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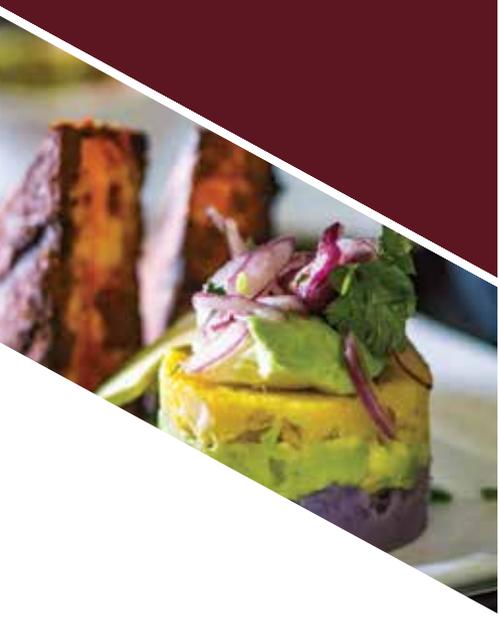
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Dreams

← Hunter Hess sets
his sights on
PyeongChang
p.88



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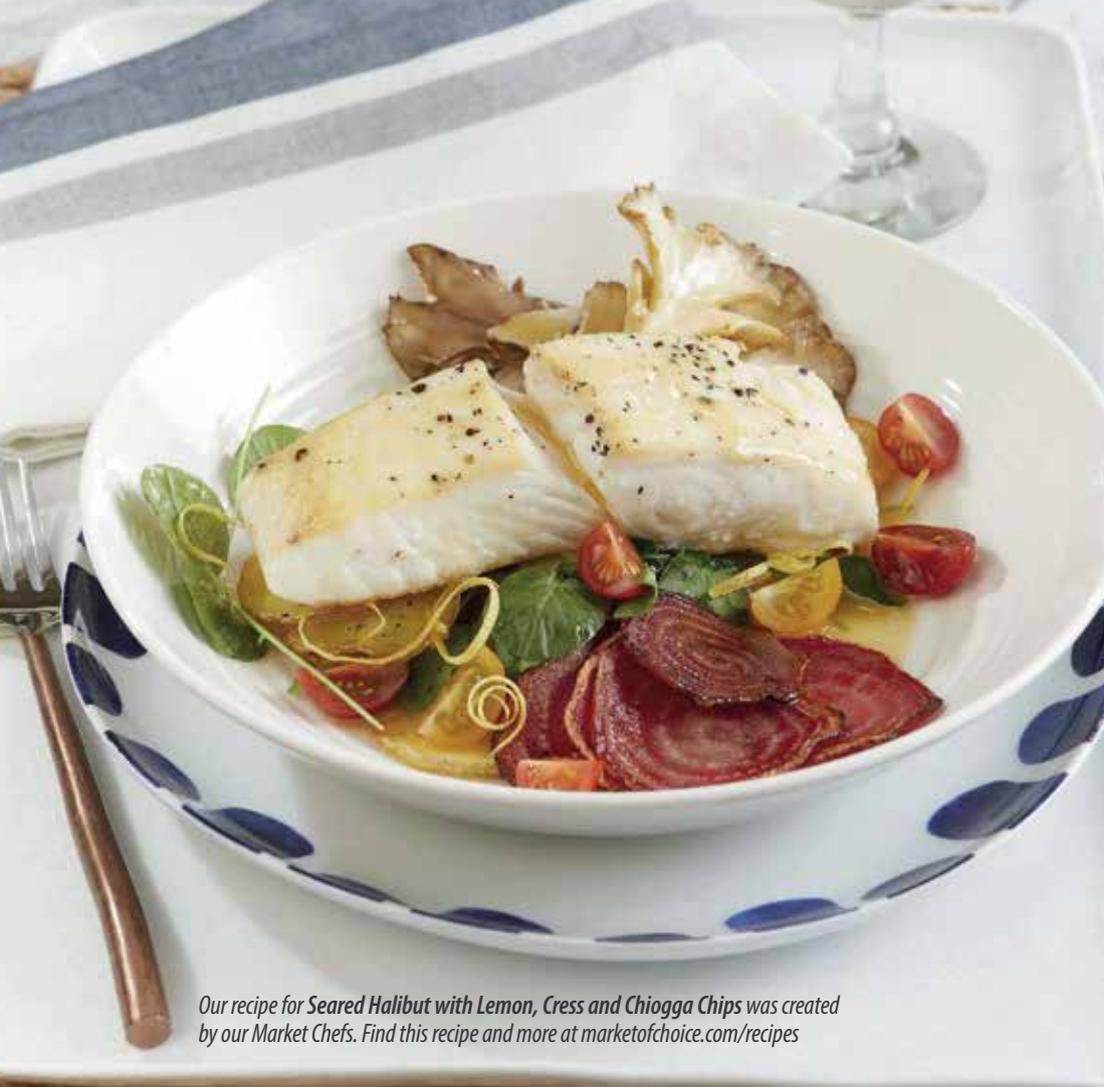
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DECADENT DISHES

From elk chili to seafood pot pie to ramen carbonara, this is modern comfort food you'll crave.

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Fresh snow on the mountains. Deer silently walking through the woods. Mist rising from a lake at sunrise. These are a few of our favorite things, captured in a photo gallery celebrating winter in Central Oregon.

- 88 **GOING FOR GOLD**
Bend has become a hub for talented athletes who have a chance at the Winter Olympics. We also dive into the history of Oregon's bid to host the games.
EDITED BY ERIC FLOWERS

- 97 **HAUTE COMFORT FOOD**
Five Bend chefs show us how to stave off the winter chill with the stories and recipes behind favorite comfort food dishes on their restaurants' menus.
BY ALICE FINER



ON THE COVER

At 19, Hunter Hess is one of several Bend locals seeking a shot at Olympic glory in PyeongChang.

Photo by Mahting Putelis

PHOTO TOP: MIGHTY CREATURE COMPANY



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WORDS *and* PICTURES

Contributors



HEATHER CLARK

Heather Clark has been writing about sports and sports figures in Central Oregon for close to two decades. For this issue, Heather talked to fitness expert Ellie Meyrowitz about winter sports conditioning (p. 47) and talked with coaches and trainers about Bend's propensity for attracting and developing elite athletes (p. 92). While she vastly prefers exploring the outdoors to sitting inside watching TV, for two weeks every other year her professional productivity and personal fitness are put on hold so she can witness the amazing feats of athleticism and stories of personal triumph that take place during the Olympics.

JOSHUA LANGLAIS

Joshua is a photojournalist, actively working on a community-building project called "A Community Thread." He is originally from Maine, but recently celebrated his one-year anniversary here in Bend, which he now calls home. He studied photography in Massachusetts and photojournalism in Denmark, and has pointed his lens at an inordinate number of people and places along the way. Joshua can be found roaming the streets and surrounding forests of Bend with his scruffy dog, Pal. For this issue, Joshua photographed chef and owner of Wild Rose Thai, Paul Itti (p. 103).

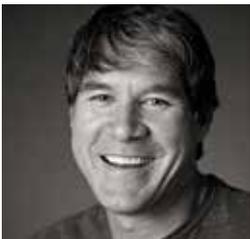


SEBASTIAN FOLTZ

Originally from Pittsburgh, Pennsylvania, Sebastian Foltz is a freelance writer who has spent time calling Colorado and Oregon home. Foltz worked for newspapers and magazines in Breckenridge, Colorado and South Lake Tahoe, California before contributing to *Bend Magazine*. An avid skier, whitewater paddler and mountain biker, he began his journalism career as a writer and photographer contributing to the *Source Weekly* after finishing graduate school at the University of Oregon. Sebastian wrote about Mount Bailey's cat-ski operation and the late and legendary guide Rick "Oz" Oswald (p. 38).

MIGHTY CREATURE COMPANY

The Mighty Creature Company is the creative collaboration between local photographers Ryan Cleary and Adam McKibben. Sharing a passion for Bend life and story-driven imagery, the two joined forces in 2016 and have been creating imagery for local, national and global brands ever since. In this issue, Ryan and Adam photographed the chefs and dishes in our feature on Central Oregon's favorite comfort food (p. 97).



STEVE TAGUE

Steve studied at the Art Center College of Design in Pasadena, California and worked for many years in NYC, shooting out of helicopters, into museums and through martini glasses. He's part artist, part MacGyver—always game for engineering the perfect light and problem solving to get the shot. Steve loves walking the tightrope between certainty and serendipity. He also loves donuts, his family, sushi, contact sports, whiskey and cigars. If he weren't a photographer, he'd probably be professional wrestler. Luckily, he's a photographer. In this issue, Steve photographed an urban-industrial style home in Bend (p. 59).

TIM NEVILLE

A correspondent for *Outside* and a frequent *New York Times* contributor, Tim Neville has had stories featured in *Best American Sports Writing*, *Best American Travel Writing* and *Best Food Writing*. He's been to all seven continents, speaks four languages and has visited more than seventy countries. He lives in Bend's Orchard District with his wife and daughter. In this issue, Tim wrote about his experience at the Luminaria cross-country skiing tradition (p. 44) and the history of Oregon's bid for the Olympic games (p. 88).





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Bill Johnson (back) poses with the Huston family. From left, Tom Huston, Matt Huston and Heather (Huston) Johnson.

Winter Dreamers

When I was growing up in Portland, I skied for the Mt. Hood Ski Team. My mom and dad would take me and my two younger brothers to the Cascade Ski Club on the weekends and we'd either train or race three or four days a week. Though I was small, my favorite events were the super-G and downhill. I had a pair of 215 (cm) downhill skis that were passed down to me from family friend, Chris Inman. He was four years older and really fast. I was so excited to have my own downhill skis that I didn't care he'd handwritten, "Balls out or Bust" in big black ink across the tops of them. I think it actually pushed me to ski faster.

During my sophomore year in high school, one of Oregon's own, Bill Johnson, electrified us all with his "Balls out or Bust" mentality in Sarajevo when he became the first American male to win an Olympic gold medal in the downhill. It was so much fun to have someone local to cheer for. My love of skiing eventually brought me to Bend in 1997. I thought I'd stay a couple of years living the dream and then return to Portland to be a "grown up." I never went back or looked back. Instead my husband, Ross, and I married in the Great Hall at Sunriver in 2000. We now have two children, Hannah (16) and Fletcher (13) who are chasing their own dreams.

We've been incredibly lucky that the kids have had the opportunity to learn to ski at Mt. Bachelor and have a chance to compete through the Mt. Bachelor Sports Education Foundation. Instead of alpine racing, they chose the path of Freeride skiing. This year, they get to see some of their local idols vie for the chance to compete in the Winter Olympics in PyeongChang. With the games nearly upon us, we are profiling some of our Olympic hopefuls as well as the next generation of up and coming athletes and the scores of former Winter Olympic athletes that call Bend home. In addition to Tommy Ford and Laurenne Ross on the U.S. Alpine team, Central Oregon is well represented on the U.S. Freeski and Snowboard Teams. Hunter Hess, Jacob Beebe, Jake Mageau, Ben and Gabe Ferguson and Anna Gorham are all currently on the U.S. team.

Whether any of them make it to the 2018 Olympics or not is a question that won't be answered until after this magazine has left our hands and arrived in yours. But that shouldn't be the barometer of their success. It's enough that they have chased their dreams, inspiring another generation of skiers and riders along the way. Should one or more of these dreamers make it to the Olympic stage they will be carrying the torch for all of us here in Central Oregon. And so for two weeks this February, our family will once again be glued to the TV. We will be watching all the events and cheering for whoever is on the U.S. Team. And maybe, just maybe, we will be cheering for someone from Bend. Here's to following your dreams in 2018. Let the games begin.

See you on the slopes,
Heather Johnson
CEO and publisher

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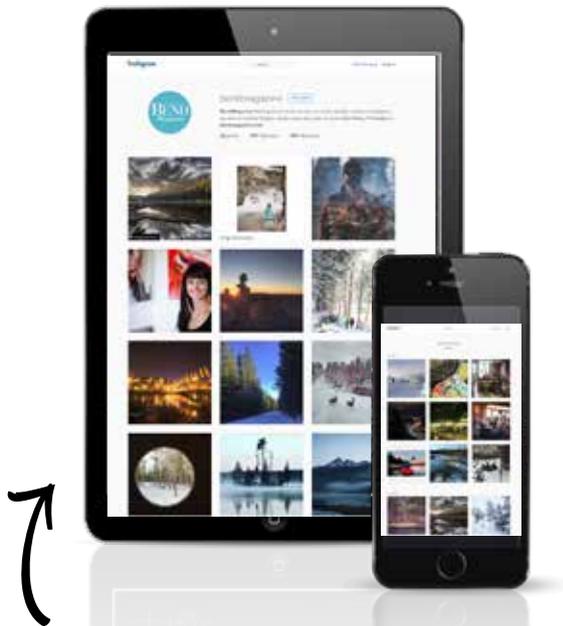
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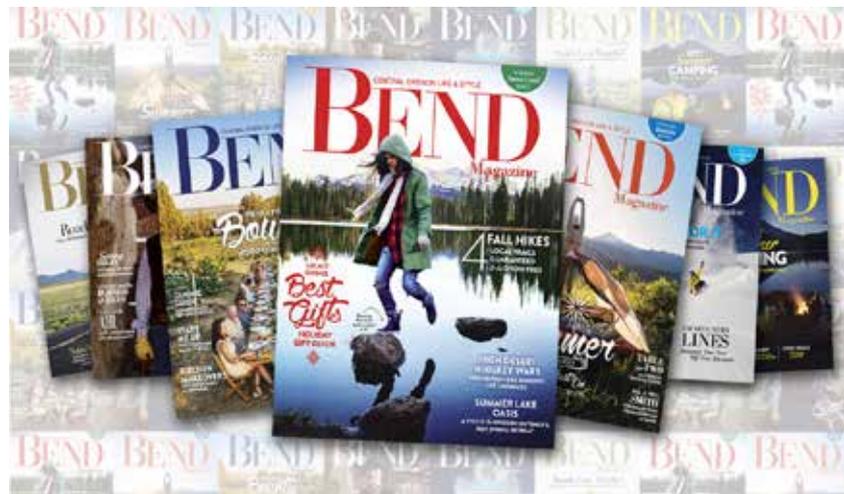
Shaylee King won our photo contest with this shot of a climber on Maple Bridge outside Redmond. After briefly shutting down to the public in 2016, Maple Bridge was reopened to climbing on July 1, 2017.

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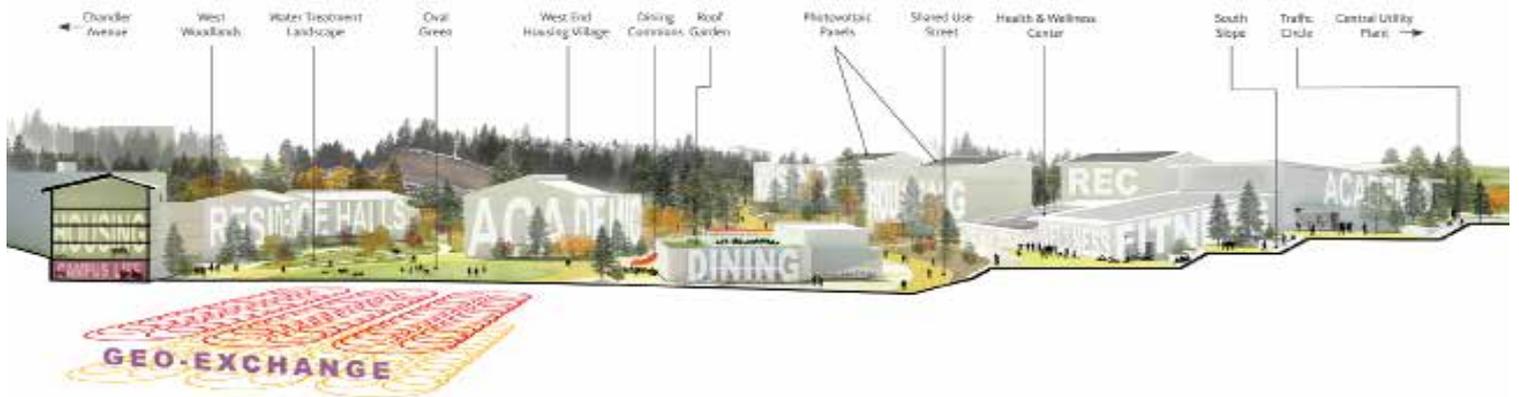
BEND BUZZ + CENTRAL OREGON NEWS + BREWING + BOOKS



LET THE DOGS OUT

K9 KEG PULL RETURNS TO SUNRIVER IN FEBRUARY.

Dogs, snow and beer. Does it get more Central Oregon than this? Each February, the Village at Sunriver hosts its annual K9 Keg Pull. Dogs race down a 150-foot snow runway while tethered to an empty keg from Sunriver Brewing (determined according to their size). The event has drawn so many humans and canines that organizers may bring in bleachers this year. "It's fantastic fun and the most exciting canine event in Central Oregon," said coordinator Tiffany Crane-Workman. Bring a bag of dog food to donate and be entered to win prizes from local businesses. On your marks, get set, mush! VILLAGEATSUNRIVER.COM



OSU-Cascades Campus Expands

Dreams of a bonafide university campus on Bend’s west side took a major step forward this fall. In October, OSU-Cascades purchased seventy-two acres of land from Deschutes County on a former landfill adjacent to the west side campus. The university had been in talks with the county since 2015 over how to settle the exchange. Given that cleanup costs for the site exceed the value of the land, the university will pay only

\$1 for the land that is valued at \$30 million. The acquisition brings the campus to a total of 128 acres. OSU-Cascades is also seeking \$39 million in additional funding next year, after a disappointing 2017 legislative session that saw the university receiving just \$9 million in funding of the \$69.5 million it had requested. Yet even as funding lagged, student interest surged. Enrollment at OSU-Cascades grew by seven percent in the fall of 2017, with current enrollment at more than 1,200 students.

■ *transportation*

City Unveils Plans for New Snow Emergency Zone Parking Restrictions

Among the many challenges brought on by last year’s record-breaking snowfall was how to adequately plow streets with cars parked along the curbs. While other cities sometimes tow vehicles parked along designated snow emergency routes, Bend simply plowed around the parked cars and trucks. That resulted in restricted travel lanes and hazardous conditions for already challenged drivers. This year, during designated snow emergencies, the city will test a program that allows cars to be towed if they are parked on certain designated streets. “Moving cars off the street allows plows to clear from curb to curb, creating a wider lane of travel,” said Streets and Operations Director David Abbas in a press release. This is a trial year for the program; vehicle owners will not be fined. They will, however, be responsible for recovering their vehicle. “Do your neighbors a favor: Don’t get plowed around,” said Abbas, which can leave a snow berm that is difficult to remove. Sign up for snow emergency notifications at BENDOREGON.GOV/ENEWS.

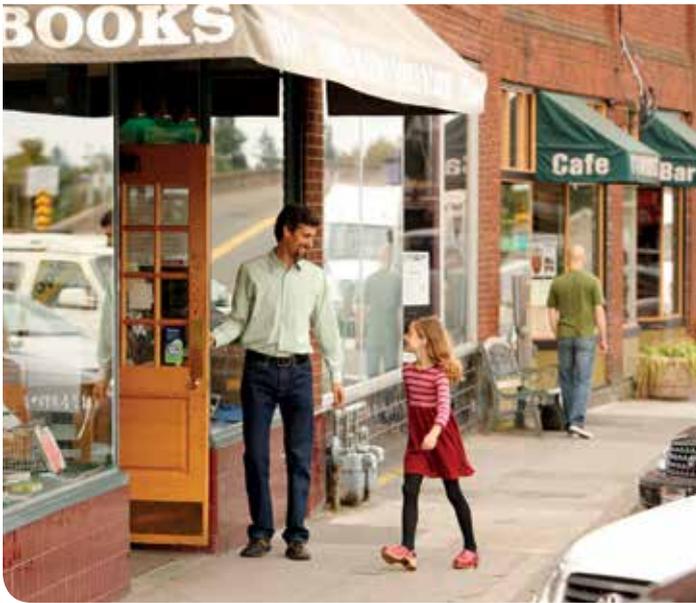


■ *nonprofit*

MBSEF to Build Permanent Training Facility in Bend

Though its roots in Central Oregon date back almost a century, Mt. Bachelor Sports Education Foundation (MBSEF), the sports training nonprofit for youth in Central Oregon, has never had a permanent home. That will change in the next few years, as MBSEF announced its “Place to Soar” capital campaign to build a dual administration building and athlete training space. The site is located next to Snap Fitness in NorthWest Crossing, and development plans have it opening by the end of 2020. “A Place to Soar means regional youth will always have access to a special place where they can channel their interests and energies into lifelong habits of personal growth and success on and off the mountain,” said MBSEF director John Schiemer.

TOP IMAGE OSU-CASCADES



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■ *redmond*

Redmond Downtown District Added to National Historic Register



Back in 1917, Redmond was a whistle-stop town of a few hundred souls on the newly constructed Oregon Truck Railway Line. But the little city had big ambitions, and it wasn't long before the upstart town was booming as an agricultural and economic hub of the high desert. Redmond's population more than tripled between 1910 and 1940, thanks to the

local farming economy and the town's centralized location. That early boom period helped shape the town's cultural identity and contributed some of the city's enduring places, including the Redmond Hotel, set to reopen later this year. Late last year, the city's bid to create a new downtown historic district was approved by the National Park Service. The newly created district highlights Redmond's early boom years and several of the period architectural styles, including Art Deco and Streamlined Moderne, that were embraced in the early- and mid-20th century when Redmond civic leaders were looking forward with optimism. The roughly seven-block district includes forty-three total buildings, twenty-nine of which are considered historically significant. Redmond Planner Scott Woodford worked on the application over several years and said the creation of the district gives the city one more tool to help showcase downtown Redmond as a commercial and economic center for locals and visitors alike.

■ *sisters*

Sisters Considers Vacation Rental Regulations

Buoyed by sites like Airbnb, Central Oregon's ballooning vacation rental market has developed into a lucrative business for some property owners, but it's not without its drawbacks. Vacation rentals can change the character and dynamic of established neighborhoods, cannibalize the long-term rental market and drive up housing costs in general. It's a headache for city officials charged with balancing property rights, economic development and quality of life issues. Sisters is the latest municipality to jump into the vacation rental debate, with its city council now in the early stages of

crafting regulations designed to rein in the vacation rental market. There are currently forty-five designated vacation rentals in Sisters. Last year the city processed fifteen vacation rental permit applications compared with just six a year earlier, prompting the Sisters Planning Commission to recommend a permit process that caps the total number of rentals and makes licenses non-transferable between owners. Public hearings on the recommendations are expected in early 2018.

■ *deschutes river*

Deschutes River Gets a Winter Recharge

The perennially anemic winter flows in the upper Deschutes basin will get a boost this winter thanks to a decision by Central Oregon's irrigators to release more water between November and March 2018, a period when river levels are typically at their lowest. The Deschutes Basin Board of Control, which comprises all the local irrigation districts, voted in mid-November to ramp up releases below Wickiup Reservoir to at least 175 cubic feet per second (cfs), which is the equivalent of 78,000 gallons per minute, or enough to fill roughly seven Olympic-sized swimming pools in an hour. That's a significant increase from the 100 cfs that the districts had previously agreed to release during the winter to benefit fish and wildlife.

"We could have sat on the 100 cfs all winter and come spring have a big gush of water in the river," said board chair Mike Britton. "That's not really what we are after. We are trying to balance the flows in the river over a long period of time versus the historic ups and downs."

The decision is part of a larger effort by irrigators and interest groups to address the impacts of irrigation withdrawals on the upper Deschutes River, primarily the stretch between Wickiup Reservoir and the Fall River confluence where river flows are most depleted in winter. The ramping back of releases to below historic averages, and the subsequent ramping up in the summer months to above normal flows, contributes to erosion and negatively impacts wildlife, including native redband trout and the Oregon spotted frog. Britton said those concerns are not lost on irrigators or their patrons, who share the public's concern about the health of the river.

"They completely understand the dynamics and politics," said Britton, "and if we can release a little more water to improve conditions, not just for the river, but also our public perception, they are all for it."



PHOTO LEFT TALIA GALVIN, RIGHT ALEX JORDAN

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▶ Jon Abernathy is *Bend Magazine's* craft brew ambassador. He is the author of *Bend Beer: A History of Brewing in Central Oregon* and creator of Central Oregon's original craft beer blog, THEBREWSITE.COM.

■ *what's brewing?*

The One-barrel System of Crooked Jay

Crooked Jay is one of Central Oregon's newest and smallest brewing operations. Brewer Josh Arment works on a one-barrel system. Luckily, breweries such as Sunriver and Boneyard have proven, through their humble beginnings, that size isn't everything. Crooked Jay's IPA test balloon has been well received by local beer drinkers. We caught up with co-owner Christy Davenport to find out what's happening behind the scenes at this nano-brewing newcomer.

JOSH ARMENT & CHRISTY DAVENPORT
Co-owners, Crooked Jay Brewing



On Distribution
We have been on tap at Pisano's in Tumalo for quite some time. We have also been featured on tap at Market of Choice in Bend. We are looking into a few more select locations to showcase our beer in the very near future.

On Inspiration
Our palates are really all over the board. We love some of the locals of course: Boneyard RPM, Silver Moon's IPA 97 and Get Sum Pale Ale, Deschutes' Fresh Squeezed. Wild Ride has some amazing beer, as does Kobold.

On Scaling Up
We don't aspire to have a catalog of beer. We are striving for the best quality, and therefore the plan is to offer three beers to start—an IPA, a lager and a pale ale. However, because we are small and self-funded, to get to that point, it takes time.



Deschutes' Nano Brewery, Zwickelmania

WRITTEN BY JON ABERNATHY

Deschutes Brewery recently launched a small-batch pilot brewery for recipe testing and ingredient exploration. Compared to the scale of its production brewery, it's miniscule, with a capacity of just over two barrels. Brewer Chris Dent heads the system, crafting a variety of experimental brews, some of which may find their way to the downtown pub for feedback. Get a glimpse of the **pilot brew system** by dropping by the brewery's Simpson Ave. tasting room, which has expanded its hours and will be open from noon to 7 p.m., seven days a week. Visitors will now be able to **grab full pints**, in addition to the standard four free samples and to-go beer. Additionally, the brewery will host a food truck. A final note on Deschutes: The brewery will begin charging \$5 for its popular brewery tours, but will now include beer samplings throughout the forty-five-minute tour.

In February, Oregon's breweries open their doors for **Zwickelmania**, a day of brewery tours and beer sampling (ideally from the "zwickel," the valve on the side of fermentation tanks that allows brewers to taste a beer's progress). It has become the state's unofficial beer holiday, and many breweries play to the festivities. Boneyard Beer offers an offbeat **Pickles and Zwickels** party featuring a tented parking lot, multiple beers on tap, music, tours and, of course, plenty of pickles. The day of mania is a great opportunity to explore the inner workings of your favorite breweries while tasting some great beers.

PHOTOS ALEX JORDAN



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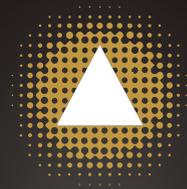


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Have a suggested read or bookish event for our literary ambassador, Ellen Waterston? Email her at WORDS@BENDMAGAZINE.COM

READING RESOLUTIONS

Check out new page-turners recommended by Sara Q. Thompson and Paige Bentley Flannery of the Deschutes Public Library.

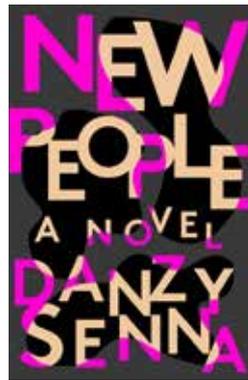
“Without a backward glance, she left the playroom. But Nurse’s sympathy had weakened her, and her knees shook as she climbed the stairs.”



1 THE MOTH PRESENTS ALL THESE WONDERS: TRUE STORIES ABOUT FACING THE UNKNOWN

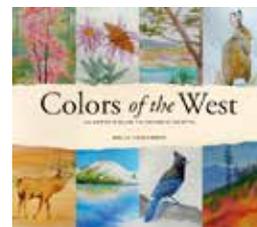
edited by Catherine Burns; foreword by Neil Gaiman

Forty-five memories from forty-five different voices curated by the creators of The Moth storytelling series (and podcast). We meet the English hairdresser who gave David Bowie his first dye job. We stand in the rubble of a catastrophic earthquake with an engineer and his team. We hold our breath with refugees as they board a plane with their children, hoping against hope that this flight will save their lives. We share an awkward family dinner with relatives who have just met for the first time. Reading these moments of honesty and reflection called to mind the old saying, “Be kind, for everyone you meet is fighting a hard battle.” —Sara Q. Thompson, adult services manager



2 NEW PEOPLE by Danzy Senna

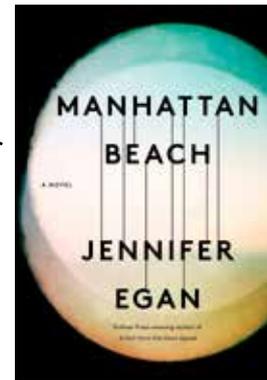
Maria, a young graduate, is living in New York with her fiancé and college sweetheart, Khalil. Everything seems normal as we follow Maria through libraries while she works on her dissertation and Khalil works through his dot-com adventures. But is she ready for marriage? The biracial twentysomethings are being filmed for a documentary about “new people” like them who are at the forefront of a new generation. But it’s a young poet who upends Maria’s world, as her interest in him veers into obsession. Danzy Senna, the bestselling author of *Caucasia*, weaves a story of cultural issues with dark humor. It’s a captivating novel with discussions of race, marriage and family that readers will continue to ponder. —Paige Bentley Flannery, community librarian



3 COLORS OF THE WEST: AN ARTIST’S GUIDE TO NATURE’S PALETTE

by Molly Hashimoto

For the outdoor and art enthusiast in your life, this book can serve as travel book, nature guide, artist manual and coffee table display. Hashimoto weaves beautiful pen and watercolor sketches from national parks, monuments, vistas with flora and fauna notes, artist profiles, location-specific palettes and painting technique tips. There were many pages that I savored with pleasure. The color palette for the Yellowstone thermal pools took my breath away. Central Oregonians will recognize favorite regional haunts Smith Rock, the Badlands and Crater Lake. The chapters are arranged by color, and the book is so luscious you will likely find yourself flipping through the pages just for the joy of it. —SQT



4 MANHATTAN BEACH by Jennifer Egan

Anna’s family is living in New York City during the 1930s when her father disappears, leaving them without an explanation. Anna begins her journey searching for answers. Her strength is beautifully shown as she takes care of her sister and mother and works in the Navy Yard. There, her independence shines as she becomes the first female diver and works a dangerous job repairing ships to support the war. Readers will appreciate the rich atmosphere in this historical fiction as the heroine rides her bike through alleys, visits Brooklyn waterfront saloons and mixes with the gritty characters who earn their living on the water. Pulitzer Prize-winning author Jennifer Egan captures the essence of New York City in this magnificent novel filled with survival, war, mystery and romance. —PBF



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RETREATS FOR TWO

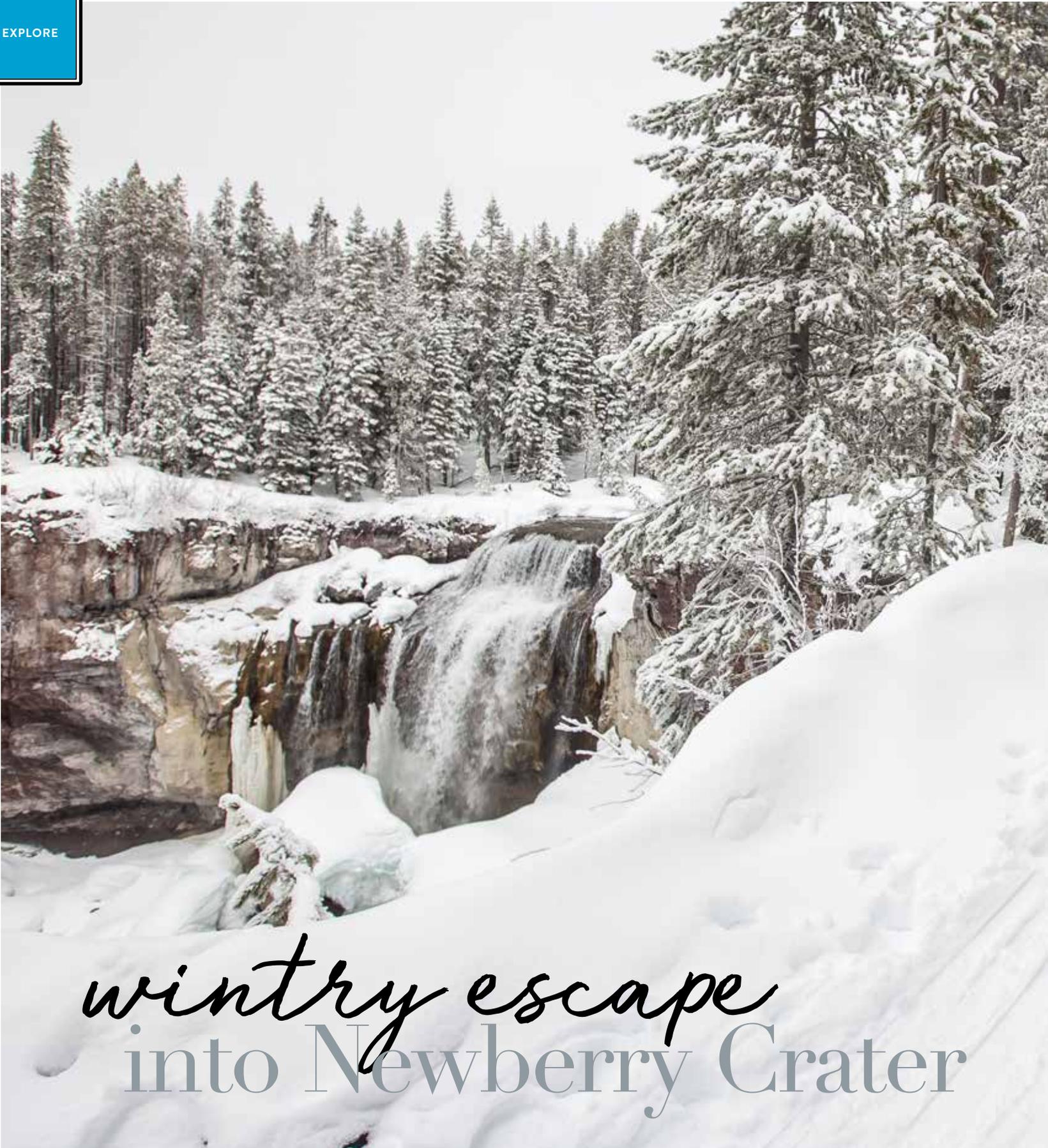
6 Places for a Romantic Getaway

WRITTEN BY KIM COOPER FINDLING AND ERIC FLOWERS

PITY FEBRUARY AND ITS NEVER-ENDING NIGHTS AND FRIGID DAYS.

The second month of the year is so unpopular that we actually shortened its stay to twenty-eight days. But February possesses a powerful irony; the month so unloved is all about...love. Yes, this is the time of year when we celebrate romance and relationships. February isn't for haters—it's for lovers! So inspired are we by this notion that we've come up with six easy weekend retreats that will either rekindle the most dormant romance or throw another log onto an inferno of passion. Whatever your status, we've got ideas for a cozy itinerary just for two.

EXPLORE



wintery escape
into Newberry Crater



PHOTO LEFT KAT DIERICKX, BOTTOM LEFT AND RIGHT BETSY KLAHS

A (semi)adventurous overnigher in the heart of a volcano.

Not much has changed at Paulina Lodge over the past half century, and that’s by design. If you’re looking for a luxury experience, you’ve come to the wrong place. The accommodations are rustic but cozy, especially against a long winter night. The resort offers nearly a dozen cabins ranging from one-bedroom abodes that are perfect for couples and small families to “Grand Cabins” that sleep up to a dozen and are suited for larger groups and extended families. While the resort offers restaurant and bar service for guests and day visitors, all cabins include full kitchens, and many opt to prepare their own meals.

The lodge operates on a special use permit from the Deschutes National Forest, one of two resorts and a handful of private residences that were grandfathered when the Newberry National Monument was designated in the 1980s to preserve the area from further development. Those who have visited during the summer months know that the area is often abuzz with activity. The twin waterbodies of East Lake and Paulina Lake are a draw for anglers who begin arriving in June in search of trophy brown and rainbow trout. In winter, it’s a different scene altogether. The resort’s primary clientele consists of snowmobilers and skiers who come for the hundreds of miles of snow-packed trails that are accessible from the resort.

From the winter basecamp, visitors can explore the surrounding area, making skinny tracks across the frozen lake. On nearby Paulina Peak, backcountry skiers mine some of the region’s steepest and deepest powder stashes, dropping narrow chutes above tree line into broad glades below. Paulina’s primary draw, though, is for snowmobilers who use the resort as wintry basecamp from which to zip around the 150 miles of groomed trails and the more than 300,000 acres of designated off-trail riding.



For the Romance Win

If deep snow doesn’t prevent you, locate the hot springs on East Lake and dig out a romantic soak for two. Don’t forget the champagne.



storm chasing on the Oregon Coast

Wildly stormy beach days pack an unforgettable punch.

Winter storms are fantastic entertainment. Waves pummel the shore, trees lash in the wind and flocks of birds arc through the sky in thrilling, pure theater. But an epic storm can be introspective, too. Tucked away at a safe vantage from which to witness the earth's atmosphere unleash on a coastline, we are able to truly contemplate the power of nature. Even better if you are hunkered down observing the drama with your sweetie by your side.

Just about anywhere on the Oregon Coast will do when it comes to reveling in winter weather gone wild. The Central Oregon Coast offers Lincoln City, where storm watching comes with a fun challenge. Each winter, "Float Fairies"

place hundreds of hand-blown glass floats on the seven-mile stretch of beachfront. The city-sponsored program "Finders Keepers" happens daily, rain or shine, giving visitors a solid reason to go forth into a storm. Find a float; take it home. Didn't find a float? Buy one at Jennifer Sears Glass Art Studio, where you can also see glass artists at work creating the round beauties from scratch. Have dinner at Kylo's Seafood Grill, suspended on a platform over the beach and the D River. Stay the night at Inn at Spanish Head, where guest rooms tower ten stories over the ocean and boast floor-to-ceiling windows perfect for taking in the tumultuous scene outside.

For the Romance Win

A winding forest road and a short hike take you to the tippy-tip of Cascade Head. From a high meadow perch, views of the Salmon River Estuary and Lincoln City beaches to the south are breathtaking enough for a proposal.

serenity at Sisters' FivePine Lodge

Find luxury and romance at the base of the Cascade Mountains.

Sometimes the best getaways are the ones that don't take much effort to achieve. A close-to-home destination just right for winter escape and romance is FivePine Lodge and Conference Center in Sisters, where a collection of brand new cabins opened last year. Drive thirty minutes from Bend and check into a luxurious cabin for two in the lush forest at the base of the Cascade Mountains.

The new Serenity Cabins sit at the western edge of the FivePine campus and were designed specifically for romance. Each is appointed with all the necessities for a cozy weekend, including a pedestal bathtub, a shower with three kinds of showerheads, a fireplace, plush robes, gorgeous Craftsman-style furniture and a back patio with two Adirondack chairs facing the ponderosa pine forest. What isn't in your cabin is nearby: The FivePine campus includes restaurants, entertainment, swimming pools and more. If you're in the mood for a film, wander over to the Sisters Movie House. Three Creeks Brewing, fashioned after an Old West livery stable where they pour their own terrific craft beers, is also on the FivePine campus, as is Rio, a Mexican dining destination.

FivePine also boasts an incredible spa, Shibui, a serene and beautiful Asian-inspired escape. Enter into an open space, low-lit with an expansive water feature marked by a large Buddha statue. The sound of water permeates into surrounding, luxurious treatment rooms. Before and after treatments, enjoy the Swedish dry sauna and hot thermal soaking tub. Rest in the common area before you leave, basking in a tranquil environment of healing and relaxation.



For the Romance Win

At Shibui, book the couple package, Rendezvous for Two, which includes a hot stone massage and a glass of champagne for each person.



PHOTO TOP BENJAMIN EDWARDS, BOTTOM FIVE PINE LODGE

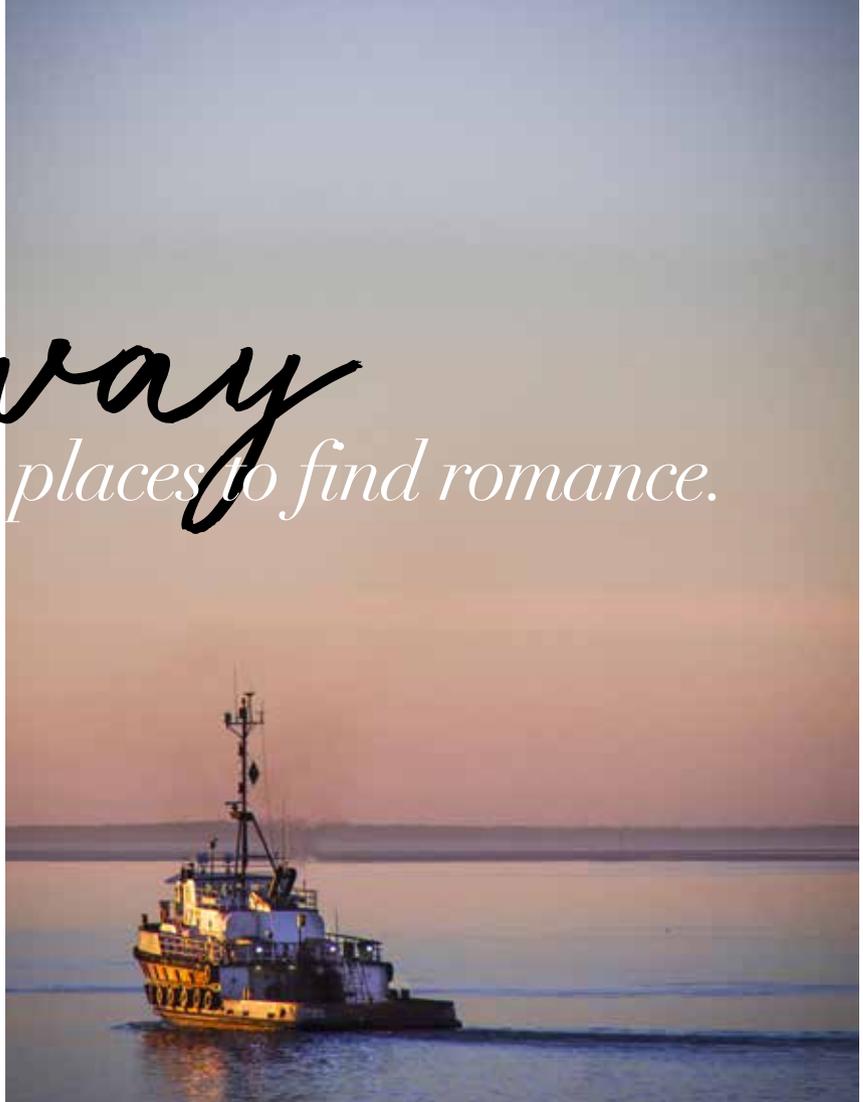


runaway

Three more places to find romance.

Astoria

Astoria, at the northern tip of the Oregon Coast, sits just a few miles inland from the Columbia River Bar, a legendary spot known to hold some of the most dangerous waters on the planet. View the drama and romance of weather and water bodies colliding from Coxcomb Hill, the historic town's highest point and the site of the Astoria Column. Climb 164 steps to the top to get right up into the action. Grab a pint and a bite at Buoy Beer, located in a ninety-year-old waterfront cannery building (and catch a glimpse of resident sea lions through a window in the floor). Also on the waterfront is the romantic Cannery Pier Hotel, where guests can watch rowdy weather roll over the Columbia River from a window seat in their room.



Belknap Hot Springs

Green forest, hot water, cozy cabin: check! At Belknap Lodge and Hot Springs, a natural hot springs source feeds concrete pools set in spectacular landscaped grounds with a view of the spring-fed McKenzie River. The bubbling sounds of the river serve as a soothing backdrop to your warm, rejuvenating soak. Guests can rent a cabin, stay in the lodge or camp here. Take a short walk across the footbridge that crosses the McKenzie River to the famed McKenzie River Trail, popular with hikers and mountain bikers. Don't leave without finding Belknap's secret garden.



Bend Staycation

Save the gas money and opt for urban exploration in your own backyard. A city-centered getaway means lodging in downtown Bend, where options range from cozy bed & breakfasts such as the Lara House to vacation rentals with amenities such as the Lavabelles. But the swankiest choice for you and your sweetie is the Oxford Hotel. This sleek hotel anchors downtown with contemporary cool. The Oxford's posh 10 Below restaurant offers three meals a day in the Barbarellachic subterranean lounge. Walk around downtown, do some shopping, take in live music at McMenamins Old St. Francis School or stay underground at the popular club, The Capitol. **18**



PHOTO TOP ALEX JORDON, BOTTOM JEFF MURRAY

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MOUNT BAILEY

Backcountry in Our Backyard

Mount Bailey offers a one-of-a-kind experience for powder fanatics.

WRITTEN BY SEBASTIAN FOLTZ

*“Every day is
different, every
run is different.”*

—Ryan Oswald

What if I told you that we could reduce snowriding to its essence? No resort crowds, no lift lines. How about no lifts at all—and no boundaries. You’re thinking Valdez. But I’m talking about Southern Oregon’s Mount Bailey, where the primary marketing initiative is word of mouth, and the terrain, well, it speaks for itself.

Bailey was once intended to be Oregon’s next-big-thing destination ski resort, but plans to transform the 8,000-foot volcano into a traditional lift-accessed ski area never came to fruition. Instead, Mount Bailey remains a remote outpost of powder skiing. With more than 5,000 acres of terrain and 600 inches of annual snowfall, Bailey’s bounty is reserved for those who hop aboard Diamond Lake Resort’s snowcat for a ride that starts at the resort and ends

somewhere in backcountry nirvana above Bailey’s seemingly endless chutes and glades.

One of the oldest ski-touring companies in the west, Cat Ski Mt. Bailey is just two hours south of Bend near Crater Lake in the Umpqua National Forest. Roughly 100 miles from the nearest population center, Mount Bailey is no secret, but its location and lack of amenities has kept it off the radar of most casual skiers.

Assuming you can ski powder on expert terrain at your home mountain, then you’re at least a candidate for Bailey. There are no prerequisite skill tests, but Mount Bailey’s crew isn’t in the babysitting business. It pitches its services to advanced and expert skiers and boarders in plain language. The resort’s website advises would-be visitors to “leave intermediate skiers at home.”

431 NE GOOD PASTURE LP. IN RANCH AT THE CANYONS

Own the dream in this stunning Norman Building and Design home amidst the breathtaking setting of Ranch at the Canyons. This single floor home peers upon dramatic views of Smith Rock and vast lakes and meadows. Impressive beams, rock and captivating lighting leave an enchanted statement. The original historic barn on the property has been updated and can house horses. Cavallo Equestrian Center is across the street and miles of equestrian trails are available for exploring. Come capture your dream!

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Offered at \$1,095,000



15417 SW ESPERANZA CT. IN BRASADA RANCH

Esperanza sits behind the gates of Brasada Ranch with unsurpassed Cascade Mountain views captured by expansive windows and warm feel. Luxury and elegance are accented by a rustic flavor by its handscraped birch floors, knotty alder cabinets, doors and trim. Come Enjoy this immaculate home and all the amenities Brasada Ranch has to offer.

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STAY AND PLAY

If extreme backcountry adventure isn't your thing, Diamond Lake Resort also has a variety of family-friendly activities.

"The beauty of being in the mountains in the snow—there's not many places in Oregon that can offer everything we have," said Diamond Lake Resort operations manager John Jonesburg.

He's called the resort, established in 1922, home for twenty-eight years. "I just love it. I can't imagine living anywhere else," he said.

The lakeside resort added a new 470-foot "wonder carpet" conveyor lift to its tubing hill last year and offers an extensive network of groomed cross-country and snowmobile trails. It's even possible to snowmobile to Crater Lake.

Lodging options range from motel-room-style to a full seven-bedroom cabin, added just three years ago. Prices vary from \$105 to \$1,099 per night. The resort also offers lodging, snowmobile and cat ski package rates.



For those who seek the steep and deep, Cat Ski Mt. Bailey's expert guides and varied terrain offer an experience unlike anything available at traditional resorts. Mount Bailey can provide a once-in-a-lifetime type of day that is savored among each small group of skiers and boarders. (The operation limits its groups to twelve skiers or riders per day.) Powderhounds fortunate enough to load the snowcat after a winter storm lays down a fresh layer of snow can expect a day full of powder "whoops" and snow-eating grins.

"Every day is different, every run is different," said guide Ryan Oswald, son of the legendary late guide Rick (Oz) Oswald.

Guests can typically expect around six or seven runs in a day, totaling roughly 15,000 to 18,000 feet of vertical drop, according to lead guide Ross Duncan. And while storms are frequent, the durable snowcats and varied terrain mean there are always turns to be had.

Even on storm days when the lifts close at Bachelor, Mount Bailey offers protected tree runs. "Stormy days are great—we love skiing them," said Duncan.

Cat skiing is typically offered daily from December to early April—conditions dependent—for \$385 per person per day. Group rates and ski-and-stay packages are available, with accommodations at Diamond Lake Resort. **B**

The Legacy of Oz



For more than thirty years, Rick "Oz" Oswald was the face of Cat Ski Mt. Bailey. The self-described ski bum joined the company in 1981, not long after operations started in 1979 and when the land was still under consideration to be developed as a resort.

Not the traditional build of a skier, Oz had the shoulders of a lumberjack. But on the slopes his graceful turns were hard to match.

"He was one of a kind," fellow guide Ross Duncan remembered fondly. "The ultimate ski bum."

It was the joy he brought to guests that people remember most. He was often the first to greet guests with a big smile and a joke early in the morning.

"He took as much pleasure showing people their best day of skiing as he did skiing for himself," said Duncan.

Oswald died while doing avalanche control work in the backcountry in early 2016.

He died the way he lived: on his skis, helping guests.

"He was making the mountain safe for other people," Duncan said of the incident.

Now in his ninth "official" season, Oswald's son Ryan, who grew up skiing at Bailey, continues his father's legacy, guiding guests at Mount Bailey.

"He was one of my best friends. I grew up skiing with him," the 28-year-old Oswald said of his father. "It's a legacy worth carrying on, and I'm excited to do it."

Rick Oswald was 57.

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COMMUNITY SPORTS

Bend on Ice

Rebecca King sees a bright figure skating future in Bend.

WRITTEN BY KATY BRYCE

It's 6 a.m. on a cold, dark Monday morning in November, and a group of young ponytailed figure skaters files into the bright light of Bend's Pavilion ice rink. They are here to work on their edging and jumps with figure skating coach Rebecca King, carving arcing turns into the gleaming white sheet while the rest of Bend contemplates its first cup of coffee.

The history of ice skating in Central Oregon dates back more than a century, and longtime locals recall cold winters in the 1940s and 1950s when downtown Bend's Troy Field was flooded with water to create

an ice rink. Children would skate for free at night, stopping to warm their fingers by the bonfires glowing at the edges of the rink. As winters warmed, skating waned. Now with the recent opening of The Pavilion, King sees a skating renaissance.

Hailing from Fairbanks, Alaska, King started figure skating at age seven and competed throughout the Pacific Northwest in high school. After college, she worked for Disney On Ice as its tour coordinator, or as she puts it, "tour mom," organizing all travel and logistics for the tours. In 2013, shortly after her parents moved to Washington, King made a quick weekend stop in Bend on her way to visit them. Like many Bend residents, she decided right then that she'd call Bend home. She started coaching at the Seventh Mountain Resort, then at The Pavilion when it opened.

Today, she is the vice president of Bend Ice Figure Skating Club and coaches anyone from young beginners to adults who skated in their youth and want to brush up on their skills. King can coach the tiniest of aspiring skaters and said that if they can walk, then they can get on the ice.

Thea Brown is one of King's dedicated students who doesn't seem to mind those early morning practices. At 13, she skates with King because she likes the challenge of improving, learning and making progress on the ice. "I like having Rebecca as a coach because she

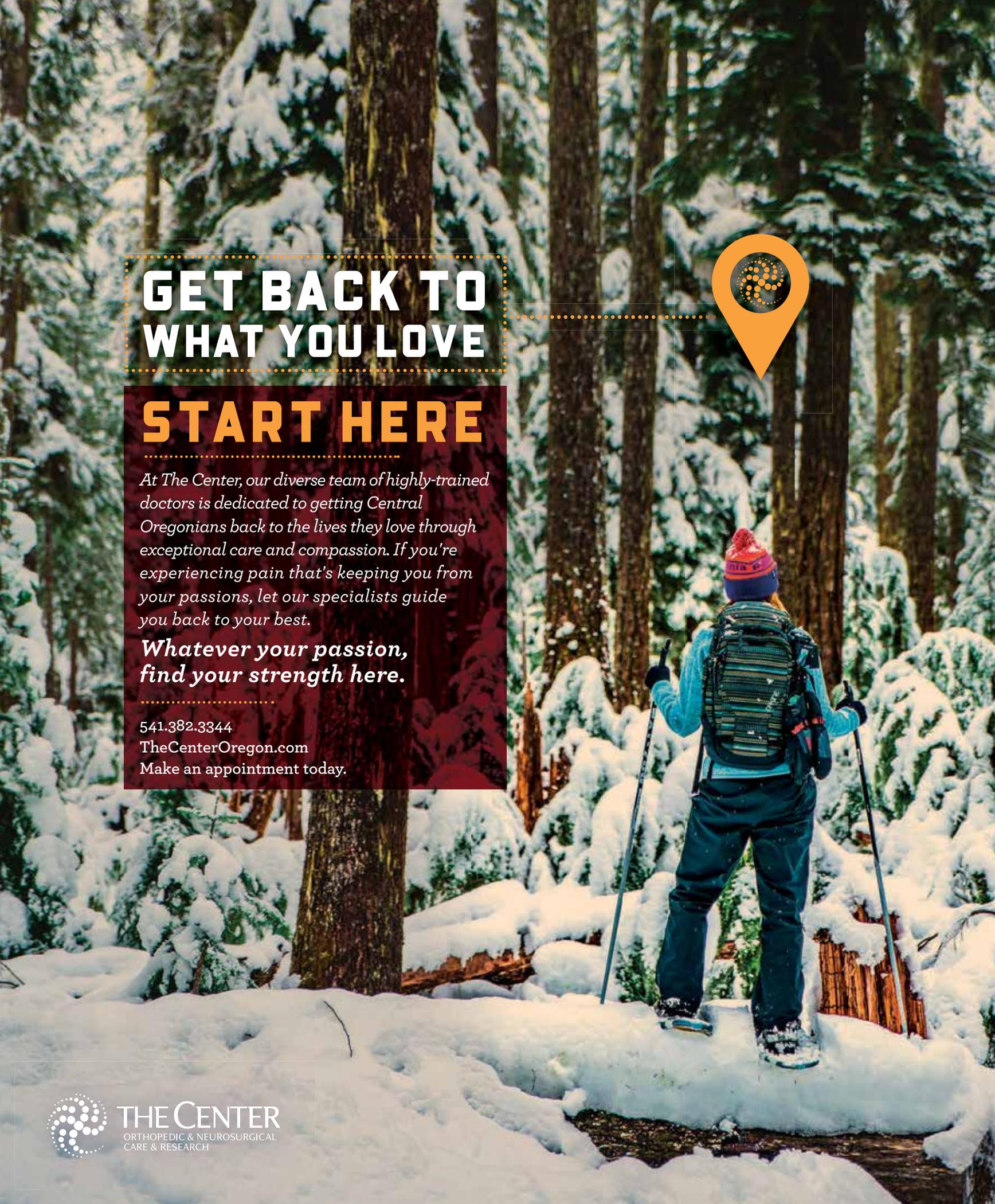
really pushes me and makes me face things head on. It takes my mind off of school and homework and gives me a different challenge in life." With King's guidance, Brown hopes to compete in regional and sectional U.S. Figure Skating competitions over the next few years.

Of course, the other key ingredient to figure skating is pageantry. For young girls, that means donning a sparkly dress that catches the breeze just so as the skater glides around the frozen sheet. When King was young, her mom made most of her competition dresses. Now, skaters anywhere can find reasonably priced dresses on eBay. "Through Bend Ice, we're also hoping to provide a cost-effective way to let our students borrow or trade dresses for competitions," said King.

What does she see for the future of figure skating in Bend? "I see nothing but growth in this sport. I'd love to see more boys and men interested in it. Even pairs or ice dancing would be a great addition."

"I like having Rebecca as a coach because she really pushes me and makes me face things head on."

PHOTOS: ALEX JORDAN



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LUMINARIA

To Light the Way

A walk in the woods with Meissner Nordic's annual after-dark event.

WRITTEN BY TIM NEVILLE

LUMINARIA 2018

February 3 from 5 – 9 p.m.
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MEISSNERNORDIC.ORG

Twelve months ago, when Bend was still in the thick of the snowiest winter since the invention of the Subaru, dozens of bundled up skiers and snowshoers milled around the parking lot at the Virginia Meissner Sno-Park, ready for one of the coolest events of the season. They futzed with headlamps and bindings and primed their cores with cups of free hot chocolate. Lights dangling from the shelter's eaves lent the snow a festive flare. Coolest of all, hundreds of tea candles tucked into paper bags lined a trail leading off into the forest. *Gemütlisch* didn't begin to cut it.

Every year for the past fifteen years the Meissner Nordic club—the group that brings you free cross-country skiing and snowshoeing on forty kilometers of groomed trails—has organized the annual Luminaria event. Though the night has fallen under various names and has been held for varying reasons, the purpose has largely remained the same: a community event to get people out into the wilderness at night.

This year was no different, except it was. Whether it was the epic snowfall or the word was simply just “out,” the event drew the most people ever. By the time my daughter, Evie, and I showed up with a couple of friends around 7 p.m., volunteers had already handed out more than 700 glow-sticks to help people see each other in the dark. All told about one thousand people would slip under the faint stain of a moon for the mile or so it takes to reach the Meissner Hut, where bonfires burned in fire pans and volunteer Josh Cook and friends had built a massive snow dragon sculpture complete with an internal luge. We poked our heads

inside just in time to see a marriage proposal. (She said yes.)

The event is also a fundraiser for the club, which managed to pull in about \$3,000 in donations. That's but a flake in the blizzard of expenses it costs the crew to groom so many miles of trails each season. (Think in the \$30,000 range.) While the fundraising helps, that was never really the point of the event. In fact the first edition, held just weeks after we invaded Iraq in 2003, was called the Luminaria Ski for Peace. “In a small way it was a resistance event,” said Sue Vordenberg, now 74, who started the tradition along with a couple of friends. “It was all pretty spontaneous.”

Every year has been different, of course. It's been icy or windy or warm and wet. In 2013 the event was dedicated to Vordenberg's late-husband, Lloyd, who'd spent a couple of seasons grooming the trails with an ATV retrofitted with tank-like treads instead of wheels. A high school jazz club sang around the bonfires. Now the club lords over a \$40,000 Pisten Bully groomer, and the event has grown so large that last year's organizers teamed up with the Bend Endurance Academy to offer shuttles between Wanoga and Meissner sno-parks to help ease the parking crunch.

This year, organizers would love to have a shuttle run directly from town. It'd be nice if the jazz singers came back or if the weather would hold for real. Even if they don't and even if it doesn't, you should still grab some sticks and give it a go. Standing in the forest at night with so many candles warming the way, you can't help but feel that, even in the midst of such an unforgiving season, there's still no place you'd rather be. ■

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play for life

Getting Winter Strong

Tips to stay on snow and out of urgent care this season.

WRITTEN BY HEATHER CLARK

WHILE THERE'S NEVER A GOOD TIME to suffer a snowsports injury, twisting an ankle, tearing a knee or nursing a sore back can make for a long winter of sitting on the couch watching ski videos instead of living them.

Avoiding ski injuries starts with prevention, and any good program should include elements of sport-specific strength, flexibility and balance, said Ellie Meyrowitz, a physical therapist at Rebound Excellence Project (REP) Biomechanics Lab, a performance center for recreational as well as professional athletes.

Rebound, an official physical therapy provider for the U.S. Ski, Snowboarding and Freeskiing teams, treats scores of cross-country and downhill skiers suffering from snowsports-related injuries, many of which are preventable, she said.



Nordic Skiers

Typical Nordic skiing-related injuries are caused by overuse or repetitive movements, the most common of which are knee pain, back pain and shoulder pain. Less common, but not infrequent, are traumatic injuries to ankles, wrists, thumbs and knees, which occur from falls. To avoid this, stay upright. Here's how.

BUILD A STRONG FOUNDATION

"You can shoot a cannon off a deck or a canoe," said Meyrowitz. Be the deck. A strong core sets the foundation for stability throughout your body, and decreases the likelihood of both falls and repetitive use injuries. Simple, dynamic plank exercises are a good place to start.

GET YOUR BALANCE ON

Balance on snow is huge in Nordic skiing—not only for preventing injuries, but also in the ever-constant pursuit of being more efficient. Set aside time when you hit the trails to practice skiing without your poles. Once you've mastered this drill, advance to gliding on one ski for as long as you can, maintaining a quiet posture. You'll get an idea of which leg is stronger, after which you can work toward gliding on each leg for the same amount of time, until your right and left leg glide the same distance with equal effort.

PACE YOURSELF

Possibly the hardest advice to follow is the easiest one. Don't do too much too soon. Try to resist picking up where you left off last spring by following the 10 percent rule, just as you would with running. Give your body time to adjust by increasing your ski volume by no more than 10 percent each week. This simple step will go a long way toward keeping you on snow and out of a PT clinic.

Alpine Riders

As you might expect, alpine injuries are most often the results of a trauma caused by a fall. And ACL (anterior cruciate ligament) tears take the prize for most frequent injury "by leaps and bounds," said Meyrowitz, followed by MCL (medial collateral ligament) tears. Keep your knees in good shape with these steps.

MIND YOUR EQUIPMENT

Good working and well-fitted equipment is critical to avoiding knee and leg injuries. Be sure your bindings release properly and that your ski length is appropriate for your height and your skill level. "The shorter the ski, the easier it is to control," said Meyrowitz. "We have many local ski shops that are all great in helping the local skiers out for this type of prevention."

CHECK YOUR EGO

Just because your buddy is shredding the black diamond run doesn't mean you should. Mind your ability and stick with the terrain you're comfortable with. Meyrowitz notes that aggressive snow plowing—sometimes referred to as pizza pie—is taxing on the MCL. "Keep the season fun and light, and enjoy runs where you are comfortable," she said. "If you do find yourself in a big pizza pie, make sure each leg has equal balance."

BENDING IS WINNING

When skiing over bumps, jumps and uneven terrain, be sure to absorb these features with a bent, rather than a straight, knee. And, be sure not to stand erect to avoid a fall. The best way to avoid the rigid-knee response is to practice landing safely doing plyometric ski lunge drills. This teaches skiers to load the leg, spring off, and then absorb the force and land safely again.

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Eyes in the Sky

Eagle Watch returns Feb. 24-25.

EAGLE WATCH is a free annual event that coincides with an annual bald eagle migration each February, though this event is about more than just bird watching. An entire weekend of events is planned at the observation area at Cove Palisades State Park, including an interactive birds of prey exhibit from The Sunriver Nature Center. On Sunday, the Quartz Creek Drummers, resplendent in brilliant eagle-themed dress, will perform traditional dances from the Warm Springs Tribe. The two-day event is free and open to the public and includes a free lunch, courtesy of dam operator Portland General Electric. OREGONSTATEPARKS.ORG



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SISTER CATHERINE HELLMANN

A Bend Visionary

In 2018, St. Charles celebrates its 100th anniversary. Sister Catherine Hellmann, president of St. Charles for twenty-five years, had the vision for what the medical center is today.

WRITTEN BY BRONTE DOD



When Sister Catherine Hellmann arrived in 1948, Bend was an emerging mill town of 10,000 people. A nurse by training, Hellman was sent by the Sisters of St. Joseph of Indiana to work as the nursing supervisor at St. Charles hospital in downtown Bend. Hellmann, then just 27 years old, had dedicated her life to service. Though her initial stay spanned just three years, it had a lasting impression on Hellman that changed the course of health care in Central Oregon.

Years before, a chance meeting on a ship returning from Ireland in 1908 between Father Luke Sheehan, a Catholic priest from Bend and founder of St. Francis Church and school, and Mother Gertrude Moffitt, a nun from Indiana, would mark the beginning

of St. Charles Health System. At the time, Bend had around 500 people. Sheehan spoke to Moffitt about the need for a hospital in the small, poor mill town. Eight years later, Sheehan visited Moffitt in Indiana, urging her to send nuns to Bend to start a hospital. On Christmas Day in 1917, five Sisters of St. Joseph traveled from Indiana to Bend by train, arriving three days later to start a small hospital on the banks of Mirror Pond.

In 1921, the hospital was rebuilt in downtown Bend and named St. Charles. By 1951, it had been remodeled at the same downtown site into a modern facility with sixty-five beds.

Hellmann returned to Bend in 1969 with a master's degree in health care administration

“I also felt that I could contribute something to the health field by demonstrating that good business and the spiritual aspect of the healing ministry can be in harmony.”





and a mission to further modernize Bend's health care system. She was named the president of the hospital that year. It was her foresight and grit that led her to spend the next three decades transforming the hospital into the regional medical center it is today. It was a labor of love, but also of sacrifice.

"It was hard to give up that hands-on nursing," recalled Hellmann in an interview with the *Bulletin* in 1987. "But at the top I could have more influence on how patients were treated ... I also felt that I could contribute something to the health field by demonstrating that good business and the spiritual aspect of the healing ministry can be in harmony." In 1972, the Sisters of St. Joseph transferred ownership of the hospital to the new nonprofit St. Charles Medical Center, Inc., which maintained an affiliation with the Catholic church until 2010.

Hellmann's primary goal was to find a new location for the hospital. She had her eyes set on a sight east of Bend near Pilot Butte, and though "[h]er dream was met with jokes and protests that the new hospital was going to be halfway to Burns," according to a 1999 *Bulletin* story, she persisted, and convinced the county to approve a \$12 million bond to build the hospital. In 1970, St. Charles purchased the land off Neff Road, and the new hospital was built in 1975.

In her twenty-five years as president of St. Charles, Hellmann oversaw its transition from a Catholic institution to a nonprofit organization. Her "singular vision and determination" took "St. Charles from a \$1-million-a-year city facility into a \$40-million-a-year regional medical center offering cancer treatment, open-heart surgery and a host of other services not generally associated with rural medicine," according to the 1987 *Bulletin* article.

Hellmann stepped down in 1995 when she was close to 70 years old. She was the last of the Sisters of St. Joseph in Bend. She returned to Indiana in 2001 and died in 2009. Today, St. Charles is the region's largest private employer, employing more than 4,400 people in 2017. It might not be what it is today—a regional health care system with hospitals in Bend, Redmond, Madras and Prineville and still the only Level II trauma center in Oregon east of the Cascades—if not for the vision of Hellmann. ■

Muse Women's Conference

Annual event from World Muse returns for sixth year.

THE MUSE CONFERENCE has never felt more relevant or important. After a tumultuous year that saw the rise of action against sexual assaulters and harassers, a local space to elevate the power and voices of women and girls brings a needed message of hope and positivity to the dark social and political landscape.

Created by writer and activist Amanda Stuermer, who is also *Bend Magazine's* editor-at-large, the Muse Conference brings people together from around the country for a four-day event each March. Featuring a range of feminist activists from entrepreneurs and artists to authors and athletes, Muse is not only a celebration of women and girls, but also a call to action for social change.

Stuermer said that this year's conference and speakers will cover a variety of issues facing women today, including the #MeToo movement and sexual harassment, social media, immigration, teen suicide, systemic racism, women's incarceration and more.

The sixth annual Muse Conference will also feature talks from internationally recognized speakers, as well as art shows, yoga classes, films and workshops.

About more than just awareness, Muse's mission is to change the narrative about these issues and provide tools for social change at a community level.

"We're not just talking about all the issues, but really looking at them through the solutions lens," said Stuermer.

The annual conference is just one aspect of World Muse, the nonprofit organization that Stuermer founded along with a team of other activists and entrepreneurs in Central Oregon. Muse also hosts a camp each summer for girls, as well as programs in local schools for girls.

New this year is the Bend Women's March, a month-long series of programs and events that will continue after the Muse Conference. Muse will partner with local businesses and organizations to celebrate "all the ways women are contributing to our community through arts and culture and the outdoors," said Stuermer.

The Muse Conference will take place in downtown Bend from March 1 through 4. Learn more about the conference and how to get involved with World Muse at THEWORLDMUSE.ORG — *Bronte Dod*





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Founded in 1993

Lena Loukojarvi moved to Central Oregon in 2011, with her two kids, looking for a change of scenery. But with no connections here and no local references, Loukojarvi couldn't find a job. She struggled to make ends meet.

"I just remember being so completely overwhelmed with my circumstances," recalled Loukojarvi. "I just needed some direction. I didn't even know what to ask for. I just knew I needed help."

A neighbor told her about FAN, or the Family Access Network. Founded in 1993, FAN is a nonprofit organization that works in public schools in Deschutes and Crook County to connect families with basic needs services. FAN's mission is to ensure that children do not miss school because of a lack of basic needs, such as food insecurity, lack

of clothing or school supplies or because of inadequate housing.

A FAN advocate is placed in each school and helps families navigate the government systems of aid, for everything from grants to pay utility bills to scholarships for school. It also connects families with job opportunities and affordable housing, the lack of which, say experts, is contributing the cycle of poverty in Central Oregon.

Loukojarvi met with the Three Rivers school FAN advocate, who helped her with school supplies and clothing for her kids. Then she helped her get into culinary school and pay for it with scholarships.

Loukojarvi described FAN as a safety net without judgment. "There's no shame with them. Especially with government help, there's a certain amount of shame you feel by

About FAN

FAN accepts online donations and updates its Wishlist with specific items that it needs. Find more information at

FAMILYACCESSNETWORK.ORG

having to reach out. That doesn't exist with FAN," said Loukojarvi.

Julie Lyche has been the executive director since 2005, when the FAN Foundation was formed to fundraise for the program. In the 2016-2017 school year, FAN helped more than 9,000 children and family members.

Lyche said that 50 percent of people who use FAN's services only need it once to get back on their feet. FAN steps in to ensure that families can find stability so that kids "can walk in ready to learn." — *Bronte Dod*



SUNNY MAXWELL VOLUNTEER

Sunny Maxwell started volunteering with FAN five years ago when her children entered kindergarten. She joined the board of directors shortly after to help fundraise for FAN. "The longer I've been on the board, the more I'm aware of the impact we make," she said. "It continually amazes me that there's so much need in Central Oregon, even though it's so often hidden."

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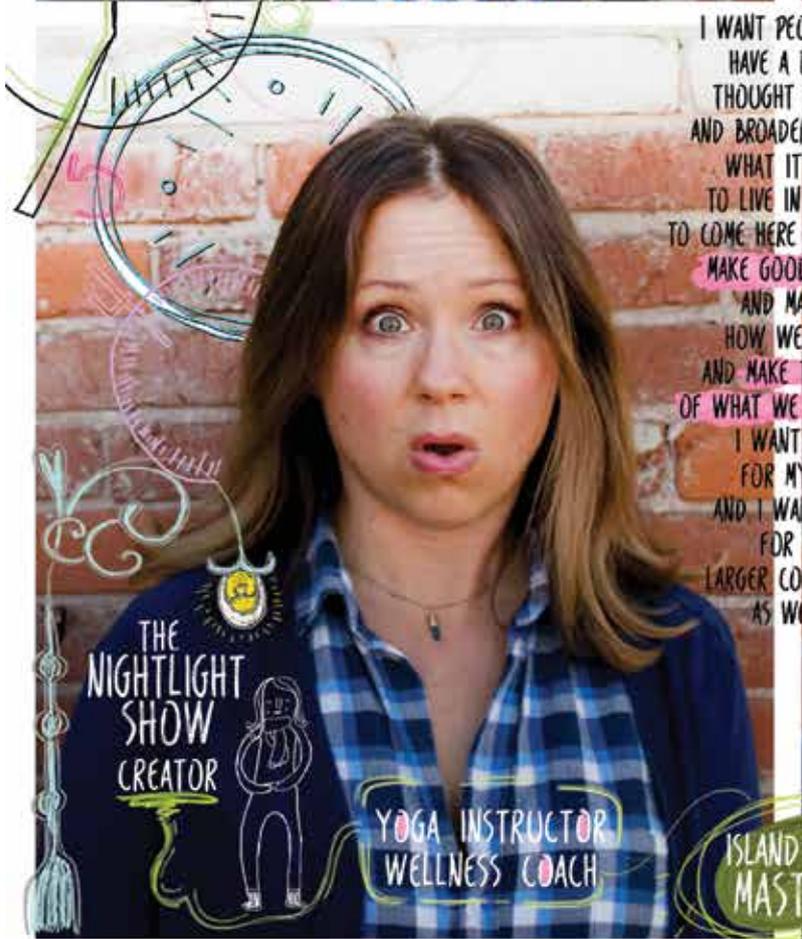
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When Shanan Kelley first came to Bend in 2009, she told her friends she'd be back to Seattle in a few short weeks. Eight years later, she's still here teaching yoga, emceeding events and fundraisers and bringing laughter through The Night Light Show, a regular variety show featuring local artists and community members. Adjusting to life in a smaller city has allowed Kelley to tap into her creative side. Kelley sat down with *Bend Magazine's* Teafly Peterson to talk about finding her muse and what it's like to live on "island time."



GETTING *to* KNOW Shanan Kelley

INTERVIEW AND ARTWORK BY TEAFLY

On Starting Over

I was in denial about moving here. I was living in Seattle, which I loved. I thought if I left it would be a big deal, because it is so beautiful there. So, if I was leaving then surely it was because I was going to New York or London or beyond. But then I got here and it was so beautiful, and the idea of moving at a slightly slower pace sounded really appealing. There were so many wonderful people here who were talking about how much they loved their community, and that really captured me right away.

On Bend's Growing Pains

I don't miss making \$10,000 a year. I don't miss being recessed. I think our poverty consciousness has slightly improved. This is why I love the growth. I want more unique people to come here. I want people who have a bigger thought process and broader view of what it means to live in society to come here and help us make good policy and manage how we grow and make the most of what we have here. I want that for myself, and I want that for my larger community as well.

On Possibilities

Bend is a really safe place to do a lot of things. When I first moved here, I felt really strongly that I could build something for myself here. The possibility of what I could build felt like it was worth pursuing, without a doubt.

Leaving the Rat Race

We're on island time here. When I first came here, I was really shocked by how long it would take for someone to email you back in business. I had to embrace it. And then I loved it, because it gave me some grace. And then you get a bonus of, like, ten

hours a week, because you're not in your car as much. You could use it for anything—exercise, time with your family, creativity! That is really significant. And if you use that bonus of ten hours a week to sit on your ass, it will literally change your life.

On Family

I get my sense of humor from my family. Growing up, we had a lot of stress, but we laughed all the way through it. They made me super sensitive. I had experiences as a young person that were so intense, you don't un-experience them. Those experiences gave me a level of empathy.

Finding Her Voice

When I got to the University of Washington, I took Drama 101 and I just was like, "Oh my God!" All of a sudden these doors just flew open. I've always known I was funny, but as a young person it would veer toward sarcasm. So, I was learning how to manage that. And then I was in this drama class and it was so open and free. I had found my place! Prior to this I thought I wanted to be a lawyer or an engineer. As it turned out, I just wanted to play one on TV!

On Being Ourselves

Sometimes in Bend, we have this "big fish in a small pond" mentality. It is very high-schooly in a way. Do you do this because you love it or because you feel the need to fit in? I would love to see people give themselves permission to break out of that and explore more deeply who they are and why this place called to them. Because that is truly beautiful, people being themselves. There are so many healers here and so many people facilitating opportunities for that kind of work—for true connection and self-discovery, so take it. What are you using your bonus "island time" for?



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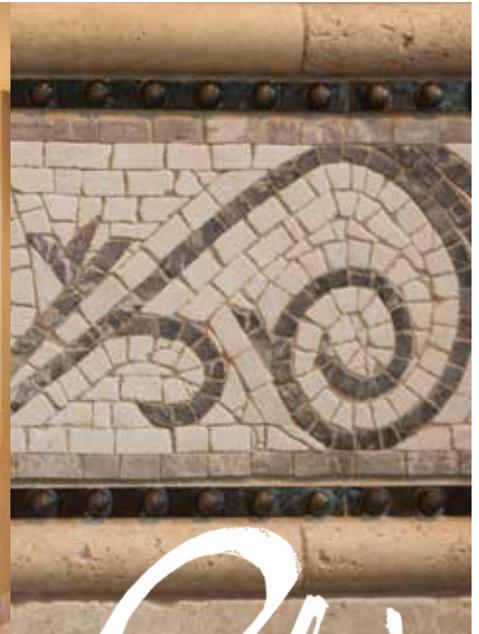
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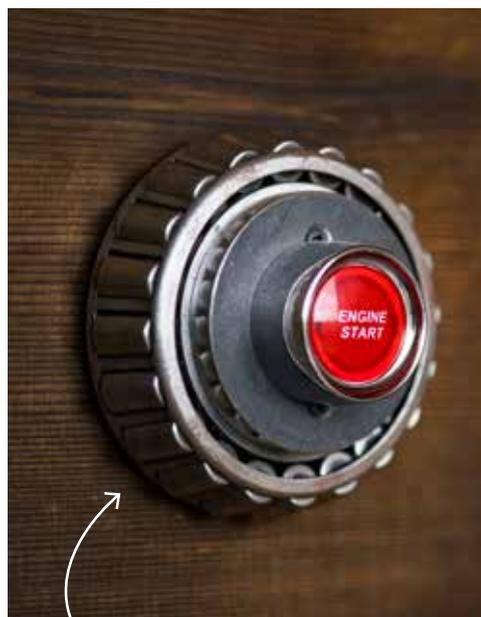


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PUSH TO ENTER

This engine bearing from a Porsche racecar lives an alternate life as the industrial-style home's doorbell.

Forging Ahead

A creative pair crafts an industrial loft-style abode.

WRITTEN BY LEE LEWIS HUSK

PHOTOS BY STEVE TAGUE

The owners of a steep lot in North Rim challenged architect, builder and subcontractors to execute their vision of a modern, industrial-style home that incorporated metal and steel in starring roles. The result? A stunning custom home.

The aesthetic unfolds from the front doorstep, where the doorbell is made with an engine bearing from a Porsche race car, embedded with a red button that says, "engine start." A 1970s restored vintage motorcycle sits in the entry hall. An interior sliding barn door is actually a facsimile of a jailhouse door complete with

a pass-through. These are among the fun and quirky features of the home in Bend's North Rim neighborhood.

Custom built by Dennis Staines Construction between 2015 and 2017, the 4,080-square-foot residence incorporates wood, stone, concrete and other materials common in today's contemporary styles. But it's the metal work that sets it apart. And there's plenty of it.

The owners, Marnye Summers and Kevin Reynolds, both create art from metal, so it's not surprising they chose to incorporate it in structural components and as artistic flourishes



around the home.

“Heating, smelting, forming, twisting, forging hot metal is bending nature’s raw materials to form structures that support and enhance our dwelling,” said Summers. “It is like magic to me. I love it!”

Reynolds restores vintage motorcycles and shares a downstairs studio with Summers. In her main floor studio, Summers creates dog-themed art by painting flat pieces of steel that she’s fabricated with a plasma cutter. These colorful pooches are frozen forever in dynamic poses affixed to walls throughout the home and sold to clients who commission her work. Flesh-and-blood rescue hound Ratty Rat, a pit-bull mix, is one of fourteen dogs the couple has rescued over the past thirty-four years. She keeps a guarded eye on her masters and spends time in her own custom-designed indoor and heated outdoor kennels.

URBAN LOFT STYLE IN BEND’S FOOTHILLS

The home’s main living space on the upper floor has high ceilings, oversized, industrial-style light fixtures and radiant heat beneath concrete floors. “There’s an urban loft atmosphere,” said Bend architect Scott Gilbride, who worked with the couple on designing the two-story home. “We got close to building an urban loft in the foothills of Central Oregon,” he joked, adding that “[Summers and Reynolds] don’t have the city, but they have the feel of it.”

The kitchen island and front door illustrate his point. The island’s Caesarstone quartz countertop is supported by a shipping container on steel castors (which don’t actually roll) and metal seats that swivel. The metal panels of the front door are constructed in what Gilbride describes as “steampunk” design, which plays out in this house as scrap metal put together in a quilt-like pattern with exposed fasteners.

Doug Wagner of ModernFab in Bend built the metal panels for the front door, as well as the jailhouse barn door that separates Summers’ main-floor studio from the living, dining and kitchen area. “Marnye was persistent that the jail door have an opening where she could be fed,” he said, adding that she gave him a lot of freedom in creating the design. Working with the couple was fun because they were open to experimental approaches, he said. Another unique feature is a space high above Summers’ studio where salvaged, dilapidated windows of varying sizes and colors hang from metal railings constructed by Wagner.

A key design concept was to locate Summers’ and Reynolds’ studio and office spaces close together and adjacent to the great room. “We’ve been married thirty years and like to be close,” Reynolds explained. His office, like his wife’s studio, has a standing-height workstation on wheels.

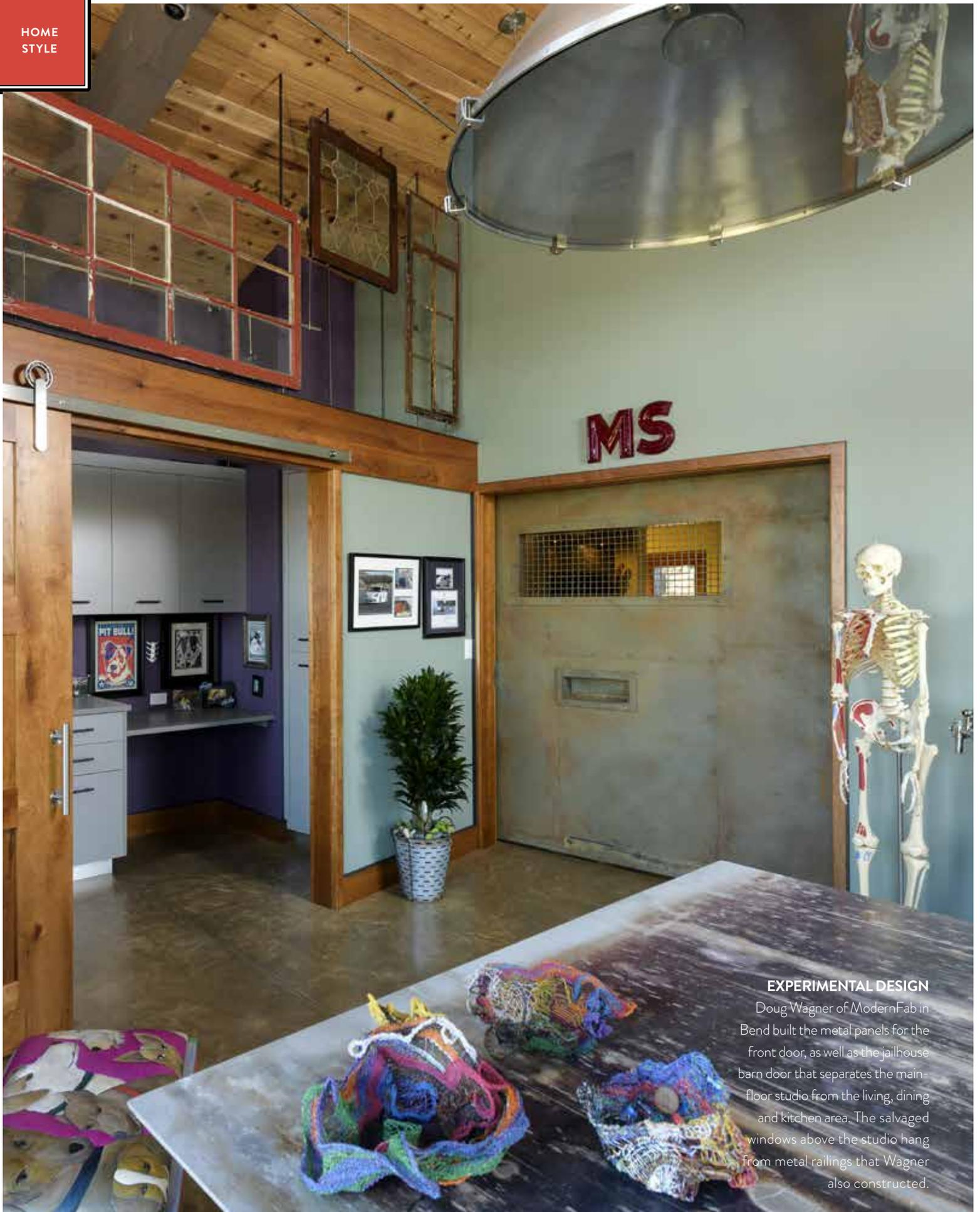


“Heating, smelting, forming, twisting, forging hot metal is bending nature’s raw materials to form structures that support and enhance our dwelling,” said Summers. “It is like magic to me. I love it!”

GUARD DOG

Summers creates art from flat steel painted to celebrate all things dogs.





EXPERIMENTAL DESIGN

Doug Wagner of ModernFab in Bend built the metal panels for the front door, as well as the jailhouse barn door that separates the main-floor studio from the living, dining and kitchen area. The salvaged windows above the studio hang from metal railings that Wagner also constructed.



HINKLEY

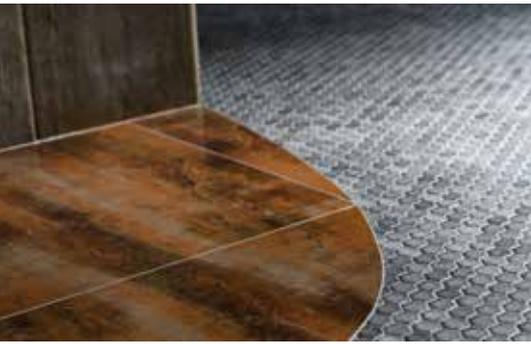
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INDUSTRIAL MEETS CONTEMPORARY

Despite the inclusion of one-of-a-kind metal touches (for example, all the wood baseboards and door trims are edged with steel, painstakingly incorporated by Elevado Metalwork), the industrial aspects are tempered by curved, knotty cedar ceilings, farmhouse sinks in the kitchen, rustic cherry wood doors and cabinets, bold colors and a wood-burning fireplace in the living room.

The master suite sports less metal, more wood and is a tribute to African art collected during the couple's travels. The large, open bathroom with windows to the backyard features towel-warming racks, an open shower with no door to squeegee and a head-to-toe body dryer.

But the standout architectural feature is the huge closet. Three walls of floor-to-ceiling cherry cabinets hide clutter and every thread of clothing. (A meticulous streak apparently competes with Summers' anything goes, artistic impulses.) A peek inside one of the cabinets confirms that shoes and sweaters do, indeed, reside there. The closet also includes an island and mirror to reflect its purpose.

CITY STYLE OUTDOORS

From the rusted metal panels that form the roof to the landscaping, the Reynolds-Summers industrial style found expression on the home's exterior as well. Two local metal workers, Hunter Dahlberg of Orion Forge and John Herbert of Iron West, shaped steel into metal walls in the landscaping and forged exterior staircase railings and gates. Troy Stone and others of Bend Heating & Sheetmetal created rusted panels for siding. "They showed us different 'recipes' for rusting metal," said Reynolds. The home is also sided with stone and a wood product that replicates the look of barn wood.

In the end, this couple moved directly into the house from Southern California and got exactly what they wanted: an industrial modern home that reflects their love of metal and space to pursue their creative visions. **18**

HEAVY METAL

Throughout the house, one-of-a-kind metal accents are tempered with plenty of wood, farmhouse design features and bold colors.



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Contemporary KITCHEN Finds



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GRANITE LIQUOR DISPENSERS

2. Rock-solid wine and liquor dispensers are hewed from a granite cobblestone base and have a stainless-steel valve to ease pouring. The dispenser can be further customized with a four-inch-tall base (will fit a high ball glass) or a seven-and-a-half-inch base (will fit a wine glass). \$25-\$140 | Pavé Fine Jewelry | PAVEBEND.COM



LAVA COUNTERS

3. Lava topped by an enamel glaze creates a virtually indestructible counter surface. Available in twenty-four colors including citrine, hazelnut and carbon, the material withstands high temperatures and acids without burning or staining. It can even be integrated into your stovetop to allow seamless induction cooking through the work surface. Prices start at \$220 per square foot | Order through PYROLAVEUSA.COM



KITCHEN LINENS

4. The April Cornell line of bright cotton table linens will bring a shot of color to your winter kitchen. With a business plan steeped in the concept of stewardship, the company supports Doctors Without Borders, refugee resettlement and food distribution from its factory in India. \$7-\$56 | Welcome Home REDMONDWELCOMEHOME.COM

GOVINO GLASSWARE

5. Perfect for sipping from the dinner table or a picnic table, the Govino line of glassware has won awards for its user-friendly thumb-imprint design. The glasses are shatterproof, dishwasher safe and recyclable. Sold in whiskey, flute and highball designs as sets of four. \$17.95 per set | Kitchen Complements | 541-389-5413





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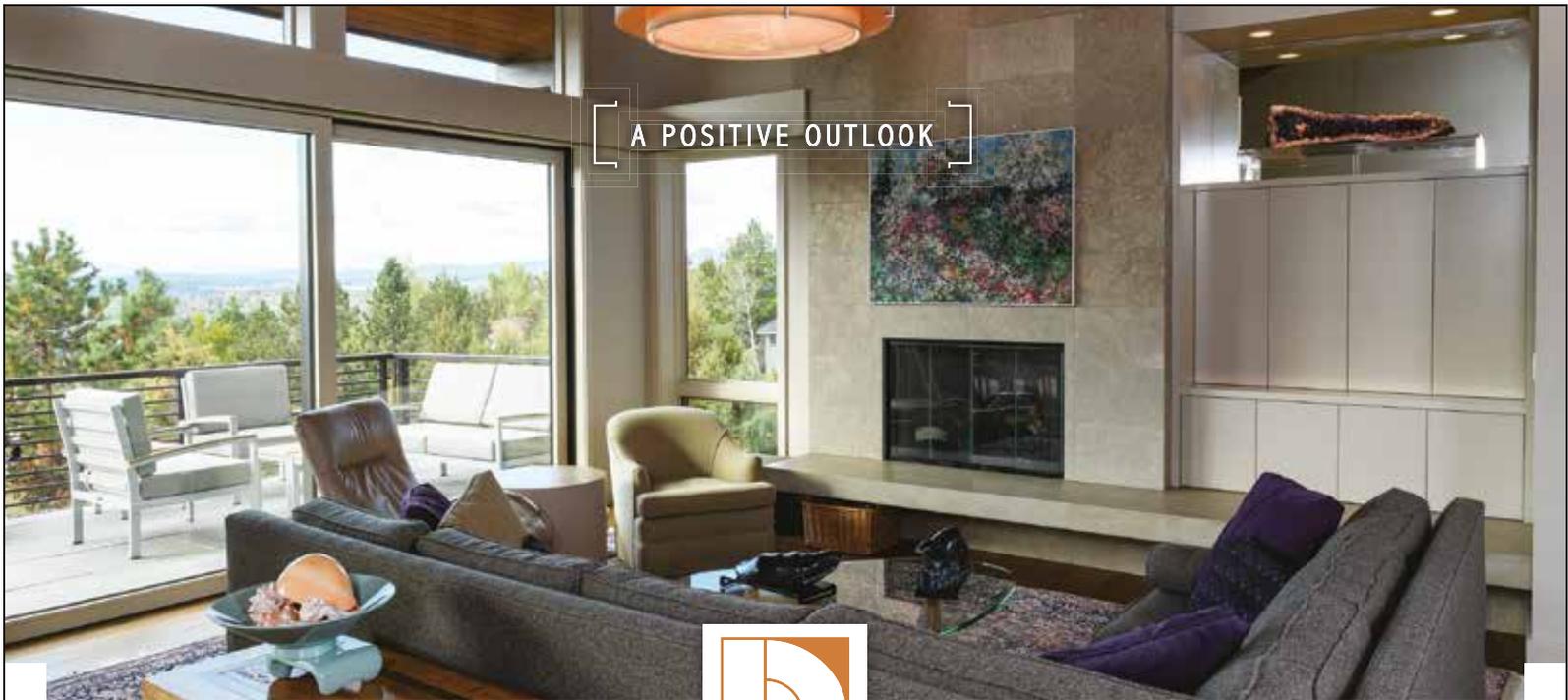
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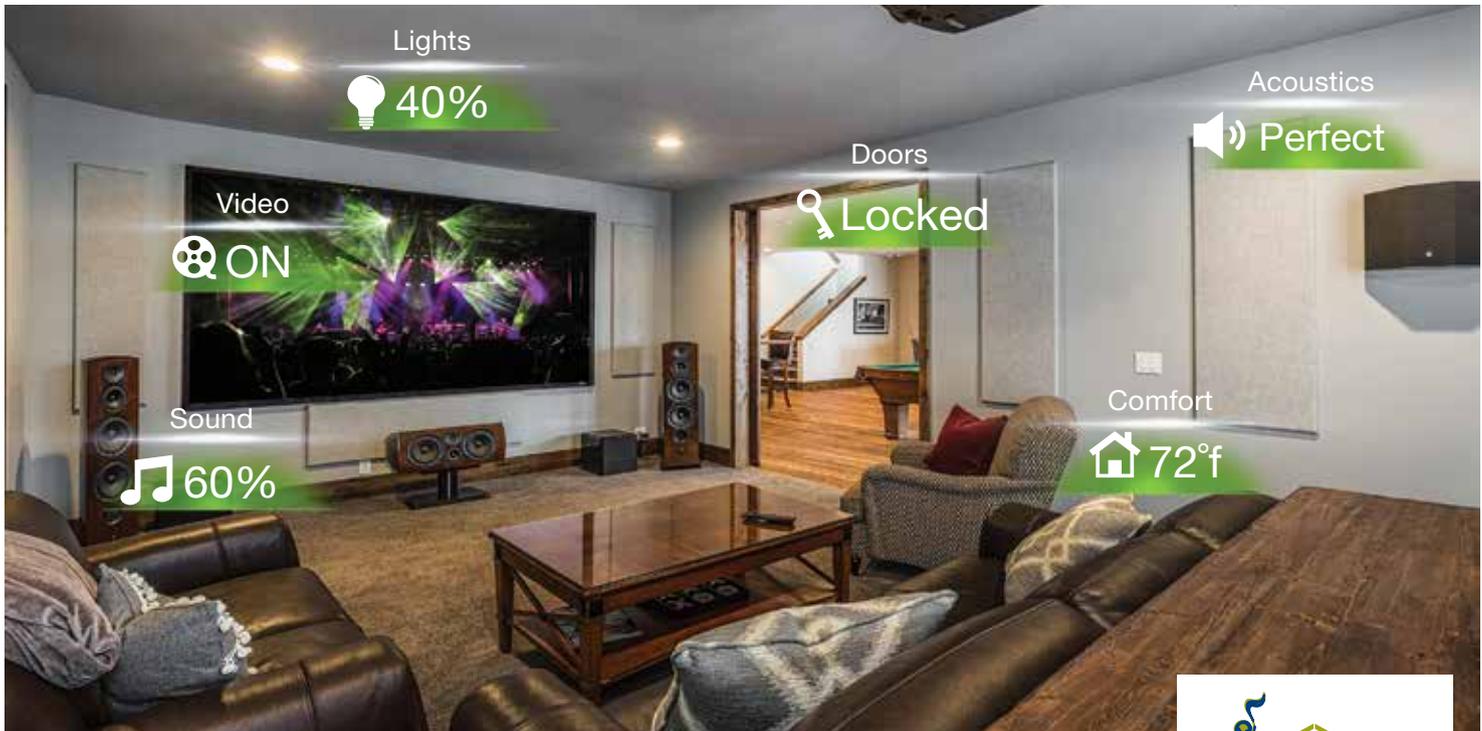


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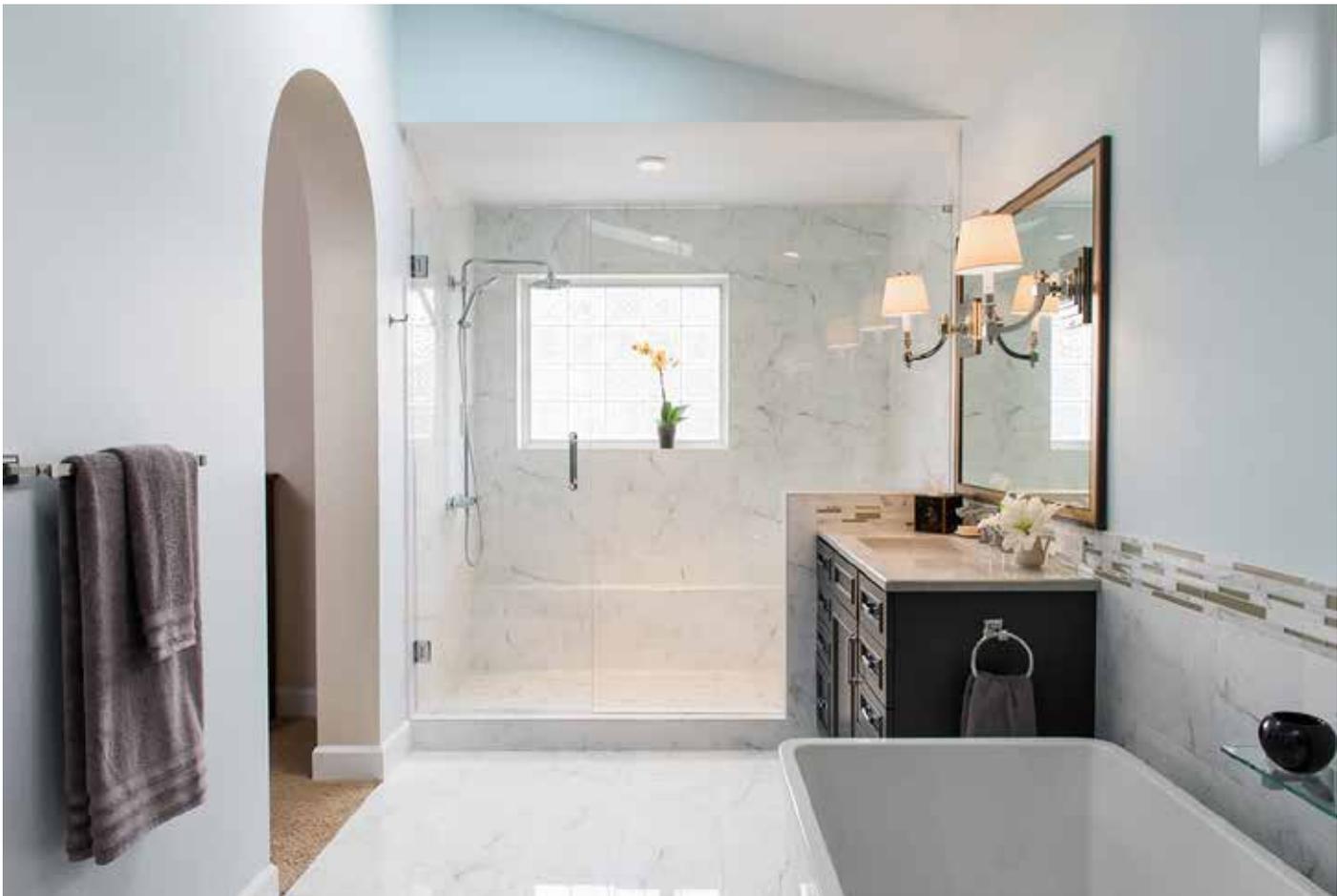
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WRITTEN BY STEPHANIE BOYLE MAYS



Living rooms, like bedrooms, can be rearranged and reinvented. Couches can be swapped, colors added and subtracted. Lighting revamped. But bathrooms, like kitchens, remain stubbornly fixed in time. All the more reason to ensure that any bathroom remodel project is carefully planned and executed.

We talked with designers Martha Murray and Patricia Julber about two recent projects that combined contemporary style with functionality. In each instance

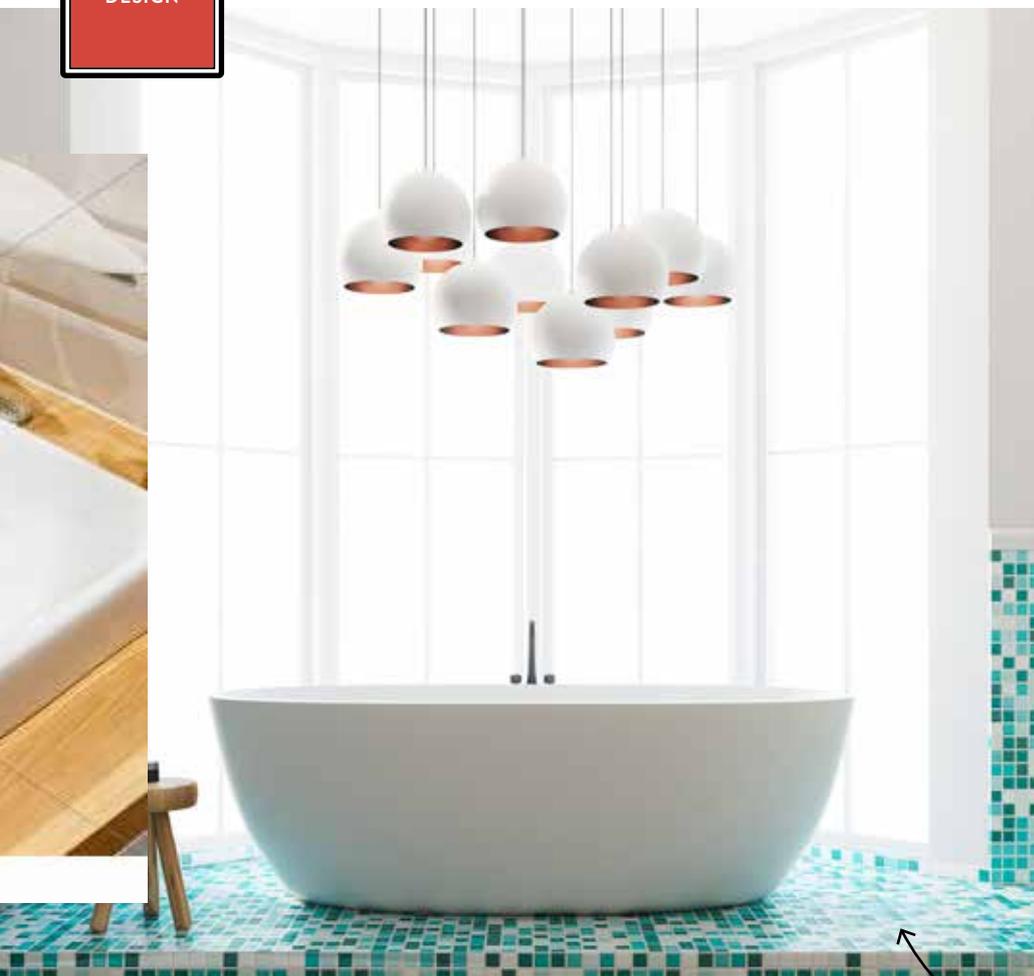
the homeowner traded clunky or outright kitschy elements for clean, bright designs that emphasize simple elegance.

“When we looked at the house, you couldn’t help but notice the bright teal color of the bathtub even though the owners had tried to obscure it with a big potted plant,” explained Bend homeowner Shelley Ransom, who worked with Julber on the remodel. Other design features that had to go included small greenish tiles in the jetted tub’s surround and sinks that were carved into the counter to resemble shells.

Kathryn Miller had a different tale of bathroom woe. “I didn’t like the layout,” she said. “A huge shower was oddly placed in the middle of the room, and the dark cabinetry was maybe lodge, maybe Northwest, but not really anything, style.”

Both women echoed what designers say Central Oregonians now want in master bathrooms: light-filled spaces, freestanding tubs, easy to care for materials, white or light cabinetry and functional spaces.

Whatever the reasons for the project, or



SOAK IN STYLE

Freestanding bathtubs have become popular in lieu of large, jetted tubs and leave more space in a bathroom.

the accompanying wish list, the common denominators are budget and time. Managing expectations is key. “Watching HGTV has not done anyone any favors,” said Bend designer Julber. “The programs give a distorted view of the projects. Everyone thinks project timelines will be much shorter and budgets will buy a lot more.”

Due to the cost of plumbing and finish work, bathrooms are especially challenging. “It might be a small room,” added Murray, the designer who worked with Miller, “but people just don’t realize what goes into a bathroom—the technical details, money spent on fixtures, the number of workmen involved and the high labor costs in Central Oregon.” Whether the project is new construction or a remodel, upfront planning is essential and hiring a designer is an excellent idea. “I don’t know how someone could act as their own project manager,” said Ransom. “There is too much to do, and in Central Oregon where there is such a demand for good subcontractors, you need a

designer who already has everyone in place.”

Many people start by choosing the counter material. Quartz, quartzite and granite are popular and durable choices that are easy to maintain. “I had originally wanted marble counters,” recounted Miller, who opted for low maintenance quartz, “but Martha talked me out of it because it stains easily.” Also out are tiled counters (though tile backsplashes are popular). “I can’t remember the last time I put in a tile counter,” said Julber, who used quartz in the Ransom home. “People want easy care.”

Like small tiles on countertops, big, jetted tubs are also out. “They took up too much room,” said Murray. “People are now asking for freestanding bathtubs.” Both Miller and Ransom replaced jetted-tubs with freestanding models. In the Miller bath, a freestanding tub took the place of the oddly placed shower, and in the Ransom home, it replaced the teal Jacuzzi.

While tubs and countertops may drive the design style, flooring, lighting, and hardware and plumbing fixtures are also important

choices for style and safety. Miller and Ransom opted for porcelain non-slip tiles, which are budget friendly and help prevent accidents on wet floors. Additionally, both families had better lighting in their bathroom wish lists. “I like to layer lighting,” said Murray, who added a chandelier to Miller’s space, “with lighting overhead, at eye level and under cabinets.” Julber noted that while different metals have become popular for fixtures, it’s important to choose designs that are easy to manipulate, such as the lever-style faucets and bar-shaped drawer pulls in the Ransom project.

Choices made and work completed, Miller and Ransom are more than pleased with the finished rooms. At the Ransom household, the parents knew the project was a unanimous success when their two young daughters decided they could share the bathroom, as well. “I haven’t had the heart to send them back to their own bathroom,” said Ransom. “I understand why they want to be here.” **B**



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WELD DESIGN STUDIO

Art From Order

WRITTEN BY KIM COOPER FINDLING

Weld Design Studio crafts aesthetically detailed, highly original sculpture and furniture in a north Bend metal shop.

For the past eleven years, Andrew Wachs has run a metal shop called Weld Design Studio out of a modest industrial space on Bend's north end. The 1,350-square-foot studio is wedged into a nondescript building surrounded by rabbit brush and juniper near the Deschutes River. Inside is a feeling of order. Steel plates and bars lean efficiently against one wall. Slabs of reclaimed wood are stacked neatly on a table. An enormous CNC plasma-cutter sits unobtrusively in one corner. Simple design elements decorate a wall. Everything, it seems,

is precisely in place.

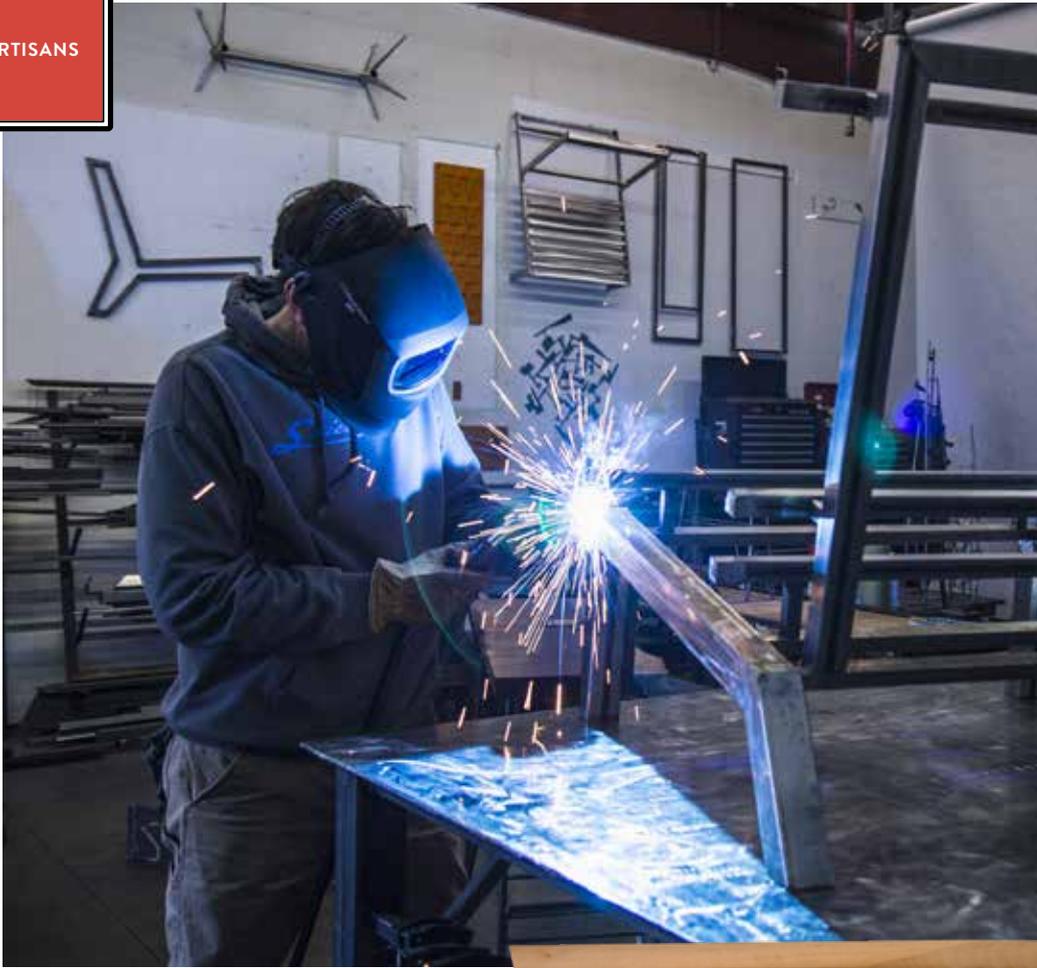
"It works for me this way," said Wachs, who has lived and worked in Bend for the better part of twenty-three years. "It's a tight space for a reason. I can work more efficiently. Whenever I feel cramped, I think, 'If this studio was in Brooklyn, you'd be a king.'"

An amazing diversity of fine art, sculpture and metal fabrication emerge from Weld, as if rabbits from hats. Wachs, who grew up in Portland and studied sculpture at Western Washington University, has completed projects in scope from 10 Barrel Brewing logo cutouts

smaller than your hand to a kingfisher perch installed near the Bend Whitewater Park last spring that's as tall as a tree snag.

Lately, Wachs' passion has turned to furniture. A few years ago, he began collaborating with Portland-resident Dylan Woock, a family friend, Bend native and University of Oregon architecture graduate. The two dreamed up a collection of tables, each individually designed from the top down, that they call the Sketch Series.

That's where the reclaimed wood comes in. "Each table is handmade and driven by shape,"



said Wachs. The table design begins with a wooden slab, suspended mid-air. “We begin with a concept of dimension.”

Legs of rolled steel are essentially ad libbed underneath, fitted to complement the table top, creating a product guaranteed to be different than the one that came before it and the one that will come after. “We use four uniform legs—they are all the same,” explained Woock.

“But by the nature of how we compose them, they look random,” said Wachs. “That’s why I call these tables sketches. They come together like a drawing.”

The collaboration that Wachs, 50, and Woock, 27, share benefits from a “fluid information transfer,” said Wachs. Woock is a skilled computer draftsman and technician, while Wachs is more free-form, accustomed to creating sculptures in real space.

On the other hand, Woock said, “My approach is looser. Andy’s work is beautifully detailed and highly crafted, but my design sensibility is to show roughness here, a blemish there.”

This blend is demonstrated in another recent project, a rocking chair known as Rocker



XL that Woock sketched on a whim one day. “That’s been our baby for the last year,” he said. The simple, contemporary sling rocker is fabricated from tube steel treated with a patina, oiled leather for the sling and black and white oak for the arm rests. “The rocker is the classic American piece of furniture,” said Woock. “Ours is clean, contemporary and oversized. It feels like sitting in a hammock.”

For now, the Rocker XL is available only as a commissioned piece, though Wachs and

Complementary Craftsmen

Dylan Woock, above left, and Andrew Wachs, above right, at Weld Design Studio in Bend. The designers’ Rocker XL, previous page, is their “baby.”

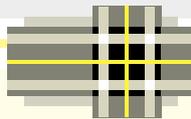
The Sketch Series tables, right, are essentially ad libbed and produced one at a time from Weld Design’s Bend studio.

Woock dream of taking it to market on a larger scale. The Sketch Series tables are also mainly commissioned, produced one at a time from Weld’s compact, tidy studio. In each case, they are a demonstration of art meeting purpose, springing from order. “My approach is straightforward,” said Wachs. “Design, fabrication, execution. We’re creating something to function—it shouldn’t be just pretty.” ■



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Bottoms Up

A mountain molded into the bottom of a pint glass took off like wildfire—and Mount Bachelor is the next peak in line to be pressed forever into glass.

WRITTEN BY KIM COOPER FINDLING

On February 1, 2015—Superbowl Sunday—Leigh and Matt Capozzi and their family kicked back to watch TV in their Portland home. On the screen wasn't the game, however, but a live feed of the Kickstarter campaign they'd launched that morning. The goal was to raise \$15,000 to begin production on a pet project they'd dreamed up with their friend Nic Ramirez: a hand-blown pint glass with the shape of Mount Hood molded into the base.

"Our hope was to be able to produce maybe 200 glasses to fulfill Kickstarter orders and gift the rest to friends and family," recalled Matt. Fate had another plan for the founders of North Drinkware. Instead of the projected thirty-two days, \$15,000 was raised in five hours and fifteen minutes. Within forty-eight hours, North Drinkware was 600 percent

funded. The campaign ended with \$531,000 in pre-orders of The Oregon Pint from more than 5,500 backers.

"We achieved our five-year business plan day one," recalled Matt. "It was blistering," agreed Leigh. "We thought, wow, this is a much bigger idea than we thought it was."

What the North team loved about the handcrafted vessel—the way it celebrated both Oregon craft beer and the state's beloved and tallest mountain—turned out to be only part of what attracted others. "We fielded hundreds of emails in those early days," said Leigh. Some interested buyers were Oregon ex-patriots, missing home. Some were one-time visitors seeking a souvenir. Some loved the idea of supporting the art community. Others appreciated the 100 percent locally sourced

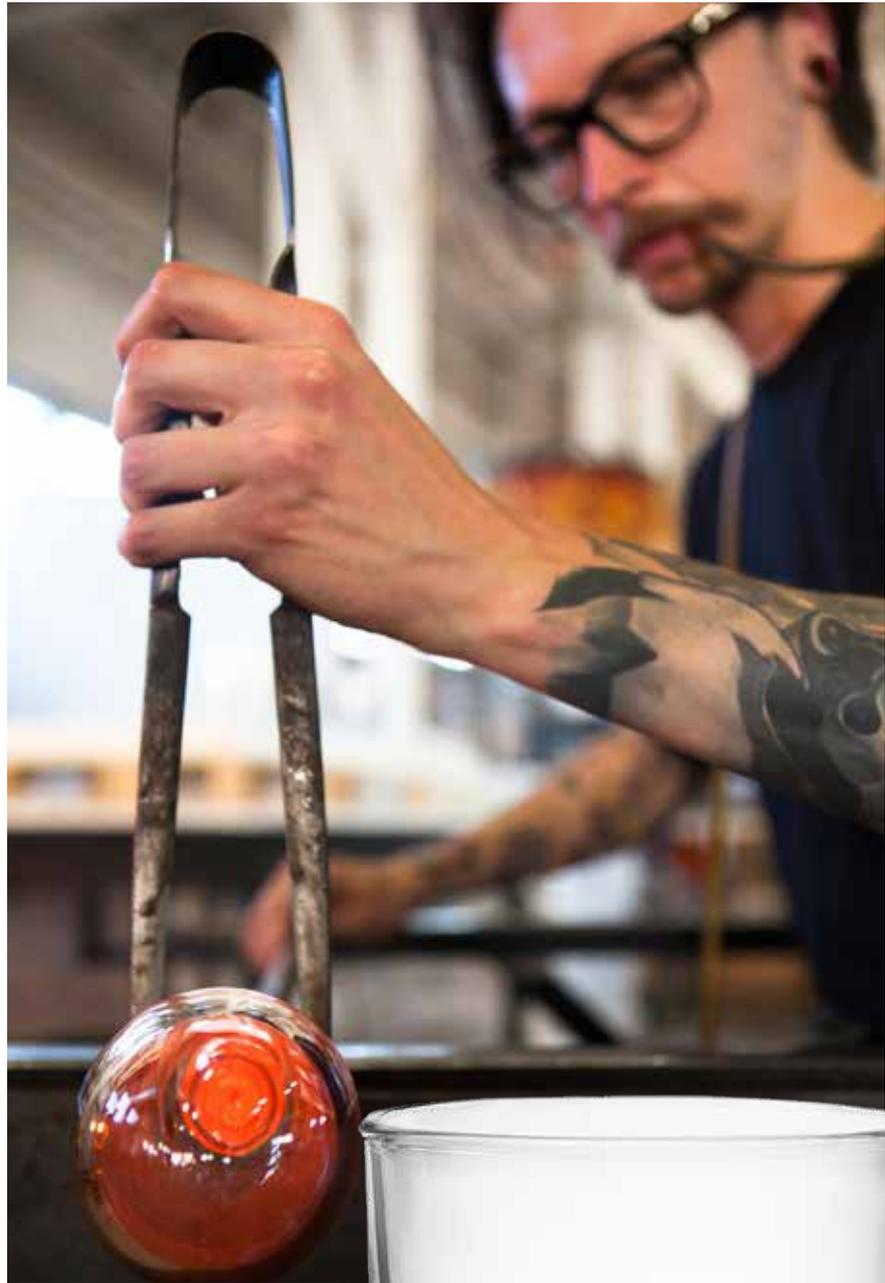


business model. Overall, the glass hit a serious chord of connection to Oregon and the mountains. “What’s great about Kickstarter is that it’s a platform for authentic connection with consumers,” said Leigh. “You can put your idea out to the mass community and see what people really think.”

The team was blown away by the feedback they received, both aesthetic and financial. But challenges were still to come. Taking USGS data of a mountain from 3-D imagery to tangible, detailed design was its own trial. Next was the search for a mold medium that could withstand the 600-degree temperatures of the hand blown glass process. Several very expensive graphite molds (as well as a lot of pint glasses) were destroyed before they arrived at the stainless steel mold currently in use. It took eight months to fulfill the original 12,000 Kickstarter orders and another to launch an online store, which promptly sold out.

These were all good problems to have, and anyway, the trio had come to North Drinkware with a combined powerful skillset. Leigh and Matt met in the late 1990s while working for Burton Snowboards, Matt in product management and Leigh in public relations. Matt and Nic both presently work for Cinco Design in Portland, a product and brand design agency with huge clients such as Nike, Smith Optics and Microsoft. “All three of us have had the opportunity to work for world-class brands and agencies through our careers,” said Leigh. “Launching a brand and having to manage everything from logistics to development and production to marketing to finance has been an amazing growth opportunity.” Like so many entrepreneurs, the team has found that what makes this experience stand out in the arc of their careers is that it’s personal. “Doing great work is fulfilling, but doing great work and seeing results for your own brand is super rewarding,” said Leigh.

Matt and Leigh moved to Bend in 2016, fulfilling another dream to raise their two daughters closer to their long-term “personal playground,” Mount Bachelor. Nic and Matt now put in a day or two each a week for North, while Leigh concentrates full-time on the company. Glass blowers create



*“We achieved our
five-year business
plan day one.”*

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custom pints and tumblers five days a week at Elements Glass in Northwest Portland; warehousing and shipping is all out of Portland, too.

North Drinkware currently produces glasses featuring mountains from Washington, Colorado, California and Vermont, in addition to Oregon. Custom wood coasters featuring USGS topographic data complement each glass. This February, North will launch a new collection featuring a second mountain from a state for the first time. Not surprisingly, the peak they chose for this distinction is their own most cherished, Mount Bachelor. “We’re excited to honor our local mountain and offer a glass to our hometown,” said Leigh. The Mount Bachelor pint and tumbler will be available at Ginger’s Kitchenware and Lark Mountain Modern in Bend, as well as online.

More mountains should appear in the bottom of your glass in coming years, though maybe not as quickly as that Kickstarter campaign that got everything started. “We have a team mantra of wanting the company to be ‘just big enough,’” said Leigh. “We want to grow responsibly and authentically.” ■

BY THE NUMBERS

BEND VENTURE CONFERENCE

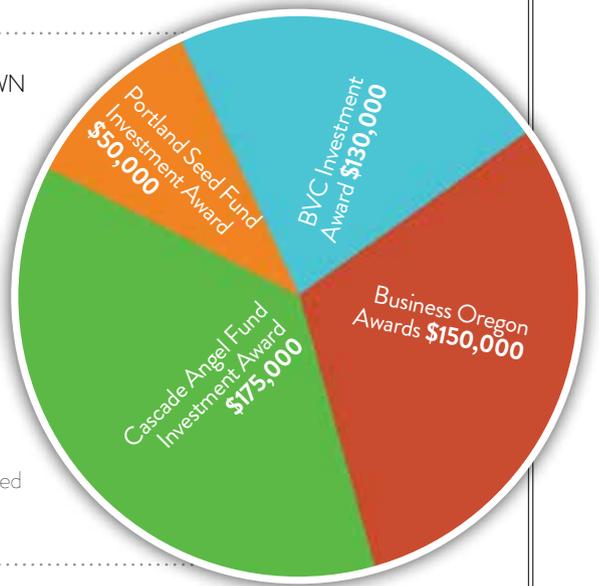


TOTAL DOLLARS
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Now in its fourteenth year, the 2017 Bend Venture Conference doled out more than \$1.65 million to Oregon-based startups and growth stage companies in late October. The always sold out event that takes place at the Tower Theatre has become a major draw for investors, entrepreneurs and anyone interested in getting a glimpse at how ideas are taken from development to market.

GROWTH STAGE BREAKDOWN

There were two big winners in the Growth Stage Competition, where companies compete for multiple funding sources. The top recipient was Bend’s LeadMethod (*Bend Magazine* Sept/Oct. ’17) which took home roughly half a million dollars in VC funding. The other notable was Handful, a Wilsonville-based women’s lifestyle clothing company, which claimed \$400,000 in backing. The graphic (right) shows how LeadMethod earned its big payday.



About LeadMethod

The Bend-based tech company develops sales and marketing software for companies that sell through channel partners and distributors. The company is using the BVC funds plus additional investment dollars to increase the workforce from twelve employees to twenty employees and has moved into a new office space more than twice the size of the company’s former location, according to CEO and founder Justin Johnson.

PHOTO TOP LEFT NORTH DRINKWARE

hug it out · be brave · get giggly · amazing is all around · imagine ·
forgive yourself · invest in you · read · take the high road · engage
· peace & kindness are friends · face forward with courage ·
play away · **live** practice gratitude · champion
love · be your best · make it memorable · find
focus in an era of frenzy · honor solitude

· every day is a teacher · volunteer with your heart · make your moment ·
wonder people...activate · listen · **love** spend some time
in nature this week · follow your passion · write
down five things you are grateful for today · write a
song · create art · forgive yourself · read the classics · be a giver ·
do something special for yourself today · seek truth · close your eyes and
see with your other senses · find your inspiration · give positive feedback

· surprise someone with flowers · write your thoughts · believe in you ·
embrace hope · **give** feel with your whole self · thank a
mentor · go out on a limb · rise to the challenge · be
bold · simplify · find a way to play today · reflect ·

give five meaningful compliments · make a decision you have been putting
off · show up · call someone you miss today · be a friendly driver all day ·
be worthy of people's trust · clean out your closet · spend some time with a
furry friend · wonder at the stars · admire the trees · write your own mission
statement · you matter · marvel at the mountains · reach out to an old friend
· watch an old movie that makes you laugh · sing in the shower · dance in

the kitchen · look on the bright side ·
play a game · learn a new art · dance
· respect · get lost in wonder · help
out a neighbor · sign up for a class
· go to the theatre · memorize a
poem · plan an adventure with a friend · try a little yodel · give yourself
permission to try something new · walk in the woods in complete silence



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Will BLOUNT

Ruffwear's president on growing an international company in Bend and nurturing a collaborative creative community of outdoor entrepreneurs.

INTERVIEW BY KIM COOPER FINDLING

Colorado native Will Blount has been at the helm of Ruffwear since 2001. The performance dog gear company was founded by Patrick Kruse, who presented a collapsible, fabric water bowl for dogs to an immediately enthusiastic public in the early 1990s. Today, Kruse leads the product development team and Blount is president of Ruffwear, which generates \$20 million a year in sales from its headquarters on Bend's west side. Bend Magazine caught up with Blount to discuss the company's trajectory, the local outdoor entrepreneurial scene and the cool renovations coming to Ruffwear's commercial space.

Tell us about your background and how you first came to Bend.

I grew up amid the mountains and rivers of the Rocky Mountains. I earned a business administration degree in college, and knew early on that outdoor pursuits, following curiosity for the unknown and learning by doing were my path to a fulfilling life. When I was 10, my father took me steelhead fishing on the Deschutes River. I remember the beautiful sunrise and sunset and the adrenaline rush of catching my first anadromous trout on its journey back to its birthplace to spawn. This experience ultimately drew me to call Bend home in 2001.

What have been the most significant challenges and benefits of growing an international business in a small Oregon mountain town?

Our backyard is full of mountains, forests and a vast high desert that are the inspiration and testing ground for all our gear. Recreational at-



tractions, combined with a great culture, help us attract amazing talent. As for challenges, one we've set for ourselves is to make purposeful visits to our customers and distributors, whether that means down the street or across the ocean, to understand their needs.

Ruffwear is renovating its headquarters to include a new co-working space. What sort of members do you wish to attract, and what sort of environment do you hope will result?

We consider the co-working space to be an incubator targeted toward outdoor-oriented professionals. We envision it as a home to like-minded businesses, independents, startups and freelancers, from creatives to conservation nonprofit organizations. We want this to be a community, with up to 125 new users to the space and nearly 25 percent of the space developed as common areas.

Ruffwear is projecting at least 100 percent revenue growth over the next four years. What are your goals moving forward as a company and as a part of Bend's outdoor products scene?

From the start, we've been a company driven by purpose over profit. We're focused on building relationships with our dealers and customers, as well as our team and our community. While Ruffwear is an international company now, we started as one fellow working in his garage. We believe in a culture of innovation, and we hope the co-working space will nurture this. Through educational talks, noon-hour mountain bike rides or beers with friends at day's end, we believe networking, sharing resources and conveying experiences make for engaging days—this makes us better at what we do best. We also believe the time is right. Bend is home to the first outdoor industry-focused accelerator in the country, Bend Outdoor Worx, and a funding conference, Venture Out, for outdoor companies, as well as the Oregon Outdoor Alliance and an outdoor product design program at OSU-Cascades. It's an exciting time.

What do the dogs have to say about more company at the company?

We're secretly working on a dog translator! But I think it's safe to say the dogs are excited about having more four-legged and two-legged friends.



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WINTER WONDERLAND

PHOTOS BY RICHARD BACON, ALEX JORDAN, ROSS LIPSON AND ZACK SCHNEPF

After last year's winter (and the daily shoveling), it would be understandable if you didn't take part in the communal praying for snow that happens around town when the temperatures start to drop. But we're here to remind you of the beauty in the snow, too. In this story, four photographers share their favorite winter scenes, capturing mist rising from a lake, a quiet moment of deer leaving footprints in the snow and sunlight beaming on a forest of frosted trees. These mesmerizing images showcase the high desert in all its winter glory.



ZACK SCHNEPF | DESCHUTES RIVER



ROSS LIPSON | SMITH ROCK



RICHARD BACON | ELK LAKE





ALEX JORDAN | MOUNT WASHINGTON DRIVE



ROSS LIPSON | TODD LAKE



ROSS LIPSON | SPARKS LAKE

OREGON'S OLYMPIC Dreams



LESSONS FROM OREGON'S (FAILED) EFFORT TO WOO THE WINTER GAMES

written by TIM NEVILLE

Come February all sporting eyes will be on South Korea—assuming Kim Jong Un doesn't nuke it first. These Games give the South Koreans a chance to show the world they do more than just kimchee and K-pop and that they have a winter sports culture, too. But let's get real, if seaside Sochi was a stretch, then South Korea doesn't seem much better.

Let's do some comparing. PyeongChang, like Bend, has an outdoorsy vibe with a river and trails and cars crowned with roof racks, but unlike Bend, PyeongChang is not a single town but a collection of them. Taken together, they have about the same population as we did circa June 1999, or about 44,000 people. Their mountains, the Taebaeks, are no Cascades at about 5,000 feet. And though PyeongChang does have more ski areas than we do, you could fit every one of theirs into our one, all at once. Snow? We got you there, *chingu*. In Korea, powder usually refers to what you put on your face. So if South Korea can pull it off, why not Oregon? The U.S. Olympic Committee is lobbying to bring the Winter Games back to home soil. So how about it, why not Bend 2038?

"Well, we did host the National Beard and Moustache Championships here," joked Kevney Dugan, president of Visit Bend. "The Olympics would be fascinating but, I mean, just some of the basic requirements for something like that, where would we even start?"

The question, it turns out, isn't "where" so much as "when," and the answer is a hoot: 1984. That's the last time someone got serious about trying to bring the Winter Olympics to Oregon, while noting the events that could come to Bend.

The story of the time the Olympics nearly came to Bend but didn't starts with one Sam Lackaff, a Portlander and general manager of Blue Bell, a potato chip company that Lays would later crush. The Winter Olympics that year were headed to Sarajevo, Yugoslavia, where the Bosnians had to build the starting gate for the men's downhill on the roof of a mountain-top lodge just to meet the event's requisite vertical drop. Lackaff thought if Sarajevo could do it, Oregon could do it. So he took the idea public and mentioned aloud how some of the ice skating events could unfold on Sparks Lake.

Jack Elder laughed when he heard that. Elder had been an Olympic luge athlete at the 1972 Games in Sapporo, where he got fifteenth. After the Games, he moved to Bend to work at KBND, so he knew both Sparks Lake and the Olympics well. "I phoned

imagine
2,873
ATHLETES
FROM
98
NATIONS
OLYMPIC
EVENTS
40,000
LAW ENFORCEMENT OFFICIALS
25,000
VOLUNTEERS

Sam up and said they don't do Olympic ice skating on lakes any more," recalled Elder, now 76 and living in a suburb south of Portland. "Sam said to me, well, if you know so much why don't you come work with me. So I did."

Elder rallied Oregon grocery store executives, business leaders and a couple of IRS agents to form a nonprofit called Winter Organization Oregon, or WOO, and together they set their sights on the 1998 Games. The timing was good. Anchorage had just been passed over for the 1992 Games, which ended up in Albertville, France and the United States Olympic Committee opened the bidding up to other destinations. Salt Lake City, Reno and "Oregon" all expressed interest.

By 1988, things were cooking. "No better Oregon project than a bid for Olympics," boomed an editorial in the *Oregonian*. "Let's get aggressive and try to land this gem," read another a few months later. A survey of 300 mostly-Portland residents found 80 percent of respondents would favor hosting the Games. Lawmakers in Salem freed up \$300,000 in matching funds to go toward the estimated \$1 million

it'd cost to just prepare a bid. All in all, estimates put the total price tag of hosting the Olympics at around \$700 million. Could this really happen?

"There were a lot of dreamers back then," recalled Bob "Woody" Woodward, a former Bend mayor who covered six Olympics as a journalist starting in 1980. "I think everyone was a little starry eyed."

Even so, Bend roared into the discussion on January 22, 1988, when UMA Engineering out of Portland released a technical assessment looking at where exactly the events could be held. Portland's Civic Stadium, with some upgrades, could hold the opening and closing ceremonies and an expanded coliseum could house the hockey. It mentions housing athletes on cruise ships moored along the riverfront. Mount Hood would likely get the Nordic events on new trails that'd have to be built along with some of the alpine runs. The Bachelor portions might make you gasp.

Today if you head skier's right off of Bachelor's Cloudchaser chair, cruise past Wanoga and drop into what the maps call The Low East, you'll find the kind of terrain the study pinpointed as ideal for a bobsled course. If you come back around and gaze high upon the West Ridge and all the way down Thunderbird, that would be the Olympic downhill course, though today that route is not quite long enough. And ski jumping? "Mt. Bachelor has potential on a small butte near the main day lodge," the report noted. That's right; it'd be on the cone.

In the end, the effort fizzled. Salt Lake City, which would eventually land the 2002 Games, had thrown down more money and mustered more political will. An executive at U.S. Bank in Portland nailed the coffin closed after he pulled Elder into a room and told him that none of the big banks were willing to risk the hundreds of millions of dollars it'd take to make it all happen. They tossed him a bone. If he didn't blame the banks for the failed bid they'd pay off WOO's \$100,000 debt. No hard feelings, Elder said.

"To quote The Godfather, it was just business."

The idea of Oregon hosting the Olympics still lingers, though. Most recently, Damian Smith, founder of Pepper Foster in Portland, launched Oregon 2028 to explore the idea of bringing the summer games to our state. That effort lost its edge when Los Angeles won, but Smith said the idea isn't dead but postponed.

As for Bend, Dugan and others think the town should try to hold a smaller event like such as an Ironman or a Nordic championship. We have the hotels. We have the terrain. We have the will.

Until then, we'll always have PyeongChang.



OLYMPIC

Dreamers



When the Winter Olympics commence this February half a world away in PyeongChang, South Korea, some fans here in Bend will be watching the games with a little more at stake than national pride. They will be rooting for hometown and hometown athletes that they've known as students, classmates, friends and neighbors. They are the latest local hopefuls who have run the gauntlet of amateur and professional competition for a shot at Olympic gold and a place in history.

It's rarified air, to be sure. Only a handful of athletes make it to the top. But this year's games hold promise for a select few, including downhillers Laurenne Ross and Tommy Ford and snowboarder Ben Ferguson. Look a little deeper and you'll see a number of local skiers and riders in the Team USA pipeline who have their sights set on 2022. Take another step back and you will see a community that is chock full of former Olympians such as speed skater Dick Hunt ('60, '64) and cross-country skiing great Suzanne King ('94, '98). Yes, the Games are an international spectacle, but the fingerprints of Bend athletes are all over them. And for those about to compete, We Salute You!

UP AND COMING *Freeriders*

written by DANIEL O'NEIL



Ben Ferguson

Age 22

2nd place in Halfpipe,
2016 Calgary NorAm

Ben's ascent into snowboarding's elite began at age six on the curvy slopes of Bachelor. A knack for big, stylish airs gradually appeared, and Ben stacked up wins as a junior. By 2013, he had made the U.S.

Snowboard Halfpipe Team and became a respected name in the world of professional snowboarding. Soft-spoken and mellow, Ben nonetheless works hard on every angle of his career, and is self-competitive as an athlete. This explains his new-found fascination with freeriding in Alaska, where his truest instincts as a snowboarder come into play. Catch a glimpse of Ben's chops in his latest film, *Hail Mary*.

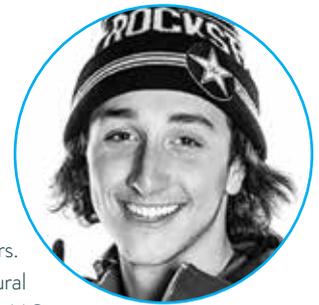
Gabe Ferguson

Age 19

5th place in Halfpipe,
2016 Aspen Snowmass Freeskiing Open

Little brother of Ben Ferguson, Gabe belongs to the up-and-coming younger generation of mind-blowing snowboarders. Bachelor's terrain, like a mountain of natural halfpipes, raised Gabe from age 4. Now a U.S.

Snowboard Halfpipe Team member, Gabe is rewriting the way tricks are done, like frontside 540 nose grabs. On and off the hill, Gabe is too relaxed to worry much. He keeps his stress level low. Gabe's riding style looks slow-motion, while brother Ben's is explosive. No wonder the two took first place for their doubles run at the 2015 Red Bull Double Pipe event in Aspen. Gabe's career has just taken off.



Hunter Hess

Age 19

2nd place in Halfpipe,
2016 Calgary NorAm

As a U.S. Ski Team Freeski Rookie Team member, Hunter starts the season in 2017 ranked fourteenth in the world for halfpipe. Bachelor's natural transitions and an MBSEF upbringing helped shape him into a

freeskier on the verge of Olympic fame. His confidence draws on a deep love for skiing, and a devotion to the halfpipe, where he's busy perfecting right-side double corks and learning new grabs. A competitive nature, methodical training and a keen sense of comic relief have Hunter on track to take podiums and Olympic medals in the near future. Beyond that, Hunter plans to debut soon in major ski films, and to spend more time street and powder skiing.

Anna Gorham

Age 17

5th place in Halfpipe,
2016 Aspen Snowmass Freeskiing Open

The youngest of Bend's U.S. Freeskiing Rookie Halfpipe team, Anna is a soft spoken high school student who has quietly risen the U.S. freeskiing ranks. She has plenty of opportunity ahead to impress

judges. Before she was old enough to drive, Anna snagged a halfpipe bronze medal at the 2015 FIS Junior World Championships in Italy. Now she's looking to enter the top twenty as a women's halfpipe skier. Anna trained independently on Bachelor to become a professional skier, a testament to her work ethic and inherent talent. A happy-go-lucky attitude and polished manners make Anna a great ambassador, while her freeskiing speaks fiercely for itself.



Jake Mageau

Age 20

4th Place in Halfpipe, 2017
Aspen Snowmass Freeskiing Open

Jake brings a free-spirited style to the U.S. Ski Team. An early childhood spent in Hawaii explains his flair. Unique grabs and a whole lot of flow put the spotlight on Jake's skiing, although his humble nature shies

away from hype. Heading into his third year as a Rookie Halfpipe Team skier, Jake looks set to represent his Bachelor roots with plenty of podium finishes. MBSEF coaching focused Jake's incredible athletic ability and talent, while his originality as a freeskier bodes well for a future of filming and pushing the evolution of his sport.

Jacob Beebe

Age 18

Overall Halfpipe Champion, 2014 U.S.
Revolution Tour

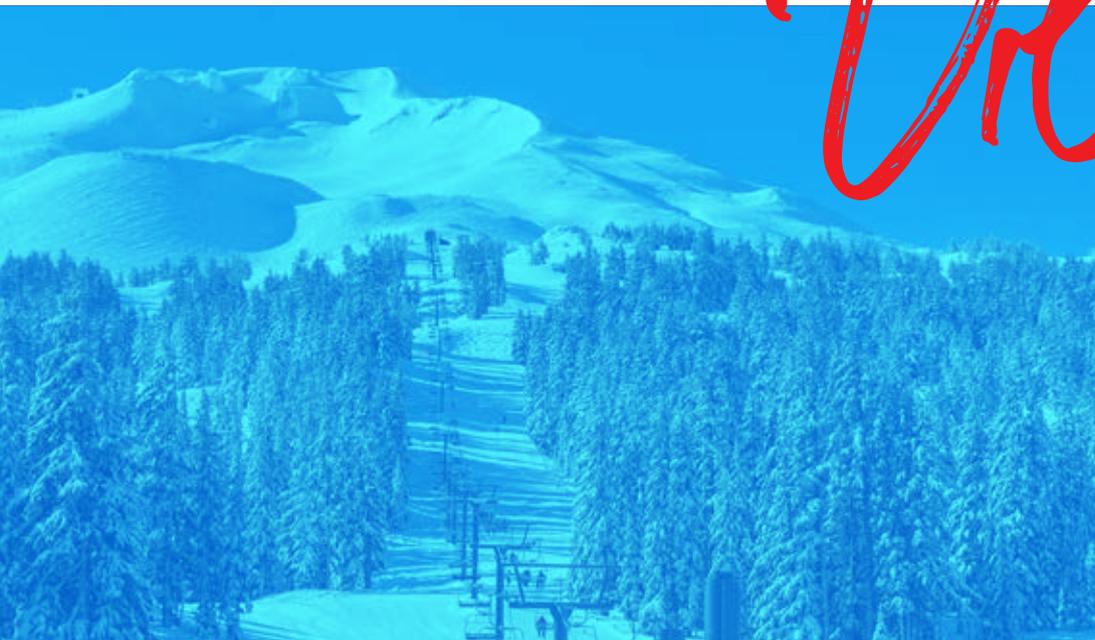
Jacob's halfpipe skills and confidence are high enough to win titles. He proved this as overall champion on the Revolution Tour in 2014 and by making the U.S. Ski Team Rookie Halfpipe squad last season. Although Beebe trained

in Sun Valley, he also attended Bend's Summit High School where he was an honor student. Bachelor's natural features taught Jacob how to blast airs, and a twelfth place finish at the 2016 X Games in Oslo proved he could compete at freestyle skiing's premiere events. When he's not traveling the world to ski pipes and powder, Jacob studies business at the University of Utah.



IT TAKES AN OLYMPIC

Village



1960
Squaw Valley

1964
Innsbruck

1968
Grenoble

1972
Sapporo

1980
Lake Placid



Jim Brennan
Ski Jumping



Dick Hunt
Speed Skater



Kiki Cutter
Alpine



Jay Bowerman
Biathlon



Dan Simoneau
Nordic

AN OLYMPIC TRAINING HUB IN THE HIGH DESERT

written by HEATHER CLARK

Bend's proximity to a world-class mountain with an extended season has made it a hotbed for competitive as well as recreational skiers. And while there is no magic formula for producing Olympians, let alone the next Shaun White or Lindsey Vonn, the Bend ski community led by Mount Bachelor Sports Education Foundation (MBSEF) has been developing and refining its athlete development model for more than half a century.

If the 2017/2018 season is any indication, Bend continues to be a breeding ground for elite snowsports athletes hoping to make their own Olympic mark.

Quality ski terrain is a key factor in what attracts, and cultivates, aspiring skiers and snowboarders. "We have a world-class mountain," said Nils Eriksson, the Swedish-born alpine director of MBSEF, who is approaching thirty years of coaching for the junior development program. "We have terrain well suited to learning the 'touch' of the snow."

Among the 600 youth enrolled in MBSEF programs this winter, some thirty are full-time athletes that train on the mountain five days each week. Many in this select group have dreams of competing on the world's biggest stage. MBSEF executive director John Schiemer said that every year a small number of young athletes in their program move seasonally to Bend for the opportunity to be close to the mountain and to hone their skills with expert coaches and other top athletes.

Teegan Lowe, a 17-year-old alpine racer, made the decision with her family last year to relocate from Monroe, Washington to Bend for the ski season.

With hopes of one day competing in the Olympics, she knew she needed to leave home.

"The amazing coaching staff [at MBSEF] and the ability to train even more days is something I decided would hopefully enable me to move to the next level as a competitor," said Teegan, a ski racer since she was five who is now in her second season with the program. "It ended up being one of the best decisions my parents and I have ever made."

While Bend is not home to any current Olympians in the Nordic events, there are Bend-based athletes

“Mt. Bachelor is as good as it gets anywhere in the world in the spring.”

still vying for the last remaining spots on the Men's Nordic Team. Dakota Blackhorse-von Jess, a world-class sprinter and former junior national champion, narrowly missed qualifying for Sochi in 2014 and is attempting to qualify for 2018 at National Finals in January. Bend Endurance Academy teammate Akeo Maifeld-Carucci is another elite men's Nordic competitor skiing down to the qualifying wire.

Even for Nordic skiers based elsewhere in the United States, Bend and Mt. Bachelor are virtually

household names. Nearly all of the members of the Canadian Olympic teams, including biathlon and Nordic combined, trained at Mt. Bachelor some time in the last year.

"Mt. Bachelor is as good as it gets anywhere in the world in the spring," said Justin Wadsworth, who lived and trained during the run-up to his three Olympic appearances. "I'd safely say that there's no better place to cross-country ski train that time of year."

After he retired from racing, Wadsworth would go on to hold head coaching positions with the U.S. and Canadian cross-country ski teams, both of which he brought to Mt. Bachelor for annual spring training camps.

Now living in Canmore, Alberta with his wife, Olympic gold-medal winning Nordic skier Beckie Scott, Wadsworth said variety in Bend is a key benefit that develops stronger and healthier athletes.

"Cross-country skiers do a lot of roller skiing and running," he said. "The roads in Bend are amazing, and obviously the trails for running and biking. Those are all aspects that were really ideal for Beckie and me when we lived there."

But at the end of the day, one of the reasons Bend lays claim to a reputation as an incubator for elite athletes is the proverbial rising tide. In other words, elite athletes beget more elite athletes.

"It's super important to have people to motivate you," said Dave Cieslowski, a former national level Nordic skier and current head coach of the U.S. Nordic Combined team. "Whether you're a high-level racer, or an up-and-comer, to be able to train and compete against those people elevates everyone." ➤

1984
Sarajevo

1988
Calgary

1992
Albertville

1994
Lillehammer



Rich Gross
Nordic



Ben Husaby
Nordic



Suzanne King
Nordic



Justin Wadsworth
Nordic

OLYMPIC

Hall of Fame

CENTRAL OREGON'S EXTENSIVE ROSTER OF FORMER WINTER OLYMPIANS

written by ERIC FLOWERS

With its mix of homegrown athletes, transplants and former Olympians, there's no disputing the connections between the high desert and the Olympic winter games. It's a relationship that dates back decades to the late 1960s when Lakeview grad and Skyliners ski club alum Jean Saubert claimed a bronze and silver medal in slalom and giant slalom at Innsbruck in 1964. Just a few years later an upstart teenage skier from Bend stormed onto the world stage as a late addition to the U.S. Ski Team at the 1968 Grenoble Games. Bend native Kiki Cutter posted the overall top result of any U.S. woman that year in France, skiing in the downhill, giant slalom and slalom events. She went on to become the first American woman to win a World Cup race. Cutter ultimately accumulated four World Cup titles before retiring early to attend college. She went on to become a ski ambassador and publisher. She now lives in Boston, but her influence is still felt in the Bend ski racing community and beyond.

Cutter was for years the only homegrown Olympian in Central Oregon, but

others with winter Olympic pedigrees were circulating around Bend. Ski jumper Jim Brennan suited up for the 1960 Squaw Valley games as an alternate. Brennan later relocated to Bend where he worked as a ski coach and realtor. Now retired and still living in Central Oregon, Brennan was inducted into the U.S. Ski Jumping Hall of Fame in 2009. Former Bend resident Jack Elder was another pioneer. Elder was an early member of the U.S. luge team, picking up the sport while stationed in Germany in the 1960s. He competed in the 1972 Sapporo Games and took part in several World Championships at a time when few Americans even knew the white-knuckle sport existed.

After Cutter, the next homegrown Olympian was Bend snowboarder Chris Klug, who competed at the Nagano Games in 1998 but broke through in the 2002 Salt Lake City Games, winning a Bronze medal in giant slalom. Klug qualified again for the 2010 games in Vancouver, B.C. with Bend ski and snowboard coach Rob Roy in his training camp.

1998
Nagano

2002
Salt Lake City

2006
Turin



Chris Klug
Snowboard Slalom



Beckie Scott
Nordic

“The Olympics are a completely different animal ... Nothing prepares you for it.”

On the Nordic side, Bend is known less for its homegrown talent (though several have come close to breaking through) than for our propensity for attracting elite athletes, such three-time Winter Olympian and former Bendite, Mike Devecka, who competed in the Nordic Combined in '72, '76 and '80. In fact, there was a time, not long ago, that if you wanted to know which former Olympians were living in Bend, you just needed to check the Pole Pedal Paddle results. The winners read like a roster of former U.S. Olympic Nordic skiers. There was two-time Olympic competitor Dan Simoneau, three-time Olympian Justin Wadsworth and two-time Olympians Suzanne King and Ben Husaby. Wadsworth, who competed in Lillehammer, Nagano and Salt Lake City, won eight consecutive Pole Pedal Paddle titles (a record). He now lives in Canmore, B.C. with his wife, gold medal winner Beckie Scott.

Medals are of course rare, but the memories are plentiful regardless of the event or the outcome. Husaby, who worked as the Nordic director at MBSEF and later founded the Bend Endurance Academy, recalls the excitement and being nearly overwhelmed by the scope of the games.

“The Olympics are a completely different animal. There is the added layer of guidelines and rules ... the external stuff going on and a magnitude that’s more involved than the world championships. Nothing prepares you for it,” he said.

Husaby competed in 1992 at Albertville, France and then again in Lillehammer in 1994 after the Olympic committee decided to move the summer and winter games on an alternating two-year schedule. It was in his second games at Lillehammer that Husaby said the immensity of the games hit him. There, Nordic-obsessed fans packed the cross-country ski courses shoulder-to-shoulder in a crowd that Husaby estimated in the tens of thousands.

“That was a once-in-a-lifetime experience,” Husaby said.



Justin Wadsworth



Chris Klug

2010
Vancouver

2014
Sochi

2018
PyeongChang



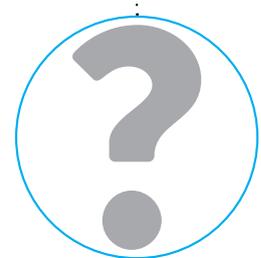
Tommy Ford
Alpine



Kent Callister
Halfpipe Snowboard



Laurenne Ross
Alpine



OLYMPIC

Doers

BEND'S CURRENT CAST OF OLYMPIC ELITES BRINGS EXPERIENCE TO THE BIG STAGE

Kent Callister

Age: 22

*Snowboard Park and Pipe
Birthplace: San Diego, California*



A hometown kid with an international pedigree, Callister rode to a surprise ninth place overall finish in the men's halfpipe at the 2014 Games in Sochi. A Bachelor product, Callister took a side door into the Olympics by joining the Australian team thanks to dual citizenship. His father is Australian, and Callister spent his younger years living in Australia, where he took up skateboarding. The family relocated to Central Oregon when Callister was just nine. He transitioned quickly to snowboarding and showed an aptitude for big air theatrics. Callister followed up his ninth place finish with a third place podium at the World Cup in 2015 at Park City and a sixth place spot at the World Championships in Austria that same year. In 2016 Callister qualified for the X Games halfpipe finals in Aspen, but withdrew after sustaining a concussion during a first-run fall. Several strong subsequent finishes have Callister well positioned for 2018. He remains a member of the Australian Park and Pipe team and is positioned to qualify and compete again in PyeongChang, bringing a dash of Central Oregon freestyle to South Korea.

Laurenne Ross

Age: 29

*Alpine Skiing
Birthplace: Edmonton, Alberta*



The Olympics run in the blood of alpine ski racer Laurenne Ross. Her father was a professional ski racer in Canada, and her grandfather was on the 1952 Canadian Olympic hockey team. But Ross has made a name for herself in women's downhill and super-G on the U.S. Ski Team. Born in Canada and on skis by two years old, Ross has dual citizenship and moved to Bend when she was 7. She earned her stripes racing at MBSEF and made the U.S. Ski Team when she was 17. Now 29 and based in Bend, she's ranked the sixth best downhill skier in the world and is aiming to make her second Olympic appearance. She made it to Sochi in 2014 and placed eleventh in the women's downhill, but she's only gained speed and skill since then. A traumatic knee injury during the last race of the 2016-2017 ski season prevented her from skiing for six months, but the multitasking athlete (she's also an art student at University of Oregon) is determined to make it to the Olympics again this year. For Ross, it all comes down to the mental game, and if the last few seasons are any indicator, she's got that part down.

Tommy Ford

Age: 28

*Alpine Skiing
Birthplace: Hanover, New Hampshire*



Tommy Ford recently landed in the top ten at a World Cup giant slalom race in Colorado—a career best—putting him on the path for a career high in the 2017-2018 ski season. It's been a long road back for Ford who suffered a serious injury while skiing in France in 2013, but one that Ford hopes leads to the slopes of PyeongChang and another shot at Olympic glory. A graduate of Summit High School and Bend resident since the age of 2, Ford, 28, skied with MBSEF at Mt. Bachelor and made the U.S. Ski Team in 2008. After a storied amateur career that included a second place finish at the World Junior Championships in 2008, Ford defied critics and punched a ticket to Vancouver in 2010 in giant slalom, one of his specialties along with super-G. A freeskiing injury scuttled his hopes for an Olympic encore at the 2014 Olympics in Sochi, but a major comeback in 2015 catapulted him to a second-place finish in giant slalom at the U.S. Alpine Championships at Sugarloaf in Maine last year.



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Substance With a Little *Style*

WRITTEN BY ALICE FINER

PHOTOS BY MIGHTY CREATURE COMPANY

In the dead of winter during long, cold nights, our minds dig deep for the familiar dishes that leave us feeling warm, satisfied, nostalgic. Central Oregon has a healthy relationship with comfort cuisine, from traditional recipes to the avant-garde. Several of our chefs have elevated the concept to create flavors that bring us back to grandma's cooking—that is if your grandma was Julia Child—and conjure up memories of childhood around the table.

The entire menu at The Porch in Sisters fits the definition of comfort food. Meatloaf, chicken and waffles, three cheese mac. The seafood pot pie, a take on the classic chicken pot pie with a Pacific Northwest twist, also easily fulfills the "haute" side of haute comfort. A light cream and vegetable base coats shrimp, scallops and smoked salmon. Puff pastry on top adds texture as well as a mechanism to soak up the delicious sauce.

"This dish is such a hit because of how it makes you feel when you eat it—like a warm hug to your soul on any day."

— Chef Jon Hosler

Cooking tips: Cook down a base of roughly chopped onion, celery and carrots in olive oil and add a splash of white wine. Add seafood and just enough heavy cream to cover the ingredients. Season and let simmer until reduced by one-quarter or veggies are tender. Top with puff pastry (even store-bought will do).

THE PORCH

Seafood Pot Pie

THE BLACKSMITH *Mac & Cheese Flight*



CHEF BRYAN CHANG

What's better than rich macaroni and cheese made with the best ingredients and cooked to perfection? Three kinds! Blacksmith's flight of three mac and cheese recipes—smoked, bacon and truffle smoked—are arguably the best in town. It's hard to pick a favorite, but, at Blacksmith, you fortunately don't have to.

"To me, comfort food should bring back memories of our younger days and hearty, homecooked meals. I like to combine both modern and classic techniques and ingredients to bring dishes to life for our guests, and I feel our food accentuates our cozy and comfortable atmosphere."

— Chef Bryan Chang

Cooking tips: Tillamook smoked cheddar plus heavy cream equals flavor. Never use skim or low-fat dairy products in mac and cheese.

5 FUSION *Ramen Carbonara*

A stunner of a dish, 5 Fusion's ramen carbonara combines the satisfaction of a hearty soup with the perfect dashes of refinement and balance that place it high among the impressive creations from James Beard-nominated Chef Joe Kim. This dish, topped with a quail egg and bathed in a broth that has an unexpected richness, will get you through a long winter night.

"On a cold day, there is not much more that I want than tomato soup with oyster crackers or a grilled cheese sandwich, because that is what my mother would cook for me as a child on a cold day. When I was in Japan, ramen was always my comfort food. I think everyone's comfort food is probably different. It is something that takes you to a place you loved, a person you loved or time you loved."

— Chef Joe Kim

Cooking tips: 5 Fusion's ramen broth is made in-house with pork bones, shallots, garlic, miso and tamari. The process takes about two days of boiling the pork bones to extract flavor, a method that might be overwhelming for a home cook. Any soup base can be used; instant miso soup is a great substitute.



JOO LZ Trophy Elk Chili

Joolz's trophy elk chili embodies the restaurant's theme "where the Middle East meets the Wild West." Garbanzo beans, rose harissa, crumbled feta and Middle Eastern spices are combined with traditional chili beans and ground elk, representing the West. An instant hit when it was added to the menu, this dish provides all the heartiness of a stick-to-your-ribs chili, but is lighter and has a surprising flavor profile that may outshine the original.

"People crave comforting dishes and keep returning to them when they offer a more exotic flair that they don't usually make at home."

— Chef Ramsey Hamdan

Cooking tips: Top it off with Fritos like they do at Joolz to add crunch and offer a taste of childhood.



CHEF RAMSAY HAMDAN

900 WALL Fried Chicken Dinner

When it comes to comfort food, it doesn't get more straightforward than fried chicken with mashed potatoes and gravy. But look a little closer at 900 Wall's fried chicken dinner, served Sundays only, and you'll find a perfectly crispy crust, not too greasy; the highest quality locally sourced chicken; a heap of creamy potatoes and gravy without a hint of a lump in either; and sautéed greens with onions and pancetta. It's the ultimate rendition of the classic.

"This dish provides a good perspective of the balance we strike at 900 Wall. We have an extensive wine list, yet pour Rainier on tap. We have a seasonal menu that highlights local ranches and farms. While our burger is one of our best sellers, we sell out of fried chicken every Sunday. I think the fact that we are able to offer so many aspects and styles of dining at a consistently high level speaks to our commitment to not doing anything halfway."

— Chef Clifford Eslinger

Cooking tips: Marinate chicken in a buttermilk base, dredge in seasoned flour and refrigerate for eight to twenty-four hours—a key step in drying it out to make for an extra crispy final product. To ensure a crispy crust, fry chicken in small batches to keep the oil temperature from dropping below 300°F. **IB**





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Chef Paul Itti

RESTAURANT

Family Thais

At long last, Chef Paul Itti of Wild Rose gets to cook his favorite dishes: his father's.

WRITTEN BY CATHY CARROLL

PHOTOS BY JOSHUA LANGLAIS



It's 1970, midday in the lush hills outside of Chiang Mai, northern Thailand, and a man leaves the small health care center in the countryside where he is the director and heads home. He goes straight to the kitchen to prepare lunch as he does every day, his nine-year-old son by his side. The boy's eyes are level with the blade as his father wields it with the precision of a surgeon, slicing raw pork, then methodically moving the long blade through it, mincing it perfectly.

With a long, slender, fresh lemongrass stalk, the father whisks the pig's blood, infusing it with the herb's flavor. The boy anticipates his father's masterful execution of the dish, one of his favorites, larb.

Nearly a half-century later, Paul Itti would recall those afternoons as a boy, what drove him to cook for a living, and why he chose his father's dishes as the focus of Wild Rose, the restaurant he opened in 2013, in a low-ceilinged, century-old building in downtown Bend.

"The meat has to be perfect—he'd show me how to chop it finer," said Itti, 56, sitting in his restaurant during a break between lunch and dinner service. "The soup had to be perfect, with the chicken tender—just right. He was picky, in a good way."

When Itti turned 21, he moved to Seattle to go to college, just as many of his cousins had done before him. He began studying interior design, and then accounting at Seattle Central Community College. Away from school, he waited on tables at a nearby Thai restaurant. He fell in love with one of the cooks at the restaurant and married her three months later. "I said, 'Let's do this,'" he said. Itti graduated, worked in accounting for three months, and quit.

"I liked the restaurant a lot better," he said. "Accounting was eight to five, and lots of numbers. I love meeting people and cooking, so I got a restaurant."

Itti and his wife, Ampawan, opened a Thai restaurant in Kelso, Washington, and a year later, their daughter, Rosie, was born. They wanted to leave the city

Wild Rose
150 NW Oregon Ave.
541-382-0441
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“I don’t have to look at Pok Pok, I was born in Chiang Mai. It’s in my blood.”

to raise her, and moved to Port Townsend, where they opened Khu Larb Thai restaurant in 1989, the first Thai restaurant on the Olympic Peninsula. They were serving the dishes that Ampawan, who is from Bangkok, had cooked for the restaurant in Seattle. Itti learned from her how to make pad Thai with peanut sauce, cashew chicken, and American takes on Thai food—not the cuisine of northern Thailand, or his perfectionist father.

Over the years, Itti took up golf, and became good friends with his first golf teacher, Lyndon Blackwell. After Blackwell moved to Bend, Itti visited, loved the golf courses and the small-town atmosphere, and moved here in 2013. When he looked at the restaurant space on Oregon Avenue, part of a former J.C. Penney store opened in 1908, the landlord suggested that Itti try his hand at a new trend in Thai food.

“He said, ‘Look at Pok Pok [the widely acclaimed restaurant that began in Portland, serving northern Thai cuisine],’” said Itti. “That’s my hometown. I don’t have to look at Pok Pok, I was born in Chiang Mai. It’s in my blood.”

Itti realized that Americans’ ideas about Thai food had become more sophisticated, and as Chiang Mai has grown as a destination, its cuisine has also become more well known. The dishes that Itti had cooked at home—the ones that Rosie’s classmates would make fun of when she took them to school for lunch—were being embraced.

Now was the time for him to cook his father’s dishes. At first, he would make an annual trip to his hometown of Sanpatong, about fourteen miles from Chiang Mai, to get five spices only available in that region, as well as the curry paste made by a woman he considers to be his sister, a longtime family friend. To make the paste, she picks chilis by hand, roasts them, dries them and grinds them, just as Itti’s father once did. Now he makes the trip three times a year to keep up with demand in his eighty-seat eatery, co-owned by Rosie. (His last trip included bringing back nearly ninety pounds of the stuff in several suitcases, he said.)

The ingredients are integral to many of the signature dishes at Wild Rose, such as khao soi, a yellow coconut curry broth with egg noodles, shallots, pickled cabbage, crispy egg noodles, green onion, cilantro, lime and hot basil pork, with aromatic “holy basil” over sticky Jasmine rice and topped with a fried egg. Even as the menu and fanbase have expanded, the flavors remain firmly grounded in the family tradition. A quick review of the menu reveals “Grandfather’s tom kha soup” of coconut milk, lemongrass, galanga, kaffir lime leaves, straw mushrooms and cilantro and includes an exuberant declaration: “Our grandfather’s secret recipe!” Whenever Paul Itti sips the hot, herbaceous liquid, he’s a little boy in Thailand again, discovering why perfectionism matters. **B**

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FARM

Raw Milk Mustache

Straight from the cow at Hope Springs Dairy.

WRITTEN BY MEGAN OLIVER

Youthful energy abounds at Hope Springs Dairy in Tumalo. One fall day, the lively chatter of owners Jeff and Lysa Seversons' six children, all under the age of nine and on their best behavior, echoed pleasantly, complementing a quintessential farm soundtrack. Six piglets rolled in flakes of hay as two cows contentedly munched on their brunch. Two dogs wrestled emphatically, weaving past grazing chickens who clucked disapproval. Mud squelched under hooves, boots and paws as the whole menagerie gathered in the pasture, where each cow-calf pair gets an about an acre of land, so the adults could talk about the raw milk business.

"I wanted to do something where I could be around my kids," said Jeff, who was working in the building industry until he and his wife started the farm in 2013. "My buddy at the Bend Soap Company pointed out that we'd been milking goats for years so our kids could drink quality milk. We believe in the nutritional benefits, so it was a values-driven business that my wife and I could get behind."

As the Seversons transitioned from hobbyists to business owners, they also made the move from goats to Jersey and Guernsey cattle breeds. "We met the Jersey cow and it was all over," said Jeff. "They have great milk—with the best cream—and high production volume. They also have such nice personalities. I needed cows I could trust with my kids."

The Seversons' timing couldn't have been better. Within a year of





starting Hope Springs Dairy, the family had enough income to support Jeff diving into the business full-time.

Around the same time, the Oregon Department of Agriculture settled a lawsuit that cited first amendment infringement and stopped enforcing the state law that banned raw milk advertising. In 2015, Gov. Kate Brown signed a bill allowing dairies to advertise in Oregon. While laws regarding the way in which raw milk can be sold vary by state, the number of states that allow the sale of unpasteurized milk has increased more than 20 percent since Gov. Brown's decision.

"When it came through that they were going to uphold free speech and the constitution, I went gangbusters—advertising and building the business," said Jeff. "We now have more than 200 herdshare members and produce more than 200 gallons per week. We'll be growing the business from our own herd and will hopefully have ten milkers soon, producing about 300 gallons of milk per week."

A herdshare is a partial ownership stake in a cow, which is the only legal avenue for off-farm raw milk sales in Oregon. In Hope Springs' herdshare program, customers buy a portion of the cow and receive weekly milk deliveries that break down to \$8 per gallon, then pick up their deliveries at one of two drop sites, Central Oregon Locavore in Bend or Schoolhouse Produce in Redmond. The Seversons are essentially the cattle's caretakers, farming,

milking and running delivery logistics. They have built the business organically, not having sought any financing for the dairy.

So why all the legal battles and tricky ownership structure for a natural product? Many public health experts warn that pasteurization, the process of heating milk to kill potentially harmful bacteria, parasites and viruses, is necessary for public health.

The Seversons, and other raw milk proponents, argue that cows are milked using a closed milking system (in which a hose is placed over the teats), reducing risky exposure during the milking process.

"I hang my hat on studies that show that the enzymes and probiotics in raw milk attack pathogens," said Jeff. "We combine that knowledge with sanitary practices and healthy cows."

Supporters also cite studies showing the added nutritional benefits of drinking unpasteurized versus pasteurized milk and the large percentages of people who are lactose intolerant who can purportedly drink raw milk with no reaction. While the scientific community is divided on the issue, legislative changes are tipping toward camp "raw," and the market share of people with raw, unpasteurized milk mustaches continues to grow.

"We couldn't be more thankful for people who want to eat locally and care where it comes from," said Jeff, whose cows only eat non-GMO grass, hay and locally-milled barley. "We feel so blessed." ■

IMBIBE

Crunk'n Punk'n

BROWN OWL

Like many of us, Brown Owl bar manager Jason Huggins' girlfriend loves all things pumpkin flavored. So when Huggins discovered pumpkin spice liqueur, he started experimenting with it in an effort to create the perfect winter warmer. After several rounds of trial and error, the Crunk'n Punk'n emerged. The boozy take on hot chocolate packs a punch but tastes like sugar, spice and everything nice.

Just voted as one of the "Ten Best New Oregon Taphouses and Beer Bars" by New School Beer, a popular website dedicated to Northwest craft beer culture, Brown Owl is located in the booming Box Factory alongside Immersion Brewing and Atlas Cider Co. Tucked between the Bend Parkway and the road to Mount Bachelor, the rustic-meets-industrial bar and adjacent food truck makes for a convenient pre- or post-mountain pit-stop. Make like a local and grab a Mountain Pounder to go, complete with a burrito and breakfast beer. After a day on the snow, stop back in for a beer or a craft cocktail from the full bar while you nosh on one of the signature sandwiches.

CRUNK'N PUNK'N

3 oz. gourmet hot chocolate
1½ oz. Crater Lake Espresso Vodka
½ oz. pumpkin spice liqueur (any brand)
½ oz. Tuaca
Dash of orange bitters
Toppers whipped cream, cinnamon and mint

Mix first five ingredients and pour into a snifter. Top with whipped cream, a sprinkle of cinnamon and a sprig of mint.



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ART TALK

Circus Dreams

Dawn Emerson is a mixed-media artist who isn't afraid to reinvent herself or her art.

WRITTEN BY LEE LEWIS HUSK

When Ringling Bros. and Barnum & Baily Circus closed in 2017, it revived memories of Terrebonne artist Dawn Emerson's summer of 1975. "I loved elephants and wanted to run away with the circus," she recalled. "I joined a third-rate, no maybe fourth-rate circus with crusty clowns as a synchronized swimmer between my sophomore and junior years of college."

The pools were dirty, and she nearly drowned in four feet of water. "We were never really synchronized," she said with a laugh. She left the circus and returned to school as planned but never forgot the mood and vibrancy of life under the big top.



Four decades later, Emerson recreated images of this bygone era in “Cirque d’Art,” a body of work exhibited last fall at the Bend Art Center. The program guide stated that by “using simple cutouts, textured materials, layers of color and different printmaking processes, Emerson captures a time, place and feeling that lives on in our imagination.”

Emerson sees the circus as a metaphor for life. “It’s serious, magical and humorous,” she said. “We all have to learn to juggle, take leaps of faith and figure out what’s in our own tents.”

Emerson’s own tent turned out to be art and the creation of mixed media pieces, printmaking, book writing, illustration and pastel paintings inspired by French Impressionist Edgar Degas. She also discovered a love for teaching children and adults how to express themselves through art. She spent five years as an artist in residence in the local public schools in the early 1990s, designing an art curriculum for kindergartners through twelfth graders. “Kindergartners are the hardest to teach,” she said, “but they taught me how to make art come alive.”

In 1992, she started painting with pastels and enrolled in workshops to learn from the best pastel artists in the country. She won awards for her pastels and exhibited in galleries across the country, including at Bend’s Mockingbird Gallery where she still shows her work.

In 2008, she met mentor and printmaker

Pat Clark, founder of Atelier 6000 studio (the education component of the Bend Art Center). Clark introduced Emerson to monoprinting, a process that results in a single print made with ink and a roller, often called a “painterly print.” After years of working in pastel, Emerson said the new medium caused her to “throw everything out and start anew.”

“The studio inspired a different voice in her work,” said Clark. “She conquered everything that was thrown at her in methods and media.”

Instead of working in small format, the two women created huge plates and then “ran over them” with steam rollers like those used in road building. Clark said Emerson became so skilled with ink that she created her own mixed-media techniques, combining monoprints with pastels. “She’s in the top two percent of American artists who work in pastels. She’s sought after as a workshop instructor and an art show juror,” said Clark.

Today, Emerson continues to challenge and reinvent herself as an artist. Her husband, Bruce, built her a large studio adjacent to their home in Terrebonne. She wrote and illustrated the book *Pastel Innovations*. And with a growing national reputation, she teaches about ten workshops a year across the country. But unlike her summer with the circus, the spotlight is on her and helping others find their own tents. ■



“It’s serious, magical and humorous. We all have to learn to juggle, take leaps of faith and figure out what’s in our own tents.”


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Back Deck ■ art & culture



■ arts

Liberty Becomes Arts and Nonprofits Hub

It's been a vaudeville theater, a real estate office and a television store, but this fall, the Liberty Theater in downtown Bend was secured as a dedicated arts and cultural space. Now called the At Liberty Arts Collective, the historic theater will be the home of nonprofits Scalehouse, World Muse, and the Arts and Cultural Alliance. It will also continue to serve as a hub for events such as the BendFilm Festival, art exhibitions and pop-up retailers. At Liberty was co-founded by Jenny Green, René Mitchell and Kaari Vaughn. "Many thriving nonprofits struggle to find an affordable office space to expand their presence," said Mitchell. "Part of At Liberty's mission is to provide a home for these organizations to collaborate, grow and expand."

MUSIC

JANUARY

- 21 Blind Boys of Alabama | *Tower Theatre*
- 17 Big Sandy, Rev Horton Heat, Voodoo Glow Skulls | *Volcanic Theatre*
- 20 Earthcry, Lapa | *Volcanic Theatre*
- 30 Orgone | *Domino Room*

FEBRUARY

- 7 Monophonics | *Volcanic Theatre*
- 25 Sean Hayes | *Volcanic Theatre*
- 28 Lee Ann Womack | *The Belfry*

■ literature

BOOKS ON A PLANE

This fall, the Redmond Municipal Airport (RDM) partnered with the Deschutes Public Library to start Flybrary, a book-lending program that allows passengers traveling to and from RDM to take a book, free of charge, from a lending library kiosk and hopefully leave a book in its place. The Deschutes Public Library provided "seed" books to jumpstart the program, with additional new and used books provided by the Redmond airport. In addition to Flybrary, those who are reading on a tablet or phone will have access to Libby, an app that will have book and audiobook downloads available from the Deschutes Public Library, which has recently seen an increase in its digital downloads. Those who take part in the program are encouraged to leave a Flybrary sticker on the book they donate, noting where the book has been.



Back Deck ■ *datebook*

LIVE MUSIC

Live Jazz Finds a Weekly Home in Bend

DEPENDING ON YOUR VANTAGE point, jazz is either slowly dying in its native country or going through a quiet rebirth. Jazz clubs have been closing in Portland—namely the iconic Jimmy Mak’s—as well as in L.A. and the Bay Area, yet, closer to home, live jazz is alive and grooving in Bend.

Not only is Bend regularly hosting top-name artists with Jazz at the Oxford (now in its eighth year) and the new Mt. Bachelor Riverhouse Jazz series, Currents Lounge at the Riverhouse has become a destination for free local jazz every Thursday night during the winter.

After its recent remodel and investment in a \$100,000 Steinway grand piano, Currents perfectly sets the stage for local players, many

with some serious chops. Renowned bassist and music instructor Warren Zaiger has assembled a lineup that’s equal parts youthful and fresh, and highly seasoned around these parts.

On any given Thursday, you might hear The John Bourke Trio playing tunes by Wes Montgomery and John Scofield or the Jazz Bros playing with the multi-talented George Bouhey. Perennial Bend favorite vocalist Michelle Van Handel makes an appearance, as well as Smudge, Zaiger’s duo featuring vocalist Elise Franklin, who explores the catalog of standards.

“Bend has a solid and growing pool of jazz talent,” said Zaiger. “We all know each other. So if a band member can’t make a gig for some reason, someone else can step in without missing a beat.”

Come enjoy the food, libations and all that jazz at Currents. The music plays from 7 to 9 p.m., with no cover charge. CURRENTSBEND.COM
— *Cam Davis*



■ recommended See more events that *Bend Magazine* recommends and submit your events at BENDMAGAZINE.COM/EVENTS

1/10-1/14 **JOHN DAY** **OREGON STATE SNOWMOBILERS CONVENTION**

Each year, snowmobile enthusiasts convene around the state to ride together on snowmobile trails, talk about snow safety and the sport and connect with a community of fellow snowmobilers. The Oregon State Snowmobilers forty-sixth annual event will be held in John Day this year. *Prices vary. John Day Fire Hall.*

1/12 **BEND** **APRÈS SKI BASH**

In the third event of Mt. Bachelor’s annual Après Ski Bash series, listen to live music from Swatkins & The Positive Agenda, a funk and soul group from Portland. The event is open to all ages, and there are local drinks and bites to sip and snack on while you stay warm by the fire. *Free. Crow’s Feet Commons.*

1/12-1/13 **BEND** **CHINA FORBES**

Known as the lead singer of Pink Martini, China Forbes will be in Bend for the Jazz at the Oxford series, which brings world-renowned jazz musicians and singers to Bend. She’ll perform three times throughout the weekend at 10 Below at the Oxford Hotel, and will be including some original music in her sets. *\$49. 10 Below, Oxford Hotel.*

1/12-1/14 **BEND** **GEORGE COLLIGAN, BUSTER WILLIAMS, AND LENNY WHITE TRIO**

In the third weekend of jazz performances from the Mt. Bachelor Riverhouse Jazz series, bassist Buster Williams, drummer Lenny White and pianist George Colligan combine their talents to form a world-class trio. Catch them in two performances on Friday and Saturday at the Riverhouse on the Deschutes. *\$55. Riverhouse on the Deschutes.*

1/13 **BEND** **CASCADE WEDDING SHOW**

Planning a wedding in Central Oregon? Don’t miss the Cascade Wedding Show, the one-day event that connects brides and grooms with local wedding and event professionals. Find inspiration and resources from more than sixty vendors and businesses with the latest trends and entertainment ideas in the wedding industry on display. There will also be raffles and prizes to take home. *\$10-\$15. Riverhouse on the Deschutes.*

1/13 **REDMOND** **POLAR BEAR RUN**

Join the 5k, 10k, half run or walk in the annual Polar Bear Run held at St. Thomas Academy in Redmond. After, refuel on warm drinks and snacks at the Polar Bear Expo, which will have local health and fitness vendors. *\$35-\$70. St. Thomas Academy.*

1/13 **BEND** **HIGH GRAVITY BREWFEST**

Get a taste of some of Central Oregon’s best craft beers at the fourth annual High Gravity Brewfest at McMenamins Old St. Francis School. The casual, all-ages brewfest will have a variety of Central Oregon’s craft beers and ciders available to sample while you huddle around the outdoor firepits at O’Kane’s. *Free. McMenamins Old St. Francis School.*

1/15 **BEND** **TESLA: LIGHT, SOUND, COLOR**

A mixed-media show exploring the work of Nikola Tesla, “Telsa: Light, Sound, Color” will surprise and entertain with a variety of acts, including live physics demonstrations and performances from the Eugene Ballet Company and Deglani String Quartet. The show will bring Tesla’s innovations and story to life through art and storytelling. *\$28.50-\$39.50. Tower Theatre.*

1/16-17 **BEND** **GOLDEN DRAGONS ACROBATS**

The Golden Dragons is a premiere Chinese acrobatic touring company that returns to the Tower in Bend. Performing a series of dances and stunts that have been a tradition for centuries, the Golden Dragons tour the United States with their stunning skills and entertaining shows. *\$27-\$47. Tower Theatre.*

Back Deck ■ *datebook*

KIDS & FAMILIES

Children's Museum Hosts Science and Art Pop-Up Series

ON SELECT SATURDAYS IN January, February and March, the Children's Museum of Central Oregon, a nonprofit in the stages of creating a permanent science and art discovery center in Bend, will host a series of Pop-Up Museum events designed for kids and families.

More than 650 people attended the first pop-up event in October at the Riverhouse on the Deschutes. The exhibits are designed for kids ages 3 to 11, and families are encouraged to take part in the activities together. Kayla Wopschall, the director of the Children's Museum, said that the event is a way for families to spend time together while engaged in science and art.

"The whole idea behind the events is that it's completely free for the community to attend,

and a place and time for families to come together and explore science themes," said Wopschall.

The pop-up exhibits are very similar to what they have planned for the permanent science and art discovery center in Bend, which is still in the fundraising stages. There are a variety of arts and crafts designed around a scientific theme that is fun and engaging.

This is the third year of the pop-up series. The events have been so popular that they have moved from a classroom to the Bend convention center. Wopschall said that they have families coming from all over Central Oregon to attend the events, and they will likely have similar pop-up events in Prineville and Madras this winter, as well. — *Bronte Dod*

January 6 | Making Things Go
February 3 | Chemistry
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Riverhouse on the Deschutes
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■ recommended See more events that *Bend Magazine* recommends and submit your events at BENDMAGAZINE.COM/EVENTS

1/18 BEND

RUBBISH RENEWED FASHION SHOW

Fusing fashion and sustainability, Rubbish Renewed Fashion Show is an annual fundraiser for REALMS Magnet School that features two runway shows with locally made fashion. The catch is that each piece is made using material that otherwise would have gone in the trash or recycle bin. The first runway show features fashion created by students. The event will also have live and silent auctions, a marketplace, and local food and drinks. \$10-\$20. *Midtown Ballroom.*

1/19-2/4 BEND

RADIANCE: THE PASSION OF MARIE CURIE

"Radiance: The Passion of Marie Curie" is a dramatic play written by Alan Alda. The true story follows Curie's personal life after her husband, Pierre, with whom she shared the Nobel Prize in physics for their work in radiation, dies in an accident. Curie finds renewed love and strength from Paul Langevin. But the scandal of the affair threatens her career. \$10-\$20. *Cascades Theatre.*

1/20 PRINEVILLE, SISTERS, REDMOND MUSIC IN PUBLIC PLACES SERIES

There are three chances to see the Music in Public Places Series from the Central Oregon

Symphony Association. There will be performances of classical music at the Prineville, Sisters and Redmond libraries at 2 p.m. featuring different ensembles from the Central Oregon Symphony. *Free. Various locations.*

1/22 BEND

VIRGINIA RIGGS CHILDREN'S CONCERT

Kids and families will enjoy the Virginia Riggs Children's Concert, where musicians from the Central Oregon Symphony will perform an interactive and engaging classic musical concert. Get to the concert early to take part in the "instrument petting zoo," when kids can get up close to the instruments and learn more about how they work. *Free. Bend High School Auditorium.*

1/27 BEND

AUTHOR! AUTHOR! MARY ROACH

Acclaimed science journalist Mary Roach will be in Bend as part of the Author! Author! series from the Deschutes Public Library. She's published seven books including *Stiff: The Curious Lives of Human Cadavers* and most recently *Grunt: The Curious Science of Humans at War*. Her meticulous research is paired with smart humor that educates and entertains. \$25. *Bend Senior High School.*

1/28 BEND

GREAT NORDEEN XC AND FAT BIKE RACE

Head to Mt. Bachelor for the sixteenth annual Great Nordeen cross-country ski and fat bike races. Choose from the 18k or 30k cross-country ski races that starts at the West Village Lodge and end at Wanoga Sno-Park. There is also a 15k fat bike race at the event. *Prices vary. Mt. Bachelor West Village Lodge.*

2/9-2/11 BEND

A CAPPELLA FESTIVAL

This is the third year for the A Cappella Festival, a singing competition that takes over the Tower Theatre and downtown Bend for a weekend in February. A Cappella groups from junior high, high school, college and beyond come to Bend to perform and compete. If you can't make the main stage performances, head to the Old Mill to watch the aca-pop performances from the groups. \$25-\$54. *Tower Theatre.*

2/9-2/10 BEND

A TRIBUTE TO STEVIE WONDER

In the third installment of the BendBroadband Jazz at the Oxford series, musicians Paul Creighton and Jarrod Lawson will be performing A Tribute to Stevie Wonder. The performances on Friday and Saturday will feature the jazz and soul songs of Stevie Wonder. \$49. *Oxford Hotel.*



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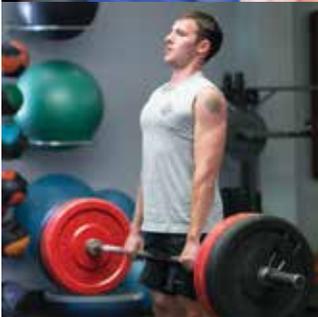
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COMMUNITY

Local School “Bombs” Downtown Bend With Hearts

IF YOU FIND YOURSELF strolling down Minnesota Street in downtown Bend this February 14, don't be surprised to see red hearts of many shapes and sizes pinned to trees and hung from signs—a lot of red hearts. The Waldorf School of Bend will once again be scattering love and art downtown this Valentine's Day by way of more than 1,000 hand-sewn felt and crocheted hearts.

The annual project is called the Downtown Bend Heart Bomb and is an interactive installation meant to shower Bend with love. The hearts are all made by hand by members of the Waldorf School community—some bear special messages such as “All you need is love” and “Your heart knows the way.” The intention is that passersby will find and choose a heart to take with them, or to pass along to a friend or family member, ultimately reminding us that we are all connected by love.

By the end of the day, project organizers hope that each and every heart will have disappeared, returning Minnesota Street to its former state, but leaving behind a lingering feeling of goodwill. — *Kim Cooper Findling*



■ recommended See more events that *Bend Magazine* recommends and submit your own events at BENDMAGAZINE.COM/EVENTS

2/10 SISTERS **HOODOO WINTER CARNIVAL**

Head to Hoodoo for a daylong festival featuring games and activities for the whole family. From a ski javelin throw and a team tube race to a pie eating contest and Frisbee golf, the Hoodoo Winter Carnival will be sure to entertain when you and your family need a break from the slopes. *Hoodoo Ski Area.*

2/10 BEND **POLAR PLUNGE**

Brave the chilly water of the Deschutes River for a good cause. The Polar Plunge is an annual benefit for Special Olympics Oregon, where participants take part in an early morning dip into the river. \$50 minimum. *Riverbend Park.*

2/11 REDMOND **TIEN HSIEH**

Tien Hsieh is an award-winning pianist who will be performing in the February event for the Redmond Community Concert Association. Hsieh will be joined by tenor Robert Trenpham in a classical music performance. *Redmond Performing Arts Center.*

2/11 SISTERS **WE BANJO 3**

Smoke from wildfire season may have cancelled the Sisters Folk Festival in September, but the Winter Concert Series is in full swing. We Banjo 3, an Irish string band considered “the hottest thing in Irish music,” returns to Sisters for a performance in February. \$10-\$60. *Sisters High School.*

2/14 SUNRIVER **VALENTINE'S DAY DINNER AND CONCERT**

This Valentine's Day, grab your loved one and head to the historic Great Hall in Sunriver for the annual dinner and concert presented by Sunriver Music Festival. Enjoy a hosted happy hour and gourmet meal from the resort's chefs. Top off the evening with dancing to the live music performed by saxophonist Patrick Lamb. \$75-\$80. *Sunriver Resort Great Hall.*

2/16 BEND **OPERAGANZA**

Get a taste of the upcoming season of opera from OperaBend, a new opera production company in Central Oregon, at the Operaganza. There will be entertainment from local opera performers throughout the evening, as well as a silent auction. Operaganza will be held at Elevation at the Cascade Culinary Institute and the ticket includes a three-course meal and wine. \$75. *Elevation.*

2/16 BEND **AUTHOR! AUTHOR! COLSON WHITEHEAD**

Colson Whitehead's 2016 novel *The Underground Railroad* won a Pulitzer Prize, among many other awards, that year. Whitehead will be in Bend to talk about that and his other writing that includes novels and essays at the Author! Author! event from the Deschutes Public Library in February. \$25. *Bend Senior High School.*

2/16-2/17 BEND **REGINA CARTER QUARTET**

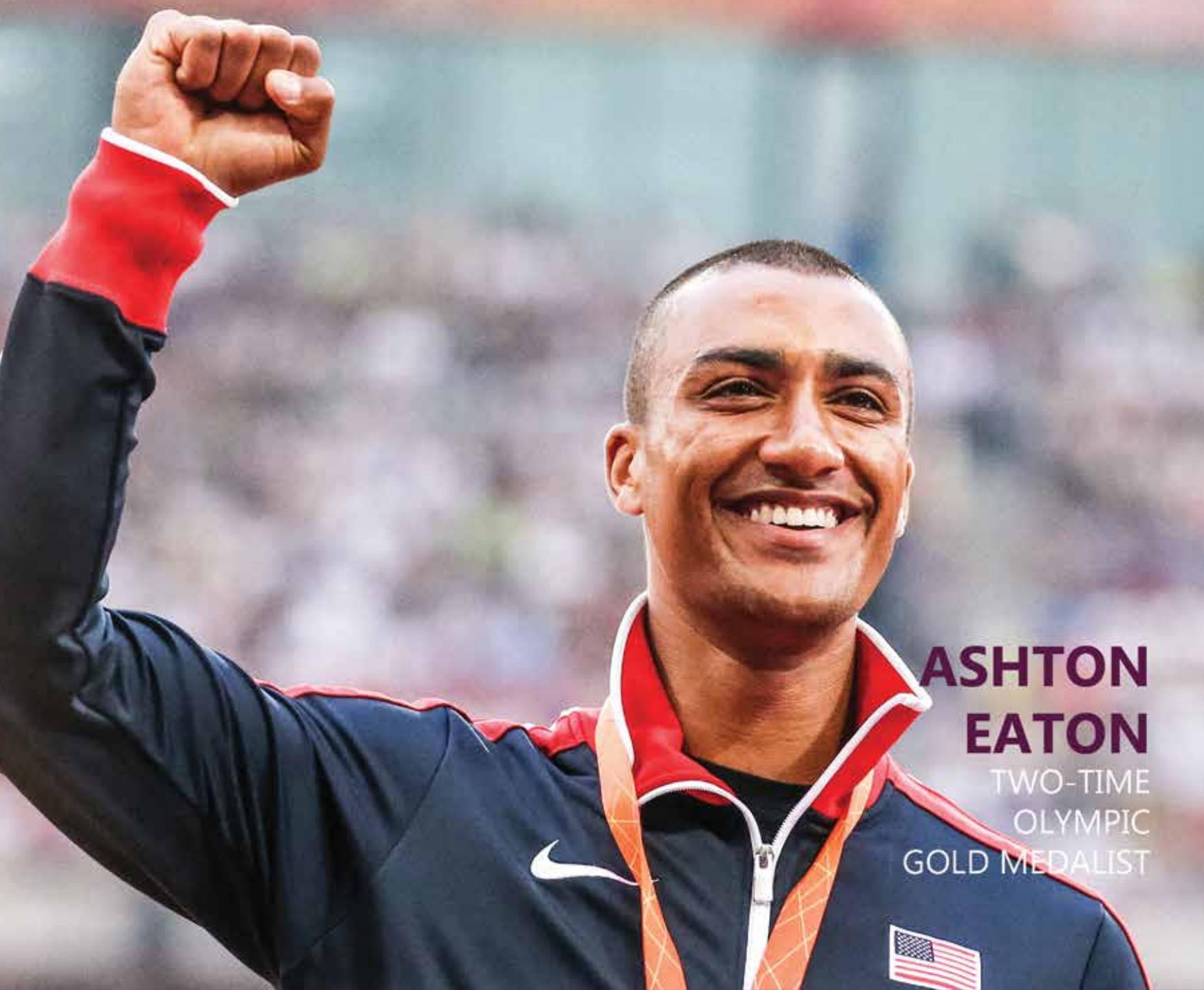
Jazz violinist, and MacArthur Fellowship recipient, Regina Carter will be in Bend for two nights to perform with her critically acclaimed quartet. With musical influences that range from Gospel and swing to folk and Motown, Carter is one of the stars of her generation. \$55. *Riverhouse on the Deschutes.*

2/16-2/18 BEND **OREGON WINTERFEST**

WinterFest packs tons of entertainment into its annual three-day festival. There's the 10 Barrel Rail Jam, the Royal Run 5k and 10k races, ice sculpting and fire pit competition, bouncy houses and the OMSI tent for kids and live music to top it all off each night. Local food vendors and businesses are onsite all weekend, as well as plenty of craft beer and wine. \$12 at the door, free for kids 2 and under. *Old Mill District.*

2/24-2/25 MADRAS **EAGLE WATCH**

Spot wild bald eagles flying overhead at Cove Palisades State Park. Eagle Watch features activities for kids and families, including live birds of prey onsite and fun, educational activities. Stay for the Quartz Creek Drummers and Dancers cultural program. A free lunch is also provided at the event. Free. *Round Butte Overlook Park.*



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1. Dale Gilbert, Tracey Bennett, Kristen Scott and Kristina Bates at the Bend Christmas Parade 2. Dancing Mary at the Bend Christmas Parade 3. Tim Alexander, Jeremy Jennison and Ryan Kern at the Deschutes Brewery Pass Party 4. Peyton Willman and Kristian Willman at Powder Hound Preview 5. Greg Hyde, Eric Brittingham and Melissa Eichner at the Mt. Bachelor National Ski Patrol Fundraiser 6. Seth Patla at the Cyclocross Crusade 7. Gary Bonacker, Jodi Barram and Michael McLandress at the Cyclocross Crusade

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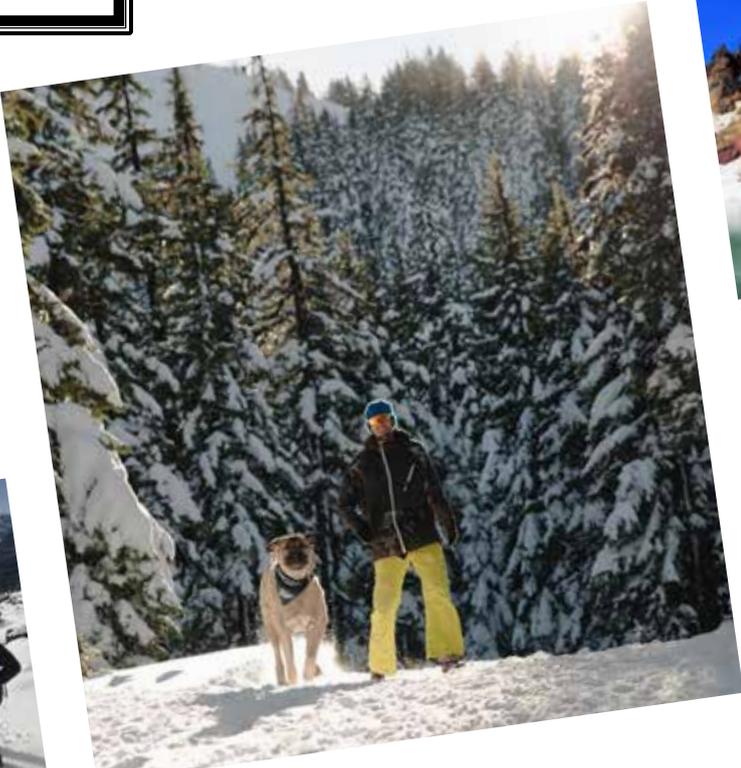
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