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*A combination of Oregon juniper and cedar siding lend rustic elegance to this Neil Kelly custom home.



WITH A PADDLE

Inspiration for upping your paddle game this year on whitewater across the Pacific Northwest. Although, you may consider leaving the waterfalls to the professionals.

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BREW TOWN, U.S.A.

Everything you ever wanted to know about Central Oregon's craft brewing industry, including tracing the roots of the recipes, interviews with the brewmasters and what brews the region is guzzling down the most.

EDITED BY ERIC FLOWERS

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EPIC WHITEWATER ADVENTURE

This is not your leisurely float down the river. Featuring heart-stopping drops and rapids that'll make you hold your breath, these images showcase the athletes hitting the water across the Pacific Northwest.

EDITED BY ALEX JORDAN

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CLIMATE CHANGE

How this season's snowpack impacts more than your coveted powder days and what it means for the region's future.

WRITTEN BY ERIC FLOWERS



ON THE COVER

The leaders of Bend's brew scene. From left, John Zarosinski, Jared Smith, Tyler West, Tony Lawrence, Larry Sidor and Veronica Vega.

PHOTO BY JEFF KENNEDY

PHOTO TOP TREVOR LYDEN

A young child with reddish hair, wearing a striped shirt, dark pants, and a teal backpack, is walking up a set of concrete steps. The child is seen from behind, moving towards a bright blue door with a silver handle. The scene is brightly lit, suggesting an outdoor setting.

MAKE YOUR MARK

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The life and times of Paul Hosmer, the storied writer, photographer, naturalist and namesake of Hosmer Lake who was one of Bend's pioneering outdoorsman.

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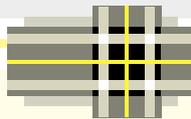
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WORDS *and* PICTURES



• **STEPHANIE BOYLE MAYS**

• Originally from New York, Stephanie Boyle Mays is a freelance writer who moved to Bend with her
• family when the town ended at Target, there was no by-pass and newcomers were given directions
• based on the destination's relationship to the new Costco. In the years since, she has cheered on the
• Tumalo Tigers, the Skyview Falcons and the Mountain View Cougars, served as a board member for
• the Youth Choir of Central Oregon and volunteered for the Deschutes County Library. In this issue,
• Stephanie looks inside a modern and sustainable home in Tumalo (p. 59).

DALTON CHAREST

Freelance writer and all-around outdoorsman, Dalton Charest has been on the road for the past five years and recently crash-landed in Bend. Originally from New Hampshire, Dalton left home for Peru in 2013 and never stopped traveling. His journalism has appeared in publications with a focus on human-powered sport, travel, the outdoors, music and more. When not writing, he can be found skiing, climbing, cycling or diving, but never leaving home without a book in hand. In this issue, Dalton talked to athlete and artist Christina McKeown (p. 40) and wrote about Ruffwear's new co-working space (p. 80).

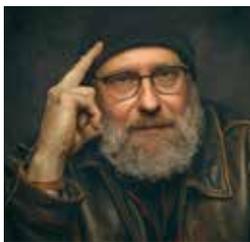


• **ALEX JORDAN**

• Alex Jordan is a native Oregonian who landed in Bend two years ago and is enjoying all of the
• diversity that Bend has to offer with her best friend and roommate (and golden retriever), Bella. She
• graduated from University of Oregon in 2014 with a fine art degree and a focus on photography. Alex
• is *Bend Magazine's* staff photographer and runs all over the region to take photos. In this issue, she
• found a cozy lodge in the woods (p. 43), photographed Bend's decadent pastries (p. 103), rounded up
• the region's raddest paddlers (p. 94) and more.

HEAVEN MCARTHUR

Before her nomad feet and wheels came to Bend for a "short" recharge, Heaven McArthur lived on the road for two years, creating photographic portraits and stories for individuals and businesses across the United States, Ireland, Australia, Mexico and Canada. Four years later, she is still here. In this issue, she photographed Summer Robbins of Summer Robbins Flowers in Bend (p. 77). Find more of Heaven's work at HEAVENMCARTHUR.COM



• **JEFF KENNEDY**

• Jeff Kennedy is a second generation Bend native. He owns ijk Productions and specializes in conceptual
• portraiture, high school seniors and families. When not shooting portraits, he can be found playing
• fetch with his dog in their field, smooching with his lovely wife or playing tennis with the boys. In this
• issue, Jeff photographed the some of the region's best brewers for our feature story (p. 85) and cover. You
• can find out more about him and view his work on his website JKPRODUCTIONS.COM

TED TAYLOR

Growing up the son of a career newspaper man in Omaha, Nebraska, Ted Taylor learned two important life skills from his dad: how to swing a golf club and how to craft a captivating feature story. Ted went on to make a living from both. He's an award-winning journalist who's worked in newspaper and television newsrooms in Nebraska, Colorado, Arkansas and Oregon. He also spent time as an assistant golf professional, teaching lessons and running junior clinics. Today, he manages content and social media for Visit Central Oregon. In this issue, Ted wrote about the nonprofit Heart of Oregon Corps (p. 54).





ROLEX

THE DATEJUST

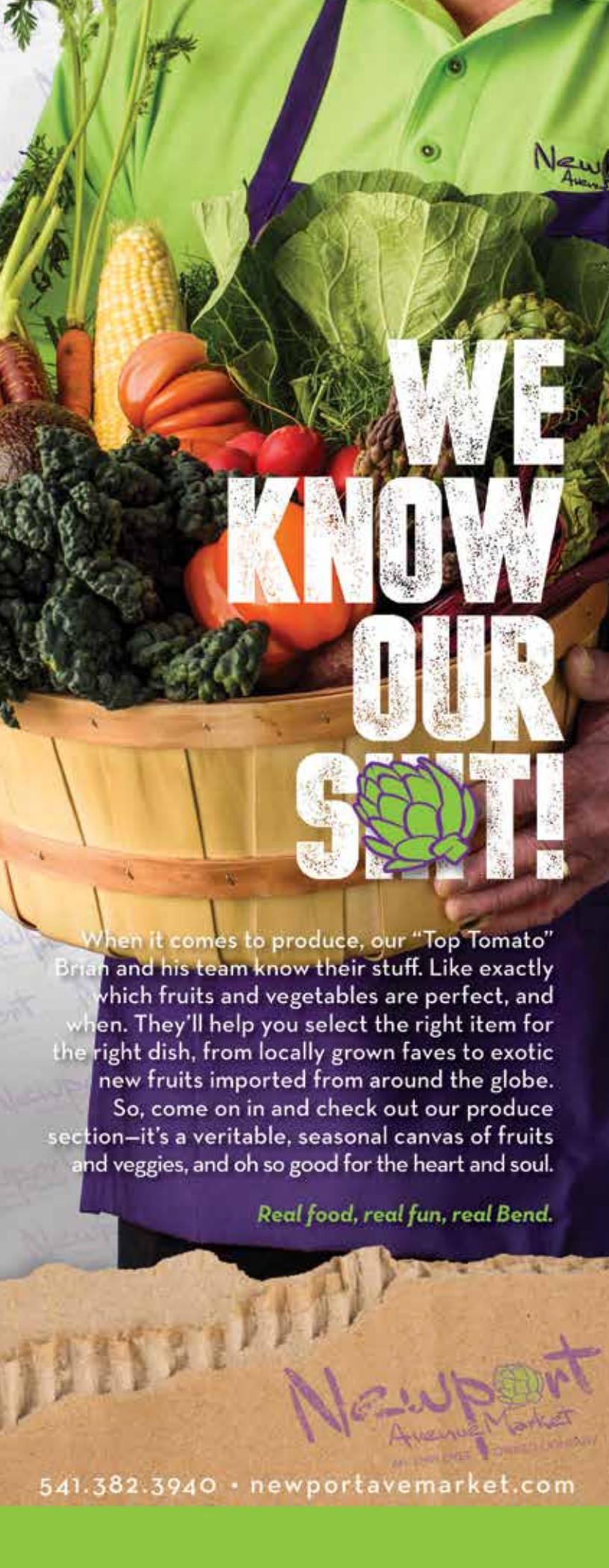
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FROM *the* EDITOR



Embracing Spring

Fall has the colors, winter has the holidays and summer has, well, everything. But spring—oh, spring—is the forgotten season. There’s a little bit of winter, a little bit of summer and not enough of either. The wild fluctuations in spring weather can make planning a weekend tough. If you’re trying to forecast more than, say, six hours in advance, you can pretty much assume that weather isn’t likely to cooperate. We approached the current issue of *Bend Magazine* with

that kind of variability in mind. We came up with adventure, entertainment and flavors that complement a season known for not only its unpredictability, but also its incredible range of possibilities and ability to serve up unexpected delight.

Whether the afternoon sun is shining or a morning shower is lingering, spring weather goes best when paired with a local ale or, yes, a cider. This issue is largely dedicated to the people behind the scenes of Central Oregon’s craft brewing revolution, including boundary-pushing female brewers and undaunted entrepreneurs who helped fuel a craft takeover that is changing the way Americans think about good old-fashioned beer. From Deschutes Brewery’s aggressive interstate expansion to the artisan, small batch ethos of Ale Apothecary, we looked at the state of craft brewing around Central Oregon. What we found was a collegial scene heavy on friendly competition, camaraderie and collaboration.

Whatever the weather and regardless of the season, it’s always a great time to explore some of the emerging flavors around Central Oregon’s restaurants. In this issue, we turn our attention and our lens toward some of our favorite pastries and sweets from around Central Oregon. Yes, there is the incomparable Sparrow Ocean Roll, but we found so much more in the flour-dusted kitchens of places such as La Magie and Foxtail Bakery (p. 102).

Whether you’re seeking to escape or embrace the spring weather, our piece on the McKenzie River’s Loloma Lodge and surrounding attractions offers inspiration (p. 42). Likewise, our Spring Break Cheat Sheet includes diversions and day trips that are guaranteed to cure even the worst case of cabin fever, from hands-on experiences at the High Desert Museum to fossil hunting in the Painted Hills (p. 31).

While weather remains a safer topic than politics in almost all circles, we’d be remiss if we didn’t point out that winter is becoming less reliable in Central Oregon. Two pieces in this issue look at how climate change is impacting the Pacific Northwest. Our story on snowpack (p. 98) reveals what Central Oregonians can expect over the coming decades as global temperatures rise. A second story takes a different approach to the same topic and centers on one artist’s effort to document the diminishing Cascade glaciers (p. 121).

Whether you’re looking to think, or just need ideas on what to drink, spring is a good time to dive into *Bend Magazine*.

Thanks for reading,
Eric Flowers, *editor in chief*

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FACE SHOT

Jesse Polay won our photo contest with this shot of himself snowboarding on a pow day at Mt. Bachelor this season. "You know it's a good day when you find yourself in the whiteroom," he wrote on Instagram.

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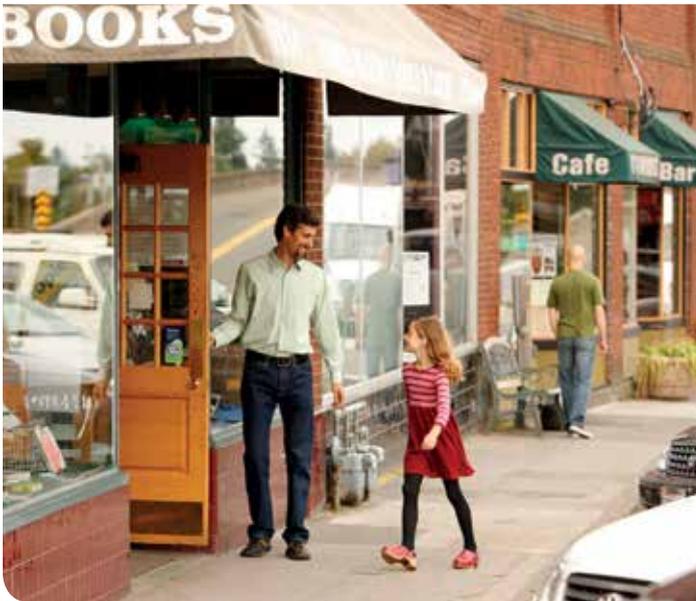
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OUTDOORS

Backcountry Stoke

Vertfest returns to Mt. Bachelor for the sixth year on April 7.

BACKCOUNTRY ADVENTURES have seen a major spike in user growth over the past two decades. Each winter, more people are trading lift lines for untouched powder lines deep in the forests with not another soul in sight. With that comes the need to spread the word about backcountry safety. For the past six years, the Central Oregon Avalanche Association (COAA), a nonprofit that promotes avalanche awareness and safety in the backcountry as well as sharing snowpack information, has hosted Vertfest at Mt. Bachelor. It's a multi-stop event packed with backcountry clinics, fun races, gear demos, drinks and more that's become one of the largest events of its kind in the country. COAVALANCHE.ORG

PHOTO BRIAN BECKER



■ *lodging*

New Kid on the Block

The Entrada Lodge has been a gateway to Mount Bachelor and the high lakes country for more than a quarter century. The resort was recently sold to Seattle makeover artists Loge Co., who specialize in rescuing and revamping older and sometimes vacant properties by converting them into hostel-like lodging geared toward millennials and young families. (Note: Entrada was still in business at the time of the sale in February.) Guests at Loge Bend, as it is now called, can expect live music on an almost nightly basis on an outdoor stage, gear rentals for slopes, waves and trails, as well as an espresso bar and beer on tap from Loge partner 10 Barrel.

Johannes Ariens cofounded Loge with tech industry refugee Cale Genenbacher when they saw an opportunity in the overnight lodging market for properties that connected with young, adventure-minded travelers.

After a successful Kickstarter campaign in 2016, Loge Co. secured the backing of several outdoor heavyweights, including the founders of Evo and Mountain Hardware. The company now has four properties, including three in Washington. The former Entrada Lodge is the first property in Oregon and will include seventy-nine basic rooms, some of which will be converted to family rooms, a twenty-to-thirty room bunk hostel, and small RV and van parking onsite for another roughly thirty vehicles with power at each site and access to outdoor kitchens and shared bathrooms.

Loge Bend began taking reservations in February. "I think it will take some time to see Loge come through. It will take a couple of months for people to see it," said Ariens.

■ *parking*

Mirror Pond Parking Redux

Downtown's prime parking places are getting a makeover. Under a plan approved by the Bend City Council, the Mirror Pond parking lot will be redone to address concerns from local business that say the area has become a haven of vagrancy, drug use and other criminal activity. The heavily used lot sits adjacent to the popular Mirror Pond plaza and sprawling riverfront park, which is a popular destination for transient populations. Earlier this year, the city removed cinder walls around waste dumpsters in the parking lot to cut down on drug-related activity that was being concealed by the enclosures. Other changes to the lot will provide more security without requiring more police presence, according to city officials. Additionally, a new parking scheme will accommodate oversized vehicles that don't easily fit into existing on-street parking. Last year, the city of Bend attempted to ticket large pick-ups and other oversize vehicles that protruded from angled, on-street parking spaces and obstructed traffic flow but had to backtrack after criticism from drivers and business owners.

■ *marijuana*

Pot Dollars Roll Into Oregon

Oregon residents overturned marijuana prohibition in November 2016 and replaced it with a traditional retail sale and tax model. Since then, dollars have been pouring into the state and local governments. In the last quarter of 2017, state and local tax officials collected almost \$25 million from marijuana sales. Here's how the dollars were allocated to agencies and governments.

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- ▶ Cities and Counties: 4.3M
- ▶ Drug and Mental Health Counseling Fund: 4.3M
- ▶ State Police: 3.2M
- ▶ Local Cities (direct tax): 3M
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■ *lower crooked river*

A Swimming Chance for Fish



Federally protected salmon and steelhead returning to the Deschutes basin will have one less obstacle to survival thanks to a new fish passage project on the lower Crooked River.

Work is set to begin in early summer on a 28-foot fish ladder on the lower Crooked River at Opal Springs Dam, allowing salmon and steelhead as well as resident trout to move freely between the Crooked River and Lake Billy Chinook. For returning

salmon and steelhead who begin arriving in early fall, the fish ladder will add 120-miles of spawning and rearing habitat in the Crooked River and its tributaries.

Oregon Department of Fish and Wildlife biologist Brett Hodgson said that he and other fish managers have noticed many returning salmon and steelhead are swimming up the Crooked River only to have their journey cut short. Adding a fish ladder will allow these migrating salmon and steelhead to follow their natural instincts.

“We are confident that we will see natural reproduction and eventually a self-sustaining population once these fish establish themselves in the Crooked River,” said Hodgson.

The project, which is expected to be completed in fall 2019, is a long time coming for fish and fish advocates, due in part to the high price tag. The final project cost is expected to exceed \$10 million, with a large portion of that coming from the Deschutes Valley Water District, which operates the dam at Opal Springs.

■ *madras*

St. Charles Upgrades Madras Hospital

A multi-year project to remake the aging St. Charles Hospital in Madras is now complete. The campus has undergone a \$16-million makeover that includes upgraded parking, expanded laboratory space and a new hospital entrance. An earlier phase of the project saw upgrades to the emergency department as well as the addition of a new surgical suite and imaging department at the twenty-five-bed hospital.

The facility, formerly known as Mountain View Hospital, was acquired by St. Charles in 2013, at which time the regional health care provider committed to upgrading the fifty-year-old facility. Since then, Bend-based St. Charles Health System has struggled financially, spurring a round of recent hospital layoffs and cutbacks. Hospital officials said the Madras remodeling project did not impact its staffing decisions at other locations and that construction dollars came from sources outside of its operations budget. The Madras hospital serves roughly 21,000 Jefferson County residents.



■ *prineville*

In Wake of Solar Gathering, Crook County Shores up Permit Rules

It was billed as a music and culture festival to tie into the solar eclipse. It turned out to be more like Woodstock and Burning Man rolled into one long weekend in a mountain meadow outside Prineville. While Symbiosis was a rousing success by attendance standards—some estimates put the crowds at more than 100,000 people—it was a potential disaster in the making for Crook County, which permitted the event only to see it grow far beyond expectations. Now Crook County commissioners have moved to shore up the county’s mass gathering process to ensure that any future festivals comply with attendance and safety regulations. “We want to make it clear that we want people to come and enjoy Crook County, but when they do that they respect the agreements that they have made with us,” said Crook County Judge Seth Crawford.

In the case of Symbiosis, Crawford said the county had essentially no legal recourse when the festival ballooned far beyond the gathering outlined by organizers. And while the festival was an overall positive cultural experience for Prineville, as well as an economic boon, Crawford said the county needs to have some teeth in its agreements that provide a measure of control and safety for mass gatherings.

Under new permit rules, festival and event organizers would need to apply for permits at least 180 days in advance, as opposed to the previous ninety-day lead time. The rules would also double the security deposit from \$2,500 to \$5,000 for events that exceed 3,000 people and last more than twelve hours.

“If they stay within the parameters of the permit, we will welcome them back with open arms, and if they push it past that, it’s going to cost them,” said Crawford.

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LOCAL AUTHORS

Modern Romance

A tale of two romance novel authors in Bend and the growing romance publishing industry.

WRITTEN BY BRONTE DOD

You never forget your first romance novel. Mine was *Outlander*, the popular time-traveling, historical romance book. I tore through the tome, but dismissed the genre, thinking the rest are like the Nora Roberts novels I always saw my grandma reading.

That is until I did some, ahem, research. I read one of Bend author Tawna Fenske's recent books *This Time Around*, a romantic comedy that was smart, with depth and humor that grabbed me from the first page. One week and five romance novels later, I was hooked. But it didn't click for me just how huge the romance novel industry is until I tried to check out one by Marie Harte, another Bend author, at the library and had to join the (long) hold waitlist. When I did get my hands on *A Sure Thing*, I read the book, filled with quick-wit and endearing characters, in one sitting.

According to the Romance Writers of America, romance novels account for one third of the fiction market. It's a \$1 billion industry. There are thousands of romance novels published each day, and there is a growing market for niche-genre novels. Popular feels like an understatement; romance novels are a phenomenon.

Harte and Fenske fall under the contemporary romance category, and Fenske even more into romantic comedy. There's also historical, LGBT, sci-fi, mystery—a romance novel on the shelf for every whim and fantasy. And there are a lot of shelves.

"Romance readers are rabid readers," said Harte, who has written more than one hundred books since she started writing in the early 2000s. Both Fenske and Harte consider themselves fast writers, cranking out thousands of words a day. It's a common trait of romance authors, who today need to publish books as quickly as possible to meet the demands of readers and keep up with the ever-evolving trends of the industry that publishes almost as many ebooks as it does print.

"Now it's all about discoverability," said Harte. "There are so many authors publishing, and not just for publishers but for themselves." Both Harte and Fenske, considered "midlisters" in the romance industry, have published books with traditional publishing houses



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and on their own. They've both reached bestseller lists with their novels and have a dedicated following of readers.

Both authors talked about how, despite the popularity of romance novels, many people still scoff at the genre because it's not literary fiction.

"Everyone tries to say that they're all bodice-rippers, you know the old historicals where she says no but she really means yes," said Harte. "But they're not all like that. It's so different now—so much plot-driven, so much character-driven."

Both Fenske and Harte also said that dialogue about consent and birth control have been industry-standard for years, far ahead of the social trends.

While there are formulas and contrivances to the romance novel, the best ones are turning those on their heads. One of Fenske's most popular books, *Marine for Hire*, does exactly that, with an ex-Marine hired as a nanny by a single mom.

For all the changes in the romance publishing industry, though, there's one thing that hasn't changed: the ending. The hallmark of a romance novel is not the sex, but the HEA, industry-speak for the Happily Ever After.

"It's the bargain we strike with our readers," said Fenske. "You'll be taken on a ride and there will be ups and downs, but in the end we promise you that you will get your happily ever after." ■



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EXPLORE

GETAWAYS

Spring Break *Cheat Sheet*

Local trips to please all kinds of families in all kinds of weather

WRITTEN BY KIM COOPER FINDLING

SPRING BREAK IS TRICKY around here. The kids will be out of school for a week—that much we can count on. The rest is harder to pin down. Seize control of your time off by booking a trip to relax on a tropical island or soak up some culture in a big city. Stay around here, and, well, what is the weather going to do? It could snow sideways. It could rain buckets. Maybe the sun will come out. It's likely to freeze. But it might hit 65 degrees. I've seen every one of those conditions arrive in this single late-March week. Here are a few ideas for you staycationers. No matter what your family is in to or what the weather is up to, at least one of these should fit the bill.



EXPLORE

Wander to Waterfalls

Upper and Lower Chush Falls on Whychus Creek are accessed by a relatively accessible, mellow hike with a great payoff. South of Sisters towards Three Creek Lake is Whychus Creek, which underwent a massive restoration process in the past decade. These falls are along the upper creek, reached by a very moderate climb on a trail that follows a cliff high above the creek for about a mile and a half. The Pole Creek Fire burned through here several years ago, clearing out brush and trees with the silver lining of better waterfall views. Through the thinned forest, see the fan-shaped falls as it tumbles 200 feet.

 Three Creeks Brewing Co. in Sisters is Western-themed and family friendly. The Thai Chicken Nachos are a great choice for the adults, while the kids may just prefer a big ol' basket of fries.

Savor the Snow

Between December and the end of March, the U.S. Forest Service leads free winter ecology tours on the flanks of Mount Bachelor. Strap on a loaner pair of snowshoes and follow a ranger naturalist around the rim of the mountain, working up a sweat while taking in incredible scenery and plenty of fresh alpine air.

On the way you'll learn about ecology, geology, the watershed, and plants and animals from mountain hemlock to pine martens (the animal, not the ski lift). Beginners are welcome, though the USFS asks that each participant be at least 10 years old, and leave the doggies at home. Tours begin daily at 10 a.m. and 1:30 p.m.

On your way back into Bend, stop at The Row at Tetherow for lunch. Views of the Cascades, the rolling high desert and an award-winning golf course come with burgers, beer and an everything-is-\$7 kids menu.



Seek the Sun

A good bet for tracking down sunshine is made by journeying into the desert. Head east on Highway 20 to the Oregon Badlands Wilderness, which exemplifies the untamed high desert landscape of old-growth juniper, rimrock and dusty volcanic soils. Fifty miles of trails wind through the wilderness, with some family-friendly hikes that pass by Native American pictographs and juniper trees approaching 400 years of age. In spring and summer, vibrant desert wildflowers appear like small colorful gumdrops on the side of the trail.

Speaking of Native American pictographs, more are to be found on the aptly-named Picture Rock Pass, the high point between the Silver Lake and Summer Lake valleys, about ninety minutes south of Bend. On the south side of the highway, right at the flat top of the summit, are petroglyphs carved into the rocks. Take a little walk and keep your eyes peeled—you'll find the figures of animals and humans clearly visible in the rock. The kids will love the treasure hunt to find them.

The Lodge at Summer Lake is home to the Flyway Restaurant, one of my favorite stops when I'm in the Oregon Outback. A homey interior and friendly staff cook up big plates of great food. Try the club sandwich.



PHOTO FACING PAGE ADAM MCKIBBEN, THIS PAGE BOTTOM CHRISTIAN HEEB

Catch a Wave

We may be nowhere near the ocean, but that doesn't mean you can't catch a wave in Central Oregon. Right in the middle of town is Bend's Whitewater Park, where a state-of-the-art underwater system creates four wave features. Whitewater kayakers, surfers and paddleboarders on the higher-end of the skill set will enjoy this recreational option. The rest of us enjoy watching the action from the footbridge over the park.

For a mellower, indoor wave, visit Sunriver Fitness and Aquatics, formerly known as Maverick's, which reopened last year. The recreation center's main attraction is the FlowRider 1800 perpetual-wave machine. Billed as the ultimate surf machine, this beauty makes waves all day long. Ride to your heart's content on a skimboard or boogie board.

Pat

You can't go wrong with a visit to Sunriver Brewing Co., where the beers are yummy and award-winning; try the Fuzztail Hefeweizen. The menu is diverse enough for the whole family, and there's even a kid's corner with toys and a chalkboard.

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Immerse in Culture

Cruise the museum strip! Begin in downtown Bend at the old Reid School, Bend's first school, built in 1914. Today, it's home to the Deschutes Historical Museum. Visit Ms. Reid's classroom, learn about pioneer life, shop for books about Bend's history and more in this grand historic building.

South of Bend is the High Desert Museum, a treasure hunt of history, culture and wildlife. Some of the delights include living history; exhibits covering Native Americans, butterflies, quilts, watersheds and fur trappers; outdoor pathways on which you can see otters, teepees, a homestead and a sawmill; and birds of prey that just might fly right over your head.

Finally, head north to the Museum at Warm Springs, which interprets the cultural and historical journeys of the Warm Springs, Wasco and Paiute tribes. See Pacific Northwest Native American paintings, sculpture, masks, ceremonial clothing, ritual implements and beadwork, and experience firsthand the sounds of ancient songs and languages.

There is a truly terrific Mexican restaurant in Madras called Rio Distinctive Mexican Cuisine. An unassuming little house right on Highway 97 harbors fresh, amazing dishes and innovative cocktails well-worth the stop on the way back to Bend. Don't miss the ceviche.

PHOTOS TOP: GEORGE D. LEPP, BOTTOM: ALEX JORDAN

Go Back in time

Parts of Oregon used to be a lush tropical rainforest populated with prehistoric horses, elephants, camels and saber-toothed cats. Then it all got encapsulated in time. The John Day Fossil Beds National Monument east of Bend represents one of the most complete fossil records in the world. It's also a really cool place to visit.

Drive east through Prineville and the Ochoco Mountains to the Painted Hills unit first. These gentle mounds of red, pink, bronze, tan and black ash and clay are layered in uneven stripes, surreal and lunar. They were created by deposits of sediment accumulating over thousands of years, like a river laid down a painting to last all time.

Continue east to the Thomas Condon Paleontology Center. Beautiful murals represent the environments that used to exist here, along with more than 500 fossils. Viewing windows allow the public to watch the scientists at work studying of fossils right before your eyes.

Sometimes I dream about the house-made pie at the Sidewalk Café in Mitchell. If they've got blackberry, that's your no-brainer selection. The juicy burgers and handmade shakes are memory-makers, too.

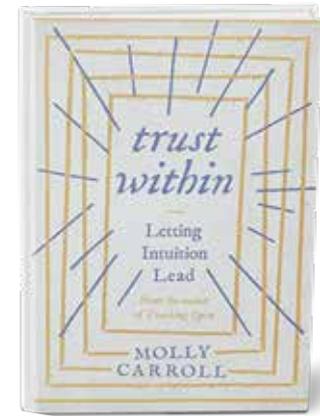


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PSYCHOLOGY

Listen to Your Heart

Local author taps a skill we all possess but struggle to harness: intuition.

WRITTEN BY KIM COOPER FINDLING

Maybe it felt like an important message whispered in your ear. Perhaps your body started to tingle. Out of nowhere, you were flooded with undeniable certainty. You knew what path to take. But did you act on your intuition?

We’ve all experienced the power of our own inner voice. Yet intuition is a force we often choose to ignore. That’s partly because we don’t understand how to use it, said Bend therapist Molly Carroll, the author of *Trust Within: Letting Intuition Lead*, released from Grand Harbor Press last October.

“Intuition is an amazing, powerful tool right at our fingertips,” she said. “It allows us to tap directly into our mind, body and spirit.” Intuition can lead us to better decision-making, health and overall wellbeing, but it’s under-utilized. “It’s elusive,” she admitted. “It’s so hard to trust. But when we do listen, 99.9 percent of the time, it’s the best choice.”

Carroll dove into the topic of intuition by

exploring her own experiences and those of dozens of others. *Trust Within* is full of compelling stories of intuition listened to—and ignored. One woman listened to her inner voice to chase down her cancer diagnosis. A man fought his addiction by learning to discern which of his inner voices was to be trusted. A mother followed intuition to understand that her daughter had been harmed.

In each case, Carroll said, the manifestation of the intuitive message was ultimately what made the difference. “Making intuition work takes blending the heart and the head.” The heart knows how we feel, but the head must be engaged to make it reality.

She shares an example of an intuitive force she experienced several years ago and the journey it engendered. “My inner voice told me to go to India, to help Tibetan refugees, to try to meet the Dalai Lama,” she recalled. The idea, she admitted, was crazy. Why would she leave her practice, her family, on

such a wild pursuit? “It made no sense. But I knew it was the truth.”

Instead of dismissing the inkling, Carroll followed the intent. She initiated small pieces of the plan—getting her travel visa, making arrangements for her business and family in her absence—and that began to take the plan from intuition to reality.

“Intuition lives in the right brain, but we have to use our logical life to put it in action,” she said. “Action feeds manifestation of intuition.” The trip turned out to be life-changing for Carroll; she did, in fact, meet the Dalai Lama.

Whether your inner voice is telling you to change your diet, job, lifestyle, living situation or something else, Carroll advised paying attention and manifesting your inner voice. “Intuition isn’t logical. It’s not comfortable—it will push your boundaries. But if you listen it will absolutely transform your life forever.” ■

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PADDLE AND PAINTBRUSH

LEFT Christina McKeown, a professional athlete and artist in Bend, holds a finished watercolor and ink drawing titled “Metolius Reflections.”

BELOW McKeown runs the falls on Callaghan Creek in British Columbia, which she said is one of her favorite drops she has ever paddled.



PADDLING

Life as Art

Christina McKeown blends her passion for rivers with her watercolor art.

WRITTEN BY DALTON CHAREST

Oregon’s river systems offer tremendous opportunities for the paddler: premier access, world-class rapids and breathtaking vistas. For professional paddler and watercolor artist Christina McKeown, it’s also a place to paint.

McKeown’s life and career have been about as predictable as a Class V rapid. She’s experienced different paces for different currents, large drops that lead to something new and exhibiting pure grace when being hammered with another oncoming wave. The one-time wound care nurse has not only displayed precise maneuvering when coping with these changes, but also has managed to earnestly pursue her first true love: art.

McKeown, 31, has been living in Bend since she was 13 years old—the same time she first hit the waters of the nearby McKenzie River. Since first appearing on the professional world circuit in 2006, the currents

have swept her off to competitions both local and abroad, some as far away as New Zealand and Chile. Sometimes, she was the only woman who showed up to compete.

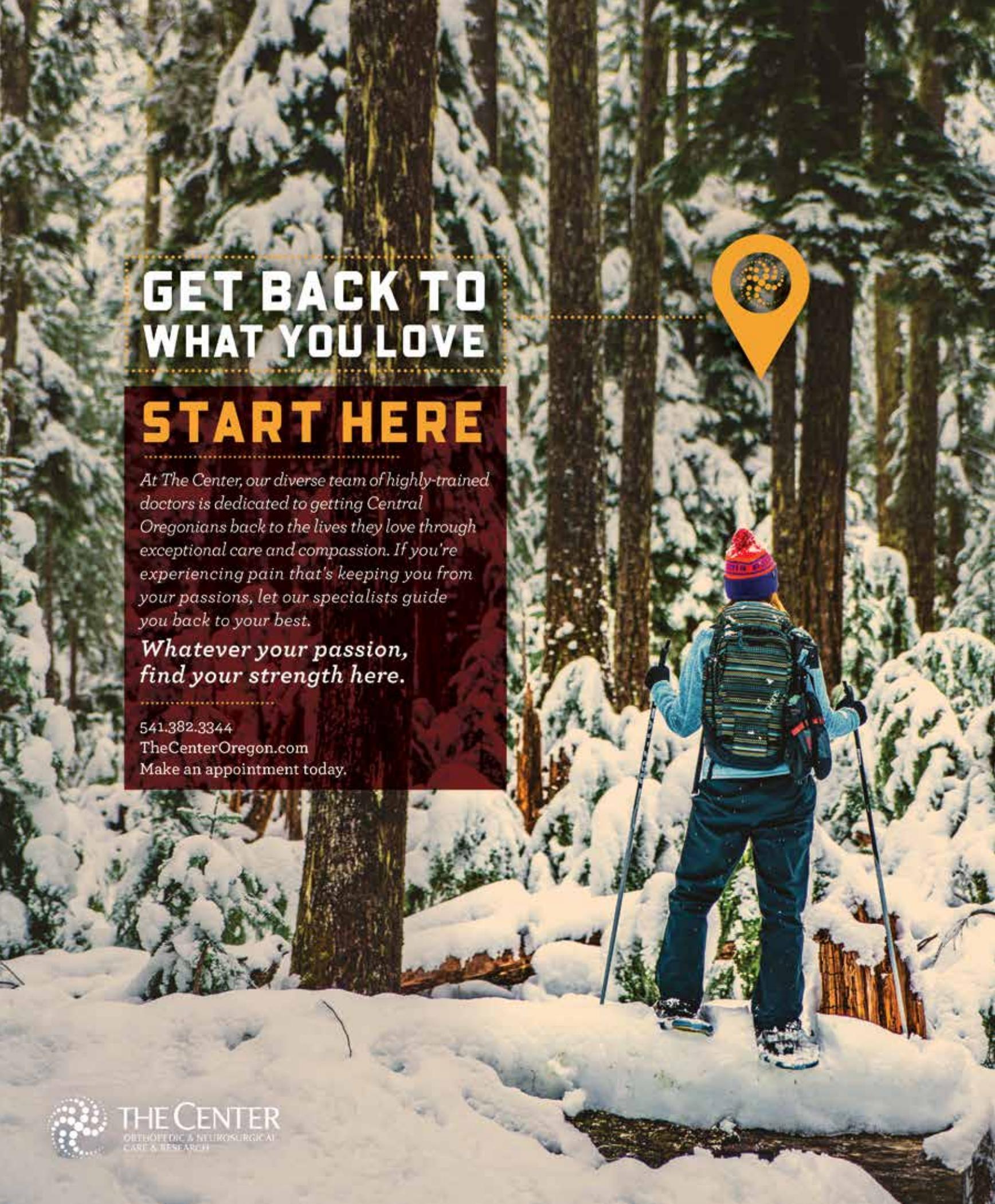
“There were several races where I was just thrown into the men’s category,” she said. “I even placed second and third in a few of them. But I never felt ostracized or alienated. It was just, ‘Sweet, you’re here, let’s race.’”

McKeown is retired from professional competition, but her fascination with water has evolved into a means of self-expression. As a plein air watercolor artist, she focuses on the Cascade’s imposing landscapes and grand tributaries. Her artwork doesn’t come at the expense of her passion for paddling. Quite the opposite. No matter the season, she’ll typically toss her art supplies inside a dry bag and take her tools of the trade along for the ride.

“I like the flexibility of the watercolors and ink,” she said about her work. “With water, you have control, but you don’t. Things dry differently and it’s kind of a guess sometimes. I just try and interpret the river through my own lens and make it into something that hopefully speaks to other people.”

McKeown has started selling her prints of highly saturated and vibrant colors that reveal a unique perspective of the sceneries as seen from the water. Her work has now evolved from basic prints into cards, holiday ornaments and solid wood canvases. She also works with companies such as Free Range Equipment, applying her art to its versatile adventure backpacks.

As for the future, McKeown hopes to partner with other companies to produce more wearable art and to further display her work at local showings. “I try to be open and present to everything that’s happening,” she said. “I accept it for what it is, just like when you’re paddling.” ■



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Into the Woods

When you need to escape the last dregs of winter, head toward the mist rising from the forest and away from reliable cell phone service to the McKenzie Highway. Find scant snowfall, easy hiking trails, rustic hot springs, a cozy historic lodge and whispers of spring in this charming river community.

WRITTEN BY BRONTE DOD PHOTOS BY ALEX JORDAN

You could drive back and forth along the McKenzie River Highway dozens of times and never spot Loloma Lodge. The rustic retreat is nestled in the dense temperate forest, hidden behind layers of green. Driving under the modest wooden archway onto the property and spotting the log-cabin lodge feels like stumbling upon a hidden treasure.

About a year ago, Wallis Levin had that same feeling when she discovered Loloma Lodge. Self-described as obsessed with miscategorized or misspelled items on sites like eBay or Craigslist,

Levin found Loloma incorrectly categorized as a single-family home on a real estate website. She and her husband, who both moved to Bend four years ago, jumped on it, and less than a month later found themselves the owners of this historic McKenzie River lodge and resort.

Built in 1932, Loloma is one of the last historic buildings in the area. It's been through a handful of owners who have added their own touches to the property, but much of its past has yet to be uncovered. "I wish I knew more about the building," said Levin. "We've been



RIVERSIDE ESCAPE

ABOVE Four small cabins were added to the property in 1967 and are well-preserved gems of mid-century modern design.

TOP RIGHT Loloma Lodge was purchased last year by a couple from Bend.

BOTTOM RIGHT A room in Loloma filled with handmade rugs and vintage furniture collected by the new owner Wallis Levin.

told that it's related somehow to Timberline, but I don't know if that was the architects or the actual builders. Loloma is a mystery, from what I can tell so far." The mystery is part of its charm though, as if each person who finds Loloma gets to uncover the story for themselves, and add to it.

Levin and her husband didn't know much about running a lodge when they became the owners. She has a background in wedding set design and runs an artisan pop-up shop in Bend. Her husband Tyrone works in product development. But they're committed to holding on to the property and starting a new chapter for Loloma. They've had the lodge open to travelers since they purchased

it, and they also inherited a full season of weddings booked on the property. Making updates slowly and deliberately, Levin wants to preserve Loloma's function and character.

"This is definitely a life project, and I'm trying to build [the business] so it actually works," she said. "I just want to do it right."

Levin did add her personal touch to the interior design. Her bohemian aesthetic mixed with mid-century modern furniture and color palette blends seamlessly into the property, making it feel modern and comfortable. With chickens running around the property's eleven acres, a firepit tucked inside a grove of trees and the river as the backdrop, Loloma is an idyllic place to escape.

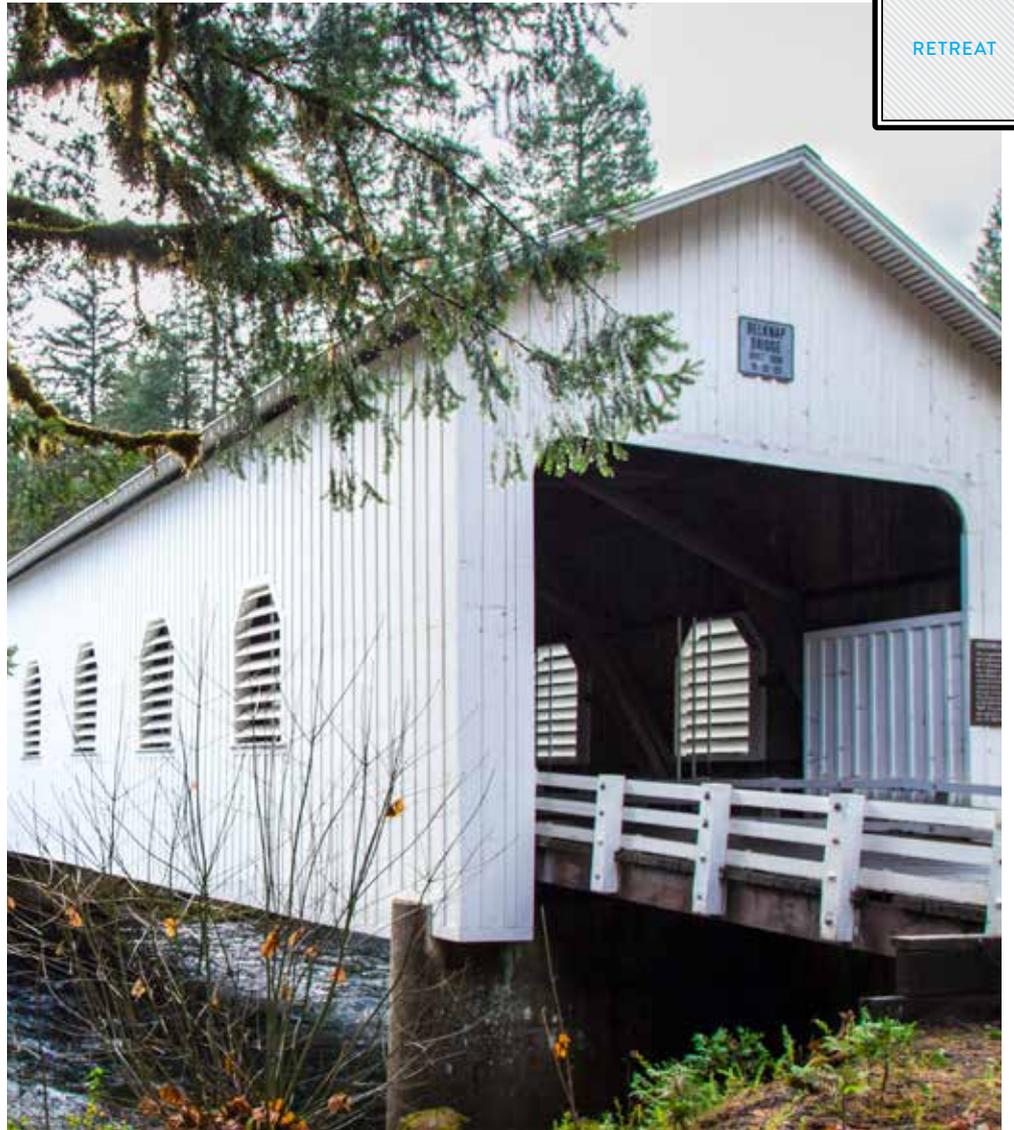
Roadside Americana

THE HANDFUL OF RESTAURANTS just off the highway are charming places for a quick meal. For breakfast, the place to be is Takoda's. The classic diner's breakfast options are generous and affordable. Close by, McKenzie Bridge Pub feels like a home kitchen. With a full bar as well, the restaurant is the place to swap fishing stories.

Farther down the road, Vida Cafe is a shoebox-size diner that happens to make some of the best homemade pies in Oregon. Expect classic comfort food dishes that satisfy after rainy outdoor adventures. Case in point: A woman at the table next to us noted that my eyes rolled into the back of my head when I took the first bite of my cheeseburger.

A trip along the highway isn't complete without a stop in Christmas Treasures, where it's Christmas all year long. The shop has hundreds of decorations and ornaments for sale. There's holiday music playing year-round and usually a fire going. This year is the twenty-fifth anniversary of the shop, and the owners will relight the big Christmas tree that helped make the shop famous more than two decades ago.

Take a short detour to the Belknap Covered Bridge, which is just a few minutes off the highway. The wooden, white covered bridge provides a classic photo opportunity and is a reminder that some of Oregon's best-preserved treasures are just off the road. ❖



ROAD TRIP

TOP The Belknap Covered Bridge was built in 1966 and is just a few minutes off McKenzie Highway.

RIGHT Vida Cafe is a shoebox-size restaurant that serves classic comfort food made from scratch.



Hiking Trails and Hot Springs

NATURE DOESN'T ALWAYS COMPLY with the itinerary. Higher up in elevation along the McKenzie River highway, the trails to Sahalie and Koosah falls can have snow on the ground when the highway doesn't. A fresh layer was melting on our hike along the trail that follows the ice blue, roaring McKenzie River. The Waterfalls Loop Trail is accessible to Sahalie Falls, then turns into a gravel path to Koosah Falls. The short hike is great for families as a destination for a day-trip or as a way to stretch your legs on a long car ride home.

About thirty minutes from the highway is Terwilliger Hot Springs, one of Oregon's famed naturally warm pools that still feels rustic. You'll meet a ranger at the trailhead, who gives you the rundown about the four

natural pools, which are just a quarter-mile walk up the trail. Clothing is optional in the pools, and that credo is taken seriously, as in there are as many people in a birthday suit as there are in a bathing suit. Spend a few hours soaking in the warmth, protected from the rain by a canopy of trees.

Pockets of blue sky finally peeked out behind the gray cloud cover on our last day as we hiked from the Blue Pool Trailhead on the McKenzie River Trail to Tamolitch Pool, the impossibly blue and clear natural wonder. Coming from the high desert, the McKenzie River Trail felt like walking into an enchanted forest. Green moss drips from the trees and cascades over the rocks along the trail. And seemingly out of nowhere, you reach Tamolitch Pool, looking down over it from the lava-rock trail. The dry weather and hints of sunshine were a welcome treat after two days of rain. Signs of the seasons to come. **||**



RAINCOAT SEASON

ABOVE The cascading pools at Terwilliger Hot Springs. *Editor's note: A landslide is currently blocking the main road to the hot springs.*

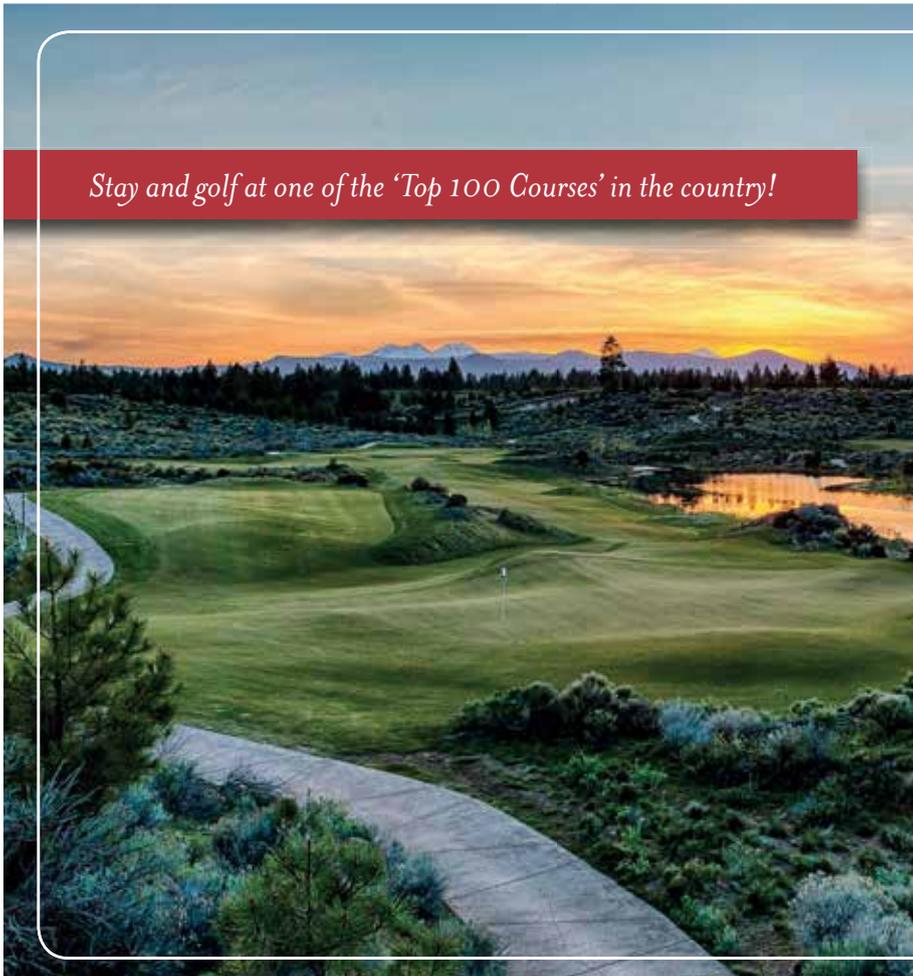
BELOW Overlooking Tamolitch Pool from the McKenzie River Trail.





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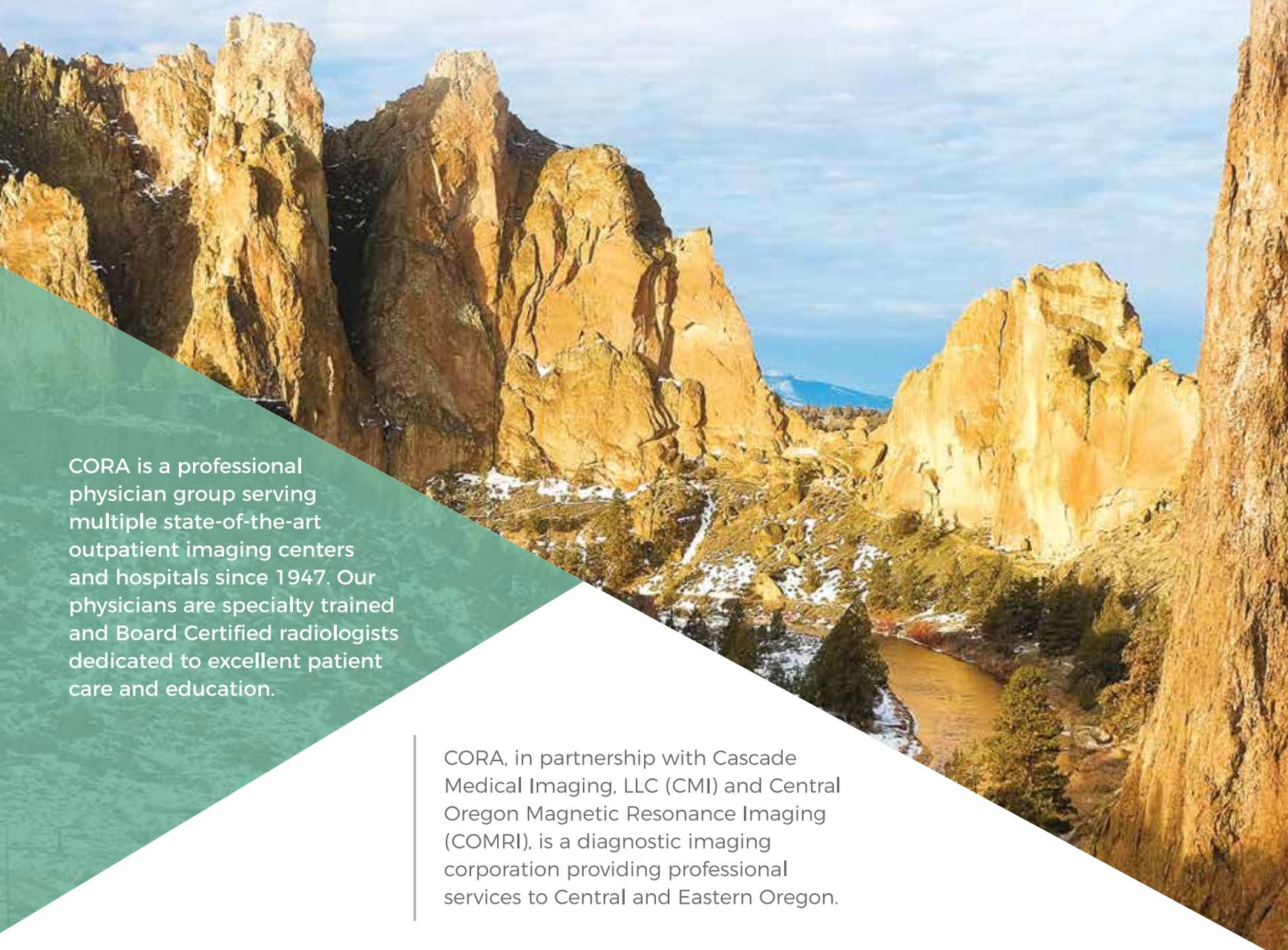
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MUSEUM

Native Story

Museum at Warm Springs celebrates twenty-fifth anniversary

OPENED IN 1993, the Museum at Warm Springs traces its roots back to the 1960s, when the Confederated Tribes of Warm Springs began thinking about a permanent place to protect and display family heirlooms and artifacts. Eight million dollars in fundraising and almost a decade of planning and construction led to this beautiful museum, which celebrates its twenty-fifth anniversary this year. The museum was envisioned as “a place that would tell the story the way [the tribes] wanted it told, not the way some museum out there would tell their history,” said executive director Carol Leone. An anniversary celebration is planned for March, and this summer a special exhibit will be on display at the museum highlighting the tribes’ accomplishments. For more information, visit MUSEUMATWARMSPRINGS.ORG



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PAUL HOSMER

The Bard of Bend

The life and times of the writer, photographer, naturalist and namesake of Hosmer Lake.

WRITTEN BY TOR HANSON



Paul Hosmer was a master of words. More than anyone else, he took the pulse of Bend's millworkers and painted their tough world in vivid details. He was their champion.

Hosmer was an enigma. He was the scribe of the community, but left few cookie-crumbs behind to explain his upbringing and life before moving to Bend, according to his son Jim Hosmer. Born in 1887 in St. Paul, Minnesota, Hosmer shared a glimpse of his formative years in a 1924 article in the *4L Magazine* (The Loyal Legions of Loggers and Lumbermen). Hosmer told readers, "Received my diploma in football, baseball, basketball and spelling. Took postgraduate course in boxing and had intentions of becoming lightweight champ."

The spelling diploma presumably led him

to newspapers "in half a dozen cities" before Hosmer ended up in Bend in 1915 working for the Shevlin-Hixon Lumber Company.

World War I put a hold on Hosmer's career. Together with his good friend, Frank Prince, he enlisted in the 20th Engineers (Forest) Regiment. The outfit was designed to set up sawmills in France to provide building material for the Allied forces. The two friends arrived in Europe in August 1918. Hosmer became a war stenographer, stationed away from the front lines.

"After the armistice, I traveled around France playing banjo in a dance orchestra and made enough money to get into the crap games every night," Hosmer wrote.

In the early '20s after returning to Bend, Hosmer left the Shevlin-Hixon company and "moved across the river" to work for

RENAISSANCE MAN

LEFT A photograph Paul Hosmer took of a timber-feller in Bend.

RIGHT Hosmer's orchestra was one of the most sought-after attractions in the '20s.

"His idea of having a good time was to walk into the woods with his canoe and paddles and go canoeing."



LIFE OUTDOORS

LEFT Janis and Paul Hosmer on Mud Lake, which was renamed Hosmer Lake in 1962.

BELOW Hosmer felt most at home in front of his tent with a can of strong coffee brewing on the Primus stove.



Brooks-Scanlon. One of his first jobs was to dream up the company newsletter that would define his life, *Pine Echoes*. Based on personal experiences, Hosmer told the stories of the workers at the mill and timber-fallers at the mill camps.

Hosmer's articles also found their way into magazines such as the *Saturday Evening Post* and *Oregon Motorist*. In the 1930s, he shopped a story about Bend's "Klondike Kate" Rockwell to the big Hollywood studios. Nothing came about, and the yarn eventually dreamed up by Tinseltown screen writers for the 1943 film *Klondike Kate* had little to do with either "Aunt" Kate's life or Hosmer's script.

The lack of Hollywood success didn't slow Hosmer, who remained a prolific writer and photographer throughout his years. It was Hosmer's antics as much as his stories and images that imbued him with local celebrity status. Hosmer and his friend Prince were inseparable. Hosmer's son Jim called them "the two roustabouts."

"Frank had a lot of money, and dad had a lot of time and ideas, so they paired up and had all these escapades," said Jim.

Like the time they lit a smoke bomb during a meeting at the Percy A. Stevens post of the American Legion and managed to keep the stunt a secret for several days. They were eventually hauled in front of the high court of the legion. The crowded hall was in full laughter throughout the proceedings. Although their defense strategy was built on an "insanity" plea of "temporary pyromania," Hosmer and Prince were declared "guilty" of the crime and fined nominally for the prank.

Today, it's hard to imagine just how isolated Bend was 100 years ago. Most of the culture was either homegrown or imported from family traditions. The mills attracted a large contingent of Scandinavian workers who had worked their way west in pursuit of timber jobs. Bend's massive sawmills and the region's extensive timber stock were a siren song for first and second-generation mill workers who came to Oregon from Minnesota and Wisconsin. (Both of Bend's mills were owned by Minnesota-based companies.) Workers who came to Bend left behind extensive relations in the Midwest and abroad, but they brought along their

passion for outdoor living—skiing during the winter and hiking and mountaineering all summer long. Eventually, they founded Bend's ski club in 1927.

Hosmer came up with the name for the club, Skyliners. He also became the president of the club in 1929 and 1930. When Skyliners celebrated its ten-year anniversary in 1937, one of the founders, legendary cross-country skier Emil Nordeen, wrote that Hosmer was the "faithful pilot, without whose tireless effort the Skyliners' dream could never have materialized."

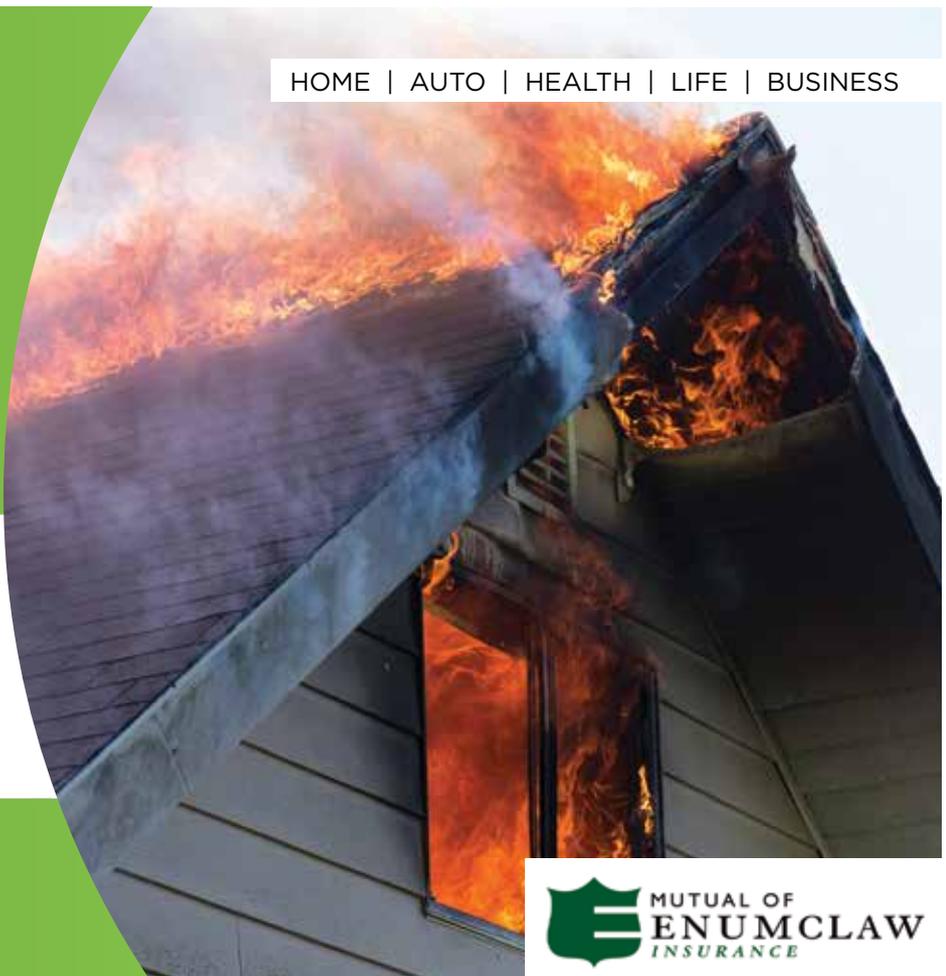
An amateur naturalist, Hosmer lived close to the outdoors throughout his life.

"His idea of having a good time was to walk into the woods with his canoe and paddles and go canoeing," said Jim. In many ways, it is fitting he is the namesake of Hosmer Lake. Known previously as Mud Lake, it was renamed for him in 1962.

Hosmer retired from Brooks-Scanlon in 1961 after forty-one years as the editor of the *Pine Echoes*. He died a year later at the age of 74. One of the editorial writers for the *Eugene Register-Guard*, Bob Frazier, wrote, "the sage of the sage brush country died last week." **13**

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HEART OF OREGON CORPS

A Makeover Mission

Heart of Oregon Corps empowers marginalized youth to make powerful changes.

WRITTEN BY TED TAYLOR

As Sarah Larocque-Fields continued the downward spiral of family drug addiction that included homelessness, crime and jail time, she considered herself broken beyond repair.

But when the then-24-year-old became pregnant, she was determined to fix herself, raise her child drug-free and end the cycle of substance abuse that took the life of her brother and mother—and she turned to Heart of Oregon Corps to help.

Bend nonprofit Heart of Oregon Corps (HOC) is in the fixing business. They do so by giving at-risk young people the tools—quite literally—to turn their lives around, pursue educational goals and gain real-world work experience. Youth earn wages, stipends, and scholarships that increase economic self-sufficiency and financial literacy.

After meeting with HOC (her new baby girl in the stroller next to her during the interview) and being accepted into its AmeriCorps program, Larocque-Fields found herself in the Sisters wilderness working on wildfire prevention projects. It wasn't long before she was leading the crews. She then moved on to building homes for needy

families, all the while earning her GED through three months of college courses.

The key to HOC's nearly twenty years of success is enrolling young people who truly want to make a change in their lives.

"It gives you every single thing you need to be the person you want to be," Larocque-Fields said. "It's up to you to use the tools they give you."

Because HOC is community-service based, it's a society that benefits from the labor of volunteers like Larocque-Fields. "The projects our youth complete keep our community beautiful and healthy," said HOC Executive Director Laura Handy.

Larocque-Fields' success story comes full circle. Now 34, she spent nearly a decade working for BendBroadband and now works for a local real estate agent. And she serves as the secretary of Heart of Oregon's board of directors.

"I inspire myself when I think about all the things I'm doing," she said. "I can't wait to see what I'm doing ten years from now." ■

Get Involved

ABOUT HEART OF OREGON CORPS

Heart of Oregon Corps is a nonprofit based in Bend that provides vocational training and continuing education opportunities to youth ages 16-24.

BY THE NUMBERS

303 youth served in 9 communities across Central Oregon

58 percent were placed in jobs or secondary educations post-program

\$182,500 in scholarships earned by youth in the program

HOW YOU CAN HELP

Visit HEARTOFOREGON.ORG to learn about volunteer opportunities in the area.



MIMI LADINE VOLUNTEER

Mimi Ladine began volunteering with Heart of Oregon Corps when she moved to Bend three years ago. Ladine is a mentor with the program and helps students with everything from schoolwork to getting signed up for healthcare. "A lot of negativity exists in the world today," she said. "I think that's why it's more important than ever to instill optimism and hope in young people. People should work together to ensure that students have the opportunities and support to achieve their dreams."

"...it's more important than ever to instill optimism and hope in young people."



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HOW ART CAN MAKE YOU HAPPY

JENNY GREEN
DOWNTOWN BEND / JANUARY 2018



Jenny Green believes that art is for the masses and has spent her career dedicated to making fine art accessible. She has a master's in fine and decorative arts from the Sotheby's Institute of Art in London and has worked in galleries, museums and auction houses in London and San Francisco. She moved to Bend twenty-two years ago and has been a cultivator of the arts community in Central Oregon, most recently as a founder of the At Liberty Arts Collaborative. Green sat down with *Bend Magazine's* Teafly Peterson to talk about art, community and ensuring that Bend's economic growth benefits everyone.



GETTING *to* KNOW Jenny Green

INTERVIEW AND ARTWORK BY TEAFLY



On Finding Home at First Sight

My husband, Tim, and I moved here in 1994. We're pretty different people, so we were trying to figure out where our divergent interests would meet up. We were living in Wyoming, and he came home one day and said, "I think I found the place for us. It's called Bend, Oregon." I went to the University of Wyoming's library and looked up Bend, Oregon in the card catalog. And, of course, all the things in the card catalog were, like, skiing, fishing—all the things Tim was interested in. It was a small town, but it had the Sunriver Music Festival, a few restaurants and an art gallery. We came to visit in 1993 during that last huge snowstorm. We fell in love with the town and moved here.

Discovering Art

My grandmother had art and jewelry and beautiful objects. I grew up in a family that wasn't that interested in that kind of stuff. But for me, it was like finding treasures. These objects could have meaning beyond simply being an object—that someone could take the time to make it beautiful or to care enough to translate an idea. I remember going through her house, her holding my hand, and talking to me through paintings that were special in some way.

On the Democracy of Art

I wish that everyone understood that art is for the masses. I get really frustrated that people see it as elitist. We've had this professionalism take over the arts, where you will talk to someone and say "Oh, are you an artist?" or "Are you a musician?" and they will say no. And then you'll ask "Do you ever paint or play the guitar?" and they say "Oh, yeah, every weekend." But they will not call themselves an artist or a musician. If we start embracing that everyone has artistic means and capabilities and that all these things are available to all of us, then I think that would change.

Creating an Arts Collaborative

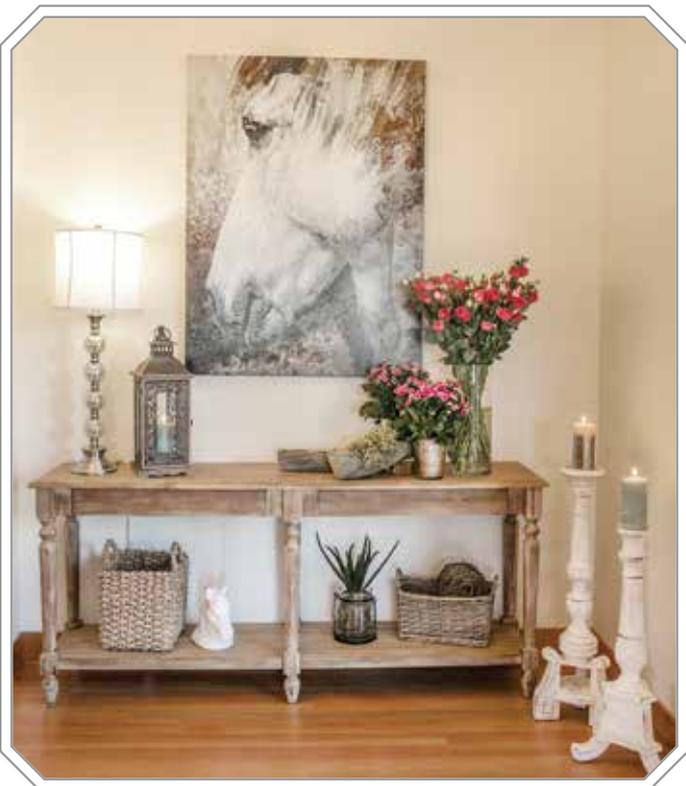
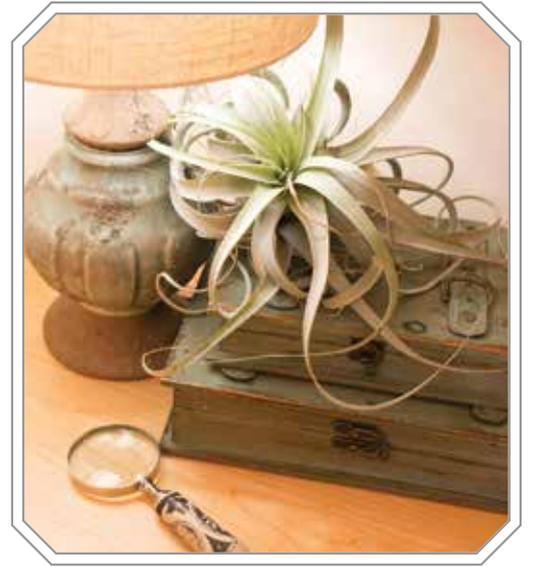
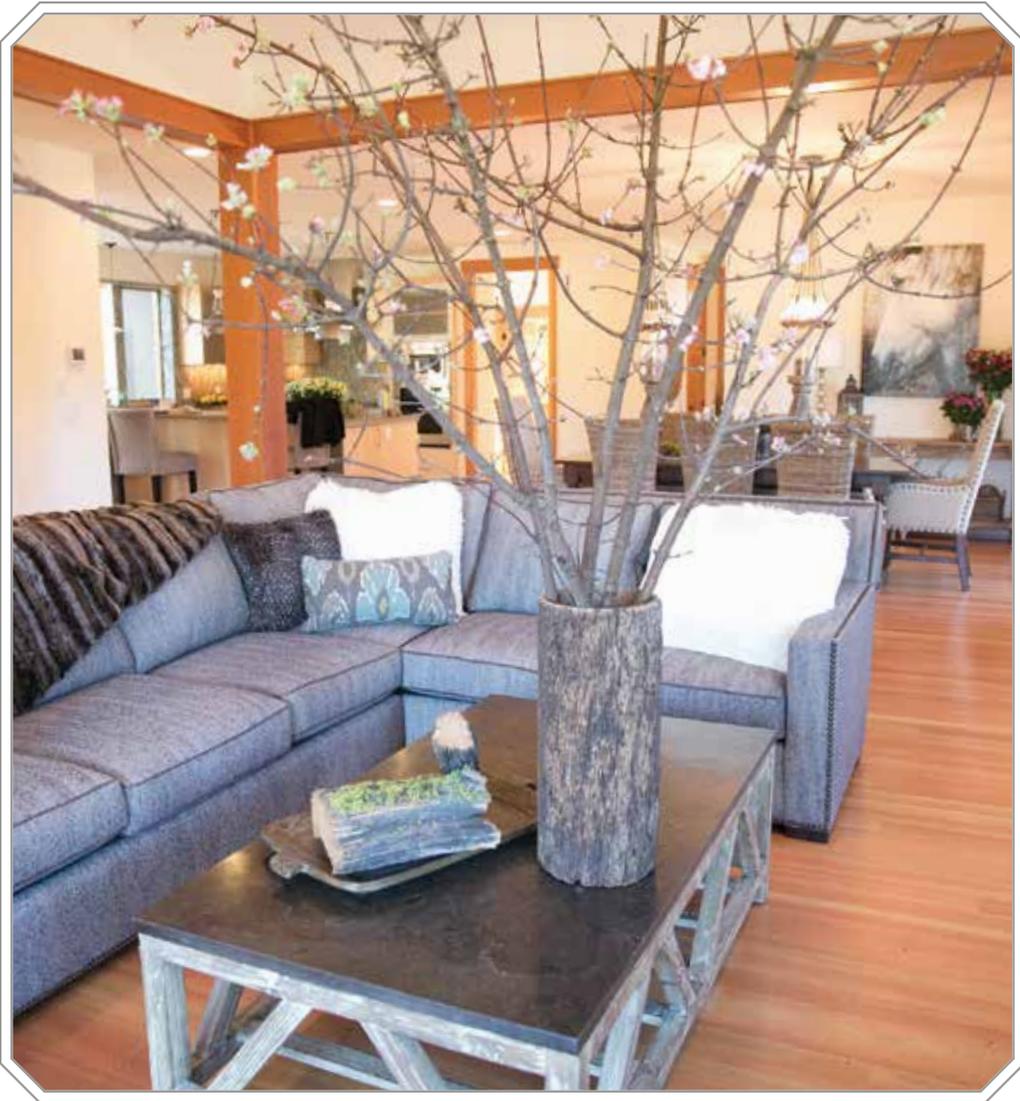
Kaari Vaughn, René Mitchell and I started At Liberty because we always dreamed of having a permanent contemporary art space that promoted the arts and lifted up other nonprofits by providing space for them. This kind of fell into our laps (while we had also been pursuing it for five years). There was already a history of BendFilm, Muse and other organizations using Liberty Theater as a hub, but we wanted to turn this into something that was more quotidian and that people would know as a space downtown where there is always something interesting going on.

Embracing Diversity

I would like to see us embrace that small town feeling where we are concerned about our neighbors, where there is affordable housing and room for everybody. I get worried that we might become too homogenous in our economic sector. I want to see more room for different ways of thinking, different ways of being. I want us to hold onto that core piece that was here when I moved here, which was community first. I think we have an awesome community, and I want us to continue wrapping our arms around everybody here.

On the Rising Tide in Bend

I feel like the nonprofits and the arts are starting to blossom in these little pockets and are getting stronger. People have the impression of Bend as only an outdoor town, but there have always been these side interests, and those are finally starting to come forward a little bit more. I think that right now we have this rising tide in our community and I am just hoping that it lifts all the ships—the artists, the organizations, the community. If we are having this good moment for our town, I hope we make sure everyone is on board. ■



Sit
by STEPHANIE BROOKE



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A HOME WITH A VIEW

The homeowners named their custom house Kalorama, from the Greek words for beautiful and vista.

ARCHITECTURE

An Intentional Home

Set into an outcropping above the Deschutes River as it tumbles through Tumalo, a modern home is built on the foundations of principles, patience and respect.

WRITTEN BY **STEPHANIE BOYLE MAYS**

PHOTOS BY **RICK KEATING**

Rare are the buildable sites in Central Oregon where one can see both the river and the Cascades. The challenge for principal architect Nathan Good and lead architect Lydia Peters of Nathan Good Architects was to design a home that not only took advantage of the views without disturbing nary a rock or tree, but also addressed the homeowners' criteria in aesthetic design, self-sufficiency and environmental impact, as well as in human factors, including aging in place and universal design.

"Site dictated the design," said Good of the slim band where the home sits with its mandated river and mountain views. "It was challenging to design a building that could be woven around ghost





juniper trees, boulders and other features.”

Working with builder Dennis Szigeti of Leader Builders and a team of landscape experts and subcontractors, Good and Peters set about fulfilling the homeowners’ wishes in a four-year-long project.

Surrounded by stone patios and wrapped in natural stone, plaster and locally sourced wood, the low-slung home is visually tied to its surroundings. It also boasts an abundant use of glass to permit views from the house, through the house and, even from the front walk, over the house.

Named Kalorama (from the Greek for beautiful vista) by the homeowners, the finished structure is formed in deliberate zones to delineate the home’s public spaces and private areas. To the left of the main entry sits the great room, the center of the 4,000-square-foot house. Anchored by a massive wood-burning fireplace set on a single raised hearthstone, the spacious area accommodates a welcoming seating arrangement, an expansive dining table, a music area with grand piano and a large open kitchen—all of which have views of the Cascades. (Only one room in the house



is viewless, pointed out builder Szigeti, and that's the wine cellar.)

Meeting the couple's request that materials be sustainable and welcoming are a fir ceiling, fishtail oak floors made from repurposed shipping containers, a wood, live-edge dining table, frames of European larch wrapped around triple-pane windows and cherry wood kitchen cabinetry. The further use of wood in the floating shelves near the piano and in the bookshelves that form a pony wall by the staircase leading downstairs reinforce the space's welcoming warmth.

Strategically positioned by the kitchen are a pantry, a mudroom (complete with a dog shower) with access to the garage and a solarium/greenhouse where the couple can grow small fruit trees, flowers and vegetables. (Cold frames are conveniently set just outside.)

Also by the kitchen is an elevator installed to accommodate guests who cannot use stairs and to ensure accessibility for the homeowners as they age in place.

Downstairs is the mechanical room, a game room with a television and bar, a guest room with a private patio and a bathroom

designed for universal use. Also downstairs is the wine cellar which, while viewless, has a speakeasy window in its door.

Upstairs and on the other side of the front entry is the homeowners' sanctuary. Separated from the public space by a wood pocket door, a hall gallery of wood bookshelves and storage drawers face two offices that look toward the mountains. The offices' shared wall is also a sound barrier to suit the working styles of the wife who wants perfect quiet and her husband who wants to play music. Past the offices and per the couple's instructions, the bedroom was created as a simple sleeping space with a nearby laundry room, spacious closet and master bath.

Throughout the home, the use of common materials such as wood and stone, fittings such as bookcases, and design features such as live edges, chevrons and the home's Kalorama logo provide visual unity.

Chief among the couple's wishes was a sustainable and self-sufficient home that could be a harbor in all conditions. "There are eighty-four solar panels on the roof to provide power," explained Peters. Other



NATURAL ELEMENTS

ABOVE The woodcut chevron is a repeated design element.

TOP The low-slung home sits on an outcropping over the Deschutes River in Tumalo.

LEFT A wood-burning fireplace set on a single raised hearthstone anchors the main living space.

SALVAGED STYLE

The dining table, a seat by the door and a telephone shelf are live edge and made from Canal Zapatero wood. It all comes from a forest that was flooded and submerged during the construction of the Panama Canal and has only recently been harvested.





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practical features such as LED lighting, exterior solar shades, an EV car charging station and connecting the solar panels to Tesla Powerwalls helped the all-electric LEED platinum home garner an energy performance score of zero. Elsewhere on the property, a HAM radio tower, potable water cistern and orchard ensure self-sufficiency.

With retirement in view, the homeowners made aging in place and universal design a priority. In addition to the elevator, doorways are thirty-six inches wide to accommodate wheelchairs. Intentional design decisions, such as zero threshold showers and grab bars in the bathrooms, ergonomic door and cabinet hardware and abundant lighting (even in the closet rods), were made throughout the house to ensure the couple will continue to successfully live in their home.

The project was not without bumps. While the lot had been purchased in 2008, the homeowners decided to put construction on hold for two years during the recession. It was a break that became serendipitous because much of the technology used in the completed home, such as the Tesla Powerwalls, had yet to be invented when the project first started. And, pointed out Good and Peters, the interval was also a testament to the couple's dedication to their original vision because there were few changes when the project started anew.

Builder Szigeti credits the relationship between the architects, the homeowners and all the other professionals and subcontractors to the project's success. "Everyone listened, everyone was respectful of everyone else," he explained. "All the subcontractors who started with the project finished with it, too. Everyone felt valued." ■

ENVIRONMENTAL DESIGN

TOP Each room in the 4,000-square-foot home has a view of the Cascades.

LEFT Solar panels, LED lighting and an EV charging station contributed to the home winning first place in the international Rethinking the Future Sustainability Awards.



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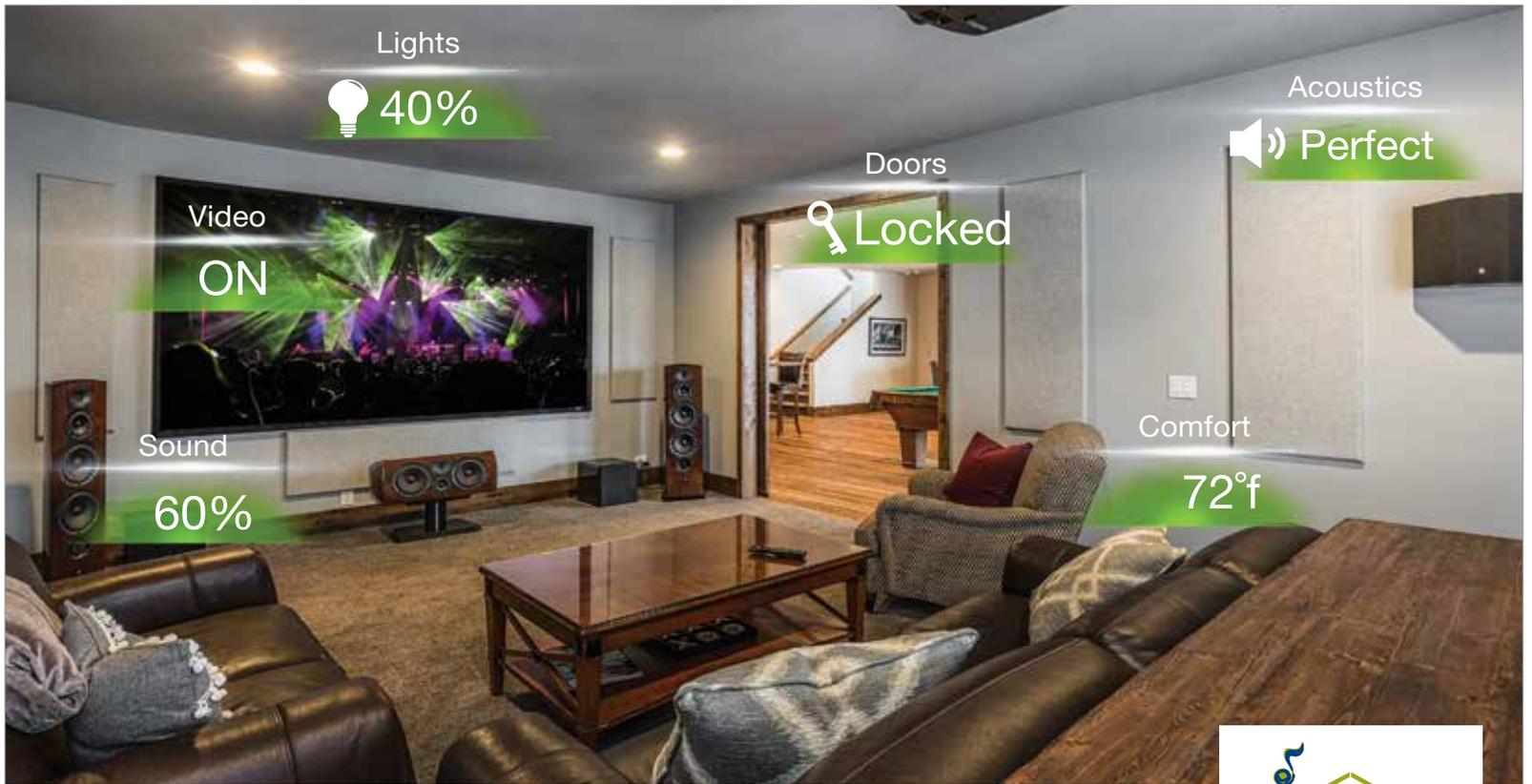
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INTERIOR DESIGN

Let There Be (Some) Light

Tempering interior and exterior glare for more comfortable living

WRITTEN BY LEE LEWIS HUSK

Whether or not you buy into the marketing pitch that Bend boasts 300-plus days of sunshine annually, the truth is the region gets more than its fair share of rays—no matter the time of year. It can be a double-edged sword.

Newcomers to Central Oregon who build or buy a home are often surprised by the intensity of the late afternoon desert sun. Justin Davis, gallery manager at Bend's Classic Window Coverings, reports that many of his clients tell him that "we moved here for the sunshine, but we didn't expect the long burn before the sun sets over Bachelor."

When Nansee and Jim Bruce built their home on Bend's west side, they spent eight months deciding on the best orientation. They visited their large lot with 360-degree views three times a day in each season to determine the best orientation. It was their seventh home in twenty-five years in Bend, and they ultimately elected the southern view toward Paulina Peak. "We had an incredible view of the mountains in our last home, but in nine years, we only used our deck a handful of times because of the extreme heat," Nansee said.

As experienced homeowners, the Bruces took full advantage of design features to

manage light, including wood blinds, tinted windows and, on the west-facing second floor, a large overhang and solar shades inside and out. After giving up their magnificent western views, Nansee said "we're as enthralled with the sunrise as the sunset. We look outside to the east and enjoy that bright orange sun with our morning coffee."

Signs that you need to deal with sunlight include wearing sunglasses inside your home to reduce glare, avoiding that lovely mountain view because a deck or patio is too hot or noticing that a family heirloom carpet is starting to fade.

"Light is a tricky thing," said Bend architect



Jeff Klein. “It has to be thought through.” When designing a home, he uses computer imaging to illustrate the impact of solar radiation and light on interior and exterior spaces throughout the day and seasons. “In Bend, the hottest time of the day is five or six in the evening, so homeowners need a plan for dealing with that,” he said.

Klein recommends that builders and their clients consider solar effects on a home and its site early in the creative process, rather than waiting until after people move in and realize they have a problem.

And whether you’re building or retrofitting a home, the Central Oregon design community offers many options for managing light in both interior and exterior spaces.

Inside the home, the most obvious fix, if you don’t have them already, are blinds, sunshades or drapes. Davis said that honeycomb blinds are his top seller because they come in a variety of colors and fabrics and provide both privacy and light reduction. Also popular are interior roller screens, which can be mechanized in larger windows.

Window coverings and architectural retrofitting can be expensive, so the cost-conscious consumer might start at a home improvement center, such as Lowes or Home Depot, for ideas and less expensive options.

Central Oregon also has many interior decorators and design centers, such as Chi (Complements Home Interiors) in Bend. “Blinds are an easy way to deal with late afternoon sun, but drapes can also be a great way to cover your windows and add texture and beauty to a room,” said Patricia Julber, decorator and owner. “Using fabric, even a sheer fabric in a window, will add protection to floors and furniture.”

Exterior solutions include retractable or roller shades, awnings and structural changes that shade key areas of the home. Davis recommends exterior screens that don’t change the look of the home but greatly reduce heat impacts and come in various grades for letting light into the home, with higher end products lessening impacts from wind and dirt. ■

IDEAS FROM *Jeff Klein,* KLEIN ARCHITECTURE



Homes should be designed around the path of the sun.



To avoid costly mistakes in light and heat management, get in touch with a design professional. In Central Oregon, work with local designers familiar with the desert climate.



Overhangs are helpful in the summer when sun is high in the sky (but they don’t block the low sun in winter).



Exterior screens, if used to enclose a space, can help keep out wind and bugs. The best placement is outside your patio space to block both your patio, which can radiate heat for an hour after sundown, and home.



For new products, designs and ideas, talk with an architect or interior designers; get ideas from websites like Houzz.



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Spring Clean

Five steps to spring-ready soil in the high desert

WRITTEN BY EMILY WOODWORTH

Spring in the high desert is a tenuous affair. Crazy temperature shifts, snacking wildlife and low rainfall make gardening a task that requires constant vigilance. With so many uncontrollable factors, garden specialist Joel King of High Desert Ranch and Home suggested starting this spring with something you can change: the soil.

1 Chem 101 Although there are general characteristics of soil in Central Oregon—alkalinity, for instance—knowing particular deficiencies makes treating soil appropriately much simpler. Test kits are easy to find at any garden supply store, and most are user-friendly.



SOIL SOLUTIONS

You can find a soil test kit to start spring cleaning your garden for \$19.99 at High Desert Ranch and Home.

2 Opt Organic Central Oregon’s soil lacks nutrients left behind by decomposing organic matter. “In the valley, they have about five percent organic matter in any given sample. Here we have .5 percent to none,” said King. To compensate, King recommended finding compost with food waste included. One option is “EcoScraps,” an Oregon-based compost brand. Look for “food-based” or “food-added” products, which will be full of beneficial micro-organisms.



3 Root Problems It’s easy to forget that Central Oregon really is a desert. “Because we don’t get much rain,” said King, “the soil here tends to be alkaline. We also have ‘volcanic flour,’ which can get compacted and restrict both water and air movement.” Water-hold products, such as coco fibers, can help make the soil more porous. Adding a symbiotic fungus called mycorrhizae around plant roots helps them absorb nutrients. This is because the fungus produces its own hairs-breadth tendrils that can reach water, minerals and vitamins that would elude thicker roots.



4 Ground Control Treat specific deficiencies found in the soil test. If your garden lacks magnesium or calcium, lime will help. Sulphur and iron add acidity. Pay attention to the NPK (nitrogen-phosphate-potassium) value in fertilizer, which should be 3:1:2 in this area. Nitrogen ensures above-ground growth, phosphate improves stem, bloom and root health and potassium aids the passage of water through cell walls in a dry climate.



5 Plan Ahead It pays to put thought into plant protection and garden design long term. “One big challenge here is the way temperature fluctuates,” said King. Protective measures will depend on your yard. Windbreaks, rock beds, raised beds, greenhouses and cold frames could all be important. Many gardeners also keep thermal protectors on hands, so if they see a cold night projected in April, or August, they can cover their plants to survive the freeze.





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PAIGE-TURNER

ABOVE Paige Bruguier is 25 and runs her own artisan leather goods business in Bend.

RIGHT A finished handbag Bruguier designed and made that sells for \$376.



FASHION

Hide Magic

J Paige & Co crafts artisan leather handbags to hang on the arms of connoisseurs coast to coast.

WRITTEN BY KIM COOPER FINDLING

After Paige Bruguier graduated from Sisters High School, she left home to attend the Art Institute of Portland. Her goal was to become a jewelry artist—she’d always been creative and had taken jewelry-making classes at Sisters High School. “Metal had always been my medium,” she recalled.

But a trip to Portland leather supply outlet Oregon Leather Co. during her first year of college changed her trajectory forever. “I walked into this incredible shop, this room filled with hides,” she said. “It was so inspiring. I hadn’t realized what it meant to shop for leather.”

In a way, it was a return to her roots. Bruguier was born on a Native American reservation in Montana, and her father has long been a maker of tipis. As an infant, she’d played at his feet in his studio as he ran the industrial sewing machine. Sitting down at a machine to make a leather bag for the first time felt nostalgic. “I absolutely fell in love with bag making,” she said.

Just a few short years later, Bruguier, 25, is at the helm of her own business, J Paige & Co. (Her first name is actually Jessica.) The company creates leather handbags and other home goods sought after throughout the United States. Her artisan bags are simple and

beautiful, each handmade by Bruguier in a clean, simple style. “I’ve always liked classic products. I started making what I wanted, and then other people wanted it, too.”

Bruguier left the Art Institute after a year and returned home to Central Oregon to launch her own endeavor. Both her parents are self-employed in artistic fields, and the teachers and peers she’d found here had been particularly supportive and nurturing. Being back home, she felt, would be a good incubator. “Bend is a very good place for artists,” she said. “They make you feel like being a maker is actually possible.”

It was two local shows—at Bend’s creative

PHOTO LEFT ALEX JORDAN





“I want every bag to be meaningful, even if that means I don’t sell as many.”

co-working space The Wilds and then at the athletic apparel store Lululemon—that kicked things off for Bruguier. Her work ended up on a Lululemon blog, she received a flood of orders, quit her job and was able to become a full-time artist. “I love having my own business,” she said. “I feel so free. I have the freedom to create what I want to.”

Bruguier’s process is self-admittedly unstructured. “I grab a hide and start cutting,” she said, demonstrating with a flourish of her hands and a smile. At the same time, she said, leather is famously unforgiving. “It requires me to focus. I have to be patient. It’s good for me.”

Late last year, Bruguier moved production from her living room into an industrial space. This allowed her to acquire a third industrial sewing machine and an industrial kick press. “I’ve become super geeky about machines,” she said. “You feel invincible. You can sew through anything.”

Bruguier’s bags range from \$60 for a pouch to \$480 for a Wild West bag and can be purchased online or in specialty shops. She hopes to keep J Paige & Co high quality with a modest volume. “I used to think I wanted this to be huge. But there are so many factors to being self-employed that take away from the creative process, and that aspect is very important to me,” she said. “I want every bag to be meaningful, even if that means I don’t sell as many.”

In any case, along the way, she’ll continue to benefit from support from the Central Oregon artist community, as well as from mentors a little closer to the heart. “My parents have been very helpful,” she said. “They are still who I go to for advice.” ■



HANDMADE GOODS

TOP Bruguier working in her new production studio in Bend.

LEFT Bruguier hand cuts each piece and designs her patterns as she works.

BELOW The “Woven Clutch” from J. Paige Co sells for \$160.



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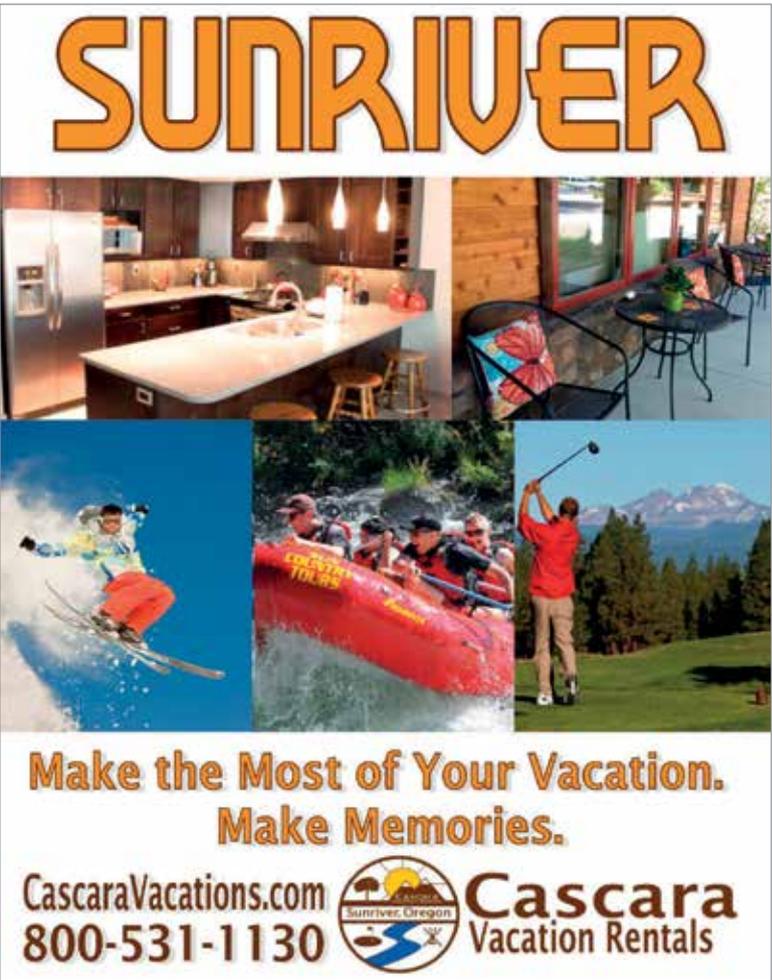
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WEDDINGS AND EVENTS

Desert Blooms

Fashion veteran Summer Robbins carved a niche in Central Oregon's blooming wedding and event market.

WRITTEN BY KELLY KEARSLEY

PHOTOS BY HEAVEN MCARTHUR



Summer Robbins' florist studio is an oasis in the high desert, nestled at the end of a long, dirt road, surrounded by juniper and open space. Like most of Robbins' Central Oregon life, that's by design.

She was previously a menswear fashion designer in New York. "But I had a dream of getting out of fashion," she said. Robbins and her husband also dreamt of living somewhere smaller and spending more time outside. She accomplished both in one fell swoop, moving to Bend in July 2015 and launching her floral business at the same time.

She's since grown Summer Robbins Flowers into a flourishing business, recognized as a preferred vendor by many of the region's top venues and deemed "Best Florist Outside of Portland" last year by *Oregon Bride* magazine.



PLANTING A NEW CAREER

Robbins attended Parsons School of Design and spent the next thirteen years as a menswear designer and personal stylist in New York City. She lived in New Jersey and was spending twelve hours a day out of the house and away from her family.

At the same time, she was losing her passion for fashion. Robbins found herself imagining other creative careers, from interior design to event planning. Then she took a flower designing class. “I’d always been inspired by flowers and their color palette,” she said. “I had this warm feeling when I’d work with flowers, and I knew it was the right thing.”

At 38, Robbins quit her job to go to flower design school for a year and apprenticed with some of New York’s best florists.

“I was learning how to do this new thing, and everyone else was twenty years younger than me,” she said. “But it was really fun and inspiring to do something new.”

GROWING A BUSINESS

As Robbins contemplated how to transform her new skills into a career, she and her husband also considered leaving the city. Robbins had grown up in many places, including Virginia, where she had loved the fresh air and playing outside. She and her husband were avid rock climbers, and her husband loves to mountain bike and ski.

“We always talked about moving somewhere where we could live off the land, live a little more sustainably, and have fresh air and water,” she said. “We really wanted to do that for our kids.”

They visited Bend for the first time in spring 2015 and fell in love with the town. She’d planned to open a florist shop, but quickly realized during her visit that it likely wouldn’t be a sustainable business.

Not for long, though. Robbins holed up in the AirBnB while her husband explored the local mountain bike trails, researching the Central Oregon wedding business. She discovered that there were some talented florists already here, a sign that the market was there for even more artistic floral design. And the idea of helping couples design their weddings filled her up. “I really love people and hearing their stories. I fall in love with them,” she said.

By the time her husband returned, she had a plan for a studio and a wedding flower business. She launched her website a few weeks later and booked her first-ever wedding for the weekend she and her family moved to town.

A FLOURISHING FUTURE

Today, Robbins receives floral deliveries from Portland every Tuesday at her studio on Bend’s east side and forages on their twenty-acre property for additional materials. She employs four people and recently established a project minimum that allows her to spend more time with each client and her family. She also planted peonies this winter in hopes that they’ll thrive in the high desert—much like Robbins has. ■



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Leader of the Pack

BEND-BASED RUFFWEAR has released the name and more details around its outdoor incubator project. Dubbed Embark, the project harnessed underused warehouse space at Ruffwear's Bend headquarters to create an outdoor industry co-working space with a focus on "unleashing creativity through community."

Founded in 1994, the canine outdoor gear company had outgrown the warehouse portion of its building and moved distribution to Portland in 2016. With its revenue projected to double in the next three years, Ruffwear will soon launch renovations at its headquarters in NorthWest Crossing.

The additions will include extending the second floor across the whole building and increasing the functional size of the space from 20,000 square feet to 35,000 square feet. Ruffwear will occupy just over 50 percent of the building, with the remaining space designated to co-working and shared community space.

President and CEO Will Blount said that Embark will be focused on cultivating like-minded outdoor industry companies, startups and freelancers all under the same roof.

"We're trying to design the space to allow for flexibility in the building," Blount said,



"while building the space for concentration, collaboration, and community—the three pillars that this is kind of being built around."

Zealios is a small Bend-based startup that manufactures high-performance personal care products for endurance athletes, including sunscreen, shampoo and body wash. Co-founder Austin Britts said that it will be moving its four-person team into Embark upon completion. "We'll really benefit from the amount of talent and fresh ideas that will be

walking around in that building," Britts said. "There's so much value into what Ruffwear's conceiving."

The Conversation Alliance will also be moving in, and Ruffwear is in contact with a multitude of other companies interested in being a part of the space.

Ruffwear plans on completing Embark by early 2019, with tenants moving in shortly after. — Dalton Charest



TJ Jordan

Bicycle House Calls

THE HUB CYCLERY is going mobile, offering everything from a new chain installation to a fork rebuild. Those in need of service can call the shop and set up a time for the Hub Mobile team to swing by. Owner TJ Jordan said basic adjustments and repairs can be done on the spot at your home or work. For bigger projects, they will pick up your bike and take it to the shop.

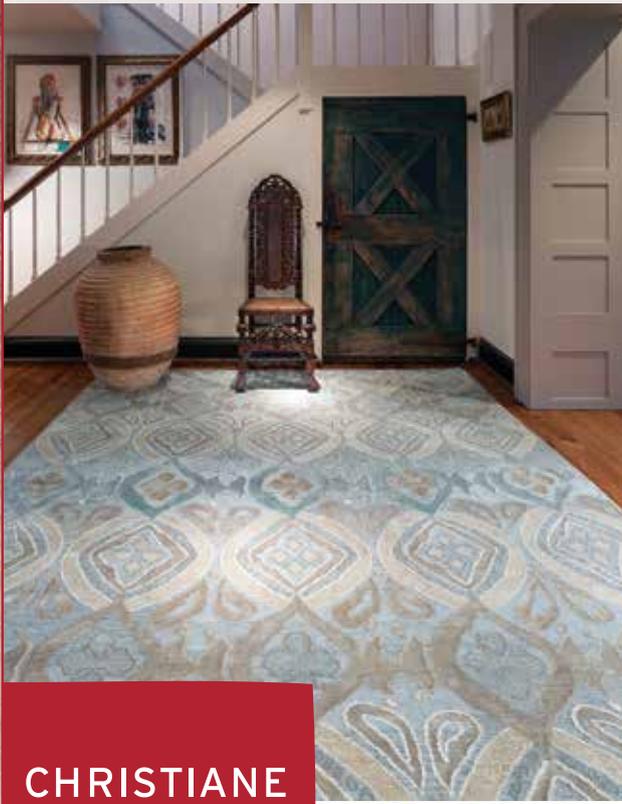
The shop will also take its rental fleet of mountain bikes, cruiser bikes and fat bikes on the road, too, providing drop off and pick up to homes, vacation rentals, resorts and hotels.

Trail systems such as the Phil's and Wanoga networks are more than just nice amenities—they are a major contributor to the region's tourism economy. Almost a quarter of all out-of-state visitors last summer listed mountain biking as a vacation activity. Jordan hopes to push those cycling numbers even higher by eliminating any obstacles that might prevent visitors and locals from getting into the saddle.

"Our goal is to make the process as convenient as possible," Jordan said, "and give our customers more time to enjoy the trails and roads ... and spend less time worrying about their bike."

THEHUBCYCLERYBEND.COM — Ted Taylor

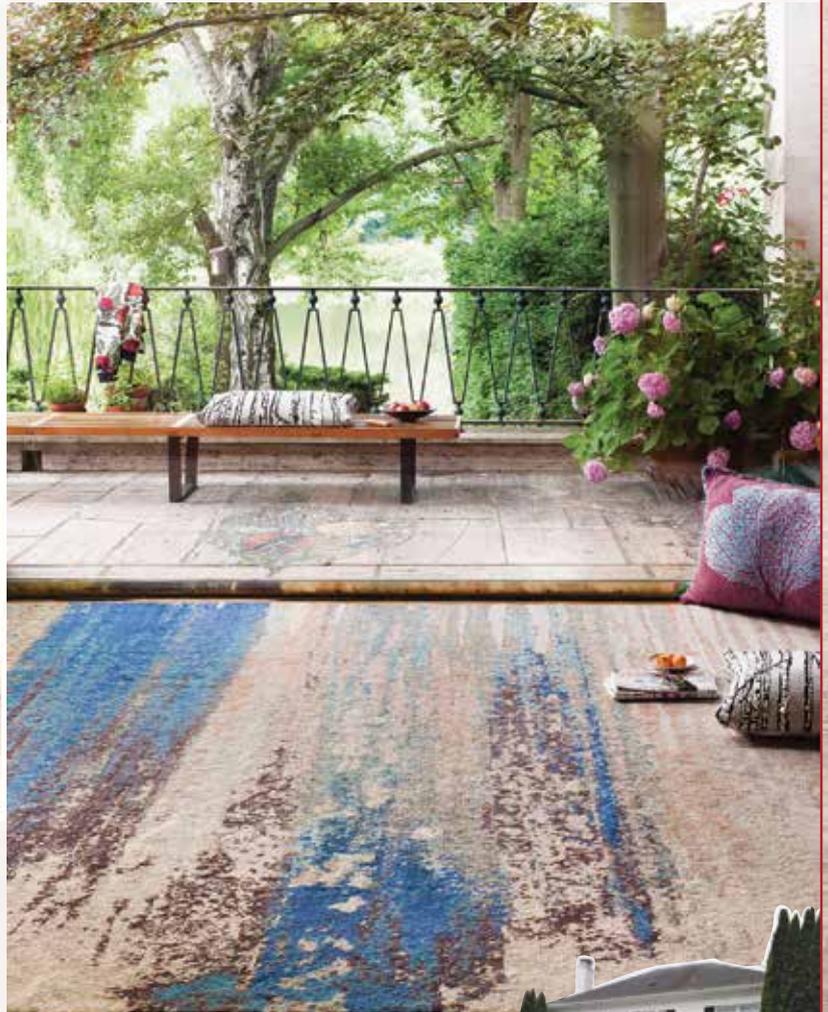
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Kim BRANNOCK

If anyone walks the walk, it's Kim Brannock. She's a freelance outdoor apparel designer in Bend that spends as much time outside as she does in her busy design studio. And she's on mission to save the Deschutes River.

INTERVIEW BY BRONTE DOD

Kim Brannock calls herself a designer of anything. "Give me something and I just problem-solve a solution," said Brannock, 47, who spent ten years working for Portland-based Columbia Sportswear. For the past eleven years she has run her own outdoor apparel design studio, SY Design, which is sought-after by some of the biggest brands in the outdoor industry, including Filson, Simms, Nike, Columbia Sportswear and Patagonia (yes, she's fly-fished with Yvon Chouinard and yes, you should read the account of that day on her website). She sat down with Bend Magazine to talk about designing for sustainability, Bend's outdoor economy and more.

What are some of the challenges SY Design faces in Bend?

When I lived in Portland, there was a lot of up-and-coming young talent that I was working with all the time. That's not as easy to find here. There are a lot of product brands, but not much in the soft goods arena. The bulk of what I do is technical, things that are seam-sealed or driven by function. There aren't a ton of people who do that and do that well. It's become a niche for me. Also, being a female who spends a ton of time outside, I'm a user, and I bring that to the design work I do, which is a rare combination.

Being a designer and user of this gear and apparel is interesting.

I work largely in outdoor, workwear, hunting, fishing, snowboarding and skiing. It's interesting that a lot of these brands are located in major cities. They're in an office in a place where it's not that easy to get outside. When I lived in Portland, I thought I was a real user. That changed dramatically when I moved here. The accessibility is so



good that I can get up in the morning and go on a backcountry tour, come back down and design all day and go back out in the afternoon and paddle or fish on the river—all while I'm working.

Has that lifestyle changed how you approach your designs?

Yeah, and I think that working with Patagonia has changed some of it, too, because I'm very environmentally conscious, and I'm fascinated now with designing things purposefully to make them not fail. I used to want to use every new technology in my designs. I didn't even think about if it was durable. Now, I think about that a lot, from how you place seams in garments to what types of material you choose. As designers, we have this big impact at the product level to make these choices that can impact change. When companies are building, five, ten or twenty thousand pieces of something you designed, that's a big environmental toll.

Do you think outdoor products and companies in Bend are being conscious of their environmental impacts?

Yes, I think it's really exciting right now. Many smaller brands aren't in business to become billion dollar brands. They have a reason that they started and usually have some meaning behind it. The biggest challenge is that some of that is superficial right now. It's popular right now to be a brand and have this social or environmental story but not understand the depth of what that means. Everyone wants to say they're doing something great, but the next step is for people to research their story and what that actually means to act on it. It's one thing to say it, but it's another to be authentic and transparent about it.

You have a river conservation project. How did the Coalition for the Deschutes begin?

I ended up rescuing fish on the upper Deschutes the first year I moved here. There were thousands of fish that died, and through that, I felt compelled to do something more. I discovered that there was a big problem that nobody wanted to tackle, but meanwhile the river is in a rapid decline. Most people don't know that. It looks beautiful on the surface, but below, it's extremely unhealthy. There's a lot going on in the outdoor industry right now with creatives using their skills to do grassroots advocacy work. It's rewarding to use my creative skills toward something meaningful, has a lot of depth to it and also supports the place where I live and the soil I'm connected to. But grassroots advocacy is hard, hard work. ■



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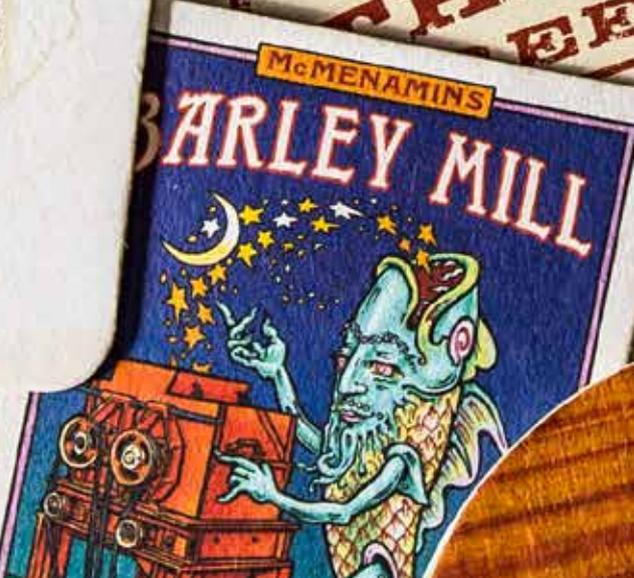
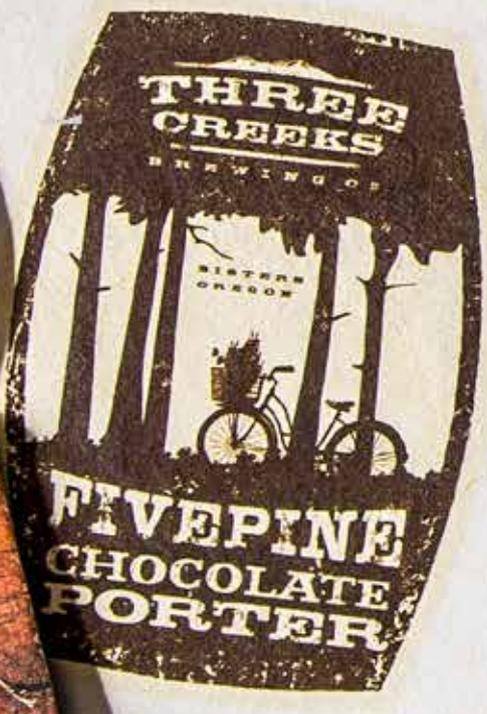
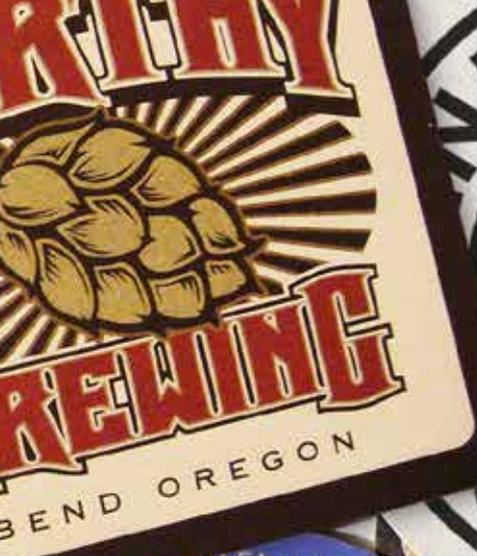
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Brew TOWN usa

EDITED BY **ERIC FLOWERS**
PHOTOS BY **JEFF KENNEDY**

YOU ALREADY KNOW the oft-cited line: Bend has the most breweries per capita in the country. But do you know what the top selling craft brews are in the region? Or how many women have top positions in the industry? What may have started as an interesting hobby and somewhere to bring out-of-town visitors has turned into a full-fledged industry. As the region's brewing scene reaches maturity and a whole economy of offshoot businesses keeps growing (vacuum-sealed growlers, insulated pints, guided Ale Trail tours, a luxury spa experience, just to name a few), we take a look at the big picture. Here, you'll meet the people who have influenced the brew in your glass along with the innovators who are breaking all the old rules. Wash it all down with more brewing stats that add to the region's list of beer-soaked bragging rights. Grab a pint and settle in. Welcome to Brew Town, U.S.A.

CONTRIBUTORS

JON ABERNATHY, ERIN FOOTE MORGAN,
DANIEL O'NEIL, MEGAN OLIVER



BEEER inc

BEER IS BIG BUSINESS—\$110 billion every year in the United States. While the nation’s more than 5,300 breweries are all duking it out for market share, there are really two competitors here: Craft and Big Box.

It’s a David and Goliath tale, and in recent years, David’s been getting the best of the behemoths.

The story is in the numbers. For instance, in 2016 the beer industry saw zero growth overall, with national total output stagnating at right around 200 million barrels, according to the Beer Institute, the national beer trade association.

But Americans threw back 6.2 percent more craft beer than the prior year. The year before that, the increase was 13 percent, and it was 18 percent growth in 2014. Craft sales are now 22 percent of the total market, according to the Brewers Association, which tracks trends in the microbrew industry.

The craft brew industry has been pouring on the incredible growth for eight consecutive years as the nation’s brew pubs, microbreweries and regional breweries chip away at the market share that mega-breweries such as Anheuser-Busch, Miller and

Pabst have held for more than one hundred years.

Losing ground has forced these and other industry giants to retool their strategies, including snapping up micros for themselves. Now, more than 30 microbreweries that were once trailblazers in the craft field are owned by titans: Ballast Point Brewing, Goose Island, Elysian and Lagunitas, just to name a few.

Here in Oregon, the trend began in 1997 when Widmer Brewing sold about 30 percent of itself to Anheuser-Busch InBev. Since then several other breweries have followed suit—either selling a portion or all of their interest to big beer—including

Bend-based 10 Barrel Brewing, Hop Valley Brewing and Portland Brewing Company.

These arrangements allow large breweries to throw their weight behind these micro labels using their near-guaranteed shelf space and deep marketing pockets to try to grab a foothold in the growing craft industry.

Still, even with this leg-up, the data shows that it’s the true micros that appear to be making the greatest strides in the industry, proving that, when it comes to beer, it pays to think, and to drink, independently. — EFM

CRAFT SALES ARE NOW 22 PERCENT OF THE TOTAL MARKET

WHAT WE’RE DRINKING IN DESCHUTES COUNTY

It’s not easy to get a handle on Central Oregon’s taps. The flow of craft beer is controlled by several distributors that each carry a portfolio of brands, and sales information is sometimes carefully guarded or otherwise unavailable. We knocked on each of the major distributors’ doors and came away with a snapshot of sales from Bend-based Bigfoot beverages, which specializes in craft brands, including Sunriver Brewing, Ninkasi, GoodLife and Three Creeks, about local drinking habits. (Note: Bigfoot does not carry several of the major brands, including Deschutes and Boneyard.) — EF

Craft beers:

1. GoodLife Sweet As Pacific Ale
2. Goodlife Descender IPA
3. Ninkasi Total Domination IPA
4. Sunriver Rippin NW Ale
5. Sunriver Vicious Mosquito IPA

Fastest growing beers:

1. Sunriver Vicious Mosquito IPA
2. Three Creeks Crowdpleaser IPA
3. Buoy IPA
4. Pelican Beakbreaker Double IPA
5. Ecliptic Starburst IPA

Sales Mix by style:

1. IPA: 49%
2. Pale Ale: 24%
3. Porter / Stout: 5%
4. Blonde / Cream Ale: 4%
5. Pilsner / Lager / Kolsch: 4%



Three

BOUNDARY-PUSHING, PALATE-TWISTING BEERS

Sahalie

The Ale Apothecary

Owner and brewer Paul Arney has a knack for turning beer styles on their ear, melding modern techniques with Old World tradition. Though many of his beers can be considered groundbreaking, it was the flagship, Sahalie, that started it all. Brewed with a mix of wild yeast and bacteria and aged for a year in oak barrels, it presents layers of flavor and character and an ever-evolving sensory experience for the drinker.

Ching Ching

Bend Brewing

This Berliner Weisse-style sour wheat ale was at the forefront of the new American sour beer movement, with former brewmaster Tonya Cornett helping to pioneer the kettle souring technique that gives this beer its crisp, lactic-tart snap. Cornett was inspired to create something pink champagne-like, yet fruity and tart, and the addition of pomegranate and hibiscus give it its distinctive rosy color.

Farmhouse Saison

Crux Fermentation Project

Prior to Crux Fermentation Project entering the scene in 2012, if you wanted saison style ale on the regular, you had to prowl the bottle shops for imports or one-offs. Saison is a drinkable Belgian-style pale ale that's fruity, spicy, dry and refreshing, yet for whatever reason it's largely underserved. Crux not only brewed an excellent version in Farmhouse, but made it available year-round, opening the door to other Belgian-style brews such as Doublecross. — JA



*Jared Smith,
Ale Apothecary*

Women in



*Veronica Vega,
Deschutes Brewery*

Brewing

INFLUENCING AN INDUSTRY

IT'S THE CASUAL CONVERSATIONS that remind Veronica Vega that, as brewmaster of Deschutes Brewery, she's still an unusual figure in the industry. "Typically if I say that I work for Deschutes, they assume that I'm a waitress at the pub," said Vega, 39, who took over her top role in 2015. "When I explain what I do their eyes open up really wide in disbelief."

Across town it's a similar story for Tonya Cornett, innovation brewer with 10 Barrel Brewing since 2012. "If I'm at a beer event or I'm around a bunch of brewers, there's always that moment when I get introduced to someone,

and then all of a sudden their perception of me changes," said Cornett, 48.

These two women make up a small cadre of elite female brewers in the industry who are bucking the dominant trend—less than five percent of top brewmasters are women, according to a national study by Stanford University. But a renaissance is blooming as women take over lead roles in the boardroom and in the brewery. This Stanford study estimates about 20 percent of top leaders in the industry are female now. We talked to Vega and Cornett about how the industry is changing and what it means for beer. — *EFM*

It's 2018 and female brewers are becoming so much more integrated into the industry. Is there even a "women in brewing" story anymore?

Vega: I have definitely wondered about that, but I keep coming back to these interviews because I get feedback from other female brewers that it inspires them. It makes me realize that it's important to keep telling my own story.

Cornett: There was a time a few years ago when I was hooking up a jockey box (a mobile tap system commonly used at events) at a festival and someone asked where the brewer was. They didn't believe my husband when he told them it was me. And I've heard of someone walking out of a pub when they learned the brewer was a woman. For a while, my joke was that you can't even taste in the beer that I'm a woman. But honestly I don't really get that much anymore.

What's changed?

Vega: I think the story is moving away from male/female because there's just an overall diversifying of brewers. More people from all backgrounds are going into brewing. And it's the consumers who are benefitting from that. If everyone in the room is a guy in brewing, and you're trying to create a brew for a wide variety of people—well, the diversity is key if you want a diverse consumer. I think that's being valued more.

Cornett: I think one of the things influencing brewing right now is the popularity of all the cooking shows. In the grocery store there are, like, fifty kinds of ketchup now. That's translating into all kinds of food, including beer. There are just a lot more diversity of flavors and approaches accepted in the industry now.

Are there approaches that still feel distinctly female?

Vega: I remember this point of realization that I am really being trusted with this senior decision-making authority of the brewery, and it hit me hard. I think it's possible that men would take that authority more for granted—like, of course, they belong there. For me, that realization was empowering and freeing, but I still feel so much pressure to get it right.

Cornett: I think there may be ways that women are more comfortable learning or managing before executing on a beer. Like for me, I want to make 100 percent sure I know what's up before I tell someone what I think about it. I've noticed that men can feel more confident with less information but that women seem to really like to know what they are talking about beyond a shadow of a doubt before moving forward.





Tonya Cornett,
10 Barrel

FOR THE *love* OF BEER

Across the country and right here in Central Oregon, nonprofits, social events, competitions and beer-drinking clubs are cropping up for women, by women.

At the national (and international!) level, the **Pink Boots Society** is the primary instigator of driving more women into the ranks of professional brewing and now boasts more than fifty chapters across the world.

In Oregon, the 2018 fourth annual **SheBrew** homebrew competition and pro-festival in early March featured more than 100 entries making up a vibrant female brewers-only event that's grown dramatically year over year.

In Bend, the **Central Oregon Homebrewers Organization**, or COHO, has long fostered a strong showing from gals who are just as psyched as guys to spend an entire Saturday brewing up a batch of all-grain.

And the **Central Oregon Beer Angels** has turned beer drinking into a legitimate social club, attracting more than 850 women in five years with a current membership of 350.

Keeping it Local TUMALO CIDER CO.

Tucked off the highway in Tumalo, Kelly Roark is busy fermenting ciders that intrigue Central Oregon palates while impressing festival judges. From inspired years collecting and hand-pressing windfall apples in Bend, to building his own eco-friendly cidery and releasing the first kegs in 2016, to adding stainless steel fermenters and a bottling line last summer, Roark and business partner Jeff Bennett are carving out a dry cider niche in Oregon.

Location proved crucial. Roark

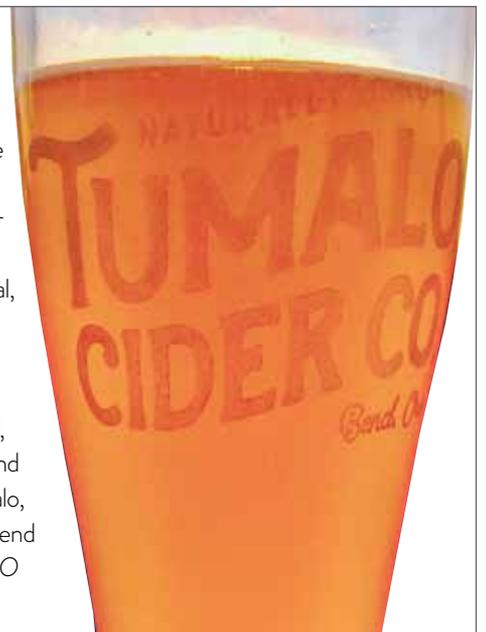
sources his custom pre-blended apple juice from orchards in Hood River and Yakima and buys heirloom varieties from Salem. Distribution now reaches Portland, but Central Oregon remains Tumalo Cider Company's priority.

"The people of Bend are the people who created us," said Roark. "In a way, they steered our flavor toward a drier cider. Bend's support has been priceless."

Tumalo Cider Company labels up to six different ciders at a time, including an unfiltered Farmhouse

series and a few seasonals, like Alpenglow, which won the People's Choice award at the 2016 Central Oregon Winter Beer Festival, beating out all the beers. Their latest seasonal, Winter Perry, took the same award in 2017.

For now, Roark crafts and bottles Tumalo Cider by hand, but a spacious tasting room and expanded production in Tumalo, plus cans for the outdoorsy Bend lifestyle, are in the plans. — DO



UPSETTING THE APPLE Cart

Q&A WITH ATLAS CIDER'S SAM MCCOY

SAM MCCOY AND HER HUSBAND, DAN, have grown Atlas Cider from an idea hatched by two teachers to a business expected to produce 7,000 barrels of cider in 2018, making Atlas Oregon's second largest cider producer. Five years in, Sam sat down with us to reflect on the part Atlas has played in the growth of a nascent industry that is upsetting the craft brewing apple cart. — MO

What shift have you noticed in cider drinking clientele?

People are much more educated about cider in the Northwest now. When we first started sharing our ciders, we had to explain what cider was and how it is different from wine and beer. Now we can focus on the things that set our brand apart from others and let people simply taste and form their own opinions.

Dollar sales of craft cider were up 39 percent from 2015 to 2016 at off-premise retailers (grocery/convenience stores). What has surprised you recently about growth in the cider industry?

I see a packaging as a big factor. We started with twenty-two-ounce bottles, but we have seen a shift toward customers choosing to buy ciders in cans. It makes perfect sense, especially for sessionable ciders, like ours, that beg to be sipped at any opportunity—not just for a special occasion or with friends. Customers also expect bars to serve it on draft, with many bars now offering multiple handles.

Cider appears to be the great equalizer, with research showing that market share is fairly equally distributed among men and women.

It all stems from the core of what it is: fruit. Not many would disagree that a fresh bowl of blackberries, apples, apricots, cherries is a wonderful thing. Our cider is at its best is when it is viewed in this way, with no preconceived notions of what it is or what it is supposed to taste like. When we first started, I looked at us as the black sheep of Bend beer culture. We still are really proud of that. It can be a more sophisticated choice for the beer drinker, but at the same time it is a more casual choice for the wine drinker.

Cider naysayers tend to poo poo cider for its sweetness, yet some of yours are quite dry.

Cider still has a bit of a problem with the less informed drinkers that have a black-and-white view of it as, "I do or don't like cider." Just as a light beer to a triple hopped IPA, there is just as much variety, if not more so, in cider. We started the company because we were not impressed with the offerings in the marketplace, and we were quite certain we could improve upon it with enough knowledge and the right fruit suppliers.

What are some nuances of using Oregon-grown apples?

An interesting challenge with fruit is that each batch we receive from our supplier varies, a factor reminiscent of vintage differences in the wine industry. We can make minor changes to our blends to compensate, but we want the fruit to do the talking and embrace the diversity of each batch we produce. This is a major differentiator from making beer or soda pop, where consistency is king.





CENTRAL OREGON'S TOP 10 BREWERIES AND CIDERIES

2016 SALES IN BARRELS

DESCHUTES BREWERY

85,261

10 BARREL BREWING

43,561

BONEYARD BEER

22,189

GOODLIFE BREWING

14,088

CRUX FERMENTATION PROJECT

8,477

ATLAS CIDER

7,127

CASCADE LAKES BREWING

6,427

THREE CREEKS BREWING

5,434

SUNRIVER BREWING

4,709

SILVER MOON

BREWING

4,128

Brewing EXPANSIONS

OVER THE PAST DECADE, breweries have popped up like rockchucks in spring. At last count, more than twenty breweries were calling Central Oregon home, from the granddaddy of them all, Deschutes Brewery, to upstart operations like Redmond's Kobold brewery and Bend's Monkless Belgian Ales. But the story of Central Oregon's meteoric growth isn't just about new businesses; it's about breweries doubling down with major makeovers and expansions, led, of course, by Deschutes, which pumped up its downtown public house in 2012 while expanding its commercial brewing operation at home and abroad (including Roanoke, Virginia). Here's a look at some of the notable expansions in the past few years. — EF

1988 DESCHUTES BREWERY

2012 Adds 7,500 square feet to its downtown Bend Public House. **2015** Builds second 58,000 square-foot warehouse in Bend. **2016** Opens East Coast commercial brewery in Roanoke, Virginia. **2017** Adds pilot brewhouse. **2018** Adds canning line.

1995 BEND BREWING

2016 Renovates Brooks Street taproom and purchases adjacent lot. **2017** Develops beer garden and patio.

2000 SILVER MOON

2015 Adds 30-barrel commercial brewing facility in Redmond. **2017** Guts and remodels entire front of the Greenwood brewpub.

2007 10 BARREL

2012 Expands commercial brewing operations. **2015-2017** Opens brewpubs in Boise, Portland, Denver and San Diego. Adds 138-seat Bend tasting room and banquet facility and expands brewing operations. **2018** Renovates flagship Galveston westside pub.

2012 THE ALE APOTHECARY

2017 Debuts Century Drive tasting room.

2012 SUNRIVER BREWING

2015 Completes first expansion. **2016** Opens Galveston pub. **2017** Doubles brewing capacity with new 15-barrel brewhouse.

2013 WORTHY BREWING

2016-2017 Adds 7,500-square feet of additional dining and meeting space, second floor "Star Bar" and observatory. **2017** Doubles brewing capacity with three 120-barrel fermentation tanks. **2018** Opens downtown "Tacos and Taps" restaurant.

2014 MONKLESS BELGIAN ALES

2017 Opens expanded tap room at northeast Bend brewery.

Figures are based on 2016 in-state sales figures as reported to the Oregon Liquor Control Commission.

Beer GENEALOGY PROJECT

THE SECRET HISTORY OF CENTRAL
OREGON'S ORIGINAL
CRAFT BREWS



*Tony Lawrence,
Boneyard Brewing*

BONEYARD RPM IPA

One of the most popular IPAs in Oregon, Boneyard RPM was first brewed by owner and brewmaster Tony Lawrence in 2010. Lawrence's aim was to create a hoppy, but not necessarily bitter, beer. The early recipe for RPM had the beer coming in at 7.5 percent alcohol by volume. In 2013, inspired by Firestone Walker Brewing's Union Jack IPA, he scaled the recipe back to about 6.7 percent alcohol. This didn't hurt the beer's popularity, as it still made up nearly 82 percent of Boneyard's sales for 2017. For old-school RPM lovers looking for a throwback to its early years, rumor has it the brewery's Hop A Wheelie IPA is based on the original recipe.

DESCHUTES BLACK BUTTE PORTER

When Deschutes Brewery opened its doors in June 1988, there were four beers on tap: Bachelor Bitter, Cascade Golden Ale, Wychick Weizen and Black Butte Porter. Today, Bachelor Bitter is still on tap at the pub, and Black Butte Porter is the company's flagship. Frank Appleton, who opened the Horseshoe Bay Brewery in British Columbia in 1980, wrote the initial recipe, but brewer John Harris felt it was too light and tweaked it with more chocolate and dark malts. Harris went on to brew with Full Sail Brewing and open Ecliptic Brewing. Today, Black Butte Porter accounts for approximately 15 percent of all the beer Deschutes brews.

CASCADE LAKES BLONDE BOMBSHELL

First brewed in 1999 by Tom Kemp, the recipe for this crisp and popular blonde ale has changed little over the years. Originally brewed as a summer seasonal, the light ale was so popular that the brewery included it in its year-round lineup by 2003. Two-row malt and wheat round out the grain bill, and Liberty hops provide balance against the malt. (These days, the popular Citra hop variety backs it up as well.) In 2017, Blonde Bombshell comprised 26 percent of all beer sold at Cascade Lakes. — JA B



LOCATION Opal Creek, OR
PADDLER Sam Conklin
PHOTOGRAPHY Trevor Lyden



WHITewater ADVENTURE

EDITED BY ALEX JORDAN

Hold on to your paddles. The water temps may be chilly, but that doesn't stop these die-hards from hitting lakes and rivers across the Pacific Northwest year-round. Consider this your inspiration for giving the trails a break and getting to know our beloved waterways. Whether by kayak or paddleboard, these athletes are hitting the water any way they can. From heart-stopping drops off waterfalls to technical maneuvers in a roaring rapid, "epic" is the only way we know to describe these adventures.



LOCATION Deschutes River, OR
PADDLER Paul Clark
PHOTOGRAPHY SUPPAUL





LOCATION Meadow Camp, OR
PADDLER Max Blackburn
PHOTOGRAPHY Trevor Lyden



LOCATION Canyon Creek, WA
PADDLER Christina McKeown
PHOTOGRAPHY Josh McKeown



LOCATION Trinity River, CA
PADDLER Paul Clark
PHOTOGRAPHY SUPPAUL



THE NEW ABNORMAL

SNOW-STARVED SEASON
OFFERS A GLIMPSE INTO
THE FUTURE OF WINTER

WRITTEN BY **ERIC FLOWERS**

WHEN IT COMES TO SNOW, Central Oregonians are something like Eskimos. We have an entire vocabulary dedicated to the frozen white crystals (the “pow was totally blower, bro”) and whole industries dedicated to leveraging it for recreation. While the novelty of shoveling snow by the foot off your roof wears thin quickly, even those who never click into a ski or snowboard find something to appreciate about the abundance of snow that falls around Central Oregon. It’s the reason that our most recent drought is a cause for concern, not only among skiers, but also scientists, retailers, resort owners and anyone else that benefits from Central Oregon’s position as a winter tourism destination. As of early February, snowpack in the Deschutes basin was less than half of the annual average, with little hope of recouping the shortfall before the onset of spring. The winter that wasn’t comes on the heels of an epic Central Oregon winter last year when snow loads collapsed roofs and shoveling seemed a daily occurrence. Yet, the barren winter of 2017-2018 is only three years removed from one of the warmest and snow free winters on record in Oregon, 2014-2015. That winter, or lack thereof, is linked by scientists to an intense wildfire season that followed, severe stream flow reductions and drought conditions that affected everyone from fishermen to farmers across the state.

Though no one is predicting an end to winter altogether, projected changes in global climate are expected to result in significant temperature increases in Oregon. Under the most extreme cases, winter temperatures could increase by an average high of 4.5 degrees Fahrenheit by 2050, while summer temperatures could increase as much as 6.3 degrees. By 2080, winter high temperatures are expected to soar by as much as 7.4 degrees on average, with summer highs jumping by a sweltering ten-degree average. Northwest climate scientists believe that the “worst-case” scenario model can be avoided, but even the most conservative estimates predict a sea change in Oregon’s climate over the next century, according to researchers at the Oregon Climate Change Research Institute (OCCRI). Under the “low emissions model,” which assumes that the world will find a way to cap and ultimately reduce its greenhouse gas pollution, Oregon’s average winter high temps would increase by more than three degrees by 2050. By 2080, that jumps to four degrees warmer than today’s average winter highs. Compare that to the

last one hundred years, when Oregon’s average temperatures increased an average of roughly two degrees.

“When I started working on the subject twenty years ago, climate change was about what would happen in the future, and now we’re surrounded by evidence of climate change,” said Phillip Mote, OCCRI director and a climate research at Oregon State University.

Mote’s team at OCCRI is charged with quantifying and localizing climate change research specific to Oregon. A multitude of state and federal agencies, including the Bureau of Reclamation and the Portland Water Bureau to name just a few, rely on its research to inform their operations. The publicly funded institute releases a semi-annual report to the Oregon legislature, which spells out some of the observed impacts of

climate change in Oregon. The most recent report was released in 2017 and contains some dire predictions. For snow lovers and farmers and others who rely on water, the report is particularly concerning. According to Mote’s research team, Oregon’s snow levels are expected to rise, and most of the state’s high country is expected to move from a rain-snow mixture in winter to a predominantly rain dominated weather pattern in winter. By 2080, all of Oregon, save parts of the Blue Mountains, are projected to become rain dominant. That’s right, most of Oregon won’t see snow—at all—in another sixty years.

In the meantime, the frequency of warm winters is expected to increase as part

of a pattern of increased variability and propensity for more extreme weather, the report found. While there is no guarantee that we will see another warm winter next year—or even the following year—the current drought offers a window onto some of the economic impacts and the reality of living with a winter that barely musters a whimper.

At Elk Lake Resort, owner Wendy Prieve said her business, which caters to snowmobilers and cross-country skiers, is down almost 35 percent from last year. The resort is booked full to its projected close on April 1, but Prieve is concerned that some of those guests will cancel their reservations if the warm weather trend continues. As of early February, there was only a five-to-six-inch base around the resort. The resort has largely idled its sno-cat transport that picks up guests at a locked gate near Mt. Bachelor, because there isn’t enough snow to make the journey. Snowmobile trails that access the resort are worn almost to dirt.

BY 2080, ALL OF OREGON, SAVE PARTS OF THE BLUE MOUNTAINS, IS PROJECTED TO BECOME RAIN-DOMINANT.

WHAT SCIENTISTS SAY

97%

of climate scientists believe global warming is human-caused

WHAT OREGONIANS THINK

67%

believe climate change is happening

51%

believe climate change is human caused

67%

think that global warming will harm future generations

Source: Oregon Climate Change Research Institute

“Snowpack is so poor and non-existent that the local snowmobile clubs have stopped grooming,” Prieve said.

Prieve and her husband Dave, who purchased the resort in 2013, are weathering their second drought in four seasons. While closing for the winter is an option, it’s not their preference. The winter season allows them to keep key staff on payroll and provide a needed service to guests. Prieve isn’t holding out a ton of hope that Mother Nature will rescue them this year. She is already talking to the Forest Service about opening the locked gates on Century Drive early, which would allow guests to drive directly to the resort, something that hasn’t happened ever before. If the warm weather continues they might just start renting paddleboards, said a half-joking Prieve.

Nearby at Mt. Bachelor, the conversation rarely turns from weather—good, bad or otherwise. As Oregon’s highest ski resort and one that attracts frequents storms, Bachelor is somewhat insulated from the impacts of climate change and drought. This year, the resort opened prior to Thanksgiving and has only suspended operations due to winds and ice removal. Compare that situation to lower elevation resorts such as Willamette Pass, which had yet to transport a single skier on its lifts as of mid-February. In Southern Oregon, Mt. Ashland also didn’t open this year. It was the same situation at Warner Canyon, a one-lift ski community owned resort that services Lakeview and surrounding areas.

Though Mt. Bachelor is clearly in better shape than most, the year hasn’t been without its challenges, said Mt. Bachelor President and General Manager John McLeod. “We are down from last year and where we would have hoped to be this year, but we are not down as far as we could be,” McLeod said in January.

While weather will always be the biggest variable in its operations, Mt. Bachelor has already taken steps to hedge against warming winters. In 2016, Mt. Bachelor’s parent company, Salt Lake City-based Powdr Corp., acquired Sun Country guiding and rafting service in Bend. The resort has also added summer chairlift rides and high elevation dining at its mid-mountain lodge restaurant. It has also constructed a disc golf course and invested heavily in a downhill mountain bike course.

“We are in the business of adapting to what Mother Nature serves up, and that’s always been true. If there’s an increase in variability, we have to increase the rate at which we adapt our operations.” McLeod said.

For Central Oregon powderhounds, that may mean waiting longer for snow to arrive, traveling farther to get to it and coming up with more four-letter words for rain. ❄️



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BAKERIES

Good Morning, *Sweets*

Savoring six local breakfast desserts from
Bend's growing bakery scene.

WRITTEN BY MEGAN OLIVER PHOTOS BY ALEX JORDAN

There may be no sweeter wake-up ritual than that of indulging in a morning pastry. Still floating somewhere between the dream world and the to-do list, one's senses awaken when entering a bakery. The rich aroma of sweet breads mingling with coffee comforts the soul. Catching sight of a case full of palm-sized treats brightens the eyes and kindles salivation.

Bend's bakery scene is growing along with the number of alarm clocks that keep its burgeoning population humming. Classics such as Sparrow, Nancy P's and the Village Baker are still impeccable. Newcomers such as Too Sweet Cakes, Foxtail, La Magie and Thump Baking sweeten the pot. So, take a day off from your 6 a.m. run—or come afterward if you must—and revel in the delight of a pillowy morning treat. We think you've earned it.





Fruity Fanfare

MARIONBERRY TURNOVER:

LA MAGIE

In Oregon, a blackberry is not just a blackberry. Our state grows up to 33 million pounds per year of marionberries, a type of the beloved dark fruit that was bred at Oregon State University. La Magie, which has locations in downtown Bend and Sisters, celebrates the marionberry by tucking it neatly into a triangle of laminated dough. An egg wash creates a crunchy casing—just the right vehicle for transporting the sweet and slightly tart compote of local antioxidants into your grateful pie hole. Owner Di Long said that all of La Magie’s marionberry-infused goodies are popular with Oregonians. Visitors often don’t recognize the berry, she said, but end up leaving with a box to take home as edible souvenirs.

LEMON TART: FOXTAIL BAKESHOP

Lemon bars are well and good. A flawless lemon tart, though? That is the stuff of poetry. Sure, it may be known as a dessert more than a breakfast food, but we say, live on the wild side. At Foxtail Bakeshop, owner and pastry chef Nickol Hayden-Cady makes the curd for her lemon tart with fresh lemon juice and zest, egg yolks, vanilla beans and butter. A smooth texture lets the crisp, natural flavors speak. The *pâte sucrée* tart crust is “rolled quite thinly so you’re not having to struggle with the fork,” said Hayden-Cady, and the result is decidedly struggle free. A cloud of savory whipped vanilla bean mascarpone cream with thyme infusion sits atop the masterpiece.

The Box Factory in Bend got a lot sweeter this month when Foxtail moved to the business hub from its Columbia Street matchbox. The airy new location allowed Hayden-Cady to add a café and dessert bar. With space comes a broader selection of breakfast baked goods, locally roasted coffee, craft cocktails, tapas and desserts—all of which are appropriate to order in the morning hours.



86 Gluten

GLUTEN-FREE LEMON BLUEBERRY POPPY SEED MUFFIN: TOO SWEET CAKES

Bend native Shelbi Blok, 23, is the youngest bakery owner in Central Oregon, but her achievements belie her age. Already, her Too Sweet Cakes baked goods are carried in eleven shops around town (from Backporch Coffee Roasters to Spoken Moto), and she opened her first storefront, complete with dessert bar, in March. Blok started baking at age 7, then followed her dream of attending Portland's Le Cordon Bleu College of Culinary Arts after high school. We'd sure like to get her secret recipe for passion, raw talent and success.

Wedding cakes are Blok's specialty, but her gluten-free lemon blueberry poppy seed muffin is a dream whether you have celiac disease or just love a good treat. The muffin has a straightforward flavor profile with the nuttiness of the poppy seed and an ever-so-slightly-zippy lemon current running through each bite. Applesauce and tofu lend a moist lightness to the cohesive treat.

At Too Sweet Cakes' first storefront on Cleveland Avenue in SE Bend, find dessert flights with wine from noon until close. "Flights and all the things I do are reminiscent of my growing up and of being in culinary school," said Blok. "I like flavors that remind me of my journey, of being a kiddo." We think nostalgia pairs nicely with sugar, too.



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The Classic

OCEAN ROLL: SPARROW BAKERY

Whitney Keatman, who co-owns Sparrow Bakery with her wife and fellow pastry chef Jessica Keatman, knew that every successful French bakery needed a distinctive cornerstone pastry. Turning to her Finnish roots, Keatman landed on cardamom, a Scandinavian spice, to lend a special quality to the bakery's croissant recipe. At that moment in 2006, the foodie movement was still germinating, and cardamom was not yet a word or a flavor on American's tongues. But the real, laborious secret to the Ocean Roll is the hand folding of the dough. If you're a pastry neophyte, all you need to know is that this method is virtually unheard of in commercial baking. The result is a bit more dense than flaky, and memorably delicious.

Keatman politely evaded a question about what's next for Sparrow Bakery, only alluding to "stuff in the works" which she hopes to reveal within the next year. "My partner and I are young. We plan to do this for twenty-five, thirty more years, so we've always got stuff in the works," said Keatman. "To stay relevant in business, you've got to keep it vibrant." Acknowledging the growing competition for sweet tooth business in town, she added, "Our response to that is to really focus in on ourselves, on the basics, and to make sure that the product we are putting out is the best it can possibly be, if not the best it has ever been."





Flaky Delights

BIG EDDY: THE VILLAGE BAKER

It started out as a Christmas dessert that served ten. Fortunately, the Village Baker owners long ago realized that we are all kids at heart who want the twinkle of Christmas morning available on a daily basis. The “personal”-sized version is best shared with a sweetie though, as its diameter is about the size of a hand. The beloved Eddy came to be when co-owners, bakers and spouses Lauren and Bill Kurzman—who opened the bakery in 1996—wanted to create a pastry take on a flourless chocolate cake. It sounds counterintuitive, but isn’t that how ingenuity sparks? Cream cheese and dark chocolate swirl together in harmony while the pastry dough forms a pie-like cradle for the rich decadence. “Always use cold ingredients,” mused Kurzman when prodded to reveal her pastry secrets. “And take our pie dough class.”

ALMOND CROISSANT: NANCY P’S CAFÉ & BAKERY

Known for its buttery, scratch-made scones and an entire case of gluten-free options, Nancy P’s Café & Bakery has been a neighborhood mainstay on the west side for seventeen years. High ceilings and walls of windows provide the ideal lighting for sitting down with the Sunday paper. Among Nancy P’s many savory and sweet goodies sits the unassuming almond croissant, and it’s worth branching out of your scone-ordering habit to savor its flavor. Chef Tommy Clabough starts with a buttery, flaky dough and fills it with small-batch almond paste. Baked to perfection, the pastry is lightly glazed and sprinkled with delicate almond slices and powdered sugar. Plus, almonds are said to boost brain power and memory. 🍪



Metolius River

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Erica Reilly and Jeff Hunt

LOCAL
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FUSION

Party of Three

From food cart to foodie fixture, Spork and its visionary trio fused a melting pot of flavors with urban style.

WRITTEN BY ALICE FINER

Stories about Spork, a Bend favorite offering creative, globally inspired fare at an affordable price point, generally focus on the kitchen. And there have been some impressive stories, including several “best of” nods and even a profile in *The New York Times*. The attention is well deserved. When you eat Chef Jeff Hunt’s innovative interpretation of street food and traditional dishes from around the world, you can taste his years of travel in countries such as Spain, Japan, Vietnam, Thailand, Mexico, Ecuador and Colombia, as well as his genuine passion for what he does.

But while the heart of a good restaurant may lie in its menu, a great one also needs a soul and a vision. Spork has it all. The mutual respect and complementary talents of owners Hunt and Erica Reilly, general manager and beverage guru, along with help from consultant and idea-man Chris Lohrey, elevate this casual, counter-service spot into something much more.

Our story begins in 2001 at the old Astro Lounge on Minnesota Avenue, back in the (recent) olden days when Bend was still the Wild West to most people east of the Mississippi. He was a snowboarder from Illinois. She was a bartender from Orlando.

Erica was Astro’s bar manager, and Jeff was in the kitchen. (“She took advantage from her position of power,” Jeff joked.) Their relationship ended after five years, but their partnership didn’t.

Jeff went on to cook in several other kitchens including Marz, at the time considered the best restaurant in Bend. Erica and Chris (who eventually were dating, but are no longer) partnered to buy in to legendary hotspot The Grove on Bond Street in 2003. When it was time for Erica to embark on her next venture in 2009, Jeff was the clear pick for chef.

Years before food carts were parked around every corner in Bend, Spork was a pioneering and popular food truck housed in an old Airstream. In 2013, they put down roots in their current location on Newport Avenue. Already expanded once in 2015, it’s a thoughtfully designed space with high ceilings, metal and wood industrial notes and a pervasive air of cool that isn’t at all cold.

The partners were a winning combination from the start. Erica was the hospitality maven and glue holding the whole thing together, who Jeff also characterizes as “the boss lady—like in Vietnam—the one in the corner with a box of cash who everybody’s afraid of.” Jeff,

PHOTO LEFT JOSHUA LANGLAIS, RIGHT ALEX JORDAN

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DISH

Spork's Korean BBQ Short Rib

WRITTEN BY ALICE FINER

Kalbi, beef short ribs often served raw and grilled at the table, is a staple at Korean barbecue restaurants around the world. But you won't find Kalbi in Bend. And that's sad.

We do, however, have a close approximation at Spork in the beautifully marinated short rib served with a perfectly fried organic egg, kimchi, jasmine rice and bean sprouts sprinkled with scallions and garnished with crispy flash fried nori. It's one of the best of Spork's many delicious offerings and highly recommended, particularly to anyone in desperate need of a Korean fix.

As Chef Jeff Hunt will tell you, his food is "not trying to be authentic. It's about flavor profiles." But for a lover of Korean food—one of the more elusive cuisines in our area—Spork's Korean BBQ Short Rib certainly hits the mark.

of course, was the talent behind the food and oft-world traveler on a constant quest for new flavors and culinary ideas. And Chris, who Erica describes as "the visionary, tastemaker and ethos designer," consulted on concept and design.

They set out to ensure that Spork wasn't going to be your average restaurant, nor your average workplace. All three were longtime veterans of the industry and wanted to do things differently. Spork opened with a mission to create a deeply satisfying dining experience, as well as a commitment to quality, locally sourced, green-conscious ingredients. But just as important was making a decent living while maintaining work-life balance for themselves and a positive work environment, fair pay and ample time off for their staff.

Even if you don't know exactly why the experience at Spork is deeply satisfying—and it is—the food itself is only a part of it. A visit to Spork is always flavored by the atmosphere, the culture the owners have created, and the deep appreciation Erica, Chris and Jeff have for each other after so many years and so much change.

"We're a special team, and it's just as rewarding as making a bunch of money," said Erica. "At the end of the day, we are artists more than capitalists. We have a passion for what we create on each and every level." ■

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PHOTOS JOSHUA LANGLAIS



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MARKET

Eat Real Food

Schoolhouse Produce is Redmond's natural food champion.

WRITTEN BY MEGAN OLIVER

"I SAW ON YOUR FACEBOOK PAGE—you guys are having a baby!" said a customer as Schoolhouse Produce co-owner Jeromy Cockrell rang up her groceries.

"Yep, baby number one's due anytime," Cockrell replied with a grin as he went back to hand labeling that day's beef delivery.

Cockrell pointed to the sign clipped to a Mason jar next to the register that read "New Baby Fund." "We put that up because Sarah and I kept losing track of who we told," he said of his wife and co-owner.

More shoppers came in and out of Schoolhouse Produce over the next thirty minutes. Cockrell's banter with each person was affable and often involved first names. Most people bought just an armful of items. The steaming pot of soup, scratch-made daily and also sold frozen, was a hot seller.

Schoolhouse Produce is located on a busy corner in Redmond just a few blocks from Fred Meyer, Jeromy and Sarah's former employer. The market isn't large. Let's say a game of catch spontaneously erupted using one of the oranges stationed by the front door. You wouldn't need much of an arm to lob a pitch into your co-conspirator's mitt in the opposite corner of the store by a cooler emblazoned with author Michael Pollan's admonition "Eat food. Not too much. Mostly greens."

"I think we fall more on the health-store side rather than purely the grocery side, so people seek us out when they have health issues or to supplement what they're getting at the bigger stores in town," said Cockrell. "We are a year-round produce stand. Most people assume that means it's all local and organic, but that's just not possible, as much as we'd like it to be."

The grocer's two main produce suppliers are in Portland, but Schoolhouse stocks beef from MC Cattle out of Terrebonne, Tumalo lamb and goat milk soap, honey from Deschutes County bees,



Jeromy Cockrell

Redmond salsa and jelly, Bend toffee, Prineville cheese, twenty-odd other locally sourced products, a number of regionally sourced items and a handful of other essentials such as, you guessed it, La Croix.

"We probably have a couple of things in here that are *no bueno* from a strictly healthful perspective, but we try not to carry any products with MSG, preservatives, artificial colors or sweeteners," he said. "The less ingredients the better."

Cockrell explained that he and Sarah see people turn their energy levels around by looking to real food and supplements that are 100 percent food based.

Jayne Simmons, from whom the Cockrells bought the business in 2014, was a former school teacher. "She said she wasn't a very good one, but she found that when she started selling produce, she felt that she could teach people how to use, learn and interact with food," said Cockrell. "We've carried on that spirit. Just eat real food. It's pretty simple." ■

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CONTEMPORARY ART

Feminine Mystique

Former fashion photographer Paula Bullwinkel now focuses her creative lens on paintings and prints that evoke magic, motion, surrealism and feminine figures—sometimes in disturbing ways.

WRITTEN BY LEE LEWIS HUSK

Paula Bullwinkel worked in the highest echelons of fashion photography. She shot for *Vogue*, *British Elle*, *GQ* and more and counted Andy Warhol among her clients. She lived in New York City and London photographing the famous such as Kevin Bacon, Morgan Freeman and Kate Moss. So how did she end up in Bend?

“I was in New York City on 9/11, had two small children. The competition was cutthroat. I was exhausted,” she explained. “My mother lived in Bend, and we wanted to be closer to her. I had stepped out of fashion photography and started painting about five years before leaving the city.” She moved with her husband and two girls to Bend in 2007. “The area transformed me with its exquisite physical beauty and a gentler pace of life,” she said.

“Paula moved from image making with a camera into painting, where she continues to create magical realism with surreal elements,” said mentor Bill Hoppe, professor of art and director of the 2D program at Central Oregon Community College. “Her study of the human figure through the lens of a camera is now translating itself into ideas on canvas.”



Paula Bullwinkel

BEHIND THE CANVAS

“Esmé in the Lobby” started with a photo shot in the lobby of the Savoy Hotel in London when artist Paula Bullwinkel was there with her daughter on a trip in 2017. Bullwinkel often uses her two daughters’ images in her work. With oil on canvas, Bullwinkel transformed the famous hotel’s lobby into a fanciful landscape with an old man and his dog and a melancholic girl holding a mask. The relationship between the old man and the girl is up to interpretation.

“There is a strong juxtaposition between the girl’s torn knees and rough clothes and the extremely fancy room,” explained Bullwinkel. The inspiration for the man came from a retirement community visit where she met “Roy” and his dog “Misty.” She said the man is a kind of angel; the dog, too. “He said to me twice, ‘She’s called Misty for mysterious,’ with a twinkle in his eye,” Bullwinkel recalled. Her love of patterns is evident in the man’s striped pants and the checkered floor, both contrasting with the colorful background of the walls.

Women and girls, including her own daughters, figure heavily in her current body of work. “My painting expresses the complications of relationships, violence, sometimes the celebration and joy of life,” she said, adding that her pieces can appear both dreamlike and nightmarish. “My paintings often have something disturbing and unsettling, like life itself,” she said. “There’s no smooth sailing.” She takes inspiration from Marc Chagall, Henri Matisse and Vincent van Gogh.

She paints in oil on canvases that average thirty-by-forty inches, but recently she’s been working on five-foot canvases. The subjects invariably include the female figure (she rarely paints men) and often feature theatrical elements such as costumes and hybrid animal-human forms, although she said the latter have become so trendy that she’s moving away from hybrids.

Teaching others and passing along her techniques and passion are integral in Bullwinkel’s life. She’s a part-time instructor of photography and painting at COCC, a printmaker at Atelier 6 and teacher at Bend Art Center. She recently won two prestigious residencies, the monthlong Djerassi Resident Artists Program in Santa Cruz, California, and two weeks at the PLAYA Residency at Summer Lake, Oregon. “She’s reaching out and making connections with artists outside our community and bringing them back to our community,” Hoppe said. “She sets a high mark.”

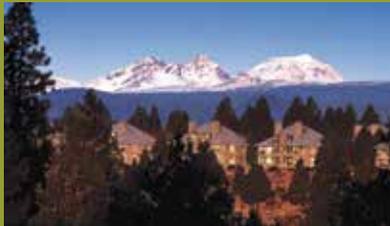
She recently lost her biggest fan and mentor, her mother, Ann Bullwinkel, who died suddenly in December. She was a local landscape artist and ceramicist. “Mom pointed out colors to me as a child, took me to art galleries and museums and instilled in me the spirit that I could do anything,” she said.

The Portland Art Museum has several original Bullwinkel paintings in its rental gallery. To see more of Bullwinkel’s work, visit Franklin Crossing in downtown Bend in April where she’ll be the featured artist. ■



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Anna McKee, Recession I



ART EXHIBIT

“Glaciers: Persistent Ice in Motion” Documents Glacial Change

SEATTLE ARTIST ANNA MCKEE began sketching glaciers ten years ago. It was an exploration of glacier environments in the Pacific Northwest that she called “Deep Ice, Deep Time.” The culminating work will be on display at the Bend Art Center in an exhibit titled “Glacier: Persistent Ice In Motion” from March 2 through April 1.

Inspiration for McKee’s sketches came from several sources, the first of which was her life in the Puget Sound Basin, which is itself a glacially sculpted environment. Further influence came from field sketches, photographs, and scientific imaging of glaciers and ice cores. McKee also reached out to the scientific community, establishing ongoing dialogues with several prominent glaciology scientists to inform her work.

What she noticed through the process of the project was a distinct

decline in the extent of the alpine glaciers. Using both realistic renderings and distorted abstractions, her work captures a static point in time as well as the dynamic nature of these changing masses of ice. Her portraits are sequenced drawings that project into a future imagined landscape, with shrinking ice and newly formed moraines. Other drawings focus on ice falls and crevasses within a glacier. Her portraits celebrate the beauty of these unique environments and provide an outlet to contemplate change and the grief associated with loss.

McKee holds a master’s in landscape architecture from the University of Washington. Her prints, drawings and sculpture express evidence of time and meaning in the land, often at the intersections of human activity. — *Kim Cooper Findling*

March 2 through April 1
Opening Reception | March 2 from 5 to 9 p.m.
Art Talk | March 3 at 5 p.m.
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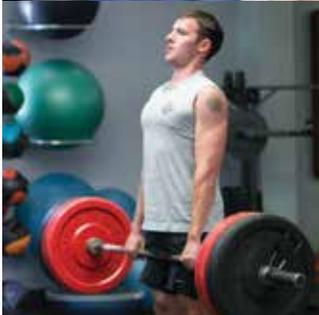
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Back Deck ■ happenings



ENTERTAINMENT

Seventh Annual TEDxBend Returns to Previous Format, New Themes

WHILE SPRING IS POPPING UP on the high desert and people are heading outside with hiking gear and kayaks, more than one thousand people will spend an afternoon inside in a packed auditorium to be inspired and entertained by this year's TEDxBend roster.

Moe Carrick, lead organizer of TEDxBend and author and founder of the business consulting firm Moementum, said the popular series, now in its seventh year, has returned to the original format of an afternoon of speakers and entertainers rather than repeating last year's all-day format. "We're working hard to keep this a sustainable event for the community and ticket prices low," she said. "We strive to find speakers in categories who will resonate with our audience." Organizers are also offering preassigned seating for the first time.

This year's lineup of thirteen speakers will cover wide-ranging topics, from ecotourism, life on the Asperger's spectrum, how AI (artificial intelligence) makes us more human, suicide as a community issue and the importance of reading "girl" books to boys. The audience will also hear from the fiancé of former Gov. John Kitzhaber, Cylvia Hayes.

One speaker is Praveen Moman, a former political and policy adviser for the European Union and British government and founder of Volcanoes

Safaris, a company that offers ecotourism in Uganda and Rwanda with a focus on threatened gorilla and chimpanzee populations.

Local therapist Hillary Hurst will share her perspective from the frontlines of the evening shift at a local psychiatric ward on why suicide reveals a deep and tragic dysfunction in our community and what we can do to address it.

And in the era of #MeToo, Katherine Center, a best-selling author from Houston, Texas, will talk about why reading stories about girls matters, especially with boys. Her books offer bittersweet and often comic insights on how people fall down and pick themselves up again.

TEDxBend is a local spinoff of TED, the popular movement of leading thinkers and doers around the globe. All talks last eighteen minutes or less and are interspersed with entertainment. Bend Camerata, a vocal chamber ensemble, and Eugene-based musicians Temple Under the Stars will perform.

"The aim is to lift people's hearts and minds to inspire hope and connection," said Carrick. The event takes place March 31 at Bend Senior High School auditorium. Tickets are also available for an after-event gathering to socialize and connect with speakers and attendees. — *Lee Lewis Husk*

March 31
12:30 p.m. – 6:30 p.m.
Bend Senior High School
TEDXBEND.COM



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APRIL 5-8, 2018

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MigratoryBirdFestival.com

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Back Deck ■ *datebook*

MARCH

1-4

REDMOND

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Where outdoor enthusiasts can find the latest sporting and outdoor equipment. The event also has a boat and RV show.

THESPORTSHOWS.COM

1-4

BEND

MUSE CONFERENCE

A four-day event designed to inspire and empower women and girls that brings in activists, entrepreneurs, artists and athletes. The sixth annual conference will also kick off Muse Women's March.

THEWORLDMUSE.ORG

2-4

BEND

BACHELOR BUTTE DOG DERBY

An annual sled-dog race and event. There are different courses for all skill levels to compete. The races take place throughout the weekend.

PSDSA.ORG



9-25

BEND

AUGUST: OSAGE COUNTY

This dramatic play takes place over several weeks in an Oklahoma home and explores the dark side of the American family and dream. The play won the Pulitzer Prize for Drama in 2008.

CASCADESTHEATRICAL.ORG

10

BEND

CASCADE CREST

At the Cascade Crest Nordic Ski Marathon and Relay, there's a race for cross-country skiers at every level. Join the 50k, 25k or 10k skate-skiing races or create a team and compete in the 4 by 12.5k skate-skiing relay.

MTBACHELOR.COM

10

LA PINE

CRAB FEED

A fundraiser for the La Pine Frontier Days Association. The popular event now is an all-you-can-eat crab feed and only sells 800 tickets. Tickets must be purchased by March 5.

LAPINEFRONTIERDAYS.ORG

16

BEND

AUTHOR! AUTHOR! ELIZABETH STROUT

Strout will be in Bend to talk about her work, which includes the Pulitzer Prize-winning novel *Olive Kitteridge*. Her other popular novels include *My Name is Lucy Barton* and most recently *The Burgess Boys*.

DPLFOUNDATION.ORG

31

BEND

HELLA BIG AIR

Skiers and riders from across the Northwest will be at Mt. Bachelor to brave the ninety-five foot jump and compete for the \$30,000 prize. The event will have live music and giveaways for spectators.

MTBACHELOR.COM

21

BEND

TEN TENORS

The popular Australian singing group is back in Bend for a one-night-only performance. Featuring "Wish You Were Here," and songs from departed legends including David Bowie, Amy Winehouse, Prince and more.

TOWERTHEATRE.ORG

23-25

REDMOND, MADRAS

THE SECRET GARDEN

Central Oregon's local opera opens with "The Secret Garden," which transforms the classic children's book into a modern opera. Performed over two nights in Redmond, then one night in Madras.

OPERABEND.ORG

30-31

REDMOND

HIGH DESERT STAMPEDE

Watch top rodeo competitors from around the country compete for cash prizes in events such as bareback riding, steer wrestling, barrel racing, bull riding and more.

HIGHDESERTSTAMPEDE.COM



Back Deck ■ *datebook*

APRIL

7

BEND

VERTFEST

A multi-stop event at Mt. Bachelor that covers all things backcountry. There will be demos, clinics, races and more to spread awareness about backcountry sports and safety.

MTBACHELOR.COM

6-8

BEND

BEND BIKE SWAP

This community event is an opportunity for cyclists to sell or buy gear and prep for the summer cycling season. It's also a fundraiser for local nonprofits that promote cycling in Central Oregon.

THEBENDBIKESWAP.COM

13

BEND

DISASTER! THE MUSICAL

An homage to classic disaster films of the 1970s, the comedic musical follows a group of people at a casino discotheque that undergoes a series of natural disasters.

2NDSTREETTHEATER.COM

13-15

BEND

GERRY LOPEZ BIG WAVE CHALLENGE

An annual style-based and surf-inspired snowboarding competition, featuring sweeping turns and banks that mimic ocean waves.

MTBACHELOR.COM

21

BEND

EARTH DAY FAIR & PARADE

Celebrate the environment and watch or join the Earth Day Parade. The parade ends at the Environmental Center in downtown Bend, where there will be live music, arts and crafts, local vendors, and games and activities for the whole family.

ENVIROCENTER.ORG

21-22

BEND

CLASSICAL TREASURES CONCERT

The Central Oregon Mastersingers present their annual spring performance. A choral group of almost fifty voices, the performance will feature songs from the Classical era.

CENTRALOREGONMASTERSINGERS.ORG

27-29

BEND, SISTERS, REDMOND

CENTRAL OREGON SHOOTOUT

The annual golf tournament is held at some of the region's best golf courses. Build a team of at least two players and join the fun competition.

The cash prizes doled out last year totaled more than \$20,000.

ASPENLAKES.COM

22

BEND

BEND MARATHON AND HALF

There will be new courses to race at this year's marathon, which will begin and end at Drake Park. Join the full, half-marathon, 10k or family 5k races, then stick around for the party at the finish line that will have local and national vendors.

BEND-MARATHON.COM

27-5/13

BEND

AND THEN THERE WERE NONE

The classic Agatha Christie mystery "And Then There Were None" comes to the stage in April. In this story, considered Christie's masterpiece, ten strangers arrive on an island, each with their own secret, and are mysteriously killed one by one.

CASCADESTHEATRICAL.ORG



20

20-22

REDMOND

HIGH DESERT HORSE EXPO

Equine enthusiasts flock to Redmond for the annual High Desert Horse Expo, where there will be demonstrations, workshops, experts to talk to and shopping for humans and horses.

HIGHDESERTHORSEEXPO.COM





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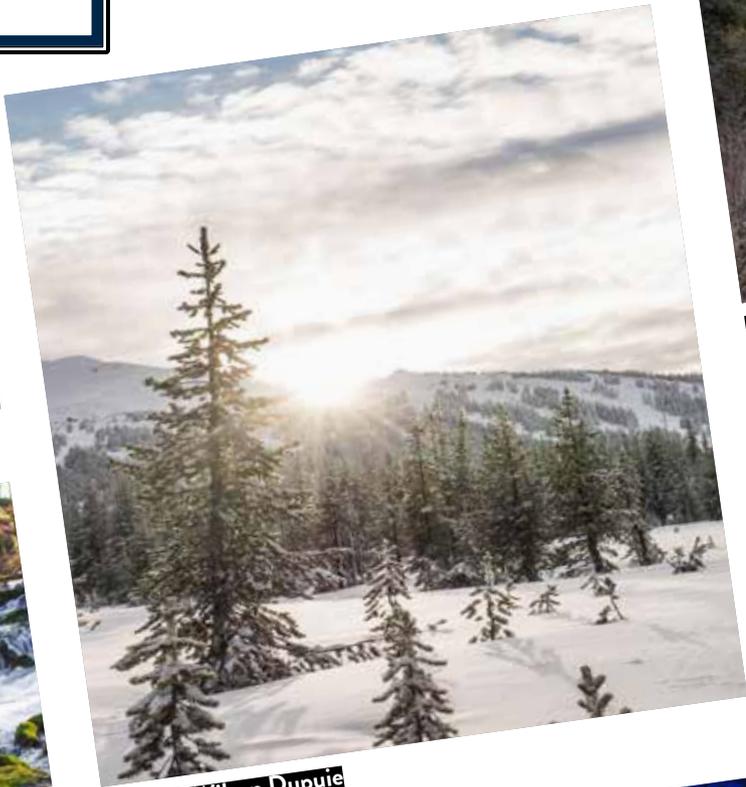
1. Carol Mergenthaler (SkiMum) at the Crow's Feet SkiMo Rally. 2. Ingmar Prokop, Jay DiCharry and Chris Jones at the Crow's Feet SkiMo Rally. 3. Ice Queen and Fire King at Oregon WinterFest. 4. Ryan Reid, Erin Olson and Cheryl Howard at Oregon WinterFest. 5. Lauren Olander, Susan Gallaway, Rose Anne Hyman and Mark Hyman at the K-9 Keg Pull in Sunriver. 6. Megan Noviak, Meeka and Aspen (puppies), Aaron Gladner, Adam Gladner and Jordan Henry at the K-9 Keg Pull in Sunriver. 7. K-9 Keg Pull in Sunriver.



JILL ROSELL IS A BEND LIFESTYLE AND PORTRAIT PHOTOGRAPHER AND CREATOR OF "I LOVE BEND, OR". AS BEND MAGAZINE'S EVENTS AMBASSADOR, JILL IS AVAILABLE TO PHOTOGRAPH SELECT HAPPENINGS AROUND CENTRAL OREGON. YOU CAN REACH HER AT, JILL@BENDMAGAZINE.COM

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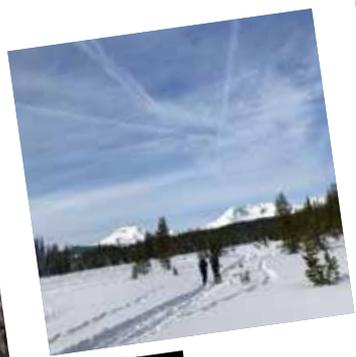
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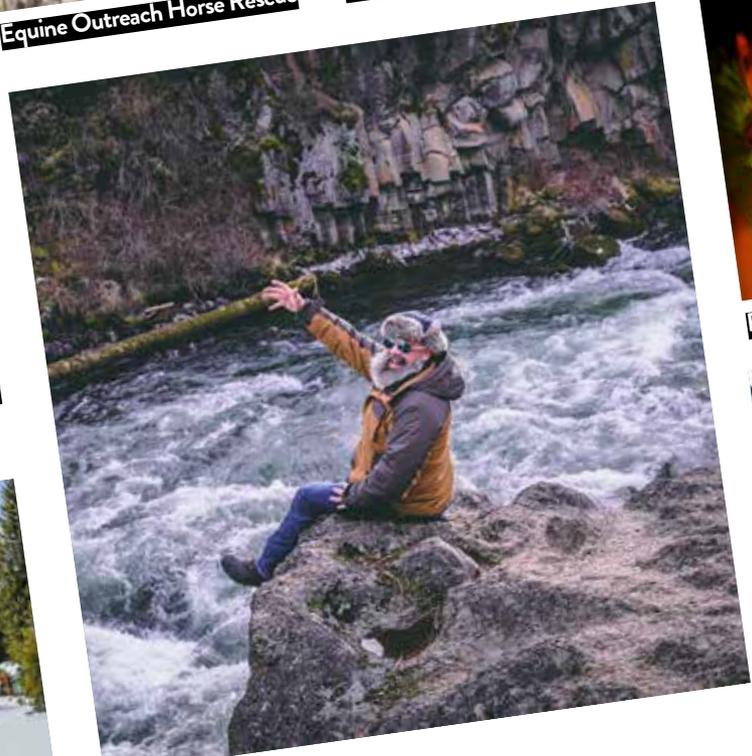
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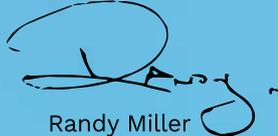
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