening cut into the wall frames a snow-dusted Black Butte, one of a swath of surrounding peaks. Beyond that, a grove of cottonwoods, some of the oldest east of the Cascades, rustles in the breeze. Whychus Creek winds by, singing its liquid song.

Along the creek, about a dozen more 1930s structures stand as sentinels to that era and make up what is called Pine Meadow Ranch. There's a bunkhouse, caretaker's cottage, woodworking sheds, tack rooms and a home designed by one of Oregon's preeminent architects, Ellis F. Lawrence, the mind behind a score of historic buildings around the state, such as the University of Oregon's Jordan Schnitzer Museum of Art in Eugene.

Relatively few in Central Oregon may know of Pine Meadow Ranch—yet. The 260 acres was ranched, farmed and beloved for

nearly a half-century by aviatrix and rodeo stalwart Dorro Sokol, who died last year at age 90. With riparian stretches close to town being scooped up for development, Deggendorfer swooped in and bought it in November to preserve the land, the views and historic buildings, and with the hope of creating a center for exploration of the arts and sciences through the lens of life on a working ranch.

This vision builds on her three decades of shaping the cultural life of the region, from grassroots work in the early days of the Sisters Folk Festival and the Sisters Quilt Show to supporting arts, education, environment and social services in surrounding counties and around the state. Hundreds of these efforts have been funded through The Roundhouse Foundation, which she began in 2002 with her mother, Gert Boyle, known as “one tough mother” from ad campaigns for her company, Columbia Sportswear. (The 94-year-old lives in Portland and has had a longtime affinity for Central Oregon.) Their goal has been to help celebrate creativity, particularly efforts in which artists serve as positive role models and mentors for children, and to create

a new arts-driven economy for Central Oregon. With the addition of Pine Meadow Ranch, Deggendorfer is poised to take her vision to a new level.

“I thought, ‘What can we manage and what can we do here?’” she said, strolling the ranch in black boots, her hands in the pockets of a Columbia barn jacket. “I was not willing to see the loss of the view-scapes and the loss of agriculture. I don't really need to take on this whole other project at 67. I could be a person who plays bridge and golf, but I just can't. It's just not right. I want to make a community that we want to live in, and if it's done in the right way, the rest of the country might come along.”

For her, simply complaining about things is not an option.

## *A Creative Vision*

Throughout her life, Deggendorfer, an accomplished painter, has found that the most inspiring discussions, and the most creative problem-solving, happen when artists and scientists of seemingly disparate disciplines come together to think and work. As she began formulating her vision for Pine Meadow Ranch, she wanted to look at



potential models of the concept, but she also wanted others' perspectives, too, so through The Roundhouse Foundation, she awarded scholarships to eighteen artists for residencies around the nation and abroad. "I chose working artists who are strong-willed, rather than someone who might try to say what they think I'd hoped," said Deggendorfer.

The artists reported on their experiences, which helped Deggendorfer crystalize a vision for Pine Meadow Ranch. Her dream is to foster a place to connect the arts and sciences with the crafts and skills integral to ranching life: managing livestock, growing crops, preserving food, training horses and dogs, doing leatherwork, woodwork, glasswork, metalwork, ceramics and textiles, painting, photography, music, managing and enhancing Whychus Creek, riparian study, sustainable energy, recreation and social events.

"It's about honoring that can-do, gotta do-it-yourself spirit," said Deggendorfer.

For now, it remains a vision. In the short term, her focus is on inviting artists to do individual residencies on land zoned for agricultural and forest uses. "We don't know what it can be, because we're honoring the land-use laws and working diligently with the county to see what we are allowed to do, what we can do and how we can work with them to achieve the goal," she said.

Preserving the working ranch would fit synergistically with a new creative space emulating the agricultural history of Sisters. It would be easily accessible to the community, a ten-minute walk for Sisters schoolchildren coming to the ranch for historical tours, and for artists to contribute to village life, too.

"A farm is a place where things happen—things are grown there beyond food," she said. "There is a sense of community and thought, such that someday the next cure for whatever ails might come out of an author meeting with a scientist and a woodworker, and saying, 'Did you ever think of this?' And it sparks a whole new idea."

For instance, she pointed to Finland's Aalto University, which is gaining global

awareness of a new environmentally friendly manufacturing process for making textiles. The multidisciplinary science and art community emphasizes that new opportunities and products require open collaboration across organizational and national boundaries.

Like the celebrated, visionary Fab Lab at the Massachusetts Institute of Technology, which lets anyone design and execute small-scale manufacturing digitally and cheaply, the ranch could offer myriad opportunities, from environmental study to learning songwriting or painting from a resident artist.

"Sisters is a perfect place for this because we have a terrific brain trust and philanthropic community that wants to stay engaged, share what they have and create a place for young minds to grow," she said.

### *Back at the Ranch*

Since buying the ranch, Deggendorfer and her husband, Frank, have focused on cleanup, salvaging whatever is useful or speaks to its past, from an old forge and branding equipment to a vintage sleigh and enamel cookstove. A monitor-style barn is made of lodgepole beams harvested from the property and has floors of Douglas fir from a nearby stand, now gone. The cat's-eye pattern of the wallboards was designed by nature—the sweating of the hay stored in the loft. Those who'd gone to house concerts there years ago had described the acoustics of the space, above the adjacent cattle sorting-pens and squeeze shoots. "It was like being inside a guitar," said Deggendorfer.

She hopes that in the next few years she will be inviting scientists, woodworkers, ceramic artists, painters, chefs and authors to the ranch for residencies and to join locals, exchanging ideas and creative thought. The concept is an extension of her 2014 exhibit, "Painting Oregon's Harvest: The Art of Kathy Deggendorfer" at the High Desert Museum, which is now traveling to museums around the state. For that show, Deggendorfer visited working farms,



fisheries, cherry, pear and apple orchards, vineyards, Bandon cranberry bogs, and ranches in Central and Eastern Oregon, depicting the beauty and bounty of Oregon-grown food.

"All that study I did is coming full circle," she said. "It's not just an art project anymore. The ranch is the opposite of the virtual world, it's about whatever the body needs and sustains it. How do we honor this place where we are, and how do we not defile this place?"

### *One Tough Family*

Transforming a ranch into a new-styled center for the arts and sciences would be daunting to most people, but Deggendorfer isn't most people. Those close to her point to a personal history that has primed her for it.

In 1970, when she was 19 studying at the University of Oregon, her father, Joseph Cornelius "Neal" Boyle, died suddenly of a heart attack at age 47. Her mother, a 46-year-old housewife with no business experience, took his place at the helm of Columbia Sportswear, a small and financially struggling outerwear manufacturer that her father had founded in Portland.

Deggendorfer's younger sister, Sarah "Sally" Bany, said this was a formative moment for all three children. "Mom jumped into the business, and we are all seeing mom doing that. One day you're this, and the next day something like this happens, and you've just got to go for it," she said. "It's ingrained in all of us."

Many expected Boyle to fail, but with





her son, Tim Boyle, now the company's president, CEO and director, they turned it into a leading global retailer of outdoor apparel, footwear and equipment with sales of nearly \$2.5 billion last year. The ads featuring Gert as "one tough mother" made her an industry icon, but Deggendorfer said her childhood memories reveal her mother's true self. "Employees would come to her strapped for cash, needing money for rent or to have their teeth fixed, and even though she didn't have any money at all, she'd give them money or somehow take care of them, knowing they'd pay her back. She is a very generous person and has a lot of empathy for people.

"That persona of a tough mother, she's the opposite of that," she said. "She'll definitely tell you what she thinks and is not going to take guff from anyone, but she's protective, empathetic, caring ... and taught us [children] all to be."

Gert Boyle's book, *One Tough Mother: Taking Charge in Life, Business, and Apple Pies*, chronicles her journey. She wrote it with Kerry Tymchuk, director of the

Oregon Historical Society.

He said, "What Kathy has done for Sisters, turning it into a hub for artistic, creative minds is remarkable, and [Pine Meadow Ranch] is another step down the road of saving an architectural treasure and turning it into something to benefit the region. The fact that her mom is still going strong at 94 is just a little hint of where she gets it. Kathy's just a force of nature, with a wonderful, self-deprecating sense of humor—she takes her vision of what she wants seriously, but doesn't take herself seriously."

In that vein, Deggendorfer quipped that Gert's spirit may have "skipped a generation" to Deggendorfer's daughter, Erin Borla. The 38-year-old of Sisters spearheads Columbia's ReThreads program, which encourages customers to bring in their used clothing to be recycled into fibers for new products such as insulation, carpet padding, stuffing for toys and new fabric, diverting tons of waste from landfills. One of the barns at the Pine Meadow Ranch is also a temporary staging area for the company's end-of-season coats, boots and other sportswear, which is

sorted and delivered to nonprofits.

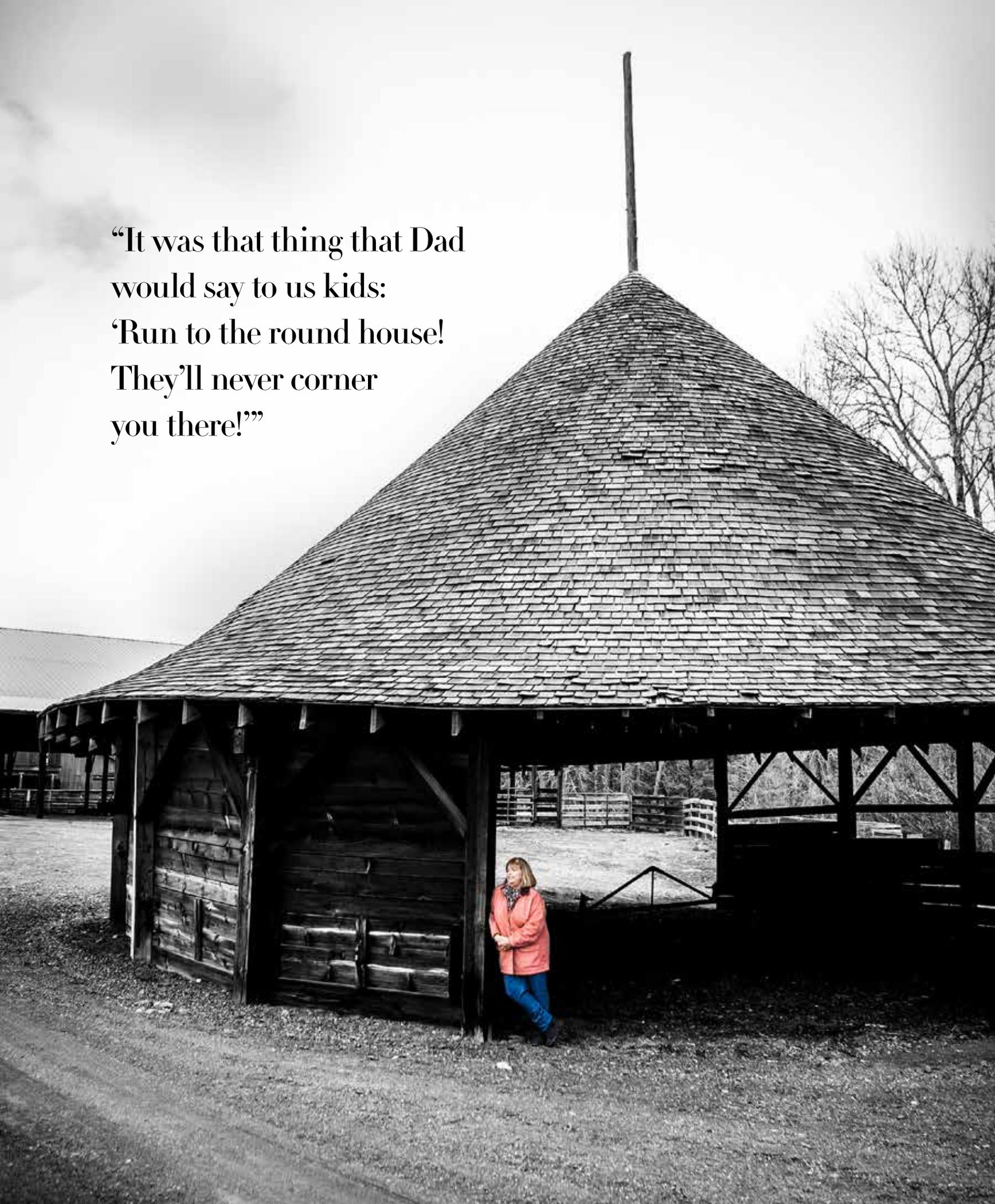
Columbia's chairman of the board, who still works daily at her office in Portland, reflected on what shapes one's work.

"As life goes on, you really think, 'This is what I'd like to do,' but I don't think it should ever be written in stone," said Boyle. "Things present themselves. I took over Columbia and that certainly was not in the plan, for my husband to die and I'd have to take over, but things present themselves, like the new ranch that Kathy and Frank bought. They were thinking about doing something like that, and the opportunity presented itself."

At the ranch, the round barn mirrors a round house for which the Deggendorfers' foundation is named. Kathy recalled that growing up, her family had a small house in Lincoln Beach, and Neal Boyle would tell his children they could wander no farther than the round house. "It was that thing that Dad would say to us kids: 'Run to the round house! They'll never corner you there!'"

All these years later, it seems she's still listening. **IB**

“It was that thing that Dad  
would say to us kids:  
‘Run to the round house!  
They’ll never corner  
you there!’”





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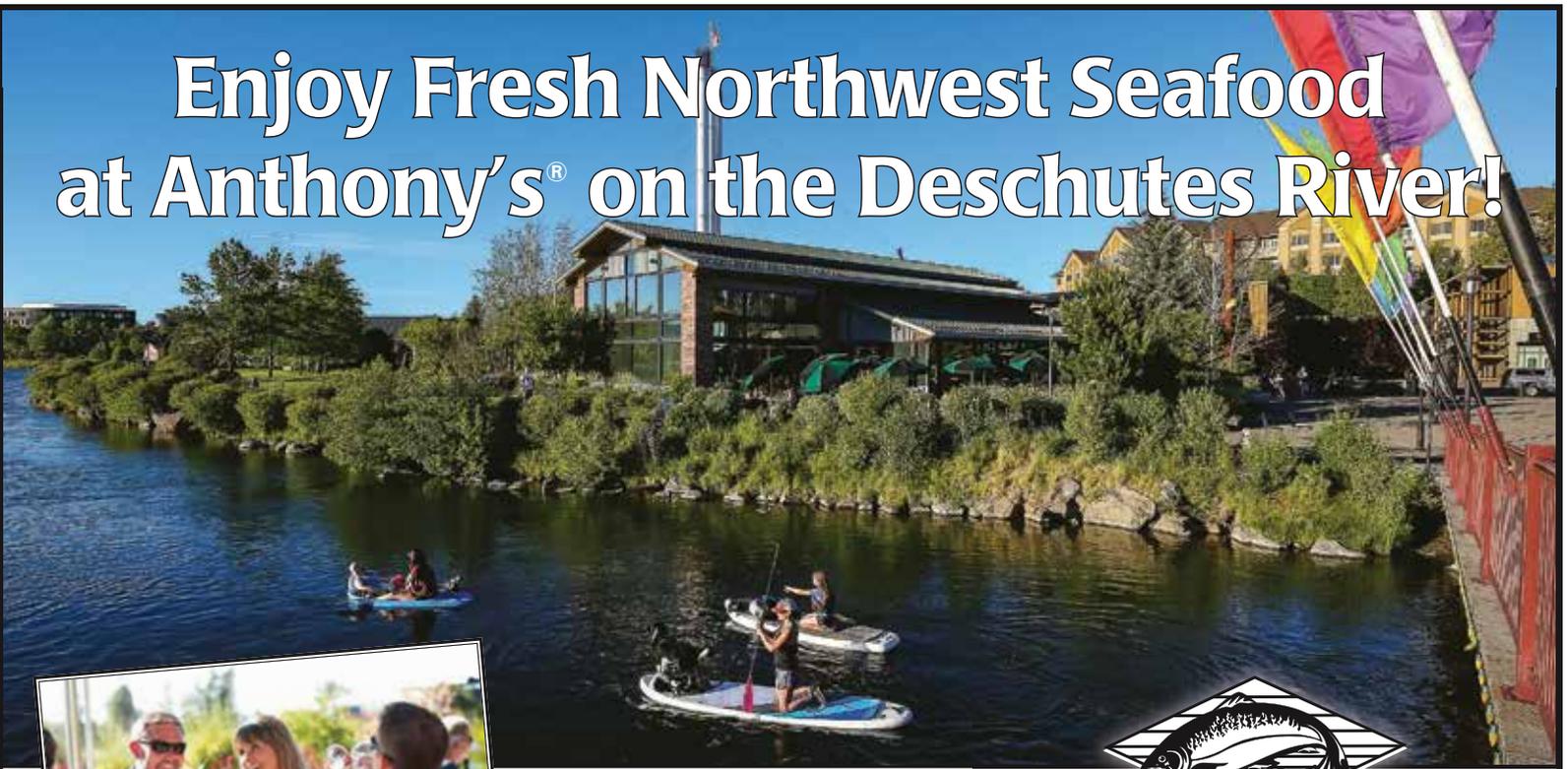
Dishes that are worth the wait.

EDITED BY BRONTE DOD PHOTOS BY ALEX JORDAN

Who decided that only moms love brunch? Yes, Mother's Day is synonymous with brunch, but the dual-purpose meal has become a whole new ballgame. There's a brunch restaurant for every culinary trend, monster-sized drinks that could easily be a meal on their own and a new use for that charming Craftsman in your neighborhood. In Central Oregon, the brunch line is as ubiquitous as the lift line. With so many options, it's impossible to narrow down the best or the favorite, but these are the dishes that make us want to skip the standard soggy cereal and indulge.



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## *The Camp Sherman Store & Fly Shop*

The Camp Sherman Store has graced the banks of the Metolius River for a century. It all started when Sherman County farmers found their way here back in the late 1800's. The river and the basin were in complete contrast to the beautiful rolling hills of north Central Oregon. They would tend their grain crops and in the late Spring and journey to the river for much needed rest and relaxation. They would head back to their farms, harvest and then return for more much needed R&R in the late Summer. In that time, they all camped in tents, and they were all from Sherman County hence the name Camp Sherman.

There have been 13 owners of the store thru the years. This is the 21st year for the current owners, Roger & Kathy White.

We will be hosting a birthday BBQ on the 7th of July this year. Hope to see all of you for a great evening of music, food and fun.



# Christie's Kitchen

Christie Bryant of Christie's Kitchen in Redmond wouldn't call her restaurant a brunch destination, even if other people might. "We're a breakfast and lunch restaurant, but we serve breakfast all day," she said. "Especially on the weekend, our guests really enjoy the option of all-day breakfast."

Christie and her husband Gary sold their previous restaurant, the Country Nook, over a decade ago to retire. "But I got bored," said Bryant. Christie's Kitchen was born in a red house in downtown Redmond six years ago to immediate popularity, given the frequent line out the front door. The menu is diner happiness, from biscuits and gravy to an eight-ounce sirloin to a malted waffle. Homemade

cinnamon rolls or muffins are a delicious smaller treat, or go big with chicken fried steak, country gravy, eggs and potatoes.

Bryant's "brunch" choice? The quiche. She makes it herself with handmade pie crust and different fillings every day. "I like them all, as long as they don't have mushrooms," said Bryant. Try the bacon spinach Swiss quiche or the club quiche, which mimics the namesake sandwich with smoked turkey, bacon, American cheese, Swiss cheese, ham and fresh grilled tomatoes. The quiche comes with fruit or hashbrowns, or upgrade to a soup or salad. When you're finished, wave into the open kitchen to thank Bryant yourself for a great meal—just don't call it brunch. — *Kim Cooper Findling*



## Christie's Kitchen

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**Chow**  
Order: The Blackstone  
CHOW.COM



## Chow

In peak season, there's going to be a line out the door of Chow no matter what day of the week. Not to worry, though, as there are Bloody Marys and mimosas to tide you over until you can nab a table at the popular west side Bend breakfast and lunch destination. Known for its commitment to locally sourced ingredients, including from the onsite garden, Chow offers a unique take on traditional and Southern-style flavors. Everything is made from scratch, from the sourdough toast to the innovative hot sauces like habanero carrot at each table.

There are classic breakfast options to choose from, but Chow is the kind of place to get out of your breakfast comfort zone. The Blackstone is a new take on eggs Benedict, with cornmeal-crusted tomatoes serving as the platter for smoked bacon, spinach and two perfectly poached eggs. A bernaise sauce, similar to a hollandaise but with more acidity from white wine vinegar and includes shallots and herbs, is poured over the top of it all. The result is a savory dish that feels fresh with each bite.

Opt for the bacon cheddar grits on the side instead of standard fried potatoes. The Southern delight could be a standalone meal, with bits of bacon and melted cheese inside a not too mushy, not too grainy corn grit. This is comfort food at its finest, and what keeps people coming back. — *Bronte Dod*

## Jackson's Corner

**Jackson's Corner**

Order: Cristo

JACKSONSCORNERBEND.COM

When Jackson's Corner opened its doors on the corner of Delaware Avenue and Broadway Street more than a decade ago, it was on the leading edge of the local farm-to-table movement, with an emphasis on fresh and local ingredients and handmade breads and pastas. Today the cafe is an institution in Bend, having expanded to a second location near St. Charles Hospital.

The breakfast menu is straightforward, but the execution is pitch perfect on standards like huevos rancheros, prepared with Imperial Stock Ranch beef chorizo, and the playful Green Eggs (and ham), pesto scrambled eggs with shaved parmigiano-reggiano. But if we had to select just one dish that embodies Bend's brunch ethos, it would be Jackson's Cristo, a sweet and savory delight that is part lunch sandwich and part breakfast plate in one decadent package.

A variation of the traditional croque monsieur, a fried ham sandwich that appeared in French cafes in the early 20th century, the Cristo takes the concept to another level with egg-drenched French bread enveloping thinly sliced Hill's ham and Tillamook Swiss cheese. The entire concoction is then pan fried to crispy perfection. Jackson's finishes the sandwich with a fried egg perched atop. A dusting of powdered sugar and a side of maple syrup completes this brunch de resistance. — *Eric Flowers*



# McKay Cottage

The service at McKay Cottage is just about as charming as the 20th-century Craftsman that was converted into the brunch destination. Servers buzz around the tables, topping off coffee, chatting with regulars and balancing the plates that come stacked with food. The restaurant is off the beaten path for Bend standards, overlooking the Deschutes River on O.B. Riley Road, but that doesn't stop the hordes of people that will wait in line for a table.

McKay Cottage has been open for more than a decade and is well known for its scratch-made dishes and freshly baked treats. If your meal doesn't come with an incredibly light buttery scone, splurge and order one for the table, especially one that comes with a seasonal fruit

baked inside. There are more than enough options to choose from for breakfast, including classic favorites such as eggs Benedict and biscuits and gravy, as well as modern takes such as breakfast burritos and even what can only be described as breakfast nachos.

The stuffed French toast is one of the best options. The typical hearty slice of toast is swapped for a flaky croissant, which is stuffed with an Italian mascarpone, a citrus and cheese filling. The entire concoction is dipped in batter, grilled and topped with a strawberry compote. It's less adventure-fuel and more indulgence, but entirely worth the wait. — *Bronte Dod*



**McKay Cottage**

Order: Stuffed French Toast

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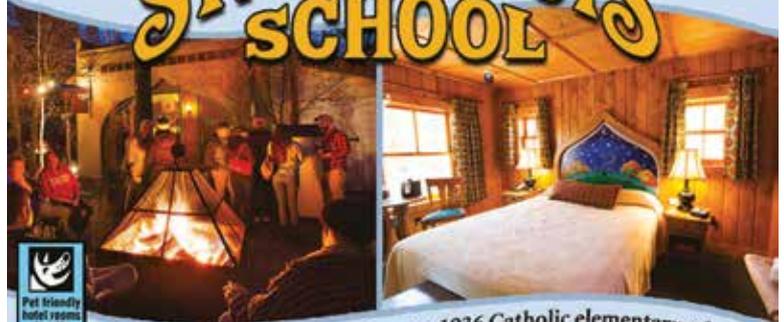
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Chef George Morris

CHEF

# Beef Boss

Bos Taurus Chef George Morris leverages modern techniques for classic steakhouse fare with a progressive American twist.

WRITTEN BY CATHY CARROLL PHOTOS BY JILL ROSELL

It's the early '90s in suburban Chicago. A 7-year-old boy, at home on the couch in his basement, is flipping through channels and comes across a cooking show. It's with a lady who talks funny, so he stops, then watches as Julia Child prepares coq au vin. He'd never seen anything like it before.

That moment was what set George Morris on his life's path. He asked his mother about the dish of chicken braised with wine. "That weekend, my parents took me downtown to a French bistro," he said. "They were really good at recognizing how interested I was, and they'd take me to new, hip restaurants, ones with open kitchens where I could watch the cooks and chefs doing what I do now."

Today, as the chef of Bos Taurus, an intimate downtown Bend restaurant serving some of the highest quality beef from around the globe, Morris feels that he has finally found his true home after



LOCAL  
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nearly two decades in the industry. While at the Culinary Institute of America in Hyde Park, N.Y., he’d done stages at some of Manhattan’s best restaurants, from Le Bernardin and Daniel to Per Se and WD-50. He was sous chef at 5 Ninth in New York City (working with Chef Zak Pelaccio, James Beard Award winner of Best Chef Northeast) and at some of Chicago’s top restaurants. He rose to executive chef at Truffle Pig in Steamboat Springs, Colo. By 2015, he’d become executive chef at The Madeline Hotel and Residences in Telluride, Colo., overseeing the luxury resort’s three restaurants.

After he and his wife, Kellie, visited her father in Bend, George asked his father-in-law to let him know if he ever heard of any executive chef positions here. At the same time, the team behind 10 Barrel Brewing, founders Chris and Jeremy Cox, company president Kyle McKee and James Meskill, director of operations of The High End (the craft brands of Anheuser-Busch, which bought 10 Barrel in 2014), were looking to launch something new in Bend’s culinary scene. They got a lead that Barrio was looking to expand and leave its spot on Minnesota Avenue.

“It had been super successful, and some of our favorite restaurants had been there, such as Mars,” said Meskill. “And all of us remembered how much fun that place was, and we were excited to be the next in line.”

The space dictated the concept—a twist on a classic American steakhouse. “We wanted to keep it simple, classic, somewhat timeless, with clean lines, but with a Bend feel, not

stuffy. We wanted to have fun with it.”

Morris learned of it, came out to meet the team, and they hit it off. He said he wanted to grow with the endeavor, and they offered him a partnership.

Morris researched ranches, selected thirteen, and sourced seventy-five steaks. “Every cut we thought we wanted to use: porterhouse, ribeye, filet, New York, bavette and hanger.”

In one night, the five partners and general manager Jim Kiefer tasted all of them. “It was one of the greatest and worst days of my life,” said Meskill. They compared notes and voted unanimously on about a dozen steaks from five ranches. The ones that made the cut for the opening last year range from Japanese Hokkaido A5 Wagyu, with its off-the-chart marbling for tenderness and flavor, to the hanger steak from 7X Ranch in Hotchkiss, Colo., where the sustainably raised cattle graze on nine types of grasses.

Morris rubs the steaks with hickory-smoked salt and a blend of peppercorns and seasonings, sears them on a custom-made, two-inch thick, 200-pound, cast iron slab heated to 550°F, removes them, rubs them with local butter, lets them rest, and re-sears them to achieve the perfect crust and medium-rare doneness.

“I don’t think people realize how difficult it is to cook a perfect steak ... every time,” said Morris. “It’s hard to find a staff that can do that daily. They’re amazing.”

Morris and Meskill said the most important ingredient in any restaurant’s success is the quality of the staff, and they’ve got it. “They care a lot,” said Meskill. ■

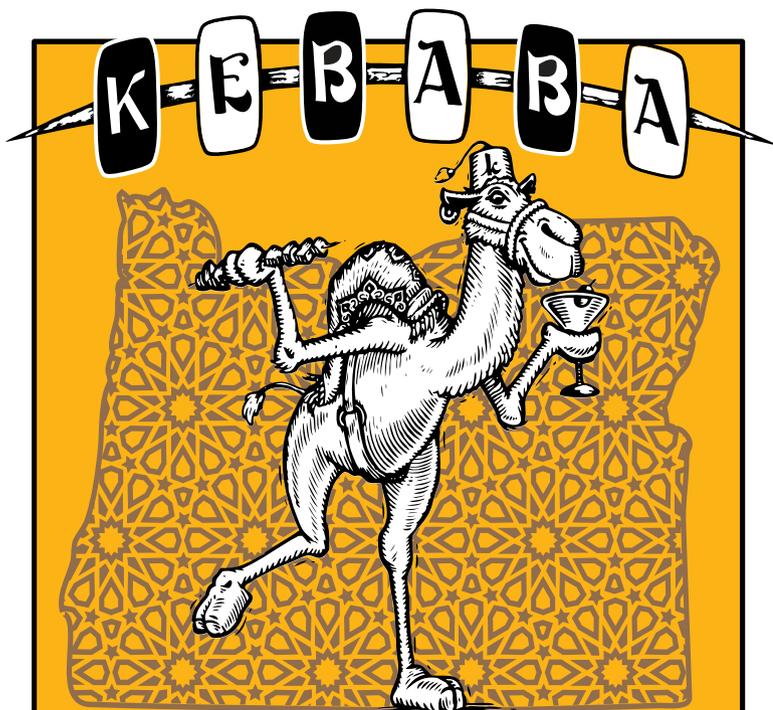


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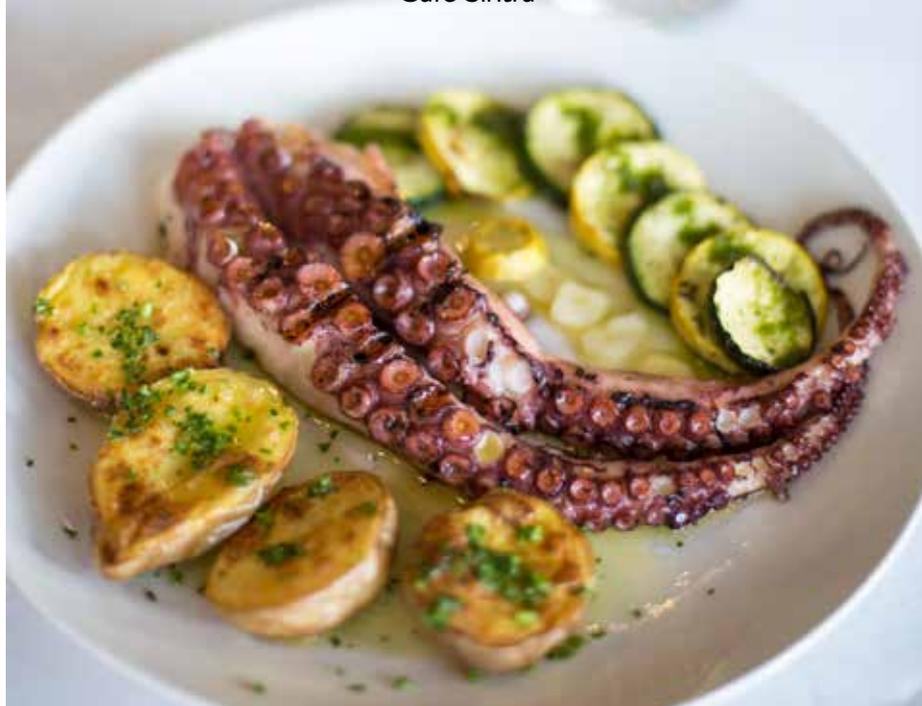


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# Polvo à Lagareiro

Café Sintra



**C**afé Sintra, named after the hometown in Portugal of owner Manuel dos Santos, has been a mainstay in Bend for breakfast and lunch since 2004. Heavily influenced by Portuguese cuisine—marinated meats and sausages, bold spices, bright fresh herbs and ample use of onions and garlic—Sintra’s lack of dinner service seemed like a missed opportunity.

It is missed no more; dinner is now on the menu. The cavernous space on Bond Street with somewhat stark appointments had always undermined the warmth of the food and staff. But a recent remodel turned the room from cool to comfortable with a new wraparound bar and warm accents. With a lineup of dishes steeped in both Portuguese trend and tradition, there’s nothing like it in town.

Executive Chef Marcelo Bento, nephew of dos Santos, combines the flavors of his home and family with skills learned cooking in some of the most acclaimed kitchens in Europe.

Of all the many delicious offerings, the Polvo à Lagareiro rises to the top. Spanish octopus with garlic-infused olive oil is perfectly charred and grilled to the ideal texture. Not too fleshy, not too rubbery.

Bringing octopus to Bend and to Sintra’s new dinner menu has special meaning for Bento. Served on Christmas and important celebrations in his family, he started eating octopus at only 2 years old, when he stole a tentacle from his mother’s plate. He went on to learn some tricks to the dish while living near Santa Luzia, a small town on the southern coast that is considered Portugal’s octopus capital.

“Funny, Manuel was always skeptical about the dish and had never tried it until we put it on the menu,” said Bento. “Now he loves it!”

Give it a try. You probably will, too. — *Alice Finer*

## Café Sintra

1024 NW Bond St.  
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## Gin ‘n’ Chronic

BROKEN TOP BOTTLE SHOP

A good play on words gets the creative juices flowing for Broken Top Bottle Shop (BTBS) co-owners Jason and Jennifer Powell. They celebrate Reuben Tuesday and Hotdog Humpday with gusto. The husband-and-wife team celebrated six years in business this winter, though they only added a full bar to the mix in 2017. BTBS’s bar offerings went a shot above the rest when Jason heard about CBD tea. He reached out to Ablis Sparkling Green to get a keg of the CBD-infused fizzy, juicy tea and started mixing drinks as soon as BTBS tapped the line. CBD, or cannabidiol, is lauded in some circles for its anti-inflammatory and anti-anxiety therapeutic properties and is completely non-psychoactive (meaning it won’t make you high). Ablis is tasty on its own, but the alcoholic concoctions at BTBS are as delicious as they are punny, see: Dank ‘n’ Stormy and Jamaican Mule. With about 10 milligrams of CBD per cocktail, we think a lot of people will be hitting the gin more often after they’ve tried the Gin ‘n’ Chronic. — *Megan Oliver*

### GIN ‘N’ CHRONIC

1½ oz. Cascade Alchemy gin  
8 oz. Ablis Sparkling Cranberry Blood  
Orange CBD  
Lime wedge  
or  
8 oz. Ablis Sparkling Lemon Ginger CBD  
Lemon wedge

Pour gin over rocks in a highball glass. Fill with Ablis Sparkling CBD. Garnish with citrus. Enjoy!





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# Back Deck ■ *art & events*

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## CONCERTS

# Listen to the Music

A strong summer concert line-up features classic rockers, country legends and everything in between at the Les Schwab Amphitheater.

**PUT ON YOUR DANCING SHOES.** There are years when the big-ticket summer concert line-up is slow to develop in Bend. That's not the case this year, particularly at the Les Schwab Amphitheater, where more than a dozen national touring acts had already announced summer dates as of early April. The concert season kicks off Memorial Day weekend with Ray LaMontagne and Neko Case. Crowd favorite Michael Franti (pictured) returns in June for what seems like an annual stop. Additional summer acts include the Decemberists, Jethro Tull and Willie Nelson with Alison Krauss.



PHOTO JILL ROSELL

# Back Deck ■ happenings

## FIBER LOVE AT FANCYWORK YARN SHOP

**Bend's newest yarn shop combines indie yarns, knitting expertise and community passion for fiber arts.**

**ELISE JONES IS ONE AMBITIOUS KNITTER.** Jones is simultaneously working four yarn projects—a hat, a sweater, a poncho and a wrap. Immersing herself in beautiful yarn creations is a welcome workplace hazard for Jones, owner of the newly minted Fancywork Yarn Shop in Bend.

Following years of work in graphic design and marketing, Jones recently decided to grow her passion into her profession. “I’ve wanted to own a yarn shop for over a decade, and now I can combine my love for knitting with my creative marketing skills and make it fly,” said Jones.

Inside Fancywork, the walls are lined with luscious yarns, from deep aquamarine blues to soft taupes and warm crimson reds. Jones is passionate about “indie” yarn dyers, small fiber businesses that dye yarn in small batches. Indie yarns tend to have more creative colors, and hues can vary from one dye batch to the next.

“Yarns from Farmers Daughters Fibers are dyed in Montana, and when I look at them all together, I see all the colors in a big sky Montana landscape,” said Jones. Indeed, sage greens, flaxen golds and slate blues combine into a gorgeous palette evoking images of the American West. Other indie dyers such as Long Dog Yarn and Machete Shoppe tend toward brighter, richer colors, and Anzula Luxury Fibers “combine cashmere and sparkles. You really cannot go wrong with that,” said Jones.

For the knitter who is looking for a small, no-fuss project, Fancywork sells knit kits that contain a combination of yarn colors and a pattern. “The kits are great for people who are visiting and want a small project to work on while traveling,” said Jones. “They make great gifts, too.”

The shop is a hub for the fiber arts community, offering knitting and crochet classes, from beginner to advanced. Every Thursday from 4 to 7



Fancywork Yarn Shop owner Elise Jones

p.m. it hosts an open Knit Night, where knitters can bring a project and knit together. And for the guy-knitter in your life, stay tuned for man-knitting night, aptly named “Knotty Boys.” — *Katy Bryce*

Fancywork Yarn Shop  
200 NE Greenwood Ave., Bend  
FANCYWORK.COM

## Don't Miss These Concerts in May and June

**MOSLEY WOTTA AND THE LIQUE**  
May 10  
Volcanic Theatre Pub

**DIRTY REVIVAL**  
May 18  
Belfry

**RAY LAMONTAGNE AND  
NEKO CASE**  
May 30  
Les Schwab Amphitheater

**SLIGHTLY STOOPID**  
June 9  
Les Schwab Amphitheater

**MICHAEL FRANTI**  
June 19  
Les Schwab Amphitheater

**ZUHG**  
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# Back Deck ■ *datebook*

# MAY

## 5

BEND

### SPRING PADDLEFEST

Spring is the perfect time to try kayaking, paddleboarding and canoeing. Tumalo Creek

Kayak & Canoe hosts a weekend of intro clinics for those looking to grab a paddle and hit the water.

TUMALOCREEK.COM

## 12

BEND

### HIGH DESERT DREAMS

Photographer Rich Bergman captured stunning black and white images of abandoned homesteads in the Fort Rock Basin. An exhibit of the photographs opens this month at the High Desert Museum.

HIGHDESERTMUSEUM.ORG

## 18

BEND

### 4HANDSLA

4HandsLA, a piano duo, will close out the High Desert Chamber Music's tenth anniversary season. The impressive duo has wowed audiences with performances of classical piano music that has been described as energetic and dazzling.

HIGHDESERTCHAMBERMUSIC.COM

## 20

MAUPIN

### MAUPIN DAZE ON THE DESCHUTES

A full day of events and activities the whole family will enjoy in this small town on the Deschutes River, including rafting, a petting zoo, games, arts and crafts and more.

MAUPINOREGON.COM

## 26

SUNRIVER

### KIDS DAY

Games and activities will keep kids entertained all day at the annual Kids Day in May at the Village at Sunriver. Try the rock wall, visit the petting zoo and more at this family-friendly, free event.

VILLAGEATSUNRIVER.COM

# 20-27

### CENTRAL OREGON CENTRAL OREGON BEER WEEK

Get to know the region's craft brewing scene at this ten-day event celebrating all things beer. Find tours, tastings, parties and more throughout the region.

CENTRALOREGONBEERWEEK.COM

# 4-6

REDMOND

### SPRING HOME & GARDEN SHOW

Find ideas to refresh your home at the COBA Spring Home & Garden Show. There will be exhibits for interior design as well as gardening and landscaping. The event is free to attend.

COBA.ORG



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# Back Deck ■ *datebook*

# JUNE

7

BEND

## PAULA POUNDSTONE

You've heard her take on politics and pop culture with wit and humor on NPR's "Wait Wait Don't Tell Me." See her live at the Tower Theatre in a comedy performance. Expect uncensored humor and audience participation.

TOWERTHEATRE.ORG

8-10

MAUPIN

## MAUPIN MADNESS POKER RUN AND BIKE SHOW

The annual event kicks off with a crawfish boil on Friday and ends with a party on the lawn at Imperial River Company.

MAUPINOREGON.COM

8-23

BEND

## ACCOMPLICE

From British composer and playwright Richard Holmers, *Accomplice* is a dramatic play that will be staged by local production company 2nd Street Theater. The thriller will keep audiences guessing.

2NDSTREETTHEATER.COM

14-17

PRINEVILLE

## ROCKHOUND POW WOW

Rockhounds should head to Prineville for the annual Rockhound Pow Wow. The free event is a showcase for the minerals, rocks and gems that are found just below the surface in Central Oregon.

PRINEVILLE.ROCKS

15-7/1

BEND

## 9-5 THE MUSICAL

The closing performance in Cascades Theatrical Company's season, *9-5 The Musical* is based on the '80s movie of the name about three women who get even with their chauvinist boss, with music by Dolly Parton.

CASCADESTHEATRICAL.ORG

30

SUNRIVER

## 50TH ANNIVERSARY PARTY

One of Central Oregon's original destination resorts, Sunriver Resort broke ground in 1968. The resort is celebrating the anniversary with live music, a benefit run and more.

SUNRIVERRESORT.COM

# 15-17



BEND

## BITE OF BEND

Foodies take over the streets of downtown Bend for three days of tasting, sipping and culinary competitions from the region's best restaurants, chefs, bartenders and brewers. Bite of Bend showcases the innovative people in Bend's culinary scene.

BITEOFBEND.COM



# Rodeo

8-10

SISTERS

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Watch cowboys and cowgirls from across the country compete for one of the largest purses in classic competitions such as bull riding, barrel racing, steer wrestling and more. There are events and parades for families as well.

SISTERSRODEO.COM

28-30

PRINEVILLE

## CROOKED RIVER ROUNDUP

Central Oregon's rodeo season continues at the Crooked River Roundup in Prineville. Watch entertaining and family-friendly rodeo performances all weekend.

CROOKEDRIVERROUNDUP.COM

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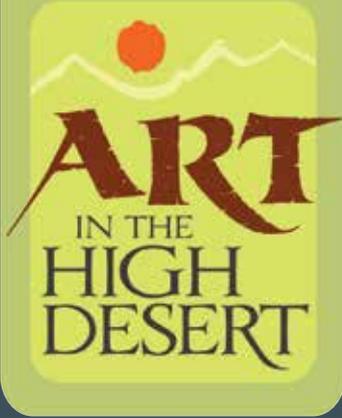
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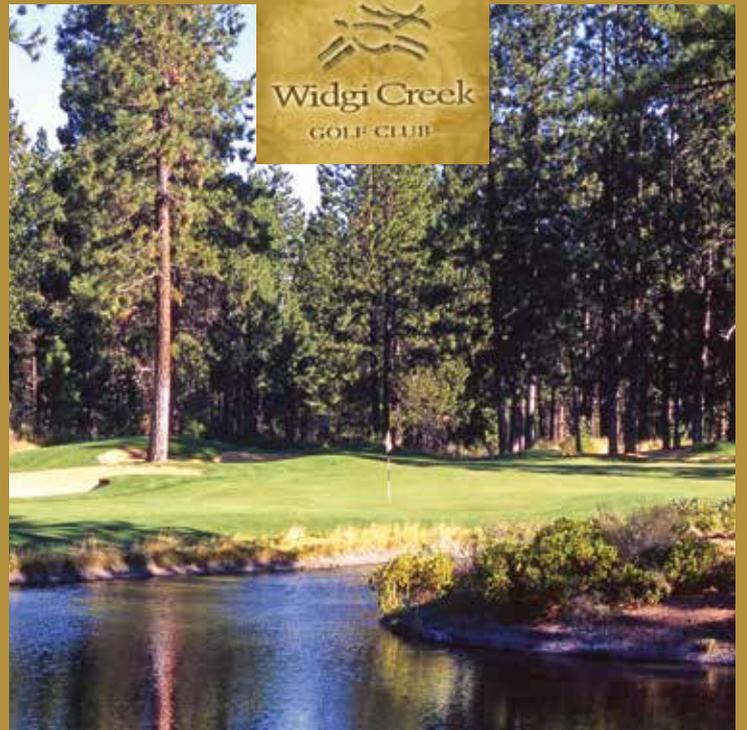


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## ART

# The Perfect Marriage

A Tumalo couple melds country life with a portfolio of contemporary art.

WRITTEN BY **LEE LEWIS HUSK** PHOTOS BY **HEAVEN MCARTHUR**

Lovers of contemporary art and natural desertscapes will find the perfect confluence of the two off Innes Market Road near Tumalo. That's where Rand and Holly Rodes Smithey have built their home on ten acres with Cascade Mountain views and studios for making and showing art. The place is relatively easy to spot—just look for the contemporary metal sculptures rising from a former hay field in seemingly random displays of curves and geometry.

As they walk visitors through their two studios, the couple recounts meeting each other in 2002, marrying in 2006 and the collaboration that's defined their lives. "It's been about us coming together and

having a similar eye," said Holly, with Rand adding, "We tend to gravitate to the same pieces when viewing art."

Their artistic expression is decidedly abstract and non-representational. In general, Rand creates steel sculptures, large and small, on wood and stone pedestals. He and Holly occasionally collaborate on large sculptures and metal paintings. Holly assembles patinaed metal and mixed media into paintings for wall display. Both spend time metalsmithing in the studio they built in 2004 and remodeled three times to accommodate their growing need for space. They recently finished a second studio with high, open spaces and





## SHARED SPACE

ABOVE Rand paints in the Smithseys shared studio in Tumalo.

TOP RIGHT A finished acrylic and oil painting by Rand.

BOTTOM RIGHT Holly uses a blend of materials in their shared studio.

a profusion of natural light for Rand's big acrylic and oil paintings.

Self-taught, Holly enjoys the sense of discovery and physical aspects of making art. She moved to Bend in 1996 and worked for five years at the paddle company, Kialoa, where she hand-shaped outrigger canoe paddles. "I liked using my hands to create things," she said, using that experience to segue into welding to express her art after meeting Rand.

"I draw inspiration from a sense of place and its connection with architecture and the natural world," she said. "The work is guided by this combination of transitions, a fabric of rhythm and pattern between the visual and physical in a sculptural way."

Also self-taught, Rand was influenced by "the wonderful sculpture collection" at Western Washington University in Bellingham where he studied science and

literature. "I take pieces of vocabulary, transform and recombine them to create my own abstract visual language," he said. "Sometimes I use explicit symbols. In my paintings, the ladder is metaphor for aspiration, our need to become more than we are, more than we think we can be, more than others expect of us. It's about transcendence." Rand often borrows from literature to title his paintings, including "Sea Starved Hungry Sea," from a poem by W. B. Yeats or "Earth in Forgetful Snow," from a poem by T.S. Eliot.

To share their love of art and artmaking, the Smithseys conduct workshops and are offering a new series of one-to-three-day classes from May through August. They'll be teaching welding, mixed media techniques of acrylic paint on copper, abstract painting with the influence of poetry and abstract painting with the influence of sound. "We love the amazing energy participants bring," said Holly, and

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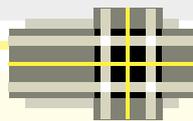
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*“It’s about us coming together and having a similar eye.”*



Rand adds, “It’s a relaxed atmosphere with lots of room for people to explore.”

Both Rand and Holly have joined the Peterson/Roth Gallery in downtown Bend as gallery artists and will be the featured artists in May. Gallery Director Ken Roth said the pair has been active in the Central Oregon art scene for years and has a loyal following. “It’s unique to have a married couple who share ideas and a work space,” he said.

The Smithneys also do commissioned pieces, and their work, which sells for \$500 up to \$9,000, is collected coast to coast. Members of the public can make an appointment to visit their studios and meet the artists. **IB**

### CONTEMPORARY COLLABORATION

TOP Rand and Holly at home in Tumalo.

LEFT A display of metalwork by Holly as well as collaborative pieces by Rand and Holly.

RIGHT Finished pieces sell for \$500 up to \$9,000.



1. Katy Brooks, Teri Hockett and Julie Harrelson at the 2018 Women of the Year Awards. 2. Jess Weiland, Katrina Van Dis and Kristin Lingman at the 2018 Women of the Year Awards. 3. China Forbes at Jazz at the Oxford. 4. David Dziurzynski, Lea Dziurzynski, Dr. Bogdan Dziurzynski and Ed Nytko at Jazz at the Oxford. 5. Denny Bixby, China Forbes and Gary Williams at Jazz at the Oxford. 6. Will Howerton at the ninth annual Riverhouse Rendezvous Slalom Race. 7. Bert Hinkley and Travis Reid at the ninth annual Riverhouse Rendezvous Slalom Race. 8. Axel Hovorka at the ninth annual Riverhouse Rendezvous Slalom Race.

JILL ROSELL IS A BEND LIFESTYLE AND PORTRAIT PHOTOGRAPHER AND CREATOR OF "I LOVE BEND, OR". AS BEND MAGAZINE'S EVENTS AMBASSADOR, JILL IS AVAILABLE TO PHOTOGRAPH SELECT HAPPENINGS AROUND CENTRAL OREGON. YOU CAN REACH HER AT, [JILL@BENDMAGAZINE.COM](mailto:JILL@BENDMAGAZINE.COM)



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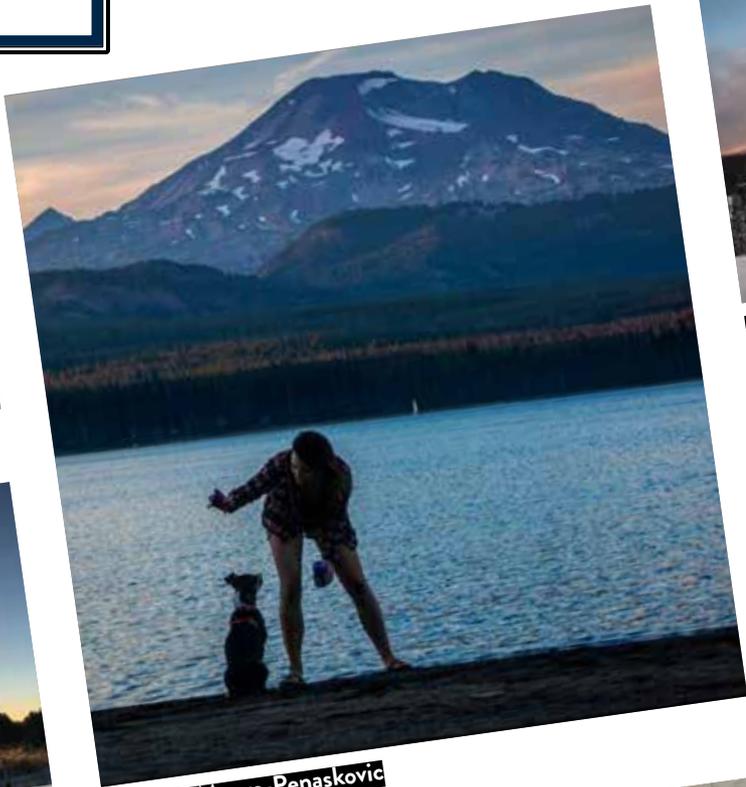
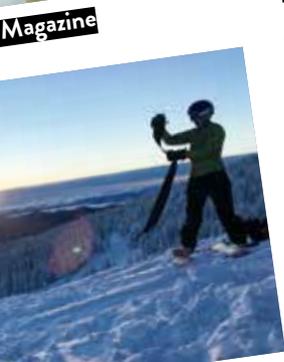
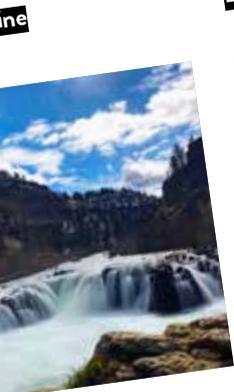
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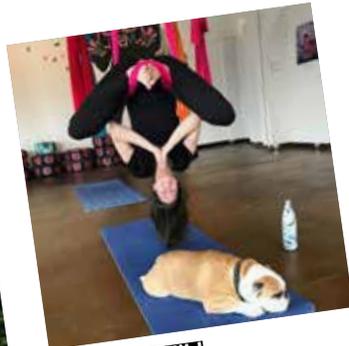
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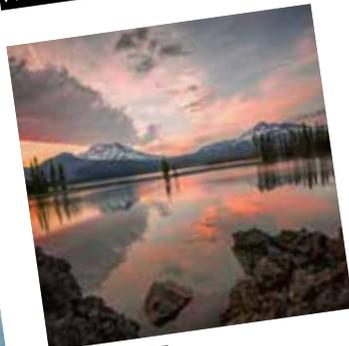
Caitlyn Bradley



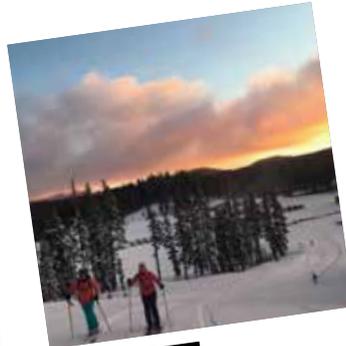
Wren and Wild



Tim Grey



Kayla Sulak



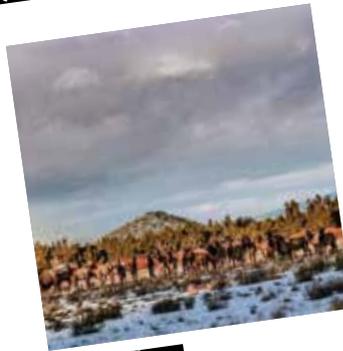
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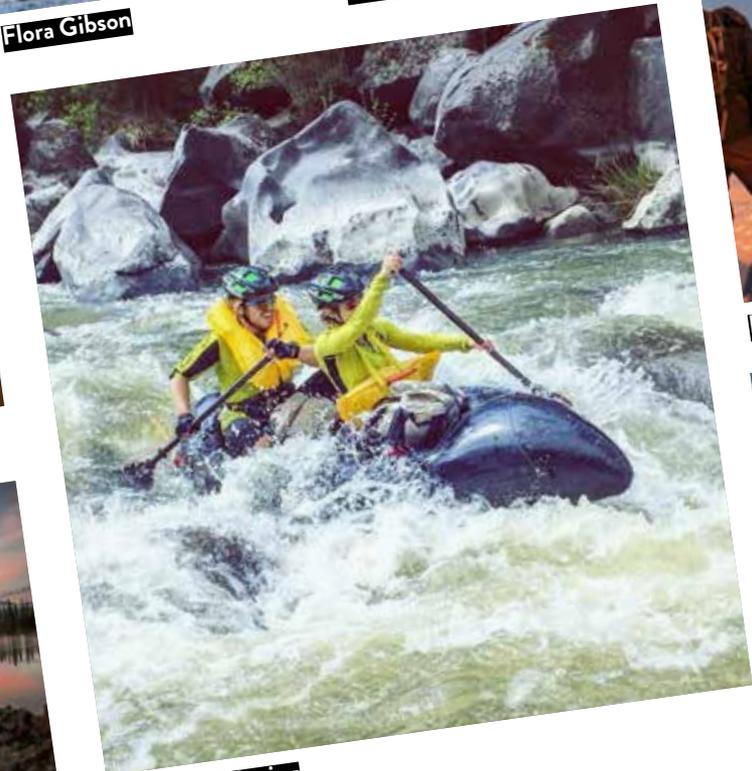
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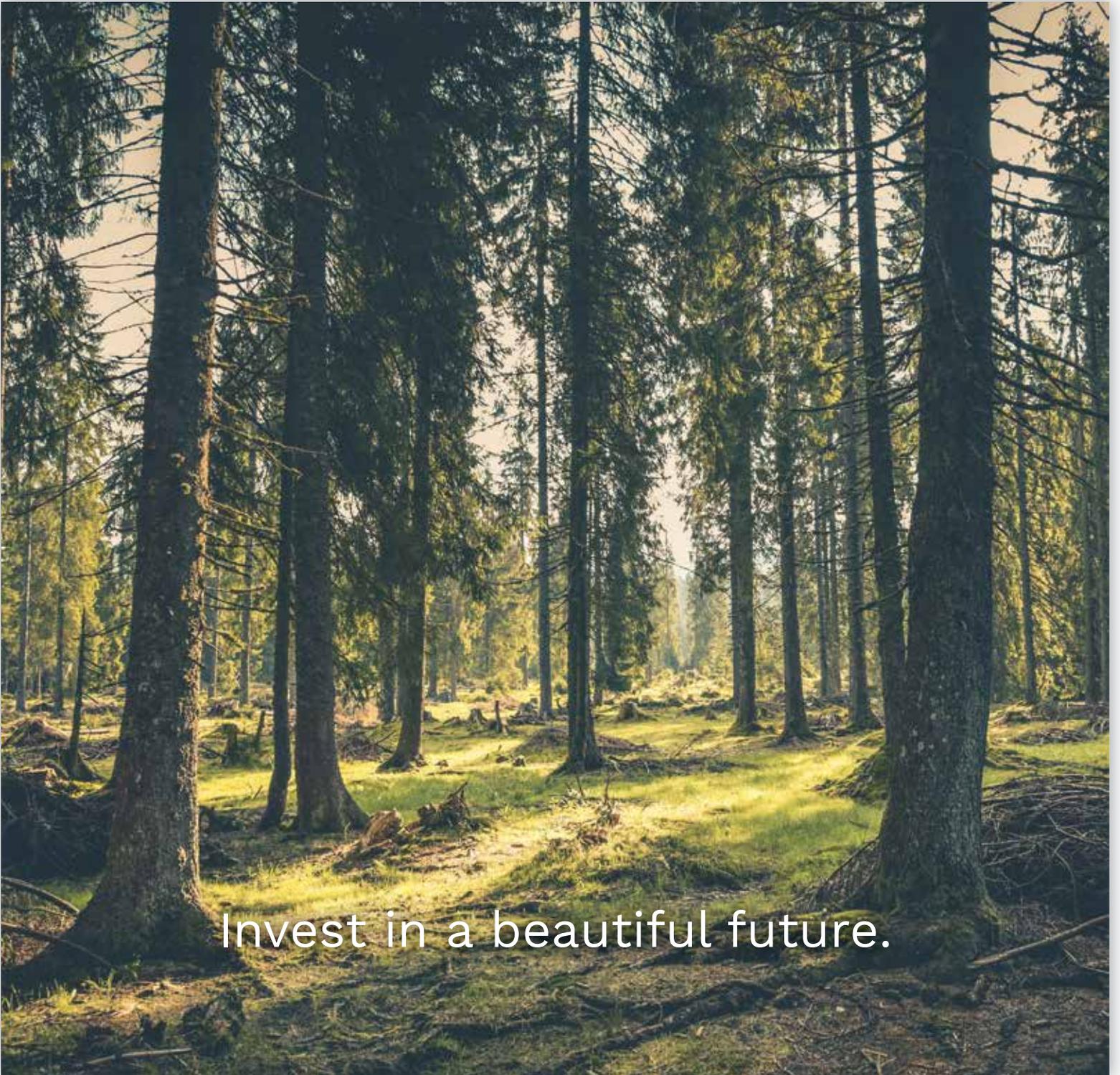
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