

CENTRAL OREGON LIFE & STYLE

BEND

Magazine

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WHERE TO STAY *and* MUST-HAVE GEAR



SUMMER 2016

DISPLAY THRU SEPTEMBER 2016

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COOL TREATS

ICE CREAM
of the CROP

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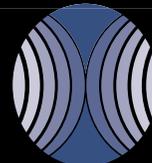
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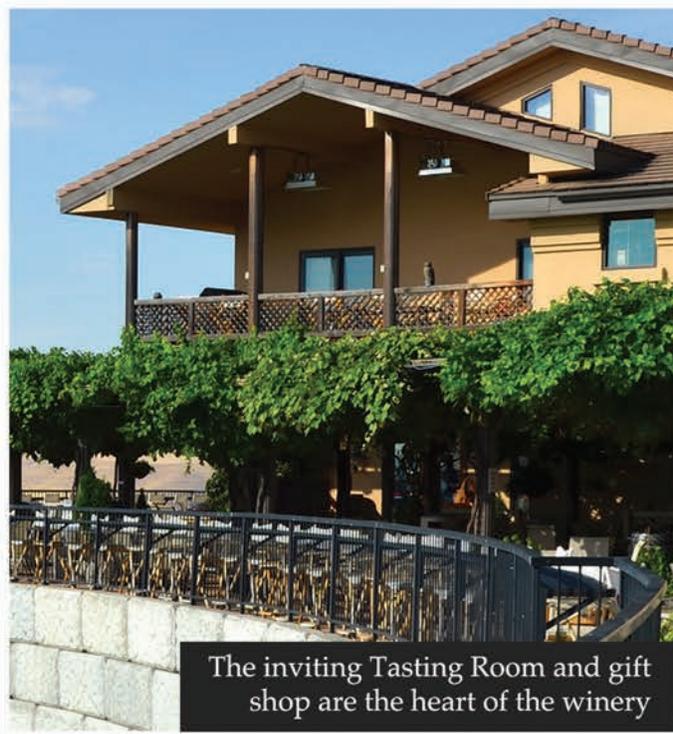
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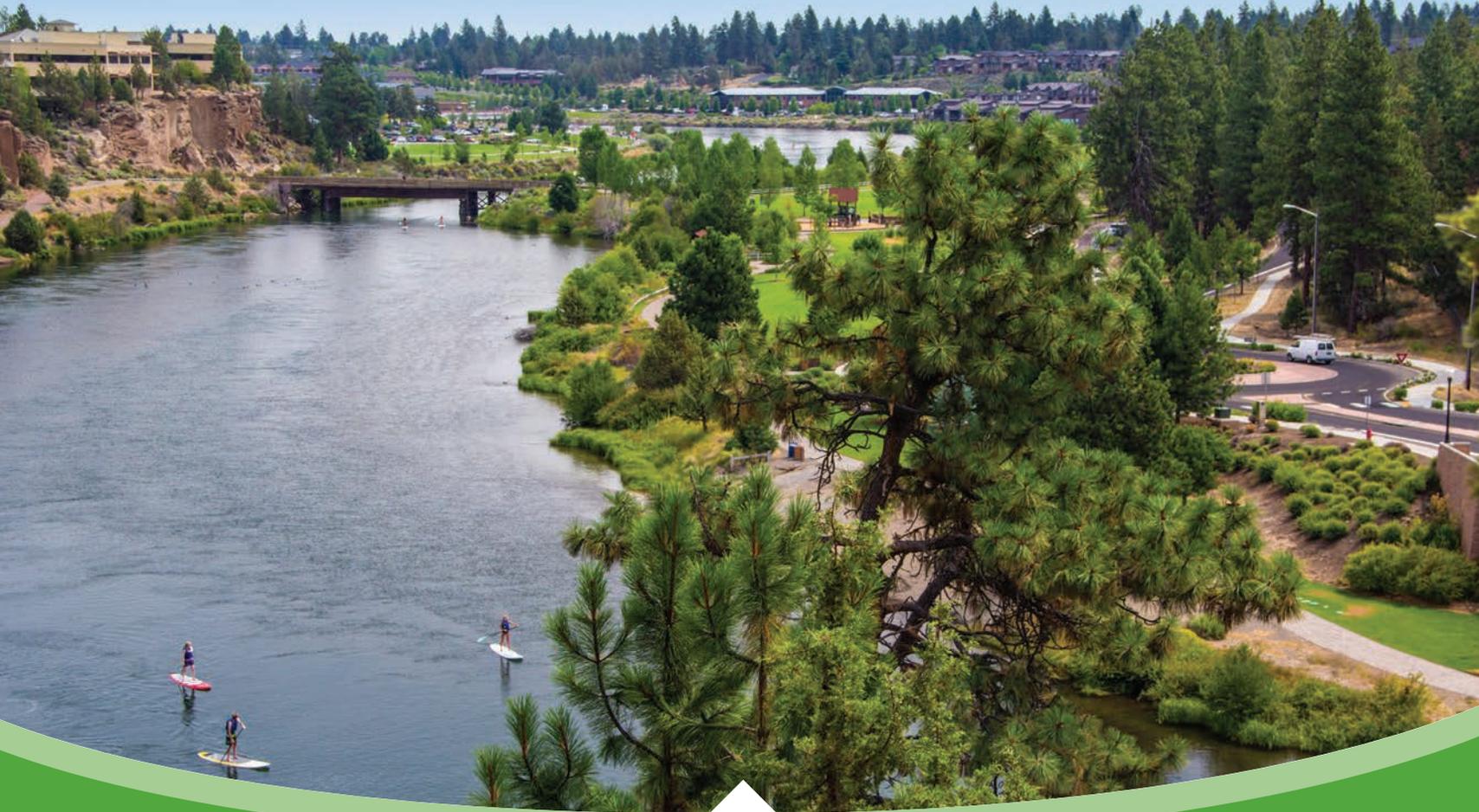
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HOME ON THE RANCH

Rancher Gordon Clark (right) shares a laugh with David Auscherman at Hay Creek Ranch in Madras.



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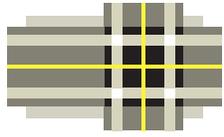
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ON THE COVER

The magic hour, when high desert heat gives way to cool, starry skies, and friends gather for a Cascade Lakes campfire. Cover photo by Pete Alport.

TOP PHOTO: TALIA GALVIN



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WORDS *and* PICTURES

Contributors



KATRINA HAYS

Katrina Hays was an opera singer and river guide before she was a writer; her work reflects this wide range of interests. Her feature articles have appeared in *SAIL*, *Scuba Diving*, *Classical Singer* and *Bend Living*. Her poetry and essays have appeared in *Psychological Perspectives*, *Bellingham Review*, *Apalachee Review*, *Crab Creek Review* and *Sea Stories*. She holds an MFA in creative writing from the Rainier Writing Workshop at Pacific Lutheran University and lives in Bend. This year, Katrina was selected to be an artist in residence at Crater Lake National Park for the fall season.

VANESSA SALVIA

Vanessa Salvia grew up in Florida, where she never felt she fit in. After traveling around the country after high school and moving to Oregon in 1991, Vanessa fell in love with the state's forests, food and beer. She now lives with her family and a menagerie of animals on the outskirts of Eugene on a sheep farm and orchard, and can't imagine living anywhere else. Vanessa was previously editor of *Eugene Magazine* and her freelance work has been in numerous regional publications.



MICHAEL VAN METER

Michael Van Meter has taught composition and journalism at Central Oregon Community College since 2003. While a student in La Grande, he went to work for *The Observer*. On his first day, the sports editor handed him a reporter's notebook, two pens, a Nikkormat FT and two rolls of film to cover a high school football game. He was hooked. Van Meter spent the next thirty years as a professional journalist: twenty as a daily newspaper reporter and editor, seven as Bend correspondent for National Public Radio affiliate KLCC, and the rest as a freelancer, consultant and student newspaper adviser.

TREVOR LYDEN

Trevor Lyden hails from Juneau, Alaska but for the last six years has called Bend home. This June, he graduated from OSU Cascades with a degree in tourism and outdoor leadership. When he's not shooting photos, Trevor is shooting rapids in his kayak, bombing trails on his mountain bike or snowboarding the backcountry slopes around Central Oregon. "I like shooting action photography because it allows me to capture fast-paced extreme sports in a brief moment in time," Lyden said. "It also lets me showcase the natural beauty of this world and the various ways humans can experience it."



JON TAPPER

Coming to Central Oregon in 2003 by way of chasing powder through Telluride, Boulder, Big Sky, Salt Lake, and the Bay Area, Jon has spent his post-collegiate years discovering the best in mountain culture. His photography has been featured by *Bend Magazine*, *1859 Magazine*, *Backcountry*, *Frequency*, *Swing the Fly*, *Off Piste*, *Bicycling*, *Mt. Bachelor*, *Cog Wild*, and *Snoplanks*. A founder and board member of the Central Oregon Avalanche Association, he currently serves as *Bend Magazine's* Tap-of- all-trades while still being dad, with wife Anouk, to Forest and Snow.

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Locals



HEATHER & ROSS JOHNSON
Publishers

Native Oregonians, Ross and Heather have been in the magazine publishing industry for more than a decade in Central Oregon. They started *Bend Magazine* in 2015 to share their passion for the place they call home. When not in the office they can be found on a ski slope, campground or fairway with their children Hannah and Fletcher.



ANOUK TAPPER
Creative Director

A lucky duck with cosmic appreciation for our special slice of heaven, and, oh yeah, absolutely the best job after twenty-five years in publishing. Anouk landed in Bend fifteen years ago, and it's been full-time summer camp ever since. Much music and gear later, her recent advice to her kids: have as much fun as you can with people you love, work hard, and wear great shoes.



ERIC FLOWERS
Editor in Chief

Eric is a former editor of the *Source Weekly* and staff writer at the *Bend Bulletin*. He is also a past contributor to *1859* and *Bend Magazine*. He loves spending time outdoors with his wife, Kim and two daughters, Alli and Kellan, particularly when it involves a river or trail. He feels particularly lucky to live in such an amazing community and privileged to share its stories.



AMANDA STUERMER
Editor at Large

Amanda Stuermer is the founder of World Muse, a non-profit organization that provides year-round programming to empower women and girls as catalysts for change. She is also a past editor at *Outside Magazine*. Amanda is passionate about sharing stories that inspire positive social change.



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FROM *the* EDITOR



It's been said that you can't go home again. That's probably true. But if you're a journalist, your home is near the stories and the people – you just can't stay away. That's my story: lifelong writer, reporter and editor who put down roots in Central Oregon more than a decade ago. In that time, I've been a beat writer for the *Bulletin*, the editor of its ankle biting competitor, the *Source Weekly*, a freelance writer, a digital marketer. But now I'm home again. In late May, I accepted a job that I didn't see coming, but am so glad that I didn't miss, as the editor of *Bend Magazine*.

Life has a funny way of leading you back to where you belong. In this case, it's been a winding road that's led me back to the stories, the words, the people. I'm particularly lucky to be stepping into this young publication that, in just a few issues, has already set the standard for how a Central Oregon magazine should look and feel – a publication as rich, diverse and engaged as its audience. Over the next few issues our goal is to build upon the foundation of great stories and amazing photography filled with personalities and the passion that courses through this community.

We'll also be looking to engage more closely with the community through concerted outreach efforts that will include the formation of a community advisory board. We're happy to announce that effort will be spearheaded by another new team member, Amanda Stuermer, who will serve as our Editor at Large. We couldn't be more excited to have Amanda who brings her experience as a former *Outside Magazine* editor and the founder of the World Muse and Muse Women's Conference.

In the meantime, we are so pleased to be offering our inaugural Summer Issue, chock full of people, destinations, dining and other discoveries that will enhance your appreciation of the place we call home. Whether it's your first summer in Central Oregon or you've lost count, there is always something new to discover, another road to follow, another hidden corner to explore.

It's the seemingly endless variety of activities that drew many of us here and continues to draw so many more. The area's recent rapid growth and its attendant challenges, traffic congestion, a housing shortage, and crowded trailheads are a reality that newcomers and longtime residents are all wrestling with, albeit from different perspectives. In many respects, it's become The Topic of Conversation across the region. That's the reason we've dedicated significant space in this issue to exploring the topic from a variety of perspectives.

It's a particularly salient conversation at a time when our country is wrestling the larger question of how to deal with immigration on a national scale.

Is there a tipping point? A population or human footprint so large that Central Oregon ceases to be recognizable to longtime residents? That's an open question. But as city manager Eric King tells writer Dave Seminara, there is no magical population number at which quality of life disappears for a city. That being said, keeping Central Oregon special is more than traffic relief and trail access, it's also the preservation of the neighborly wave, the welcoming smile that has defined Central Oregon as much as any river or mountain peak.

Thanks for reading. We look forward to continuing the conversation.

Eric Flowers, Editor in Chief

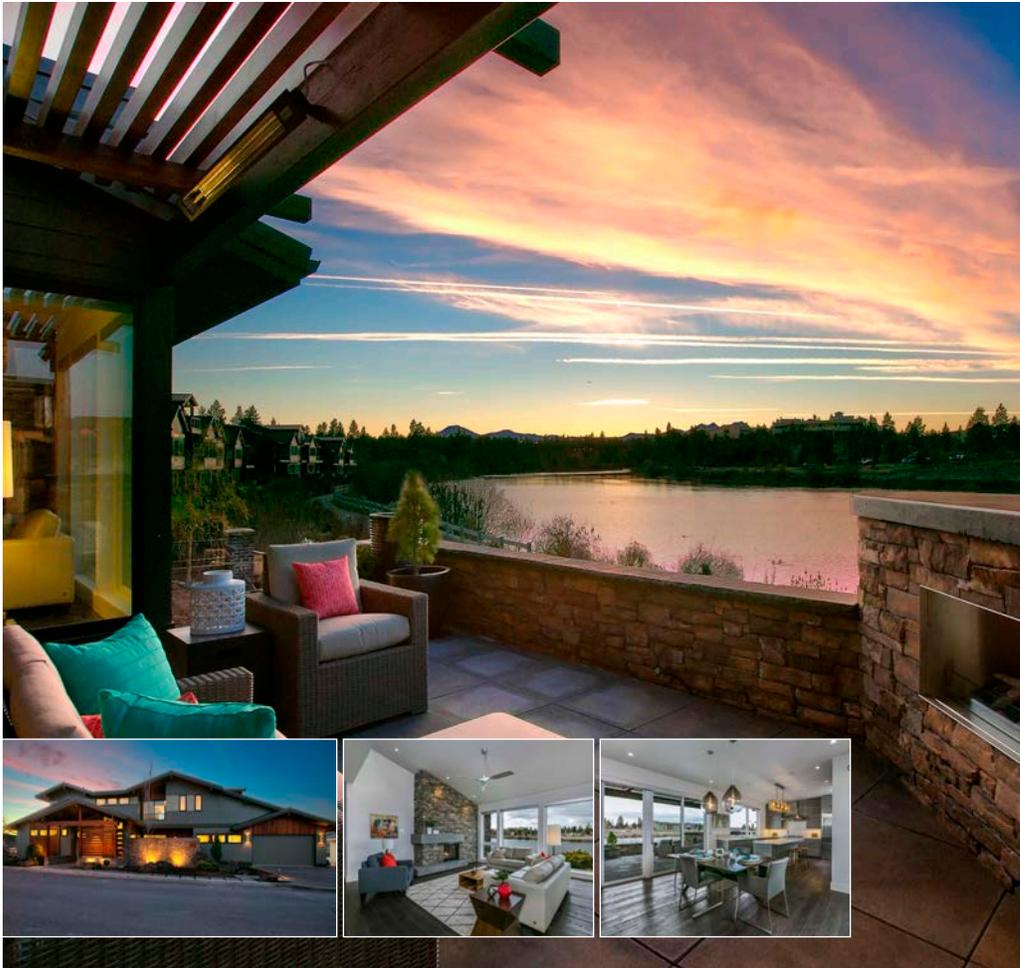


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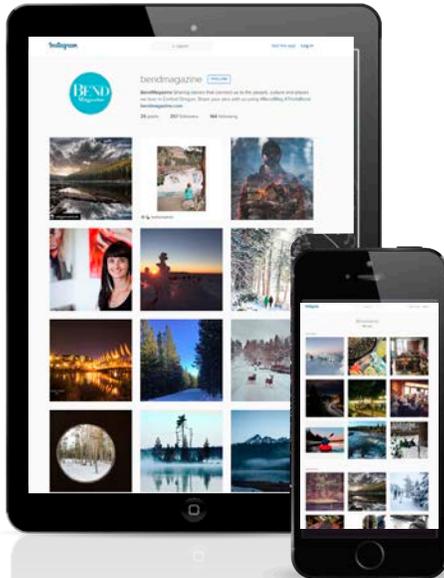
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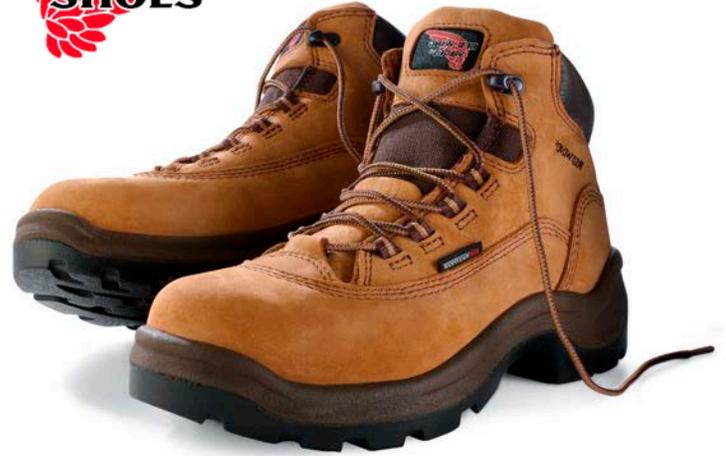


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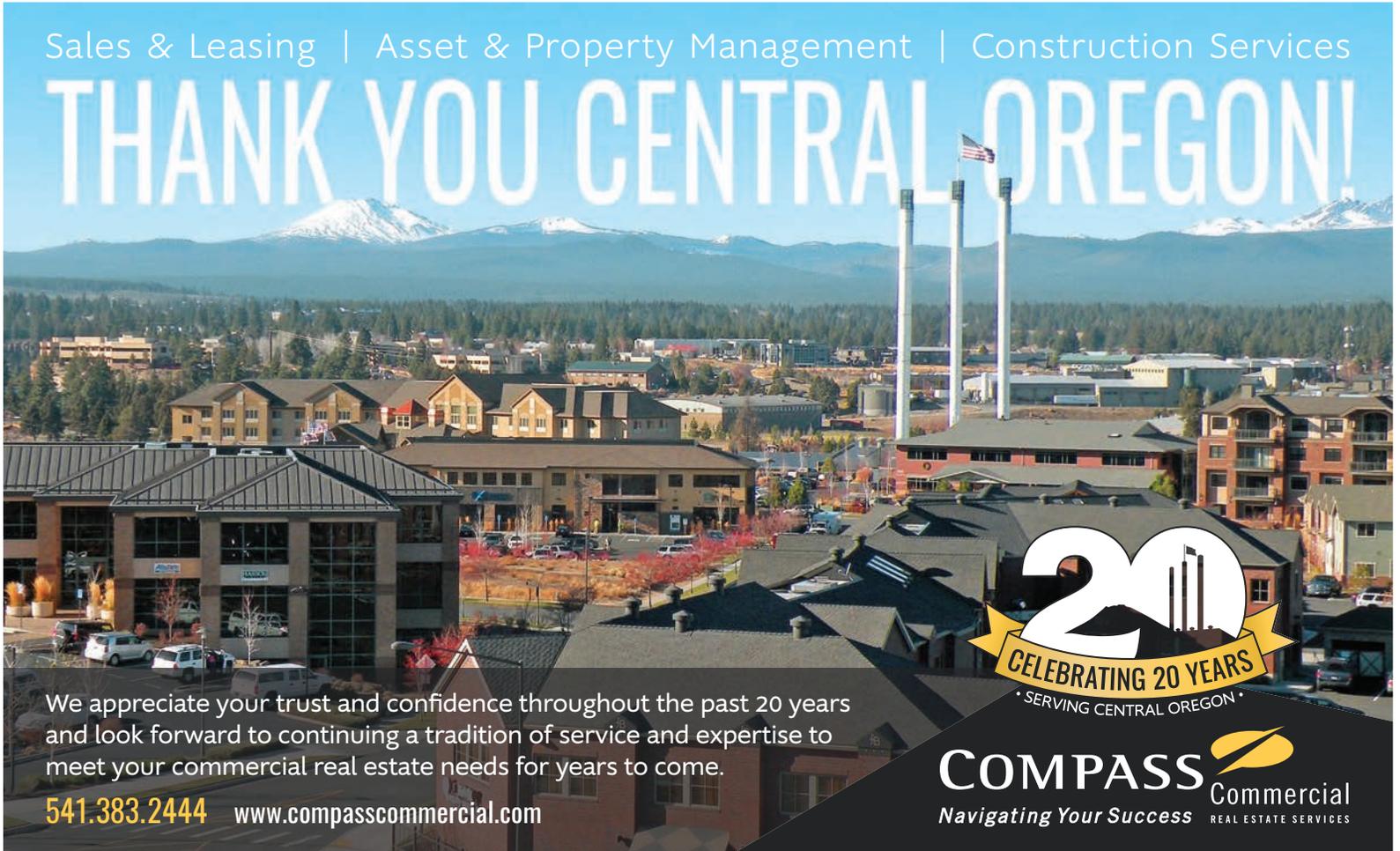


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GOING LARGE

bend High Desert Mural Festival

Exciting and motivating the arts community and promoting arts education are central to the mission of the High Desert Mural Festival, taking place October 2-9 as part of the Tenth Month suite of events in Bend. The grassroots festival's organizers hope to use this inaugural building year as the first step toward creating a world-class, large format arts festival.

"In this mountain town category, like in Aspen, there is potential to support and sustain the arts," said Douglas Robertson, founder and executive director of the festival.

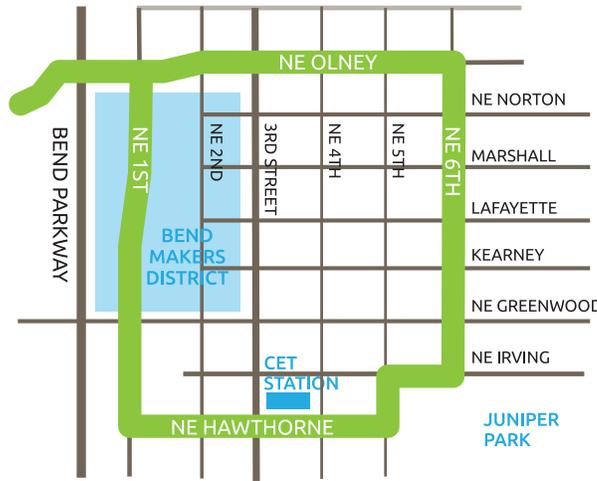
The mural festival's board is currently waiting for city approval on a sign code adjustment in the Makers District in Bend. There they hope to create murals that will be redesigned annually by large format artists in collaboration with students from the local school district.

"Murals, by nature, are transitory art," said festival board member Kara Cronin. "The large format of murals brings diversity and scale to arts education." [page 28 >>](#)

■ *transportation*

Time to lace up your sneakers and rev up your two-wheeler for Bend Open Streets. The event will close streets to motorized vehicles from 12 p.m. to 4 p.m. on September 18 between NE Olney, NE Sixth, NE Hawthorne and NE First streets. Lead by Commute Options' Brian Potwin, the effort is being coordinated with the City of Bend, the Oregon Department of Transportation, the Orchard and Larkspur district neighborhood associations, Bend Bikes, Cascade East Transit, Bend 2030, the Maker's District and Bend Parks and Recreation District.

The afternoon event is meant to encourage commuting Bendites to consider two-wheeled and pedestrian transportation. The initiative will also provide an avenue through which the city can achieve environmental, social, economic and public-health goals. BENDOPENSTREETS.COM



■ *newsmaker*

Bend is in the news again ... and again. Digital lifestyle brand *Thrillist* included Bend on its list of the best mountain towns in America. Lauded for our scenery, recreational opportunities and the Les Schwab Amphitheater, Bend also got props for the Bend Brewfest (held August 18 – 20) and the Bend Ale Trail. A different sort of recognition came from design magazine *Range*, out of Jackson Hole. The article's focus was Bend's architectural history—and the city's continuing dependence on the surrounding forests for commercial (think past: logging) and recreational (think present: mountain biking, hiking and skiing) pursuits. Bend is only the third city the magazine has covered outside of the Jackson Hole area; the previous two were Tucson and Palm Springs.

■ *OSU Cascades*



Tykeson Building Named

THE TYKESON FAMILY Charitable Trust of Eugene was recently recognized by OSU Cascades when it announced that the academic building now under construction has been named the Tykeson Building. The foundation was honored for its long-standing support of a four-year university in Central Oregon. The trust first supported the university in 2012 with a \$1 million gift, and recently committed an additional \$1 million to the campus' expansion. Tykeson Hall opens this fall

with 43,650 square feet of space in three stories. The building will include eight classrooms, three laboratories and a computer lab. The building will also house faculty offices and student gathering and working areas.

Other campus buildings under construction include the living and dining halls, which are slated to open in early 2017. Monitor construction progress by signing up for OSU Cascades construction updates at NEWS@OSUCASCADES.EDU



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Front Deck ■ *tenth month*

Tenth Month

Bend's month-long program of bright ideas in art, film, tech, and business celebrates the creative energy of the city. Come early, stay late and check out these culture-laden October happenings (hence, the Tenth Month moniker), *plus* more events to be announced. TENTHMONTHBEND.COM

■ **schedule**

OCTOBER

- 2-9** High Desert Mural Festival
HIGHDESERTMURALS.FESTIVAL.WILDAPRICOT.ORG
- 6-9** BendFilm Festival BENDFILM.ORG
- 10-11** Swivel Digital Marketing Conference SWIVELNOW.COM
- 13-14** Bend Venture Conference BENDVC.EDCOINFO.COM
- 20-21** Bend Design Conference, by ScaleHouse BENDESIGN.ORG



HIGH DESERT MURAL FESTIVAL

Bend art is taking to the streets with a series of colorful installations around town this summer. Painted by local artists in collaboration with the school district, the murals are being designed with yearly repainting in mind and aim to promote local art and education.

BENDFILM FESTIVAL

From its inception as a scrappy upstart festival, BendFilm has always been an event for filmmakers as much as audiences. This year's festival is no exception and takes that idea even further with a concerted effort to bolster female filmmakers. While the independent film industry is considerably more gender diverse, as much as 90 percent of Hollywood films are directed and produced by men, said Bend Film's Todd Looby. Now in his second year as the festival's executive director, Looby has decided to take the disparity head-on in his hometown. By working with the Sister's-based Roundhouse Foundation, BendFilm is able to cover the expenses of ten female



filmmakers to attend this year's October event. It's also part of Looby's mission to get more of the featured filmmakers in general to attend.

"We're showing high quality films. A lot of these filmmakers are really accomplished, but they are not at the point where they are really making money from their movies. And they have a lot to offer the festival and the community," said Looby, referring to panel discussions, post-film Q&As and other opportunities for audience interaction.



While much of this year's planned festival will look and feel familiar to veteran BendFilm-goers, there is plenty new behind the scenes that will add more depth and breadth to the festival. Most notably, former BendFilm executive director Erik Jambor has taken the helm as program director after successfully leading the much-praised Memphis Film Festival for most of the past decade.

SWIVEL DIGITAL MARKETING CONFERENCE

Bend continues to be a hub of digital marketing innovation thanks to companies such as G5 and Audette Media (now Merkle), as well as countless other boutique agencies that have boldly gone into the digital marketing frontier. So it's no coincidence that some of the industry's preeminent thought leaders gather each fall to talk strategy, storytelling and, yes, analytics. If you have a website, a Facebook

page and can say hashtag with a straight face, this is a chance to drink from the proverbial fire hydrant of digital marketing knowledge.

BEND VENTURE CONFERENCE

As the largest angel conference in the Pacific Northwest, companies can enter for funding at early or growth stages and compete for more than a million dollars of investment capital.

BEND DESIGN CONFERENCE

Presented in an interactive dialogue format based on the belief that creative disruption requires diverse inputs and ideas, attendees can expect a series of conversations, workshops, tours, and exhibits by and for creative innovators everywhere. The organizers envision it as a conference for people of all disciplines who are curious about how design can interpret, connect and shape our world.

This year's keynote speaker, Victor Saab, believes our education model is broken and the future of work depends on a new way of approaching how we all learn. Saab was recently inducted into Forbes' 30 Under 30 for his work in education.

"When a broad spectrum of thinkers and instigators share ideas, we have the power to transform our world. Sharing the Bend stage with forward-thinking organizations casts a lens on the impact and importance of creativity in business, technology, storytelling and design."

—RENÉ MITCHELL, VISIONARY AND DIRECTOR OF SCALEHOUSE

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■ *warm springs*

Native Artist Featured

The Museum at Warm Springs will feature the works of American Indian artist Lillian Pitt in the exhibition “Kindred Spirits: the Artistic Journey of Lillian Pitt,” which will run from June 23 through September 19 at the museum. Pitt, who is a member of the Confederated Tribes of Warm Springs and grew up on the reservation, is best known for her work as a sculptor and mixed media artist. She has also worked in clay, fiber, bronze, glass and other forms. In each chosen medium, she creates modern designs that draw on and reflect the past 12,000 years of Native American culture and history throughout the Columbia River Basin. Pitt’s art has been exhibited throughout the Pacific Northwest, nationally and internationally. MUSEUMATWARMSPRINGS.ORG



■ *environment*

Wastewater Cools Apple

Apple has plans to waste not and go green. The technology giant has agreed to pay for a treatment facility to recycle water for evaporative cooling at its Prineville data centers. According

to Apple, the new facility will conserve nearly five million gallons of water a year by reusing water from Prineville’s regular sewage treatment system instead of drawing from the tap. “Water’s a premium, especially in Central Oregon, and we want to utilize every ounce we can,” said Prineville’s Mayor Betty Roppe. “With the collaboration between businesses, we can accomplish a lot more than the city could on its own.” Apple already ranks among Prineville’s top users last year with 27 million gallons going to the company’s facilities. The new recycled water will be treated to a cleaner level than the city’s existing system that treats water used for irrigation at its Meadow Lakes golf course as well as nearby pastureland. Construction of the facility is slated for this summer and the city estimates the project’s completion in 2018. “Apple has stepped up and is paying for the project at their cost,” said Steve Forrester Prineville’s city manager. “Not only is this the right thing to do for the environment—Apple will use less water through this process—it also gives our community another tool in our toolbox, one more way to get water.”

■ *prineville*

ReStore Continues as Re-Use

Jenia and Don Van Buskirks have taken over the Habitat for Humanity ReStore in Prineville after the organization’s Bend affiliate ceased operating in Crook County. Jenia, who worked with Habitat, and her husband, who has a background in construction, will continue to operate under the new name Prineville Re-Use. As when under the Habitat banner, the Van Buskirks will operate the store as a nonprofit and will carry donated items that include furniture, tools and building supplies. The site also has a plumbing section and lumberyard. The couple is looking for additional donations and more volunteers to work in the store and help with field services.

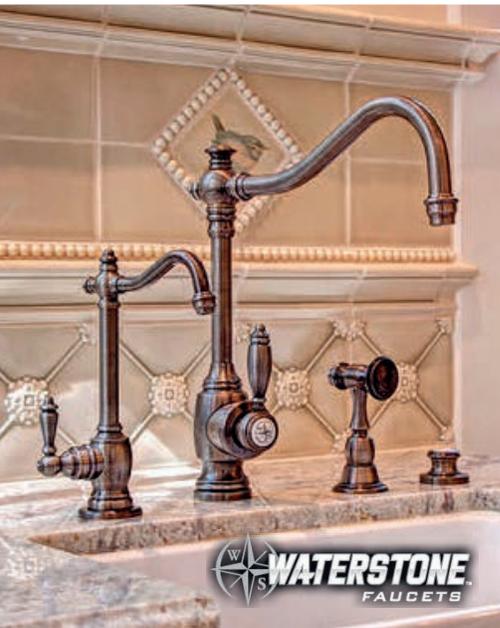
For now the Van Buskirks have scaled down the Habitat template and will limit field services to helping low-income families and senior citizens with home repairs. To help or donate, call 541.447.6934



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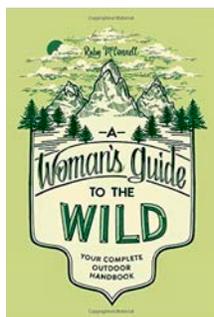


TOTO®

➤ Herringbone Books owner Kaci Aslamov's recommendations for summer reads.

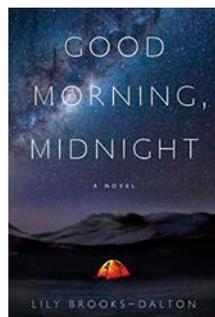
SUMMER *storylines*

“ THIS WAS MY LAST GLIMPSE OF MARROW ISLAND BEFORE THE BOAT PULLED AWAY: BROWN AND GREEN UNIFORMS CLUSTERED ON THE BEACH, TRAMPING UP THE HILL TO THE CHAPEL AND THROUGH THE TREES TO THE COTTAGES OF MARROW COLONY. THE BOAT WASN'T MOVING YET, BUT THE UNIFORMS ALREADY SEEMED TO BE GETTING SMALLER, RECEDING FROM MY SIGHT, SHRINKING INTO A DIORAMA, A MINIATURE SCENE OF THE CRIME. —FROM MARROW ISLAND ”



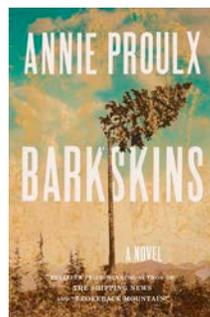
1 A WOMAN'S GUIDE TO THE WILD: YOUR COMPLETE OUTDOOR HANDBOOK by Ruby McConnell (Eugene)

This pragmatic yet artistic female-centric manual will have the reader itching to get out and explore. Whether you're a seasoned outdoors-woman or are just contemplating such activities, the information and tips are tailored to address issues and concerns specific to women that are often left out of conventional outdoor guides. Great for the woman who is ready to take a little walk on the wild side.



2 GOOD MORNING, MIDNIGHT by Lily Brooks-Dalton (Portland)

When the summer temperatures start to rise, plunge into the cold expanse of space and the harsh frozen landscape of the arctic in this beautiful and surprising debut novel that would appeal to fans of *Station Eleven* or *The Dog Stars*. An Oregon Book Award finalist for her memoir *Motorcycles I've Loved*, Brooks-Dalton takes us on an emotional and insightful journey to these dark and desolate places to shine a light on the importance of human connection.



3 BARKSKINS by Annie Proulx (Seattle)

Not traveling this summer? You can still embark on an epic journey that spans the globe and 300 years in this immense and immersive new novel by Annie Proulx. Fans of historical fiction (and those who might have a bit more leisure time this season) won't be disappointed with *Barkskins*, an ambitious work that carries us back through time then propels us all the way forward again to confront the very current and very real issue of deforestation.



4 MARROW ISLAND by Alexis Smith (Portland)

This compelling second novel by Portland author Alexis Smith has the Pacific Northwest written all over it. Taking place partly on an island off the Washington coast and partly in the Malheur National Forest, the story follows childhood friends Lucie and Katie as they return to a once-abandoned Puget Sound island from their past. Smith smartly crafts a dark and mysterious story of deep loss and timely environmental issues.

■ bookstore

THIS YEAR marks a new chapter for Redmond's local bookstore, Herringbone Books. For eight years, the branch of Paulina Springs Books sold books, toys and games until the former owner's health put the store's future in jeopardy. A page turned in 2015, when Kaci Aslamov launched a crowdfunding campaign to raise the money needed to acquire the store. In just one month, the campaign received more than a

hundred donations, ranging from five to 1,000 dollars.

Born and raised in Redmond, Aslamov returned to the area in 2011 and has been a bookworm for as long as she can remember. "As my mom tells it, I taught myself to read purely out of defiance when my brother got to start school while I had to stay home," she said. "Defiance may also have had a little to do with why I chose to take over the bookstore. I refuse

to believe that bookstores are dead, and that's been the best part of the whole endeavor so far, having our customers prove me right on a daily basis."

Every month, Herringbone hosts a coloring night as part of Redmond's Third Friday Stroll (crayons and coloring supplies provided) including the popular Find Waldo event on July 30. HERRINGBONEBOOKS.COM



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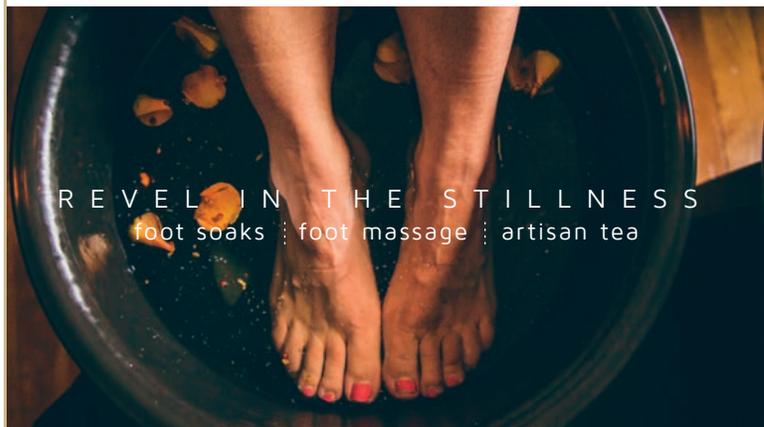


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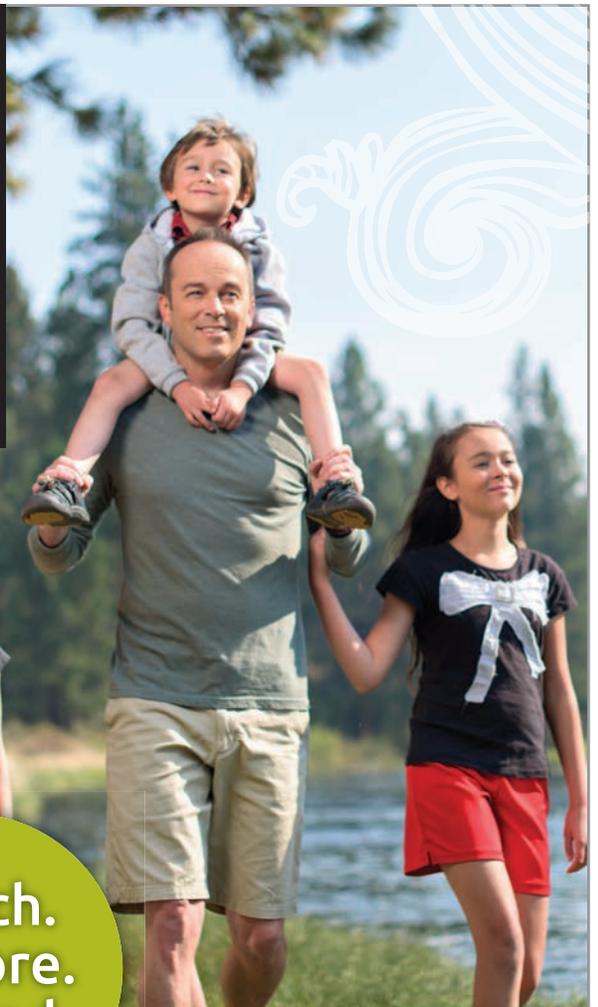


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EXPLORE

KAYAKING

Whitewater

With irrigation-moderated flows, scores of rapids and a variety of runs, rivers in the Bend area make for great year-round kayaking. Whether you're front surfing at the whitewater park or running rapids on the Deschutes River, share the water and paddle safely with these practical tips while enjoying the best regional places to point your kayak downstream.

WRITTEN BY MARY HINDS

COLORADO BRIDGE

Drive over the Colorado Avenue bridge on any given day and expect to see a kayaker in the water, showing off a spin or stunt to a crowd of onlookers on the pedestrian bridge.

Bend's whitewater park is the culmination of almost a decade of planning that transitioned from dream to reality in 2012 when voters approved a bond measure to modify an aging and hazardous dam at the bridge. The park divides the river into three channels—one for people floating the river (currently closed), one for kayakers, surfers, and standup paddleboarders, and one for wildlife. The project took more than a year to build and cost \$9.7 million, \$1 million of which was raised by the Bend Paddle Trail Alliance, the local organization behind the waterpark.

For whitewater kayakers and surfers, the playground starts in the middle channel, where pneumatic bladders control the flow of water, creating four standing waves. These waves are numbered from downstream to up, corresponding to difficulty. Novice kayakers can refine their skills on Jason's Wave (number one), while intermediate surfers and kayakers practice riding on Cricket's Wave (number two) and the Green Wave (number three). Nearest the bridge is Eddy's Wave (number four), the largest wave in the series that is designed for more experienced users.

While whitewater kayaking is an individual sport, it takes practice. The whitewater park's dynamic wave play area provides a place for Bend's growing kayak community to train right in town, and is one of the first of its kind on the West Coast.

KNOW: BE COURTEOUS

"The whitewater park is a big draw for kayakers due to the accessibility and consistent nature of the features, as well as a variety of waves. Advice for sharing the whitewater park really boils down to: be respectful of all users. Usually parks like this are 'managed' by a core group of local users that set the tone for tourists or locals new to the sport. For example,

avoid dropping into a feature when someone else is already in it. This is extremely important from a safety perspective. It's also just good river etiquette. As the park enters its rookie season, kayakers can front surf waves, test out spins or try aerial tricks in the more hydraulic-type features."
 — Justin Rae | President, Bend Paddle Trail Alliance



UPDATE: CHANGING THE CHANNEL

The Colorado spillway project suffered a setback in June when the Bend parks department closed the pass-through channel nearest McKay Park over safety concerns. Following a spate of injuries, the park district moved quickly to close the newly minted safe passage and is requiring that all river users exit at the dam and portage around the whitewater park.

Meanwhile, the whitewater channel will remain open for kayakers, surfers and other expert users. “It’s important for people to know the whitewater channel is still open and will continue to be up and running throughout the summer,” said Julie Brown, Bend Parks’ community relations manager at Bend Park and Recreation District.

Paddler Kris Belozer negotiates the experts-only run at Dillon Falls upstream of Bend. Dillon is one of several advanced to expert runs available year round in the Bend area.

UPPER DESCHUTES

Like hitting cool waters on a hot day? The upper Deschutes is characterized by slow, flatwater sections flowing into waterfalls and drops that make for a thrilling ride. Boaters call this a “pool-drop” style river, but be aware as technical sections can sneak up quickly and rapid classes vary in difficulty, ranging from class I (beginner) to V (very dangerous, experts only). Some of these rapids are extremely hazardous and should not be attempted by anyone but expert paddlers who understand the risks. If you are unfamiliar with the river, visit one of the local paddling outfitters, such as Tumalo Creek and Kayak in Bend. Consult maps and scout all sections prior to running to ensure that you are aware of hazards as conditions can change on a daily basis.

“Our consensus here in the shop is everything above [town] is experts only, excluding Aspen to Big Eddy. There are just tons of consequences on the Deschutes. It’s just kind of a wild river. It’s not the easiest to navigate and learn on,” said Keoni Chung, a store and programs manager at Tumalo Creek and Kayak.

For those with experience, there are popular places to put in upstream of Bend, including Meadow Camp (Class IV) a popular run with advanced kayakers that starts near Widgi Creek golf course and finishes just above the Old Mill at Bill Healy bridge. Another popular run is the Big Eddy section (Class III), a short float that is heavily used by Bend’s commercial rafting outfitters. With so many different drops and chutes in constant flux, it’s important to learn how to read water and scout rapids from shore to find the safest route before dropping in.



KNOW: BE SAFE

"One thing all paddlers need to understand is how powerful a river is and that it's different every time. Whitewater is not the log flume at Disney and not all rivers are safe to play in. Know self-rescue skills and learn swiftwater swimming and the fundamentals of shore, boat

and in-water rescues for others. You want everyone in your group to be trained, because they will be the ones rescuing you."

– Travis Reid | Instructor, Oregon Rescue LLC

PHOTO: TREVOR LYDEN

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Dr. Slater, who has worked as a cardiothoracic surgeon at OHSU for 23 years, received his medical degree from Eastern Virginia Medical School. At OHSU, Dr. Slater served as director of the cardiac surgery program and director of quality for the Knight Cardiovascular Institute.

Having participated in team sports from a young age, Dr. Slater likens the idea of teamwork to what happens in an operating room. He is passionate about motivating himself and fellow caregivers to play their roles well and stay at the top of their game, resulting in better outcomes for patients. When not performing surgery, Dr. Slater enjoys bicycle racing and spending time in the great outdoors.


St. Charles
HEART & LUNG CENTER

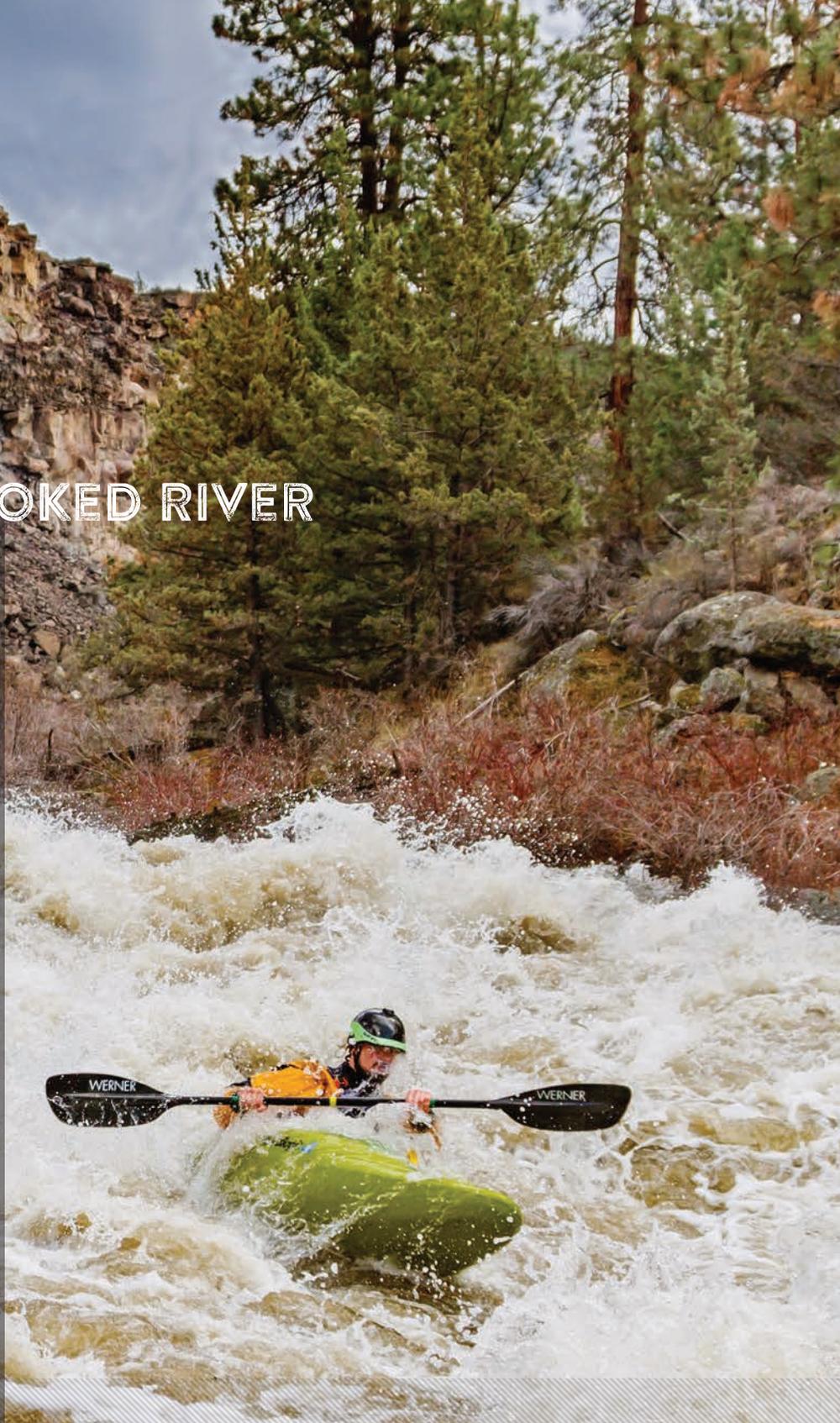
LOWER CROOKED RIVER

A run less-paddled, the Crooked River Canyon plunges boaters through some of the most dramatic river views in Central Oregon—as long as there’s enough water to float your boat. Depending on the year, snowpack release and dam regulation from the Ochoco and Prineville reservoirs often make this unscheduled run a hit-or-miss adventure.

When the river does run, it’s an experts only paddle that is best done with an experienced guide.

If you’re still game, put in at Lone Pine Bridge and paddle eighteen miles of great whitewater through the desert canyon to Crooked River Ranch. While drops and difficult sections on the Deschutes are sporadic, the Crooked River provides continuous class III and IV rapids. The exception is a few miles of flatwater through Smith Rock State Park.

After Smith, the action picks back up and a series of drops carry boaters through rapids simply named #1, #2 and Wap de Doodle. Ride the currents under the railroad bridge, enjoying spectacular views of the gorge before you come to No Name, one of the most technically challenging rapids on the run. This rapid is responsible for lots of flips and lost gear—so hold on to your paddle.



KNOW: BE CLASSY

Taking a class is a great way to become comfortable and proficient in rivers, and address safety concerns. Learning about rivers and what to watch for is essential. It will also make you an asset to boating partners—not a liability. Professional instructors with proven teaching techniques are by far the most reliable resource from which to learn

these skills. As a rule of the river, kayakers don't kayak on their own. It takes time on the water to learn to 'read' it. Because of that time needed, there is a community grooming process to get new boaters out and involved in organized meetups and ongoing group classes for newcomers. – Danielle Carvahlo, Bend Kayak School

PHOTO: TREVOR LYDEN



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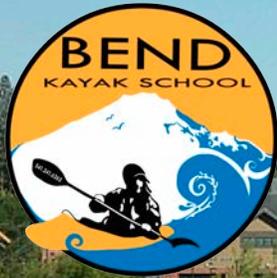
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VIDEO

Meet the development team from *Dirt Mechanics* and watch World Champ Kirt Voreis tear up the new pump track at the Prineville Bike Park
BENDMAGAZINE.COM/BIKEPARK

BIKE PARK

Gettin' Dirty in Prineville

Prineville bike projects are getting off the ground — and getting big air. In addition to the projected Crooked River Bikeway, Central Oregon's first bike park is coming to Prineville this summer. Three years ago, after a group of teens approached the city council asking for a bike track, bike enthusiasts began fundraising and partnering with local businesses for the project, which cost approximately \$89,000.

"It's been a huge community effort," said County Commissioner Seth Crawford, referring to local donations and volunteer work on the park. "It has something for everyone, from two-year-olds to seniors. We're really excited because this is something that kids and families can do together, and it's the first one in Central Oregon." With a grand opening set for July 16, the course is located next to Ochoco Creek Park in the middle of town and includes a BMX pump track, mountain biking obstacles and an area for families and novice riders. CCPRD.ORG

GET AFTER IT! Summer Challenge Events

JULY

9 Tour des Chutes Annual cycling fundraiser that has raised more than \$700,000 for local cancer support programs.

11 Pub Run to Worthy Brewing Three or five-mile evening run that departs from FootZone downtown and finishes at Worthy Brewing on Bend's east side.

16 Deschutes Dash Multi-Sport Event Multi-sport race features Olympic and Sprint distance triathlons as well as a kid's obstacle course.

16 High Cascades 100 Endurance Mountain Bike Race 100 miles of single-track glory and pain where just finishing is cause for celebration.

19-31 Oregon High Desert Classics Equestrian competition that draws top riders from around the West to Bend.

20-24 Cascade Cycling Classic Oregon's premier professional multi-day cycling event includes multiple road race stages around Bend and the popular downtown Criterium race.

21-24 Oregon Lacrosse Classic Boys' and girls' lacrosse tournament draws players from the around the state to compete in multiple age categories.

30-31 Cascade Lakes Relay A 216-mile team relay race in the style of the iconic Hood to Coast run with runners completing individual three- to nine-mile legs.

AUGUST

6 Haulin' Aspen Central Oregon's only full trail marathon also offers a half marathon and qualifies as a leg of the Oregon "half series."

11 Twilight 5K This casual evening 5k run starts and finishes at the Deschutes Brewery warehouse, where a hosted beer garden awaits participants.

20-21 Oregon CrossFit Best of the West Regional CrossFit competition is hosted at Summit High School. Multiple age and experience categories are offered for men and women.

19-21 Northwest Cup Roller Hockey The Pacific Northwest's largest roller hockey tournament includes youth and adult divisions and draws teams from as far away as Canada to compete.

20 Ochoco Gravel Roubaix OBRA-sanctioned gravel bicycle race featuring supported 120, eighty and forty-five-mile gravel loops through the Ochoco National Forest and a ten-mile road ride.

20 Monkey Face Half Marathon and 4-miler Trail half marathon around scenic Smith Rock State Park in Terrebonne also includes a four-mile walk event.

21 Beat Beethoven's 5th 5K Fun Run/Walk This 5k run/walk at COCC is a fundraiser for the Central Oregon symphony and features a KPOV simulcast of Beethoven's 5th Symphony.

31 MBSEF Thrilla Cyclocross Series Weekly cyclocross series takes place Wednesday nights at Bend Athletic Club and includes multiple categories for all ages and abilities. (Through 9/28)

SEPTEMBER

3-4 Sunriver Marathon for a Cause Sunriver Cancer fundraising marathon also features half marathon and shorter distances. The full marathon is a Boston qualifier.

10 MAC Dash Sprint Triathlon; Madras Aquatic Center Sprint triathlon that begins at the Madras aquatic center and includes a twelve-mile bike ride and three-mile run.

10-11 Oregon 12/24 All ages twenty-four-hour team mountain bike ride is the epitome of a true Central Oregon all-nighter.

10-11 Bend-AR 30-hour Adventure Race A thirty-hour course with a wide variety of team formats available, this race is designed to allow beginners to experience a "real" adventure race, as well as offer a serious challenge and competition to professional racers.

11 Bigfoot and Dirty Foot 10K Road Race & Dirtyfoot 10K Trail Race Bend's longest running 10k now features road and trail options with a joint start and finish line. Proceeds help support cross country teams in the Bend-La Pine schools.

18 Ride Row Run River-based triathlon starts and ends at Maupin's Imperial Inn and includes a twenty-six-mile bike ride and three-mile whitewater paddle. Individuals and teams.

18 High Alpine Half and Flagline 50K trail races Mountain trail running event starts and finishes at Mt. Bachelor's Sunrise Lodge with a singletrack and forest road course that winds through mature hemlock and fir forest.

17-22 Lithia Pacific Amateur Golf Classic Annual golf pilgrimage for many in the Northwest and beyond, the PAC AM is the premier amateur golf event in Oregon and features competitive play on multiple courses around Central Oregon.

24 Hoodoo Challenge Elite-category race comprises a half marathon ascent of Hoodoo peak with more than 1K elevation gain. Post-race party at Hoodoo lodge for participants and fans.



Floating the Deschutes River is a fun way to spend a summer day!

what to know before you go:

- » Wear your life jacket. They are required for all boaters, paddleboarders and children 12 years old and under. Whistles are also required with all boats and paddleboards.
- » Scout your route. Maps available online and at river entry points.
- » Midway through your float, you'll need to exit the river prior to the Colorado Ave. bridge. The Bend Whitewater Park's passageway is closed; do not cross the boom. Look for directional signs to exit the river and walk around.
- » Secure your gear, footwear and personal belongings to avoid losing items and disposal of garbage in the river.
- » And remember, alcohol is not allowed in the parks or on the river.

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EYE HEALTH

Summer Eyes

WRITTEN BY MARY HINDS

This time of year, with trails to hike and rivers to run, many people put their fun before their eyes. Central Oregon's endless outdoor activities and blue-skied, arid climate put eye health at risk. Two local eye care experts gave us tips for mitigating the effects during summertime. Dr. Derri Sandberg, an optometrist at LifeTime Vision who has practiced in Central Oregon since 2007, first became interested in optometry when she dissected a sheep's eye in seventh grade. In Central Oregon since 2001, Dr. Ida Alul is an ophthalmologist and surgeon at InFocus Eyecare who specializes in advanced vision correction techniques.

LOCAL LOOK

In 2014, Bendite Douglas Reynolds became legally blind in his right eye due to a congenital degenerative eye disease. After decades of playing outdoor sports, Reynolds was determined to extend the life of his eyes in order to continue to play outside as long as possible. Bahko Eyewear was born from his experience. He started making polarized goggles and sunglasses. The Metolius model is pictured here.

BAHKOYEWEAR.COM



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SHADES OF PLAY

Getting out in the sunshine also means more exposure to ultraviolet radiation, making a quality pair of sunglasses much more than just a fashion accessory. "They're very important," said Alul. "Good UV protection helps reduce the incidence of cataracts and macular degeneration, the two leading causes of blindness as we age. Without 100 percent UV protection, sunglasses aren't doing good and are actually doing harm," said Sandberg. "Something people don't think about is that you don't necessarily need tint for UV protection. Some contacts have it, as well as [some] clear glasses."

PLAYING IT SAFE

Summer activities also call for extra eye protection, whether we're at work, play or in the pool. Alul recommends wearing safety glasses or goggles when performing activities such as mowing, leaf blowing, using power tools or playing sports that involve small objects (think pickleball or racquetball). In addition, being careful to wear protection around fireworks is very important, as 40 percent of firework injuries happen to the eye and face. "Any sort of water source can also be pretty dangerous," said Sandberg. "Contacts act like sponges and absorb things from the water that can cause a pretty serious infection." When swimming, paddling or even playing around water this summer, Sandberg's advice is to steer clear of contact lenses or wear daily disposable lenses that can be worn and thrown away afterward.

NOT A DRY EYE

Optometrists see an upsurge in patients during the transition to summer. Depending on what's blooming, allergies and outdoor activity often cause the dry eyes and irritations that bring people in. "It's a pretty big deal in Central Oregon," said Sandberg. "As the temperature gets hotter, eyes tend to dry out more. Add to that air conditioning, outside recreation, even more traveling on airplanes—we treat a lot of dry eyes. Having a good eye drop to lubricate helps regenerate the balance of our tears and decrease inflammation."



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CASCADE POLO CLUB

Sport of Kings, for Cowboys

INTERVIEW BY MARY HINDS

PHOTOS BY TALIA GALVIN

SITTING INSIDE the barn at Some Day Farm in Tumalo, the Cascade Polo Club started their season with a team meeting around a ping-pong table. Tiny posts set on metal washers marked the goals, as Daniel Harrison moved wooden blocks around a white marble, going over the rules of the game with his team before they saddled up. One of only three polo teams in Oregon, Cascade Polo Club aims to introduce the sport of kings to both riders and spectators in Central Oregon.

“Polo is a rare bird in these parts, but it’s a good fit,” said Harrison. “There are a ton of horses out here and a ton of horse people who want to learn—it’s a nice thing to pass on.”

Harrison first started riding as a hunter-jumper, but says as soon as he swung a mallet, he was hooked. He began playing professionally in the 1970s and has competed for the U.S. in ten different countries. In 1975, his team at the University of California, Davis won the National Intercollegiate Polo Championship, bringing the tournament’s prestigious trophy to the West Coast for the first

time. This launched a streak of wins in seven out of the ten years that followed.

In 1981, just out of veterinary school, Harrison moved to Bend to set up a practice in a town that fulfilled his three needs: a trout stream, a ski mountain and a place for a polo field. He eventually founded the Cascade Polo Club in 1996 and began an instruction program to teach local riders the game, he said, was, “too good to quit and too good not to share.”

“It’s the most fun you can have on the back of a horse,” he said. “There’s no arena, no boundaries—it’s a unique riding experience that appeals to horse people, [like] a chess game played at a gallop.”

Saddled up on Harrison’s six polo-trained ponies, the team’s weekly practices consist of clacking mallets and lots of laughter from both experienced players and newcomers to the sport. Kelsey Kelly played polo during college for Colorado State University and said she fell in love with the sport because of the people.

“I started to try out for the equestrian team but

they were kind of ‘tight-bunned,’ if you know what I mean,” she said. “Then I saw these people ponying horses with a beer in their hand and I thought ‘who are those people?’ The personality in polo is really laid back; the camaraderie is awesome.”

Newcomer Helen Schwab had never played polo until last year. Moving to Oregon from Alaska, she missed riding horses, found the club online and gave Daniel a call.

“I’m still catching on,” she said of the sport after the team’s chalk talk. “The rules are so intricate, but you just have to get out and ride.”

Calling in professional players from all over the Northwest, the club participates in four tournaments a year, as well as multiple dual meets. Hosted on Harrison’s practice-sized (but pristinely green) polo field at the farm, home matches bring in hundreds of spectators from the community, with half of the ten-dollar entry fee benefitting a local nonprofit. Sponsored by Central Oregon businesses, games have been known to bring in crowds of up to 450 people and have supported more than twenty local nonprofits over the years, including animal shelters and a horse rescue.

With complicated rules (sides change after each score) and lingo such as “bumps” and “chukkers,” the game can be confusing to watch, but also thrilling. Harrison describes games as family events, picnic-style, with more people wearing Carharts and t-shirts than fancy hats.

“The mystique is attached to the upper class, but this isn’t the queen’s polo,” said Harrison.

“This is everyday polo. It’s more grassroots, more fun, more accessible and there’re a lot more appaloosa.”

CASCADE POLO CLUB

Governor’s Cup | July 16-17 | Hidden Creek Polo in Wilsonville

Equinox Cup | September 17 | Some Day Farm in Tumalo

For more information about the club, polo school or attending home matches, visit CASCADEPOLOCLUB.COM

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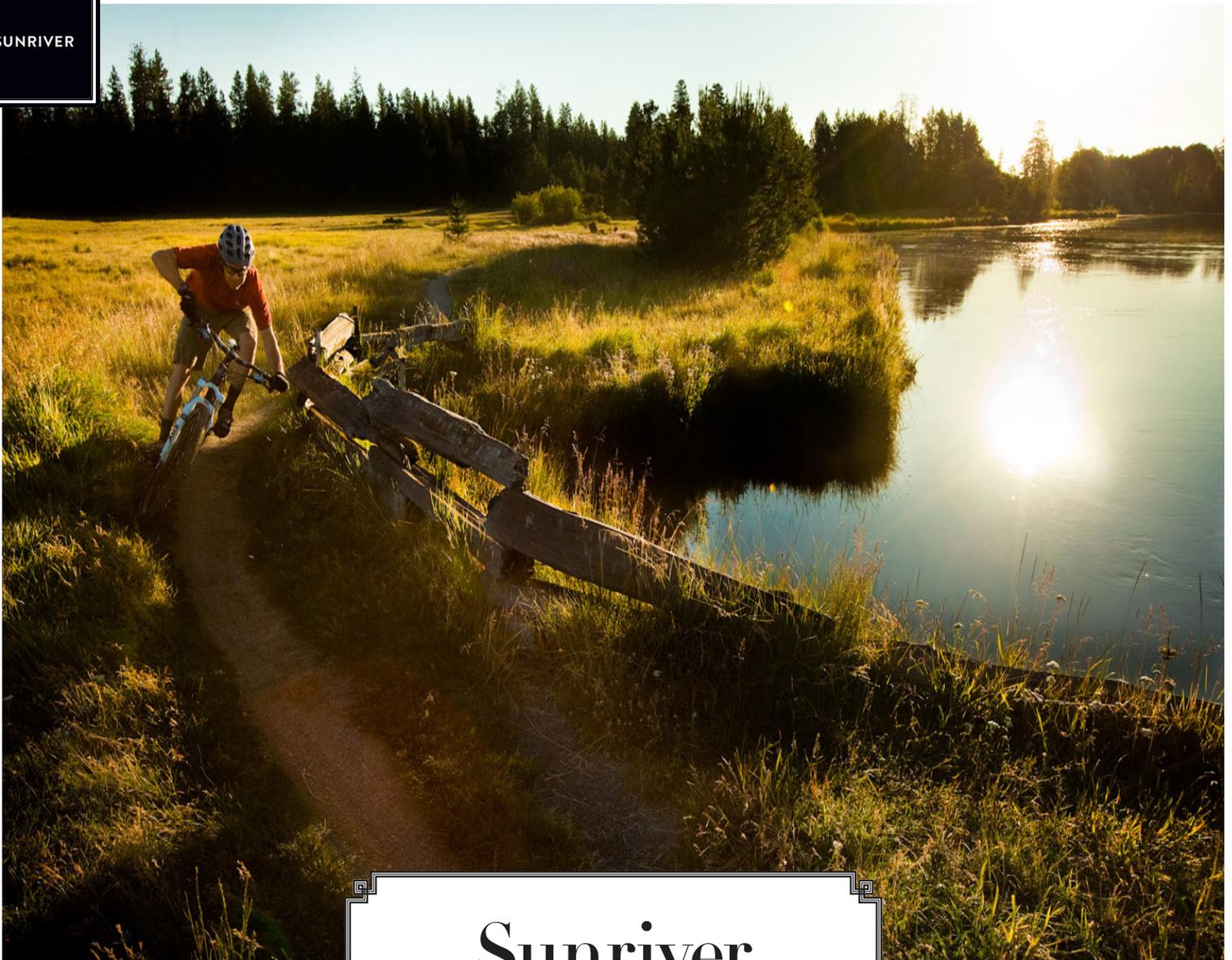


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Sunriver

The original Central Oregon destination resort reinvented

The thinking in Sunriver is that community happens not in lines, but in circles.

Seventeen miles southwest of Bend, the same meadows where wagon trains circled in the 1800s still beckon travelers to come, slow down and lose themselves in the beauty of Central Oregon. Tucked into the woods, and dotted with eleven traffic circles (there is no circle eight), more than 3,000 acres comprise this community where travelers and locals alike come to get away from their overscheduled lives and out into nature.

These fields and forests have hosted a variety of people throughout history. During World War II, the government purchased 5,500 acres for Camp Abbot, an Army Corps of Engineers combat-training facility that housed thousands of soldiers from 1942 to 1944. The last remaining building, the officer's club, still serves as a place for social gatherings, hosting weddings and events as the Great Hall at Sunriver Resort.

In the late 1960s, a group of developers envisioned a residential community centered around a resort and Sunriver was born. Like home but

without the hassles of regular life, the scenic vacation spot continues to entice visitors to come enjoy recreation like hiking, tennis, river kayaking, fly fishing, birding, horse-

back riding and world class golf, as well as running and biking around Sunriver's more than thirty miles of paved pathways. Even with so many options for activity, perhaps the best part of Sunriver is the chance to really relax, whether it's in a hammock or a hot tub, and enjoy the luxury of leisure time.

In summertime, guests can swing golf clubs at one of four golf courses, including Crosswater, a former host course for a PGA Legends Tour stop. Splash down a waterslide at aquatic centers such as SHARC or The Cove, Sunriver Resort's newest outdoor swimming facility. In July, Balloons Over Sunriver fills the sky with floating hot-air balloons, August brings in classical strings for the Sunriver Music Festival, and families flock to the Twilight Cinema Nights, showing free movies under the stars during August and September. ❖

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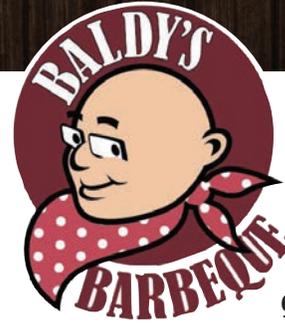
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Benham Falls

One of the largest waterfalls on the Upper Deschutes River, Benham Falls is also one of the easiest and the most accessible hikes. Walk or bike the 6.6-mile paved out and back trail that connects Sunriver Resort to the falls, where singletrack side trails offer various route options for longer treks.

play

Golf, Swim and Stars

Recreation opportunities abound at Sunriver, which was designed with fun in mind. Play golf at one of four golf courses, splash in the water park at SHARC, go horse riding at the stables or see local wildlife up close at the nature center. At night, gaze up at the summer sky and see stars at the Oregon Observatory.

eat

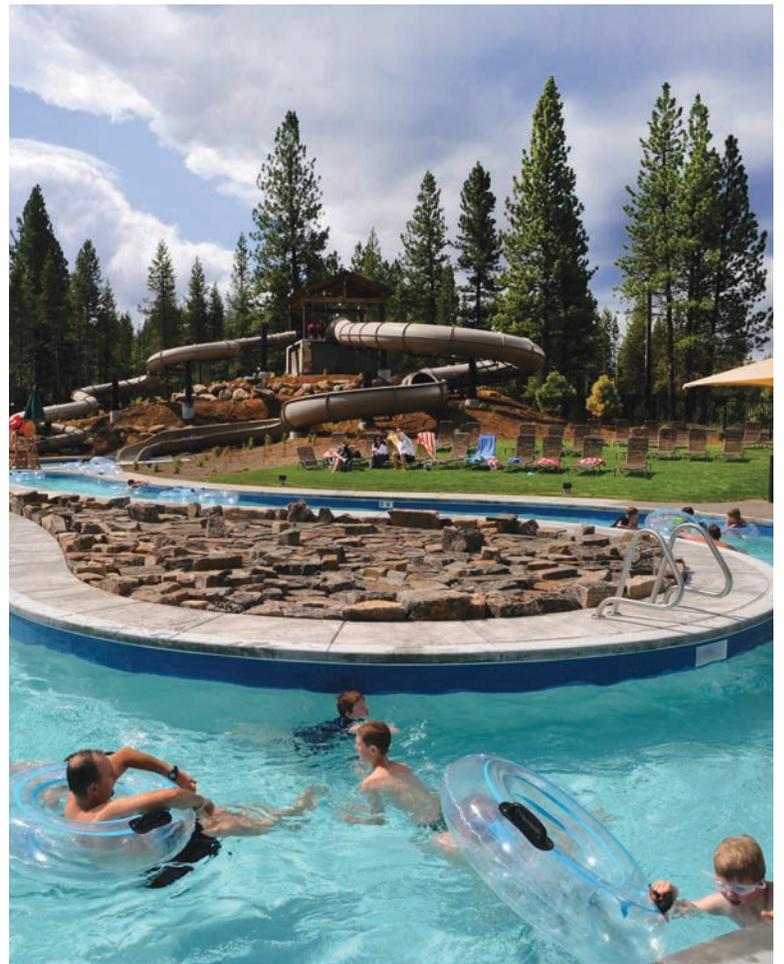
Bistros and Brewpubs

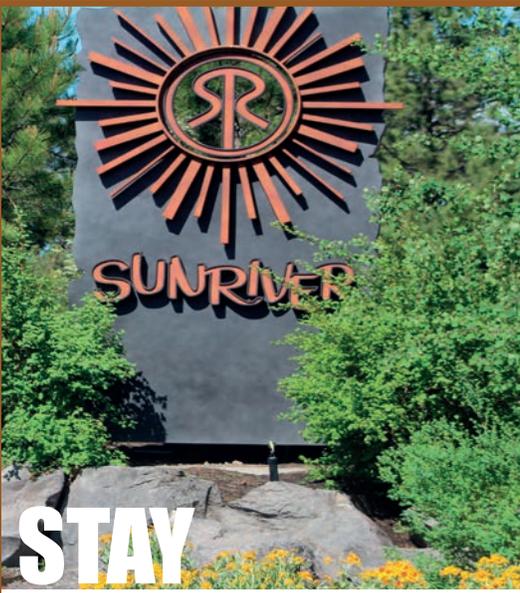
Serving Sunriver since 2004, South Bend Bistro blends Italian influences with Northwest ingredients. Chef Jeremy Buck studied cuisine in Florence and incorporates local Oregon mushrooms and truffles into his menus. For something more casual, grab bites and beers at the original Sunriver Brewing Company located in The Village at Sunriver.

shop

The Village at Sunriver

From sports shops to retail, The Village at Sunriver features stores with souvenirs for all seasons. Seek stylish finds at Village Threads, take kids to the ever-popular Tumbleweeds Toys or stop in at Sunriver Books & Music to pick up a good read and hear a local author's book talk.





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FURRY FEST

■ *bend* Pet Parade

Fireworks, pie and pets! The Bend 4th of July Pet Parade started with a simple concept: let local children walk or pull their pets in wagons as they parade through downtown. It has attracted thousands of spectators each year since its inception, enduring through the Great Depression and times of war (though the parade was cancelled from 1942 to 1944 during WWII). Today, the event draws an estimated 8,000 participants and onlookers. Local cable channels broadcast the festivities live with commentary on novelty pets such as Daisy, the flying dog. In 2014, the pet parade was designated as an Oregon Heritage Tradition by the Oregon Heritage Commission. In keeping with tradition, participating kids receive popsicles from the Bend Fire Department after the parade. [page 54 >>](#)



1932 - PRESENT DAY

History on Parade

Come 4th of July, Bendites go big on celebrations and take to the streets to continue a long tradition of parades. Festivities historically centered around two major parades, one of pageantry and one of animal domestication—the latter of which is still thriving.

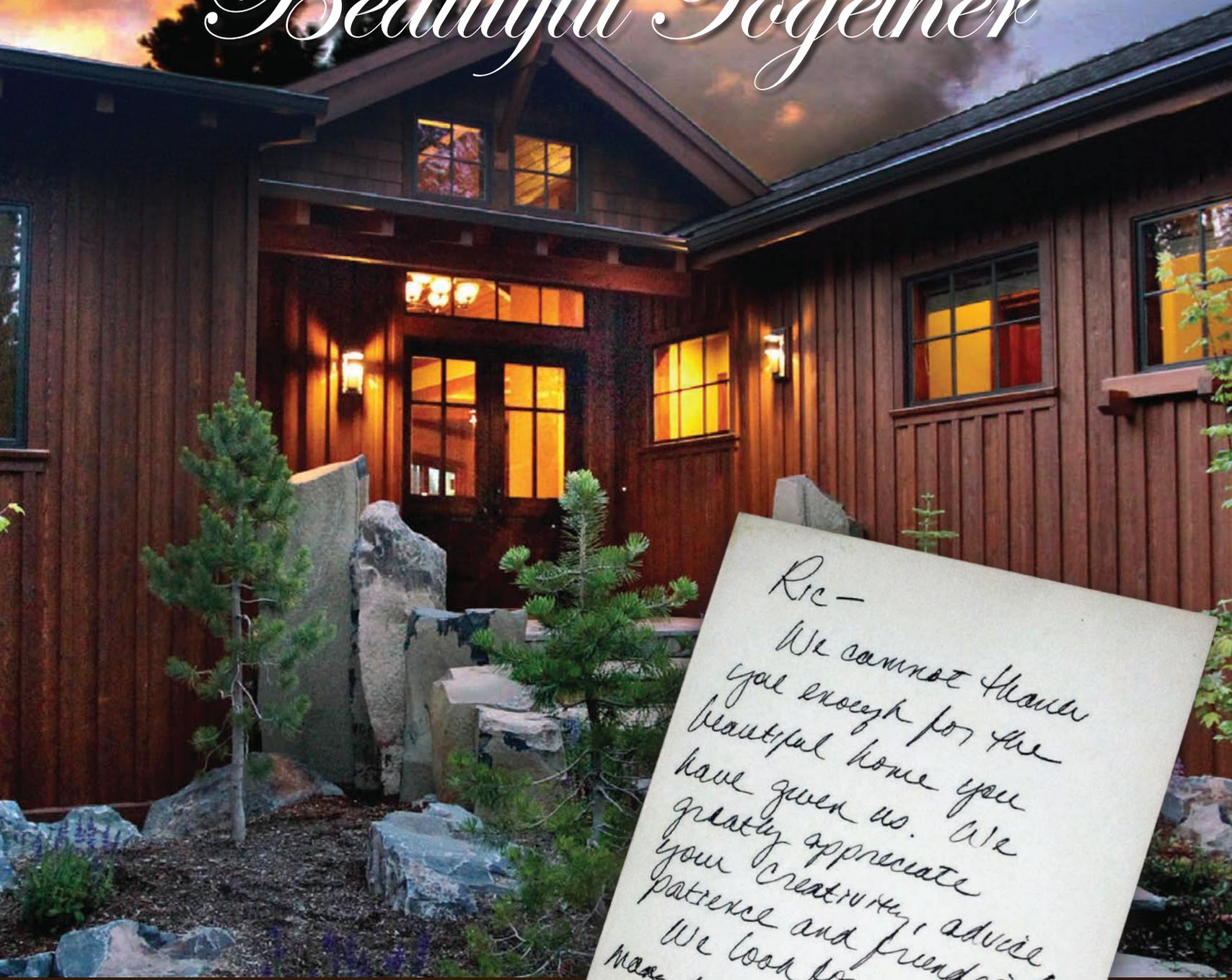
Bend’s oldest parade, the Pet Parade started in the summer of 1932, when 100 children marched a menagerie down Wall Street to compete for a first prize of four dollars. Four-year-old Doris Grubb won the first pet parade pushing her cat, Tom, in a baby stroller; a badger came in sixth place. Unlike many parades, the pet parade was open to any species of pet. Over the years, “pets” have included deer, badgers, gold fish, chickens, squirrels, ducks, oxen, calves, a pet eagle and baby coyotes.

From 1933 to 1965, the more extravagant Bend 4th of July Stampede and Water Pageant popularized Bend for tourists from across the state, offering a three-day schedule of festivities that included everything from archery contests and bowling to social balls and baseball games. Epic and ambitious, the water pageant took place at night on Mirror Pond, as elaborate floats made by local businesses drifted down the Deschutes River through Drake Park. In 1940, attendance swelled to 18,000, more than doubling the population of the town at the time. The extravagance eventually went by the wayside, leaving the children and animals to shine.



Clockwise from Top Left: Genevieve Armstrong (with cat) and sister Joyce in the 1934 pet parade. Friend Elma Ramlo accompanies, pulling the wagon. A knight in shining armor from the 1953 parade. Horsebacked riders stroll through downtown circa 1940. (Note the Tower and Liberty theaters in the background.) An undated photo of elaborate floats that highlighted the now defunct Water Pageant.

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TODD HAABY & SOLA VIA

Everyone Matters

If you haven't listened to the infectious, rhythm-driven, nuevo flamenco sound of Todd Haaby and his Latin group, Sola Via, then please, hop online right now and check them out. It's music that begs you to dance, to move, to revel in the exuberance of life.

In the past few years, the Bend-based group has gone from playing in small clubs to headlining and appearing as featured artists on National Public Radio. Heady stuff, but Haaby and the band are also interested in using their music and time to help folks in need.

In 2005, they played a concert to benefit victims of the devastating tsunami in Sri Lanka. Closer to home, in May 2016 they played at a benefit for the Deschutes Children's Foundation.

In this interview, Haaby spoke of his musical inspirations and desire to use music to make a difference. - Katrina Hays



1 | *Donating your time and proceeds is also a way to pay it forward, possibly to young musicians. Who were the artists who influenced you early in your career?*

I started playing guitar at 15, and was focused on rock & roll. The influences for me then were Jeff Beck, David Gilmore with Pink Floyd, Edward Van Halen, and Alex Lifeson with Rush. After listening to these guys I couldn't put the guitar down. It wasn't till later that I even had an interest in the Spanish guitar. I was in my 20s when I had a chance to see the Gipsy Kings, now one of the most influential Latin groups ever. It was Spanish-guitar-driven music that had haunting vocals and the energy of any rock band. After listening to them, I knew I wanted to change my musical direction. So then I became this Norwegian American living in Japan and writing Spanish guitar music... and loving it. After I moved back to the United States, I formed an American Latin group. But who really influenced me in using my music as a platform to make a difference is Bono from U2.

2 | *What was it specifically about nuevo flamenco that caught your artistic heart?*

It was fresh, almost alluring. It was unlike anything I had ever heard or played before. The music ranged from fiery to romantic, from

soothing to aggressive. I could hear the passion behind it. I think it was also the Latin rhythms that got me. In Japan I started writing hundreds of melodies with Rumba and Bossa rhythms swimming in my head.

3 | *What are you hoping to give to audiences with the music you and Sola Via perform and record?*

I would hope that people are emotionally moved and inspired. Maybe they will get swept away, at least for a little while. I hope they are refreshed—like we have been, through music.

4 | *Your career has taken you all over the world, sharing music—“the universal language.” When you and your band donate proceeds from a concert to benefit a group in need, what are you trying to say, over and above what you normally communicate when you play?*

I want them to know we all matter in this world. No matter who you are or where you are from: red, yellow, black or white; silver spoon or wooden spoon. Everyone matters, and we want them to know there are people out there that care for them and have their backs.

5 | *What is the best thing about donating your time?*
The possibility of making a difference.



JOHNSON BROTHERS
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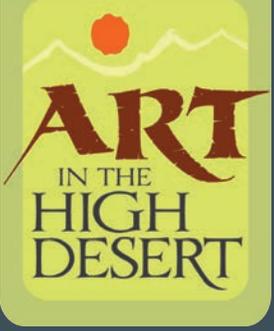
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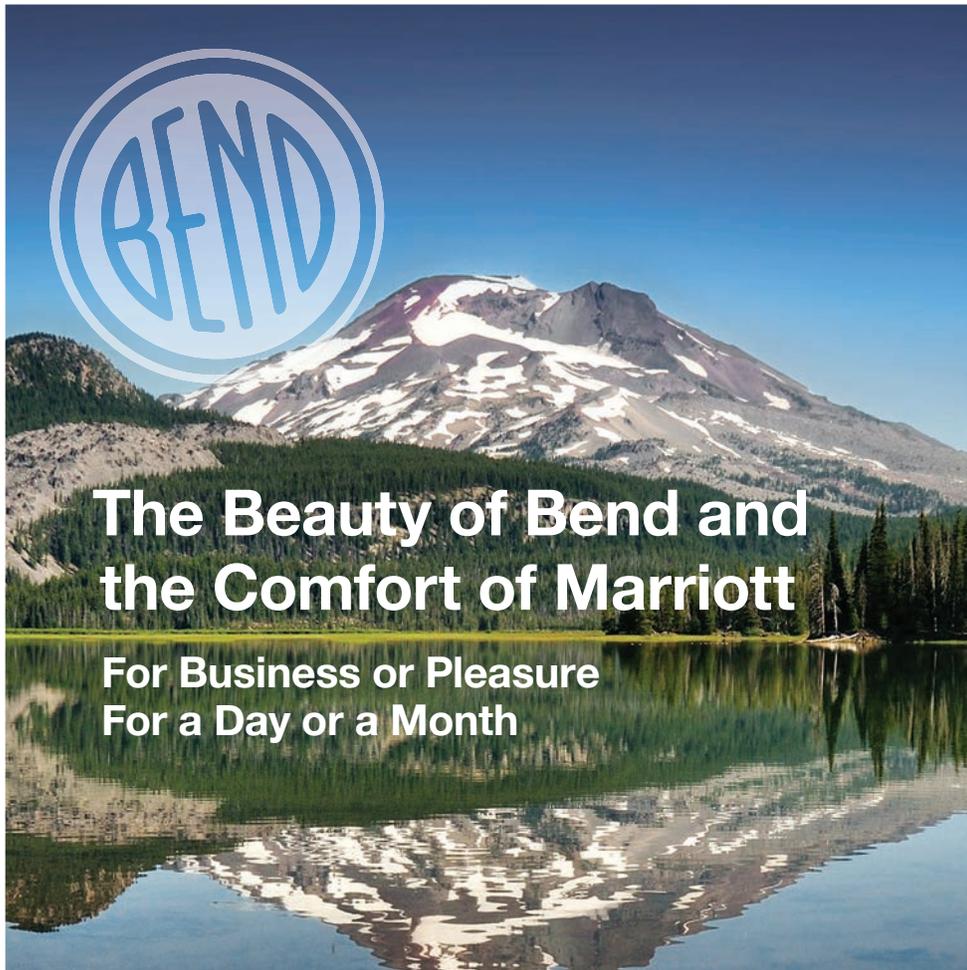
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A LOT OF FOLKS come to Bend to enjoy the social as well as the mountain climate, particularly in summer. I know Bend is fabulous—I was born here and chose to return years ago after fourteen years in the Puget Sound area. According to research commissioned by Visit Bend, the city's visitor's bureau, our town in the High Desert swells by 18,000 guests a day in the summertime. Welcome to our party, visitors! With the summer population explosion comes a lot of fun, but also crowded streets and venues, competition for space on trails, tight parking, and someone snagging the last shade

tree at Riverbend Park. This can lead to frayed tempers and—dread—perhaps even discourtesy. To act like a local in Bend is to act with consideration for others, even when it's hot and someone just knocked your Crux Hoppy Pilsner into the firepit. Respond not with a snarl, but a laugh. Remember, this is a special place—a smile and some courtesy go a long way toward keeping Bend's charm.



Be patient and prepare before you drive

Bend roundabouts can be confusing, so be tolerant of newcomers figuring them out. If you're new to Central Oregon, please consult a map before getting behind the wheel. This will help us avoid traffic snarls and keep cyclists and pedestrians safer.



Share the trail love.

To keep Bend mountain bike trails excellent, the Central Oregon Trail Alliance wants us to remember to Look, Listen and Smile. Know that Descending Riders Stop for Others. Lastly, please Don't Widen Our Trails—the natural beauty is natural because it hasn't been tread upon. For more info, go to: COTAMTB.COM



Don't booze while you float.

There are plenty of great happy hour spots near put-ins and take-outs along the river. Bend City ordinance prohibits possession or consumption of alcoholic beverages on or in the Deschutes River. It's safer and also friendlier toward families. For more info, go to: BENDPARKSANDREC.ORG



When you imbibe, be aware of your vibe.

Bend has umpteen brewpubs, wine bars, martini bars, and bar-bars, making it intoxicatingly easy to enjoy refreshing adult beverages. Great! But please—be a happy imbiber and stay pleasant to others when out and about.



Love your dog.

Don't bring your pup to public venues—the crowds are hard on them and they are not allowed at many public events, including the Bend Farmers' Market and Munch & Music. Please don't ever leave your dog in the car—the heat is perilous.



Keep the chatting to a minimum at our many outdoor concerts.

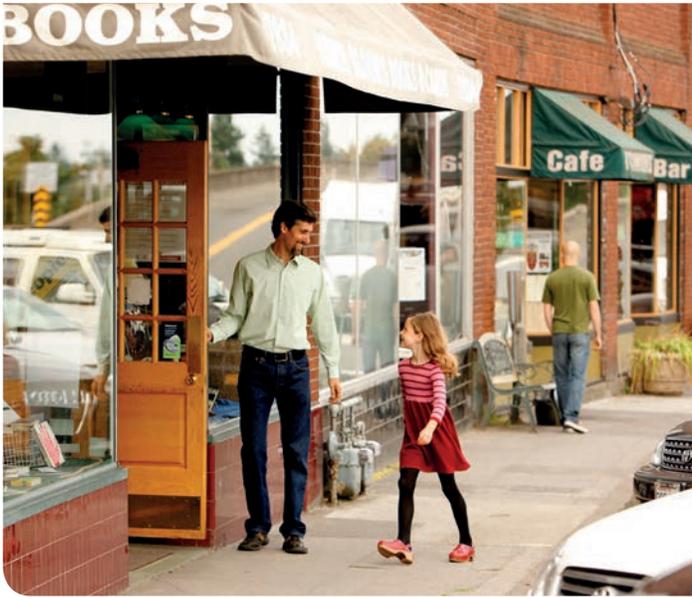
Patrons came to hear the music of k.d. lang or Michael Franti—not listen to the re-telling of your argument with a co-worker or latest bike achievement. Tune into the artist.



Smile! You're in Bend!

This unofficial local slogan goes a long way in keeping things smooth, even when both the temp and the numbers of people are high in our terrific town.

Bendiquette Karen Cammack was born in Bend, and is a skier, hiker and former long-distance runner who spends much of her time exploring Central Oregon's trails and doing freelance photography.



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Alchemy at Caldera

Transforming by means of creativity.

Caldera is many things. An arts camp for underserved youth. An environmental organization focused on youth development. A program that nurtures adult artists. The organization puts in place people and processes to transform human beings in mysterious and impressive ways. At the end of the day, one could argue that Caldera might be akin to alchemy.

Caldera was originally created in 1996 as a program to bring together limited-opportunity kids from both the city and the country to make art. It seemed simple. A fun summer camp with music, drawing and writing, as well as hiking, canoeing and campfires.

But the alchemy started immediately. Kids found out they were artists. They realized they could use creativity to solve life problems. And they were transformed.

Now in its twentieth year, Caldera's Youth Program has been named one of the top fifty youth development organizations in the United States by the President's Committee on the Arts and Humanities. Last year it was one of the top twelve programs honored at the White House. Today, Caldera works with twelve partner middle schools in Portland and Central Oregon, offering art and nature programs to 430 middle and high school youth, as well as providing year-round mentoring and camps to at-risk kids.

Realizing that grownups could use a little alchemy, too, Caldera opened up its doors during the winter to adult artists and creative thinkers. These artists now work onsite for month-long residencies as part of an Artist in Residence program.

The natural next step of the alchemical process was to blend the Caldera Youth Programs and the Artist in Residence programs.

"It's our belief that by having the youth work with a variety of talented adult artists, committed environmental stewards, and caring mentors, they are introduced to a variety of ways in which creativity can be expressed, which will encourage their own creativity and help them grow," said Elia Unverzagt, communications director for Caldera. "They see value in expressing their own creativity and unique voices, and become able to imagine a new set of possibilities for their lives."

Artists in Residence work with kids at every level. Youths may be invited on studio tours, interview artists, or participate in workshops. Some artists come back to teach at Camp Caldera during the summers, finding that collaboration with another generation can be generative and, thus, transformative.

At the end of the day, the alchemy Caldera offers happens by using creativity of all sorts to facilitate a deeper sense of self and possibly a greater humanity in both children and adults. *-Katrina Hays*

get involved

Caldera Arts Center
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541.595.0956
CALDERAARTS.ORG

Learn how you can volunteer and help with special events, youth programs and administrative projects. CALDERA@CALDERAARTS.ORG



WYNDE DYER was an Artist in Residence at Caldera in May 2016. She is a process-based conceptual artist, currently working in the realm of contemporary quilting.

"Being at Caldera allowed me to bring my past full circle to my present. I was an at-risk youth myself. Growing up, I benefited tremendously from community arts education and summer art camps. Art gave—and still gives—me an outlet to process my experience in this world. It's been an honor to give back and pay it forward by collaborating with the youth here."

VIDEO Watch a seven-minute documentary on Dyer and her work with residents of Hazelnut Grove, an organized homeless camp in Portland.

WWW.WYNDEDYER.COM
WWW.INSTAGRAM.COM/WYNDEDYER

THE MORTGAGE VETERANS



From left to right: Stacy Carreras, Kelly Baer (NMLS# 1241335), Matt Bassitt (NMLS# 114939), Michelle Lindikoff, Vicky Williams, David Jones (NMLS# 817699)

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Phoenix Rising

A luxury riverside home emerges from the ashes with distinctive modern elements blending into its steep, rocky perch as if it had landed there.

WRITTEN BY **HAYLEY MARTIN**

PHOTOGRAPHS BY **CHRISTIAN HEEB**

On a Sunday morning in April 2013, two longtime Bend residents returned home to find their house had burned to the ground. Fire inspectors called it one of the hottest fires they'd ever seen, completely consuming the structure in less than two hours. Even the foundation was unsalvageable.

After demolition, the owners hired a restoration company to rebuild the home. Five months after the first company had begun, it submitted the first budget—a single page that revealed more than half of the maximum insurance coverage was spent on 25 percent of the work. The homeowners turned to Bart Mitchell of Stillwater Construction, who happened to have grown up next door, to salvage the mess.

Mitchell compiled a five-page construction budget for the remaining tasks. “We reined in the excessive cost expenditures and ended up completing their home within the allotted insurance coverage amount, with even more custom finishes than they had planned,” he said.

Mitchell had known the family for years, but he worked with them as he would any other client. “I only build a few homes a year and I manage them all personally,” he said. “I’m very hands-on with the planning, management and design.”

With postcard-worthy views surrounding the home, inspiration came easily for Mitchell. Located on the rimrock overlooking the Deschutes River with views of the Cascade Range, the home was designed to





maximize the views and capture the sound of the flowing river below. The house is oriented toward the south, where the view of the Cascades is perfectly framed by the river canyon walls. The great room features two-story window walls showcasing that view while the master bedroom looks directly out at the canyon and mountains.

“We made the deck massive, and because the original home had been there so long, we were able to maintain the nearly overhanging location of the deck with a view straight down to the river,” Mitchell said.

The 3,300 square-foot, rustic-modern home has two stories with three bedrooms, an office, two- and-a-half bathrooms and a two-car garage. The exterior is composed of durable James Hardi siding and stone. The interior features wide-plank, distressed oak flooring as

well as reclaimed barnwood for the mantle and stairs. “We also did blown-in cellulose insulation in all of the exterior and interior walls to exponentially increase the value of the insulation and drastically decrease sound transmission,” he said.

One standout is the bathroom. “We created a backlit, onyx countertop in the powder room with an onyx vessel sink that uses LED lights hidden below the surface—the entire form glows when lit,” Mitchell said. “The bathrooms are otherwise made of porcelain tile and natural stone with granite and quartz slab countertops.”

Mitchell custom-designed another special element for the homeowner, an avid fly-fisherman. He embedded a three-foot-long copper steelhead in a thick concrete countertop for the upstairs bar area. “That thing weighs



over 1,500 pounds—it had to be wheeled into place ‘Egyptian-style’ across temporary beams,” he said.

In the kitchen, a combination forty-eight-inch, professional-grade double oven offers the home chef plenty of options. On the rimrock overlooking the river canyon, Mitchell installed a custom stone bench made in remembrance of the homeowner’s late son.

What began as a near-catastrophe remodel ended in one of Mitchell’s proudest moments in his career.

“Had the homeowners proceeded with the original restoration company, they very likely would have run out of insurance money and would have had to pay out of pocket,” he said.

“They likely would have had to sell the home just to break even. With careful planning and strict budget management, I was able to bring it back in line and introduce some really fun, custom elements they had wanted but didn’t think they could have.”

A Balancing Act

Golden eagles nesting in the canyon walls surrounding this home required Bart Mitchell and his construction team to adhere to regulations for protecting the birds.

In Deschutes County, the Oregon Department of Fish and Wildlife requires a quarter-mile construction setback from the nest site.

Loud, disruptive outdoor construction is also restricted between February 1, when the raptors are laying their eggs, through August 1, when their young are fledging and getting ready to fly.

Mitchell’s team was able to run small saws and nail guns, but could not use loud machinery that vibrates significantly.



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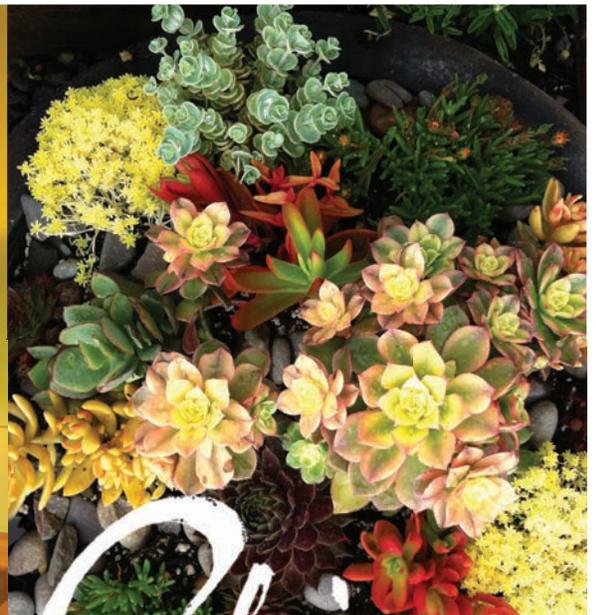
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2. Perfectly brewed Reintroduce healthy microbes to your gardens and lawn with Accelerated Organics' compost tea. Created by extracts from plant material and beneficial microorganisms from organic matter, the tea is custom brewed and then spread on lawns and gardens to nourish roots, promote growth, and increase plant resistance to pest and disease. Applications start at \$100. ACCORGANICS.COM

3. These shoes are made for gardening BOGS 100% waterproof gardening slides for women are made from hand-lasted rubber. Lined with a moisture-wicking material to absorb and evaporate sweat, they are as comfortable to wear gardening as they are on a walk. Available in solid red, teal, or black, and in veggies and floral prints. \$70. Sold throughout Central Oregon and from BOGSFOOTWEAR.COM

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5. For fun in the sun Protect you and yours from the sun with Oregon Lavender & Sage Medium Protection (SPF20+) Sunshade Lotion (lavender to soothe the skin and the nervous system; sage for a spiritual uplift and mental clarity). Both herbs are mildly antiseptic and are Oregon grown. Available in two sizes: 4 fl. oz. (\$16.95) and travel (2 fl. oz., \$9.95). ANGELINASKINCARE.COM



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Heavy Metal

2. Found metals are turned into one-of-a-kind sculptures and artwork at Orion Forge in southeast Bend. Styles range from rustic to modern and commission work is available. The forge also offers classes to those who want to take DIY to another dimension. Prices start at \$350 | ORIONFORGE.COM

Live Edge

3. Reclaimed and recycled woods of the Pacific Northwest are transformed into distinctive raw-edged counters at Natural Edge in Bend's Makers District. While the wood supply is constantly changing, the studio tries to maintain a steady supply of black walnut, western maple and Oregon white oak. Prices start at \$200 | NATURALEDEGEFURNITURE.COM

Travel Shade

4. The breathable polyethylene Coolaroo sail provides up to a 90% UV block. Installation ropes and grommets in each corner make putting up and taking down the triangular sail a breeze. The shade provides almost forty-two-square-feet of portable shade. Available in red, yellow, white, green and blue. \$45 | LANDSYSTEMSNURSERY.COM

Mug with a View

5. Enjoy a Cascades view with your coffee. Nature's Symphony ceramic mugs were designed by Sisters-based artist Kathy Deggendorfer, who is known for her brightly-colored, whimsical artwork. The design features the Deschutes River, the Three Sisters and the national forest. The eleven-ounce mugs are dishwasher and microwave safe. \$12 | TWIGS-SISTERS.COM



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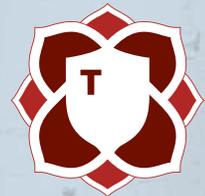
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Chips that Change the Game

Pacific Superfood Snacks reinvents vegetable chips for healthier snacking

INTERVIEW BY KELLY KEARSLEY



PHOTO DUNCAN GALVIN

After finishing her collegiate basketball career, Sarah Pool started running marathons and doing triathlons. She was focused on eating clean, and became obsessed with kale chips as her go-to snack.

But the CEO of Pacific Superfood Snacks wanted an even more affordable and healthier version than what was available. So she decided to make them herself. “I’d never made a kale chip before in my life,” said Pool. What started as an experiment with food dehydrators in 2012 has since grown into a multi-million-dollar company, now based in Bend, with kale chips sold in 7,000 stores.

Building a business

While Pool loved greens, she didn’t love that most of the chips on the market were baked or fried, which takes away from the nutritional integrity of the vegetable. “Our goal was to create a healthy chip that we could bring to the mass market,” said Pool. The company developed a way to dry the kale at low temperatures over long periods to extract the moisture, but leave the vitamins, minerals and enzymes.

Equally as important: The Bend-native wanted the chips to be delicious. “We wanted our flavors to be really exciting,” she said. Chip flavors now include hatch chile, sriracha and (vegan) pepperoni.

She began making chips at home and selling them at farmers’ markets in Portland. She then targeted grocery stores, visiting at least one location daily to offer samples to customers. “We worked so hard; we didn’t sleep,” she recalled. “We were just hustling and begging people to try them.”

Her passion paid off. In short order, the company landed a spot in Whole Foods. “At one point, we had forty small

“... food dehydrators going at once,” she said. Then Made in Nature, an organic snack foods company from Colorado, asked if they could partner to create kale chips for Costco.

New kitchen, new ideas

Made in Nature helped Pool scale her startup operation for larger customers, and ultimately acquired the kale chip company in 2014. The company’s growth skyrocketed. However, as a designated Benefit Corporation, Pacific Superfood Snacks has a mission beyond profit. “We wanted to commit ourselves to the highest level of transparency in every aspect of our business, from our suppliers to the actual ingredients that go into the product to the way the food is produced,” said Pool.

“We wanted to provide customers real food that they know they can trust without ever having to flip over to the ingredient panel, because they know we only use whole, organic, truly healthy ingredients.”

Looking to come back to her hometown, Pool moved the company to Bend last year. “Bend is probably the most special place in the world for startup companies,” said Pool. “I’ve been able to reach out to so many people; the community support is unparalleled.”



PICK YOUR FLAVOR

Pacific Superfood Snacks kale chip flavors include lava sriracha, cheese, pepperoni, olive and sea salt, hatch chile and rosemary truffle.

LOCAL LEAVES

Pacific Superfood Snacks’ kale is primarily grown in Oregon. The company goes through approximately 25,000 pounds of kale per month.

CRUNCHY GOODNESS

Rich in nutrients such as calcium, Vitamin K and Vitamin C, one cup of raw kale contains more vitamin C than an entire orange.



Makers of Sunscreen that Goes the Distance

Austin Britts has been visiting Bend since he was 10 when his family started coming up from California for ski races at Mt. Bachelor. But when the CEO and co-founder of Zealios, a personal products company for athletes, was considering moving here last year, he wondered whether the ski town of his childhood would also be a good fit for his company.

The answer was a resounding yes. Britts connected with the Oregon Outdoor Alliance, Bend Outdoor Worx and some local outdoor companies. “The rest is history,” he said. “We were absolutely stunned by

the cohesion and support of the Bend business community.”

Britts and his co-founder, Kevin Fuller, started Zealios in 2009. They wanted to make a better waterproof, sweat-proof, zinc-based sunscreen. “We’ve always placed performance as our key objective,” said Britts. “While the industry is trending toward natural and organic ingredients, we have [also] steered toward formulations that perform the best. For instance, what good is an all-natural sunscreen that comes off in the water or when you start to sweat?”

The company has found a natural market among endurance athletes,

and especially triathletes, who find themselves in the sun and in the pool on a regular basis. Britts and Fuller appreciate these athletes’ passion. “Having played rugby at the highest level in the USA, I think Kevin and I identify with their competitive spirit,” he said.

This past year, Zealios product sales have taken off. “We are working hard to cement ourselves within the endurance culture and want to be a household name within the community,” said Britts. “We have a long way to go, but given our recent growth the future sure feels bright.” — Kelly Kearsley

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Capital that Builds Communities

AS TURNER WASKOM SEES IT, Craft3 is filling a much-needed funding gap for Central Oregon businesses. The Bend office of this Ilwaco, Washington-based community development finance institution makes loans to companies that are unable to access traditional funding sources. “We’re also mission driven,” said Waskom, Craft3’s vice president and senior lender in Bend. “We want to build economic, ecological and family resilience in rural communities.” Craft3 lends to startups and long-term businesses that may not qualify for a traditional bank loan for a variety of reasons. The company may be too new, not meet a bank’s requirements or need a complicated financial solution. Craft3 receives its funding via investment partnerships and loans from nonprofit foundations and large financial institutions, and lends money at a slightly higher-than-average interest rate. “We’re never anyone’s final solution, but we’re good partners,” said Waskom. Since opening its Bend office in 2013, Craft3 has

provided vital capital to well-known Central and Eastern Oregon companies. It facilitated a \$10 million loan to Fry Foods last year, so that the company could purchase and reopen an onion processing plant in Ontario, Oregon. The deal will create more than 300 jobs in one of the most economically depressed areas of the state.

Craft3 was also instrumental in helping Skjersaa’s ski shop maintain its business and relocate. It provided funding to help Redmond-based Straw Propeller grow and Rat Hole Brewery to launch. Craft3 has also invested in the Bend Venture Conference and Cascade Angels. So far, there is a steady need for capital sources, and Waskom anticipates that will continue. “There’s such a strong entrepreneurial spirit here,” said Waskom. “I can’t believe how many small businesses are growing in the area.”

— *Kelly Kearsley*

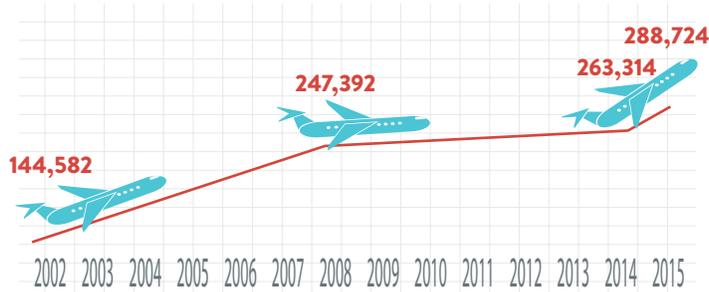


It’s about more than the rate of return for Craft3’s Turner Waskom who specializes in financing rural and start-up businesses in smaller communities.

BY THE NUMBERS

Friendly Skies

REDMOND AIRPORT TRAFFIC TAKES OFF
Annual number of enplanements (passengers)



For many Central Oregon businesses, proximity to an airport is crucial. The number of people using the Roberts Field airport in Redmond has been on an upward march for the past several years, as has the number of cities served. You can now fly direct from RDM to: Denver, Los Angeles, Portland, Salt Lake City, Seattle and, new in June, Phoenix. *Source: EDCO Central Oregon Community Profile*

Job Generators

TOP 10 PRIVATE EMPLOYERS
Number of employees in 2016

St. Charles Medical System	3057
Sunriver Resort	936
Les Schwab (corporate and stores)	871
Bright Wood Corporation	855
Safeway	828
Mt. Bachelor	769
McDonald’s	735
Bend Memorial Clinic	701
WalMart	639
Consumer Cellular	580

While Central Oregon’s economy is diversifying, tourism still generates a large number of private-sector jobs. According to the recent community profile produced by Economic Development for Central Oregon, the area has the most destination resorts of any region in the Pacific Northwest. *Source: EDCO Central Oregon Community Profile*

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BEND VENTURE CONFERENCE

Brian VIERRA

The man behind Bend's Venture Conference talks start-up strategy and what it takes to stay ahead in the high-growth investment game.

INTERVIEW BY KELLY KEARSLEY

For Brian Vierra, work on this year's Bend Venture Conference began days after last year's stage lights turned off. The venture catalyst for Economic Development of Central Oregon had investors to entice, companies to recruit and keynote speakers to find.

The BVC has helped eleven Oregon startups garner more than \$3 million in investments over the past twelve years, making it the Pacific Northwest's largest angel conference. We sat down with Vierra to learn more about how the conference comes together, what's new for this year and his vision for the BVC's future.



The BVC has grown over the past few years, both in the scope of the event and the money invested. What has been driving that growth?

I almost think it was an accident. When I started in June 2014, we were behind in organizing the conference. So I focused 100 percent on finding and recruiting companies, because that's what I could do. And it worked: I learned that great companies ignite participation. The attendance goes up, and it brings in more investors.

We've had some really quality companies the past few years, including Amplion, Homeschool, Poached, BrightMD, Odysys, CrowdStreet and Perfect. In some cases, we had to convince some of the bigger companies to participate. However, for the past two years, all five growth-stage companies have walked away with funding.

The conference attracts investors and entrepreneurs from around the state. How does the BVC specifically help entrepreneurs and/or the business community here?

In Oregon and especially in Bend, there's a capital gap that we're trying to fill. Businesses need money to grow, and we're way behind what's going on in Seattle and even Portland. The BVC attracts investor attention from bigger places. These startups may be small, but if you pump \$250,000 into them, they're probably going to hire quite a few people. It's also an important way of diversifying Bend's economic base, so that the next time we have a downturn we won't get hit as hard.

You're headed into your third year organizing the conference. What's been your favorite BVC moment so far?

It can actually be a little hard. We have 100 companies apply, and I have to say no to most of them. It's fun when we get some big wins, such as getting investors to come

into the fund or finding great companies to pitch. There's no glory on the day itself, because we know what's going to happen already. Then the day after the conference ends, we start working on the next one.

How will the conference change and/or expand in the future?

This year we're adding a social impact track. This will be an investment awarded to social entrepreneurs and companies focused on using their businesses to do good. I'm excited because this track appeals to a different type of investor, and it broadens the scope of the conference. We want to appeal to as much of the community as we can. We're folding an outdoor company track into the conference as well. Going forward, I think the BVC could attract national and global attention. The challenge is scaling it up to an event of that level.

||| Bend Venture Conference
||| October 13-14 | BENDVC.EDCOINFO.COM

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Foam on the Range

The second life of a SoCal surf pioneer

The mid-'90s F-series outside Hay Creek Ranch's shop has seen better days and covered many miles, but it saw a lot of freeway driving in its early days, said **Gordon Clark**. Because of that easy use, it has plenty of miles left for ranch chores that require the rig's utility flatbed. A modest black-and-white logo on the front driver's side quarter panel reads "**Clark Foam**," and speaks to Clark's first life that began decades before.

Clark's first life was foam surfboard blank manufacturing in California where he pioneered the industrialization of modern surf board production.

The second life is playing out far away from the SoCal surf culture at Hay Creek Ranch on 52,500 contiguous Central Oregon acres, about ten miles due east of Madras. If you were to create a twenty-mile-long rectangle of property—roughly encompassing the city limits of both Bend and Redmond, it would need to be more than four miles wider to cover as much ground as the ranch. Of that, 720 acres are under irrigation. Clark and about a dozen hands run 4,000 sheep, 900 mother cows and all the equipment that supports the operation.

See the southeast horizon? That's where the ranch ends. Beyond that? The Ochocos, where drovers will herd the sheep through leased summer pastures that extend the ranch well beyond its physical boundaries.

"Running a place like this is like piloting a battleship with an oar," said Clark, 83.

Even though he is beyond the age where most people retire, Hay Creek Ranch is clearly no retirement job. The vast geographical scope of the operation provides a complement to a first career that was outsized in other ways.

WRITTEN BY **MICHAEL VAN METER**
PHOTOGRAPHS BY **TALIA GALVIN**



A PAST LIFE

A shrewd and tough-minded businessman, Clark made blanks that became the industry standard for decades before he abruptly pulled the plug on the entire operation.

Photo ©Bev Morgan/
Surfing Heritage &
Culture Center

“When I was young, all I wanted to do was surf,” said Clark. “I’d been building surfboards since I was a teenager.” It wasn’t long before he went to work for Hobie Alter, who had figured out a way to build surfboard cores from foam rather than balsa wood. In college, Clark majored in math and sciences, so he was a natural on the technical end.

The cores Clark helped create were sold to surfboard makers, who transformed them into finished, high-performance boards.

In 1961, Gordon “Grubby” Clark struck out on his own, building a factory in Laguna Niguel, California. He refined techniques for molding and reinforcing foam and his reputation grew as being the best in the business. By the start of the twenty-first century, industry experts estimated that Clark Foam supplied as much as 90 percent of the American market for blanks, and they said Clark may have supplied a majority of the global market. In 2002, *Surfer Magazine* placed him at No. 2 in its list of the “25 Most Powerful People in Surfing.”

In December 2005, he closed the factory without warning. Clark Foam’s market share plummeted to zero. In a seven-page fax to suppliers, he wrote that regulatory challenges—environmental, workplace and fire-related—gave him little choice in the matter. One line in the letter spoke to a reality affecting many American industries: “... You could build many blank making facilities outside the United States just for the cost of permits in California.”

A cowboy might call the resulting shock and confusion a goat rodeo. Nobody knew where the inner structure for new boards would come from. Mourning surfers, according

to *New Yorker* writer William Finnegan, called it “Blank Monday.”

At the point of factory closure, Clark had already owned Hay Creek Ranch for a decade-and-a-half, and was living part of the year on the big island of Hawaii. He moved to the Oregon ranch for good in 2009.

Does Clark miss life on the beach?

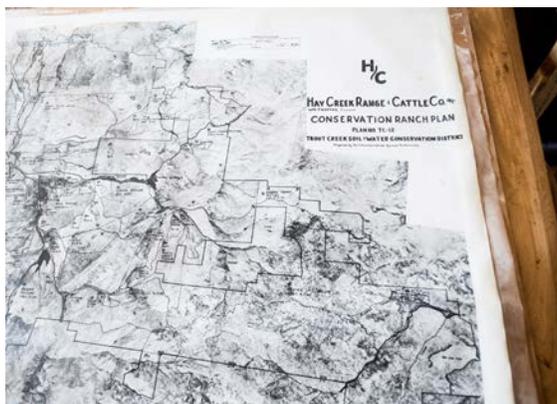
“You’re only here once. I started surfing when I was real young. I did that—did the whole thing: a beachfront house, a surf break right out front,” said Clark. “Then I accidentally got into this thing, and it’s a whole new deal; it’s fascinating to do this.”

After decades of surfing and building boards, “I just feel fortunate to do something like this,” he said. “It’s like I’ve had two whole lives.”

Clark came to buy Hay Creek Ranch almost by accident. “Besides surfing all my life, I dirt biked all the time. A friend from Hawaii got the idea that we’d take a road bike trip,” said Clark. “So we saw the West that way.”

For bikers, the back roads of Eastern Oregon are heaven: next to no traffic, good asphalt, plenty of curves and a landscape that triggers a halt to one’s breath around each bend. Even the gravel roads are in good shape.

Before joining the bike crew on their ride through Oregon, Clark said a friend talked and talked about how amazing the riding was in Switzerland. After a stretch with



curve after curve, fast descents, good climbs and stunning views, Clark pulled ahead, stopped his bike in the middle of the road, and dropped the kickstand. Climbing off and looking around in the silence, he asked: “What’s this you were saying about Switzerland?”

One of their rides took them past the ranch, which was a victim of the S&L crisis. The troubled insurance company holding the debt was receptive to fire-sale offers, and Clark was able to buy the ranch in 1993 with it in mind as a real estate investment.

Clark learned to guide his new “battleship,” as he calls it, from scratch. He imagined the neighbors’ initial thoughts:

“Here comes this dork who doesn’t know anything.”

Any skepticism the neighbors might have had about a surfboard magnate may have been exacerbated by the fact he was the latest in a string of owners, spanning several decades, who had left things in a mess.

Clark got to work—part-time, initially—bringing things back up to snuff. He asked a lot of questions. “I’m not a farmer, and I’m not a rancher,” he said. “So I try to find people who know how to do it.”

Hay Creek Ranch began in 1873 as the Baldwin Sheep and Land Company. At one time, the ranch ran 50,000 sheep (this was a time when plenty of open grazing stretched from



“You’re only here once. I started surfing when I was real young. I did that—did the whole thing: a beachfront house, a surf break right out front.”

the ranch down into northern Nevada) and created an economy large enough to support a village, complete with a store. A round barn, silo and large rectangular barn—all still in use—date back to the early 1900s. The main house is built around the ranch’s original cook house from 1910.

Today, the ranch employs about a dozen people full-time, including six shepherders from Peru. It also employs high technology to support the best production practices possible. This comes with challenges similar to those of any factory. Just recently, Clark was in the field trying to figure out why a new tractor identical to one already on the ranch wouldn’t work with the swather harvesting hay for silage. Turns out it wasn’t identical: The PTO that makes the swather work spins in the opposite direction of the one on the other tractor. More troubleshooting.

Clark is obsessive about tracking and technology. Every animal has an ear tag with a chip that stores data about the animal; it’s all tracked in a computer system. Those self-driving cars you hear are coming our way? Tractors have that now, so even a rookie tractor driver goes in a straight line. He was so pleased with the system that, once when out on the tractor after dark, he impulsively turned off the

headlights. Two reasons to not try this at home: Deer, while not caught in headlights, almost got run over—plus there was that section of wheel line that did get run over.

“I leave the headlights on now,” he said.

Clark gave a tour from the tight leather seats in the cab of his Ford Raptor, a high-performance short bed version of Ford’s classic F-150 work truck. The cab floor is littered with fast-food wrappers at the foot of the jump-seats. At the shop, he checked in on the progress of projects around the ranch and pointed out key pieces of equipment, including a twenty-nine-foot-wide swather and hay wagon that would bring the first cutting to silage pits over the next few days.

The silage pits are modeled after a design Clark learned about from a Dutch rancher: Concrete walls a little more than twice an average person’s height surround three sides of a rectangle about twice the size of a basketball court. As he explained the concept, a small crew wrestled with a huge tarp, intended to line the walls and cover the hay. Typical hay-cutting methods leave hay to dry on the ground where it is cut, then it is baled and stored for future use. Silage, instead, takes the green hay and encases it in sealed bins—sometimes plastic tubes—for storage. It requires an oxygen-free environment, hence the tarps. The process is tricky to do well, but storing the feed while it is moist preserves nutrients that would get lost in the drying process.

Clark drove into the concrete bunker and stepped out of the truck. “David,” he shouted. Turning back, Clark described David Auscherman, who oversees the sheep operation, as “one of the smartest guys I know. Tough. Feisty. Hard-working.” When Clark opened the half-door





to the jump-seats, Auscherman pushed the wrappers aside and climbed in.

Hay Creek Road used to be what Clark called north-central Oregon's "El Camino Real." The Dalles to Prineville Stagecoach Road ran parallel to what is now Highway 97, and brought goods into and out of the area before the high bridges spanned the Crooked River Gorge at Terrebonne. It's a well-maintained gravel road with no serious washboarding, but Clark hit the gas anyway. "It's smoother when you go fast," he said.

Clark headed north to Ashwood Road, turned right, then left and through a couple of gates into rangeland before decelerating in this slower world.

Sheep handed Clark the toughest learning curve at Hay Creek Ranch, and he said that he regularly travels hundreds of miles seeking advice. "It's difficult to get information—not very many people do this," he said.

In the distance, a familiar white shape was parked atop the ridge near where one of the three bands of sheep were grazing. The silhouette makes it clear that a traditional sheep wagon's configuration hasn't changed in a century and a half, though this wagon shows modern touches with a metal (rather than canvas) shroud and a solar panel. The back always points northwest to allow the sunrise alarm clock to shine through the front door. To the west is what would be a multi-million-dollar view for a real estate project.

“They always find the best view to park,” Clark said of his sheepherders.

Another quarter-mile up the road, 1,050 sheep and their lambs were clustered off the side of the dirt path. Great Pyrenees guard dogs and a herding dog greeted the truck. Back at the ranch house, the Pyrenees behave like 100-plus-pound lap dogs. Here, they keep coyotes away and their calm demeanor helps sheep feel secure. Their fur matches the sheeps’ wool, and they pack about as much dirt into their coats.

Over a period of several days, a herder takes a band of

the term “factory.” He invokes the “Toyota Way” model for continual improvement and documentation of that improvement. He writes everything down, has much of the material translated into Spanish, and makes sure everyone follows the processes. If something breaks, they fix it and figure out how to keep it from breaking again. That reversed PTO on the tractor? He learned that there’s a checkbox on the order form to specify the rotation direction.

“One guy explained [to me] that ranching and farming is a series of small crises,” said Clark. “When something goes wrong, you try to fix it so it doesn’t happen again.”

If you drove east on B Street in Madras past the edge of town, kept going past the prison (don’t turn left), then continued on the dirt and gravel for a few miles, you’d see the first signs of the ranch: cattle fencing, downed junipers, occasional no-trespass signs

that say Hay Creek Ranch or Centerfire Outfitters. At the crest of a long, easy slope, you’d sweep around a curve to see a lush green valley of hay, grain and lush pasture.

You could stop and look, but only if you parked on the shoulder. People sometimes drive fast because it’s smoother, you know. The sights you’d see are becoming less common. The challenges of passing on a family farm is a common theme in Midwest agriculture circles. Here, events such as the S&L crisis have some ranches changing hands regularly. The Big Muddy, just up the road? Thirty years after it was a commune for thousands of red-clad followers of Bhagwan Shree Rajneesh, it is now a Christian youth camp.

What’s the future for Hay Creek Ranch? Who’s going to take it over? Clark is adamant when the question is raised again late in the interview: “I won’t go there.” He did say that “If I get tired of the ranch, I’ll stop doing it.”

Clark, though, doesn’t seem tired of the ranch. “I really like it out here,” he said, and he definitely doesn’t find any time for sitting still. “Someone gave me a book recently. I’ve got a stack of fifteen books to read now.”

The systems for grass, grain, sheep, and cows that he and his workers have created continue to be developed and tweaked. Things break, things get fixed, then the solutions are put into writing. Whatever the future might hold for Hay Creek Ranch, at least there’ll be a manual waiting to be read. ●

“I just feel fortunate to do something like this; it’s like I’ve had two whole lives.”

sheep from the wagon up the road to graze a new section of ground each day, going back to the area around the wagon at night. The choice of sheep breed, Rambouillet, was made in part because of their instincts to herd closely.

In the eighteen years since moving to Hay Creek from his home in the hills of Peru, Auscherman said that he and Clark have bounced a lot of ideas off each other. “We’re learning something all the time,” said Auscherman. “We talk a lot, ask a lot of questions.”

Over time, Clark and his hands asked enough questions and came up with enough ideas that Clark was named 2010 Livestockman of the Year by the Jefferson County Livestock Association.

This process of continually asking questions and coming up with ideas is shared by other successful ranchers.

“If you ever think you’ve got it down, you’re in the wrong business,” said Dan Carver. He and his wife Jeanie own Imperial Stock Ranch west of Shaniko, about thirty miles north of Clark’s ranch.

Sharing ideas is part of what Carver called “show-and-tell days” at farms and ranches where people are trying out new stuff. It’s also a matter of preservation. “We’re less than 1 percent of the population,” said Carver. “That makes it pretty important for us to talk with each other.”

Constant adaptation is part of that survival as well.

“These are changing times for sure,” continued Carver. “Climate change is a real thing. We say if we get two inches of rain in May, we’re off to a good start.” As of mid-May, he said there had been hardly any rain.

In discussing the ranch operation, Clark often used



NEW FACES

Familiar Challenges



A spate of new arrivals has sparked old fears about Bend's future

Before she rolled into Bend and decided to stay put for a while, Cate Cushman spent a year traveling the country in a Winnebago. The plan was to live here for a year and learn how to ski. “That was forty years ago, and I’m still here,” she said, recounting Bend circa 1976 over a cup of green tea on exactly the kind of bluebird day that sold her on the place all those years ago.

Her husband found work at the mill. She got a job as a social worker and they started a family in what was then a humble logging town of about 15,000 people. Cushman liked to take the Saturday-morning shuttle to Nordstrom in Portland because Bend had just two department stores (JC Penney and Wetle’s) and not many other places to shop.

Cushman got her real estate license in 1986 and has spent the past three decades helping newcomers and locals find homes in Bend. She’s seen the town grow up—and has lived through cycles of boom and bust—but the appeal of Bend, the story, remains the same.

“People are moving here now for the same reasons they always have,” she said, with a hint of a Southern accent that betrays her roots in rural Georgia. “Growth in Bend has never been about jobs. It’s a beautiful place; a great place to raise a family or retire. Simple as that.”

Indeed, after a brief population dip during the Great Recession, the simple charms of Bend are proving irresistible to many. Since 2013, the Bend-Redmond metropolitan area—which encompasses all of Deschutes County—has been one of the fastest-growing metro areas in the nation. Some are excited to be in a thriving place where change is coming fast and furious. Others want to put the brakes on development, fearing that Bend will lose its livability and small-town charm.

Prior to the decline of the local timber industry, population growth in Bend revolved largely around the mill’s hiring

needs. Bend’s recent growth, as Cushman pointed out, has had very little to do with jobs. Lifestyle nomads engaged in a Jeffersonian pursuit of happiness are fleeing the rat race and congested, expensive metro areas—chasing a higher quality of life. Others come to escape personal or professional meltdowns that played out through the dark days of the Great Recession.

Researchers estimate that by 2020, 40 percent of Americans will be “contingent workers”—freelancers, contractors, temps or self-employed. As employers allow more workers to telecommute, attractive “lifestyle destinations” such as Bend will continue to grow.

Who are these newcomers? Why did they pick Central Oregon? Will Bend’s rapid growth bring more amenities or erode the quality of life that brought so many of us here? The future of Bend lies in how this debate plays out in the years to come.

Will Bend’s rapid growth bring more amenities or erode the quality of life that brought so many of us here? The future of Bend lies in how this debate plays out in the years to come.

Growth By the Numbers

It isn’t hard to find Bendites gathering around office water coolers, in corner taverns and virtually on social media platforms to commiserate over the city’s growing pains. Harley Slocum, the owner of Proud American Movers, said he has no time to listen to these complaints.

“This is the land of milk and honey,” said Slocum, 34, a former cage fighter turned entrepreneur who is originally from Corvallis. “It’s a frickin’ magical place.”

Five years ago, Slocum lost his place to live when his mother



“I can move people in or out of town, but these days it’s mostly one-way traffic. It seems like everyone’s coming to Bend.”

went to prison and— wife and two small children in tow— decided to try his luck in Bend. They hitchhiked into town, bringing only what they could carry in backpacks, and lived at the Bethlehem Inn shelter for a spell until a financial aid check arrived. He got a degree in business from COCC, and started what has evolved into a successful moving company.

Nothing has come easy, but every week, as Slocum helps newcomers move in, he’s reminded of Bend’s appeal. “I can move people in or out of town, but these days it’s mostly one-way traffic,” he said. “It seems like everyone’s coming to Bend.”

The data supports that impression. As of July 2015, the U.S. Census Bureau estimates that Bend’s population has climbed to 87,014. Since 2010, the population of Deschutes County, which includes Bend, Redmond, Sisters and La Pine, has grown by the net equivalent of about ten new residents per day, rising to 175,268 in July 2015. The county’s population has more than doubled since 1990, and Portland State University’s Population Research Center forecasts that the population will grow to 249,037 by 2035 and 357,345 by 2065.

U.S. Census Bureau data revealed that from 2010 to 2015, Deschutes was in the top 2 percent of counties for growth in the country, with an annual growth rate average of 2.3 percent. Census data showed Deschutes skyrocketing to take the seat as the seventh-fastest growing county in the United States from 2013-2014, before dipping slightly between 2014-2015, when Deschutes County ranked fifty-fifth (out of 3,143). In comparison, Crook and Jefferson counties grew just under 1 percent each in the 2014-2015 year. Voter registration data hints at sustained growth right through Spring 2016. A decade

ago, Deschutes County had 82,507 registered voters: 26,437 (32%) democrats and 35,054 (43%) republicans. As of May 1, 2016, voter registration has soared to 109,061, including 37,400 (34%) democrats and 39,517 (36%) republicans.

Latinos were the fastest-growing minority group in the county during the last decade, with their ranks increasing to 7.4 percent in 2010. Census data also revealed that between 2010 and 2014, the median age in the county grew older by 4.3 percent (from 39.7 to 41.4) while the median age nationwide increased by only 1.4 percent (from 36.9 to 37.4). The OSU Cascades expansion will begin to alter this dynamic with an influx of twenty-somethings. Families are moving to Central Oregon, too, though not at the rate one might expect for an area experiencing major population growth. In the last decade, the number of students enrolled in the Bend-La Pine Public School District has climbed just 16%.

Risa Proehl, a Research Associate at PSU’s Population Research Center, forecasts that the share of the county’s population that is 65 and over will continue to rise as Baby Boomers age and the city’s reputation as a desirable retirement destination grows.

Dreaming of a Change

Inside Bend’s artfully cluttered Iron Horse Second Hand store, shoppers can find everything from spooky \$800 Polynesian statues to \$12 vintage bowling pins to out-of-state license plates. The cheapest, at just \$2 each, are California plates. Even at that bargain price, they don’t exactly fly off the shelves. Melissa Scott and her partner, Edwin Campos, are newcomers from San Jose, and they know why.

Last summer, after Scott landed a job as a teacher in Bend, and Campos, an immigrant from Peru, convinced his boss to let him work his IT job remotely, they moved here seeking a better quality of life. Scott said she cried tears of joy the first time she let her girls, Maya, 5, and Morgan, 9, ride their bikes to school, something she’d never allow in San Jose. But they also felt a distinct anti-California resentment.

Scott changed her license plate quickly, but Campos procrastinated, to his partner’s consternation.

“We’ve had people flip us off,” she said. “I had a guy harass

me. There was one guy who looked at our car and said, 'Oh God, not another one from California.' I think there is a serious hatred toward Californians here. I feel like I have to apologize for being from California."

California transplants may attract resentment in Bend, but census data reveals that the complete north-south migration picture isn't just a one-way pipeline heading north up I-5. PSU's Proehl said that 45 percent of newcomers to the county come from other parts of Oregon. Based on the most recent detailed census data (2009-2013), Crook, Franklin and Douglas counties in Oregon produced roughly as many net migrants to Deschutes County as the top three counties from California—Contra Costa (Bay Area), Santa Clara (San Jose) and Fresno. More Deschutes County residents moved to Los Angeles, San Francisco, Portland, Seattle and Phoenix during this time period than arrived here from those places.

California transplants interviewed for this story cited the high cost of living and traffic congestion as their primary gripes with their former state. Locals said that a portion of the resentment some Central Oregonians harbor toward the newcomers from California is simply part of a good-natured neighboring state rivalry. Others say that there is also a harder-edged bitterness that stems from concerns that an influx of Californians will bring the same problems they are fleeing from. Nowhere is this resentment more apparent than in Bend's tight housing market.

For the Scott family and others moving to Bend from hot real estate markets, prices here still seem like a great value. Scott and her family traded up by selling the 935-square-foot house in San Jose where they lived with their two children, one dog, two cats and six chickens, for \$740,000. For less than half that price, they were able to buy a 3,300-square-foot house in Bend.

This may not seem like a bargain, but that sum still buys much more in Bend than it would in the Silicon Valley and many other places. Here you have what must feel like a dream for newcomers from congested California: large lots and no gridlock.

"I was stoked," she said. "We're not rich, but I can see why

"I think there is a serious hatred toward Californians here. I feel like I have to apologize for being from California."

some might resent people like us. But who wouldn't do the same thing if they had the chance?"

Robert Bojorcias and his wife, Gail, newcomers from Klamath Falls, weren't fortunate enough to be cashing out of a high-priced home. They moved to Bend more than a year ago when Gail was offered the chance to manage the Bend location of a retail store, assuming they'd have no trouble finding a place to live.

At their motel room on 3rd Street—a no-frills establishment that rents by the week and requires no references—Abby, their wiener dog, eyed me warily from her perch under the blankets and barked. The couple has been living here for \$320 per week ever since their arrival. They budgeted \$1,300 a month for an apartment, but couldn't find anything.

"We got Abby, plus two cats. That's the problem," said Bojorcias. "It's hard to find an apartment in Bend, so landlords can afford to be picky. So many of us living here all have the same problem. We love our pets, and we won't get rid of 'em."

The City of Bend has tried to address the housing shortage, creating incentives for the construction of affordable housing while spurring the likely expansion of the Urban Growth Boundary (UGB) by 10 percent. But the crisis has created a reality whereby those cashing out of expensive homes in prosperous parts of the country feel flush in Bend, while others moving from less prosperous locales can be priced out.

The Bojorcias family isn't giving up, but they've learned the reality of Bend's housing crunch the hard way.

"We had no idea how hard it was to find a place to live here," said Bojorcias, looking out at the traffic whizzing by along 3rd Street. "Now we know the real situation."



An Increasingly Pricey View

Matt Erdle, 36, the owner of Pride Staff, a local employment agency, doesn't buy the old adage that moving to Bend consigns one to a life of "poverty with a view." He said that there is strong demand for certified nurses, medical assistants and drivers with a commercial driver's license. Tourism, tech and light industrial sectors have also shown solid job growth, said Erdle. When asked about compensation, he said that in some sectors, wage growth has been strong. But he was also realistic.

"People who are determined to move to Bend generally aren't prioritizing compensation as their number one goal," said Erdle, who grew up in Bend, left and then returned in 2013.

Erdle said that they get calls from people around the country who want to move to Bend and wonder if they can find work here. He gives them a dose of reality, but rarely discourages them. "If they really want to make it work, they'll find a way to make it happen," he said.

Other members of the business community are also optimistic about economic growth. Still, census data reveals that while median household income grew nationwide from \$51,144 in 2010 to \$53,657 in 2014, it fell in Deschutes County from \$53,071 to \$49,584.

Chris Clouart, the managing director of the Bethlehem Inn, a homeless shelter in Bend, has seen the grim reality of those numbers.

"It's very hard to be poor in Central Oregon," said Clouart, a Massachusetts native who has lived in Bend since 1997.



"There's a tremendous amount of income inequality here."

Clouart said that some newcomers use their last dollar on the bus ride to Bend and show up at the shelter, asking for help. The inn also gets phone calls from people as far away as Florida and New England who want to move to Bend, but have no plan, no social network and no job prospects here. "If you're calling me to ask if you can stay here while you look for a job and get on your feet, I'm going to strongly encourage you not to come to Bend," he said.

But Clouart also understands Bend's allure.

"Bend puts an incredible amount of money into selling itself as this beautiful oasis," he said. "Good schools, great parks, lovely weather, great people... Economically, [many] people aren't making it, so a lot of them are saying, 'If I can't make much money, I may as well live in a nice place.'"

Mike Riley, the executive director of The Environmental Center, a local nonprofit, said that last summer's record-breaking number of tourist arrivals made many Bendites uncomfortable.

"A lot of people were saying, 'Do we really need to keep promoting ourselves this much?'" said Riley, who has lived in Bend for nearly twenty years. "Between our population growth and the record tourist season, it felt like the city was bursting at the seams. The trails and the roads were full. We were starting to see signs of people loving nature to death here."

Paradise Found?

Looking out over the lush, well-manicured grounds of the Bend Golf & Country Club from its Cascade dining room, filled with affable newcomers on a crisp early spring morning, it isn't hard to believe you've found a kind of Valhalla. Longtime members and recent additions to Bend's Newcomer's Club gathered for a luncheon and talk about Lewis' and Clark's Corps of Discovery expedition.

Dawn Howard (from Vacaville, California) and Jill Martin (from Arlington, Virginia) each moved to Bend about a year

"We had no idea how hard it was to find a place to live here. Now we know the real situation."

“There’s more culture here now. But I think Bend was better when I first came here. I think we need to cut off the population. I don’t know what else we can do.”



ago. Howard and Martin both said that Bend had a better quality of life and, critically, a lot less traffic than where they came from. At the mention of traffic, Linda Dykwel, who came to Bend from the Napa Valley in 1995, grew animated. (The Newcomer’s Club doesn’t kick out members no matter how long they’ve lived in Bend.)

“The traffic has gotten so much worse here that I just can’t stand it,” she said.

Surprised to hear a discordant note amid all the giddy praise for friendly, beautiful, It’s Always Sunny in Bend, Oregon, I asked if she liked Bend better now or when she first arrived.

“There’s more culture here now,” she said. “But I think Bend was better when I first came here. I think we need to cut off the population. I don’t know what else we can do.”

After Dykwel wandered off to mingle, a few newcomers encouraged me to disregard her complaints and focus on all the fun things their club does—luncheons, happy hours, book clubs and charity work. And indeed while most of the newcomers interviewed for this story had complaints about Bend—poor road maintenance, long winters, lack of choice in medical providers and so on—they also tended to agree that Bend’s positives outweigh the negatives.

Eric King, Bend’s City Manager, said that the city isn’t actively trying to encourage or discourage people from moving to the city. Instead, city planners are preparing for the population to rise to 115,063 by 2028, a number developed by their coordinated population forecast. UGB expansion will help, but he said that close to 70 percent of housing development will occur inside the existing UGB boundaries, and 35 percent of the new housing will be multi-family dwellings. King acknowledged that the housing crisis and growing traffic won’t be easy or cheap to solve.

“But if you want less traffic, there are huge costs to building new roads or widening roads,” he cautioned.

King said that the key to managing growth is getting citizens involved so they feel like they’re part of helping shape Bend’s future.

“There are a lot of cities around the world that are livable despite their size,” he said. “It’s not like once you get to a magic population number, the place is ruined.”

The Bend growth story is a quintessentially American tale. Growth presents challenges, but it’s hard not to feel optimistic about a place filled with so many people who weren’t satisfied with their quality of life elsewhere, and came here chasing a dream.

Bendites love their city with the kind of passion and intensity that takes time to ferment. Growth can create fears of unwelcome changes. But very few are giving up on Bend and voting with their feet. Even those who have faced the most adversity still said they’re glad they came to Bend.

Harley Slocum from Proud American Movers said he still loves Bend and doesn’t mind sharing the place with anyone else who shares his passion. And Robert Bojorcas, who hopes to find a job as a maintenance man, is sure his days at the Royal Gateway Motel are numbered.

“I’m optimistic,” said Bojorcas. “It’s beautiful. The people are nice. And it sounds like there’s a lotta new housing going up, so it won’t be long now before we get out of this place.”

Mike Riley thinks that the challenges Bend faces are far from insurmountable.

Newcomers can help be part of the solution, he said—perhaps by bringing ideas of how to get people out of their cars more.

“We might have to come to grips with the fact that it takes seven-eight minutes to get to the grocery store instead of five,” he said. “These are Bend, Oregon problems. Other places have it much worse. It’s still a pretty desirable place to be.”



Weekend
CAMPING

WARRIORS

FROM WALK-IN WILDERNESS TO FULL HOOK-UP RV CAMPING, CENTRAL OREGON HAS A MULTITUDE OF CAMPING DESTINATIONS. HERE ARE SIX MUST-SEE SITES THAT SUIT EVERY STYLE.

WRITTEN BY ERIC FLOWERS

GRAB THE KIDS

Car Camping

Car Camping. It's still a dirty word in some circles, usually predicated with some dubious claims of laziness. (Hint: there are no lazy people in Bend. And if there are, they aren't out camping.) Kids are also a convenient excuse. As in, "We used to backpack the (insert amazing, secluded wilderness area), but with the kids..."

The dirty little secret is that car camping is as American as the fastball and cherry pie. So let's stop making excuses as to why we loaded up the Subaru to overflow, brought two sets of everything and threw in the reclining chairs for good measure. Camping in style doesn't go out of style.

That isn't to say there isn't a time and place for a multiday backpacking trip subsisting on dehydrated food and filtered water, but let's give car camping its due. With that said, you could probably exhaust back issues of any camping-centric magazine looking for the perfect destination and not find a better basecamp than Bend. Local geography finds us perched on the edge of a mountain range and a desert that stretches to the Great Basin. It's not an exaggeration to say that you could stand atop Pilot Butte, survey the horizon and find a worthy destination in every direction. With so many options, here are a few recommendations to either add to your bucket list or keep in your regular rotation.

WILD & SCENIC CROOKED RIVER

Just a short forty-five-minute drive from most parts of Bend, it's easy to forget just what an amazing resource Central Oregon has in the Crooked River. One of two major tributaries to the Deschutes, including the Metolius, the Crooked River springs to life high in the Ochoco Mountains before turning northwest toward its intersection with the Deschutes at Crooked River Ranch. Before it gets there, it passes through a roughly fifteen-mile stretch below Prineville Reservoir that was designated as a Wild and Scenic waterway by Congress in 1988. Here the river twists through a rugged basalt canyon with soaring rimrock walls. The river dances along in riffles and pools beside the Crooked River highway, offering amazing access to this resource. Beginning at Big Bend, just below Bowman Dam, campgrounds sprout along the highway—tucked in groves of mature Ponderosa and juniper. Thanks to good fishing and great access, spots can be hard to come by in peak season, but those who arrive early are rewarded with a stunningly scenic backdrop for a weekend camping excursion.

"It's nice when you live in the city to get away from the stress and everything," said Melissa Byrne, who staked out a perfect spot below the iconic Chimney Rock on an early May weekend.

Byrne, 53, who works as a service contract manager, said she and her partner weren't headed anywhere in particular when they packed up their station wagon and loaded in their dog, George, an amiable Dachshund mix.

"We try not to go to the same place twice," she said. "We kind of go where we end up."

EAST AND PAULINA LAKES

While sometimes overlooked by locals, this popular destination draws visitors from around the Northwest and beyond—and for good reason. It's not every campground that's nestled in the belly of a dormant shield volcano, though you wouldn't really guess Newberry's cataclysmic history based on the serenity found there today. Thanks to restrictions on motorized recreation, the entire inner rim of the volcano is designated as a National Monument. It's easy to slip away from the sounds of the campground and escape for a quiet sunset. A year-round destination for some, thanks to extensive snowmobile and backcountry skiing opportunities, Newberry really comes alive in late spring when the road is finally cleared after a winter of accumulated snow. This opens up scores of small and large campsites that ring the two lakes located in the bowels of the volcano, a product of eons of snow and rain melt. In addition to world-class fishing (Paulina Lake yielded the state record brown trout), there are miles of shore hiking trails, as well as a popular trail around the entire crater rim that is a must for experienced mountain bikers. There are also DIY hot springs around the area that make for great soaking pools when dug out with a shovel. A pair of resorts (one on East Lake and one on Paulina) means you're in luck for last-minute supplies.



Belknap Hot Springs



Four Peaks Music Festival



(NOT) ROUGHING IT

Trailers & RV

Combine the fickle weather of the Northwest with the predictable unpredictability of mountain climates and you have a recipe for snow in July and frost on the ground before October. This can make for, well, challenging conditions to enjoy the great outdoors. Add in a few kids and overworked parents, and you've got a recipe for a camping disaster. It's probably no wonder that so many families have embraced a refined approach with the addition of travel trailers and, in some cases, motorhomes. But let's get this out of the way: No one wants to saddle up next to a rig with a generator running outside their tent door or wake up with a forty-foot coach parked in what was previously a view of the evening sunset. That being so, there's a time and place for trailers and motorhomes. Those who thumb their noses should try sleeping in a tent with a crying infant or spending a weekend huddled against an October winter storm with only a vinyl wall for insulation. Trust us. There's a better way.

Dave Naftalin was so smitten with camping and the outdoors as a kid growing up on the East Coast that he worked for a time as a park ranger as an adult. Like many children of the '90s his interests tended toward backcountry camping

and the exploration of remote places. But like others of his generation he got married, had kids and discovered that unlike his favorite mug, the kids didn't fit neatly in a backpack. There were other reasons, too, that led Naftalin and a friend to decide five years ago to split the cost of a second-hand motorhome. It was the convenience that finally led them to make the leap.

"The two factors were kids number one and wanting to go to Bachelor and camp every weekend of the winter if we wanted to with the kids," said Naftalin.

They also found that it came in handy at music festivals where a personal bathroom is a great alternative to porta potties and the attendant conditions.

While he readily admits that he and his wife don't fit the motorhome stereotype, it's a contradiction that they relish. These days he loves pulling up to a cavalcade of silver-haired motorhomes and watching the reaction as his kids burst forth like soda from a shaken bottle.

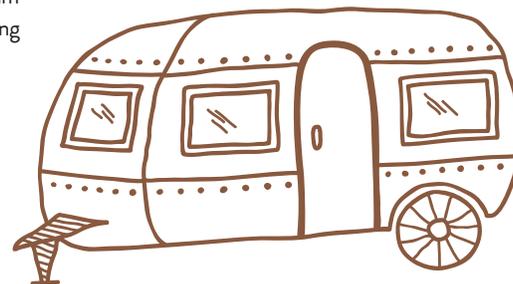
Depending on the weekend, the motorhome can be headed to mountain, coast or desert. Sometimes all three. There's always one common denominator, said Naftalin: "The family is in its most harmonious state in the camper."

COVE PALISADES STATE PARK

If you'd rather have the convenience of full-electric hook-ups, access to shower facilities and other amenities but don't want to sacrifice the sunsets, look north to the Cove Palisades State Park where more than 150 full RV slots are split between two campgrounds. You won't be lacking for creature comforts but there are also opportunities for hiking and bird watching, including the annual Eagle Watch event in February that draws hundreds of birders and raptors alike. There is also ample access to Lake Billy Chinook, the expansive reservoir that lies behind the Pelton Round-Butte Dam complex at the confluence of the Deschutes, Metolius and Crooked rivers. Whether it's fishing, pleasure boating or wakeboarding and tubing, there are plenty of ways to whittle the day away on the water. Boat rentals are offered at the marina on an hourly and daily basis.

WALTON LAKE

While most National Forest campgrounds are suited to accommodate RV's and travel trailers, some are better equipped to accommodate larger vehicles. Walton Lake is one of those destinations. Several years ago the campground received a makeover to make it more accommodating for these visitors. Today the cozy campground in the Ochocos has twenty-one sites set up for RV's and trailers. The campground offers easy access to its namesake waterbody, a small lake that is stocked with trout and includes a beach for summertime frolicking. There are also nearby hiking trails, including a loop at Walton Lake and the multi-use Round Mountain Trail.



PHOTOS THIS PAGE: JON TAPPER, FACING PAGE: MIKE HOUSKA



Crooked River



Central Oregon Cascades



PACK IT IN *Backcountry*

We may not have the peaks of Yosemite or the grizzlies of Glacier, but Central Oregon is a perfect launching point for countless backcountry camping adventures. From subalpine lakes ringing the Three Sisters to the novelty of paddle-in camping at Sparks Lake, there is a backcountry itinerary for anyone who has a passion for exploration. Here is a short list of overnight backcountry trips that offer a taste of what the region offers.

MT. JEFFERSON WILDERNESS

Just beyond the faux-Western storefronts of Sisters lie more than 100,000 acres of federally designated wilderness with the majestic Mt. Jefferson at its heart. More than 100 alpine lakes, many of them stocked with trout, dot the landscape. Almost 200 miles of trails offer untold opportunities for exploration. Depending on the time of year, don't be surprised if you encounter hikers passing through on an epic quest to complete the 1,000-mile Pacific Crest Trail. Some forty miles of it wind through the Mt. Jefferson Wilderness. In terms of breathtaking terrain and diversity, it's hard to beat the area. However, it's also heavily trafficked. So much so that the Forest Service has moved to a limited entry permit system at many of the most popular areas, including Jefferson Park and the Pamela Lake areas.

"Because Mt. Jefferson is located between major populations in the valley and Bend, Redmond and Sisters, it is very highly used. You will see a lot of people. If solitude is what you're looking for, it's probably not the place to go," said Brad Peterson, wilderness manager for the Willamette National Forest. "That being said, it does have some amazingly unique characteristics that you won't see a lot of in other places."

Two such characteristics include the park's eponymous peak, the second highest in the state of Oregon, and areas that are recovering from recent wildfires and offer a glimpse into how healthy ecosystems rejuvenate.

THREE SISTERS WILDERNESS & CASCADE LAKES

Myriad options greet explorers of this expansive wilderness area just minutes from Bend. This is also the place where many families choose to embark on their first tentative steps into the backcountry with younger children. (It's easier to be ambitious when your safety is a home or hotel less than an hour away.) Chad Lowe and wife Sarah Durfee made their first foray about four years ago, on an overnight trip to Todd Lake with son Ethan, then 5 and daughter Zoe, then 3.

"They carried in their stuffed animals," recalled Lowe, an assistant principal at Redmond High School.

Since then it's become an annual outing, usually involving other families.

"We try to pick a new spot every year and we go with two other families. They have kids around the same age. So our range expands a little every year (as the kids grow older)," said Lowe.

While the Cascade Lakes Highway opens beyond Mt. Bachelor around Memorial Day, it can be weeks before some of the area's high country is accessible. Once the snow recedes, it opens hundreds of miles of trails and backcountry exploration options. Hikes through dense stands of hemlock and Doug fir lead to hidden waterfalls and shimmering alpine lakes tucked in the shoulders of the surrounding hillsides. Similar to Jefferson, this is a highly-trafficked area and is particularly vulnerable to human impacts. Respect the leave no trace ethos and familiarize yourself with all local regulations, including fire regulations and camping restrictions. 🌲

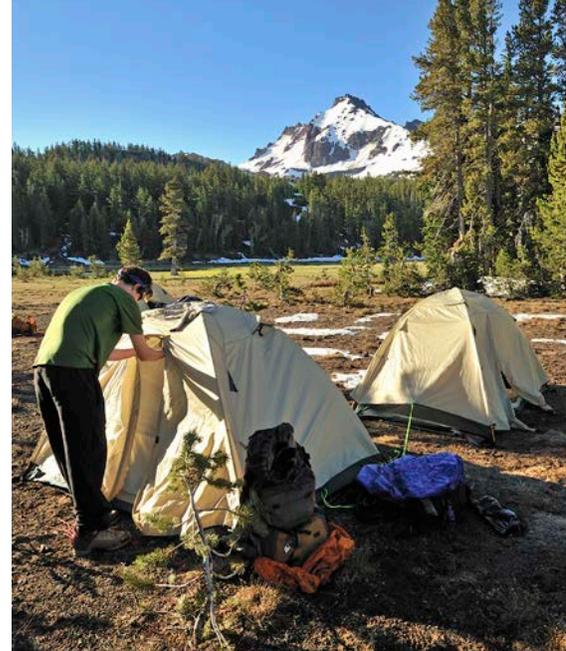
Broken Top



Central Oregon Cascades



Sisters Wilderness



MUST-HAVE PRODUCTS FOR THIS YEAR'S SUMMER CAMPING SEASON

Source: Kevin Ganey, Mountain Supply

Alite Designs Mayfly Camping Chair

After hiking along the trail and reaching your favorite Cascade Lakes oasis, pull out your lightweight Alite camping chair to rest, then relax and take in the beautiful mountain views. It packs small and is light enough for any outdoor adventure. \$99

Osprey Manta AG 28 or W's Mira AG 28 Hydration Hiking Pack

The new "anti-gravity" hydration series of Osprey packs is a perfect option for that Green Lakes day hike or South Sister summit trek. It's the most comfortable hydration hiking pack that fits everything you need without slowing you down. \$165

Black Diamond Moji Charging Station Lantern

The perfect "one solution" for camping in style, and staying charged while doing so. It doubles as a lantern while you're cooking dinner in the dark, or dim it down for inside-the-tent card games. It also charges your camera, phone or other USB chargeable devices so you won't miss the next "sunset selfie." \$80

Eagles Nest Outfitters Double Nest Hammock

There is not a more perfect Oregon campsite accessory than a perfectly pitched hammock! These ENO hammocks can go everywhere you go and provide that perfect siesta or shared backcountry moment with a special someone. \$70

Essential Wipes

Say bye to those nasty baby wipes, and say hello to these certified organic and ethically harvested bamboo wipes! Made locally in Ashland, Oregon and soaked with essential oils, these are the perfect "game changer" for around camp when a little refresh, cleanse or soothing is needed. \$5



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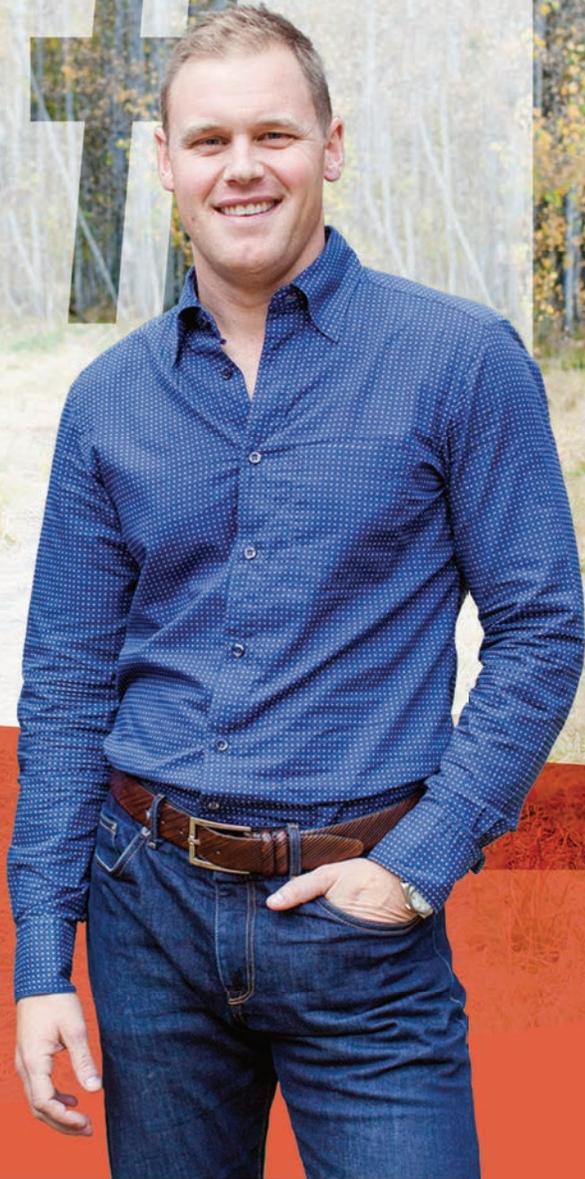
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Around *the* Bend arts

ARTS + EVENTS + DATEBOOK + MUSIC + THEATER + EXHIBITS



STITCHCRAFT

sisters *Sisters Quilt Show*

Fifty states and twenty-seven countries sent visitors to the Sisters Outdoor Quilt Show (SOQS) last year. Kathy Miller, a volunteer co-chair of the quilt show's Wish Upon a Card fabric postcard fundraiser project, which benefits the SOQS visual arts and design scholarship fund, made it her goal to meet anyone she heard speaking with a foreign accent. She said that a surprising number of them were attending their second show over the past decade.

"After seeing the phenomenon, they decided it was a "bucket list" item to have their own quilt hang in the show," said Miller. "Can you imagine? Each and every one of them made the trip back to have their quilt hang in the show. A worthy life goal, indeed."

Miller is particularly looking forward to the modern quilt guild and the Quilters Affair instructors at the teacher's tent. The Men Behind the Quilts calendar tops her list of purchases—though a new piece of fabric for the stash (what quilters call their fabric reserves) from the Stitchin' Post is every quilter's joy.

More than 1,200 quilts will be hung at this year's show. "I always look forward to and get an amazing feeling when I look down Cascade Avenue on Quilt Show Day and see the thousands and thousands of happy folks enjoying the beautiful quilts," said Miller.

■ theater

A Chorus Line Kicks Off Marquee Series



IN A CLASSIC CASE of art imitating art, the Broadway musical *A Chorus Line* opens with auditions for a Broadway musical. “The show is really about life and life’s pursuits—the dancer who needs a job to feed her family or a real estate agent who has to sell a house to pay his bills,” said David Simpson of Shore Thing Productions Theatrical, which is producing *A Chorus Line* at the Tower Theatre, September 16 to 25 (dark on Monday and Tuesday).

The original New York production opened on Broadway in 1975, was performed more than 6,000 times and became a beloved and timeless American musical classic. It won nine Tony Awards and the 1976 Pulitzer Prize for drama. When it takes the stage in Bend, it will be part of the Tower’s Marquee Series which showcases local theater and a Central Oregon cast. *A Chorus Line* was based on the true life experiences of people who told their stories to Michael Bennett, a New York City dancer and choreographer who directed the Broadway show. Those real stories were blended with fictional writing to create the hybrid story that became *A Chorus Line*. The show revolves around seventeen dancers who tell their poignant, sometimes funny stories during tryouts. The opening song, “I Hope I Get It,” speaks to everyone’s hearts and goals. “When you watch these people on stage, you believe them and can feel the passion and sacrifice of performing,” Simpson said. “It’s inspirational and personal.” The local production is being directed by Michael Heaton, with choreography by Michelle Mejaski. Central Oregon Symphony maestro Michael Gesme will conduct a nineteen-piece orchestra. “The singing, dancing and costumes will make it a wonderful show,” Simpson said. “We hope the audience leaves the show touched and inspired to pursue their dreams.” - *Lee Lewis Husk*

■■■■ A CHORUS LINE | September 16-25 (dark on September 19 and 20) | TOWERTHEATRE.ORG

■ live shows

JULY

- 5 Neko Case / k.d. Lang / Laura Veirs
| Athletic Club of Bend
- 8 Buckethead | Tower Theatre
- 11 Judy Collins | Tower Theatre
- 20 Grace Potter | Century Center

AUGUST

- 5 Brandi Carlile | Les Schwab Amphitheater
- 9 Jackson Browne | Les Schwab Amphitheater
- 11 Michael Franti and Spearhead
| Les Schwab Amphitheater
- 12 Huey Lewis and the News
| Les Schwab Amphitheater
- 21 Trampled by Turtles and Lord Huron
| Athletic Club of Bend
- 31 Steve Miller Band | Les Schwab Amphitheater

SEPTEMBER

- 1 George Winston | Tower Theatre
- 3 Needtobreathe | Les Schwab Amphitheater
- 8 Jake Simabukuro | Tower Theatre
- 13 Tedeschi Trucks Band | Athletic Club of Bend

■ music

Sisters Folk Festival Performers Homeward Bound

WHEN SLATER SMITH, founder of the indie-folk-rock band Weather Machine, and singer-songwriter Laura Curtis take the stage at this year’s Sisters Folk Festival, they’ll be returning to the place that launched their musical careers. Both are graduates of Sisters High School and the Americana Project, a collaboration of the festival, the Sisters School District and Creative Educational Resources which fosters musicianship, songwriting and leadership.

They prove that the tiny desert town with a major American roots festival has the heft to lift young musicians to prominence. Smith’s band recently toured in Europe and opened in December for Alabama Shakes to a sold-out crowd of 1,600 at Portland’s McMenamins Crystal Ballroom. “It was really cool, a life-changing milestone,” said Slater, noting they performed a song he wrote during the

Americana Project years. The band’s latest album is *Peach*.

Curtis had the rare opportunity to connect with critically-acclaimed folk singer Amy Speace, who invited Curtis to her home in Nashville, Tennessee. Curtis said the nine months she spent in Nashville were “incredible,” but she missed the Northwest and moved to Portland—where she continues to write songs, sing, play acoustic guitar and perform with other musicians. In 2015, she released a new album, *When the Dust Settles*.

The festival runs September 9, 10, and 11, and presents more than forty acts from across North America on eleven stages. Festival goers can catch The Weather Machine, Curtis and other alumni of the Americana Project on Saturday at Fir Street Park on the Americana stage.

- *Lee Lewis Husk*



James McMurtry at Sisters Folk Festival

BOTTOM PHOTO: JON TAPPER



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SUSANNE
KIBAK
REDFIELD



MEET THE ARTIST

Susanne Kibak Redfield

From mainstream to main street, this Sisters artist rose to commercial success before returning her brand and designs to a small-town scale.

WRITTEN BY LEE LEWIS HUSK

Decorative, hand-painted tiles have formed the backslash of Susanne Redfield's life for the past thirty-five years. Among her professional successes was the time she made tiles for White House holiday decorations. She ran a commercial and custom tile factory from Redmond. She hobnobbed with the country's best interior designers and sold a line of hand-painted ceramic tiles through Ann Sacks Tile & Stone, a Portland-born company. When Ann Sacks

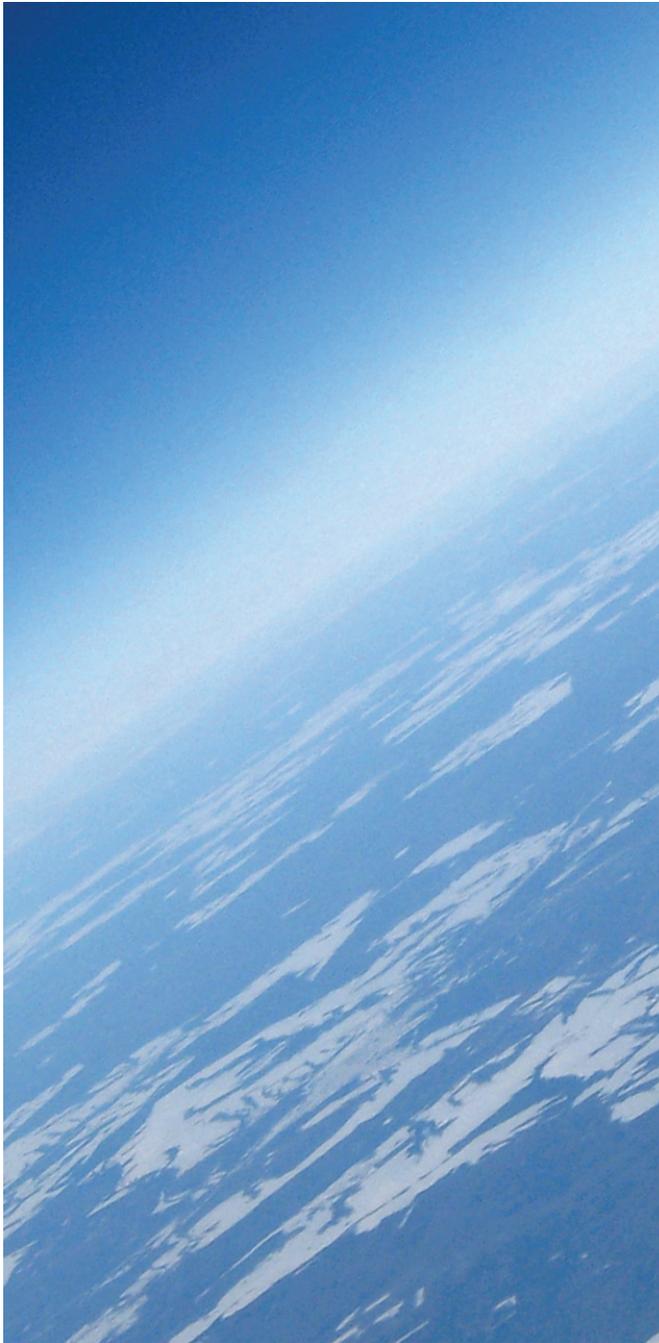
sold her business to Kohler (of plumbing fame), Redfield's tiles got fired into prime time, appearing in twenty-three showrooms from New York to Los Angeles and London.

All this success happened from Sisters, where Redfield has lived since the early 1980s. "It's been fun to do what I've done from this little town," she said. "I didn't have to live in New York to access the markets."

Redfield earned a degree in ceramic arts from the University of California

PHOTOS TALIA GALVIN





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❖ Santa Cruz and began as many fledgling artists do—selling the product of her craft at Saturday markets. Her work caught the eye of a local contractor and interior designer who commissioned murals for kitchens and baths in Black Butte Ranch.

“I love the utility of tile,” she said. “It is a building material everyone needs, but it is a constant challenge to make an everyday item transcend the mundane and really become an inspirational surface that lifts the spirit.”

As commissions poured in, Redfield opened Kibak Tile to manufacture hand-painted tiles. In 1996, the factory moved into an industrial space in Redmond where Kibak made high-end tiles for everything from pools to restaurants.

By 2013, Redfield was ready to downsize. She sold the factory to a California company and repurposed her energies toward opening Studio Redfield on Hood Street in Sisters in 2014. The space is part gallery, part studio, part retail store. It’s a place where local artists and crafts-people can showcase and sell their work—from husband Randy Redfield’s contemporary paintings and

Kathy Deggendorfer’s folk art to hand-carved wood pieces, tribal art, jewelry and even her mom’s hand-knit baby sweaters.

Redfield is looking forward to collaborating with companies such as California-based Fireclay Tile, which recently launched a hand-painted collection of Redfield’s designs. Instead of selling out of a showroom, the company sells factory direct to consumers, she said, allowing her to focus exclusively on design. For production with non-Fireclay products, Redfield is doing research and development on new patterns and glazes with an Arizona factory that has cutting-edge tile-making capabilities. From her small studio on Hood Street, she hopes to launch other national accounts.

“I never thought of myself as an artist in the classic sense,” she said. “I think of myself more as a designer in the same vein as furniture or fabric print designers. The challenge is to design something unique but livable, something lasting and not trendy.” 🍷

I love the utility of tile. It is a building material everyone needs, but it is a constant challenge to make an everyday item transcend the mundane and really become an inspirational surface that lifts the spirit.



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Caregiver team members: Robyn & Karen

Around the Bend ■ *datebook*



ARTSPACE

Mastery on Display at Art in the High Desert

RACK THE KAYAK OR BIKE, drain the pale ale and take time to bolster your art IQ at one of Bend's lesser known, but also celebrated, summer shows. The ninth annual Art in the High Desert Show and Sale, August 26 to 28, will stake claim to the banks of the Deschutes River in the Old Mill District and is one of the country's best outdoor contemporary art shows.

Meander among the 115 North American artists who competed for a coveted spot in this juried show that drew 569 entries. "We select a different jury each year, and each juror is blind to the artist's name or location, ensuring that the show is all about the quality of work," said Carla Fox, show director and co-founder with her husband, Dave. Jurors are instructed to look for artists who have clarity of purpose, good methodology and uniqueness of the work. "If an artist gets into the show, it means their art is fabulous," Carla said. Among this year's successful entrants, forty-four are Oregonians, including twelve from Central Oregon.

Fifteen categories of art—painting, photography, jewelry, ceramics, clothing and purses, sculpture, fiber arts, metal work and more—are represented. Artists must be in attendance, which offers the public an ideal opportunity to mingle with them, ask questions and of course, buy art. "If you're a collector, come Friday when the show opens," Dave advised. Part of the show's appeal for artists is the high number of sales, ranking it among the top twenty-five shows in the nation, according to the Foxes. They point out that the festival draws all sorts of people of different income levels with affordable art for most budgets.

Admission is free but no pets, please. - *Lee Lewis Husk*

■■■■■ ART IN THE HIGH DESERT | August 26-28

Bend

SUMMER FESTIVAL

7/8-7/10 Downtown Bend's largest festival is a mashup of local and national music acts, artisan booths and booze. There is plenty of kid-friendly play, too—with an entire street dedicated to family fun. *Free. Downtown Bend.*

OREGON HIGH DESERT CLASSICS

7/19-7/24 & 7/27-7/31 J Bar J Youth Services' annual fundraiser brings 600-plus horses and three times that many riders to the most elite and picturesque jumping event in Central Oregon. *Free. J Bar J Ranch.*

BALLOONS OVER BEND

7/22-7/24 Humanity's obsession with flying has never been more colorful. Hot air balloons will lift into Bend's clear skies, enchanting kids and parents alike. *Free. Locations vary.*

BEND BREWFEST

8/18-8/20 Located by the Deschutes River, the brewfest makes barhopping a low-impact sport. Stroll from one tent to the next all weekend long and you still won't come close to tasting a frothy beer from each brewery. *Free. Les Schwab Amphitheater.*

THE LITTLE WOODY

9/2-9/3 When barrel-aged beer, whiskey and cider all coincide at one festival, the recipe equals success. Three Little Woody festivals now happen in Oregon, but the brilliance all started in Bend. \$15 - \$35. *Deschutes Historical Museum.*

BEND OKTOBERFEST

9/16-9/17 Downtown Bend gets a Bavarian influx for the local version of the beer-centric celebration. Think wiener dog races, hammerschlagen and grown-ups on tricycles. *Free. Downtown Bend.*

La Pine

LA PINE FRONTIER DAYS

7/1-7/4 Four days of community fun culminate in an Independence Day parade and feature food, music, craft shows and several signature competitions, including iconic lawnmower races and best legs competition (males only). *Free. La Pine Community Center.*

NEWBERRY MUSIC & ARTS FESTIVAL

7/21-7/24 This genre-bending, multi-day music event features local and national performers. The blend of rock, country, folk and blues musicians is as diverse as the festival's namesake region in Deschutes County. \$75. *Diamondstone Guest Lodges.*



NEW EXHIBIT

Opens June 4

SMOKE JUMPERS

Firefighters *from the Sky*



Made possible by Pacific Northwest Forest Service Association and 1859 Oregon's Magazine

With support from James F. and Marion L. Miller Foundation

Smokejumper: Firefighters from the Sky was developed by the Springfield Museum in cooperation with the National Smokejumper Association.

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Around the Bend ■ *datebook*



CLASSES

Glass Gatherings Fuse Art and Community

"GATHERING PEOPLE TOGETHER. To gather glass together. To create beautiful fused glass art." That's the motto of Julia Christoferson, owner of Glass Gatherings of Bend and a self-taught artist.

"While I really enjoy making my own fused glass art, it is bringing this creative art medium to other interested people that inspires me the most," said Christoferson, originally an elementary school teacher. Today she applies her teaching skills and passion for fused glass to teaching adults and children at the Art Station in the Old Mill District.

"Julia is talented, and her students love her," said Deborah Allen, Interim Executive Director, Arts Central (the nonprofit that runs the Art Station).

Fused glass differs from both blown and stained glass art. Fused glass art is made by placing glass pieces together and melting them at high temperatures in a kiln. Unlike blown glass or stained glass, students can master the basics in a short time.

This fall, Christoferson will teach two classes at the Art Station: fused glass fundamentals and glass jewelry. In the fundamentals class, students will learn the basic science of fused glass, such as the surface tension of molten glass, the process of fusing and slumping (shaping pieces of glass over a rigid form) and the raw materials necessary for making fused glass. The jewelry class features dichroic (two color) glass for making beautiful jewelry for personal use or holiday gift giving.

Once students have been introduced to the basics, Saturday open studios at the Art Station are a perfect way for people to "come create to their heart's content," she said.
- Lee Lewis Husk

ART STATION | Fall sessions | ARTSCENTRALOREGON.ORG

Sunriver

SUNRIVER MUSIC FESTIVAL

8/7-8/18 Roll over, Beethoven. This long-running classical musical festival spans three string-filled weeks in idyllic Sunriver. The festival is highlighted by a series of four concerts (one of which occurs at Bend's Tower Theatre) as well as recitals, workshops and a family concert. \$10 - \$70. Locations vary.

Sisters

GLORY DAZE CAR SHOW

7/16 Whether it's a '65 Mustang or a chop shop street rod that you seek, you'll find it at this gathering of all things gasoline. Enjoy a variety of categories for cars of all makes and styles. Free. Downtown.

Redmond

OLD FASHIONED 4TH OF JULY FESTIVAL

7/4 This family-friendly Independence Day celebration includes scores of kids' activities, including a zip line, pony rides, archery and a climbing wall. Food concessions and a beer garden. Free. Deschutes Fair and Expo Center.

DESCHUTES COUNTY FAIR & RODEO

8/3-8/7 The annual celebration of all things Central Oregon includes tons of children's activities and plenty of diversions for adults. This year's concert series includes country star Trace Lawrence, Jakob Dylan's Wallflowers and '90s rockers Queensryche. \$7 - \$12. Deschutes Fair and Expo Center.

Madras

THE AIRSHOW OF THE CASCADES

8/26-8/27 Helicopter rides, WWII-era warplanes and stunt performers are among the attractions at this annual event at the Madras airfield. The day of aerial displays caps off with live music and a nighttime fireworks display. \$15 - \$40. Madras Airport.

Prineville

CROOKED RIVER ROUNDUP HORSE RACES

7/13-7/16 The second of Central Oregon's major summer rodeos, the Crooked River Roundup also features four nights of live horse races with on-track betting. \$10 - \$18. Crook County Fairgrounds.

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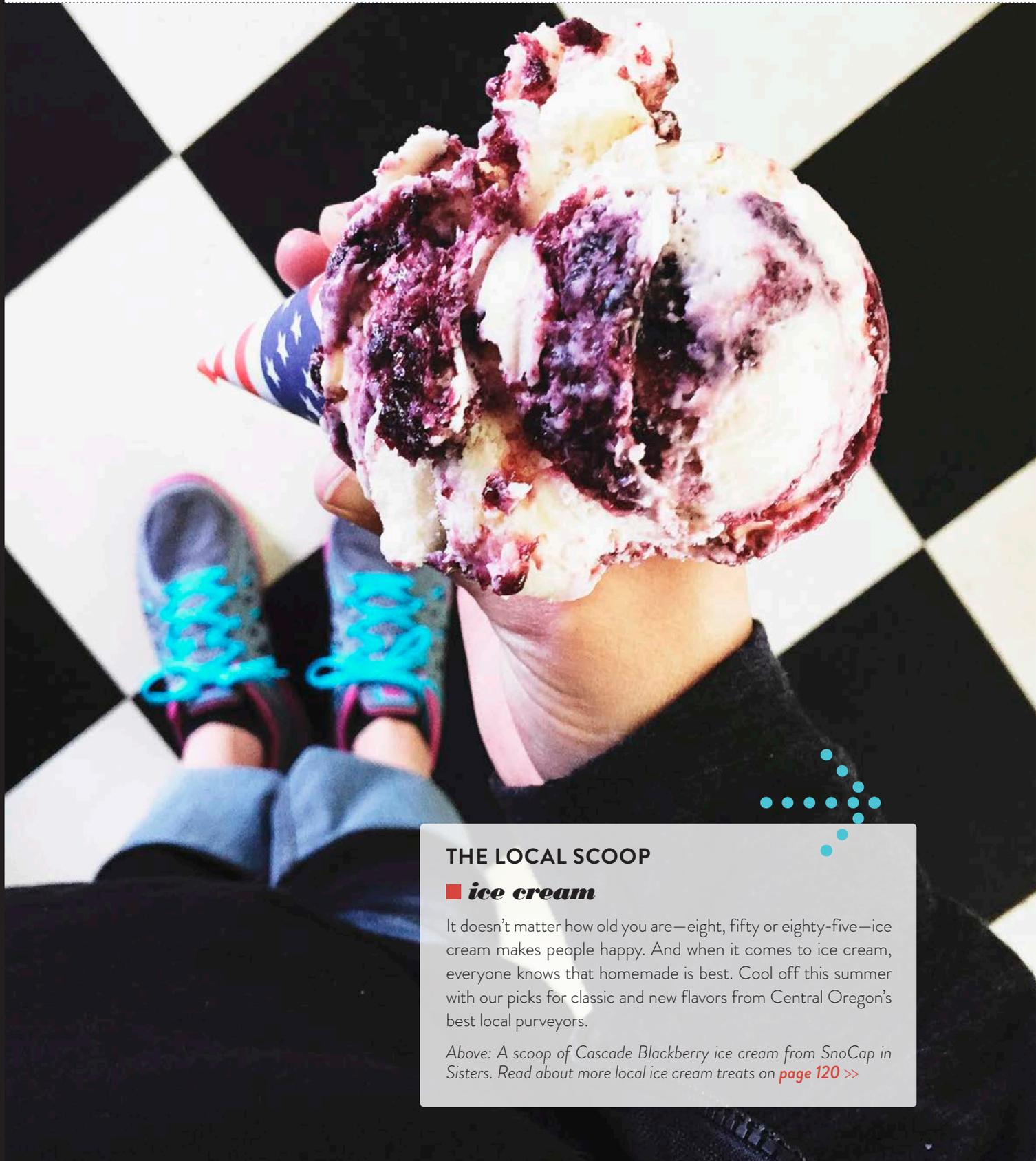


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Palate *food & drink*

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THE LOCAL SCOOP

ice cream

It doesn't matter how old you are—eight, fifty or eighty-five—ice cream makes people happy. And when it comes to ice cream, everyone knows that homemade is best. Cool off this summer with our picks for classic and new flavors from Central Oregon's best local purveyors.

Above: A scoop of Cascade Blackberry ice cream from SnoCap in Sisters. Read about more local ice cream treats on [page 120 >>](#)



■ **beverages**



Raise Your Glass

Oregon Spirit Distillers was awarded two “double gold” medals for its Otto's Weber Wheat Whiskey and J. Becher American Rye Whiskey at the San Francisco World Spirits Competition, which drew distilleries from around the world. The Bend-based distillery makes all its spirits on site at its First Street location and prides itself on using Oregon-grown ingredients. OREGONSPIRITDISTILLERS.COM

Finalists from Central Oregon held their own at the World Beer Cup in Philadelphia, where more than 1,000 breweries competed for honors in ninety-six categories. Three local breweries were awarded gold: **Bend Brewing Company** (BENDBREWINGCO.COM) took the top spot in the German-style sour ales category for

its Volkssekt Berliner Weisse; **Sunriver Brewing Co.** (SUNRIVERBREWINGCOMPANY.COM) was awarded the top spot for its Fuzztail beer; and **10 Barrel** (10BARREL.COM) took gold in the Other Strong Beer Category for its Brilliant brew.

At the other end of the beverage spectrum, Redmond's **Eberhard's Dairy** took first place in the buttermilk and “fluid milk” categories at the 2016 Oregon Dairy Industries Convention, held in Salem. The company was also named as a national-level finalist in the categories for cultured products, ice cream and plant assessment at the dairy industry's member-owned Quality Checkd Dairies, Inc. QCS Leadership Conference in Indianapolis. It took home honorable mentions for its ice cream and sour cream.

■ **farm**

Farmers' Markets

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Bend Farmers' Market

Wednesdays: Brooks Alley (downtown) | through October 12, 3–7 p.m.
Fridays: Mountain View High School | through August 19, 2–6 p.m.

Northwest Crossing

Saturdays: Northwest Crossing Dr., Bend | through mid-September, 10 a.m. – 2 p.m.

Madras Saturday Market

Sahalee Park | through September 17 (except August 5), 9 a.m. – 2 p.m.

Redmond Farmers' Market

Tuesdays: Centennial Park | through September, 3–6 p.m.

Sisters Farmers' Market

Fridays: Cascade Avenue (downtown) | through September, 2–5 p.m.

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■ **dining**



Permanent Nest

The recent opening of the Brown Owl was a long time coming for owner Lisandro Ramos. He made the transition from temporary meals on wheels at The Lot to a permanent location in the Box Factory mall on Colorado. (The latter was recently known as the Old Mill Marketplace.) In a twist on the usual arrangement, Ramos maintains the food truck as his kitchen, while the new indoor space has community-style tables and chairs, and a full bar with fourteen taps. Whatever the configuration, diners can still enjoy the same locally-sourced burgers that were sold from the food cart. Open Tuesday through Sunday 11 a.m. to 11 p.m., with live music on Sunday afternoons.

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For six months of the year, dining on the slopes of Mt. Bachelor typically entails handwarmers, hot chocolate and chili cheese fries, but summertime takes Mt. Bachelor cuisine to new heights. On weekends, guests can ride the chairlift up to the mid-mountain Pine Marten Lodge for dinner and a sunset at 7,800 feet, with stunning views of nearby Broken Top and South and Middle Sisters.

“The drive up to the mountain is beautiful and the chairlift ride up to the restaurant is thrilling—especially for those who normally don’t ski, it’s an amazing experience,” said Mt. Bachelor’s hospitality director, Chas Savage.

Started in 2009, the first sunset dinners on the mountain were originally served on Labor Day weekend. They became so popular that Mt. Bachelor staff extended the service through summer, starting in early July. Food is served buffet-style, with a different theme each week. After dinner, guests gather out on the deck for sunset and linger until twilight, then ride the chairlift down (blankets provided on chilly nights). This year, the lift ticket is included in the price, with beer



Dinner with a View

Sunset dinners serve up one of Central Oregon’s best-kept summer secrets.

and wine tasting as well as live music scheduled throughout the summer.

This year also brings a fixed price menu. For \$39 to \$49 guests can feast on fare centered around rotating themes. Currently planned themes include Tuscan, American barbecue, Hawaiian and seafood, all served at one of the highest elevations in the state.

During the day, the Pine Marten bar is open with limited lunch options at Scapolo’s, the lodge’s year-round restaurant. Stirling Cobb, Mt. Bachelor’s marketing director, said that dinners are diners’ favorite because the sunsets beat even the dessert.

“With the Sisters and Broken Top right in front of the lodge, at night it’s pretty special up there,” Cobb said. “It’s something that most people have never

seen, and coming down on the chairlift after dark is definitely one of the cooler things to experience at Bachelor in summer.”

- |||| Dinner Friday, Saturday and Sunday, starting at 5 p.m.
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SnoCap



Bontà

ADDY MAC'S

Follow your nose at the farmers' market in Northwest Crossing and chances are you'll end up at Addy Mac's with a freshly-made waffle cone in hand. Three years ago, Justin and Jessica Scott moved to Bend from Portland and started making homemade ice cream, incorporating hometown flavors with ingredients such as Silver Moon beer, Humm Kombucha and Backporch Coffee.

"There are so many great chefs and farmers in Central Oregon. The idea out of the gate was to collaborate," said Scott. "We wanted to take the stuff people love about Bend and put it in ice cream."

Purchasing an old dairy truck off of Craigslist, the couple named their new company after their daughters, Addison and MacKenzie, and started scooping at farmers' markets and events around town. Memorial Day through Labor Day, find their second truck parked at the Pine Shed. Try their newest flavor, "PBR"—aka peanut butter cup with Ritz crumble.

BONTÀ

Ten years ago, Juli and Jeff Labhart took a trip around the world and came back with a good taste in their mouth.

"We'd had gelato before but this was knock-your-socks-off gelato," said Juli. "As we were travelling, the word 'goodness' just kept coming to me—what's good, what's real and wholesome. That's how we should eat."

The couple came home, took creamery courses and in 2011, Bontà was born. Meaning "goodness" in Italian, the company sold out on their first day at the Bite of Bend. Now they keep plenty in stock, serving eighteen flavors at their downtown scoop shop—as well as custom flavors for restaurants around town.

According to Juli, Bontà's flavors are inspired by everything, from smells to things she ate or customer suggestions. This summer, she recommends anything with fresh fruit. Get a little taste of Americana on Fourth of July with strawberry rhubarb or try the strawberry lemon basil that "tastes like summertime."

GOODY'S CHOCOLATES

Originally known for its fine chocolates, Goody's started churning its own ice cream in Sunriver in 1984 and now scoops out of three shops in Bend, with additional branches in Eugene and Idaho. Made in-store until 2007, Goody's ice cream now comes from the company's local factory to keep up with popular demand.

"Our ice cream is made with sixteen percent buttercream, so it's very rich," said co-owner Jvon Danforth. "The quality chocolate and ice cream—made right here in Bend—and the nostalgic setting keep people coming back."

This summer, Bendites can try one of sixteen flavors at the downtown store. Flavors include best-seller Oreo cookie and new flavors, such as butter brickle and "Oh No You Didn't," a caramel-based combo with coconut, chocolate chips and butterscotch chips, all drizzled with hot fudge.

ROCKHARD

When visiting Smith Rock State Park this summer, don't forget to bring ice cream money. For many climbers and families, the promise of huckleberry ice cream on the way out of the park has become part of the Smith Rock ritual, but be prepared—Rockhard's antique manual registers only take cash.

Owner Collin Day said that the store has been scooping huckleberry ice cream since his parents started it in 1966, back when it was still known as Juniper Junction.

In the 1980s, the store had a full soda fountain, but was most famous for its milkshakes. The park's soaring popularity (which has translated to a steady stream of business) convinced Day to pare the menu down to three classic flavors: chocolate, mountain blackberry and the best-seller, huckleberry.

SNOCAP

A Sisters staple since 1954, SnoCap owner Lacey Anderson said that the three secrets to the drive-in's success are tradition, curiosity and homemade ice cream.

"People who came as kids are now bringing their families," said Anderson, whose grandfather bought the SnoCap in 1978 and who grew up helping at the restaurant. She worked the counter throughout her high school years and recalls staying up late on summer nights to make ice cream with her grandfather.

"Newcomers see the long lines out the door when driving by and stop to check it out. It's simply iconic," Anderson said.

To accommodate long lines, the SnoCap churns out ice cream in three-gallon batches, using two vintage Taylor machines. The thirty-seven flavors include: Cascade blackberry, mint chocolate chip, German chocolate brownie and white chocolate raspberry cheesecake.



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Palate ■ dining guide



DISH Beef Tartare 900 Wall

AFTER A longer-than-expected forced closure due to a manufacturer's defect in plumbing, 900 Wall has reopened with a newly redesigned interior. "A three-week project turned into a six-month project," said executive chef Cliff Eslinger. Luckily, insurance allowed them to continue paying their staff, most of whom have stayed on for the reopening.

While the nearly 100-year-old building provides historical charm, it was difficult to keep warm on cold nights and was somewhat dim and noisy, due to the brick walls and exposed wood. Those troubles have been erased thanks to radiant floor heating, new lighting and sound dampening. "We've made a lot of changes in the infrastructure that people may not see, but will have a huge impact," explained Eslinger.

While patrons will notice an improved dining experience, the menu of this modern American restaurant in the heart of downtown Bend has remained mostly unchanged. "We've always done a fairly seasonal and locally-driven menu," said Eslinger. "We're reopening right as the produce season is starting, so we'll have a lot of produce, and we're continuing to offer locally-sourced meat. We source all wild fish (nothing farmed), and the beef is as local as possible."

To pull off a dish like beef tartare (\$14), the quality of the ingredients must be superb. 900 Wall has always sourced their meat from Imperial Stock Ranch in Shaniko. The melt-in-your-mouth goodness comes from finely hand-chopped, grass-fed, antibiotic-free, and hormone-free tenderloin mixed with herbs, Dijon mustard, and shallots—served alongside a horseradish gruyere custard, which Eslinger likens to a savory pot de crème. "You smear a little bit of the custard on a piece of crostini and pile the chopped beef on top," he said. "Ours is a little different than the classic preparation, where the beef is mixed with the egg yolk. We have the beef and herbs on one side of the plate and the custard is set aside, so you build each bite to your liking." -*Vanessa Salvia*

900 Wall | 900 NW Wall Street, Bend | 541.323.6295

KEY

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\$\$ moderate, \$10-25

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ARIANA FRENCH/AMERICAN

Above all, Ariana is known for consistently serving delicious gourmet food and providing a world-class restaurant atmosphere. You'll definitely want to make a reservation. 1304 NW Galveston Ave., 541.330.5539 🍷 ♿ \$\$\$\$

ARIANARESTAURANT.COM

NEW! 900 WALL AMERICAN

Okay, so it isn't new, but the newly revamped 900 Wall is back in action. This busy restaurant is perfect for someone looking for an upscale dining environment with good atmosphere. This is a top spot for a cocktail and small plate at happy hour. 900 NW Wall St., 541.323.6295 🍷 ♿ \$\$\$ 900WALL.COM

J DUB BAR/AMERICAN

The new ownership of the longtime bar location has finally turned the back patio into a nice location for a drink before dark. The menu has bar food done well. 932 NW Bond St., 541.797.6335 🍷 ♿ \$ JDUB.COM

KEBABA ETHNIC/MIDDLE EASTERN

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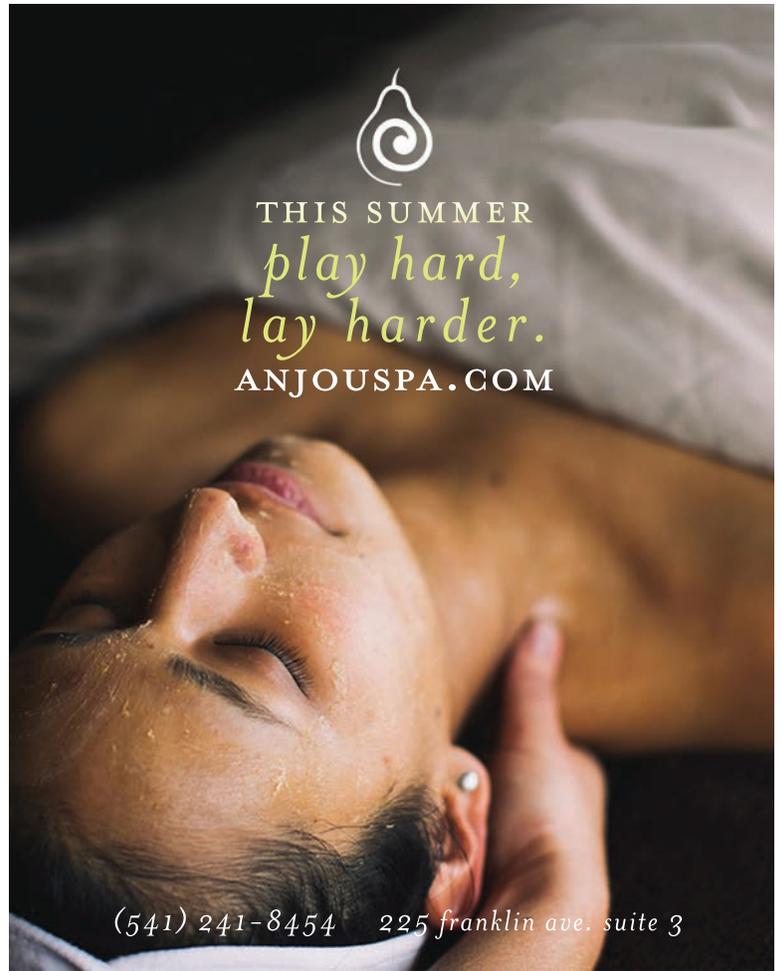
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Palate ■ dining guide



FARM Urban Bounty *Fields Farm*

TWO MILES SOUTHEAST of Pilot Butte, boxed in by housing developments, Fields Farm begins where the sidewalks end. In the midst of urban growth, the crops, hoop houses and little brown house draw a stark contrast.

For nearly thirty years, the ten-acre Fields Farm plot has yielded organic crops for a community that has grown up around it. It is one of the only working farms within the Bend city limits.

“We’re kind of like a frog in a pan of water on the stove—the town kind of blew up,” said Jim Fields of Bend’s expansion over the years. “We moved [here] thinking ‘maybe in-town is not for us,’ then all the acres around us sold to developers and the city moved out.”

When Jim and his wife Debbie bought the farm in 1987, Bend had a population of around 17,000. The couple, both working other jobs at the time, came up with the idea to buy acreage after gardening and composting in the backyard of their westside cottage. Two years later, they started a community-supported agriculture program with eight people. Today, their CSA provides vegetables and greens for more than sixty members, along with local farmers’ markets and half a dozen restaurants around town.

When asked how many kinds of crops they grow on the farm, Fields said he’s stopped counting. He described the CSA system like a magazine subscription, surprising members who sign up with different “articles,” ranging from asparagus to zucchini. Over time, the farm has remained organic and pesticide-free but Fields said some things have changed over the years, including an extended growing season with the building of greenhouses and improved soil that allows them to cultivate more plants in less space.

“The most effective way we’ve found to compost is using the waste hops from the breweries like Deschutes,” said Fields. “We used to do a mix with manure, but this works better and occasionally they’ll share a beer with you.”

Jim Fields said he grows more than just plants, as food cultivates community. Despite a small staff of three (Jim, Debbie and their friend Brian), the farmers still make time to host school trips for kids, and they keep their roadside farm stand stocked with veggies for anyone to stop and buy. According to Jim, it’s the giving back that keeps the neighbors from complaining about living next to a working farm and what motivates him to keep working with nature.

“The land doesn’t have to be farmed,” he said. “It could be growing houses, but we’ll stay around as long as we can.” —*Mary Hinds*

5 FUSION & SUSHI BAR **ASIAN FUSION**

Since opening, 5 Fusion & Sushi Bar has held a reputation as the best sushi place in Bend, but the menu doesn’t stop there. Their renowned chef creates gourmet twists on Asian and American fare. 821 NW Wall St., 541.323.2328
Y ♿ \$\$\$ 5FUSION.COM

CHOW BRUNCH

There is nearly always a wait, but there is always a bloody mary bar with housemade pickles. After you’ve had the best morning drink of your life, the food won’t disappoint. All fresh, mostly local ingredients are sourced with foodies in mind. You’ll just have to decide if you want to go sweet or savory. 1110 NW Newport Ave., 541.728.0256
Y ♿ \$\$ CHOWBEND.COM

CASCADE LAKES LODGE PUB

Eclectic Pacific Northwest pub grub is on the menu at this well-situated brewery at the bottom of the return from Mt. Bachelor. The Cowboy Up burger and salads are good pairings with Cascade Lakes brews. 1441 SW Chandler Ave., 541.388.4998 Y ♿ \$\$ CASCADELAKES.COM

KAYO'S DINNER HOUSE & LOUNGE

AMERICAN Chef Kayo is the star of the show for those in the know. He turns out roadhouse food with an unpretentious but decidedly fine twist. Thirty years of Kayo coming by diners’ tables is still a win. The bar happy hour goes until 7 p.m. Enough said. 415 NE Third St., 541.323.2520
Y ♿ \$\$ KAYOSDINNERHOUSE.NET

SPORK FUSION

Spork, a Bend food truck turned restaurant, is a hands-down local favorite. With bold flavors and intriguing spices, Spork elevates a fusion of Mexican, Asian and American cuisine to surprising heights. 937 NW Newport Ave., 541.390.0946 Y ♿ \$\$ SPORK.COM

ESTA BIEN MEXICAN

Now open for almost a year, Esta Bien is known as the best place to get authentic Mexican food in Bend. Frequent diners recommend the pork *pupusas*, made from a thick corn tortilla served with a blend of cheese, beans and meat. 304 SE 3rd St., 541.633.7696 Y \$\$\$ 541ESTABIEN.COM

PHỞ VIỆT AND CAFÉ VIETNAMESE

Authentic and with generous portion sizes, the classic dishes here are on par with any broth spot this side of the Pacific. 1326 NE 3rd St., 541.382.2929 Y \$\$\$ PHOVIETANDCAFE.COM





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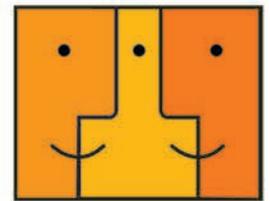
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Palate ■ dining guide



EAT Cheese Please *Newport Market Cheesemonger*

Fifteen percent of all cheese at Newport Avenue Market hails from the Northwest. The offerings include these three Oregon curds.

Rogue River Blue
Rogue Creamery, *Central Point*
Made from raw cow's milk and wrapped in pear brandy-soaked grape leaves, this creamy cheese was recently voted one of the top sixteen cheeses in the world in all varieties.

Adelle
Ancient Heritage Dairy, *Portland*
Originating in Madras, Ancient Heritage's soft-ripened, bloomy-rind cheese made from a cow-sheep milk blend placed second at the American Cheese Society (ACS) Judging & Competition.

Two-Year Extra Aged Cheddar
Face Rock Creamery, *Bandon*
In 2015, this sharp but smooth cheese took first place at the ACS Competition in the Aged Cheddar category.

LOVE GREAT CHEESE, but don't know how to shop for it? Meet Jeff Holden, Newport Avenue Market's resident cheese expert of eight years. Jeff knows cheese like a brewer knows beer. Most days you'll find him guiding customers through the market's many offerings. The cheese case is brimming with nearly two hundred types of fermented goodness from the best creameries around Oregon, the nation and the globe.

"If you don't know about cheese, it can look intimidating," Holden said. "It's like a wine list, so we let customers try lots of samples because every person likes different things."

Among other things, Holden can suggest some top seasonal varieties. Cheese crafted from the milk of cows fed on summer's fresh grass and flowers exudes earthy, straight-from-the-farm flavor.

"My favorite cheeses in summertime revolve around the fresh Oregon produce we start seeing. I really like Burrata and Bufala mozzarella for caprese salads," said Holden. "Oregon-made Rogue River blues are also great on any salad."

This summer, the market's cheese team plans to attend several national food shows and take a road trip to small dairies across Oregon where it will source artisan, hard-to-find cheeses. Next time you're on Newport Avenue and in need of last-minute foodstuff for a party, stop in and ask Jeff to introduce your palate to a few bite-size samples. —*Mary Hinds*

STIHL WHISKEY BAR *BAR, AMERICAN*

With the best selection of whiskey in Bend, Stihl is a place to find old-school atmosphere with quality food. Plus, its Irish coffees are served with homemade whipped cream—a warm way to end a night out in downtown Bend. 550 NW Franklin Ave., 541.383.8182 FIND ON FACEBOOK

EL SANCHO *MEXICAN*

At "The Shack," "The Shop," or "The Cart," you're bound to find a good taco—and the margarita to go with it—at El Sancho. 50 SW Division St. (west) 335 NE Dekalb Ave. (east) ELSANCHOBEND.COM

THE SPARROW BAKERY *BAKERY*

The original Sparrow Bakery, located in an impossibly charming building in the Old Ironworks district, is known for baking of the highest caliber. If you're looking for something savory and sweet, you'll want to try the Ocean Rolls. 50 SE Scott St., 541.330.6321 (east) 2748 NW Crossing Dr., 541.647.2323 (west) THESPARROWBAKERY.NET

NEW! BARRIO *SPANISH*

Now located in a larger space, complete with outdoor patio, Barrio is known for its refreshing and original cocktail menu and flavorful food. Food there is best eaten tapas style. 915 NW Wall St., 541.389.2025 BARRIO.COM

SUNNY YOGA KITCHEN *HEALTHY*

A yoga studio with a health food café? How could one place be more Bend? Sunny Yoga Kitchen is the place for great exercise and good food. 2748 NW Crossing Dr., #120, 541.678.3139 SUNNYYOGAKITCHEN.COM

DESCHUTES BREWERY *BREWERY*

With the founding of Deschutes Brewery in 1988, the Bend brewery boom began. After twenty years, the staple brewery is still known for great beer. The original pub in downtown recently underwent a major expansion and serves a solid menu that complements the beer. 1044 NW Bond St., 541.382.9242 DESCHUTESBREWERY.COM

NEW! SUNRIVER BREWING *BREWERY*

One of the most popular places to eat in the Sunriver Village, Sunriver Brewing Co. now has a second location on Bend's west side. With a full bar and award-winning brews, the patio is becoming a fast favorite of locals. Building #4, The Village at Sunriver, 541.593.3007 (Sunriver); 1005 NW Galveston Ave., 541.408.9377 SUNRIVERBREWINGCO.COM



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Palate ■ dining guide



DRINK

By now, kombucha has become so trendy that nearly everyone on the West Coast is familiar with this fermented tea, which provides a crisp tang that is said to mitigate digestive ills, energize the mind and support the immune system.

Slightly vinegary, kombucha lets you play with effervescent acidity and fruit flavors on top of the health benefits the beverage already provides. This makes it the perfect foil for nearly any spirit.

“Being a fermented beverage, kombucha is really able to complement a mixed drink, adding a fun, fizzy and nutritional aspect to your drinking,” said Tim Stanton, who handles Humm Kombucha’s sales and marketing. “We call it ‘detoxing while you retox.’ In addition, Humm has a ton of naturally occurring B-vitamins to help with the potential hangover the next day.”

Find recipes for cocktails and mocktails using Humm Kombucha on the company’s blog, or by visiting the taproom and picking up a cocktail card.

THE HUMM MANGORITA

- 1 ounce passion fruit pulp
- 1/2 ounce simple syrup
- 3 to 4 ounces mango passionfruit kombucha
- 1 shot good-quality tequila
- 1/2 lime, squeezed

Run a lime around the rim of your glass and dip it in 50/50 kosher salt and Tajin (chili lime salt). Combine ingredients and pour over ice.

ZYDECO AMERICAN

Years go by, and Zydeco still manages to crank out well-balanced dishes in a casual fine dining atmosphere. Loyal patrons rave and the downtown establishment is often tossed around in “best of” conversations. 919 NW Bond St., 541.312.2899 \$\$\$ ZYDECOKITCHEN.COM

BROKEN TOP BOTTLE SHOP

BREW PUB Making most entrées in both meat and vegan versions, this casual pub has drafts on tap, wine and way more than ninety-nine bottles of beer on the wall. A twelve-door cooler lines the room, stocking more than 400 varieties of beer, cider, sake, kombucha and old-time soda. 1470 Pence Ln., 541.728.0703 \$ BTBSBEND.COM

WILD ROSE THAI The specials available on the floor-to-ceiling chalkboard wall never change, but no one is complaining. Always busy, but rarely with a wait, Wild Rose executes authentic Thai dishes to great fanfare. In addition to the recognizable plates, the true Thai aficionado will appreciate seeing northern Thai curries and nam prik. 150 Oregon Ave., 541.382.0441 \$ WILDROSETHAI.COM

RAT HOLE BREW PUB Their beers tend toward the flavored and the sweeter variety, which is a nice break from other local breweries. The lemon wheat, vanilla porter and honey pale are all memorable. The southwest, scratch-made bent of the food menu is another pleasant departure from the norm—the housemade tortillas are top notch. 384 SW Upper Terrace Dr., 541.389.2739 \$ RATHOLEPUB.COM

CHANTRELLE AT PRONGHORN

NORTHWEST With the drive, it takes about a half an hour from Bend or Redmond until you are in the dining room at Pronghorn. The golf course and mountain views, the food, the service and the wine list make the trip more than worth your while. 65600 Pronghorn Club Drive, 541.693.5300 \$\$\$ PRONGHORNRESORT.COM

THE CAPITOL AMERICAN, BAR, VENUE

The downtown Bend basement bar is an urban-feeling throwback to a time when dresses flapped and bow ties reigned. Go for a meal, drinks or to groove on the dance floor. 190 NW Oregon Ave., 541.678.5740 \$\$ THECAPITOLBEND.COM

PIZZA MONDO PIZZA

Consistently great downtown pizza spot. A local favorite since 1998, with stellar combos and crispy crust. By-the-slice or takeout, lunch combos, beer and wine. 811 NW Wall St., 541.330.9030 \$ PIZZAMONDOBEND.COM

SUNRIVER

MARCELLO'S CUCINA ITALIANA ITALIAN

With an expansive menu of classic Italian dishes, the whole family will find something to enjoy here. For a break from the burger and bar scene, Marcello’s Cucina Italiana offers a casual setting with great cuisine in Sunriver. 57031 Ponderosa Rd., 541.593.8300 \$\$\$ MARCELLOS-SUNRIVER.NET

PANINI'S PIZZERIA PIZZA

For great, fast pizza in Sunriver, Panini’s Pizzeria is the place. They also offer a selection of sandwiches, soups and salads—all for reasonable prices. Building #18, The Village at Sunriver, 541.647.1051 \$ PANINISPIZZERIA.COM

VILLAGE BAR & GRILL AMERICAN

The Village Bar & Grill offers a wide range of menu items, satisfying almost any tastes. It has a great atmosphere and warm, friendly service. Building #7, The Village at Sunriver, 541.593.1100 \$\$ SUNRIVERVBAR.COM

PRINEVILLE

OCHOCO BREWING COMPANY PUB GRUB

It’s never too early for beer ... battered pancakes made with Prinetucky Pale Ale brewed a few feet from the kitchen. Stop by for breakfast lunch or dinner and don’t forget to bring your growler for a fill. 380 Main St., 541.233.0883 \$\$ FIND ON FACEBOOK

BARNEY PRINE'S STEAKHOUSE & SALOON STEAKHOUSE

Enjoy a grilled onion-topped charbroiled steak in a dining room decorated with artifacts that pay homage to Prineville’s wild West past. Named after the founder of the oldest community in Central Oregon, Barney Prine’s Steakhouse and Saloon offers an upscale dining experience with a rugged flare. 389 NW 4th St., 541.447.3333 \$\$\$ BARNEYPRINES.COM

CLUB PIONEER STEAKHOUSE

A town staple for more than seventy years, Club Pioneer is the type of place where the servers know their customers on a first-name basis. Sit down for a homestyle dining experience and devour a sizzling prime rib made with beef that grazed in the Northwest. 1851 NE 3rd St., 541.447.6177 \$\$\$ CLUBPIONEER.COM



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Palate ■ dining guide

SISTERS

THE OPEN DOOR **ITALIAN**

Combining an art gallery and a restaurant is not a new feat, but The Open Door does it well. The tiny dining room has the kind of charm and comfort that every restaurant dreams of, and their equally tiny menu delightfully executes its handful of Italian dishes. 303 W Hood Ave., 541.549.4994 **\$\$\$** OPENDOORWINEBAR.COM

COTTONWOOD CAFE **BRUNCH**

If your mantra on trips is “do as the locals do,” you’ll want to eat here. Don’t let the name confuse you. Formerly known as Jen’s Garden, the owners refocused and revamped their eatery last spring, transforming the space into a cozy café, with tons of charm and delicious breakfast scrambles, crêpes and sandwiches. Open Wednesday-Sunday. 403 E Hood Ave., 541.549.2699 **\$\$\$** INTIMATECOTTAGECUISINE.COM

LATIGO STEAKHOUSE

The plate acts as a canvas for the artistic presentation of “Upscale Ranch” food. Serving seasonal flavors with Pacific Northwest ingredients, Latigo’s tasteful dishes match the opulence of the exposed wood beam dining room. 370 E Cascade Ave., 541.241.4064 **\$\$\$** LATIGOSISTERS.COM

THE PORCH **COMFORT FOOD**

From the outside, it looks more like a home than a restaurant, but once you get inside and try the fare you’ll easily be fooled into thinking you’re at the finest of dining establishments. Whatever you order for the main dish, be sure to pair it with a side of parmesan truffle fries. 243 N Elm St., 541.549.3287 **\$\$\$** THEPORCH-SISTERS.COM

LOS AGAVES MEXICAN GRILL **MEXICAN**

Try not to fill up on chips and salsa before your entrée arrives. The spacious back patio is a great place to sit down for a hearty meal with your family or have a nice bonding moment with a margarita. 291 E Cascade Ave., 541.549.0777 **\$\$\$** LOSAGAVESSISTERS.COM

THREE CREEKS BREWING **PUB GRUB**

Not great at making decisions? Why settle for one pint when you can order a flight of six shooters and get a diverse taste of what’s brewing in Sisters. To make your decision even easier, make sure one of your pours is the Hoodoo Voodoo IPA. 721 S Desperado Ct., 541.549.1963 **\$\$\$** THREECREEKSBEWING.COM

ANGELINE'S BAKERY & CAFÉ **BAKERY**

Scratch-made breakfast, lunch, and treats get a thumb's up from the vegetarian, vegan and gluten-free crowds—without sacrificing flavor. Some meat and wheat options are available. Smoothie and produce ingredients often come from the restaurant's garden. 121 W Main Ave., 541.549.9122 **\$** ANGELINESBAKERY.COM

REDMOND

SMITH ROCK BREWING **PUB GRUB**

Smith Rock Brewing has the best of both worlds—a solid, affordable menu and a well-rounded tap list. This consistently rotating list includes two or three of Smith Rock’s brews, accompanied by several guest beers, some local and some not. 546 NW 7th St., 541.279.7005 **\$\$\$** SMITHROCKBEWING.COM

WILD RIDE BREW **BREWERY + FOOD CARTS**

When Wild Ride decided to focus solely on brewing, they staked out some parking lot space for food carts to take up residence. Grab a pint inside while you wait for food from Food Fellas, The Jerk Kings or Wubba’s BBQ Shack. 332 SW 5th St., 541.516.8544 **\$** WILDRIDEBREW.COM

TERREBONNE

TERREBONNE DEPOT **NEW AMERICAN**

Stationed in an historic depot that once served the Oregon Trunk Railroad, Terrebonne Depot pays homage to its state by highlighting locally grown ingredients. It serves a bit of everything, from burgers and pizza to hearty meat entrées of the Northwest: elk, buffalo, salmon and more. The Depot even packs to-go orders in picnic baskets for those on their way to an adventure. 400 NW Smith Rock Way, 541.548.5030 **\$\$\$** TERREBONNEDEPOT.COM

LA PINE

HUNAN CHINESE RESTAURANT

CHINESE Hunan Chinese serves up satisfying, classic Chinese fare such as sesame chicken, mu shu pork and Mongolian beef. Many say that this is the only genuine Chinese food you’ll find for miles. If you’re on the road, take-out is also available. 51546 US-97, 541.536.3998 **\$\$\$**

MADRAS

RIO DISTINCTIVE MEXICAN CUISINE

MEXICAN While the restaurant’s décor is nothing fancy, the plates here are quite the opposite. Rio Distinctive Mexican Cuisine serves outstanding chili rellenos with a beautiful presentation of colorful, spicy sausages drizzled artfully with sauce. Housed in a repurposed home in Madras, guests rave about the authenticity of the food at this restaurant. 221 SW 5th St., 541.475.0424 **\$\$\$** RIOMADRASMEXICANCUISINE.COM

THE EAGLE BAKERY **BAKERY**

The Eagle Bakery has that warm, friendly atmosphere you love in a bakery. Owned locally by a family in Madras, this place is loved for its fresh cinnamon rolls and biscuits and gravy. It’s open only on Friday and Saturday, so be sure to stock up while you’re there. 123 SW H St., 541.475.4593 **\$** EAGLEBAKERY.NET

GREAT EARTH NATURAL FOODS

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This organic grocer also serves as a café, and the perfect place to stop for a quick breakfast or lunch. Great Earth features sandwiches and grilled paninis loaded with fresh veggies and refreshing smoothies with local berries. For breakfast, try a spinach and mushroom frittata or a hot oatmeal bake. 46 SW D St., 541.475.1500 **\$** GREATEARTH.BIZ

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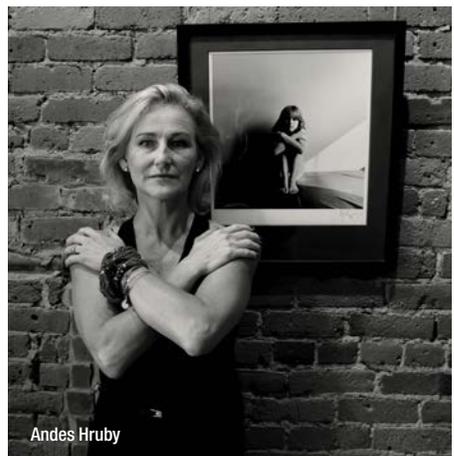


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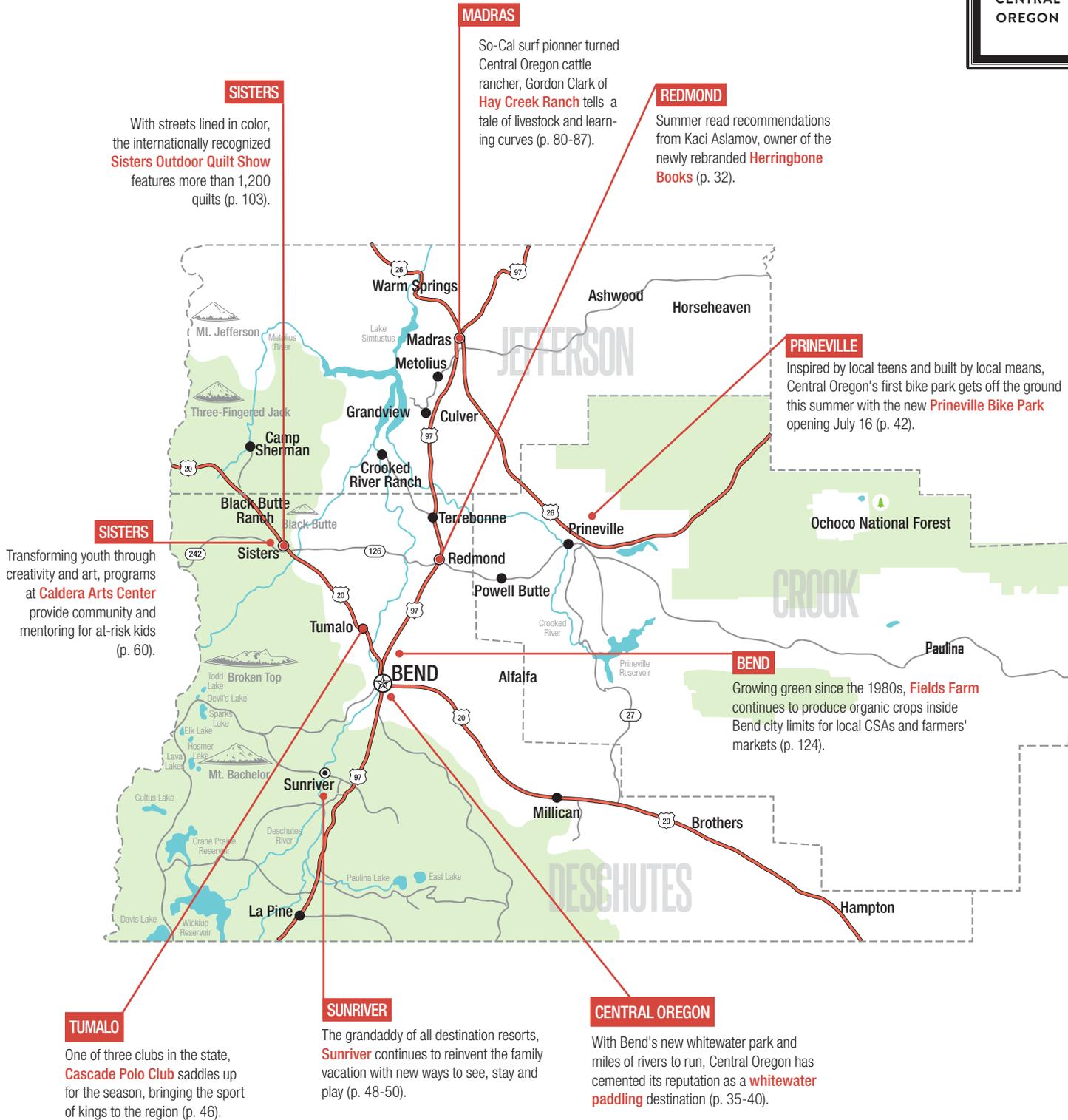
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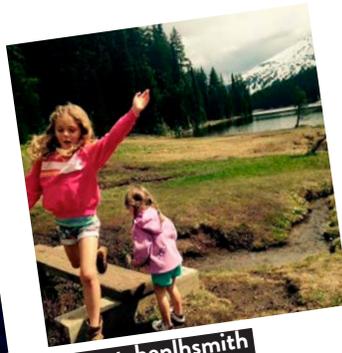
"Mountain highway cleared of snow but closed to traffic = a good place for some scenic speed work."



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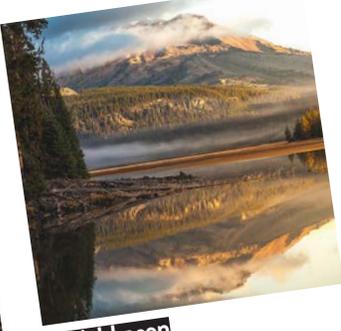
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"Saw these beauties all along the trail. Luckily one stopped for a rest."

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explorer

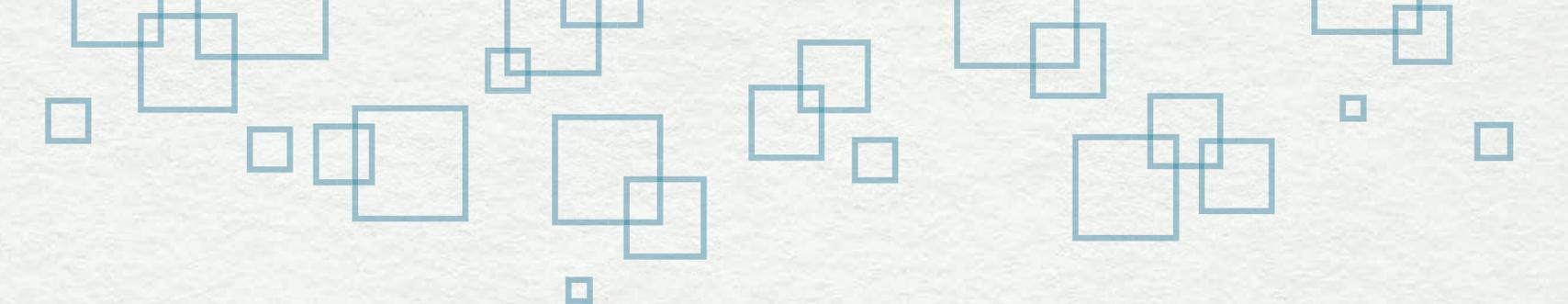
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