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Magazine



LOCALS'
CHOICE

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Gifts

HOLIDAY
GIFT GUIDE



Read why
these boots
made our list!
p. 33

4 FALL HIKES
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HIGH DESERT
WHISKEY WARS
PROHIBITION-ERA BOMBING
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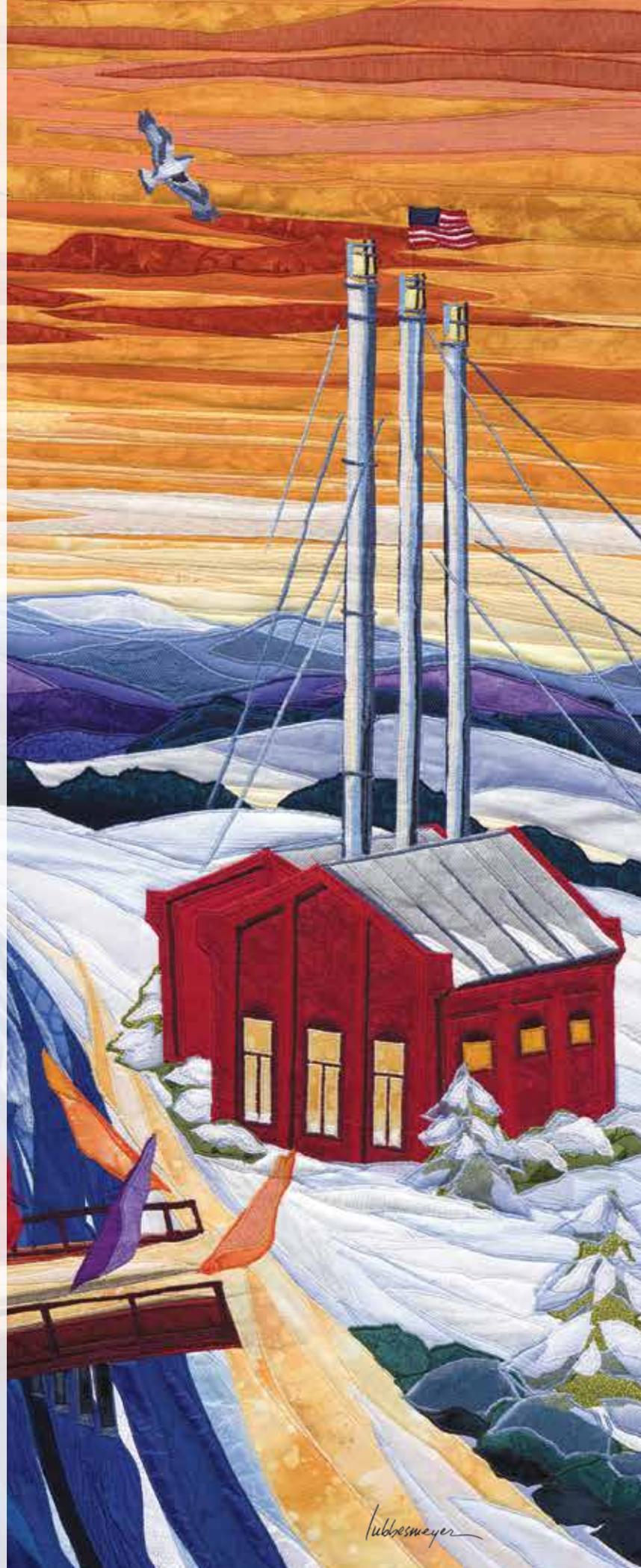
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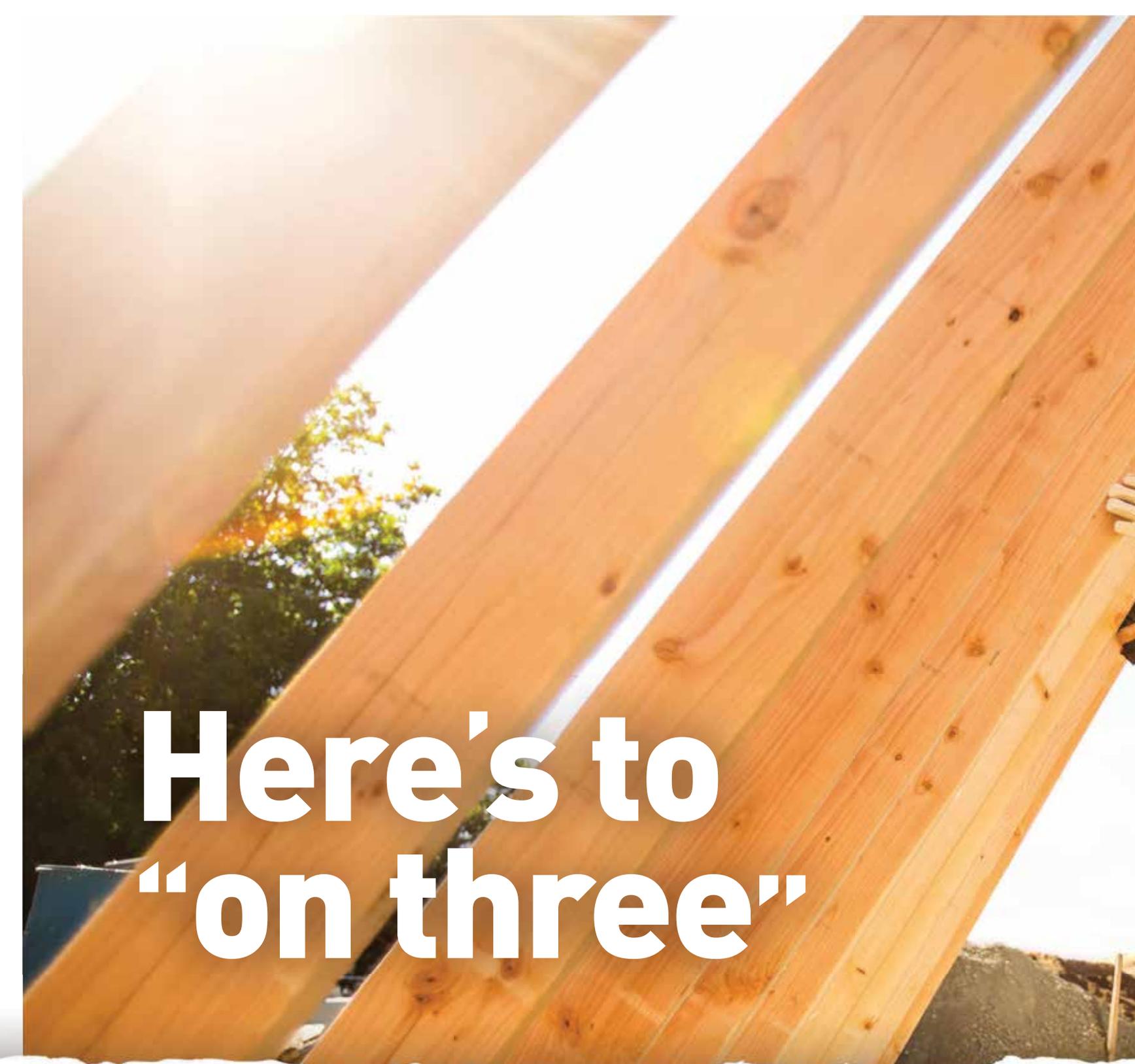


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RIDING THE WAVE

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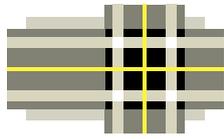


ON THE COVER

Bend Magazine’s holiday gift guide includes boots that are functional on the mountain and hip in town. Find them at Les Newmans in Bend.

Photo by Adam McKibben

PHOTO TOP: JOEY HAMILTON



TARTAN DRUM



TETHEROW IS ALREADY AT THE TOP OF THE LIST FOR PLACES TO LIVE. TARTAN DRUM WILL PUT IT OFF THE CHARTS.

As if Bend's best-selling resort community over the past five years needed anything more going for it, the new model home and sales center at Tartan Drum is now open. That means you can get a real taste of the accomplished carefree lifestyle offered by a neighborhood of luxury single-family homes with stunning views of the Cascades and the Tetherow Golf Course. Phase I home sites range from 1/2 to just over 3/4 of an acre and feature single and two-story homes starting in the low \$1,300,000s. Put a visit at the top of your list today.

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WORDS *and* PICTURES

Contributors



• KIM COOPER FINDLING

• Writer and editor Kim Cooper Findling grew up on the Oregon Coast and has been in Central Oregon for more than twenty years. She is the author of *Bend, Oregon Daycations: Day Trips for Curious Travelers*, *Day Trips From Portland: Getaway Ideas for the Local Traveler* and *Chance of Sun: An Oregon Memoir*. For this issue, Kim assisted with our Holiday Gift Guide (p. 31), wrangled late season garden tips (p. 78) and wrote about a sustainable Shevlin Commons home (p. 67). Catch her around the state hiking river trails, walking beaches and hanging out with her family. Find more of her work at KIMCOOPERFINDLING.COM

• JOEY HAMILTON

• Joey Hamilton grew up in rural New York and has lived in the Caribbean and the San Francisco Bay Area. Formerly a swimmer and coach at the national and international level, Joey has found a home in Central Oregon as a marketing executive. He spends his free time exploring the region, the state and the world through surfing, fishing, hiking, mountaineering and more, and he is never too far from his camera gear. For this issue, Joey photographed surfer and entrepreneur Travis Yamada for the feature “The Shapes of Things” (p. 98).



• TOR HANSON

• Freelance writer and local historian Tor Hanson is passionate about history. A native of Sweden, Tor moved to Los Angeles in 1986 and Bend in 1991. He has written for *Boys' Life*, *Oregon Business*, *Bend Living* magazines and similar periodicals in Sweden. Tor is currently researching the rich history of the city's millworker neighborhoods and the flourishing lumber industry during the early part of the 20th century for an upcoming book. For this issue, he reported on the dynamiting of the Congress Apartments in downtown Bend (p. 92), one of his favorite local legends.

• CHRISTIAN HEEB

• Christian Heeb is an internationally renowned artist and photographer. He publishes worldwide and has worked in more than seventy countries. For this issue, Christian shot an environmentally driven custom home project in Bend's Shevlin Commons (p. 67). Together with his wife Regula Heeb, he is the owner of a Bend-based photo tours and workshop company, Cascade Center of Photography. He lives in a solar powered straw bale house at the edge of the High Desert here in Bend and in El Sargento, Baja Sur, Mexico. You can see more of his work at CCOPHOTO.COM



• LIVINGSTON MACLAKE

• Photographer Livingston Maclake visited Bend's French Market (p. 107) to capture chef Luke Mason at work. Livingston describes himself thusly: // Cold pressed, single malt, factory made idealist // Abstracting the visual spectrum since the era of the Individual was over and the Group reigned supreme // Idealizing Capt. B.F. “Hawkeye” Pierce, Route 66 Diner milkshakes and Zero-gravity // Institutionally trained, taught by strangers, the product of situational circumstances and beautiful opportunities // Hello, my name is Livingston //

• DANIEL O'NEIL

• Bend-based freelance writer Daniel O'Neil would spend each day surfing or snowboarding and each night writing about the natural world that hypnotizes him if he could. While growing up in Portland, Daniel developed an instinctive connection with the Cascades and the Pacific. A decade spent in France and Spain couldn't fade this bond, which is why he refuses to abandon the Northwest again. Daniel has written for *Frequency: The Snowboarder's Journal*, *Method Mag*, the Sierra Club Oregon Chapter and his latest project, *Alpenglo*. More of his work can be read at DANIELVONEIL.COM





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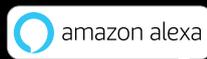




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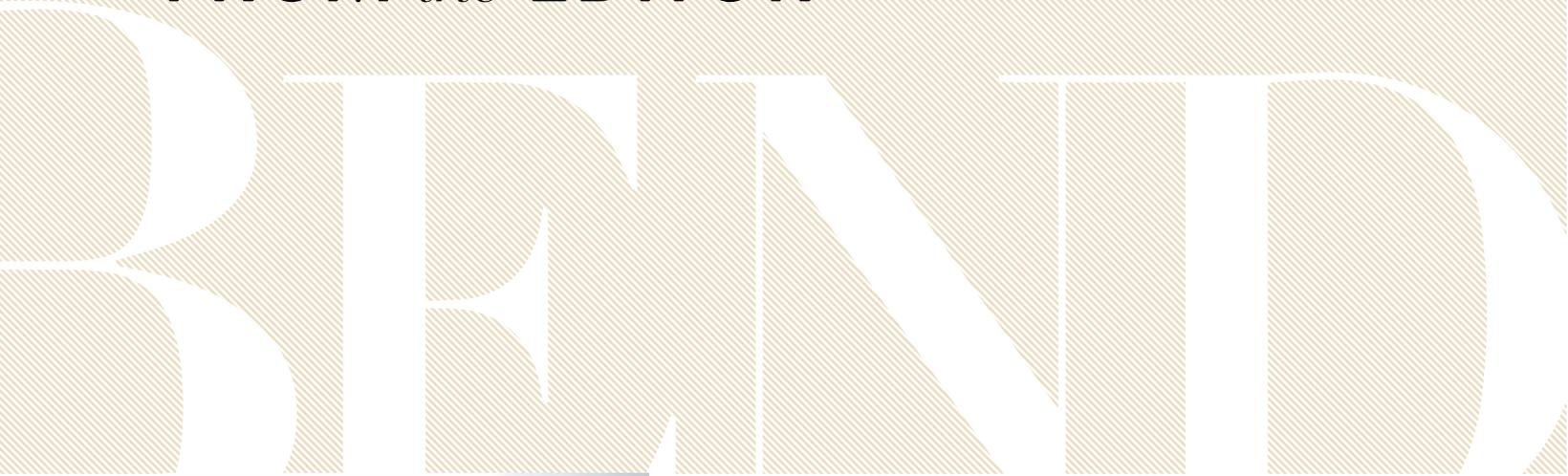
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FROM *the* EDITOR



Hello to the Holidays

It's hard to believe, but 2017 is almost in the books. Right now, many of our readers are already making plans for the new year. Many are looking forward to turning the page on what has been a historic year, but not for the reasons we might have hoped. Political divisions that roiled prior to the 2016 election seemed to boil over in 2017. From healthcare policy to race politics and the environment, it's been a trying year for anyone who cares about the future of our country and their community. As if to add insult to injury, national disasters seemed to pile one upon the next, and then, a senseless tragedy in Las Vegas simply defied any sort of rationalization or characterization.

Yes, 2017 has been a year that will go down in history. And yet, as we approach the holidays, there seems much to celebrate and much for which we can be thankful.

Here in Central Oregon where wildfires raged through late summer, our homes and communities were spared. We offer thanks to the legions of firefighters that spent countless hours battling the blazes in the toughest of conditions. We not only survived, but also reveled in a once in a lifetime celestial event with the Great American Eclipse. Legions of local powderhounds also gave thanks again and again for the abundance of snow this past winter that washed away memories of recent drought years and stretched our ski season all the way into July for an early summer soiree on the snow. Here on high desert turf the local economy continues to gain steam, and the region has all but recovered from the unprecedented national recession. Home prices are up, vacancy rates are down, and the region continues to attract talent and investment from outside Central Oregon.

Yes, there are reasons for optimism looking forward. Most of all, Central Oregon remains an amazing place to raise a family and enjoy the simple things: a desert sunset, an alpenglow morning, the site of an osprey soaring over a canyon or a wild trout rising in a riffle. But it's more than the number of peaks or miles of trail that make Central Oregon such a special place. It's the sense of community. It's the people who call this place home that make it special. It's the smile and hello from a stranger passing on the street. It's the commuter who stops and waves you into traffic during rush hour. We like to think of all this as an extension of the Central Oregon ethos. It's something that defines who we are beyond political parties, race or class. Around here we treat everyone like a local. That's the spirit of Central Oregon and one we are so thankful to celebrate in *Bend Magazine*. Thanks so much for reading. We are happy to have you along for the journey. Happy holidays to you and yours.

Eric Flowers,
editor in chief

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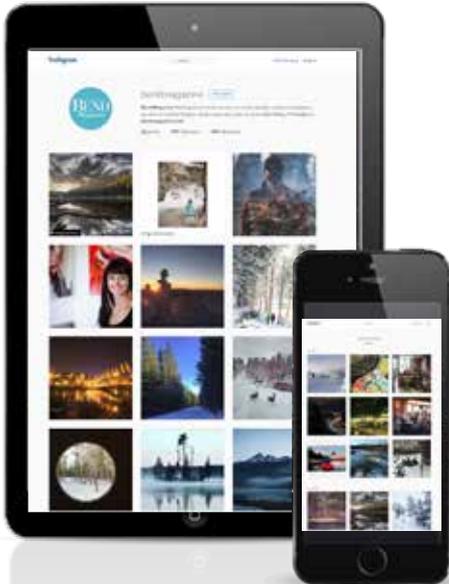


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SEPTEMBER SNOWFALL

Photographer Steve Alberti won our photo contest with this shot of the snowfall at Mt. Bachelor on September 21. Steve took the photo before a snowboard run down from the summit.

SHARE YOUR CENTRAL OREGON PHOTOS FOR A SHOT AT GETTING FEATURED IN OUR NEXT ISSUE.



STAY IN THE KNOW WITH OUR LIST OF WEEKEND MUSTS

Keep track of festivals, fairs and other fun events around Central Oregon on our website. Visit us online to find our picks for the best activities and events in the region each weekend. These are events around town that you don't want to miss.



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WINTER IS COMING

WITH AN EARLY DUMP IN SEPTEMBER, THE WINTER STOKE IS ALREADY BREWING AT BACHY

If like many locals you've already locked in your early bird rates at Mt. Bachelor or Hoodoo, there's only question that remains: What does winter have planned for an encore after last year's nearly 600 inch snowfall? Bachelor faithfuls are already aware that the resort ticked up season pass rates for adults by \$20 (less than two percent), and while there will be nothing as dramatic this year as the Cloudchaser lift debut, the resort has been busy in the offseason. It's added three new grooming machines to its fleet, including one that will be dedicated to the terrain parks. The ski area has also widened several runs around the new lift, including the popular Wanoga Way. MTBACHELOR.COM



PHOTO: JON TAPPER



A photomorph of potential transportation updates to 14th Street in Bend.

Transportation Funding to Drive Growth

OREGON'S HOUSE BILL 2017, the massive (read: \$5.3 billion) bipartisan state transportation funding package, was hailed as one of the biggest achievements in the state's legislative session this year. Some of that is already trickling down to Central Oregon, with a \$50 million improvement project underway at the intersection of Highway 97 and Cooley Road on Bend's north side. Over the next eighteen months, five public agencies are deciding what do with the rest of the money that will come to Central Oregon. Bend 2030, the community organization that drives public

engagement with the city's growth strategy, has put together Move Bend, which is looking for the public's input on the transportation plans. "This is the moment when Bend residents can get involved to shape the transportation system," said Erin Foote Morgan, executive director at Bend 2030. That transportation system will involve roads, bikeways and walkways, and will be particularly important during the implementation of the urban growth boundary expansion over the coming years. "Transportation is this major component of our town being successful in managing growth in the next ten years," said Foote Morgan. Bend residents can go to MOVEBEND.ORG to find out how they can engage in the process.

■ **politics**

What to Do with Mirror Pond?

POUR US ANOTHER WHILE WE AWAIT A PLAN.

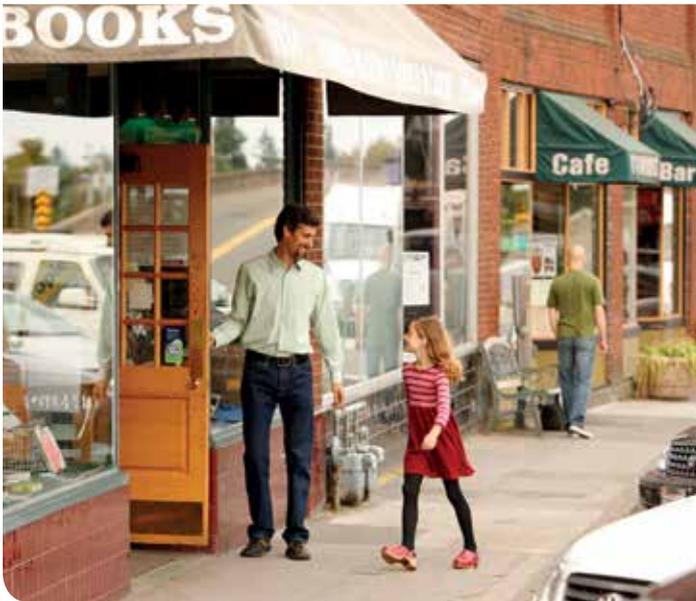
The last time Mirror Pond was dredged, the original Apple Macintosh went on sale and the Olympics were held in Los Angeles. That was 1984, and since then the issue of how to handle the unwanted sediment, and more broadly what to do with the fickle stretch of muddy, sandy river in Bend, has come up almost every year. Bill Smith and Todd Taylor have jointly owned the twenty-four acre stretch of the Deschutes River since 2013, and all signs are pointing to another dredging. Smith and Taylor's Mirror Pond Solution's recently estimated that that would cost close to \$7 million, more than double the group's initial estimates. Mirror Pond Solutions has said it hopes to use a mix of funding sources. These include soliciting adjacent property owners, many of whom have advocated for the preservation of the iconic pond in its traditional state, Pacific Power (which owns and operates the dam that creates Mirror Pond) and the city of Bend. The group recently signed a memorandum with the park district, which owns much of the land around the pond, outlining the district's role in future maintenance as well as some interim improvements aimed at addressing existing water quality issues in the pond.



■ **health care**

In October, St. Charles Health System broke ground on a three-story patient tower that will add much needed critical care beds to the Bend hospital. It's one story short of the original \$66 million plan. The project was scaled back after news of St. Charles' budget shortfall this year. However, the new plan will allow the hospital to bring additional beds online sooner. The tower, which will accommodate the growing need for beds at the Bend medical center, is expected to be complete in 2019. When finished the new wing will include a twenty-four-bed intensive care unit, which allows the hospital to retire the existing and outdated eighteen-bed unit. The move is necessary because the ICU is often full, sometimes with patients waiting to be discharged to standard care areas, which are also full. The new addition will help with that, too, with twenty-eight additional inpatient beds planned, bringing the hospital's total number of beds to 290.

PHOTO TOP FREGONESE AND ASSOCIATES, BOTTOM ALEX JORDAN



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■ madras

Daimler Uses Madras Track to Push Driver-Assist Technology

A new automated driving system pioneered on an \$18 million test track in Madras is rolling out on Oregon highways. Daimler Chrysler announced recently that it has received permission from the Oregon Department of Transportation to test its driver assist system on small convoys of trucks that travel in close proximity, a practice known as platooning. Daimler, which completed its multimillion-dollar test track in Madras last year, has been testing a driver assist system that takes over the functions of steering acceleration and breaking from the driver and



hands it off to a computer. Now it's taking the next step by testing it on the open roads. Major car manufacturers are already using the same technology in new cars that feature lane assist and automatic braking as safety features. However, Daimler is the first to test this technology on semi-trucks, and the results could mark the next step in a shift away from human drivers toward computers. In this case, Daimler is using technology to allow on-board computers in multi-vehicle convoys to communicate

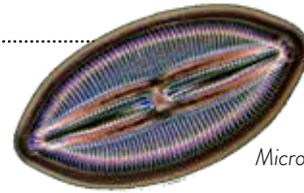
directly with each other, helping to shorten breaking distances to improve aerodynamics and fuel efficiency. "We see growing interest in platooning. This technology stands for efficiency and safety," said Roger Nielson, Daimler North America president, in a press release. "Platooning technology is not meant to replace drivers—it is designed to help drivers."

SOLAR

SOLAR REBATE SENDS LOCALS SCRAMBLING

A decision not to renew a popular home energy tax credit has some Central Oregonians scrambling to add solar panels to their rooftops before a state incentive lapses in January. The residential energy tax credit can provide up to \$6,000 in write-offs to qualifying homebuyers who install solar before the March 31, 2018 deadline. However, many are not waiting until the last minute to lock in the tax credits. Hannah Cruz, communications manager for the Energy Trust of Oregon, said that her agency saw

a 50 percent year-over-year increase in applications to the organization's solar energy rebate program in September. "It is a big factor," Cruz told the *Bulletin*. The energy tax incentive program dates back to the 1970s in Oregon and was initially aimed at getting aging and inefficient appliances such as washing machines and mid-century refrigerators out of circulation, reducing the state's per capita energy needs. The program expanded over the years to include solar arrays and other energy efficient appliances, such as water heaters. The legislature extended the tax credit for an additional five years in 2012, but legislators failed to renew the program in the most recent session. Anyone who wants to qualify for the program must purchase their solar equipment by Dec. 31 and have it installed by the March deadline.



Microscopic diatom algae

■ la pine

A BRIDGE TOO FAR AT WICKIUP JUNCTION

ODOT is weighing whether to scrap and tear down a \$12 million bridge project at Wickiup Junction in La Pine, where work ground to a halt earlier this year after a foundation soil destabilized beneath the massive flyover bridge. Work stopped at the site after soils began to sink under the still unpaved onramps leading up to the bridge. Since then ODOT has determined that the remains of microscopic algae, called diatoms, from a prehistoric lake are causing endemic soil instability. Engineers have all but totally ruled fixes as cost prohibitive and recommended in early October that the entire structure, which is nearly complete, be torn down.



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Front Deck ■ *brewing*

Jon Abernathy is Bend Magazine's craft brew ambassador. He is the author of *Bend Beer: A History of Brewing in Central Oregon* and creator of Central Oregon's original craft beer blog, THEBREWSITE.COM.

■ *what's on tap?*

Three Questions for McMenamins' Mike White

McMenamins Old St. Francis School's head brewer, Mike "Curly" White, has been making beer at McMenamins' downtown Bend outpost since 2006. All of the property's beers are brewed in-house, from the regular lineup to the multitude of specialty beers found on tap.



On creativity:

I am pretty fortunate. Other than the three signature ales (Ruby, Hammerhead and Terminator) and the company-wide seasonal, which changes every two to three months, I have great freedom with the remaining nine taps here at Old St. Francis School. From the IPAs, double IPAs, porters, wheats, and sessions, I have the go-ahead to create any style I like.

On Central Oregon Winter Beer Fest:

I typically send our Kris Kringle Winter Warmer to the Winter Beer Fest, but I have a dark lager recipe that I am working on and may have ready. It would be great to be able to share this new recipe with folks at the beer fest this year.

On what he's drinking:

I am the stereotypical Northwest brewer. I am a hop guy and you'll usually see me with a pale or IPA of some form in my hand. Although in the last few years, I have really enjoyed lagers of all sorts and find myself gravitating to these beers when perusing the beer aisle.



Holiday Beer Primer

WRITTEN BY JON ABERNATHY

It's that time of year—shorter days, crisp cool nights, the first snow and breweries rolling out winter beers. Who doesn't look forward to the release of Deschutes Brewery's Jubelale, Worthy Brewing's Powder Keg and McMenamins' Kris Kringle?

Winter ale traditions have origins in England and Belgium. In England, the tradition traces its roots back to wassailing, a practice like caroling. Revelers would travel door to door, singing and offering sips from the wassail bowl, which contained a warm mead or ale.

American craft brewers drew influence from both countries, and our winter beers run the gamut of styles, spiced and otherwise. If you attend the annual **Central Oregon Winter Beer Festival** on Saturday, December 9, you'll be treated to a showcase of the region's local holiday specialties. GoodLife Brewing hosts the event and most of the region's twenty-seven breweries will be on hand. Grab your parka and mittens and head to GoodLife to steep yourself in holiday tradition! If warming beers on a cooler night are more your thing, **Three Creeks Brewing** in Sisters hosts an annual vertical tasting of its Rudolph's Imperial Red Ale each December. Four vintages of Rudolph's are paired with four tasty food courses designed to complement each version.

PHOTO BOTTOM: ALEX JORDAN



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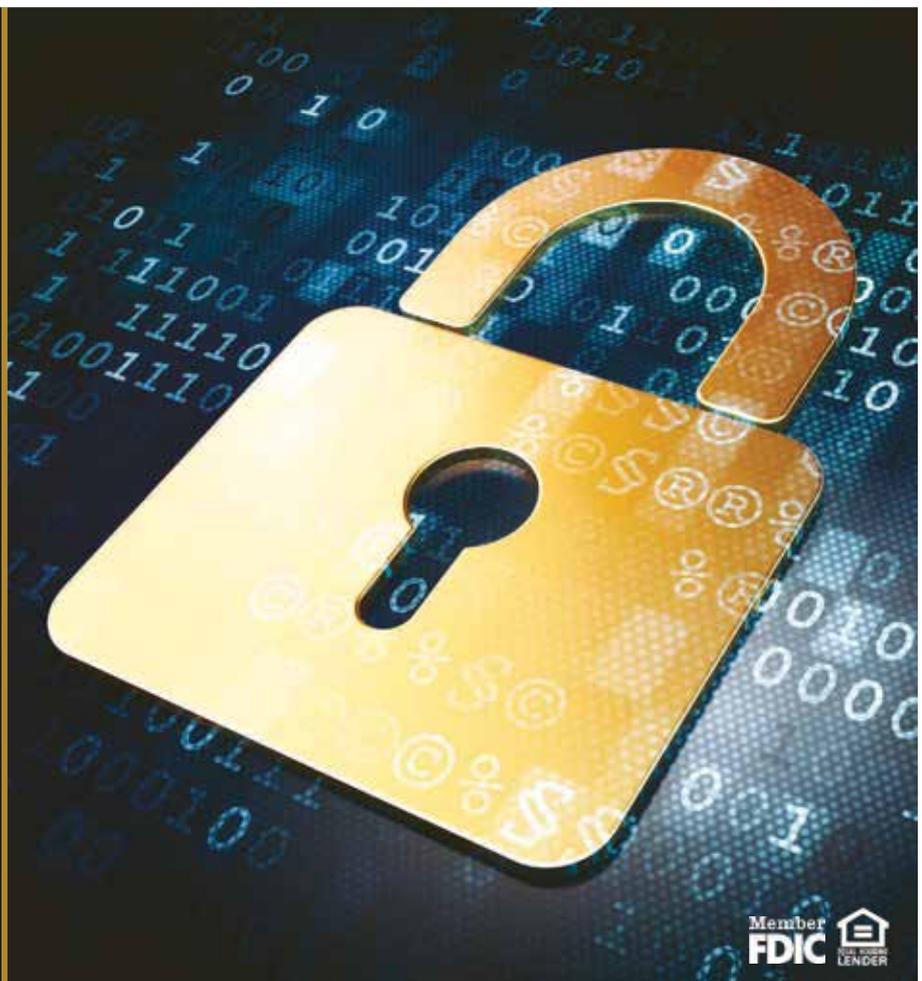
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LOCAL READ

Benjamin Percy, the award-winning author who grew up in Central Oregon, talks about his latest novel, *The Dark Net*.

WRITTEN BY BRONTE DOD

BENJAMIN PERCY SPEAKS the same way he writes, which is amazing and frustrating, because we all wish we were so eloquent on and off the page.

The Dark Net, the most recent novel from the award-winning author, blends thriller, horror and fantasy genres into a fast-moving plot that is filled with the quick-witted prose for which Percy is known. The novel is especially prescient in today's political climate, with villains that lurk in the dark corners of the internet, wreaking havoc through binary code.

"There are so many things we fear right now, but cybercrime is chief among them. I wanted to take a knife to the nerve of the moment," said Percy. "We can't build walls that can keep those people out."

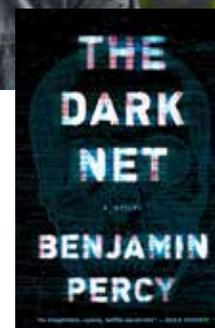
Percy hones in on today's political and social anxiety, but brings in an element of fantasy that engages, rather than making you feel like flipping the channel to escape the news cycle. Percy described *The Dark Net* as a "fairy tale for the digital era." It's a book that can be devoured in a weekend, but it will stick in your head much longer than that and make you question yourself each time you pick up your phone to mindlessly scroll and click. Those who've spent any time in Portland will appreciate the references tucked into each page, from slices of Hot Lips pizza to a heart-racing scene that captures the specific anxiety of driving through the Terwilliger curves in the rain.

Though he lives in Minnesota now with his family, Percy, 38, grew up in Oregon. Born in Eugene, his family moved to Hawaii for brief stint then to Central Oregon when he was in fourth grade. He graduated from (the now-closed) Sunriver Preparatory School in 1997. He describes the town at that time as "in the process of being Californicated."

Percy went to Brown University with the idea of becoming Indiana Jones, majoring in anthropology. He described his parents as "obsessive rockhounds," and the family spent weekends exploring Central and Eastern Oregon for fossils, geodes and petrified wood, where he caught the bug for archeology. They were all voracious readers,



Benjamin Percy



“Lela stares at her reflection in the dead computer screen, a black cutout against the fluorescent blaze of the newsroom behind her. Her face appears an oval smear with hollows for eyes, a gash for a mouth, as if she were looking into some haunted mirror.”

too. Percy describes a typical evening scene at his house, the entire family sprawled out reading: his dad, science fiction; mom, westerns; sister, astrophysics; and him, horror. "That appetite for books carried on through adulthood," Percy said. (His sister, Jennifer Percy, is an award-winning journalist for the *New York Times Magazine*.)

Percy finally "hung up his fedora and Indiana Jones fantasy in my mind" when he worked for a summer at Glacier National Park. He was writing love letters to his girlfriend, and now wife, who told him he should become a writer. He replied, "OK."

The Dark Net is Percy's fourth novel. He writes short stories as well as essays and nonfiction. Most recently, he writes the Green Arrow and Teen Titan comic book series for DC Comics and the James Bond comics for Dynamite Entertainment as well as screenplays. Percy will be at Roundabout Books on November 12.



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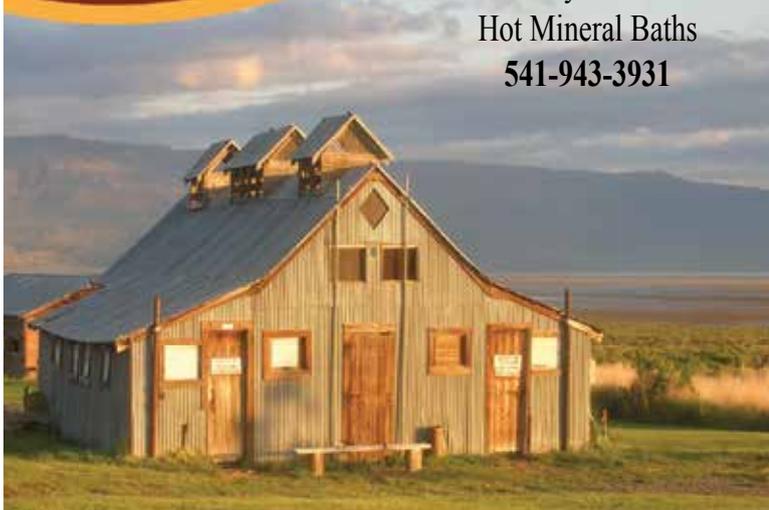
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Not to be confused with the fluffy dessert pastry popular at Mediterranean restaurants, the balaclava is the all-purpose helmet liner and face mask in one. Part beanie, part bandana and the savior of storm-chasing powderhounds across the Pacific Northwest, the **Blackstrap Hood Balaclava** (\$29.99) has quickly become the go-to gear to combat the howling winds and biting snow that accompany so many of Central Oregon's frequent winter storms. Say goodbye to wind burn and hello to extended powder slashing sessions. Find them at Skjersaas and online at BSBRAND.COM



PHOTO JON TAPPER



ANGELINA ORGANIC SKINCARE

In harsh winter weather, a rejuvenating facial serum is a luxurious gift that heals and protects skin. Made in Bend by Angelina Organic Skincare, the **Blue Sapphire Illuminating Facial Nectar** (\$120) is full of essential oils and natural ingredients that provide hydrating and anti-inflammatory benefits for sensitive skin. The **Sore Muscle Rub** (\$13.95) is a must for athletes with tired muscles, and the **Hoodoo Voodoo Lip Balm** (\$8.50) is a treat for wind-chapped winter lips. ANGELINASKINCARE.COM



ALE APOTHECARY BEER

One of Bend's best-kept brewing secrets is Ale Apothecary. The small-batch beers are spontaneously fermented and are barrel-aged for months or years. You can find it at the **Ale Apothecary Tasting Room** on Century Drive, and you can buy bottles (\$15-\$35) at local stores and bottle shops around town. The bottles are corked with handwritten labels, giving them a personal touch. THEALEAPOTHECARY.COM



BLACK DIAMOND TRAVERSE POLES

Whether you're snowshoeing deep in the backcountry, skinning the cinder cone on a dawn patrol mission or just carving turns under Cloudchaser, the ultra-strong and lightweight **Black Diamond Traverse Poles** (\$100) are the go-to poles for your Central Oregon adventure. These collapsible poles are easy to adjust, thanks to Black Diamond's patent FlickLock system and guaranteed not to slip when you need them most. Find them at Pine Mountain Sports.



WORKBOOTS FROM LES NEWMANS

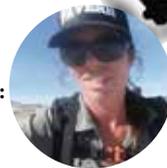
Stylish work boots have become a staple gift each holiday season. Last year saw the rise of the duck boot, but this year, we're betting on the sought-after boot being the **Xtratuf Ankle Deck Boot** (\$79.99). Based in Alaska, Xtratuf boots are as ubiquitous on fishing boats as they are around town. The short boots come in men's and women's sizing and a variety of colors, and are a necessity for the wet and cold winter months. Find them at Les Newmans Quality Footwear and Clothing in Bend.

Enter to win a pair of Xtratuff boots by visiting BENDMAGAZINE.COM/XTRATUF



THE SUNSTONE STORE OREGON SUNSTONE JEWELRY

Oregon's state gemstone isn't just the perfect gift for the Oregon lover, it's a beautiful one, too. The unique feldspar stones found only in the high desert of this state range in an amazing array of naturally occurring colors from reds to greens to champagnes, and sometimes include platelets of copper, which reflect and glimmer. Steve and Elyse Douglas of the Sunstone Store have been making jewelry from this cool gemstone for decades, and even mine their own gems in the summer months. The **Central Oregon Sunstone Pendants** (\$145-\$245) are simple necklaces that will make thoughtful gifts that keep the High Desert close to the heart. SUNSTONESTORE.COM



Renee Patrick Recommends: SIX MOON DESIGNS TREKKING UMBRELLA

Bend's hiking ambassador spends a lot of time on the trail. And by a lot we mean, like, a lot—six to eight months grinding out trail odysseys that most cubicle dwellers can hardly conceive. Patrick knows a thing or two about what constitutes an essential item. So when she recommends the **Six Moon Designs Trekking Umbrella** (\$44), you should probably pay attention. Here in the High Desert the umbrella works as both a sun shade, providing protection and a respite from the high summer sun, and as a traditional rain umbrella—perfect for shelter in a quickly passing storm. And, like so many good things, it comes from a company based right here in Oregon. SIXMOONDESIGNS.COM

PONDEROSA FORGE

A traditional blacksmith shop in Central Oregon, Ponderosa Forge handcrafts custom hardware for homes and businesses throughout the region, making everything from chandeliers to fireplace screens to door handles. The **Hand Forged Corkscrew** (\$75) is handmade with wrought iron and a forged bronze handle at the blacksmith shop in Sisters. PONDEROSAFORGE.COM



TOP PHOTO: ADAM MCKIBBEN



SNOPLANKS

It all began when Bend entrepreneurs and longtime friends James Nicol and Ryan Holmes created a unique new snow-riding board in their garage several years ago. Since, SnoPlanks has generated much buzz on the snow and in the venture capital realm. Made of a solid bamboo core that is laminated with fiberglass and carbon fiber, SnoPlanks are strong, light and perfect for Mt. Bachelor's powder. SnoPlanks makes **snowboards** (\$849), **splitboards** (\$995), **skis** (\$899) and **custom snowboards**. Its newest venture is Gerry Lopez endorsed skateboards. A gift of these beauties under the tree will thrill your snow-loving loved ones. SNOPLANKS.COM



JOHN PAUL JEWELERS CUSTOM JEWELRY

He makes each unique piece of jewelry by hand. He finds inspiration in the old and the odd. He blends the skills of a jeweler with those of a blacksmith. He's been in the same shop in downtown Bend for nearly twenty years. It's Bend's own John Paul of John Paul Jewelers, who creates custom pieces from steel, copper, platinum, palladium and more, ranging from rugged to delicate, with options that are welcome under the tree for all ages and genders. The Hand Forged Copper and **Oxidized Sterling Silver Cuff** (\$1,130) is a beautiful gift that would last a lifetime. JOHNPAULDESIGNS.COM

BEND PET EXPRESS

If you're trekking across the desert or switch-backing up a summit, there's a good chance that if you live in Central Oregon you've got your best four-legged friend by your side. Ruffwear's **Singletrack Dog Pack** (\$89.95) allows Fido to pack in his own food and water, and, if he's feeling generous, maybe yours, too. The sleek and formfitting pack comes with zip storage pockets and two on-board collapsible water bottles and stash pockets. You can also keep paws safe in extreme temperatures and give them more traction while climbing in the mountains with the **Summit Trex Dog Boots** (\$49.95). Find them at Bend Pet Express and RUFFWEAR.COM



BÄHKO EYEWEAR

With the sun shining all year long, a good pair of sunglasses is a must in Central Oregon. The Polarized Wayfarer sunglasses (\$35) from Bend's **Bähko Eyewear** are durable and will keep eyes protected from the bright rays while driving, walking around town or hiking on the trails. BAHKOEYEWEAR.COM



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ELLIX HATS

Each **Ellix Hat** (\$38) is hand cut and sewn in Bend, making them unique gifts for anyone. The whimsical caps each have fabric patches with designs ranging from classic Central Oregon landscapes to animals. With dozens of styles, you'll find a hat that suits the personality of everyone in your life. ELLIXDESIGNS.COM



FREE RANGE EQUIPMENT BACKPACK

Like the Patagonia puffer, the Free Range Equipment packs were made for the mountains, but you'll also see them just as often around town. The **Canvas Series Backpack** (\$149) is a collaboration with local artists that features vibrant designs of mountain landscapes. Made in Central Oregon, the packs do just as well commuting on a bike as they do scaling rocks and skiing in the backcountry. FREERANGEEQUIPMENT.COM



WILD ROOTS VODKA

Wild Roots Vodka (\$29.95) is the grown-up version of your college Friday-night staple. Distilled in Sisters and made with water filtered through five layers of lava rock and infused with local berries and fruits, Wild Roots truly captures the flavors of the Pacific Northwest. Find it at Cascade Street Distillery's tasting room in Sisters. WILDROOTSVODKA.COM



CAIRN SUBSCRIPTION

What do you get the outdoor-gear junkie that already has it all? The answer is simple; don't get them anything at all. Rather, leave the shopping, and the shipping for that matter, to the experts at Cairn, a Bend-based subscription service that makes it its business to discover the latest and greatest in outdoor gear and related products. A **monthly subscription to Cairn** (from \$29.95) will give them a chance to try out a curated mix of the best new gear hitting the market. GETCAIRN.COM



GRIT CLINICS

For someone ready to take their mountain biking skills to the next level, **Grit Clinics** (from \$100) are a great gift. Held around the country, clinics range from half-day private lessons to two-day camps that connect you to a community of mountain bikers. GRITCLINICS.COM

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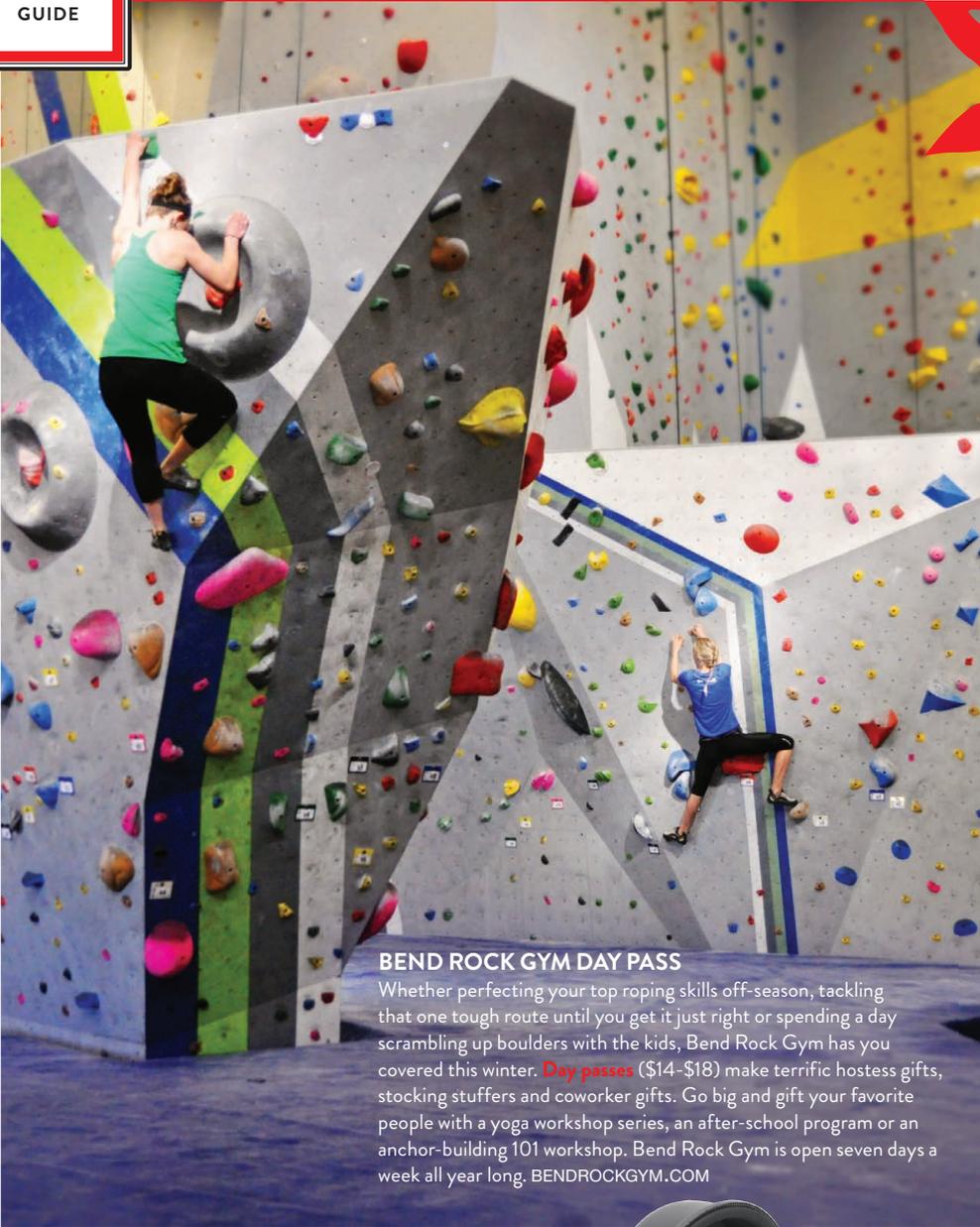


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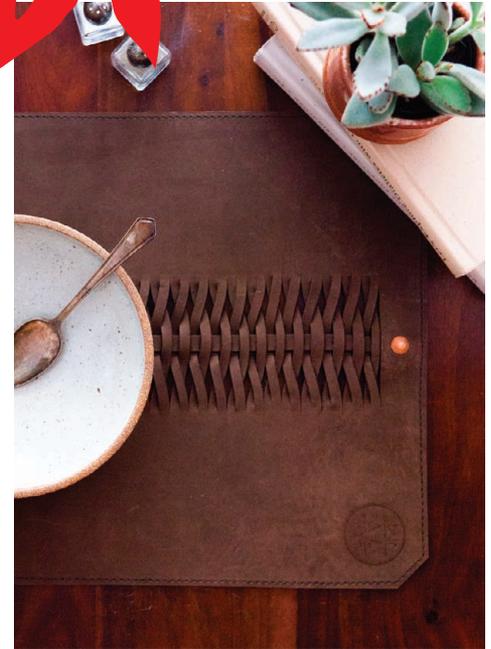


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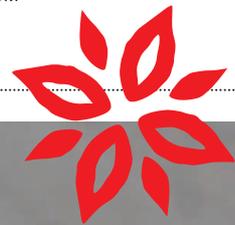
BEND ROCK GYM DAY PASS

Whether perfecting your top roping skills off-season, tackling that one tough route until you get it just right or spending a day scrambling up boulders with the kids, Bend Rock Gym has you covered this winter. **Day passes** (\$14-\$18) make terrific hostess gifts, stocking stuffers and coworker gifts. Go big and gift your favorite people with a yoga workshop series, an after-school program or an anchor-building 101 workshop. Bend Rock Gym is open seven days a week all year long. BENDROCKGYM.COM



J. PAIGE CO. PLACEMATS

Designed and sewn in Bend, J. Paige Co. leather goods are artfully crafted to last a lifetime. Known for its purses and totes, J. Paige Co. also has a line of leather home goods that would suit any modern home in Central Oregon. The **Joseph Placemat** (\$115, set of four) has a braided design down the center along with brass button detailing on the side that will add rustic elegance and everyday function to a dinner table. JPAIGECO.COM



Matthias Giraud Recommends: NOIR MATTER'S QUARK STEADYCAM

Whatever your thoughts on the culture of selfies and GoPro(ing), we can all agree that there is pretty much nothing worse than enduring footage that is marred by the constant jarring and shaking of a camera. Professional filmmakers get around this by using steadycams, behemoth contraptions that use counterweights to eliminate the bumps and jostles associated with filming live action sports. Amateurs on the other hand have had few reliable options—until now. Los Angeles-based startup Noir Matter has developed an **ultra-portable and durable steady cam** that easily fixes onto helmets, booms and other accessories. “The quark helps capture smoother content in any situation,” said *Bend Magazine’s* Adventure Sports Ambassador Matthias Giraud. “It’s a new product and a game changer in action sports.” While it’s not available for retail purchase yet, you can get in on the ground floor by backing it on IndieGoGo where the company has raised 70 percent of its launch goal. Products are expected to ship in February.



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HIKING

Four Urban Hikes

In Central Oregon, hiking season is year-round. When there's snow in the mountains, head to these lower elevation trails throughout the region. Closer to town or in canyon country, these trails usually stay clear of snow throughout the winter months.

WRITTEN BY ERIC FLOWERS

THE FOREST THROUGH THE TREES

With a recent addition of more than 300 acres, Shevlin Park has close to 1,000 acres to explore, solidifying its status as Bend's largest park. Popular for running, mountain biking and walking, the park has a diverse landscape of trails. The lower sections parallel Tumalo Creek, while the upper sections showcase expansive views of the Cascade mountains. Whichever stretch of trail you choose, you'll feel miles away from town.

EXPLORE



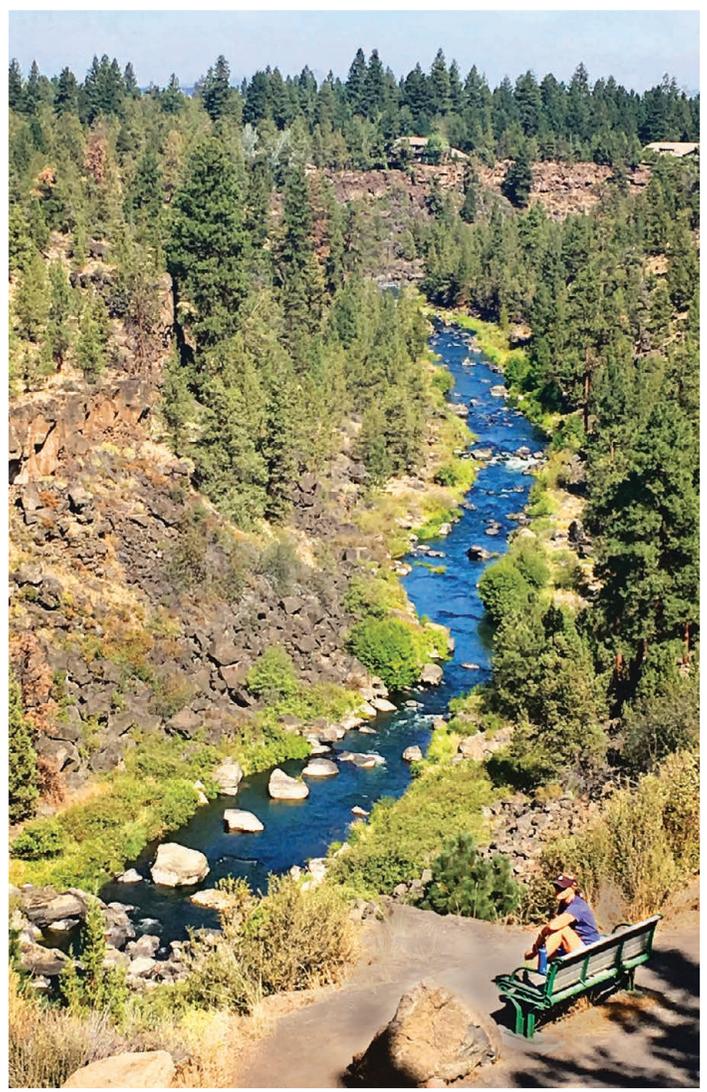
DESCHUTES RIVER TRAIL

AWBREY REACH

When it comes to urban trails around Central Oregon, few are as visible or iconic as the Deschutes River Trail. Really a patchwork of multiple trail segments and, in some cases, streets or sidewalks, the river trail more or less connects Sunriver to Awbrey Butte on the north side of Bend. Within the city, a good portion of the trail is located in, or above, the scenic Deschutes River Canyon. The riverside segments offer views of tumbling whitewater, old growth ponderosa pines and a bevy of wildlife.

The most heavily traveled section upstream of the Old Mill District can see as many 12,000 visitors in peak months, according to the Bend Park and Recreation District, which manages most of the trail systems around Bend. Come late fall, however, the number of visitors drops off sharply. This is a great time to get out and explore in the crisp autumn air, and maybe work off an extra serving of holiday dessert.

If you really want to ditch the crowds, head to Sawyer Park where you can pick up the most northern segment of the river trail, known as the Awbrey or Archie Briggs stretch. Begin the hike by crossing the footbridge in Sawyer Park where you're likely to spot woodpeckers, quail, ducks and more. From there, head northwest on the gravel and sand trail as it climbs gently around the base of Awbrey Butte. The trail crosses Archie Briggs Road and continues to climb, offering views of the middle Deschutes River below. The trail continues north, opening to a panoramic vista of the Three Sisters and Black Butte. Once inside Archie Briggs Canyon, the trail edges close to the canyon rim, offering dramatic views of the Deschutes River hundreds of feet below. The trail continues along the canyon rim for almost another mile before it terminates at Kirkaldy Ct. near Awbrey Glen Golf Club.



The park district already has plans to connect the trail to its Riley Ranch property to the north via a bridge over the Deschutes River, but trail construction is several years off. "Long term the plan is for [Bend Parks] to make a connection from Sunriver clear down to Riley Ranch and on to Tumalo State Park," said Brian Hudspeth, development director for Bend Park and Recreation District.

For now, the Awbrey Reach of the river trail is mostly used by nearby residents for a morning or afternoon stroll or run. And while there is no loop option, the spectacular scenery and urban solitude make the out-and-back hike well worth a short trip to experience this lesser known gem.

Background: The Awbrey Reach is the most northern section of trail, connecting Sawyer Park to the trail's terminus near Awbrey Glen Golf Club. The section was developed more than a decade and a half ago when Tumalo Irrigation District (TID), working with the Deschutes River Conservancy, piped more than two miles of TID's main feed canal. Beginning at First Street Rapids, the route created the perfect alignment for a river trail along the old canal route.

What to Know: The out-and-back trail measures a little less than two miles from Sawyer Park to Kirkaldy Ct. on Awbrey Butte with impressive river canyon and mountain views. The trail is a soft surface for the entire stretch, making it ideal for trail runners and walkers and features only moderate climbing.





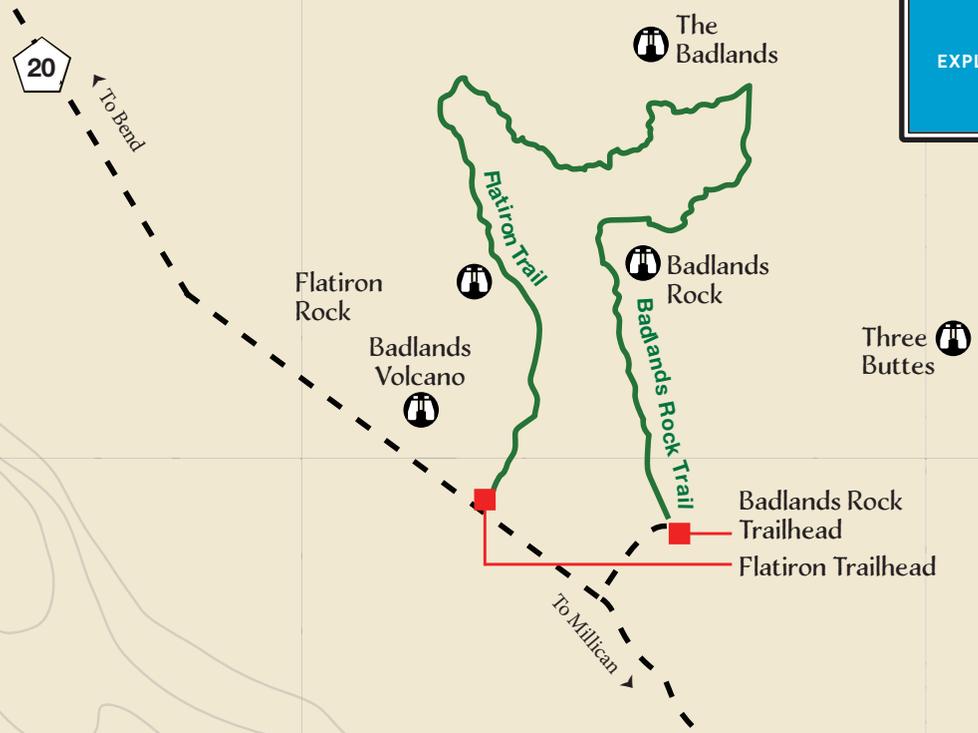
FLATIRON ROCK TRAIL

BADLANDS WILDERNESS

There are dozens if not hundreds of miles of hiking trails in the Badlands Wilderness area east of Bend. The most popular destination is within the southeastern section of the 19,000-acre high desert wilderness where abundant rock formations and ancient juniper trees speak to the area's volcanic history. While lacking some of the dramatic alpine vistas associated with other Central Oregon hikes, the Badlands offers a relatively close escape that's accessible to hikers and trail runners when most of the high country is not, making it a perfect late fall hike.

The Oregon Natural Desert Association's (ONDA) Gena Goodman-Campbell recommends that new visitors begin their desert explorations by parking at the Flatiron Trailhead and following the eponymous trail that forms a roughly six-mile loop. The trail winds through the native juniper forest providing visitors a chance to glimpse the old growth juniper trees, some of which are more than one thousand years old. (Old growth juniper are distinguished by their expansive and non-symmetrical tops, whereas younger trees tend to have a conical shape). Hikers will also see the signature Badlands Rock, one of the more visually dramatic features of this understated landscape.

The culmination of a years-long wilderness campaign led by ONDA, the Badlands was formally designated by President Barack Obama in 2008. Today, the Badlands is a place of quiet contemplation where the vastness of the Eastern Oregon desert and the forces of geology meet just minutes from Bend. Other notable features around the area include the large dry riverbed canyon, which can be glimpsed from Highway 20 just east of Horse Ridge. Explore the Badlands Trails and numerous lava tubes that some 20,000 years ago transported lava from the nearby Newberry Crater, creating the unique volcanic features seen today.



Background: The Badlands was once a BLM grazing area and ad hoc dumping ground, but restoration and education efforts along with a federal wilderness designation have restored the area to a pristine state. Today, the area is maintained by staff from the Prineville BLM office and a cadre of volunteers known as the Friends of the Badlands, or, as they are affectionately known, Fobbits.

What to Know: With roughly 19,000 acres available for exploration, there are multiple trailheads and parking areas that offer access to different areas within the wilderness boundary. BLM trail maps are available and can be downloaded. Note that it's easy to make a wrong turn in the crisscrossing network of trails. If you plan an extended excursion, a map and GPS will serve you well.



PHOTO ALEX JORDAN



SCOUT CAMP LOOP

CROOKED RIVER RANCH

It's been more than a decade since the Bureau of Land Management formally developed the Scout Camp Trail in Crooked River Ranch, but the spectacular hike into the heart of the Steelhead Falls Wilderness Study Area has been eons in the making. Today's hikers and anglers are just the latest in a long line of visitors to this dramatic canyon that shows signs of inhabitants reaching back several thousand years. Cliff paintings, primitive cave shelters and shell middens all speak to the role that this rugged and beautiful area has played as a source of food and shelter throughout the ages. Today, the area is accessible via several primitive trails located on the far edge of Crooked River Ranch, a sprawling residential community that straddles a peninsula hemmed in by the middle Deschutes River to the west and Crooked River to the east.

The Scout Camp Trail is the northernmost of the developed trails in the Steelhead Falls Wilderness. Depart from a small parking area at the end of a short dead-end street on the far northeast side of the ranch, about half an hour's drive from downtown Redmond. Hikers proceed through a rather unspectacular juniper forest for about a quarter mile before reaching the edge of the canyon where the landscape parts dramatically. The Deschutes River courses below, framed by Cascade mountain peaks above the opposite side of the canyon.

"It's pretty obvious how special this place is. You see millions of years of geologic history, and it's just breathtaking," said Genia Goodman-Campbell, who has spent as much time in the canyon as about anyone else around as the wilderness coordinator for Oregon Natural Desert Association (ONDA). The Bend-based organization has been seeking permanent protection of the area by formally designating roughly 18,000 acres within the canyon as federal

wilderness. Despite local support, that work remains stalled in Congress, which has been reticent to expand the inventory of designated wilderness. Congressman Greg Walden, who represents Central Oregon, has proposed a bill that removes some of the existing protections to loosen regulations around fire suppression in the area. Goodman-Campbell said the proposal, which has been developed with little input from stakeholders like ONDA, is an example of why additional protections are warranted.

Politics aside, it's obvious to anyone who visits that Scout Camp and the Deschutes Canyon are gems of Central Oregon—the kind that take a little extra work and perseverance to discover, but reward the effort with a tantalizing glimpse into the region's rich geologic history.

Background: The Scout Camp trail was developed by the BLM and is one of several trails that provides access to the rugged canyon where the Deschutes River cuts through the desert landscape. The thousand-foot-deep canyon is part of the Steelhead Falls Wilderness Study Area. ONDA proposes permanent preservation of the area as the Whychus-Deschutes Wilderness.

What to Know: The Scout Camp Trail is a three-mile loop that descends steeply into the heart of the Steelhead Falls Wilderness Study Area. The trail requires that hikers scramble over a rockpile at the edge of the river. The move is semi-technical and not marked. If you find yourself near a small antennae and solar panel, you've reached the obstacle.



PHOTO GREG BURKE



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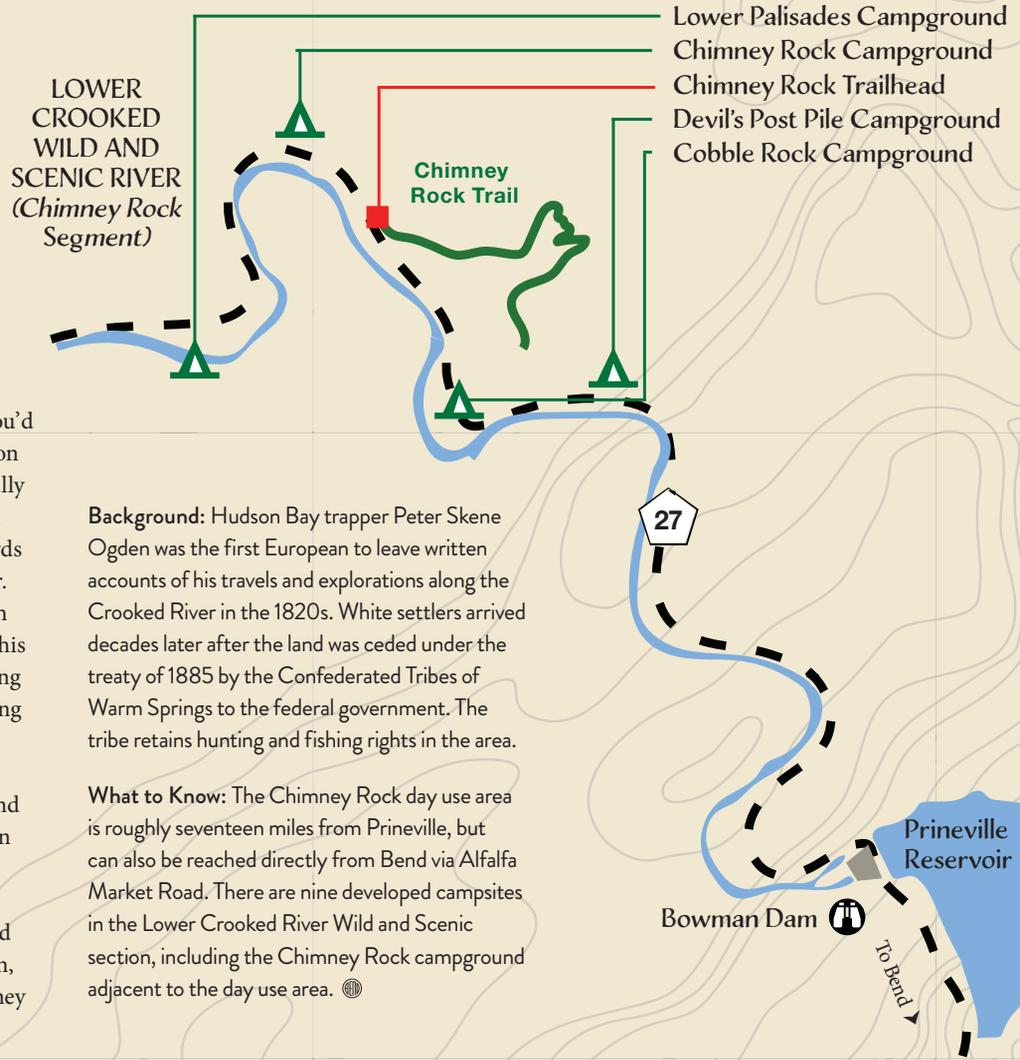


CHIMNEY ROCK PRINEVILLE

Between Memorial Day and Labor Day, you'd be hard pressed to find an open campsite on the Crooked River near Prineville, especially on a weekend. Come late fall, things begin to slow as cool weather moves in and crowds thin. There is still plenty to enjoy, however. Anglers, hikers and just about anyone with an affinity for the outdoors are drawn to this picturesque river canyon for its great fishing and Instagram-worthy backdrops. Towering basalt walls soar up to 600 feet, framing a blue-ribbon trout fishery that tumbles through the canyon. Bald eagles, osprey and dozens of species of waterfowl are common sights.

While there are limited hiking options within the twelve-mile federally designated wild and scenic portion of the river canyon, the relatively short, if steep, hike to Chimney Rock is a great out-and-back trek. While there is some sustained climbing involved, the level of difficulty is relatively low, making this a hike that can be enjoyed by multiple generations, including young children who can usually be cajoled or bribed if necessary into completing the two-and-half-mile roundtrip.

There is ample parking at the trailhead on the east side of the river. Pack some water and a light snack that doubles as collateral when negotiating with reluctant children. The trail follows a narrow draw in the canyon wall, switchbacking up the side of the canyon for about a mile. Eventually the trail grabs the west facing canyon wall, affording hikers views of the river and terrain below. Follow the trail as it climbs to the top of the canyon, skirting the rimrock along the way to your final destination, Chimney Rock. At this large basalt postpile outcropping, hikers can scramble out to a narrow perch that offers views of distant Cascade peaks and the twisting river canyon below.



Background: Hudson Bay trapper Peter Skene Ogden was the first European to leave written accounts of his travels and explorations along the Crooked River in the 1820s. White settlers arrived decades later after the land was ceded under the treaty of 1885 by the Confederated Tribes of Warm Springs to the federal government. The tribe retains hunting and fishing rights in the area.

What to Know: The Chimney Rock day use area is roughly seventeen miles from Prineville, but can also be reached directly from Bend via Alfalfa Market Road. There are nine developed campsites in the Lower Crooked River Wild and Scenic section, including the Chimney Rock campground adjacent to the day use area.



PHOTO GREG SHINE, BUREAU OF LAND MANAGEMENT



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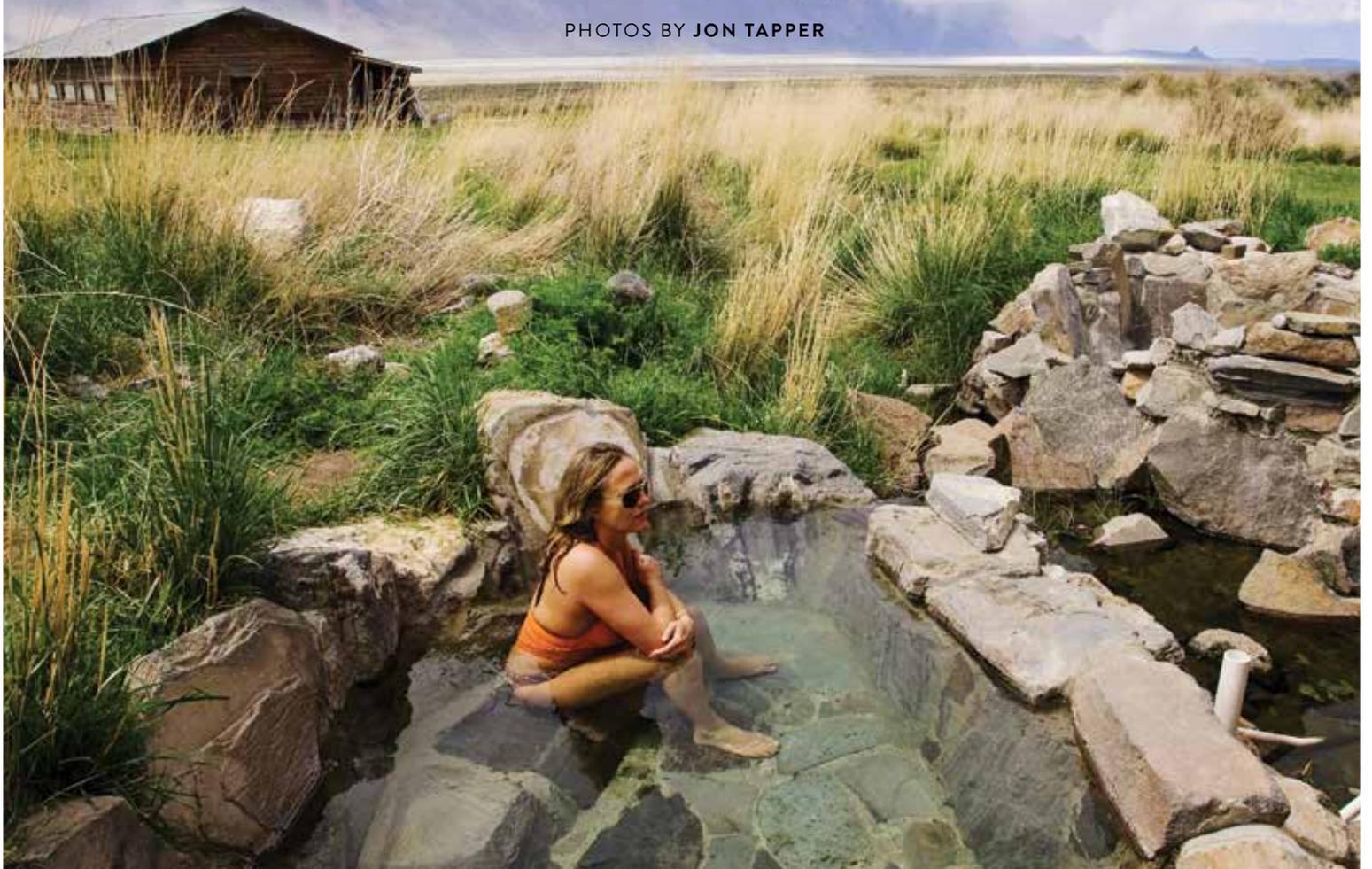
SUMMER LAKE

Healing Waters

Flow is the primary theme at Summer Lake Hot Springs. Whether it's hot mineral water flowing into the bathhouse and pools or the geothermal heat flowing into rustic cabins, the soothing natural energy seems to permeate all things at this back-to-basics retreat tucked in the rugged Oregon Outback southeast of Bend.

WRITTEN BY MEGAN OLIVER

PHOTOS BY JON TAPPER

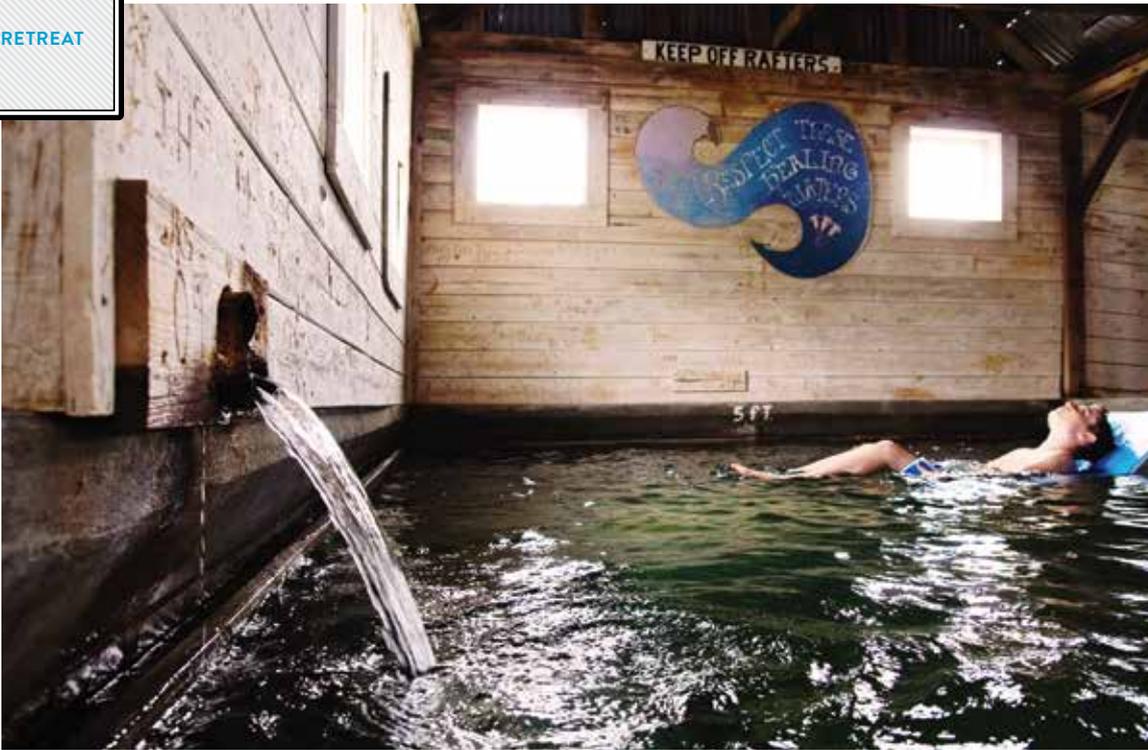


While Summer Lake is no longer the secret that it once was, the pace remains easy and visitor pressure remains relatively light. On a recent weekend, a gathering of Central Oregon families made camp around an RV and a row of tents. In the bathhouse, their teenagers shifted nervously in the corner of the bathhouse pool, trying to keep their voices hushed as etiquette decrees, while the parents luxuriated in the healing waters. In an outdoor pool, a California couple soaked. They landed their small plane at nearby Paisley airport and rode their bikes over for one of their regular weekend getaways. Yveline Wilnau drove six hours to stay here during her days off.

“For ten-plus years, I’ve made Summer Lake Hot Springs my annual post-Burn pilgrimage for open sky, majestic nature and healing, sacred waters. I always depart feeling more at home within myself and centered in gratitude,” said Wilnau, who lives in Eugene, but spends two months each summer working for the Burning Man organization at the Nevada event site.

“People will go to the edges of the earth for boutique experiences,” said owner Duane Graham, who saw potential when he bought the rundown chicken and cattle ranch that charged passersby a quarter to soak in the bathhouse.





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Graham fell for Summer Lake on a road trip to the Steens, long before Highway 31 was named Oregon's Outback Scenic Byway. "I'd always been into topographical maps. We came this way because there was a clear point of interest on the map with the vertical drop of Winter Ridge," he said.

When Graham, a Portland contractor and home renovator by trade, discovered that the hot springs property was for sale for the first time since the 1950s, he made a down payment. For his first nine years of ownership, Graham kept a hands-off approach, leaving the management to a couple he hired to live onsite. Once he was finally able to move to Summer Lake fulltime in 2006, he began cultivating his vision, heeding the advice of a friend: *"Just set the table and don't worry about it. If you have the right setting combination, people will come."*

This was sage advice for creating a culture of healing on 145 acres of playa and sagebrush in south-central Oregon's Lake County, where the sun casts a pastel filter on every moment of daylight. Walking through the scrubland you'll experience nature's Easter palate in eggshell white brushed with muted blues, greens, pinks, purples and yellows, complete with the occasional jackrabbit. After the sun sets behind Winter Ridge, the coyotes announce

the arrival of the stars that salt the night sky, a scene pleasantly devoid of light pollution. Lounge sans swimwear (after 9 p.m.) in the comfort of the 106- to 118-degree mineral water pools and allow all your senses to embrace a long winter's night.

Graham knows that the natural world is the draw here and he lets the landscape speak for itself with simple, well-designed infrastructure. Since the Great Recession, business has steadily risen, giving Graham enough capital to build new cabins and two delightful, Southwest-style duplexes made of Pumice-Crete. A road realignment and a relocation of the tent and RV sites will be complete by next summer—more evidence of Graham's continued quest to "set the table" for an idyllic retreat that is accessible for anyone who seeks its healing waters.

"I never want to regulate my customers through the price," said Graham, who charges less than \$150 per night for each cabin (a large ranch home is available for groups), \$20 for camping and \$50 for RVs. "I'm not really going for more numbers, really more for quality experience. With me, I always see the potential in things, what it could be. Who knows what causes me to do that, but I like that diamond in the rough." 🍷

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Mind on the Prize

INTERVIEW BY AMANDA STUERMER

The holidays are upon us—cue the annual family drama and overindulgence. I've been known to book a post-holiday cleanse as soon as I feel the first signs of autumn. I sat down with my favorite mindfulness teacher, Cynthia LaRoche, to discuss ways we can avoid the old pattern of holiday stress, carb-loading and the subsequent guilt-induced cleanse.



So, Cynthia, are there ways we can build up our emotional immunity to holiday stress? I'm asking for a friend. Alignment is the theme of all my work lately. We get pulled by drama, external stimulus and other people's emotions when we aren't grounded in our own alignment or haven't defined what it is we want to feel. Crazy Uncle Larry probably won't ever change his politics and you may not be able to say no to a third helping of mom's homemade mac and cheese, but you can change your relationship with these things. This begins by being clear on how you want to feel, then beginning practices that align with this.

You offer a Step Into Stillness retreat down in Mexico every October.

Why is this an ideal time? It's the ultimate pre-holiday reset. It allows us to step away from our every day, to separate from our current condition, examine it, set new intentions for how we want to be, and then go back into the holidays and our lives with more clarity.

Are there other ways people can find stillness a little closer to home?

Again, asking for a friend. A regular yoga/meditation practice is an amazing way to keep your sanity. Groove Yoga offers a holiday special on class packages each year. I will also be offering two yoga nidra classes over the holidays. November will be a special intention-setting, healing session. December will be a "Holiday Relief" class with comedian Shanan Kelley. If the busyness of the season has you stretched thin, book a private yoga session to learn how to practice on your own.

When that annoying, overly opinionated uncle is sitting across the table, how do we not sling mashed potatoes in his face or tell him to shut his pie hole? This is exactly what I meant by our alignment work. We have the ability to change our relationship with situations we don't like. Here's a practice I learned that really helps me in times like this: Before the family arrives, take a sheet of paper and write "If this situation were different I would feel..." and write how you would feel if the situation were more to your liking. Keep writing the words that come to mind until you begin to feel that way. It's about taking your power back and not being so swayed by what is going on around you.

Even with all these tips, some of us will still fall off the mindfulness wagon and overindulge this holiday season. So how do we repent?

Falling off the wagon is always worse when it's filled with guilt and regret. We're human; ease up about this. Just get back on. Make a choice that moves you closer to alignment next time. Remember, you are in control of you.

Thank you, I will. I mean, my friend will.



Cynthia LaRoche is Bend Magazine's Wellness Ambassador. Class information and dates can be found at: CYNTHIALAROCHE.COM/WORKSHOPS



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SKIING

Laurenne Ross

In March, U.S. Ski Team member and Bendite Laurenne Ross sustained a traumatic knee injury on the last day of the racing season.

Just a few months later, she's aiming to get back on the snow in time to qualify for the 2018 Olympics in PyeongChang.

WRITTEN BY BRONTE DOD

Laurenne Ross was at the starting gate for her first run in a giant slalom at the U.S. Alpine Championships at Sugarloaf in Maine. It was late March, and the last race of the 2016-2017 season. Though the season had started shakily, a string of top five and top ten finishes had given her momentum. Just two days earlier, she won the super-G course title, cementing her place as one of the top speed skiers in the world and America's number two downhill and super G racer behind Lindsey Vonn.

Ross felt confident at the gate, but a combination of sleet and snow the night before this race had created a slick surface on the course, and a strong wind was blowing downhill. "It was a really awful weather day," she recalled. "I remember being at the start thinking this is crazy."



On the sixth gate, she slipped out on a right-footed turn. As she started to transfer the weight from her hip back to her feet, her uphill ski caught an outside edge, twisting and pulling her knee into a barrage of devastating injuries.

Six months later, Ross walked into Dudley's Bookstore & Coffee in downtown Bend. She had biked there from her house just a few blocks away. She walked with only a slight limp, the only evidence of her injury. "I've actually been trying to bike everywhere in town recently," she said as she sat down. "Just trying not to use my car and save gas and save on the fumes."

"I can't take my time. I feel like if I were to take it really slow and do everything perfectly, I feel like I would have regrets. I couldn't live with that."

PHOTOS COURTESY US SKI AND SNOWBOARD

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Ross, 29, is a renaissance woman. In addition to being a member of the U.S. Ski Team, a member of the 2014 Olympic team at Sochi and a 2018 Olympic hopeful, Ross is working toward her bachelor's degree in fine arts at University of Oregon. She is an avid film photographer and plays three instruments.

"I don't think that I will ever be somebody who is focused on one thing. I don't think even when I'm done with skiing I will only do art or only do school," she said. "Sometimes it turns into a negative thing when I start spreading myself too thin. But I can't do it any other way. When I'm not doing something, I don't feel fulfilled."

The constant need to be doing and creating has been a part of Ross since she was young. Born in Canada, Ross learned to ski when she was two years old. Her family moved to Klamath Falls when she was seven, and she spent weekends skiing and racing at Mt. Bachelor with Mt. Bachelor Ski Education Foundation. At seventeen, she got the call that she had made the U.S. Ski Team while she was on her way to the state solo soprano singing competition.

Kent Towleron, an alpine racing coach for forty years, was Ross' coach while she was in high school. He described her as motivated and smart, pointing to natural athletic ability (her dad was a ski racer in Canada and her grandfather was on the 1952 Canadian Olympic hockey team) as well as her drive to succeed.

"When you're doing what she does, it's very risky, because the failure is real, and the failure is traumatic," said Towleron. When you get to the top level of the sport, Towleron said that it comes down to focus and determination, which is what Ross has. "You knew that when she was younger," he said.

Ross climbed the ranks on the ski team, going to her first World Cup in 2010 and then on to Sochi in 2014. The next season saw Ross gathering momentum, consistently posting top twenty finishes. Ross started the 2016-2017 season slowly, but found her groove in February, earning top ten finishes, including the super-G title, days before her fall. It was the last day of her racing season and she was ranked as the sixth best downhill skier in the



"The people who have an internal drive and the people who have the mental game are the ones that are getting gold medals and winning World Cups."



world, the best ranking she's ever had.

Ross remembers that day vividly, and she's honest and candid about her experience, from the initial fall to the surgery and recovery process. "I've been through a few injuries, and this was just so much worse," she said. A knee surgeon in Vail performed the surgery and she spent five days in the hospital there before coming back to Bend, her home base for the last six years where she lives with her boyfriend Tommy Ford who is also on the U.S. Ski Team, for the majority of her recovery. She spent six weeks in a straight-leg brace. For someone who is used to constantly moving, she described that time as hell. A breakthrough came in July, when she was finally allowed on a bike outside.

Ross figures that if she can ski again this year, she'll have about five years left as a ski racer. She knows she needs to get back on snow by the end of the year if she wants to have a shot at the 2018 Winter Olympics in PyeongChang in February. "It's been a very slow progression," she said of her recovery. "It takes weeks for me to relearn all the skills I've learned before."

She's aware that some people will question how quickly she's coming back to racing, maybe not as strong as she could be if she holds out another season to recover. But for her, that's not what skiing is about.

"It's not the person who can squat the most or has the most symmetrical strength. They're not winning. The people who have an internal drive and the people who have the mental game are the ones that are getting gold medals and winning World Cups," she said.

"I can't take my time," said Ross of her recovery timeline. "I feel like if I were to take it really slow and do everything perfectly, I feel like I would have regrets. I couldn't live with that."

When we talked in September, the first snow had just fallen on Mt. Bachelor. "It's amazing when it happens this early. Everybody always kind of freaks out and gets really excited," she said. "But there's always ups and downs. It never really lasts. It's probably going to melt, and then it'll come back, and then it'll melt and then it will come back."

"But," she added, "it does make me really excited to go skiing." 🍷



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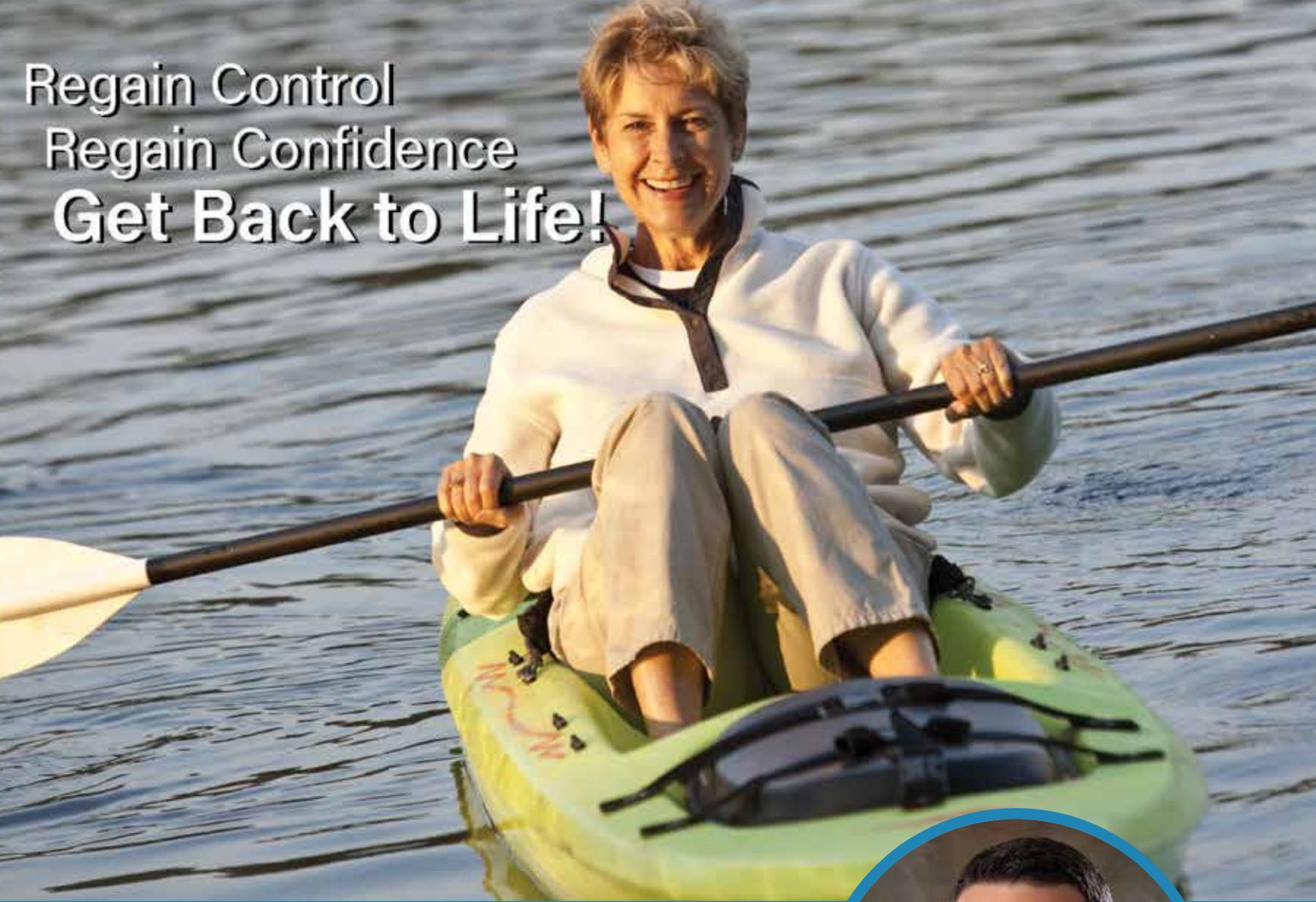
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PHOTOS COURTESY OF 10 BARREL BREWING

PILOT BUTTE INN

Bend's First Landmark

The storied life and demise of Bend's iconic chalet.



Maybe today, the story of Pilot Butte Inn would have ended differently, with the iconic building standing stately as a piece of living history. In a different time, it might have followed in the arc of the Tower Theatre, as a restored landmark and centerpiece of downtown Bend. Instead, the Swiss chalet-style hotel on the banks of the Deschutes River lives on in memories and photographs.

In half a century, the building went from being the community hub and pride of Bend to a neglected shell of its grandeur. Even a designation on the National Register of Historic Places in 1972 couldn't save it. Less than a year later, Pilot Butte Inn was demolished. A headline from a *Bulletin* article on the day it was torn down in 1973 read, "Bend era ends with inn's destruction." Today, a bank, burrito joint and bakery stand in its place at the corner of Newport Avenue and Wall Street.

Using three-foot thick pine from the nearby forests and the river rock from the Deschutes River that ran just steps away, skilled carpenters and masons built the Pilot Butte Inn in 1917. The inn followed the opening of the two sawmills in 1916, solidifying Bend's place as more than a homestead community. (Philip R. Brooks, a relative of the Brooks family of Brooks-Scanlon, Inc. financed the construction of the inn.) Designed as an alpine-style lodge by John E. Tourtellotte, Pilot Butte Inn was a destination for travelers, living out its best years in the heyday of motor tourism.

The inn was built with sixty guest rooms, additional construction over its lifetime added about one hundred more. The first floor had a large fireplace, private dining rooms for men and women, billiard and card rooms and a secret wine cellar. A picture window in the main dining room framed a

panorama of the Cascade Mountain Range. Oregon was technically a dry state at the time of its construction, but the grand opening party had "no shortage of spirits" and brought people from all over the state, according to contemporary accounts. Famous guests at the inn included Oregon governors such as Oswald West. In 1934, Eleanor Roosevelt stayed at the inn and reportedly ate a planked trout in the dining room.

Bend historian Ila Grant Hopper described Pilot Butte Inn as the center of the town's social life, with balls, banquets, conventions and weddings held there throughout the years. "But more than any other service, it provided community identity: it was Bend to outsiders, whose surprise and pleasure at encountering a hospitality of such excellence amid reaches of the interior were translated into grateful and lasting memory," she wrote. "Should its familiar outline vanish from downtown Bend, something vital to the community spirit will be irrevocably lost."

Beginning in the 1960s, the hotel went through a series of owners and fell into disarray. Local architecture student Jean Anderson was one of the strongest advocates for saving the hotel, but efforts to preserve the building were ultimately unsuccessful.

A piece of the inn does still remain in Bend, though. When the inn was demolished, the iconic stone fireplace was dismantled first, each stone carefully preserved so that one day the fireplace could be reconstructed. The fireplace now stands in the foyer of the Athletic Club of Bend, surrounded by historic photos and available for visitors (club members and non-members who come to dine at Bistro 28) who want to take in a genuine piece of some building blocks of Bend's history. — *Bronte Dod*

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Local performer and artist Jason Graham (aka MOsley Wotta), shares a storytime laugh with a SMART student.

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IN A PERFECT WORLD, every child would have a parent to sit down with them at night and read *Green Eggs and Ham*. The reality is that many children don't get the support or resources they need to fall in love with reading.

In Oregon, a literary program is tackling the problem by leaning on volunteers, many of them retirees, to step in as surrogate teachers for a few hours per month. These volunteers dedicate their time as reading buddies and mentors, allowing students to explore the world of reading at their own pace with a captive audience.

Founded in 1992, SMART (Start Making A Reader Today) is an Oregon-based nonprofit organization that encourages early childhood literacy and fosters a love of reading that kids carry with them throughout their lives. SMART works to improve literacy and cultivate an early love of reading that builds stronger readers by the time kids are in third grade, which is the critical point of education for kids, said Sue Stephens, the senior program manager for SMART.

The program pairs students with volunteers to read one-on-one for the school year. Each student takes home two free books each month that they can keep to start building a personal library. Teachers benefit from reduced reading class sizes since SMART program kids leave the classroom, resulting in more individualized attention for all students.

In Central Oregon, SMART has twenty-two programs in preschools and elementary schools throughout Crook, Deschutes, Jefferson and Grant counties. Jeri Coffin, the site coordinator for SMART at Roslund Elementary School in La Pine, said that giving out the free books is one of the best ways to keep kids reading at home.

"There are families who don't have the funds to buy books or may not be able to go to a library to get books," said Coffin. "Kids get to pick the books they take home. If they fall in love with the book, they are more apt to read it with their parents."

One of the problems that SMART can run into, which happened with two Central Oregon elementary schools in 2014, is overcrowding in schools, which can mean a lack of space to run the reading program. With new elementary schools recently added to the Bend-La Pine School District, Stephens doesn't anticipate having a problem with overcrowding in the future.

Most of the volunteer readers are retired. Stephens said the bond that the pairs form is a crucial to the program's success.

"There's that magic that happens between the older generation and the kids," said Stephens. — *Bronte Dod*

JERI COFFIN VOLUNTEER

Jeri Coffin has been a volunteer for SMART since 2012, and in 2016 she was named the Volunteer of the Year for SMART in Central Oregon. As a site coordinator at Roslund Elementary School in La Pine, Coffin oversees the SMART program there, which serves around fifty kids in kindergarten each year. "It's extremely valuable for the communities and for Oregon to reach out to kids and give them that opportunity to enjoy reading," said Coffin.





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QUALITY OF LIFE



SALLY RUSSELL

CROW'S FEET COMMONS / OCTOBER 2017

You don't get much more local than Sally Russell. A fifth generation Oregonian who has been in Bend for more than thirty years, Russell has raised two daughters while contributing to a host of civic and cultural institutions, including serving as the executive director of Cascade Cycling Classic and the Cascade Festival of Music. She has served on the Bend City Council since 2012. Russell recently spoke with *Bend Magazine's* Theresa "Teafly" Peterson about Bend's evolution.

GETTING *to* KNOW

Sally Russell

INTERVIEW AND ARTWORK BY TEAFLY

On Roots

I grew up in Portland. My family is from Portland. We have deep roots in Oregon. My father's family came across on the Oregon Trail. I have a set of maps my mom and dad found, as a matter of fact. My family built a cabin up at Elk Lake in 1932. My sister and I would bum as much time as we could from our relatives who were staying there. Then, I followed a boyfriend here in 1984. He left. I stayed.

On What It Means to Be Local

The thing I loved best when I moved to Bend—we still have some of it—is that we always waved to each other. We always knew everybody's name. There was always this sense of place and belonging. Really, Bend still is a place where there is a sense of belonging, of being accepted and being drawn in, I hope, for everyone in our community. That was very much what drew me to Bend in the beginning. We knew each other and if we didn't, if we were passing each other at an intersection, we still waved. There was this sense that "We're in this together."

On Bend's Growth

With the new influx of people, there are so many opportunities! One is the opportunity to meet people you have more in common with. The music offerings, culture and art offerings are now so much broader. If you look at food, art, culture and music, all of that is really rich. When I first moved to Bend, we only had country western music—and that's okay! I can listen to country western music, and my daughters love it, but there comes a moment where you want a little change. Now we have that.

On Philosophy

I'm a girl of diversity, not necessarily favorites. When I walk into a room, I will always choose a different seat if I can, so I can sit with different people and learn different things.

On City Council Life

I always played with the idea of participating in a way where I could contribute to the policy-making of the city where I live and raised children. I served on the planning commission for a while, so I had a really good understanding of what it could be like. Believe me, when you are standing underneath that cold political waterfall, you are never quite ready for it—no matter how much you prepare.

On Legislating

To get to really good policy, I'm looking at what is happening on the ground. Tiny little shifts are actually big shifts in terms of quality of life.

On Bend's Economy

Bend goes through all these boom and bust cycles and you have to re-invent yourself and be very flexible. The hardest bust was for sure the one that began to manifest in 2006-2007 and then really locked-in by 2008. That was tough. We lost businesses, we lost people. It was tough, tough. Bend in some ways has recovered. One of my goals in terms of my leadership role in this community is to try to really look at these boom and bust cycles over time and to look at strategies to stabilize our community to be more resilient.

On Perspective

Many people don't know, but I was a formidable mountain bike racer. I won a bike marathon in Germany, like eight hours on the bike. I have an endurance factor. I played piano for ten years, so I have a huge appreciation for music as a way to communicate. I've taken all these passions—my passion for the outdoors, my athleticism, my appreciation for the written word and my appreciation for people who have different values and points of view—and put them together to solve the puzzle, and I love these kind of puzzles.



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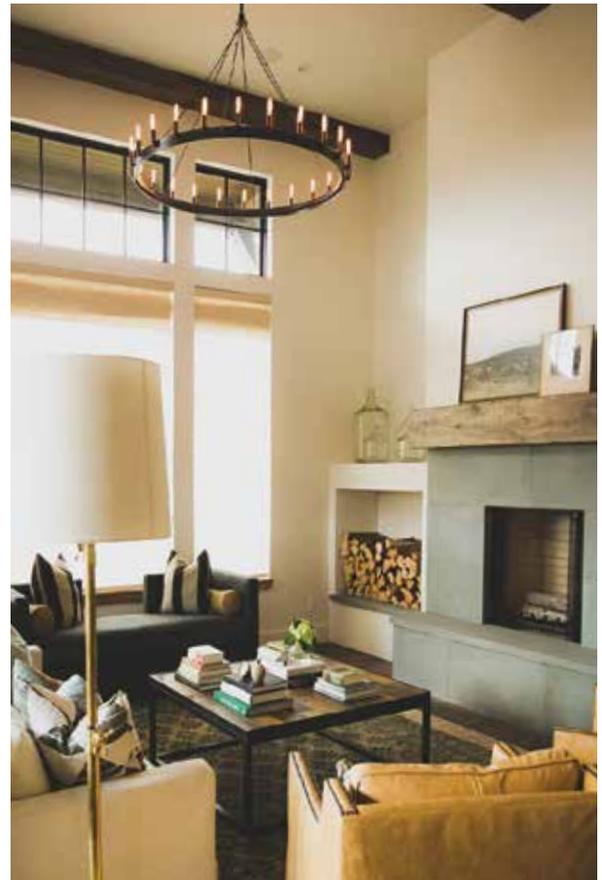


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LIVING

An Elemental Retreat

A modern home in Shevlin Commons is designed to embrace the natural elements with comfort, function and style in the details.

WRITTEN BY KIM COOPER FINDLING

PHOTOS BY CHRISTIAN HEEB



Desert Dreams

The home is a stunning, contemporary 3,400-square-foot structure with exterior materials of cedar, stone and stucco.

Two years ago, when Allen and Traci Clautice-Engle set out to design and build a custom home, they came to the process with some very specific ideas. The couple had lived in Central Oregon since 1998. They'd been married for more than thirty years and raised two children together. This would be their third Bend home. Allen and Traci knew themselves, the community and how they wished to live in it.

But their desires weren't identical. Allen explained succinctly: "I'm an engineer, and she's a doctor." Allen, who is retired, was looking for energy efficiency, low-maintenance landscaping and a location closer to Mt. Bachelor, where he is a ski patroller. "I wanted all LED lights, built-in solar and to spend less time landscaping."

His wife, Traci, who works full-time as a radiologist at Central Oregon Radiology Associates, nurtured more interior desires—in terms of design, that is. "Not many people have the opportunity to create a custom home to perfectly fit your life," she explained. "I wanted to spend plenty of time on details and design."

Both were avid outdoors lovers and travelers





Worldly Welcome

The entry hall is tile, lined with art niches for the Clautice-Engles' extensive collection. In designing their custom home in Shevlin Commons, they wanted a special place to display the large collection of art and photography they had gathered from travels around the world.



Function and Flow

Island seating at two levels creates additional gathering spaces in the kitchen. The room was designed for the traffic patterns of an avid home chef and her guests.

who wanted their empty-nester home to be incredibly comfortable and beautiful. Both wanted a special place to display the large collection of art and photography they had gathered from travels around the world. Each wanted a location “in town, but out of town—close enough to downtown to bike in if we wanted,” said Allen. A place near nature trails would be a bonus.

Shevlin Commons was the answer. The community, four miles west of downtown, sits adjacent to Bend’s signature open space, Shevlin Park. The Clautice-Engles purchased a lot with a view of the park and of the Cascade Range. Then they hired builder Doug Young and longtime Bend architect Karen Smuland to craft their home from scratch.

CREATING PERFECT SPACES

“The first thing to attend to was layout and orientation,” explained Smuland, who has been designing homes in Bend for fourteen years. The lot wasn’t overly large, but offered a few key opportunities. “We oriented the house to best use photovoltaic solar, create one-level living with plenty of natural light, take advantage of the predominant views and create unique outdoor living spaces,” she said.

The Clautice-Engle home is a stunning,

contemporary 3,400-square-foot structure with exterior materials of cedar, stone and stucco, and views of Mt. Bachelor and Mt. Jefferson. A U-shaped footprint shelters a south-facing courtyard, which is private, absorbs sun and avoids wind. A combination of shed and flat rooflines is not only visually attractive but also allows more natural light into the home.

The visitor’s eye is drawn to the front door by a cantilevered roof. The entry hall is tile, lined with art niches for the Clautice-Engles’ collection. At the hall’s end is the great room, which boasts three walls of windows with storefront glazing to maximize view and motorized windows to allow in fresh air.

The kitchen, adjacent to the great room, was Traci’s domain. Working with Bend interior designer Kirsti Wolfe, Traci created a room well planned for the traffic patterns of an avid home chef and her guests. “We fine tuned everything on her wish list,” said Wolfe, who has been an interior designer for twenty-eight years. “We wanted the kitchen to flow with Traci’s personality and how she functions.”

The kitchen includes ‘work stations,’ one of which is a beverage bar. A wide counter space is home to tea, coffee, wine and the like, flanked by two roll-up storage spaces



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Soaking It In

An enclosed sunroom of wood and glass faces south, absorbing sun and heat in colder seasons and cooler times of day.

housing kitchen gadgets. “It’s a gathering space away from the main cooking area, so that not everyone ends up in the same space,” explained Wolfe. Island seating at two levels—a round eating area at a lower level and bar-height stools—create additional gathering spaces. The counters are black granite, and all woodwork is Sapele, sometimes referred to as African mahogany. “The flow of the house is outstanding for entertaining,” said Traci.

Allen got his wishes in terms of energy efficiency. The home is Earth Advantage Certified, and a combination of photovoltaic solar, double stud walls, excellent insulation and a heat pump add to the sustainable footprint. Active management of workable windows means that the house is extremely efficient. “I expect we’ll be net zero or positive this year,” said Allen, meaning the home will create as much energy as it consumes.

INDOOR/OUTDOOR LIVING

Perhaps the home’s best features—and the owners’ favorites—are its patios. An enclosed sunroom of wood and glass faces south, absorbing sun and heat in colder seasons and cooler times of day. “Our indoor patio faces the park and is a great place to have a glass of wine or relax,” said Allen.

The outdoor patio is accented with a waterfall, visible from the kitchen window, which becomes a stream that crosses the expanse. “You step over the stream to access the patio,” explained Smuland. “The patio is really the masterpiece of the home.”

Wolfe feels that the patio, like the house, achieves beauty by “using all of the elements—wood, glass, metal and water. All are combined to achieve a more peaceful environment. It’s an extremely serene, comfortable home.” 🌿



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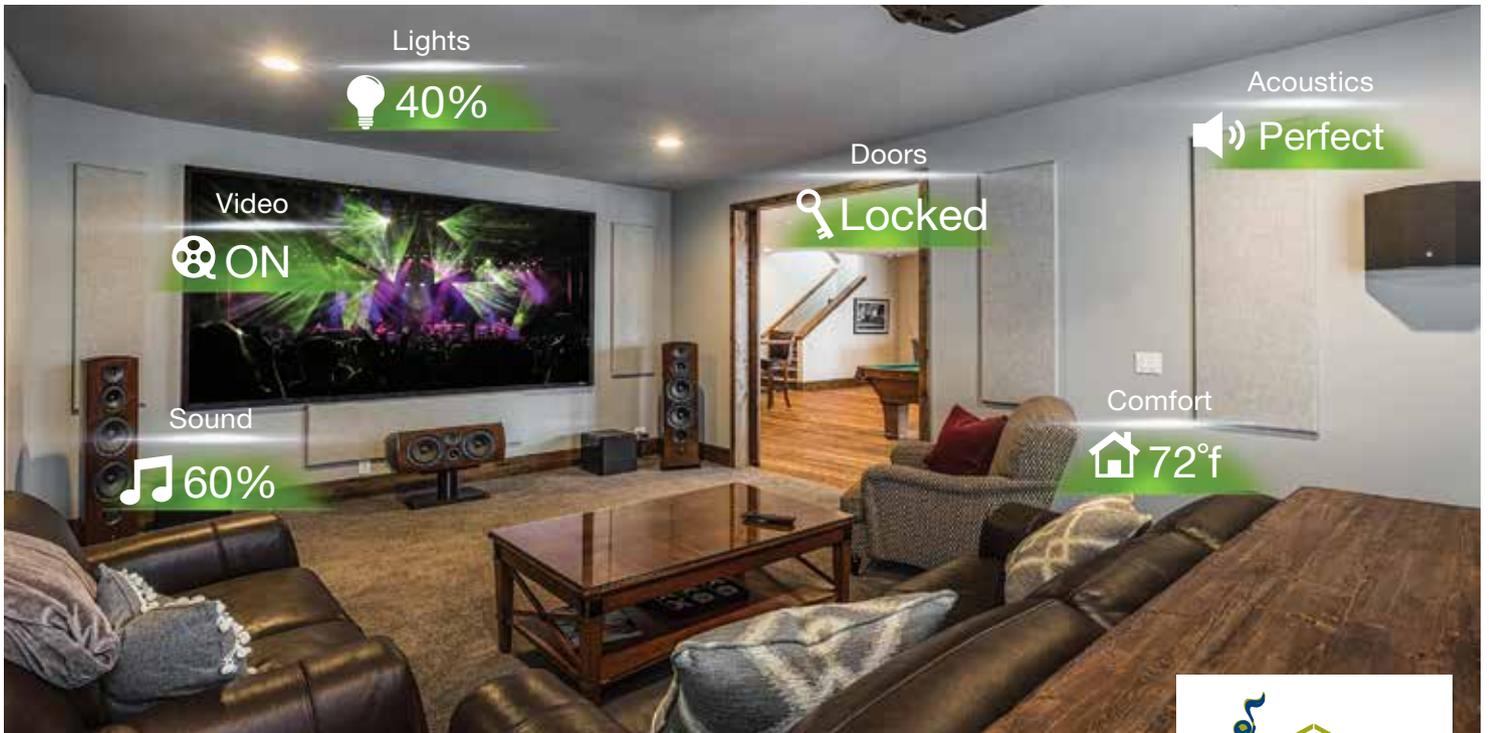


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Timely Tips for OVERWINTERING

Last winter's fury left many of us wishing we'd been better prepared. This year, season-proof your yard and garden before deep winter hits. Come spring, you'll be all set to greet the sun and flowers of the season.

WRITTEN BY KIM COOPER FINDLING



SAVE THE TREES

Young trees are especially vulnerable in winter. For the first few years until the outer bark has thickened, wrap the trunks of thin barked trees like maples, aspen and ash with paper tree wrap to prevent sunscald. "Remove the paper in spring so it won't harbor unwanted insects over the summer," said Detweiler.

PROTECT THE GARDEN

In your entire yard, pull up all dead plant materials, rake diseased leaves and remove all fallen branches. "This will prevent insects and disease from overwintering," said Amy Jo Detweiler from the OSU Extension Service. On your vegetable garden, spread compost or mulch and plant a cover crop that will come up in spring. Consider winter wheat, cereal rye, winter rye, triticale, winter barley or winter peas. "Once it is up, turn it under to enrich your soil."

HYDRATE

Before winter and before turning off the irrigation, deep-soak newly planted perennials, trees and shrubs. What comes next depends on what sort of winter we have. "If we have lots of snow, enjoy the view from inside your cozy home. But if we have a break in the weather with a dry spell—where the sun is out, no snow has fallen and the ground is warmed up—you will need to drag out the garden hose and give all of your plants a deep soak." If we have a long, dry, sunny winter (wouldn't that be a change), water every six to eight weeks.

DON'T FORGET...

TIDY UP

Clean your garden tools with a bleach solution and allow them to dry thoroughly before storing. "Tuck them away, along with fertilizers, in a safe dry place out of the reach of children," said Detweiler.

PRETTY ON THE INSIDE

Want to brighten up your home with some color? Force bulbs indoors. Try crocus, hyacinths, paper whites, amaryllis, tulips, daffodils, miniature iris or scilla. Also consider planting a window garden of lettuce, chives and parsley.

HOLIDAY DÉCOR

Make holiday decorations from conifer trees, shrubs and ornamental berries from the landscape. Select a live Christmas tree for the holidays, but remember that live trees can only be kept inside for three to five days before breaking dormancy. Plant your tree as soon as possible after the holidays. "If the ground is too frozen to plant your tree, dig a hole the same size of the container on the east or north side of your home, and then sink the tree in the container into the ground to protect and insulate the roots." Permanently plant the tree in the best location come spring.



Thanks to Amy Jo Detweiler of Oregon State University Extension Service for sharing these tips with *Bend Magazine*.



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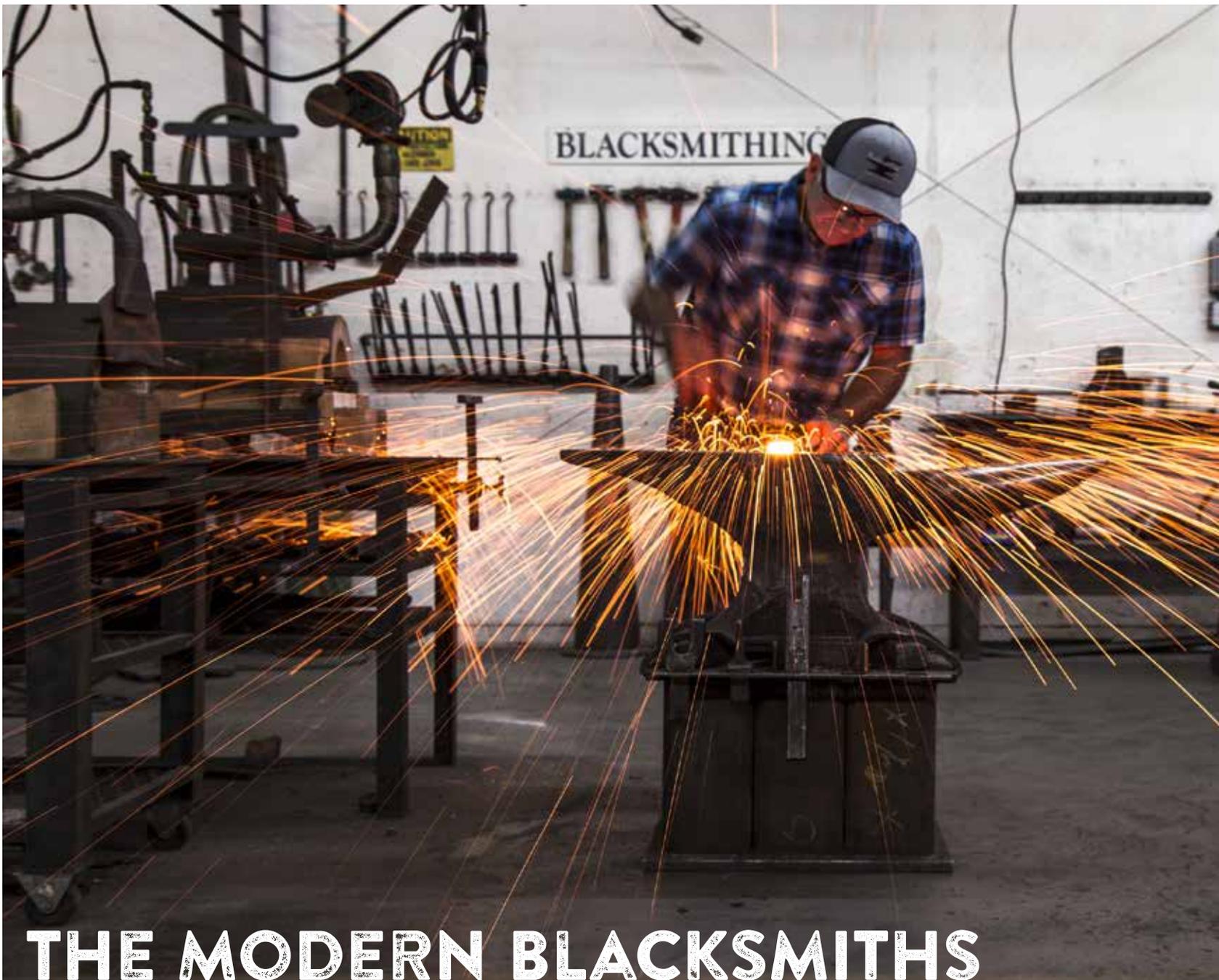
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THE MODERN BLACKSMITHS

At Ponderosa Forge, a group of modern day blacksmiths are bringing back the traditional craft with raw power and subtle artistry.

When Jeff Wester opened his blacksmith and custom ironworking shop in Sisters, he also built a hitching rail out front to shoe horses, which he had been doing for the last decade, just in case his new custom forging business didn't work out.

"I went out on a limb, borrowed money to buy this lot," said Wester. "I had it all penciled out, so if something didn't work with my business plan, I could shoe horses and pay for the shop."

It's been twenty-six years and one Great

Recession since then, and he never did have to go back to shoeing horses.

Ponderosa Forge is on the industrial side of Sisters. It's a blend of old and new. On one side, there's a computer-operated machine that automatically cuts steel. On the other, there's a hammering machine that was built in the 1880s. The 14,000 square-foot shop is lined with hammers and tools on the walls, and anvils are scattered throughout. A handful of employees, modern day smiths, work in the shop where they forge high-end hardware and ironwork,

WRITTEN BY **BRONTE DOD**

PHOTOS BY **ALEX JORDAN**

most often for custom homes.

It's deliberate hands-on work, a combination of raw power and subtle artistry. On a recent visit to the shop, Wester turned on a coil forge and pulled out a piece of steel to demonstrate.

He placed the raw steel in the superheated coils

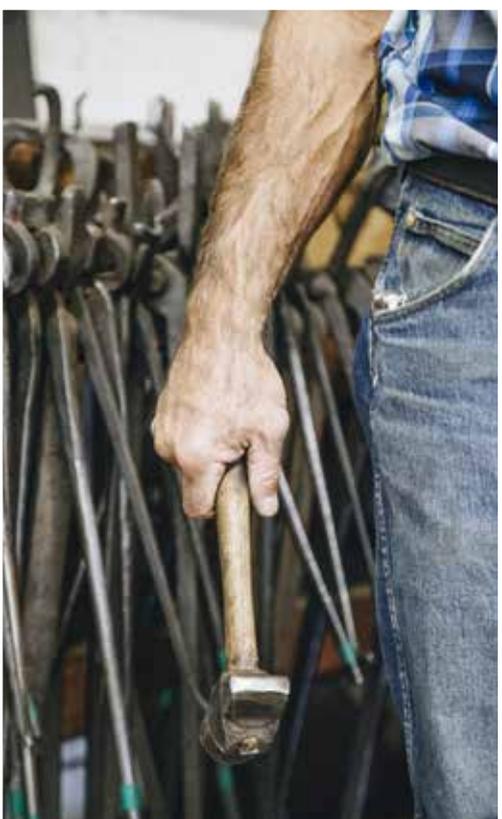


“With blacksmithing, there are tapers and scrolls and shapes that you can’t really detail out on a plan, that requires a craftsman’s mind and eye.”

Blacksmith’s Back, Alright

On the industrial side of Sisters, Ponderosa Forge is a small blacksmith shop that creates custom iron and steelwork in the traditional style. The shop was founded by Jeff Wester (pictured, above right) in 1991. Wester taught Chris Corcoran (pictured, above left) the traditional trade when he joined eleven years ago.





Hammer and Metal

Only a handful of traditional blacksmith shops and artisans remain, with just three in Central Oregon.

and waited for it to turn orange at 2,000 degrees Fahrenheit. He carried the glowing steel to one of the oldest machines in the shop, and used his foot to power the hammer that flattens the steel. Then he took the flattened rod to an anvil, and started hammering. Striking the steel with the precision of a metronome, he guided the steel to the cone of the anvil, and wrapped it around with the hammer. Within seconds, he had a perfectly rounded scroll, similar to the edge of a staircase railing.

“He’s just really good at what he does,” said Chris Corcoran, Ponderosa’s manager who’s worked there for eleven years. “I remember starting here and Jeff would [work a piece], and it would look so easy.” It took Corcoran years to approach Wester’s mastery with hammer and metal. “It’s a lot of trial and error and observing, picking up on the subtleties of where he’s holding the hammer, where his head is when he’s swinging.”

“It’s probably one of the best blacksmithing schools you can go to,” he added.

Wester landed in Bend in 1981. He picked

up blacksmithing as a way to make money, running a small operation out of the back of a truck with a forge and an anvil, shoeing horses to pay his way through school, but found an affinity and a love for blacksmithing.

At the time, traditional blacksmithing was a dying art. Throughout the 20th century, “every ranch and mill had a blacksmith,” said Wester. Today, only a handful of traditional shops and artisans remain, with just three in Central Oregon. Part of the decline came when welding was modernized, and traditional forging wasn’t necessary. Ponderosa Forge is one of the only shops that does this work on a large scale. Wester found success in the custom homes market, where his designs have the rustic elegance that complements the mountain-style lodge homes found throughout Central Oregon. Today, everything from fireplace screens and staircase railings to overhead pot racks and cabinet knobs are all made using a traditional forging process, meaning the pieces evoke 19th century craftsmanship. Wester’s residential work is mixed in with commercial



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jobs. Ponderosa also designed and forged all the metalwork in the Deschutes Brewery downtown Bend pub, including hundreds of metal hops and hop leaves, strung together on a thin iron line. Each hop cluster and leaf was hand forged and hammered, and the intricate details give a sense of lightness and movement to the iron plants. Work such as that is a testament to the time and patience that it takes to learn blacksmithing.

Wester usually has around four to six employees in the shop who joined to learn the traditional trade. “There’s been lot of interest the last few years in the craft,” said Wester. “There’s a trend of people going back to the original crafts, and I hope it continues because we need way more people in all the crafts.”

The work of Ponderosa Forge stands out in the market of cookie-cutter homes. One blacksmith is assigned to a project from beginning to end,

ensuring a unity in the pieces that are created. Corcoran said that the skill comes from being able to see the details.

“With blacksmithing, there are tapers and scrolls and shapes that you can’t really detail out on a plan, that requires a craftsman’s mind and eye,” said Corcoran. Every part is made from scratch, hammered at just the right temperature and time, with the just the right force, to create something that lasts centuries.

Wester ends the workweek each Friday at three o’ clock, but opens up the shop to his blacksmiths who can work on any project they want. Wester said they all stay, sometimes late into the evening, working on their own projects and honing their skills. It’s something Wester is proud of.

“Who gets to say they’re a blacksmith?” asked Corcoran. “Not many people.”

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*Blackstrap brand manager
Jim Sanco*



It seems you can't get on a chairlift these days without seeing at least one of the colorful Blackstrap balaclavas cinched under a helmet. Indeed, the facemask/headcover is to the mountain what the Hydro Flask water bottle is to the hiking trail—essential equipment.

Coming off an epic winter that saw more than 600 inches of snowfall locally, Blackstrap is hitting its stride. The company is now taking its winning winter formula beyond the ski hill with a line of river-oriented gear, though Jim Sanco, Blackstrap's brand manager, admits that the company's employees are still glued to the snow reports throughout the winter season.

Blackstrap released its spring and summer line in 2015 with a line of lighter-weight facemasks aimed at anglers but suitable for anyone who spends time on the water or is exposed to sun for prolonged periods. Sanco said it's more of an insurance policy than a change in business philosophy.

"You have those unforeseens, whether it's a bad winter or a really good winter—it could go either way," said Sanco. "If it snows and it's cold, we're all geniuses, everyone rejoice. But then you have a bad winter ... You get that fluctuation when you're in an industry that's bound by the weather."

Recently, the company released a line of gloves for steelhead anglers to protect their hands when they are stripping fishing line, bringing consistent year-round business into the company.

One thing that hasn't changed is Blackstrap's commitment to an entirely domestic production process—from milling fabrics and printing

Blackstrap Hits its Stride

Within a few years, Blackstrap went from another Bend outdoor startup to being one of the essential—and most popular—pieces of equipment on the mountain.

WRITTEN BY BRONTE DOD

custom facemasks to quality control and shipping. It's a point of pride for the company that has managed to grow at a steady rate without losing sight of its original mission.

"Our end product is still really where we started," said Sanco. "We've never had this massive influx of capital to do whatever we want. We've had to be very strategic about all these things."

Like others in the industry, Sanco, 32, came to Bend for the mountains. He met Blackstrap founder, Abe Shehadeh, also 32, through mutual friends, and decided to join him, building the business from Shehadeh's Sunriver home. (Though Shehadeh is the founder, he prefers to stay behind the scenes.)

Blackstrap has remained a small business, with only ten full-time employees (nine men and one woman) who work in the office and warehouse. Sanco describes Blackstrap's marketing efforts as "guerilla" and credits the widespread success of Blackstrap to its attention to detail in the product, in addition to personal relationships built with resorts and retailers

"Our end product is still really where we started. We've never had this massive influx of capital to do whatever we want. We've had to be very strategic about all these things."

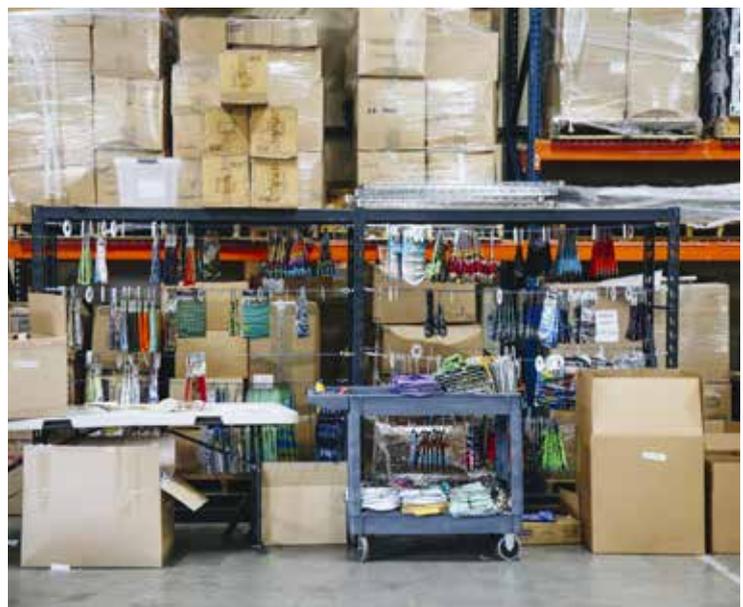
throughout the country.

Blackstrap is currently sold in more than 500 retail locations nationwide. In the 2016-2017 winter season, Blackstrap became the fifth-best-selling facemask in the United States, according to Snowsports Industries of America.

"It might be cheaper [to outsource], but we would be going batshit crazy not knowing what's going on everyday with all that stuff," said Sanco.

At Powder House Ski & Snowboard in Bend, owner Shanda McGee said that Blackstrap has developed a cult following, with everyone from construction workers to athletes buying the product. "It's a great technical product without being out of reach," she said. She estimates that the ski shop easily sells about one thousand Blackstrap products each winter.

McGee said that working with the team is easy, too. "They're just a great group of guys," she said. "Their passion is what makes it fun, too. They're out on the mountain; they're talking to people; they support the community." 🍷



PHOTOS ALEX JORDAN

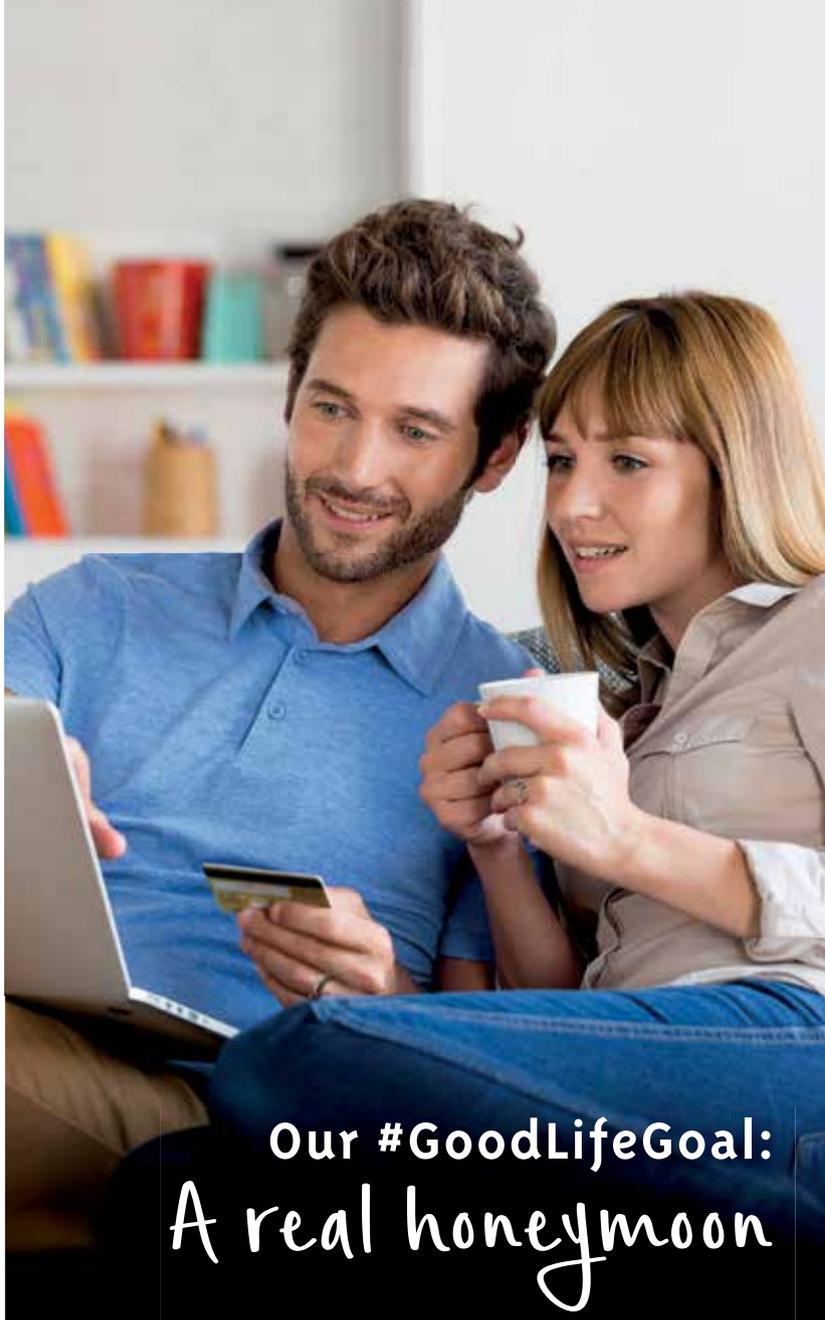


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NorthWest Crossing Booming, Sees Business

A BAKERY, COFFEE ROASTER, restaurant and condominiums are just some of the businesses breaking ground in NorthWest Crossing over the past several months. The mixed-use neighborhood has been slowly and steadily growing over the past several years, and the latest round of construction is evidence that the area continues to be a popular spot for new and expanding businesses.

Thump Coffee is one of the new and significant additions to the neighborhood. The Bend-based company, which also has coffee shops in Denver, is moving its primary roasting operations from downtown Bend to the new 5,000-square-foot space. The company will use the new building to consolidate its roasting and Fearless Bakery operations.

Owner Bobby Grover said the company plans to maintain the existing midtown location that houses Fearless. This allows for expanded retail operations at the current Fearless location on Division Street. Likewise, the current roastery on Franklin Avenue will be maintained as a coffee shop and retail space, helping Thump both consolidate and expand in one move.

“What we are trying to do is control the quality of our product from start to finish,” said Grover.

It also allows Thump to develop the retail aspect of the new location as a destination café for people who work in the NorthWest Crossing area in addition to the many visitors who frequent nearby trails,



including the Phil's Trail system.

“You can go there after a mountain bike ride. There will be a mountain bike washing station and a firepit outside. It's the kind of place to kick up the heels and relax,” he said, adding that there will be eight taps with cold brew, kombucha and beer.

Thump's new headquarters will be located on York Avenue between Hydro Flask, which is currently adding more floor space to its recently completed corporate headquarters, and Cairn, a rapidly growing outdoor product subscription company that now occupies Hydro Flask's former corporate headquarters on York. Just a few blocks away, developer John Gilbert's Fremont Row has broken ground on a mixed-use condominium project that includes ground floor retail space and a 2,600-square-foot restaurant and patio at the corner of NorthWest Crossing Drive and Fort Clatsop, near Sparrow Bakery. — *Eric Flowers*

Roger Worthington



Worthy to Open Tex-Mex Taco Shop at Mirror Pond Plaza

HAVING RECENTLY COMPLETED a massive expansion and makeover at its flagship eastside brewery and pub, Worthy Brewing's Roger Worthington has decided that he's not done growing. This spring, the owner of the four-year-old brewery plans to open a Tex-mex style taco shop featuring Worthy's experimental and one-off Heart and Soul Series Beers on tap in Brooks Alley in downtown Bend. “Everybody loves tacos and beer,” said Worthington. Named Taps and Tacos, the simple name is echoed by a pared down menu of tacos, chips and salsa, guacamole and queso. “There's a lot of great Mexican-style food in Central Oregon, but we wanted to focus on my favorite: Tex-Mex.” Taps and Tacos will be able to seat about fifty people inside and outside and is slated to open in the spring of 2018. The space was previously held by Mazza Bistro, which closed earlier this year. — *Bronte Dod*

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Teri HOCKETT

EDCO's Tech Industry Coordinator on workforce challenges in Bend and the importance of diversity in tech.

INTERVIEW BY KELLY KEARSLEY

Teri Hockett spent much of her career recruiting for tech, helping companies find talent and helping talented people find job opportunities. Now she's using her experience and expertise to strengthen Bend's tech community.

Hockett moved to Bend after winding down her own recruiting firm, *What's for Work*, which aimed to specifically help women transitioning back into tech careers after raising families. After taking a year off, she rolled up her sleeves and got to work as the tech industry coordinator for Economic Development of Central Oregon (EDCO). She's since repositioned to be the Central Oregon director for the Technology Association of Oregon (TAO), a statewide nonprofit supporting the technology companies. We caught up with Hockett to learn more about her work, her passion for supporting women in tech and her hopes for our business community.

First, what brought you Bend?

After thirty years in the Bay Area, raising our two daughters and launching our respective companies, we were ready for the beauty and serenity of Bend. We love the mountains and we wanted a small town. Boulder had always been on our short list, but it's not the same Boulder it was thirty years ago. Also, our youngest daughter is at the University of Oregon, so we were coming up to Oregon to visit.

You've been involved in the tech industry for a long time. What challenges do you see here?

Primarily the workforce pipeline. Bend employers have long been able to rely on the fact that they live in this great place—that was enough to recruit people. They haven't had to offer nationally competitive wages or benefits.



Now that's changed. With remote workforces, you're competing for talent with employers all over the world. Our companies have definitely recognized that and have made some really great hires. But recruiting is still tough.

Speaking of workforce development, can you discuss your STEAM initiative?

TAO STEAM is an effort to help grow the pipeline of women in science, technology, engineering, art and math careers. Most of the tech company executives here want to see more women applying for jobs. That work starts long before you ever see a job posting. We need to see ourselves in those positions and then see the path. Our STEAM events in Bend are giving young girls and women the opportunity to do that.

You've helped expand TAO's presence in Central Oregon. Why is it important for TAO to have someone here?

The first day I started, Skip Newberry, the TAO executive director, took me over to meet the current TAO advisory board mem-

bers in Bend. They said right away, "We don't want to do everything that TAO in Portland is doing." Central Oregon has its own unique community and needs. They were really focused on workforce development, which was a natural fit for my experience with career development. Tech has become an integral part of all business, so we're helping companies here figure out how to grow the pipeline of potential talent.

What resources does Central Oregon need to help encourage more women in STEAM?

We'd love to have a diversity inclusion program at OSU-Cascades—that's something that is already underway. TAO STEAM launched a formalized mentorship program specifically for women interested in STEAM careers in October. And then it's about working with the youth, such as getting more girls into coding and encouraging the state of Oregon to offer high school credits for computer science courses and coding education.

What do you hope that Bend's tech community looks like in five years?

I'd like diversity and inclusion to no longer be hot topics—because we've made them a non-issue. I'd like equal pay to not be a tough conversation that we have to have. For the tech community in general, I think that OSU's Innovation Center for Entrepreneurship has the chance to help entrepreneurs and companies know that they can come here and start their businesses with all these resources available to them. If you look at the broader business landscape, I think we can be a destination place, known for being an open-arms, inclusive community with opportunities in outdoor, biosciences, technology and more.

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The Coldest COLD CASE

A brazen bombing remains at the heart of a ninety-year-old mystery that rocked the small mill town at the height of Prohibition.

WRITTEN BY TOR HANSON



WALKING SOFTLY IN CROOK COUNTY

Prineville Sheriff Stephen Yancey (holding a rifle) rests on the bumper of his automobile with his deputies at his side. Yancey served the county between 1925 to 1929 at the height of prohibition. The sheriff was on the front lines of the effort to stamp out the moonshine business in Crook County.

Loggers and blue-collar millworkers supplied a ready and thirsty market for moonshiners eager to skirt laws banning the production and sale of alcohol. State and federal agents were never far behind, and for several years a game of cat and mouse played out across the High Desert.

It is three o'clock in the morning and the burgeoning mill town of Bend is asleep. The first blow of the mill whistle won't sound for another four hours. A dog barks, breaking the silence that envelops the tightly knit neighborhood around Hood Place and Congress Street, just blocks from Bend's commercial center.

Suddenly, an explosion rips through the Congress Apartments. The ground shakes as bricks fly like cannonballs from the back of the one-story building where a massive hole has opened. Inside the small apartment, two state prohibition agents scramble, alive but shaken. The explosion was no accident, rather a hit ordered by outlaw moonshiners on the agents who worked as enforcers of unpopular prohibition laws.

Welcome to Bend circa 1926, where lawlessness and old school retribution put even lawmen in the line of fire. The brazen bombing is believed to have been payback for the killing of a local moonshiner just a few weeks earlier east of Bend. Despite much publicity at the time, the crime remains unsolved to this day.

Ninety-one years later, Bend Police cold case detectives Sgt. Devin Lewis and Lt. Jason Maniscalco are looking at crime scene photos from the dynamiting of Congress Apartments in downtown Bend.

"Look, the whole back wall is gone," said Lewis. "I've never heard about this case before."

Although there were never Al Capone-Elliot Ness styled





BUSTING UP THE STILLS

Top: Confiscated booze was simply flushed into the gutter during pouring parties. This “party” took place outside the courthouse in Prineville.

Bottom: Deschutes County Sheriff Samuel Roberts (standing in the middle) and a collection of confiscated stills near the old downtown Bend jail. Roberts served from 1917 through 1929 and oversaw most of the dry years in the county.

shootouts between the police and moonshiners, Bend was a rough and tumble town in its early days. Loggers and blue-collar millworkers supplied a ready and thirsty market for moonshiners eager to skirt the state and federal laws banning the production and sale of alcohol. State and federal agents were never far behind, and for several years a game of cat and mouse played out across the High Desert.

According to contemporary accounts in the local newspaper, the attempted hit on the two state prohibition agents was believed to be retribution for the killing of a suspected bootlegger during a raid on a clandestine distillery between Brothers and Burns. Since no one was killed in the explosion, the statute of limitations has long expired. The century-old case is too old for law enforcement to prosecute or even pursue. It is the coldest of cold cases.

Like many local policing agencies around the country, the Bend Police Department does not have a dedicated cold case unit. With limited resources and new cases popping up daily, most detective resources are dedicated to solving the latest crimes since evidence and memories are fresh.

That’s not to say that cold cases are ignored. They might appear to be dead, but they’re just dormant, waiting for the right clue to emerge or witness to come forward. Sgt. Lewis is supervising detective. He assigns the caseload to one of the eight detectives in the unit.

“Everyone has read up on their cases. It’s just easier if we get a great tip or new evidence comes to light,” said Lewis.

A case may never be solved unless a tip comes in or crucial evidence is unearthed.

“It all comes down to the solvability factor,” said Lewis. “You could spend hundreds of hours working on a cold case and not get any further.”

Time is the enemy and the ally in cold cases. It may be years or decades before a citizen decides to provide a clue to police.

“A witness may come forward. It may not be an eyewitness, but maybe a family member who remembers something from the past,” said Lewis. “They tell us, I remember when I was ten years old, my brother was talking about his involvement in the case. I really didn’t think about it until yesterday.”

Lewis stressed it may not be the best information, but it gives the detectives a point of reference to other leads, which could crack the case.

Modern forensic technology has changed the amount of evidence collected. A murder case may contain binders of written evidence, interviews and transcripts. It is not uncommon for a

case file to contain 600 pages.

“A fifty-year-old murder case may be captured in a two-inch-thick folder,” said Maniscalco.

In the case of the Congress Apartment bombing, time has erased all but a few historical records. Today, the case is a piece of local lore. Still, the brash act fascinates, offering a window into the Wild West mentality that endured in rural outposts such as Bend well into the 20th century.

To understand the Congress Apartments’ attack, one requires a bit of historical context. In 1916, the temperance movement managed to squeak through a referendum that

Today, the case is a piece of local lore. Still, the brash act fascinates, offering a window into the Wild West mentality that endured in rural outposts such as Bend well into the 20th century.

made Oregon an alcohol-free state—four years before the rest of the country. The dry years were a boon for moonshiners and bootleggers in Central Oregon, but the law and practice didn’t always square, according to Prineville historian Steve Lent with the Bowman Museum.

“Enforcement was pretty lax, particularly up until the Prohibition,” said Lent.

The Volstead Act, which kicked off federal prohibition, made everything containing alcohol illegal and marked the start of a more deliberate enforcement approach. Yet, the laws of supply and demand dictated that moonshiners would fill the void left by shuttered commercial distilleries. These alcohol outlaws made their living by circumventing the liquor ban while avoiding the much-feared state and federal prohibition agents. Stills popped up all over the High Desert, with production facilities hidden in lava caves and backyard sheds.

A HIT AND A MISS ON CONGRESS

Top: A view of the Congress Avenue apartment building on the corner of Hood Place and Congress Street in Bend circa 1926. Bottom: Crime scene photos show the damage from an explosion that ripped through the back of the building where two prohibition agents were living. No one was ever arrested or prosecuted for the alleged hit on the state alcohol agents who both lived to tell the tale.

“There were not enough law enforcement officers to cover all of Central Oregon,” said Lent.

Janelle Alameda remembers hearing stories about her grandfather, “Buck” Mariott, who served as a sergeant in the Marine Corps in World War I. In the early 1920s, Mariott became a state prohibition officer. Stationed in Eugene, Mariott patrolled the Central Oregon high desert together with his partner, “Mac” McBride.

“My grandfather would go out in the wilderness and look for stills,” said Alameda. “It was a dangerous occupation, and he always carried a gun.”

Back in 1926, McBride and Mariott worked for the Oregon Bureau of Prohibition, a sort of local version of the federal ATF. They worked in cooperation with the police and sheriff’s departments in Bend, Redmond, Prineville and Madras.

“My grandfather would go out in the wilderness and look for stills. It was a dangerous occupation, and he always carried a gun.”

It was a risky proposition to go after moonshiners who were often armed and eager to avoid losing their investment. But that was exactly what Mariott and McBride decided to do on February 17, 1926. Based on a tip from an informant, the agents travelled to an alleged moonshine operation outside of Hampton, Oregon.

The agents reached the area in the afternoon and found a stilling operation stashed in a primitive shelter constructed of juniper logs and dirt. Peering through a window, they found ten barrels of mash brewing over a simmering fire, two fifty-gallon stills and another twenty-four barrels of mash. McBride and Mariott pried open a window, crawled inside and waited.

The following morning, Vayle Taylor, a homesteader from nearby Alfalfa, arrived on horseback. What happened next is a

matter of historic record and based on the agents’ recollection.

According to the agents, it was Taylor who got the drop on them after spotting their tracks outside his hideout. He turned the tables on the waiting agents by jamming the door, locking them inside. According to the two agents, Taylor then struck a match and brandished a rag. Clearly the bust was not going as planned, with Taylor seemingly ready to burn down his operation with the agents inside. According to Mariott, the desperate agents broke down the door from the inside. In the process, McBride’s gun accidentally discharged, instantly killing Taylor.

Both McBride and Mariott were cleared at the coroner’s inquest in Prineville the following day. Taylor’s associates, a group known as the Bear Creek and High Desert Gang, weren’t ready for a truce. They were looking to settle the score. They didn’t wait long. Just eighteen days later, the violent blast shook the Congress Apartments where Marriot and McBride were living.

Local blasting experts speculated the criminals had used either fifty sticks of dynamite or twenty five to thirty pounds of TNT. The police eventually linked the explosion to members of the Bear Creek and High Desert Gang based on information from an informant.

Although the crime was investigated by the Bend Police and the Deschutes County Sheriff’s departments, it was never solved. The county court even offered a \$1,500 reward to anyone who could identify the criminals who blew up the building. In this case, the mystery is more a matter of historic curiosity than justice.

Everybody connected to the case is long gone. Vayle Taylor is buried at the Pilot Butte Cemetery in Bend beside his mother, Mildred, who died in 1920. There is no gravestone marking the site. Alvie “Buck” Mariott and his wife Myrtle are laid to rest at the Willamette National Cemetery. “Mac” McBride disappeared from the gaze of history in 1932, the last time his name was mentioned in the *Bulletin*. And the criminals who dynamited Congress Apartments never stood before a judge.

Within five years after the bombing the eighth amendment had been repealed, formally ending prohibition. With the stroke of a pen, President Roosevelt undid seventeen years of prohibition in Oregon. The Bureau of Prohibition and its agents were relegated to history. The first truckload of legal beer rolled into Bend on April 24, 1933.

Still, it would be years before the moonshine business dried up in Central Oregon. It seemed that some locals preferred the cheap backyard brand of booze to the highly taxed bottles in the store. But the heyday of moonshiners had come and gone—with a boom. 🍷





The

SHAPERS

of Things

WRITTEN BY DANIEL O'NEIL



THE TRAVIS YAMADA STORY picks up in the present tense, as he hovers over a surfboard-shaped piece of foam in the middle of a small, blue-walled room that serves as his workshop and corporate headquarters. Working deliberately, he saws out the rails, planes in the rocker and regularly pauses to pick up the blank, examining his work with the critical eye of a confident perfectionist.

Not far away, wetsuit-clad river rats are surfing Yamada's boards at Bend's Whitewater Park, stoked on the smooth green wave and on the laid-back scene. Just a few miles east, a new generation of skateboarders are ripping around the polished concrete bowls and ramps in the Ponderosa 2 skateboard park off Wilson Avenue. The riders may or may not know Travis Yamada, but his fingerprints are all over their urban playgrounds.

To understand that you must go back to where Yamada's story begins—way back to the early 1980s in California's Central Valley. It was there that Yamada, whose mother traces her roots back multiple generations, developed his cowboy work ethic, code of responsibility and his love of mountains. Those traits carried him through a stint as a professional snowboarder, fueled his drive to start his own businesses and saw him evolve from a skate punk to a skateboard ambassador, giving voice to a population

He's too modest to admit it, but Travis has helped pioneer the evolution of river surfboards and river surfing, especially in Bend.

that was often overlooked by the mainstream.

Jump back to Yamada's latest enterprise, a freshwater and saltwater surfboard shaping company, dubbed Cubicle. Like Gerry Lopez, another Bend icon, Yamada has taken his talent for carving lines into cornices and curling waves and turned it into a passion for creating unique products that allow others to do the same. On the blue walls hang a master craftsman's quiver of templates, saws, planers, calipers and sandpaper, all testifying to the complexity of building surfboards. "I'm not trying to reinvent the wheel," said Yamada. "Surfers figured this out a long time ago." He's too modest to admit it, but Travis has also helped pioneer the evolution of river surfboards and river surfing, especially in Bend.

Innovation has followed Yamada ever since he first stood on a skateboard as a kid in the early 80s. His charisma and business acumen, combined with his skilled hands and his experience as a former pro snowboarder, have led Yamada to pursue a lifestyle rooted in surf, skate and snow. The Bend community has supported Yamada for more than twenty-five years, and in return Yamada has made this place more fun, in a sideways-riding fashion.







“The most important thing Travis did was to challenge everybody, including the Park and Recreation District, to consider skate parks as essentially just another amenity in the development of a park, like playgrounds, tennis or basketball courts.”

YAMADA GREW UP on a cattle ranch in Sonora, California, a rural town in the gold rush foothills of the western Sierra Nevada, where skateboarding was culturally a crime. The son of a Japanese-American father and a mother whose family homesteaded Sonora, Yamada followed his own line early in life.

Around sixth grade, Yamada discovered snowboarding in the back pages of *Thrasher* skateboard magazine. So his dad rented him a board and drove him up to Boreal, where Yamada wrapped his Air Jordan skate shoes in plastic grocery bags, stuffed them into his moon boots and slid down the hill. “I was hooked from there.” Yamada’s commitment only gained momentum, and he let his life follow it.

His evolution from rider to ambassador was, in some ways, as natural as a backside carve. In the early 2000s, Bend skaters had eyed up a plot of dirt under an overpass at Division Street, where the construction of the Bend Parkway had created an urban vacuum of sorts in the neighborhood just north of downtown. Inspired by places like Portland’s Burnside skatepark, Bend skaters envisioned a true grassroots skatepark. Eventually, to make it happen, a handful of skaters organized under the name PUSH, Promoting Urban Skate Habitats. Yamada served as PUSH’s de facto leader. “He’s a great ambassador,” said Christopher “Topher” Laws, a Bend skater and snowboarder who joined PUSH early on. “Travis knows how to read people, and he knows how to get his point across in a very professional way.”

By 2009, PUSH held its first of four fundraisers—actually huge parties downtown, with food, beer, live music and an auction of 100 skateboards painted by local artist friends, all proceeds going to the cause. In total, they raised close to \$40,000. Though the Division Street project stalled, the seed had been planted. Led by Yamada and other veteran skaters, PUSH approached Bend Park and Recreation District about a collaboration.

Yamada’s diplomacy paid off, and his argument convinced people like Matt Mercer, the district’s Director of Recreation Services. “The most important thing Travis did was to challenge everybody, including the Park and Recreation District, to consider skate parks as essentially just another amenity in the development of a park, like playgrounds, tennis or basketball courts. And that’s just what we’re doing now,” explained Mercer. Ponderosa 2 finally opened in 2014, and Bend’s newest skate park, part of Rockridge Park, which opened this fall, included skateboarding from the start.

Meanwhile, work had begun on Bend’s Whitewater Park, which included a wave for river surfing. Yamada and friends had been riding standing waves in Central Oregon irrigation canals for more than a decade, a common, though illegal, practice. Hopes were high for the new whitewater park when it debuted in September 2015. Despite much

SURF SHAPER

This page, former pro snowboarder Travis Yamada in his studio for Cubicle, his line of custom-made river surfboards. Previous page, Yamada riding in Bend’s Whitewater Park, which he helped develop.

Photos previous pages: left Joey Hamilton, right Jon Tapper. This page Joey Hamilton.

fanfare, the wave, like other elements of the \$8 million dollar whitewater park, was not performing as advertised. While some grumbled and kvetched, Yamada and others pushed back, urging the park district to rework the primary features for a better experience.

Ryan Richard, the Bend Park and Recreation District's wave shaper, has worked with Yamada and the Bend Surf Alliance for more than two years now. "Travis' best role in talking with Park & Rec is his levelheadedness. He's always even-keeled, he doesn't get amped up like a lot of other guys do," Richard said.

Yamada doesn't take credit for developing the river wave. But he did help organize the surf community, "to convey our message," he said, "and not come off as a bunch of whiners." Just as he did with PUSH, Yamada proposed collaborative solutions.

Scott Huggin, a surfer who worked with Yamada on the whitewater wave, likewise gives Yamada props. "Without Travis, I don't know where the wave would be right now in terms of a surf wave. I don't know if anyone would be surfing. Travis wanted a successful wave for the community, but also for himself!"

Yamada is proud of the role he's played in the projects and he's excited about the prospects for his company. Still, he keeps things in perspective. "There are people in life doing important stuff. This isn't important; this is fun. Doctors are saving lives, and I'm making toys, basically."

For all he has done, Bend is paying Yamada back in an indirect, double-edged way—by ordering so many boards that Yamada said he hardly has time to do product testing. Ryan Richard, who rides one of Yamada's Cubicle boards, laughed at this: "I look over my shoulder and always see him creeping from the Colorado Avenue bridge! Still, when he surfs, he rips, man. He reminds me of a bee flying across the face, super agile, super fast."

Yamada has focused himself on building his brand, which has him working such long days into the night. He has a problem with trying to do everything himself. It's a weakness he's aware of, a lesson he said he's learned, but still hasn't implemented. As Josh Dirksen put it, "He's definitely not working at factory speed. He's doing every board perfectly, how it should be done."

"Without Travis, I don't know where the wave would be right now in terms of a surf wave. I don't know if anyone would be surfing."





PERFECT WAVES

Yamada's obsessive perfectionism takes time, but the final product honors the countless hours spent designing, shaping, glassing and sanding a board.

Photo top Jon Tapper, others Joey Hamilton



SURF, SKATE, SNOW

Yamada's charisma and business acumen, combined with his skilled hands and his experience as a former pro snowboarder, have led Yamada to pursue a lifestyle rooted in surf, skate and snow.

photos Joey Hamilton

REWIND BACK to Yamada's pro snowboarding days. He'd been working construction during the summers to make ends meet so he could ride all winter. Then his knees got in the way. After two ACL reconstructions, Yamada knew it was time to let the dream go. "It kinda fizzled out. But I was okay with that. I never thought being pro was sustainable anyhow."

So he adapted to the new reality, shifted his focus to business and applied his skills in equally successful ways. First, Yamada started Deck Tech, a deck restoration outfit with a loyal following. Next came Paint Tech, a partnership with childhood friend Brent Rankin, who noticed Yamada's "insane attention to detail."

"I think Travis adopted his grandfather's old cowboy ways of doing right by people," said Rankin. "And that transfers into all aspects of business. Travis respects the people he works with and the clients he works for. It's partly his boyish charm, his country gentleman style mixed with hip skateboard and snowboard kid."

Around Bend, you'd be hard-pressed to find someone with a bad thing to say about Yamada. To his friends' kids, he's Uncle Travis. But Yamada himself readily admits that it's not all parties and powder days. "I can be stubborn as hell. I like challenges, to a fault. And I'm really good at making things more complicated or difficult. I think I'm a bit of a masochist in that way."

Yamada considers himself overly meticulous, "OCD-style," yet he finds the positive in this like he does with whatever else he's involved in. "I think that's what has allowed me, in

"I think Travis adopted his grandfather's old cowboy ways of doing right by people. And that transfers into all aspects of business."

a short amount of time, to make these boards to surf shop quality. But I haven't mastered it, and I'm not even close."

Obsessive perfectionism may slow Yamada down, but the final product honors the countless hours spent designing, shaping, glassing and sanding a board. "Travis loves making things he can put his name on and be proud about," said longtime friend Rankin. "He does things the way he wants, the way he'd want them done for himself." Which is why fellow rippers like Josh Dirksen and Curtis Ciszek, who has a Cubicle pro model, ride Yamada's boards.

"I think Travis' genuine, legitimate drive for doing what he does is sharing what he loves. Being an ambassador of the sport, making amazing surfboards—he does it because he wants to share that experience with other people. He's the most humble dude ever," said wave shaper Richard.

Starting his own surfboard brand has provided Yamada with a welcome challenge, despite the requisite sacrifices. "Figuring out what somebody needs to surf better, being able to execute it, and then delivering something that will improve their surfing is more rewarding than going down to the wave and getting better myself," Yamada said. "The best part is changing someone's surfing—they couldn't be happier. I've seen it a bunch. I love that, and I want to continue doing that." 🌐

➤ See a video of Travis crafting a surfboard in his shop at BENDMAGAZINE.COM/YAMADA

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BISTRO

The French Market

A Michelin-star chef joins a new neighborhood French bistro in the heart of Old Bend.

WRITTEN BY CATHY CARROLL

PHOTOS BY LIVINGSTON MACLAKE



Chef Luke Mason

Take a 31-year-old with Michelin-star restaurant experience and Northwest farm-culture roots, blend with a couple of small-business veterans who've lived in southern France, pour in a timber-era building with a checkered history and, voilà, you have the perfect *mise en place* for a dish that Bend has been craving.

At The French Market, Chef Luke Mason executes artistic renditions of bistro classics built around our region's current harvest. Ingredients are his muse, first and foremost—a mindset born from a childhood in Sandpoint, Idaho, where locally sourced meat, fish, fruit and vegetables have always been the way of life, not a lifestyle.

"You'd go to Mr. Johnson's down the street for apples and squash. All the meat was local because hogs and cows were butchered within a few square miles," said Mason. "If you went outside and picked a strawberry, it tasted super good, with those flavors that just linger."

It was his desire to earn money for a car, though, that drove him to get a job at age 13 (legal in Idaho) as a dishwasher at the athletic club where his mother, a teacher, would swim. It suited him. He progressed to cooking, working his way through high school. Buying an '86 Chevy truck reinforced a work ethic that carried through college in Santa Barbara, eclipsing his political science studies twelve units shy of a bachelor's. He moved to Portland, then San Francisco, to a Moroccan restaurant called Aziza, which possessed a coveted Michelin star.

Professional kitchens have a military-style structure, but Mason likened working at Aziza to becoming a Navy SEAL. "My first year there, it was a constant struggle to survive," he said. "It opened my eyes to—if you want to cook at this level—what it really takes. Like so many other cooks in the world, you dedicate your life to the chef completely for sixteen hours a day, seven days a week."



LOCAL
CHEF



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“We like giving Luke creative freedom in the kitchen because ... it keeps you passionate.”

He learned haute cuisine and molecular gastronomy techniques, elevating dishes into artful works as beautiful as they were delicious. (Think twelve-dish, \$140 tasting menu.) Mason rose to chef de cuisine, and Aziza kept winning its Michelin star during the two years that he ran its kitchen.

He left in mid-2014 to try to earn his own star at Lincoln Park Wine Bar in San Anselmo, Calif., and the restaurant was successful, but Mason and his fiancée left for Bend eighteen months later. “We thought, ‘Can we buy a house here? Have kids here?’ No,” he said, referring to California. Bend offered a lifestyle similar to that of Sandpoint, with the benefit of having a significant part of the community hailing from major cities.

At The French Market, owners Judy and Phil Lipton said they were lucky to find Mason after their extensive renovation of the former Riverside Market, a popular watering hole and convenience store, which had drawn the ire of surrounding neighbors for its lively and sometimes rowdy clientele. Long before that it was one of Bend’s first gas stations, built circa 1910.

“We like giving Luke creative freedom in the kitchen, because ... it keeps you passionate,” said Judy, who has opened eight restaurants and a catering business in San Francisco.

With Mason, they favor a menu with many small plates, so that guests can dine in a more European fashion, sharing a few dishes and experiencing a range of flavors at a reasonable price. For instance, in fall, a duck liver mousse with sauternes gelée, brioche and almonds was \$11, (with foie gras, \$16); halibut brandade with chicories, pickled shallots, smoke and corona beans, \$11.

Mason said he was excited for a winter menu with beef short ribs, pork shoulder, cassoulet, winter squash and root vegetables—just the *je ne sais quoi* worthy of a bistro beside a river called the Deschutes. 🍷

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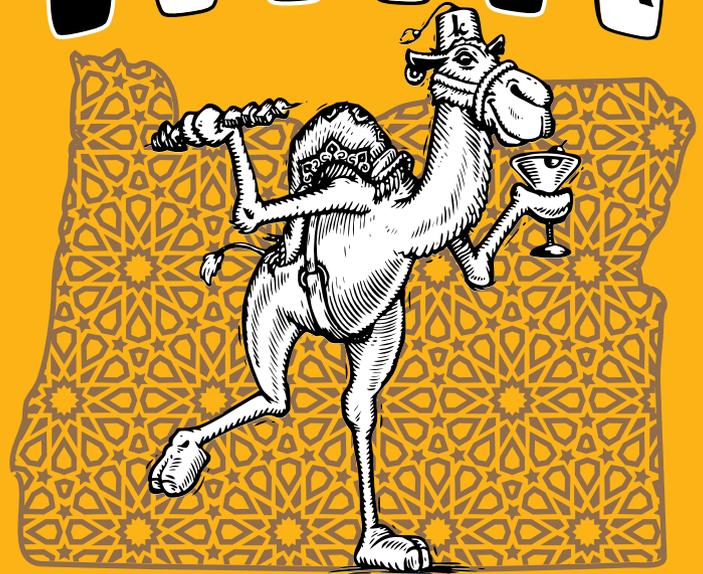
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Wild Oregon Foods

Wild About Oregon Food

THIS FALL, an intriguing new restaurant quietly opened in the Bend Factory Stores. Though the location is a bit off the beaten path, the food is worth the trek. Wild Oregon Foods is a Pacific Northwest-inspired deli, with modern updates on classic deli dishes. The traditional Reuben sandwich is broken down into three sliders, with the braised corn beef, a smoked aioli sauce and harvarti on marbled rye rolls, and the matzo ball soup is made with a vegetarian broth. There's a wide selection of sandwiches and salads to choose from, and everything is made with regionally sourced ingredients. Chef and co-owner James Fink was previously the sous chef at Deschutes Brewery in Bend, and has also worked at Jackson's Corner and Brasada Ranch. There's a full bar with wine and a handful of housemade cocktails to try, along with local brews and kombucha on tap. If you're in a rush, there's a small market inside with quick bites.

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LOCAL BREWERIES NAB TOP HONORS AT NATIONALS

At the 2017 Great American Beer Festival in Colorado, held in October, Sunriver Brewing took home the top prize for Best Small Brewery of the Year. The five-year-old brewery also received two gold medals for its Fuzztail in the American-style wheat beer with yeast category and its Cinder Beast in the imperial red category. Two other Central Oregon breweries also contributed to Oregon's seventeen wins. GoodLife won a gold medal for its Sweet As Pacific ale in the American-style wheat beer category and Three Creeks took home bronze for its Stonefly session ale in the Session Beer category.



Sunriver Brewing



Trattoria Sbandati

Polpette

TRATTORIA SBANDATI

Chef Juri Sbandati traces his earliest culinary memory to his grandmother's kitchen in Florence, Italy. A small stove emanating wonderful smells, cluttered with an array of little pans. A white refrigerator, the kind from the 1950s that you had to open with a floor pedal. A classic red Gaggia espresso machine that chugged along for decades. "Her house was perfect," said Sbandati. "Her food full of love."

For Sbandati, food is comfort. Food is family. Nowhere is that more palpable than in one of his signature dishes, Polpette. Three ground beef meatballs with a texture that cooks dream of achieving are topped with beautifully balanced tomato sauce and melted mozzarella, served with a side of sautéed spinach. Hearty, unfussy and impeccably executed, it's honest food and is clearly made with love. For Sbandati, cooking this dish, as well as so many others on his menu, is "poetically personal" and you can taste it.

Trattoria Sbandati, an intimate restaurant located at the bottom of NW College Way in Bend, has been serving carefully handcrafted pastas and other authentic Tuscan dishes since 2009. The Polpette has never gone off the menu.

When asked about his meatball secrets, he offered four morsels. Number one: Share them with people you love; number two: Put some bread in the mix; number three: Add Parmigiano-Reggiano, not parmesan; and number four (the cardinal rule): Never mix them with spaghetti! (Go ahead and ask for spaghetti and meatballs if you dare, and incur Juri's wrath.)

Before she died a few years ago, Sbandati's grandmother would speak with him on the phone. During those conversations, she would ask him what he was cooking and how he was making it. Inevitably, he was doing something wrong and would get an earful. "I wish I could get yelled at again," he said. "I miss her every day."

Instead, he cooks in honor of his most cherished memories of her and for the chance to make his family and others feel those moments through his food. — Alice Finer



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From top: Barley harvest at dusk. A field of Mecca Grade Estate barley in spring. *Opposite, from left:* A historic family photo (right) inspired the malt package design. Freshly kilned malt in the estate warehouse. Seth's great-great-grandfather Seth Luelling drives a horse-drawn cart of wheat down Mecca grade to meet the cargo train.

FARM

Beer's Untapped Mecca

How Mecca Grade is pumping the flavor back into malt.

WRITTEN BY MEGAN OLIVER

Up on the High Desert plateau, just outside Madras, a century farm connects the region's agricultural past and its present. Owners Seth Klann and his father, Brad, know their history. Their family has been here making a living off the land for generations. Now they are betting they can also see the future. If they're right, this family farm could be the key to the next step in the evolution of craft brewing: high-end estate malt.

Malt is the backbone of beer. The germination of barley in a controlled environment, followed by the roasting of the grain at its starchiest and most saccharine point, creates beer's complexion, alcohol content and sweetness. It also, like with hops, contributes flavor and

mouthfeel. Yet only a few strains of barley supply most of North America's maltsters, a ripple effect of bland flavor profiles that dates to Prohibition. Mecca Grade Estate Malt is trying to bring back the nuanced flavors of old European malts with its estate-grown, estate-malted barley varieties bred in partnership with barley scientists at Oregon State University.

"It takes a lot of malt to make the world go 'round," said Seth Klann, whose family has owned the farmland since 1905. "We're always looking for a way to keep the farm in the family for another generation. Wheat price goes up and down. Artisanal malted barley is an untapped market with huge potential."

Seth, an OSU graphic design graduate

who also studied ag business, was sourcing malts from Germany for his homebrews when he had a lightbulb moment. Already growing wheat on his family's 1,000 acres, he experimented with malting that grain before turning to barley. He convinced Brad to get on board and they headed to malting school in Canada, where 80 percent of barley comes from the same parent strain, much like in the United States. To the Klanns' surprise, no one else was trying to turn specialty barley into premium malt and they recognized the novelty in what they wanted to achieve.

"Trying to make a luxury product out of something that's been a base commodity for so long means that every step of the process, ...



PHOTOS COURTESY OF MECCA GRADE



Brew day with Reedsport's Defeat River Brewery, which exclusively uses Mecca Grade malt. (From left) Seth Klann and brewery owners Trevor Frazier and Levi Allen.

from the field to the finished product, has to be unique," said Seth. "OSU bred Full Pint, a flavorful barley varietal that grows well in Central Oregon. Through our partnership with them we are continuing to crossbreed Full Pint with old European barleys to create heirloom varieties. Because of this, we are a decade ahead of anyone else in the malt business."

The father-son duo set to work in 2014, creating a rotational crop schedule where they can gradually add spring and rye barley to a rotation of wheat and Kentucky bluegrass, plus other cold-season crops such as winter peas. Brad and his father were early adopters of water-saving irrigation techniques decades before most farmers, foresight which is helping Mecca Grade during the salmon-safe certification process.

Foresight is a family forte. An Oregon manufacturer accepted the Klanns' pitch to have a custom malting machine built that now churns out 24,000 pounds of malt per month in the farm's estate warehouse. They built the zero-waste facility with scaling in mind, leaving room to install three more machines down the road. Last winter, Seth completed an industrial barn-style tasting room that offers client's beers and Seth's homebrews on tap.

Three-quarters of the company's product is

a pilsner malt, the lightest form. "It's a true rustic farmhouse malt: sweet and nutty with a little bit of grassiness to it," said Seth. "Our malts that we roast longer bring out more of a graham cracker flavor."

Using Mecca Grade's artisan malt costs brewers about twenty cents more per pint than the standard malt, so customer acquisition requires a selling point to brewers and distillers that reaches beyond the "buy local" angle. Thus far, feedback from clients is positive. One of the company's California brewery clients reports improved flavor character using just 20 percent Mecca Grade malt.

Being in the artisanal libation business also necessitates patience, as the products are typically barrel aged. Oregon Spirit Distillers in Bend and House Spirit Distillers in Portland currently have whiskeys in barrel malted with Mecca Grade. At The Ale Apothecary, Bend's "vintage batch oak barrel" brewery where bottles go for upwards of \$30 each, they like the malt so much they now use Mecca Grade exclusively.

"By developing obscure varieties and malting in-house, our process produces the only flavors like this in the world, all estate-grown on our family farmland," said Seth. "Our goal is to show people how better quality malt is the next step in the evolution of the craft beer industry." 🍷

IMBIBE

Thyme Sour

VELVET LOUNGE

The outdoors is always "in" at Velvet Lounge in downtown Bend. Action sport tricks are fed on a steady drip from screens fastened to reclaimed wood walls throughout the narrow two-story haunt. Lit like a cozy mountain chalet, this is the place to get illuminated on some of Bend's best cocktails, many of which are made from local and fresh ingredients. Fruits and herbs soak in jars of high-proof alchemy. Two full bars serve less square footage than your average Swiss gondola, which gives Velvet the best mixologist-to-drinker ratio in town, even when there's a packed house. Owner Cori Hamilton doubles as bartender, food prep-er and plant waterer. The native Bendite has established Velvet as the place for outdoors-lovers and millennials alike (most of the clientele checks both boxes) to drink Oregon's spiked bounty. When we asked Hamilton to take the edge off the fall chill for us, she delivered.

THYME SOUR

- 2 ounces Cascade Alchemy bourbon
- ½ ounce maple syrup
- ½ ounce fresh-squeezed lemon juice

Muddle thyme in a cocktail shaker. Add remaining ingredients. Give it a quick shake. Serve on the rocks. Garnish with a lemon peel.



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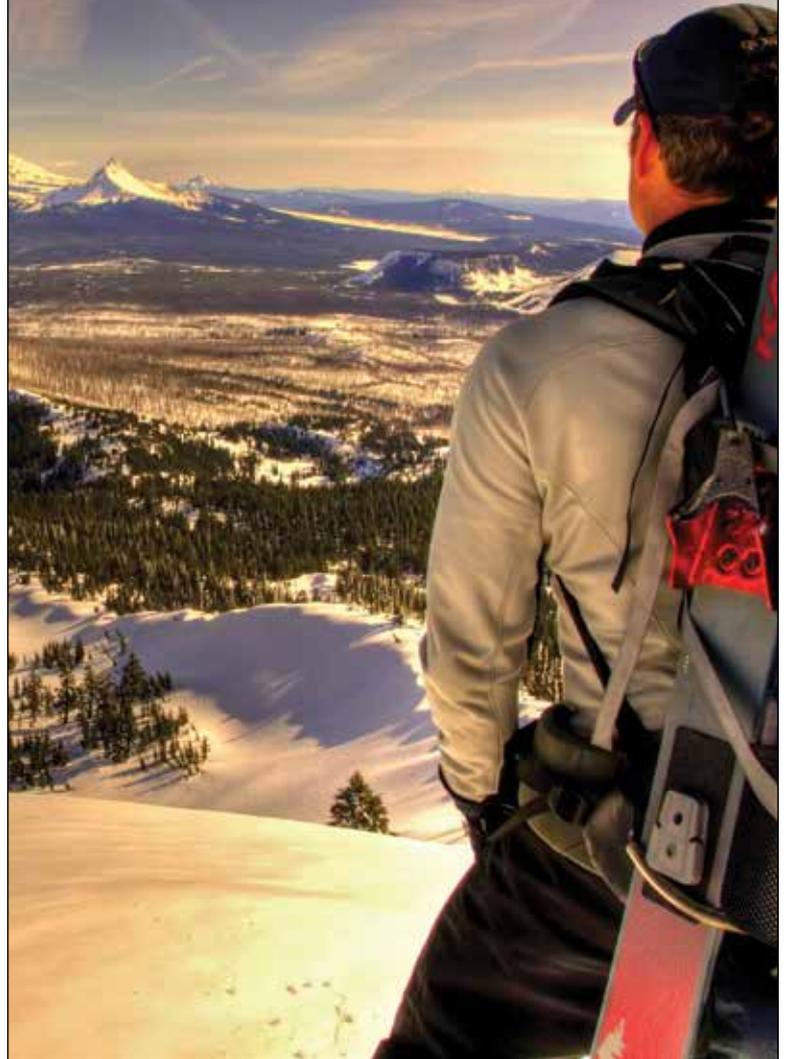
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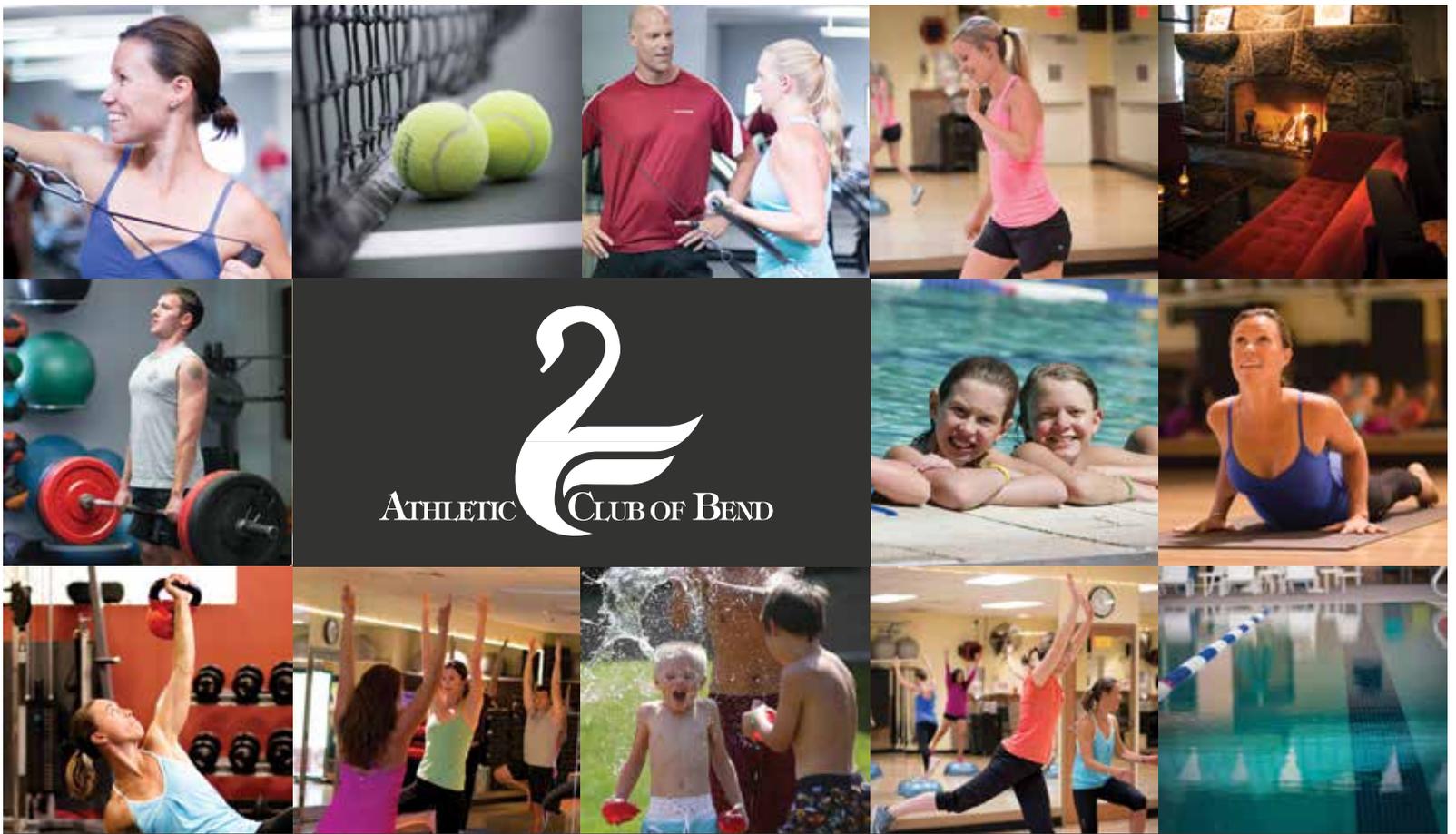


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ART TALK

Doubling Down

Unconventional collaboration defines the work of artists and twins Lisa and Lori Lubbesmeyer.

WRITTEN BY LEE LEWIS HUSK





To spend an hour with Lisa and Lori Lubbesmeyer is to glimpse into the world of identical twins. It is a window into challenges of being separate within the undeniable pull of inseparableness. Four paintings that hang in their Old Mill District studio tell their remarkable story: two acrylic paintings that reaffirmed their collaboration and two darker expressions of today's political and social climate.

Known nationally for their serene and colorful fiber art “paintings,” the Lubbesmeyers were once so professionally competitive that they didn't speak. But on their thirtieth birthday, they agreed that they needed to be together and that art was the path.

The creative partnership was not necessarily intuitive; Lori was a painter and Lisa a printmaker. Compromise was in order. They

decided to give up their own disciplines and agreed on fiber as their new medium. The sisters learned to sew, and over the years found their way to an unconventional collaboration. Their process involves taking turns working on the same piece without discussing it, without looking over the other's shoulder, and without critiquing or redoing the work. Each piece takes about a month to complete and contains a dozen to as many as thirty layers of fabric.

Dave Webster and his wife, Liz Fancher, have spent many hours with the sisters and collected several pieces. “They have the twin vibe, a shared consciousness that brings the rest of us into their world,” Webster said. “A lot of their pieces take me to a place, and I'm really there, even though it may not be a real place.”

In 2011, Lori was diagnosed with a disease that damages the nervous system, compromising

“They have the twin vibe, a shared consciousness that brings the rest of us into their world.”

her ability to work in fiber and altering the collaboration with her sister. Lisa worried about creating without her and wondered whether they should try another medium or just work alone. “I was acutely aware that we may have limited time,” Lisa said.

Lori suggested they consider painting and asked Lisa to try an experiment. They set up two easels, back to back, and painted for an hour without looking at the other's work. No rules, just paint whatever came to mind. The moment they turned around and saw the other's canvas—almost identical pictures—it was an ah-ha moment that affirmed their creative connection. “It was thrilling and made us both cry,” Lisa recalled. Not long after that, the sisters added painting to their professional repertoire, employing the same collaborative, back-and-forth technique that worked so well in fiber. As with fiber, each piece takes about a month to complete, with the pair finishing about seventeen projects each year.

Today, the Lubbesmeyer studio showcases fiber art and acrylic paintings that portray their sought after whimsical, layered renditions of nature and hardscapes. Their work is often acquired before it's finished and has been collected around the globe.

Now 48 years old, the sisters continue their collaboration in fiber and acrylic and hope to begin printmaking together. “We've realized there's a lot of meaning in showing up, slowing down, paying attention to the natural environment,” said Lisa. And after nearly two decades of shared creations, they say they're on the same track—it just happens to lead in more directions. 🌍

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Back Deck ■ *art & culture*



■ **community**

Wild Bleu in Madras Opens After Revamp

Think of Wild Bleu as Madras' communal living room. It's a brewpub, gift boutique and arts center that brings people of all ages together. "It's family-driven," said co-owner Jennifer Schaffner. "People like to sit still for a second and enjoy a local beverage and watch their kids play, and maybe paint and listen to music. It's a nice place to sit down." Though a version of Wild Bleu has been open for a few years, this summer the two families that were renting the lot and running the business together were able to buy the property and renovate it with a grant and loan from the city of Madras. One of the biggest changes was landscaping the outdoor space into a patio with a fire pit and grass lawn, plus the addition of local beer and wine. After three months of renovations, the new Wild Bleu opened just in time for the eclipse. Schaffner said the community has been "wildly supportive" of the business, which also hosts craft classes and live music each week. "Madras legitimately still has that small-town comfort, and it's a good thing," she said.

MUSIC

NOVEMBER

5 Kitchen Dwellers, Horseshoes & Handgrenades, Cascade Crescendo | *Domino Room*

9 Sam Bush | *Tower Theatre*

10 The New Mastersounds, Kung Fu | *Domino Room*

17-18 Donald Harrison/Terell Stafford Quintet | *Riverhouse on the Deschutes*

17-18 Peter Erskine New Trio | *Oxford Hotel*

29 Del McCoury Band | *Tower Theatre*

DECEMBER

1 The English Beat | *Domino Room*

14 Todd Haaby and Sola Via | *Tower Theatre*

31 Yak Attack, Gabe Johnson, Broken Down Guitars | *McMenamins*

■ **literature**

AUTHOR! AUTHOR!

The 2017-2018 season marks the sixth installment of the Deschutes Public Library Foundation's Author! Author! literary series. The quarterly events bring in some of the best contemporary writers and journalists to talk about their work. This year's season kicked off with novelist Michael Chabon in October, but there are still three more chances in 2018 to listen and dialogue with award-winning authors, including science writer Mary Roach and Pulitzer Prize winning novelists Elizabeth Strout (pictured below) and Colson Whitehead. Tickets can be purchased individually or as a series. Proceeds support programs for the Deschutes Public Library.



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CHEERS TO THAT

New class melds Bend's craft brew obsession with yoga culture

"THEY TELL YOU TO 'BE PRESENT, BE HERE.' For me, when I take a yoga class my mind tends to drift," said Bend Beer Yoga creator Cady Lindsey. "When you're holding a beer, and trying to balance at the same time, you can't help but be present because otherwise you're going to spill your drink."

Lindsey said she's no yogi, but yoga was the most helpful thing she tried while recovering from a car accident. After reading about beer yoga in Germany, Lindsey eagerly looked for a class in Bend.

"When I realized it wasn't being done here, I thought that it should be," she said. "It was an 'If you build it they will come' sort of situation. Bend people are active. They want to do more than just sit at a bar."

A successful kick-off class of twenty people at Worthy Brewing in September turned into a full autumn schedule booked at watering holes around town, including 10 Barrel's new location, GoodLife and Bendistillery. Classes are taught by one of four local yoga instructors. Each instructor brings their own music and style, so classes can range from restorative to flow.

"It's meant to be pretty beginner and accessible to anyone [who is over 21 years of age]," said Lindsey. "It's interactive. There's a lot of



'cheersing' and laughing going on."

So far, class demographics have matched Lindsey's vision: all levels of yogis, a variety of ages and a ratio of at least one male to every three females. Attendees can even borrow a cup holder to avoid party fouls. — *Megan Oliver*

For upcoming classes, go to BENDBEERYOGA.COM | \$15 per class, drinks not included

■ **recommended** See more events that *Bend Magazine* recommends and submit your events at BENDMAGAZINE.COM/EVENTS

11/4 **SISTERS** HAPPY GIRLS RUN

Sisters is a fitting location for the Happy Girls Run this fall. Join the 5k run through downtown Sisters or the half-marathon run on the Peterson Ridge Trail. The women's running event will end with post-race eating and drinking festivities. \$30-\$75. *Five Pine Lodge.*

11/6 **BEND** MOSCOW BALLET GREAT RUSSIAN NUTCRACKER

Experience a holiday tradition at the Tower Theatre, with a production of the Nutcracker from the Moscow Ballet. The one-night-only performance is part of a nationwide tour of the critically acclaimed ballet from a world-renowned company. \$31.50-\$175. *Tower Theatre.*

11/11 **BEND** VETERAN'S DAY PARADE

More than 120 organizations will participate in Bend's annual Veteran's Day Parade. The parade starts at 11 a.m. in downtown Bend and winds through the streets of Bend's west side. This is the eighteenth year of the parade, which is one of the largest Veteran's Day parades in Oregon. *Free. Downtown Bend.*

11/11 **TERREBONNE** RUN THE ROCK

Endurance runners will want to take part in Run the Rock at Smith Rock. Test your limits on the fifty-mile, 50k or half-marathon courses that wind through Smith Rock and the Crooked River National Grasslands. \$45-\$115. *Smith Rock State Park.*

11/11 **BEND** BEND ALE RUN

Join the half-marathon or 10k races in the Bend Ale Run, which will start and end in NorthWest Crossing. The route hits trails, gravel and pavement with stunning views along the way. A free beer awaits runners as they cross the finish line, in addition to a free ticket to the Bend Ale Festival. \$50-\$90. *NorthWest Crossing.*

11/11 **BEND** BEND ALE FESTIVAL

After you cross the finish line at the Bend Ale Run, walk over to the Bend Ale Festival, where you'll find twenty breweries and tasters of forty beers. All ages are welcome at the festival, and there will also be live music and local food vendors. *Free entry. \$20 tasting package. NorthWest Crossing.*

11/17-11/19 **REDMOND** HOLIDAY FOOD & GIFT FESTIVAL

Each year, Redmond's Holiday Food & Gift Festival draws thousands of attendees. While you shop booths from more than 120 local vendors selling their handmade and artisan goods, fuel up with gourmet food samples. \$6. *Free for kids 12 and under. Deschutes Fair & Expo Center.*

11/18 **PRINEVILLE** SANTA'S WORKSHOP

Kids ages three to nine are invited to spend an afternoon making crafts and holiday gifts at Santa's Workshop at the Crook County Fairgrounds in Prineville. With unlimited access to arts and crafts, kids can make projects for gifts to give throughout the holidays. \$5. *Crook County Fairgrounds.*

11/18 **SUNRIVER** GRAND ILLUMINATION

Families will enjoy the Grand Illumination tree lighting party and ceremony at Sunriver Lodge, which will have children's activities, visits from Santa, train rides, sleigh rides and more. Live music will entertain attendees throughout the evening. There will also be pony rides and a petting zoo from DD Ranch. Local food vendors will be on site. *Free. Sunriver Lodge.*



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Activism Through Art

THE FINAL WORKSHOP in Scalehouse's 2017 Unbend series, Creative Activism: Past, Present, and Future is a two-part workshop in Bend designed to educate and inspire conversations and action around political activism through art. The day-long workshop will begin with a history of political art. After a break for lunch, participants will be encouraged to start planning creative ways to engage in political and social action.

The program is presented by Scalehouse, the Caldera Arts Center in Sisters and the MFA in Creative Writing program at OSU Cascades. The workshop will be lead by Daniela Molnar, an assistant professor at Pacific Northwest College of Art.

Dr. Emily Carr, program director of the MFA in Creative Writing at OSU Cascades and a member of the Scalehouse programming committee, said that the workshop is geared toward people who are already involved in activism or arts philanthropy in Central Oregon and who may want to learn new techniques and share ideas. The workshop explores the ways that artists and activists can "use the skills that we have to enrich our world and make our world a better place on an intimate scale in our everyday lives," said Carr.

≡ November 11 | 10 a.m. – 4 p.m. | Caldera Arts Center



Olafur Eliasson and Minik Rosing, *Ice Watch*, 2015.

■ **recommended**

See more events that *Bend Magazine* recommends and submit your own events at BENDMAGAZINE.COM/EVENTS

11/18 **BEND** ANNUAL BENEFIT GALA

Support the High Desert Chamber Music and its community education programs by attending the Annual Benefit Gala, which has become a holiday season tradition in Bend. The gala includes a performance from the Spotlight Chamber Players, dinner and a silent auction with items from local businesses. \$85. *Bend Golf and Country Club.*

11/23 **BEND** I LIKE PIE RUN

In the spirit of Thanksgiving, two Bend running traditions joined this year for one Thanksgiving morning fun run that benefits the Boys and Girls Club of Bend and NeighborImpact. Join the 5k or 10k races, or a family-friendly walk/run on a shorter course through the Old Mill District. Don't forget to bring a pie to donate or enter into the pie baking contest. \$10-\$35. *Old Mill District.*

11/24-11/25 **SISTERS** SISTERS HOLIDAY CELEBRATION AND PARADE

The holiday season celebration in Sisters kicks

off with the tree lighting ceremony in Fir Street Park on Friday evening. On Saturday, head to Hood Avenue to see the Christmas Parade march through the town. After, there will be treats and a chance to meet Santa at the Sisters Chamber of Commerce. *Free. Fir Street Park and Hood Avenue.*

11/26 **REDMOND** STARLIGHT CHRISTMAS PARADE

This annual tradition is one of the favorite holiday parades in Central Oregon. Residents line the streets of downtown Redmond to watch the Christmas parade that begins as the sun goes down. After the parade, stay for the Christmas tree lighting. *Free. Downtown Redmond.*

12/1 **BEND** COMMUNITY CHRISTMAS TREE LIGHTING

Each year, Bend's holiday season kicks off with the community Christmas tree lighting. Local choirs will lead the crowd in Christmas carols and sing festive holiday songs. The event begins at 6 p.m., and the tree will be lit by Santa at 6:59 p.m. *Free. Drake Park.*

12/2 **BEND** JINGLE BELL RUN

Be a part of the kickoff to the Bend Christmas Parade at the annual Jingle Bell Run. Dress up in holiday gear to walk or run in the 5k or 1-mile races. The whole family can participate in this run that benefits the Arthritis Foundation. *Downtown Bend.*

12/2 **BEND** BEND CHRISTMAS PARADE

Following the annual Jingle Bell run in the morning, Bend's annual Christmas parade will begin at noon. The holiday tradition features floats from local businesses and community organizations. This year's theme is "Christmas Surprises." *Free. Downtown Bend.*

12/20-12/23 **BEND** A TOWER CHRISTMAS: SWING INTO THE HOLIDAYS

Featuring the eighteen-piece Tower Big Band, A Tower Christmas is a holiday tradition in Bend. This year's theme is "Swing into the Holidays," and the family-friendly performances will feature classic as well as contemporary holiday music. \$12-\$17. *Tower Theatre.*



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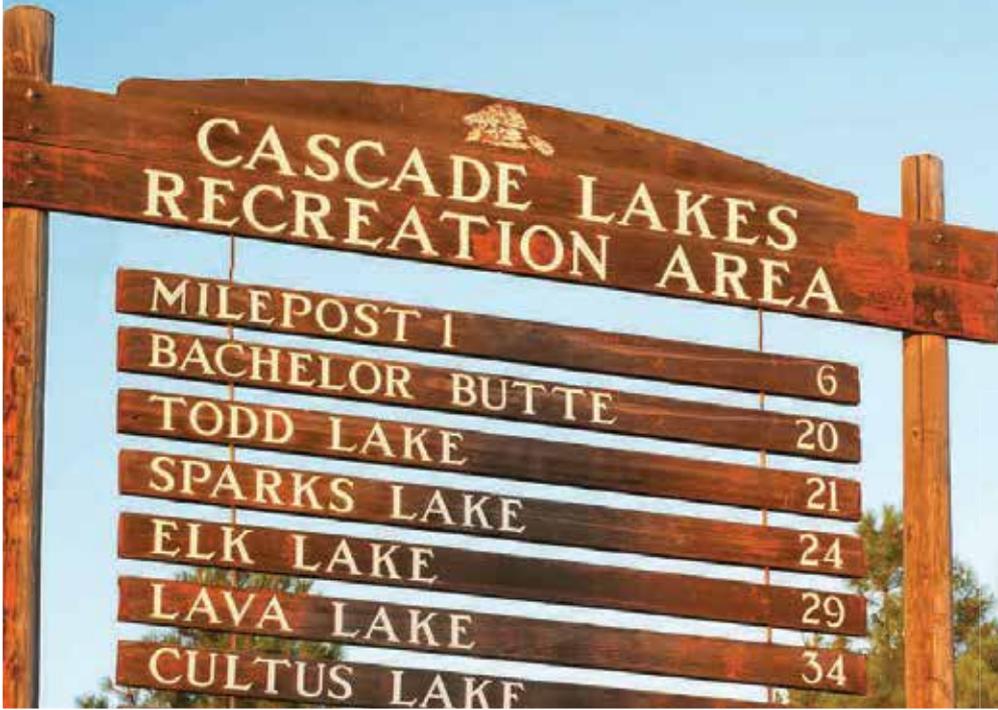
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GATHERINGS

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Art in the High Desert // 1. Mick and Paige Whitcomb 2. Norman and Hetty Metzger 3. Chris Dahlquist 4. Paul S. Namkung **BendFilm Launch Party//** 5. Abby Caram, Robin Salant and Caroline Behler 6. BendFilm partygoers gather at G5 for the festival's Old West themed, pre-kickoff party 7. Kaari Vaughn and René Mitchell **Compass Commercial Party //** 8. Steve Toomey, Jillian Devine and Janine Toomey 9. Courtney Gallant, Gwenn Wysling, Howard Friedman and Glenn Kotara



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1. Kim Paxton-Hagner, Else Kerkmann, Shanan Kelly, Michael Franti, Cynthia LaRoche, Jodie Barram and Heather TenBroek at a yoga gathering before Michael Franti's concert 2. Mark Goodman competes in the Cyclocross Thrilla Series 3. Ben Perle, PJ Fritchman, Anne-Marie Daggett, Rob Roy, Jodi Barram and Sally Russell at the John Butler Trio concert at the Athletic Club of Bend 4. The Shins playing at the Athletic Club of Bend in September 5. Dean and Sonyia Fayal at the Phillip Phillips concert at the Athletic Club of Bend 6. John Livingston competes in the Cyclocross Thrilla Series 7. Dave Wachs and Carol Mergenthaler at The Shins concert at the Athletic Club of Bend



JILL ROSELL IS A BEND LIFESTYLE AND PORTRAIT PHOTOGRAPHER AND CREATOR OF "I LOVE BEND, OR". AS BEND MAGAZINE'S

EVENTS AMBASSADOR, JILL IS AVAILABLE TO PHOTOGRAPH SELECT HAPPENINGS AROUND CENTRAL OREGON. YOU CAN REACH HER AT, JILL@BENDMAGAZINE.COM

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